

Welcome to Nusach Hari B'nai Zion  
Shabbos, March 20, 2010

Good Shabbos to Everyone!

ט"ז  
Bruchim Habayim  
5 Nisan 5770



Time is getting short!  
**SELL YOUR CHOMETZ!!!**

**MAZEL TOV** to our friends celebrating birthdays and wedding anniversaries in the month of March! Our celebrants invite everyone to Kiddush & Lunch following services this morning. Thanks for sponsoring soda today ~ our **"POP"-STAR** of the week ~ **Marian Walters!!!** Please be seated and remain seated until Rabbi Smason has made Kiddush, after which we will wash and wait for Rabbi Smason to make HaMotzi before eating. PLEASE REMAIN SEATED AND SILENT while Rabbi Smason makes Kiddush & HaMotzi. If you would like to sponsor or enhance a Kiddush, sponsor Soda or Shalosh Seudos, or add something special, please call 314-991-2100, ext. 2, to make arrangements. Your contribution will help our Nusach Hari B'nai Zion Kiddush & Shalosh Seudos Funds.

**HAPPY BIRTHDAY & HAPPY ANNIVERSARY TO EVERYONE!!!**

### ☆ Davening ~ Parshas Vayikra

Sedra: Vayikra: Vayikra 1:1-5:26; pages 544-567. Haftorah: Isaiah: 43:21-44:23; pages 1165-1166.

☆ **Thank You For Leading Davening:** **Pesukei D'Zimra:** Howard Sandler; **Shacharis:** Ron Makovsky; **Leyning:** Michael Shapiro; **Haftorah:** Mayer Taller; **Musaf:** Howard Sandler.

☆ **Jr. Congregations** Jr. Congregations will be held this morning at 10:30 a.m., Girls Jr. Congregation and younger children will meet in the Chapel with **Sivya Smason**. Boys Jr. Congregation will meet in the Auditorium with **Avrumi Smason**.

☆ **Mincha:** We will daven Mincha today at 6:40 p.m. Shabbos will conclude at 7:57 p.m.

### ☆ **Shacharis, Mincha and Maariv ~ Shabbos, March 20 through Friday, March 26:**

**Daily** minyanim are held in our rear building. **Friday and Saturday nights**, minyanim are held in the Chapel in the main building.

	Shabbos	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Shacharis	8:30	8:00	6:45	7:00	7:00	6:45	7:00
Mincha/Maariv	6:40	6:55	6:55	6:55	6:55	6:55	6:55

☆ **TIME TO SELL CHOMETZ** Please don't wait until the last minute!!! You can make an appointment to meet personally with Rabbi Smason during the day, or you can sell your chometz to Rabbi Smason at minyan; or come by or call our office so you can add your name (and place of business) to our list. Please make checks payable to the Rabbi's Charity Fund. The **ABSOLUTE DROP DEAD DEADLINE - Monday, March 29 at 7:30 a.m.**

☆ **Moas Chittim** ~ Each year, the Vaad Hoeir conducts its Moas Chittim campaign to assist our people in Israel and our own St. Louis community who need our help to properly celebrate Pesach. Make checks payable to **Vaad Hoeir Moas Chittim**. Send checks to the VaadHoeir - Notation: from Nusach Hari B'nai Zion; or send them to our office and we will forward them to the Vaad.

☆ **Sponsors for Pesach Kiddushim** ~ We have our core group of donors who have generously sponsored our kiddushim every Pesach for many, many years, and we are very grateful to them. So far, the regulars on board for this year are **Jeff Baker, Murray Baker, Sam & Shirley Bluestein, Vic Grossman, Irwin & Roz Rosen, Marvin Schneider, Dr. Milton Tofle**, and our **NHBZ Sisterhood!!!** Now, with prices going up-up-up, we are seeking additional sponsors to help with the expenses. YOUR HELP IS NEEDED!!! **Thanks to Gary & Trudy Sudin who have stepped forward to give a very generous donation toward the Kiddush on the second day of Pesach.** To sponsor or co-sponsor a kiddush, please contact Sandie, 314-991-2100, ext. 2, or Rabbi Smason, 314-749-5271.

☆ **Absentee Ballots** Reminder to U.City residents: Local elections will take place on Tuesday, April 6, 2010 — the last day of Pesach. In order to vote, you will need to submit an absentee ballot. Applications for absentee ballots may be obtained in our office.

### ☆ **NHBZ Coming Events & Dates to Remember**

#### ☆ **UPCOMING SHABBOS FESTIVITIES & ACTIVITIES:**

☆ **SYNAPLEX SHABBAT** Synaplex Sessions today: "The Mentsch in the Moon: Must One Keep Mitzvos in Outer Space?" led by Rabbi Smason; "Classic Insights into Pesach" led by Rabbi Menachem Kirshner; "Is There a Jewish Obligation to Diet, Exercise and Take Advantage of Preventative Medicine?" led by Daniela Hermelin, M.D. of Wellness to Be, M.D.; "Hot Topics for Jewish Teens" led by Avrumi Smason, and "Tot Shabbat" led by Sivya Smason; plus a Learners' Service at 9:45 a.m. led by Rabbi Chanan Swidler.

☆ Shalosh Seudos will be sponsored today, by **Marian Walters** in memory of her beloved husband, **Kurt Walters**, ר"ז, and by **Esther Kalina** in memory of her beloved husband **Sydney Kalina**, ר"ג.

## ☆ NHBZ Coming Events & Dates to Remember

### ☆UPCOMING SHABBOS FESTIVITIES & ACTIVITIES:

☆**Ari-Kabbalat-Shabbat** Friday evening, April 16, 7:00 p.m. with Aryeh Needle.

☆ Lunch & Learn on Shabbos, April 17, in honor of April Birthdays & Wedding Anniversaries and Yom Ha'atzmaut.

☆ Kiddush on Shabbos, May 8, in honor of the wonderful women of our NHBZ Sisterhood and Yom Yerushalayim.

☆**Ari-Kabbalat-Shabbat & Friday night Shabbat Dinner** May 14.

☆**SYNAPLEX SHABBAT** Lunch in honor of May Birthdays & Anniversaries - Shabbos, May 15.

☆**Executive Committee Meeting** This Tues., March 23. Mincha:6:55 p.m.; Meeting:7:30 p.m., both in the Rear Building.

☆**LION'S DEN PIZZA BUFFET** - NEXT Sunday, March 28th!!

☆**Yom Hashoah** Holocaust Remembrance Day. Sunday, April 11.

☆**Shul Board of Directors Meeting** Tuesday, April 13. Mincha: 7:00 p.m.; Meeting: 7:30 p.m. - both in the Rear Building.

☆**Rosh Chodesh Iyar** Wednesday & Thursday, April 14 & 15.

☆**CARRY-OUT PIZZA NIGHT** Wednesday, April 14. Place your orders by 12:00 noon that day.

☆**Home Study Groups** Coming up on Sunday, April 18, at the home of **Alan & Janet Haber**, and on Sunday, May 16, at the home of **Drs. Jay Pepose and Susan Feigenbaum**.

☆**Yom Ha'atzmaut** Israel Independence Day. Monday, April 19.

☆**Sisterhood's Mixed Company Day** Tuesday, April 20, 12:00 noon.

☆**Lag B'Omer Pancake Breakfast** Sun., May 2, 10:00 a.m. to 12:00 noon. Chocolate Chip, Blueberry & Plain Pancakes, Scrambled Eggs, Robin's yummy potatoes, Fruit, and Smoothies!! We are looking for sponsors to help make this event super successful. Thanks to **David & Heidi Smason** for their very generous pledge! Stay tuned! More details to follow.

## ☆ Learning at NHBZ & with Rabbi Smason

### ☆ Weekly Learning ~

☆**Boys' Shabbos Study Group** With Rabbi Smason for boys ages 10-14 each Shabbos, **30 minutes** before Mincha. **This Shabbos at 6:10 p.m.**

☆**Shabbos Study Groups** Each Shabbos at 6:00 p.m. Studying Tanach (currently, Melachim Bet - Kings II ) and Pirkei Avos, led by **Menachem Szus**; **Everyone at any level of learning is welcome.**

☆**Sunday Learning** Mishna Shiur every Sunday. **Rabbi Chanan Swidler**, of the St. Louis Kollel, leads a study of the Mishna following Sunday morning services. Davening at 8:00 a.m. followed by Mishna study.

☆**Basic Jewish Texts & Ideas You May Have Missed** CAJE's Florence Melton Adult Mini School at Bais Abraham. Structured, 2-year, in-depth class: learn the basics of Jewish history, ethics, beliefs & holidays; text-based course taught on Wednesday nights, 7:30-9:30 p.m. by **Rabbi Ze'ev Smason**. Contact Cyndee Levy at 442-3754 or [clevy@cajestl.org](mailto:clevy@cajestl.org). Scholarships are available.

☆**RAP with the RABBI** Teen group with **Rabbi Smason** for boys & girls will resume after Pesach.

☆**Lunch & Learn** with **Rabbi Smason**, each Wednesday, 12:15 pm, in the rear building. Insights for daily living from the weekly Torah portion.

### ☆ Monthly Learning ~

☆**The Morris Lengua Yiddish Club** meets on the 1st Thursday of each month, at 7:30 p.m. in the Joe Rothman Auditorium. **Next Date will be the SECOND THURSDAY -- April 8, 2010.** Join us for a spirited & enjoyable hour filled with Yiddish stories and songs, fun and laughter, **keeping Yiddish alive!** Seasoned "mayvens" (experts), as well as novices are invited to attend. Just show up and bring a friend! You'll have a blast!!

☆**NHBZ Women's Home Study Group ~ "Women of Valor ~ Our Biblical Mothers"** presented by **Rabbi Shaya Mintz**, of the St. Louis Kollel. The group meets on the 1st Tuesday of the month. **Next class Tuesday, MAY 4, 2:30 p.m.,** at the home of **Jackie Berkin**. All women are welcome. Please join us!!!

☆ **NHBZ Chesed Fund** ~ Your donations of financial help and contributions of your valuable time are badly needed. In addition to your generous contributions, we especially need friends who will visit people needing some TLC. Partner up!! It's easier when there are two of you sharing the mitzvah. Thanks and Yasher Koach to our TLC Teams and individuals: **Jackie Berkin & Sally Needle, Bertha Berman & Phyllis Silverman, Ruth Alper and Moshe Pinto!!** Please join the TLC Team and call **Phyllis Silverman**, 314-434-2482; she will tell you who needs our TLC in hospitals and nursing homes. Please send your checks to our office, or charge to your credit card -- call 314-991-2100, ext. 2.

MAZEL TOV  
ON SIMCHAS THIS WEEK!  
March 20-26, 2010!

**HAPPY BIRTHDAY!**

**Jerry Cohen  
Linda Fleshman  
Marian Walters  
Alan Zarkowsky  
Shirley Fredlich  
Janice Shantikvich  
Alla Yasinev**

*Happy Anniversary*  
**Ron & Ina Makovsky**

Show your friends you care ~ SEND A TRIBUTE!  
Sisterhood: Call Phyllis Silverman, 314-434-2482  
Shul: Call Gloria Waxman, 314-872-3296

# Beyond Twelve Gates

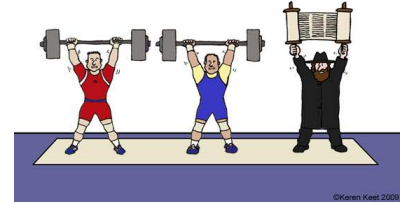
by Rabbi Ze'ev Smason

'Beyond Twelve Gates' refers to a beautiful concept taught by the great mystic *Rabbi Isaac Luria* (1534-1572), also known as '*The Ari*'. There exist twelve gates of prayers in Heaven — one for each tribe of Israel. Additionally, there exists a Heavenly thirteenth gate. Through this gate the prayers of all Jews regardless of tribe, Jewish education or level of observance are allowed to enter and are heard by G-d.

**Welcome to Beyond Twelve Gates.** You may have noticed that that often, the best keep getting better. How do they do it? Jessica Tandy, Oscar winner for her role in *Driving Miss Daisy*, was asked if any of her performances have left her unsatisfied. "All of them," she instantly replied. "I've never come off the stage at the end of a performance and said, 'tonight was perfect.' There'll always be some little thing that I'll have to get right tomorrow." Hall of Fame basketball player Larry Bird said, "Once you're labeled the best, you want to stay up there, and you can't do it by loafing around. If I don't keep changing, I'm history." To the best, 'good enough' isn't good enough. Should we settle for any less?

## Parshas Vayikra 1:1 — 5:26

This Shabbos marks the beginning of our reading the third book of the Torah, Sefer Vayikra, which deals primarily with the services and responsibilities of the Kohanim. This week's portion focuses on many of the **korbanos** (offerings) to be brought in the newly-constructed **Mishkan**. Parshas Vayikra begins with G-d calling Moses into the **Mishkan** where he will receive the many relevant mitzvos to be ultimately passed on to the Jewish people. The first half of the Torah portion describes the various optional **korbanos** brought by individuals. They can be classified into three general categories, each one comprised of several gradations in size and expense; the **korban olah** (elevation offering) which is completely consumed on the altar; the **korban mincha** (meal offering) which, because of its inexpensive contents, is usually brought by someone of modest means; and the **korban shelamim** (peace offering) partially burned on the altar, with the remainder divided between the owners and the Kohanim. The second half of the portion (beginning with chapter four) discusses the required **chatos** (sin) and **asham** (guilt) offerings to be brought in atonement for unintentional transgressions.



## Rabbinic Ruminations

Have you ever heard of the saying, "there are no atheists in a foxhole"? That saying expresses the idea that although a person might profess doubts or even disbelief about the existence of G-d, when the bullets are whizzing overhead, even a confirmed atheist will look to G-d for help. The chairman of the board of a major company in America, with branches in over two hundred cities, said that because of the nature of their business they give polygraph (lie detector) tests to every prospective employee. They ask many questions, and **always** ask each prospective employee "Do you believe there is a G-d?" In 100 percent of the cases, when the person replies "No," the polygraph needle literally jumps, indicating that person deep down does believe that there is a G-d.

Belief and trust in G-d are unifying principles of life — they give life meaning, definition and direction. Belief and trust nurture a person and provide the spiritual "glue" that holds life together and keeps a focus on goals and the future. Fortunately, there exists a foundation of belief and trust which is built into every person. As parents we need to build on that foundation by taking — not sending — our children to synagogue. One study shows that when mom and dad take the kids to religious services, 72 percent will follow the faith of their parents into adulthood. If dad takes the kids, 55 percent will follow the faith. If mom alone takes the kids only 15 percent will follow the faith. If neither parent takes the kids to religious services, only 6 percent will end up in the faith.

## Quote of the Week

It's easy to make a buck. It's a lot tougher to make a difference — *Tom Brokaw*



## Joke of the Week



Sarah, who belonged to a synagogue group devoted to visiting and helping the sick members of her congregation, was out making her rounds visiting homebound patients when she ran out of gas.

As luck would have it, a gas station was just a block away. She walked to the station to borrow a gas can and buy some gas. The attendant told her the only gas can he owned had been loaned out but she could wait until it was returned. Since Sarah was on the way to see another patient, and behind schedule, she decided not to

**OY VEY!** wait and walked back to her car. She looked for something in her car that she could fill with gas and spotted the bedpan she always had handy for needy patients. Always resourceful, she carried the bedpan to the station, filled it with gas, and carried the full bedpan back to her car which was decorated with many Hebrew decals and bumper stickers. As she was pouring the gas into her tank, two men watched from across the street. One of them turned to the other and said: "If it starts, I'm converting to Judaism."

**Thanks for reading 'Beyond Twelve Gates'. Comments, questions, requests to be added to our email list or better jokes can be sent to Rabbi Smason at [Pepshort613@sbcglobal.net](mailto:Pepshort613@sbcglobal.net) or [adarabba@hotmail.com](mailto:adarabba@hotmail.com) Care to know more about Nusach Hari B'nai Zion Congregation? Check us out at [www.nhbz.org](http://www.nhbz.org) If you enjoyed Beyond Twelve Gates, please share with a friend. Thanks to Alan Haber for his assistance in distributing BTG.**

**Ze'ev Smason, Rabbi**

**Aaron Borow, Rabbi Emeritus      Robert Kaiser, President**

**Phone: 314-991-2100    Fax: 314-993-4821    On-Line: [www.nhbz.org](http://www.nhbz.org)**

# WELCOME TO SYNAPLEX SHABBAT

Learners' Service begins at 9:45 a.m.  
Break-out Synaplex sessions following services,  
starting at about 11:00 a.m.:

**THE MENTSCH ON THE MOON:  
Must We Do Mitzvos in Outer Space?**  
Led by Rabbi Ze'ev Smason

**CLASSICAL INSIGHTS INTO PESACH**  
Led by Rabbi Menachem Kirshner,  
St. Louis Kollel

**IS THERE A JEWISH OBLIGATION  
TO  
Diet, Exercise & Take Advantage  
of Preventative Medicine?**  
Led by Daniela Hermelin, M.D.  
of Wellness To Be, M.D.

**HOT TOPICS FOR TEENS**  
Led by Avrumi Smason

**TOT SHABBAT**  
Led by Sivya Smason

Enjoy lunch with us today at 12:00 noon  
following the Synaplex Sessions  
Celebrating March Birthdays & Anniversaries



**PIZZA  
PIZZA  
PIZZA  
at NHBZ!!!**

**Lion's Den DINE-IN Pizza Night  
NEXT SUNDAY, MARCH 28!!**

5:00 - 7:00 p.m.

All-You-Can-Eat Buffet of Pizza, Spaghetti,  
Garlic Bread & Salad plus Dessert & Beverage

Kids 3 & under: FREE

Kids 4-12: \$6.00 Adults: \$10.00

**NEXT CARRY OUT NIGHT:  
WEDNESDAY, APRIL 14**

HOT PIZZA WILL BE WAITING FOR YOU TO  
PICK UP!! OR ORDER AN UN-COOKED PIZZA  
TO FREEZE AT HOME!!

Plain Cheese Pizza ~ \$12.00

Toppings ~ \$.75 each

EXTRA-CHEESE MUSHROOMS

ONIONS TOMATOES BASIL

GREEN PEPPERS SLICED OLIVES PINEAPPLE

PLACE YOUR ORDER ~ CALL SANDIE

314-991-2100, ext. 2

Deadline to Order: 12:00 noon on APRIL 14.

## Pesach

Sunday, March 28	Search for Chometz
Monday, March 29	1st Seder
Tuesday, March 30	1st Day of Pesach 2nd Seder
Wed., March 31	2nd Day of Pesach
Monday, April 5	7th Day of Pesach
Tues., April 6	Last Day of Pesach Yizkor Recited

**FROM THE VAAD:** As a reminder to the public to be aware that just because a product is found in the "Kosher for Passover" section of a supermarket, does not necessarily mean it is Kosher for Passover. Most food products require special certification for Passover. Look for a "P" designation next to the kosher symbol, or specific "Kosher L'Pesach" mention made on the product. Since there are some products on the market that say "Kosher for Passover," but contain *kitniyos* (such as peanuts, beans, peas, similar items from the legume family, corn, bean sprouts, alfalfa sprouts, green beans, mustard, and foods derived from these) or other problematic ingredients, we recommend that consumers use accepted national certifications such as the OV, OU, OK, Kof-K, cRc, Star-K, etc. It is very important to check every label. Local St. Louis supermarkets do not consult the Vaad regarding Passover products. Often they do not even separate Kosher for Passover from Non-Kosher for Passover items. Only Simon Kohn's and Diamants are under Vaad Hoair supervision. Please do not hesitate to call the Vaad office with any questions, especially if you are in doubt -- 314-569-2770.

**Kashrus Note:** The confectioner's sugar sold by Wal-Mart under their Great Value brand is mistakenly labeled Kosher for Passover. The product, although certified kosher for year-round use by United Mehadrin, is NOT certified for Passover use.

**Mazel Tov!**  
מזל טוב!

**Mazel Tov**  
To our friends celebrating  
Birthdays & Wedding Anniversaries  
in the month of March

Harold Berman	Don & Roma Kleiman	Rabbi Ze'ev & Chani Smason
Shirley Bluestein	Estelle Levin	Marvin Stein
Helen Bolt	Alex Lyss	Herb Subovitz
Jerry Cohen	Jack Lyss	Gary & Trudy Sudin
Pearl Figus	Rebecca Lyss	Menachem & Linda Szus
Eric Fleshman	Ron & Ina Makovsky	Victor Tendler
Linda Fleshman	Sima Moria	Julia Tversky
Shirley Fredlich	Ephraim Mufson	Marian Walters
Alan Haber	Rose Ragin	Rosalie Yakovitz
Janet Haber	Melissa Rush	Alla Yasinev
Mike Hirsch	Janice Shanitkvich	Alan Zarkowsky
Randi Hirsch	Zack Shanitkvich	