



NHBZ Shabbos Bulletin

January 15, 2011

10 Shevat 5771

Welcome to Nusach Hari B'nai Zion

Torah Portion Beshalach:
Haftorah:

Shemos 13:17 - 17:16
Judges 4:4 - 5:31

Stone Chumash pages 366 - 393
Stone Chumash pages 1152 - 1154

Today

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Dr. Ethan Schuman**
 - Leyning: **Aryeh Needle**
 - Haftorah: **Kenny Bressler**
 - Sermon: none today
 - Musaf: **Dr. Ethan Schuman**
- **Learners Service** (10:30 am) - Led by *Jonathan Stern* in the Chapel.
- **Jr. Congregations** (10:30 am) - Girls Jr. Congregation and younger children meet in Children's Room with *Leib Smason*; Boys Jr. Congregation will meet in the Auditorium with *Avrumi Smason*.
- **Shabbos Shira** (Shabbos of Song) - Tradition teaches that there are only *ten true* "Songs" in the history of the world. These true Songs are not mere melodies; *they are expressions of the harmony of creation and mark monumental transitions in history*. The Torah reading for this Shabbas includes one of the ten Songs: the Song of the Sea (Exodus 15:1-18), which was the song by the Children of Israel after crossing the Sea of Reeds. The haftorah for this week includes another of these Songs, the Song of Deborah (Judges 4:4-5:31).
- **Kiddush and Lunch & Learn** (following Musaf) - **MAZEL TOV** to our friends celebrating birthdays and wedding anniversaries in January! Thanks to **"POP"-STARS Lou & Shirley Osheroff**, who want to say Happy Birthday to Everyone! Our celebrants invite everyone to Kiddush & Lunch in the Joe Rothman Auditorium. Please be seated and silent until Rabbi Smason makes Kiddush, after which you may wash. Then, please be seated and silent until Rabbi Smason makes HaMotzi before eating. After lunch, Rabbi Ze'ev Smason will speak on the topic *"Kabbalistic Insights Into the Face"*
- **Shabbos Bulletin** - Thanks to *Sam & Shirley Bluestein* for sponsoring the Shabbos Bulletin in honor of their Wedding Anniversary.
- **Shabbos Study Group** (3:55 pm) - Studies in Tanach, lead by *Menachem Szus*; everyone at any level of learning is welcome.
- **Boys' Mishna Study Group** (3:55 pm) - With *Rabbi Smason*, for boys ages 10-17.
- **Mincha / Shalosh Seudos / Maariv** (4:25 pm) - Thanks to *Sid & Phyllis Silverman* for sponsoring Shalosh Seudos in memory of Sid's beloved parents, Dora and Ely Silverman.
- **Shabbos concludes** (5:49 pm)

Tonight



- **'Movies After Dark'** (7:30 pm) - Featuring 'The Shop Around the Corner' (1940) with James Stewart and Margaret Sullavan; in the private 30-seat theater at the Mansions on the Plaza, 8300 Delmar; *Rabbi Smason* will lead a discussion following the film; light refreshments will be available; thanks to **Jane Lyss** for organizing this monthly event; please invite your friends.

This Week

Davening Times	Shabbos Jan. 15	Sun. Jan. 16	Mon. Jan. 17	Tues. Jan. 18	Wed. Jan. 19	Thur. Jan. 20	Fri. Jan. 21	Shabbos Jan. 22
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Maariv	4:25 pm	4:45 pm	4:45 pm	-	-	-	4:45 pm	4:35 pm
Maariv Only	-	-	-	6:30 pm	6:30 pm	6:30 pm	-	-

This Week (cont.)

- **Sunday Learning** (tomorrow, Sunday Jan 8, following Shachris) - Rabbi Chanan Swidler of Aish HaTorah leads Mishna study for men following Sunday morning services; davening at 8:00 am.
- **RAP with the RABBI Teen Group** (tomorrow, Sunday Jan 8, 9:15 am) - with Rabbi Smason for young men and women in the Rabbi's office.
- **Rabbi Smason's Lunch & Learn** (Wednesday, Jan 19, 12:15 pm) - Starting a new subject: *Pirkei Avos (Ethics of the Fathers)* in English, which deals with Jewish ethical and moral principles; Please join us for an enjoyable and relevant presentation and discussion each Wednesday.
- **Carry-Out Pizza Night** (Wednesday, January 19) - Call in your order by Noon on Wednesday.
- **Tu B-Shevat (15th of Shevat)** (Thursday, January 20) - The "new year for trees" determines the age of trees for the purpose of tithing. Vayikra 19:23-25 states that fruit from trees may not be eaten during the first three years; the fourth year's fruit is for HaShem, and after that, you can eat the fruit. Each tree is considered to have aged one year as of Tu B'Shevat. It is customary to eat a new seasonal fruit on this day, or to eat from the Seven Species abundant in the land of Israel as described in Devarim 8:8: wheat, barley, grapes, figs, pomegranates, olives and dates. Some people plant trees on this day.
- **Parashas Yisro** (Saturday, January 22) - In the normal course of the reading of the Torah, the Ten Commandments are read twice a year: in parashas Yisro and parashas Va'eschanan. The Ten Commandments were given by HaShem Himself, and they contain the essence of the entire Torah. Tradition teaches that all the commandments can be found within the Ten Commandments. The commandments make Judaism more than a mere religious philosophy. It is a way of life involving action and observance, rather than a mere confession of faith. It is a widespread custom for the congregation to stand while the Ten Commandments are being read.
- **Buy and Use Your Pre-Paid Cash Cards** (Next Order Days are Jan 30 and Feb 15) - Earn free money for NHBZ. Order your cards this week! You pay with Cash Cards just like cash in hand !

Coming Events

- **Dine-In Pizza Night** (Sunday, Jan 30, 5:00 pm - 7:00 pm) - Please volunteer to help
- **Morris Lenga Yiddish Club** (First Thursday, February 3, 7:00 pm)
- **Lunch & Learn and Installation Shabbos** (Saturday, February 5)
- **Irvin Alper Social Club** (Sunday, February 6, 5:00 pm)
- **NHBZ Sisterhood Meeting and Lunch** (No meeting in Jan.) - Next date: Tues., February 15)
- **NHBZ Women's Home Study Group** (No meeting in Feb) - Next date is Tuesday March 1. Topic is "The Ten Constant Mitzvos."
- **Garage Sale Part 2** (to be scheduled) - We welcome additional contributions of garage sale items (no more clothes, please) for a final garage sale blowout day.

Kashrus Alert

- **Bugles Original** - General Mills will be discontinuing the OU-D certification from all sizes of Bugles Original, but packages still displaying OU-D are kosher.
- **Sardines** - This year, many factors have combined to create a very unusual fishing year and an increase in sardines containing undigested krill, a small shrimp-like crustacean, in their stomachs. While this is rare, and fluctuates seasonally, all fresh sardines should be inspected prior to consumption or remove the stomach to eliminate any concern. Skinless and boneless sardines are not affected, since their stomachs have already been removed.

Meetings

- **Executive Committee Meeting** - Tues, Jan 25; Maariv at 6:30 pm; meeting at 7:00 pm.
- **Board of Directors Meeting** - Tuesday, Feb 8; Maariv at 6:30 pm; meeting at 7:00 pm.



Beyond Twelve Gates by *Rabbi Ze'ev Smason*

Beyond Twelve Gates' refers to a beautiful concept taught by the great mystic *Rabbi Isaac Luria* (1534-1572), also known as 'The Ari'. There exist twelve gates of prayers in Heaven — one for each tribe of Israel. There also exists a Heavenly thirteenth gate. Through this gate the prayers of all Jews regardless of tribe, Jewish education or level of observance are allowed to enter and are heard by G-d.

Parshas Beshalach

January 15, 2010

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Welcome to Beyond Twelve Gates



A mole is born to dig. It has widened front paws, with long claws and appendages joined together to form a shovel-like digging tool. Its body is extremely flexible, enabling it to maneuver easily through the scores of tunnels it digs. Its head is designed for its life of digging as well: It is flattened, its nose is protected with a horn-like material, and its eyes are covered with thick hide. Despite the covering, it can detect light and darkness.

Although Bruce Springsteen claimed he was 'Born to Run' (in the song, anyway), humankind's unique feature is a *Tzelem Elokim*, a soul created in the image of G-d. What is this 'Image of G-d' to be used for? Like G-d, we have inherent holiness and dignity. A mole's mission statement is to burrow. Our mission statement is to live in such a way that reflects our Creator by acting with the inherent holiness and dignity with which we were created. Can you dig it?

Parshas Beshalach: Exodus 13:17 - 17:16



As the Jewish people leave the land of Egypt, Pharaoh's heart is once again hardened. The Egyptian army pursues the former slaves, trapping them on the shores of the Red Sea. Moses raises his hand over the sea, miraculously parting the waters and allowing the Jewish people to pass through safely. Pursued by the Egyptians into the sea, Moses once again raises his hand and the waters come crashing down upon Pharaoh's army. Awed by this indisputable miracle, Moses leads the Jewish people in the *Shir Shel Yam*, a song of praise to G-d acknowledging a debt of gratitude for their remarkable salvation.

After traveling from the Red Sea, and following the miraculous sweetening of the bitter waters at *Marah*, the Jewish people complain to Moses and Aaron that they have no food to eat. G-d responds by providing a great test of faith; a daily ration of manna fell from the sky for forty years every morning, except for Shabbos. Some suggest that the manna was the greatest miracle the Jewish people ever experienced. A constant water source is also given when G-d commands Moses to strike a rock, miraculously causing water to flow from it. The portion concludes with the nation of *Amalek's* unprovoked sneak attack and the Jewish people's victory.

Rabbinical Ruminations



Do women cry more than men? Dr. William Frey, a biochemist and director of the Dry Eye and Tear Research Center in Minneapolis says "yes." Dr. Frey worked with 331 volunteers, aged 18 to 75, asking them to keep a "tear diary" for 30 days. Women reported crying four to five times more

than men during this period. It is of interest that studies show no difference in crying patterns between boys and girls until the age of puberty. But by the time they are eighteen women cry on average about 5.3 times a month compared to a man's 1.4 times per month.

When women chop onions, their crying may be unavoidable. However, the Talmud says that one should always be heedful of wronging his wife, because she is easily hurt and her tears are frequent. A wife is the source of blessing for her husband; she is the vessel for the husband's blessings and in her the blessings are found. Rabbi Chaim Vital, one of the great kabbalists, said, "A man's soul is judged in the next world according to how he treated his wife."

It's been said that to get a woman's heart, a man must first use his own. Men - be careful to not cause women to cry.

Quote of the Week

"Hope is not the conviction that something will turn out well but the certainty that something makes sense, regardless of how it turns out" -- Vaclav Havel, Czech playwright and last President of Czechoslovakia (1989-92) and first of Czech Republic (1993 -2003)



Joke of the Week

The Israelis and Arabs decided to settle their dispute with one dog fight. They would have five years to breed the best fighting dog in the world and whichever side's dog won would be granted their own terms of victory. After five years the Arabs bred the meanest dog the world had ever seen. Its cage needed steel bars that were five inches thick and nobody could get near it.

When the day came for the dog fight, the Israelis showed up with a strange animal. It was a nine foot long Dachshund. When the cages were opened up, the Dachshund came out of its cage and slowly waddled over towards the Arab dog. The Arab dog snarled and leaped out of its cage and charged the Israeli Dachshund. But, when it got close, the Dachshund opened its mouth and swallowed the Arab dog in one bite.

The Arabs came up to the Israelis shaking their heads in disbelief. "We don't understand how this could have happened. We spent five years breeding the meanest dog in the world."

"That's nothing", the Israelis replied. "We had our best plastic surgeons working for five years to make an alligator look like a Dachshund."



OY VEY!

Thanks for reading 'Beyond Twelve Gates'. Comments, questions, requests to be added to our email list, or better jokes can be sent to Rabbi Smason at Pepshort613@gmail.com. Care to know more about Nusach Hari B'nai Zion Congregation? Check us out at www.nhbz.org. If you enjoyed Beyond Twelve Gates, please share with a friend. Thanks to Alan Haber for his help in distributing BTG.

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Mazel Tov
On Simchas this week!
January 15 - 21, 2011 !

Happy Birthday

Ellie Pinto
Lenny Alper

Happy Anniversary

Harold & Fran Hoffman

Show your friends you care - **SEND A TRIBUTE**
Shul: Call Gloria Waxman 314-872-3296
Sisterhood: Phyllis Silverman 314-434-2482
Libby Needle Fund: Sally Needle 314-991-2575

Remember the date:

**February Lunch & Learn and
Installation Shabbos will be
held on Shabbos, February 5**

Reminders

- **Sponsorships** - If you would like to sponsor kiddush, Soda, Shalosh Seudos, this bulletin, or something special and unique in honor or in memory of someone, please call 314-991-2100, ext. 2, to make arrangements.
- **Synagogue Honors** - It is customary to make a donation to the synagogue for an Aliyah or other synagogue honors received
- **Free Money for NHBZ!!** - Use Schnuck's Scrip and buy Cash Cards; call Scrip and Cash Card Mavens Janet Haber at 567-7406 or Bert Zakroff at 220-0674 for details.
- **Volunteer Opportunities** - NHBZ needs YOU! Whatever your skills, we have an opportunity for you: office work, cooking, pickup and delivery, repairs, Pizza night, Sukkah raising, outreach committee, building committee; please call the office to volunteer.



Mazel Tov

Mazel Tov
To our friends celebrating
Birthdays & Wedding Anniversaries
in the entire month of January

Leonard Alper	Jay Pepose
Andrew Berg	Dena Perez
Abram Dobin	Rachael Pevnick
Batya Elbaz	Ellie Pinto
Chaim Faden	Nancy Pollack
Goldie Hogan	Avraham Smason
Cynthia Levin	Phyllis Sunshine
Nina Levine	Milton Tofle
Roslyn Litwin	Mickey Wasserman
Joel Manesberg	Steven Weiner
Evelyn Marbain	

Sam & Shirley Bluestein
Harold & Fran Hoffman



PIZZA PIZZA PIZZA
at NHBZ!!!

CARRY OUT NIGHT:
THIS WEDNESDAY, JANUARY 19 !!

HOT PIZZA WILL BE WAITING FOR YOU TO PICK UP!! OR
ORDER AN UN-COOKED PIZZA TO FREEZE OR BAKE AT HOME!!
Plain Cheese Pizza ~ \$12.00 Toppings ~ 75c each
Extra-Cheese, mushrooms, onions, tomatoes,
basil, greenpeppers, sliced olives, pineapple
PLACE YOUR ORDER ~ 314-991-2100, ext. 2
Deadline to Order: 12:00 noon on January 19

NEXT DINE-IN NIGHT IS JANUARY 30

New Wednesday Lunch 'n' Learn Topic

Beginning next Wednesday, Jan 19, we introduce a new Lunch 'n' Learn topic: *Pirkei Avos (Ethics of the Fathers)* in English). *Pirkei Avos* deals solely with Jewish ethical and moral principles. Please join us for an enjoyable and relevant presentation and discussion each Wednesday at 12:15 pm in the Auditorium.