**Bruchim Habayim** 

2 Sivan 5770

Welcome to Nusach Hari B'nai Zion Shabbos, May 15, 2010 Good Shabbos to Everyone!

**❖** *Kiddush* ~ Everyone is invited to Kiddush in the Joe Rothman Auditorium following services this morning. Thanks to Rachael Pevnick for sponsoring a Salad Bar today, in honor of her husband, Ted Pevnick's birthday!!!

Thank You for sponsoring soda today ~~ our "POP"-STAR of the week ~~ Sarah Klein in honor of her granddaughter, Hanna Klein, graduating from Clayton High School!!! If you would like to sponsor or enhance a Kiddush, add something special, sponsor Soda or Shalosh Seudos, please call 314--991-2100, ext. 2, to make arrangements. Your contribution will help our NHBZ Kiddush & Shalosh Seudos Funds.

## HAPPY BIRTHDAY TO TED!!! MAZEL TOV TO HANNA!!!

## **♦** Davening ~~ Parshas Bamidbar

**Sedra:** *Bamidbar 1:1-4:20*; pages 726-747. *Haftorah: Hosea 2:1-22*; pages 1180 & 1181.

- **★** Thank You For Leading Davening: Pesukei D'Zimra: Howard Sandler; Shacharis: Dr. Ethan Schuman; Leyning: Michael Shapiro; Haftorah: Jack Lyss; Musaf: Dr. Ethan Schuman.
- **❖ Jr. Congregations** Jr. Congregations will be held this morning at 10:30 a.m., Girls Jr. Congregation and younger children will meet in the Chapel with **Sivya Smason**. Boys Jr. Congregation will meet in the Auditorium with **Avrumi Smason**.

# **★ Mincha:** We will daven Mincha today at 7:30 p.m. Shabbos will conclude at 8:51 p.m.

All Minyanim will be held in the Chapel in the main building, until further notice.

**♦ Shacharis, Mincha and Maariv ~ Shabbos, May 15 through Friday, May 21:** 

Please note: Shabbos morning services will begin at 9:00 a.m. for the next few weeks.

	<b>Shabbos</b>	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Shacharis	9:00	8:00	6:45	7:00	<b>\$</b> 9:00	<b>\$</b> 9:00	7:00
Mincha/Maariv	7:25/30	7:00	7:00	<b> </b>	<b>‡</b> 7:45	<b>‡</b> 7:45	7:00
			<b>♦</b> S h a v u o s				

\* WERE YOU HERE FOR OUR Ari-Kabbalat-Shabbat & Friday night Shabbos Dinner LAST NIGHT? Another spectacular Friday night with Aryeh Needle and we thank Aryeh very much for leading us in the freilich and exciting services!! After services, we enjoyed a delicious, full-course, Shabbos dinner. Thanks to everyone who came!!

**♦ Shalosh Seudos** This afternoon, May 15, the Boys Mishna Shiur, Alex Lyss, Jack Lyss & Jonathan Yasinev, will be celebrating the siyum of Tractate Baba Metzia. Shalosh Seudos will be sponsored by Ed & Jane Lyss, Boris & Alla Yasinev, and Rabbi Ze'ev & Chani Smason.

**❖** NHBZ Shabbos Events & Dates to Remember

## **\$\DECEMBER STIVITIES**, EVENTS & ACTIVITIES:

- ◆ SYNAPLEX SHABBAT More interesting topics and dynamic speakers to nourish your intellect; then enjoy a wonderful Shabbos lunch in honor of our friends celebrating May Birthdays & Wedding Anniversaries on Shabbos, May 22. Services will begin at 8:30 a.m.
- ★ Mazel Tov to Hannah → ₩ᢓ₽₽♥ ᢓ₽₽Ĩ¥₽₽\$₹₽₹ TO JONÎ & BOD ~ Kiddush & Lunch ♠ Memorial Day "Picnic" will be sponsored by Bob & Joni Kaiser on Shabbos, May 29th, in honor of Hannah's graduation from Ladue HighSchool and to celebrate Bob & Joni's 25th Wedding Anniversary!!!

  ★ Welcome Home Nina → Joey ~ Kiddush & an "♠II-♠merican" Lunch will be sponsored by Sam & Shirley Bluestein, Bobby & Sheryl Levine, Entraim & Michelle Mufson and Irwin & Roz Rosen on
- Shirley Bluestein, Bobby & Sheryl Levine, Ephraim & Michelle Mufson and Irwin & Roz Rosen on Shabbos, June 5th, to welcome Joey Mufson and Nina Levine home from the year they each spent in Israel. We will also welcome a special guest from Israel, our old friend, Rabbi Hersch Galinsky, Director General of Yeshivat Hadarom & Gan Yavneh Youth Village in Israel. It will be a fitting addition to the simcha celebrating Joey and Nina's return from Israel. Please join Rabbi Galinsky, after lunch, and hear his Update From Israel.
- **★ Art-Kabbalat-Shabbat** with **Aryeh Needle** on Friday evening, June 11, at 7:00 p.m.
- **★ Lunch → Learn** ~ In honor of June Birthdays and Wedding Anniversaries on Shabbos, June 12.
- **★ Graduation Shabbos,** June 19! **KVELLING TIME!!!** Do you have a graduate in your family? Call Sandie, 314-991-2100, ext. 2, with your children and grandchildren graduating this year. We want to list the names of all the graduates, the school from which they are graduating, and where they are going. Let us kvell along with you!!

**♦ Home Study Groups** Tomorrow ~ Sunday, May 16, at the home of **Drs. Susan Feigenbaum & Jay Pepose**, and on Sunday, June 13, at the home of **Joni & Bob Kaiser**.

**<u>The Millstone Mikvah</u>** available for men on Erev Shavuos, Tuesday, May 18<sup>th</sup>, as it is on Friday afternoons. There will be no attendant or set hours. Towels will be available at the desk with an envelope provided for the fee: \$5.00/Adult; \$1.00/under 21.

## **♦** NHBZ Shabbos Events & Dates to Remember

\*Sharruos Dinner & Early Bird Learning T. Our 4th annual event on This Tuesday night, May 18. Buffet Menu: Jackie's French Onion Soup, Teriyaki Salmon, Salad Bar, Pasta Bar, Green Beans w/French's Crispy Onions,

Cheesecake, Strawberries and Sugar-Free Pies!!! Davening at 7:45 p.m.; Dinner at 8:15 p.m. followed by Early-Bird Learning classes at 9:45 p.m. Members: \$12.00; Non-members & Walk-ins: \$18.00. RSVP, 314-991-2100, ext. 2. In addition to your reservation for the dinner, please get involved and become a sponsor @ \$20.00 to help offset the costs. Thanks to sponsors already on board: Bob & Sandie Abrams, Lenny & Fran Alper, Andy & Ellen Berg, Craig & Jackie Berkin, Sam & Shirley Bluestein, Drs. Susan Feigenbaum & Jay Pepose, Alan & Janet Haber, Bob & Joni Kaiser, Bobby & Sheryl Levine, NHBZ Sisterhood, Jim Pollock Mark Ragin & Gail Rose, David & Fran Reisler, Robin Rickerman, Irwin & Roz Rosen, Jonathan & Naomi Shanker, Sid & Phyllis Silverman, Gary & Trudy Sudin, Menachem & Linda Szus, and Mayer Taller.

EARLY BIRD LEARNING: FOUR CLASSES RUNNING CONCURRENTLY AT 9:45 p.m.

Rabbi Ze'ev Smason

"Honoring Parents: In Life & After Their Death"

Rebbitzen Chani Smason

"Being Who You Are: Using Megillat Ruth to Understand Women's Personality Types, and the Roles We Choose to Play in this World"

**Menachem Szus** Dr. Ethan Schuman

"Jewish Women in War" "The Amazing Life & Times of Rabbi Dr. Yissachar Ber Bernard Illowy ... of St. Louis

ALL NIGHT LEARNING 11:15 p.m. Topics to be studied:

"A Little Bit of This, a Little Bit of That.....Selections from Mesilat Yesharim,

The Tanya, Elie Wiesel" led by Menachem Szus

WEDNESDAY MORNING 5:00 a.m. Early Morning Services

**Executive Committee Meeting** Tuesday, May 25. Mincha: 7:00 p.m.; Meeting: 7:30 p.m., both in the Main Building. **Dine-In PIZZA NIGHT** Sunday, May 30.

☆Memorial Day MinyanMan Brunch & Learn Monday, May 31. Bagels, Lox & Cream Cheese, Sliced Veggies, Fresh Fruit, Juice and Coffee. Rabbi Smason will speak on the topic: "A Good Eye, A Good Friend, A Good Neighbor."

**The Irvin Alper Social Club Get-Together** Sunday, June 6. Come and enjoy dinner and good friends plus a movie, play cards or just shmooze. Speak to Ruth Alper for details and reservations, 314-569-2877.

**⇔Block Yeshiva High School Graduation** Monday evening, June 7, 7:30 p.m. at NHBZ.

**♦Rosh Chodesh Tammuz** Shabbos & Sunday, June 12 & 13.

CARRY-OUT PUZA NIGHT Wednesday, June 16. Place your orders by 12:00 noon that day.

# **♦**Learning at NHBZ & with Rabbi Smason

## **❖** Weekly Learning ~

**⇔Boys' Shabbos Study Group** With **Rabbi Smason** for boys ages 10-14 each Shabbos, **30 minutes** before Mincha. **This** Shabbos at 7:00 p.m.

**❖Shabbos Study Groups** Each Shabbos one hour before Mincha. **This Shabbos at 6:30 p.m.** Studying Tanach (currently, Melachim Bet - Kings II ) and Pirkei Avos, led by Menachem Szus; Everyone at any level of learning is welcome. **❖<u>Sunday Learning</u>** Mishna Shiur every Sunday. **Rabbi Chanan Swidler**, of the St. Louis Kollel, leads a study of the Mishna following Sunday morning services. Davening at 8:00 a.m. followed by Mishna study.

**₱ Basic Jewish Texts & Ideas You May Have Missed** CAJE's Florence Melton Adult Mini School at Bais Abraham. Structured, 2-year, in-depth class: learn the basics of Jewish history, ethics, beliefs & holidays; text-based course taught on Wednesday nights, 7:30-9:30 p.m. by **Rabbi Smason**. Contact Cyndee Levy at 442-3754 or clevy@cajestl. org. Scholarships are available.

★RAP with the RABBI Teen group with Rabbi Smason on Sunday mornings at 9:30 a.m. Class resumes this week.

\*Rabbi Smason's Lunch & Learn Wed., 12:15 pm, in the auditorium. Insights for daily living from the weekly Torah portion. **❖** Monthly Learning ~

**❖NHBZ Women's Home Study Group ~ "Women of Valor ~ Our Biblical Mothers"** presented by Rabbi

Shaya Mintz, of the St. Louis Kollel. The group meets on the first Tuesday of the month. Next class Tuesday, June 1, 2:30 p.m., at the home of Jackie Berkin. All women are welcome. Please join us!!!

**<u>♦ The Morris Lenga Yiddish Club</u>** meets on the 1st Thursday of each month, at 7:30 p.m. in the Joe Rothman Auditorium. Next Date will be Thursday, June 3, 7:30 p.m. Join us for a spirited & enjoyable hour filled with Yiddish stories and songs, fun and laughter, keeping Yiddish alive! Seasoned "mayvens" (experts), as well as novices are invited!!!

**☆ Take a Walk with Yelli and Eitan** Put on your walking shoes for a fun event on Sunday, June 13 at 9:30 am. Join Yelli, Eitan and the Smason and Shapiro families on the upper MUNY parking lot in Forest Park for the annual Down Syndrome one-mile awareness walk. "Step Up for Down Syndrome" T-shirts will be available for \$5.00 in advance of the walk, and at Forest Park. Donations to the Down Syndrome Association of Greater St. Louis are welcome, but not required. For more information contact Rabbi Smason.

**MAZEL TOV** ON SIMCHAS THIS WEEK! May 15-21, 2010!

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Bappy Birthdayı Ted Pevnick Sherry Rubin Bert Zakroff

Tzipporah Zakroff Happy Anniversary Mr. & Mrs. Mikhail Epshteyn

Show your friends you care ~ SEND A TRIBUTE! Sisterhood: Call Phyllis Silverman, 314-434-2482 Shul: Call Gloria Waxman, 314-872-3296 Libby Needle Fund: Sally Needle, 314-991-2575

# **Beyond Twelve Gates**

by Rabbi Ze'ev Smason

Beyond Twelve Gates' refers to a beautiful concept taught by the great mystic *Rabbi Isaac Luria* (1534-1572), also known as 'The Ari'. There exist twelve gates of prayers in Heaven — one for each tribe of Israel. Additionally, there exists a Heavenly thirteenth gate. Through this gate the prayers of all Jews regardless of tribe, Jewish education or level of observance are allowed to enter and are heard by G-d.

Welcome to Beyond Twelve Gates. Is your glass half full or half empty? It's been said that "We don't see things as they are; we see them as we are." I'd like to introduce you to a man who has had a remarkable ability to see himself clearly for 115 years; meet Mr. David Pur. Pur was born in 1895 in what was then Persia and today is Iran. He became an adviser to the Shah, who admired his mastery of languages, including Persian, Hebrew, Arabic, Aramaic and French. The Pur family made aliyah to Israel in 1948. Today David Pur has trouble seeing, but as one who has repeated the prayers for more than a century, he knows them by heart, and continues to learn Torah every day in the nursing home to where he moved just three months ago. An envoy from the Guiness Book of World Records is coming to Israel to formalize 115-year-old David Pur's title as the oldest living man on earth. Three of his nine children are still alive, as are 18 grandchildren and 56 great-grandchildren. The old man is known for his smiles, and for laughing and joking with the various members of his large family, who visit him daily. Pur's friends describe him as a man with an incredibly positive outlook. His glass isn't simply half full — but it's overflowing. "The main thing is not to lose your optimism," Pur said. "I, who buried the woman of my life 50 years ago, and six of my children — I understand that we must not let bitterness take hold of us." "A pessimist," Winston Churchill once said, "sees the difficulty in every opportunity. An optimist sees the opportunity in every difficulty." From where can we develop this spirit of optimism in the face of our many difficulties? "Hope in G-d, strengthen yourself and He will give you courage, and hope in G-d." (Psalm 27)

#### Parshas Bamidbar Numbers 1:1 - 4:20

This week we begin reading Sefer Bamidbar — known in English as 'The Book of Numbers'. Bamidbar ('in the desert') begins with G-d telling Moses to take a census of all men over the age of 20. If you like names and numbers, you'll love this week's parasha. The count reveals just over 600,000, excluding the Leviim (Levites)

who weren't included in the census. We also find described the way in which B'nai Yisrael camped around the Mishkan (Tabernacle), and the order in which they travelled during the 40 years in the desert. B'nai Yisrael were arranged in four sections around the Mishkan; east, south, west and north. The Leviim are singled out for special responsibilities. A formal transfer is made between the first-born and the Leviim, whereby the Leviim take over the role the first-born would have served. The sons of Levi are divided into three main families; Gershon, Kehas and Merari. Each is given a special task in transporting the Mishkan.

#### Shavuos



The major festival of Shavuos begins on Tuesday evening May 18, and concludes Thursday evening, May 20. Many of you may remember Cecil B. Demille's film 'The Ten Commandments', starring Charlton Heston. Good film; however—the book was better than the movie. On Wednesday morning the Torah reading (Exodus 19:1 - 20:23) contains the narrative of giving of the Torah and the *Aseres HaDibros*—inaccurately translated as 'The Ten Commandments.' On the second day of Shavuos the Torah reading (Deut.14:22 - 16:17) contains a brief description of the *Shalosh Regalim*-Passover, Shavuos and Succos. An argument can be made that Shavuos is THE most important holiday of the Jewish year. After all, without the Torah, what is Judaism? The Torah was given to all the of the Jewish people. Unlike Demille's version where only Charlton... I mean, Moses heard G-d speak, the uniqueness of Matan Torah (revelation) is that every man, woman and child heard G-d speak at Sinai (the mountain, not the hospital). This fact alone distinguishes Judaism from all other religions and faiths. When the Torah was given, it was to the entirety of the Jewish people.

#### Rabbinic Ruminations

We can learn to be better people by studying animals. Ethics of Our Fathers teaches "Be bold as a leopard, light as an eagle, swift as a deer, and strong as a lion, to carry out the will of your Father in Heaven." What can we learn from the bumblebee? In the 1930s a leading zoologist concluded it should be impossible for a bumblebee to fly. Fixed-wing studies in conventional wind tunnels have not been able to show how enough lift can be generated to elevate the huge mass of a bumble bee (compared to its wing size). Fortunately, no bumblebees have ever studied aerodynamics! So naively, they keep on doing what they should logically be incapable of doing - flying. On occasion we meet people who are like bumblebees. They buzz around, doing the seemingly impossible without giving it a second thought. There seems to be no explanation for all they are able to accomplish: they just do what needs to be done, and along the way, they pollinate the lives of others, helping them to grow. There is much to learn from the bumblebee.

## Quote of the Week

If you don't like change, you're going to like irrelevance even less — Gen. Eric Shinseki, former U.S. Army chief of staff

# JOKE of the WEEK



A rabbi told his congregation, "Next week I plan to give a sermon about the sin of lying. To help you understand my speech, I'd like all of you to read Exodus chapter 41." The following Shabbat, as he prepared to deliver his sermon, the rabbi asked for a show of hands. He wanted to know how many had read Exodus 41. Every hand went up. The rabbi smiled and said, "Exodus has only 40 chapters. I will now proceed with my sermon about lying."

Thanks for reading 'Beyond Twelve Gates'. Comments, questions, requests to be added to our email list, or better jokes, can be sent to Rabbi Smason at Pepshort613@sbcglobal.net or adarabba@hotmail.com. Care to know more about Nusach Hari B'nai Zion Congregation? Check us out at www.nhbz.org If you enjoyed Beyond Twelve Gates, please share with a friend. Thanks to Alan Haber for his assistance in distributing BTG.



Inspiring words of Rabbi Heshy Kleinman today.

**Rabbi Heshy Kleinman** will be visiting St. Louis and will deliver the drasha at NHBZ today during Shabbos morning services at approximately

10:40 a.m. Rabbi Kleinman is the author of "Praying With Fire; A 5-Minute Lesson-A-Day" and "Praying With Fire 2," as well as the co-founder of the V'Ani Tefillah Foundation. He is dedicated to increasing awareness of the importance and power of prayer and to providing education, inspiration, and tools for more sincere, powerful and effective prayer; he lectures internationally on prayer. His book "Praying With Fire" will be available at no charge to the first 30 members of NHBZ who call or email the office requesting a copy. Rabbi Kleinman's visit to St. Louis is being arranged and sponsored by the St. Louis Kollel.

# SYNAPLEX SHABBAT

NEXT SHABBOS, MAY 22

Two great options!!

Regular Shabbos services beginning at 8:00 a.m. Learner's Services from 9:45-11:00 a.m. Led by Rabbi Shmuel Greenwald, Aish HaTorah

Both services will be followed by these break-out sessions starting at about 11:00 a.m.:

New Class ~ "Obama and Israel" ~ New Class

Led by Morton Klein President, Zionist Organization of America

Welling Close to Your Relatives
Led by Rabbi Ze'ev Smason

Preparing for the Messiah Led by Rabbi Menachem Kirschner, St. Louis Kollel

The Latest from the Legislature
Led by State Rep. Rachel Storch

HOT TOPICS FOR TEENS Led by Avrumi Smason

TOT SHABBAT

Led by Sivya Smason

Enjoy lunch with us following the Synaplex Sessions In Honor of our May Birthdays & Wedding Anniversaries



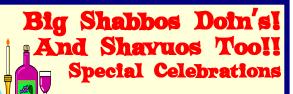
PIZZA
PIZZA
PIZZA
at NHBZ!!!

NEXT Lion's Den DINE-IN Pizza Night SUNDAY, MAY 30!!

5:00 - 7:00 p.m.

All-You-Can-Eat Buffet of Pizza, Spaghetti, Garlic Bread & Salad plus Dessert & Beverage
Kids 3 & under: FREE
Kids 4-12: \$6.00 Adults: \$10.00

NEXT CARRY OUT NIGHT ~~ WEDNESDAY, JUNE 16



WERE YOU HERE

FOR OUR Ari-Kabbalat-Shabbat

Friday night Shabbos Dinner

LAST NIGHT? Another spectacular Friday
night with Aryeh Needle and we thank Aryeh
very much for leading us in the freilich and
exciting services!! After services, we enjoyed a
delicious, full-course, Shabbos dinner. Thanks to
everyone who came!!

Sharruos Dinner & Early Bird Learning!!!

Our 4th annual event on Tuesday night, May 18. Buffet Menu: Jackie's French Onion Soup, Teriyaki and Plain Salmon, Salad Bar, Pasta Bar, Green Beans w/French's Crispy Onions, Cheesecake, Strawberries and Sugar-Free Pies!!! Members: \$12; Non-members & Walk-ins: \$18. RSVP, 314-991-2100, ext. 2.

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**Lunch → Learn** ~ In honor of June Birthdays and Wedding Anniversaries on Shabbos, June 12.

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