

Welcome to Nusach Hari B'nai Zion
Shabbos, June 26, 2010

Good Shabbos to Everyone

בס"ד
Bruchim Habayim
14 Tammuz 5770



Pizza - Pizza - Pizza - Tomorrow!!!

☆ **Kiddush** ~ Everyone is invited to Kiddush in the Joe Rothman Auditorium following services this morning. Thanks for sponsoring soda today ~ our "POP"-STAR of the week ~ **Harold & Fran Hoffman!!!**

If you would like to sponsor or enhance a Kiddush, add something special, sponsor Soda or Shalosh Seudos, please call 314-991-2100, ext. 2, to make arrangements. Your contribution will help our NHBZ Kiddush & Shalosh Seudos Funds.

☆ **Davening** ~ *Parshas Balak*

Sedra: *Balak: Bemidbar 22:1-25:9*; pages 856-875. Haftarah: *Micah 5:6-6:8*; pages 1189 & 1190.

☆ **Thank You For Leading Davening:** *Pesukei D'Zimra:* **Howard Sandler**; *Shacharis:* **Dr. Ethan Schuman**; *Leyning:* **Michael Shapiro**; *Haftarah:* **Fabian Attoun**; *Musaf:* **Dr. Ethan Schuman**.

☆ **Jr. Congregations** Jr. Congregations will be held this morning at 10:30 a.m., Girls Jr. Congregation and younger children will meet in the Chapel with **Sivya Smason**. Boys Jr. Congregation will meet in the Auditorium with **Avrumi Smason**.

☆ **Mincha/Maariv:** We will daven Mincha today at 7:50 p.m. Shabbos will conclude at 9:14 p.m.

☆ **Shacharis, Mincha and Maariv ~ Shabbos, June 26 through Friday, July 2:**

	Shabbos	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Shacharis	9:00	8:00	6:45	☆6:45	7:00	6:45	7:00
Mincha/Maariv	7:50	7:00	7:00	☆8:00	7:00	7:00	7:00
				☆Fast of Tammuz			

☆ **Shalosh Seudos** is being sponsored once again, for absolutely no apparent reason, by **Bob & Sandie Abrams**.

☆ **Special Board of Directors Meeting SUNDAY** Voting to accept the contract submitted by the contractor for our new building. The meeting will be in the Joe Rothman Auditorium this Sunday morning, June 27, at 10:30 a.m.

☆ **NHBZ Shabbos Events & Dates to Remember**

☆ **SHABBOS FESTIVITIES, EVENTS & ACTIVITIES:**

☆ **ARI WEEKEND - Celebrating the Life of THE ARI - Kabbalat Shabbat in the Field** - led by **Aryeh Needle** on Friday evening, July 9, at 7:00 p.m., at our future home, 650 N. Price Road!!

☆ **SYNAPLEX SHABBAT** Always interesting topics and dynamic speakers to nourish your mind; then enjoy a wonderful Shabbos lunch in honor of our friends celebrating July Birthdays & Wedding Anniversaries on Shabbos, July 10. Services will begin at 8:30 a.m. Synaplex sessions at 11:00 a.m.

☆ **Dine-In PIZZA NIGHT** TOMORROW ~ Sunday, June 27.

☆ **Fast of Tammuz** and **The Three Weeks** begin on Tuesday, June 29.

☆ **SHABBOS in a BOX** CALLING ALL HELPERS! We will be grilling, slicing, dicing, and doing some packaging on Wednesday, June 30th; we will finish the packaging and have everything ready for pick up on Thursday, July 1st. If you are available to help with prep work, packaging or to staff the shift for pick up, please call me, Sandie, 314-991-2100, ext. 2, so I can thank you profusely and add your name to my list of volunteers. AND, please place your orders by Monday, June 28, for your BBQ Chicken Dinners for 4, with all the fixin's plus dessert, for \$40.00! Pick up time on Thursday, July 1st, is anytime between 5:00 and 6:30 p.m.



☆ **The Irvin Alper Social Club** Sunday, July 11.

☆ **Rosh Chodesh Av** Monday, July 12.

☆ **Nine Days Begin** Monday, July 12.

☆ **Shul Board of Directors Meeting** Tuesday, July 13.

☆ **EXTRA Dine-In PIZZA BUFFET NIGHT** during the 9 days, on Wednesday, July 14. **WEEK-NIGHT HOURS: 5:30-7:30 p.m. to accommodate working people. (NO CARRY OUT PIZZA IN JULY.)**

☆ **Executive Committee Meeting** Tuesday, July 27, in the Joe Rothman Auditorium following Minyan. Minyan at 7:00 p.m.; Meeting at 7:30.



☆ **NHBZ Shabbos Events & Dates to Remember**

☆ **Sisterhood's Mixed Company Day** SPECIAL EVENT - "CHALLA TRADITIONS" on Tuesday, August 17, at noon!!! **Margi Lengua Kahn**, the Jewish Light Columnist and Culinary Educator, will give a challa-baking demonstration. You can WATCH - LEARN - EAT the freshly baked challas, and enjoy a nice summer luncheon.

☆ **Special Gifts Campaign & Mazel Club!!** **Special Gifts:** A VERY BIG THANK YOU to those of you who have made your pledges to our 2010 Special Gifts campaign, AND to those who have even sent in your contributions. This is just a friendly reminder and request that you send your special gift to our office. We are grateful for the donations we receive from everyone, and we know you are giving to Nusach Hari B'nai Zion as generously as you possibly can!! **Mazel Club:** We would LOVE to start the monthly drawings for the Mazel Club winners, but we're still waiting for YOU to sign up. If you have received the notice about our Mazel Club by email, just send an email to sandieabrams@hotmail.com and tell me to fill in your ticket, or tickets, and you'll be good to go. If you received your ticket by snail mail, please mail your ticket and payment in the NHBZ envelope we provided. Lose your ticket? Then just call the office, 314-991-2100, ext. 2. Mazel Club entries are only \$10 per ticket. Hope to hear from you soon! And thanks to everyone for your constant support of our shull!!!

☆ **Learning at NHBZ & with Rabbi Smason**

☆ **Weekly Learning ~**

☆ **Boys' Shabbos Study Group** With Rabbi Smason for boys ages 10-14 each Shabbos, 30 minutes before Mincha. **This Shabbos at 7:20 p.m.**

☆ **Shabbos Study Groups** Each Shabbos one hour before Mincha. **This Shabbos at 6:50 p.m.** Studying Tanach (currently, Melachim Bet - Kings II) and Pirkei Avos, led by **Menachem Szus; Everyone at any level of learning is welcome.**

☆ **Sunday Learning** Mishna Shiur every Sunday. **Rabbi Chanan Swidler**, of the St. Louis Kollel, leads a study of the Mishna following Sunday morning services. Davening at 8:00 a.m. followed by Mishna study.

☆ **Rabbi Smason's Lunch & Learn** Wed., 12:15 pm, in the auditorium. Insights for daily living from the weekly Torah portion.

☆ **Monthly Learning ~**

☆ **The Morris Lengua Yiddish Club** meets on the 1st Thursday of each month, at 7:30 p.m. in the Joe Rothman Auditorium. **Next Date Thursday, July 1st, 7:30 p.m.** Join us for a spirited & enjoyable hour filled with Yiddish stories and songs, fun and laughter, **keeping Yiddish alive!** Seasoned "mayvens" (experts), as well as novices are invited!!

☆ **NHBZ Women's Home Study Group ~ "Women of Valor ~ Our Biblical Mothers"** presented by **Rabbi Shaya Mintz**, of the St. Louis Kollel. The group meets on the first Tuesday of the month. **Next class Tuesday, July 6, 2:30 p.m.**, at the home of **Jackie Berkin**. All women are welcome. Please join us!!!

☆ **Melton Classes to be held at NHBZ** Rabbi Smason's classes: Tuesday mornings on September 7, 14 and 21 covering Rosh Hashana, Yom Kippur, & Sukkos; Wednesday, Sept. 29 - Hoshana Rabbah (at the home of Cyndee Levy); and beginning in October, a 20-week series on Genesis. **Felicia Graber** will teach a 10-week course on the Holocaust, beginning in October.

☆ **Author! Author!** We have an author among us — our very own **Felicia Graber** who has written an astounding chronicle of her family's survival of the Holocaust, the post-war years and beyond, in her book, "Amazing Journey, Metamorphosis of a Hidden Child." Not only is this a fascinating read of Felicia's hair-raising and poignant account of her personal story, but she weaves a tale that is at times painfully honest and revealing, and at others uplifting and triumphant. Felicia is very generously sharing her profits with NHBZ. You can order your copy of "Amazing Journey" by emailing to sandieabrams@hotmail.com and sending a check to the office, or by calling the office if you would like to use your credit card (314-991-2100, ext. 2). The cost of the book is \$15.00. To learn a little more about Felicia's book go to www.feliciagraber.com. **And join Felicia for coffee & cake to celebrate her book this Thursday, July 1, 6:00-8:00 p.m.**, in the Atrium in the Jewish Federation Bldg., 12 Millstone Campus. RSVP's a MUST to Felicia at 314-991-1566 or hgraber@earthlink.net.

☆ **Please Save Your Rummage.** Please save your **gently used** clothes that are still nice enough to wear, and books, household items and knick-knacks in good condition for Sisterhood's Rummage Sale in the Fall. For drop-off times and questions about the rummage sale, please call Esther Gelb, 567-1683.

☆ **NHBZ Chesed Fund ~** Partner up to visit people needing some TLC!! It's easier when there are two of you sharing the mitzvah. Thanks and Yasher Koach to our TLC Teams and individuals: **Ruth Alper, Jackie Berkin & Sally Needle, Bertha Berman & Phyllis Silverman, and Moshe Pinto!!** Please join the TLC Team and call **Phyllis Silverman**, 314-434-2482; she will tell you who needs our TLC in hospitals and nursing homes. Want to make a donation? Please send checks to our office, or charge to your credit card -- 314-991-2100, ext. 2.

☆ **In the Community**

☆ **Honoring Stephen & Pnina Glassman:** Missouri Torah Institute honoring Stephen & Pnina Glassman this Monday, June 28, and dedication of the Glassman-Pollack Educational Wing.

☆ **"Analyzing Challenges in TaNaKh: Single Life Marriage, and Family!"** Dr. Rivkah Blau will be the guest speaker at the community-wide event commemorating the 4th Yahrzeit of Sarah Adelman, י"ג, Sunday, July 11, 7:00 p.m. at Young Israel; minimum donation, \$18.00/family. The lecture is sponsored by the Sarah Adelman Memorial Fund, which supports programs and initiatives to help individuals dealing with psychological and social issues.

☆ **VegaDeli Update:** Due to a positive response from the Jewish community, VegaDeli (Chesterfield), in consultation with the Vaad Hoeir, has decided to extend its kosher certification again, now through the end of July, 2010. At that time VegaDeli will determine if it is beneficial to remain kosher certified.

MAZEL TOV
ON SIMCHAS THIS WEEK!
Shabbos, June 26 to
Friday, July 2, 2010!

HAPPY BIRTHDAY!

Joanna Alper
Harry Freistein
Vivian Zarkowsky

Happy Anniversary
Gerald & Rose Cohen
Boris & Alla Yasinev

Show your friends you care ~ SEND A TRIBUTE!
Shul: Call Gloria Waxman, 314-872-3296
Sisterhood: Call Phyllis Silverman, 314-434-2482
Libby Needle Fund: Sally Needle, 314-991-2575

Beyond Twelve Gates

by Rabbi Ze'ev Smason

'Beyond Twelve Gates' refers to a beautiful concept taught by the great mystic *Rabbi Isaac Luria (1534-1572)*, also known as '*The Ari*'. There exist twelve gates of prayers in Heaven — one for each tribe of Israel. Additionally, there exists a Heavenly thirteenth gate. Through this gate the prayers of all Jews regardless of tribe, Jewish education or level of observance are allowed to enter and are heard by G-d.

Welcome to Beyond Twelve Gates. This Fall, when you see geese heading south for the winter flying along in 'V' formation, you might consider what science has discovered as to why they fly that way. Fact: As each bird flaps its wings, it creates an 'uplift' for the bird immediately following. By flying in a 'V' formation, the whole flock has at least 71% greater flying range than if each bird flew on its own. Lesson: People who share a common sense of community and direction can get where they are going more quickly and easily because they are traveling on the thrust of one another. Fact: When a goose flies out of formation, it suddenly feels the drag and resistance of trying to go it alone. It quickly gets back into formation to take advantage of the lifting power of the bird in front of it. Lesson: If we have as much common sense as a goose, we stay in formation with those headed where we want to go. We are willing to accept their help and give our help to others. It is harder to do something alone than together. Someone once said, "Coming together is a beginning, staying together is progress, and working together is success." Geese make a lot of noise, but they also have the sense to benefit from flying in formation. In almost every endeavor, people who succeed are those who work well together with others.

Parshas Balak Numbers 22:2 - 25:9

This week's portion shifts from the Jewish people's travels in the desert to the story of Bilam, the anti-Semitic prophet who attempted to curse the Children of Israel. Hired by Balak, the king of Moav, Bilam embarks upon a journey to the Israelite encampment. An angel brandishing a sword blocks Bilam's path, causing his donkey to repeatedly swerve off the road. Unable to see the angel, Bilam responds by striking the donkey three times. Miraculously, G-d causes the donkey to speak to Bilam — shades of Mr. Ed, the talking horse in the 1960's TV show! Bilam's eyes are uncovered, and the humiliated prophet sees the angel standing in the path. The angel reminds Bilam that he may only speak the words that G-d places in his mouth. Upon arrival near the Jewish camp, Bilam repeatedly attempts to curse the people; each time G-d prevents him from doing so, but instead he ends up uttering several sets of praises, much to Balak's dismay. The Torah portion concludes with the Jewish men's debauchery with the promiscuous daughters of Moav and Midian, and the public immoral act of Zimri (a prince of the tribe of Simeon) with a Midianite princess. Pinchas, Aaron's grandson, zealously responds by piercing them to death with a spear, halting a plague from G-d that had broken out in the camp.



Rabbinic Ruminations

HOUDINI



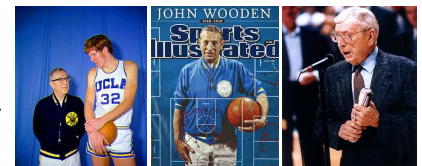
Harry Houdini was once the most famous escape artist in the world. He claimed that he could escape from any jail cell in the world, and every time given this challenge, he accepted and did just as promised. He would be left alone in a locked cell and in a few short minutes miraculously escape. But one time, things didn't go as Houdini planned. A small town in the British Isles built a new jail cell and they were proud of it. Taking up the challenge, Houdini entered the cell with a special lock pick he had designed and hid

inside his belt. Once the jail cell was closed, he took off his coat and set to work with his lock pick. But Houdini had great difficulty with this particular lock. For 30 minutes he worked and got nowhere. His confident expression disappeared. An hour passed, and still he had not been able to open the door. He tried all the tricks of his trade but nothing worked. After two hours, totally exhausted, Houdini literally collapsed against the door. The door swung open and he discovered it had not been locked in the first place! It was locked only to him in his mind. This story brings to mind a passage in the Talmud which states, "In the future, G-d will slaughter the **yetzer hara** (evil inclination) and bring it before the righteous and the wicked. To the righteous, the **yetzer hara** will appear as a mountain. The righteous will say, 'How did we conquer that great mountain?' To the wicked, the **yetzer hara** will appear as a hair. The wicked will say, 'How did we fail to conquer that hair?'" The righteous will be surprised by the difficulty of the challenges they overcame, since they constantly struggled to meet the challenges that life offered. The wicked will be astonished at how easy their unmet challenges in life were, because they lowered themselves to the point that even easy challenges were difficult. What lesson does this teach us? Embrace your challenges. Success — with G-d's help — may be even easier than you think.

Quote of the Week

Make each day your masterpiece — John Wooden

Basketball Coaching Legend, passed away June 4, at age 99.



Joke of the Week



OY VEY!

Morris in Miami calls his son David in St. Louis and says, "I hate to ruin your day, but I have to tell you that your mother and I are divorcing. Forty-five years of misery is enough. I'm telling you now so that you and your sister shouldn't go into shock when I move out." "Pop, what are you talking about?" the son screams. "We can't stand the sight of each other any longer," the father says. "We're sick of each other, and I'm sick of talking about this, so you call your sister in Chicago and tell her," and he hangs up. Frantic, the son calls his sister Amy, who says, "I'll handle this." She calls Florida and gets her father on the phone. Amy pleads with her father, "Daddy, don't do ANYTHING until David and I get there. We'll be there tomorrow night." The father says, "All right. I'll wait. I'll wait." Morris hangs up his phone and turns to his wife. "Good news, honey," he says. "The kids are coming for Passover AND they're paying their own airfares!"

Thanks for reading 'Beyond Twelve Gates'. Comments, questions, requests to be added to our email list, or better jokes, can be sent to Rabbi Smason at Pepshort613@gmail.com or adarabba@hotmail.com. Care to know more about Nusach Hari B'nai Zion Congregation? Check us out at www.nhbz.org If you enjoyed Beyond Twelve Gates, please share with a friend. Thanks to Alan Haber for his assistance in distributing BTG.

Ze'ev Smason, Rabbi

Aaron Borow, Rabbi Emeritus Robert Kaiser, President

Phone: 314-991-2100 Fax: 314-993-4821 On-Line: www.nhbz.org

Nusach Hari B'nai Zion's



Shabbos in a Box

PLAY & HAVE FUN Friday, July 2nd
Let US Prepare Your Friday Night Shabbos Dinner!
Complete Grilled Chicken Dinner for Four!

MENU

Whole Grilled Chicken (4 Quarters)
BBQ Sauce optional
Rice with Sautéed Veggies
Homemade Cole Slaw
Corn Salad
7" Round Cake

ALL FOR JUST \$40.00



Extras Serve Four:

2nd Whole Chicken (4 Quarters) \$18.00

12 Drumettes	\$7.50	Corn Salad	\$4.00
Rice w/Sautéed Veggies	\$4.00	Large Challa	\$4.00
Homemade Slaw	\$4.00	Kiddush Challa	\$2.00

CHESED OPPORTUNITY:

BUY DINNER FOR A FAMILY NEEDING SOME TLC! \$40.00

PLACE ORDERS:

Call Sandie 314-991-2100, ext. 2
Orders MUST be placed by Monday, June 28

PICK UP ORDERS: Thursday, July 1
Between 5:00 & 6:30 p.m.

PICK UP ORDERS

Nusach Hari B'nai Zion 8630 Olive Blvd.



**PIZZA
PIZZA
PIZZA
at NHBZ!!!**

**Lion's Den DINE-IN Pizza Night
TOMORROW - SUNDAY, JUNE 27!!**

5:00 - 7:00 p.m.

All-You-Can-Eat Buffet of Pizza, Spaghetti, Garlic Bread &
Salad plus Dessert & Beverage
Kids 3 & under: FREE Kids 4-10: \$6.00 Adults: \$10.00

~~CARRY-OUT NIGHT:~~ **EXTRA DINE-IN
WEDNESDAY, JULY 14
DURING THE NINE DAYS!!**

HOT PIZZA WILL BE WAITING FOR YOU TO PICK UP!! OR
ORDER AN UN-COOKED PIZZA TO FREEZE AT HOME!!
Plain Cheese Pizza ~ \$12.00 Toppings ~ \$.75 each
EXTRA-CHEESE MUSHROOMS ONIONS TOMATOES BASIL
GREEN PEPPERS SLICED OLIVES PINEAPPLE
PLACE YOUR ORDER ~ 314-991-2100, ext. 2
Deadline to Order: 12:00 noon on JUNE 16.



Big Shabbos Do'n's! Special Celebrations and Exciting Coming Events

★**Dine-In PIZZA NIGHT** TOMORROW --
Sunday, June 27.

★**SHABBOS in a BOX** Place your orders!
Pick up meals on Thursday, July 1st. Mouth-
watering BBQ Chicken Dinner for 4 ~ \$40.00

★ **ARI Weekend - Celebrating the Life
of THE ARI - Kabbalat Shabbat in
the Field** - led by Aryeh Needle, Friday evening,
July 9, at 7:00 p.m., at the site of our future home, 650
N. Price Road!!

★**SYNAPLEX SHABBAT** Always interest-
ing topics and dynamic speakers to nourish your
mind; then enjoy a wonderful Shabbos lunch in honor
of our friends celebrating July Birthdays & Wedding
Anniversaries on Shabbos, July 10. Services will
begin at 8:30 a.m. Synaplex sessions at 11:00 a.m.

★**EXTRA Dine-In PIZZA BUFFET
NIGHT** during the 9 days, on Wed., July 14.
Week-night hours: 5:30-7:30 p.m. to accommodate
working people.

★SYNAPLEX★ ★SHABBAT★

July 10! Two great options!

Shabbos services beginning at 8:30 a.m.
Learner's Services from 9:45-11:00 a.m.

Both services will be followed by these break-out
sessions starting at 11:00 a.m.:

*The Do's & Don'ts
at a Shiva House*

Led by Rabbi Ze'ev Smason

The Kabbalah of Pleasure

Led by Rabbi Levi Landa

*The Importance of the
Jewish Perspective in Turbulent
Political Times*

Led by State Representative Jake Zimmerman

HOT TOPICS FOR TEENS

Led by Avrumi Smason

TOT SHABBAT

Led by Sivya Smason

Enjoy lunch with us following the Synaplex Sessions
In Honor of our July Birthdays & Wedding Anniversaries