# Good Shabbos to Everyone!

בס"ד Bruchim Habayim 16 Sivan 5770



\* Kiddush & Lunch ~ Everyone is invited to Kiddush & Lunch in the Joe Rothman Auditorium following services this morning. Thanks to Joni & Bob Kaiser for sponsoring Kiddush & Lunch today

~ A Memorial Day "Picnic" ~ in celebration of their 25th Wedding Anniversary, and in honor of their daughter, Hannah, graduating from Ladue High School!!!

If you would like to sponsor or enhance a Kiddush, add something special, sponsor Soda or Shalosh Seudos, please call 314--991-2100, ext. 2, to make arrangements. Your contribution will help our NHBZ Kiddush & Shalosh Seudos Funds

# KOPPY 2576 JONI & BORW MAZEL TOV TO HANNAH!!!

## **♦** Davening ~~ Parshas Beha'alosecha

**Sedra:** *Beha'alosecha: Bemidbar 8:1-12:16*; pages 774-797. **Haftorah:** *Zehariah 2:14-4:7*; pages 1182-1184.

- **★** Thank You For Leading Davening: Pesukei D'Zimra: Howard Sandler; Shacharis: Dr. Ethan Schuman; Leyning: Michael Shapiro; Haftorah: Ron Makovsky; Musaf: Dr. Ethan Schuman.
- **★ Jr. Congregations** Jr. Congregations will be held this morning at 10:30 a.m., Girls Jr. Congregation and younger children will meet in the Chapel with **Meirav Simon**. Boys Jr. Congregation will meet in the Auditorium with **Avrumi Smason**.
- **★ Mincha:** We will daven Mincha today at 7:40 p.m. Shabbos will conclude at 9:02 p.m.

#### **\$\times\$Shacharis, Mincha and Maariv** ~ **Shabbos, May 29 through Friday, June 4:**

Please note: Shabbos morning services will begin at 9:00 a.m.

	<b>Shabbos</b>	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	
Shacharis	9:00	8:00	<b>♦ 8:00</b>	7:00	7:00	6:45	7:00	
Mincha/Maariv	7:40	7:00	7:00	7:00	7:00	7:00	7:00	
			<b>☆</b> Memorial	<b>☆</b> Memorial Day				

- **★** *Monument Dedication* ~ for **Ethel (Benedele) Pultman**, **/**"3, tomorrow Sunday, May 30, 4:30 p.m. at Chevra Kadisha Cemetery, North & South Road and Page Avenue.
- **❖** NHBZ Shabbos Events & Dates to Remember

#### **\$SHABBOS FESTIVITIES**, EVENTS & ACTIVITIES:

- ★ Welcome Home Nina & Joey
   Cidush & an "All-American" Lunch will be sponsored by Sam & Shirley Bluestein, Bobby & Sheryl Levine, Ephraim & Michelle Mufson and Irwin & Roz Rosen next Shabbos, June 5th, to welcome Joey Mufson and Nina Levine home from the year they each spent in Israel. We will also welcome a special guest from Israel, our old friend, Rabbi Hersch Galinsky, Director General of Yeshivat Hadarom & Gan Yavneh Youth Village in Israel. It will be a fitting addition to the simcha celebrating Joey and Nina's return from Israel. Please join Rabbi Galinsky, after lunch, and hear his Update From Israel.
- **★ Ari-Kabbalat-Shabbat** with **Aryeh Needle** on Friday evening, June 11, at 7:00 p.m.
- **★ Lunch → Learn ~** In honor of June Birthdays and Wedding Anniversaries on Shabbos, June 12. **Rabbi Smason** will speak on the topic: *'The Mystical View of Near-Death Experiences.'*
- **☆ Graduation Shabbos,** June 19! **KVELLING TIME!!!** Do you have a graduate in your family? Call Sandie, 314-991-2100, ext. 2, or email to sandieabrams@hotmail.com with your children and grandchildren graduating this year. We want to list the names of all the graduates, the school from which they are graduating, and where they are going. Let us kvell along with you and wish you a big Mazel Tov!!
- **Dine-In PIZZA NIGHT** Tomorrow ~ Sunday, May 30.
- **★Memorial Day MinyanMan Brunch & Learn** This Monday, May 31. Bagels, Lox & Cream Cheese, Sliced Veggies, Fresh Fruit, Juice & Coffee. **Rabbi Smason** will speak on the topic: "A Good Eye, A Good Friend, A Good Neighbor."
- **♦The Irvin Alper Social Club Get-Together** Next Sunday, June 6. Come and enjoy dinner and good friends plus a movie, play cards or just shmooze. Speak to **Ruth Alper** for details and reservations, 314-569-2877.
- **⊅Block Yeshiva High School Graduation** Monday evening, June 7, 7:30 p.m. at NHBZ.
- **♦Rosh Chodesh Tammuz** Shabbos & Sunday, June 12 & 13.
- **\(\phi\)Home Study Group** Sunday, June 13, at the home of **Joni & Bob Kaiser**. This is the last Home Study Group of the series. The program will resume in the fall.
- \*CARRY-OUT PIZZA NIGHT Wednesday, June 16. Place your orders by 12:00 noon that day.
- Dine-In PUZA NIGHT Sunday, June 27



#### **♦** NHBZ Shabbos Events & Dates to Remember

**★SHABBOS** in a BOX Pick up meals on Thursday, <u>July 1st</u>. BBQ Chicken Dinner for 4 ~ \$40.00 **★ ARI WEEKEND** - Celebrating the Life of THE ARI - Kabbalat Shabbat in the Field - led by Aryeh Needle on Friday evening, July 9, at 7:00 p.m., at our future location, 650 N. Price Road!!

★ SYNAPLEX SHABBAT More interesting topics and dynamic speakers to nourish your intellect; then enjoy a wonderful Shabbos lunch in honor of our friends celebrating July Birthdays & Wedding Anniversaries on Shabbos, July 10. Services will begin at 8:30 a.m.

**EXTRA Dine-In PIZZA BUFFET NIGHT** during the 9 days, on Wednesday, July 14. Week night hours: 5:30-7:30 p.m. to accommodate working people.

### **‡**Learning at NHBZ & with Rabbi Smason

- **❖** Weekly Learning ~
- **Boys' Shabbos Study Group** With **Rabbi Smason** for boys ages 10-14 each Shabbos, **30 minutes** before Mincha. **This Shabbos at 7:10 p.m.**
- **Shabbos Study Groups** Each Shabbos one hour before Mincha. **This Shabbos at 6:40 p.m.** Studying Tanach (currently, Melachim Bet Kings II) and Pirkei Avos, led by **Menachem Szus; Everyone at any level of learning is welcome. ★Sunday Learning** Mishna Shiur every Sunday. **Rabbi Chanan Swidler**, of the St. Louis Kollel, leads a study of the Mishna following Sunday morning services. Davening at 8:00 a.m. followed by Mishna study.
- **Basic Jewish Texts & Ideas You May Have Missed** CAJE's Florence Melton Adult Mini School at Bais Abraham. Structured, 2-year, in-depth class: learn the basics of Jewish history, ethics, beliefs & holidays; text-based course taught on Wednesday nights, 7:30-9:30 p.m. by **Rabbi Smason**. Contact Cyndee Levy at 442-3754 or clevy@cajestl. org. Scholarships are available. **★PAP with the PABBI** Teen group with **Rabbi Smason** on Sunday mornings at 9:30 a.m. Class resumes this week.
- **Pabbi Smason's Lunch & Learn** Wed., 12:15 pm, in the auditorium. Insights for daily living from the weekly Torah portion. **★ Monthly Learning** ∼
- **NHBZ Women's Home Study Group** ~ "Women of Valor ~ Our Biblical Mothers" presented by Rabbi Shaya Mintz, of the St. Louis Kollel. The group meets on the first Tuesday of the month. Next class <u>This Tuesday</u>, <u>June 1</u>, 2:30 p.m., at the home of Jackie Berkin. All women are welcome. Please join us!!! **★ The Morris Lenga Yiddish Club** meets on the 1st Thursday of each month, at 7:30 p.m. in the Joe Rothman Auditorium. Next Date This Thursday, <u>June 3</u>, 7:30 p.m. Join us for a spirited & enjoyable hour filled with Yiddish stories and songs, fun and laughter, keeping Yiddish alive! Seasoned "mayvens" (experts), as well as novices are invited!!
- **Take a Walk with Yelli and Eitan** Put on your walking shoes for a fun event on Sunday, June 13 at 9:30 am. Join **Yelli, Eitan and the Smason and Shapiro families** on the upper MUNY parking lot in Forest Park for the annual Down Syndrome one-mile awareness walk. "Step Up for Down Syndrome" T-shirts will be available for \$5.00 in advance of the walk, and at Forest Park. Donations to the Down Syndrome Association of Greater St. Louis are welcome, but not required. For more information contact Rabbi Smason.
- **Barbara Mendelson Tomchei Shabbos Fund** The entire community is invited to attend the 2<sup>nd</sup> annual <u>FREE</u> Barbara Mendelson Tomchei Shabbos Breakfast on Sunday, June 13 from 9:15 a.m. to 10:30 a.m. at Nusach Hari-Bnai Zion. Boxes for donations will be available at the breakfast, or you can call for a donation pick-up. (Merle Hartstein: 725.1192)

❖ NHBZ Chesed Fund ~ We need friends to visit people needing some TLC. Partner up!! It's easier when there are two of you sharing the mitzvah. Thanks and Yasher Koach to our TLC Teams and individuals: Jackie Berkin & Sally Needle, Bertha Berman & Phyllis Silverman, Ruth Alper and Moshe Pinto!! Please join the TLC Team and call Phyllis Silverman, 314-434-2482; she will tell you who needs our TLC in hospitals and nursing homes. Want to make a donation? Pease send checks to our office, or charge to your credit card -- 991-2100, ext. 2.

★ Kudos to NHBZ Volunteers from Sandie ~ Thanks to our shoppers,

Bert Zakroff and Anna Rose Tendler, and thanks to my office and
clerical volunteers: Thanks to Gloria Waxman who has taken over
sending tribute cards for the shul. To send a tribute card, please call
Gloria at 314-872-3296, and send payments to our shul office, as usual.

Phyllis Silverman, 314-434-2482, will continue to take care of tributes
for Sisterhood, and Sally Needle, 314-991-2575, has taken over tributes
sent from the Libby Needle Fund. Thanks also to Lenny Alper and
Bertha Berman who prepares the yahrzeit notices for mailing each month.
And to our "get it to the post office" team, Esther Gelb and Ted &
Rachael Pevnick (Pachael works at warp speed!).

MAZEL TOV ON SIMCHAS THIS WEEK! May 29 - June 4, 2010!

gappy sirtyday:

June Cohen Lester Figus Ed Lyss

Happy Anniversary

Don & Julie Eisenberg

Bob & Joni Kaiser

Show your friends you care ~ SEND A TRIBUTE! Sisterhood: Call Phyllis Silverman, 314-434-2482 Shul: Call Gloria Waxman, 314-872-3296 Libby Needle Fund: Sally Needle, 314-991-2575

# Beyond Twelve Gates

by Rabbi Ze'ev Smason

'Beyond Twelve Gates' refers to a beautiful concept taught by the great mystic *Rabbi Isaac Luria* (1534-1572), also known as '*The Ari*'. There exist twelve gates of prayers in Heaven — one for each tribe of Israel. Additionally, there exists a Heavenly thirteenth gate. Through this gate the prayers of all Jews regardless of tribe, Jewish education or level of observance are allowed to enter and are heard by G-d.

Welcome to Beyond Twelve Gates. Albert Einstein once said, "If you want to have a happy life, tie it to a goal, not to people or things." From the age of 25, John Rheinberger has had a fascinating goal; to visit every country in the world. Rheinberger, an Oklahoma lawyer who is now 61, has a passport that boast stamps from 192 countries including Iraq, Afghanistan and North Korea. By his count, only three remain — Libya, Cuba and Somalia. The attorney, who is single, sees travel as an investment. "My return may not be in dollars," Rheinberger said, "but it will be in experiences of life." He estimates that his travels will consume more than a year and a half of his life and about \$200,000. He has already spent \$192,000. He figures anyone starting today would need about \$400,000. Rheinberger said, "There's a point in life where you think about your own future and where you are in life. When you are old and gray and you are looking back, you want to at least have something." Ethics of Our Fathers teaches, "The day is short, the work is abundant ... it is not incumbent upon you to complete the work, yet you are not free to desist from it." Happiness in life is tied to having goals. When we're old and gray, what is it that we hope to have acheived?

#### Parshas Beha'alosecha Numbers 8:1 - 12:16

**Beha'aloscha** (Hebrew for "when you step up") is thematically diverse, beginning with the daily lighting of the golden menorah in the Mishkan. The Levites are initiated into the Tabernacle service. The Torah then describes the celebration of Passover in the second year in the desert, complete with the bringing of the

Korban Pesach (Passover offering). Some men could not bring the offering due to ritual impurity, and were thus commanded to celebrate Pesach Sheni, a 'make-up Passover' a month later. Lesson: second chances are available. Additionally, the standard procedure by which the Jewish people would break camp to travel in the desert is described. Soon after leaving Mt. Sinai, the people begin to kvetch (to complain and grumble incessantly, as in the title of the classic novel 'Kvetcher in the Rye'). Spurred by the mixed multitude of insincere converts who joined the Jewish people upon leaving Egypt, the complaining is directed toward the manna, their daily miraculous portion of heavenly bread. G-d sends a massive flock of quail, which the people gather to eat; those who had complained about the lack of food overstuff themselves and die during this supernatural event. The portion concludes with Miriam speaking loshon hara (defamatory words) to Aaron about their brother Moses. She is punished by G-d with tzaraas (a skin condition indicating a spiritual deficiency) and is quarantined outside the camp for seven days.

#### Rabbinic Ruminations

The term *Renaissance Man* is used to describe a person who is well educated or who excels in a number of subjects or fields. The idea developed in Renaissance Italy from the notion that a man can 'do all things if he will.' It considers man empowered, limitless in his capacities for development, and led to the notion that people should embrace all knowledge and develop their capacities as fully as possible. Thomas Jefferson, the third President of the United States, was considered a Renaissance man par excellence. He was a philosopher, author, lawyer, architect, musician, naturalist, botanist, inventor, engineer, statesman, diplomat, and political theorist. At a dinner honoring Nobel laureates, John F. Kennedy famously said, "I think this is the most extraordinary collection of talent, of human knowledge, that has ever been gathered together in the White House—with the possible exception of when Thomas Jefferson dined alone." Is to become a *Renaissance man* a Jewish goal? In this week's Torah portion, the golden *menorah* (candelabra) of seven lamps is described. Curiously, the wicks of the six outer lamps faced toward the seventh center lamp. The six outer lamps represent the six essential fields of scholarship and of knowledge — medicine, physics, mathematics, art, psychology and sociology. Our world is filled with flames for us to understand and use. However, unless this information is focused and directed toward the center lamp - symbolizing G-d, Torah and spirituality - then the wisdom of the world is relatively meaningless. We should indeed strive to become a Renaissance man (or woman), but commit to use the knowledge we aquire in service of the higher purpose of becoming ethical human beings, and to become better Jews.

#### Quote of the Week

After 5000 years of recorded human history, you wonder, what part of 2,000,000 sunrises doesn't a pessimist understand? —

\*\*Robert Brault (American poet)\*

## Joke of the Week



A Texas rancher was visiting a farmer in Israel. The proud Israeli showed him around. "Here is where I grow tomatoes, cucumbers, and squash. Over there I built a play set for my kids, next to the doghouse," the farmer said. The land was tiny, and the Texan was surprised by its small size. "Is this all your land?" he asked. "Yes," the Israeli said proudly. "This is all mine!"

"You mean this is  $\underline{it}$ ? This is  $\underline{all}$  of it?" the Texan said incredulously.

OY VEY! "Yes, yes, this is really all mine!"

"Well, son," said the Texan, "back home I'd get in my car before the sun'd come up and I'd drive and drive, and when the sun set, why, I'd only be halfway across my land."

"Oh, yes," replied the Israeli farmer wistfully, "I used to have a car like that."

Thanks for reading 'Beyond Twelve Gates'. Comments, questions, requests to be added to our email list, or better jokes, can be sent to Rabbi Smason at Pepshort613@sbcglobal.net or adarabba@hotmail.com. Care to know more about Nusach Hari B'nai Zion Congregation? Check us out at www.nhbz.org If you enjoyed Beyond Twelve Gates, please share with a friend. Thanks to Alan Haber for his assistance in distributing BTG.

# MEMORIAL DAY

Honoring and Remembering the men and women of the United States Armed Forces





PIZZA
PIZZA
PIZZA
at NHBZ!!!

Lion's Den DINE-IN Pizza Night TOMORROW ~ SUNDAY, MAY 30!!

5:00 - 7:00 p.m.

All-You-Can-Eat Buffet of Pizza, Spaghetti, Garlic Bread & Salad plus Dessert & Beverage
Kids 3 & under: FREE Kids 4-12: \$6.00 Adults: \$10.00

# NEXT CARRY OUT NIGHT: WEDNESDAY, JUNE 16

HOT PIZZA WILL BE WAITING FOR YOU TO PICK UP!! OR ORDER AN UN-COOKED PIZZA TO FREEZE AT HOME!!
Plain Cheese Pizza ~ \$12.00 Toppings ~ \$.75 each
EXTRA-CHEESE MUSHROOMS ONIONS TOMATOES BASIL
GREEN PEPPERS SLICED OLIVES PINEAPPLE
PLACE YOUR ORDER ~ 314-991-2100, ext. 2
Deadline to Order: 12:00 noon on JUNE 16.

# Big Shabbos Doin's!!! Special Celebrations and Exciting Coming Events

Mazel Tov to Hannah & KEPPY SNAME

VERSORY TO JONY & BOD ~ Kiddush &

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