

NHBZ Shabbos & Rosh Hashana Bulletin

Welcome to Nusach Hari B'nai Zion

Sept 14 – 18, 2012

27 Elul 5722 - 2 Tishrei, 5773



Erev Shabbos – Friday, September 14

- **Mincha & Maariv** (6:55 pm)
- **Candle Lighting** (6:51 pm)

Shabbos - Saturday, September 15

Torah Portion Nitzavim

Deuteronomy 29:9 – 30:20

Stone Chumash pages 1086 - 1093

Haftorah Nitzavim:

Isaiah 61:10– 63:9

Stone Chumash pages 1202 - 1204

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Ethan Schuman**
 - Leyning: **Elie Needle**
 - Haftorah: **Kenny Bressler**
 - Sermon: **Rabbi Ze'ev Smason**
 - Musaf: **Ethan Schuman**

- **Child Care** (10:00 am – Noon) – for children 3 years old and younger, in the Children's Room downstairs.
- **Youth Programming** (10:15 am – 11:00 am) – for children ages 4-8, in Youth Lounge on lower level.
- **Learners Service** (10:15 am) - led by **Rabbi Ze'ev Smason**, in the Chapel on the lower level.
- **Kiddush** (following Musaf) - Thanks to **Harold Hoffman** for sponsoring a cake in honor of his wife, **Fran's** birthday. Happy Birthday, **Fran!!!**
- **Shabbos Study Group** (5:35 pm) - Studies in Tanach, led by **Menachem Szus**
- **Mincha / Shalosh Seudos / Ma'ariv** (6:35 pm)
- **Shabbos Concludes** (7:55 pm)



This Week

Davening Times	Shabbos Sept 15	Sun. Sept 16	Mon. Sept 17	Tues. Sept 18	Wed. Sept 19	Thur. Sept 20	Fri. Sept 21	Shabbos Sept 22
Shachris	9:00 am	8:00 am	8:00 am	8:00 am	6:30 am	7:00 am	7:00 am	9:00 am
Mincha/Maariv	6:35 pm	6:45 pm	6:45 pm	6:45 pm	6:35 pm	6:45 pm	6:45 pm	6:25 pm
Events	Shabbos Learning	Selichos 7:15 am	Rosh Hashanah	Rosh Hashanah	Fast of Gedalia	Shechita Class	Erev Shabbos	Shabbos

- **Sunday Learning** (NONE this week, next session Sunday Sept 23, following Shachris) - Rabbi Chanan Swidler of Aish HaTorah leads Mishna study for men following Sunday morning services.
- **RAP with the RABBI Teen Group** – (NONE this week, next session Sunday Sept 23, 10:00 am) - with Rabbi Smason, for young men and women; this week at NHBZ due to Fast of Gedalia!
- **Tanya Class** (NONE this week) - Rabbi Shaya Mintz of St. Louis Kollel explores mystical psychology and theology of the Tanya, a guide to spiritual and ethical life in Jewish observance.
- **Rosh Hashanah** (Monday and Tuesday, Sept 17 - 18)
- **Fast of Gedalia** (Wednesday, Sept 19 - starts at 5:33 am, end at 7:45 pm)
- **Rabbi Smason's Lunch & Learn** (Wed, Sept 19, 12:15 pm, in the Teen Lounge) - Now studying Pirkei Avos (*Ethics of the Fathers*, in English), which deals with Jewish ethical and moral principles.
- **Shechita Class** (Thursday, Sept 20 , 5:30 pm – 6:30 pm) - An 8 month series of classes for men led by Rabbi Chaim Loike, a Rabbinic Coordinator with the OU Kashruth Division; at NHBZ lower level.
- **Buy and Use Cash Cards and Kohn's Scrip** (Monday – Friday) - Next Cash-card Order Days are **Monday October 3 and Monday October 17** ; earn free money for NHBZ.

Erev Rosh Hashannah Day 1 – Sunday, September 16

- **Mincha & Maariv and Learners Service** (6:45 pm)
- **Candle Lighting** (6:50 pm)



Rosh Hashanah Day 1 - Monday, September 17

Torah Portion: Genesis 21:1 - 21:34	Machzor pp 164 - 166	Chumash pp 94 - 99
Maftir: Numbers 29:1 - 29:6	Machzor p 169	Chumash pp 894 - 895
Haftorah: I Samuel 1:1 - 2:10	Machzor pp 170 - 172	Chumash pp 1234 - 1236

- **Shachris & Musaf** (8:00 am) - Thank you for leading services:
 - Shacharis: **Elie Needle**
 - Sermon: **Rabbi Ze'ev Smason**
 - Leyning: **Elie Needle**
 - Musaf: **Dr. Ethan Schuman**
 - Haftorah: **Rabbi Howard Graber**
 - Shofar: **Rabbi Ze'ev Smason**
- **Learners Service** (10:00 am -12:30 pm) – led by **Rabbi Shmuel Greenwald** in Multipurpose room.
- **Family Service** (10:15 am – 11:00 am) – in the chapel.
- **Child Care** (10:30 am – 1:00 pm) – for children 3 years old and younger, in the Children's Room.
- **Sermon** (10:20 am); **Shofar** (10:45 am)
- **Mincha** (6:45 pm); **Light Candles for 2nd day Yom Tov** (7:51)

Erev Rosh Hashannah Day 2 – Monday, September 17

- **Mincha & Maariv** (6:45 pm)
- **Candle Lighting** (6:51 pm)



Rosh Hashanah Day 2 - Tuesday, September 18

Torah Portion: Genesis 22:1 - 22:24	Machzor pp 164 - 166	Chumash pp 100 - 105
Maftir: Numbers 29:1 - 29:6	Machzor p 169	Chumash pp 894 - 895
Haftorah: Jeremiah 31:1 - 31:19	Machzor pp 170 - 172	Chumash pp 1236 - 1237

- **Shachris & Musaf** (8:00 am) - Thank you for leading services:
 - Shacharis: **Elie Needle**
 - Sermon: **Rabbi Ze'ev Smason**
 - Leyning: **Elie Needle**
 - Musaf: **Dr. Ethan Schuman**
 - Haftorah: **Lenny Alper**
 - Shofar: **Rabbi Ze'ev Smason**
- **Child Care** (10:30 am – 1:00 pm) – for children 3 years old and younger, in the Children's Room.
- **Sermon** (10:20 am); **Shofar** (10:45 am)
- **Mincha** (6:45 pm); **Yom Tov Ends** (7:50 pm).

Coming Events

● **Holidays**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sept 23	Sept 24	Sept 25 - Kol Nidre, Erev Yom Kippur	Sept 26 - Yizkor; Yom Kippur	Sept 27	Sept 28	Sept 29 - Shabbos
Sep 30 Erev Sukkot	Oct 1 - 1 st day Sukkot	Oct 2 - 2 nd day Sukkot	Oct 3 – Chol Hamoed	Oct 4 - Chol H.	Oct 5 - Chol H.	Oct 6 - Shab. Chol Hamoed
Oct 7 Hoshanah Rabbah	Oct 8 – Yizkor; Shemini Atzeret	Oct 9 - Simchas Torah	Oct 10	Oct 11	Oct 12	Oct 13 - Shabbos

- **No Events or Meetings Until After Simchas Torah for the following:** Pizza Night, NHBZ Womens Home Study Group, Irvin Alper Social Club, Sisterhood, Women's Guide to Time, Morris Lenga Yiddish Club.
- **Jewish Deaf Community Shabbaton** (Friday, October 19 – Saturday, October 20)
- **Rabbi Ride-Around** (Sunday, October 28) – stay tuned for details.

***Beyond Twelve Gates* by Rabbi Ze'ev Smason**

Beyond Twelve Gates' refers to a beautiful concept taught by the great mystic *Rabbi Isaac Luria* (1534-1572), also known as 'The Ari'. There exist twelve gates of prayer in Heaven — one for each tribe of Israel. There also exists a Heavenly thirteenth gate. Through this gate the prayers of all Jews, regardless of tribe, Jewish education or level of observance, are allowed to enter and are heard by G-d.

Rosh Hashanah Parshas Nitzavim

September 15, 2011

28 Tishrei, 5772

Welcome to Beyond Twelve Gates



Harry Eisen, a man with a common name, was anything but ordinary. Mr. Eisen, who died in July at the age of 95, was an Auschwitz survivor who founded Norco Ranch Inc.,

which became a major egg supplier in the United States. Conscripted into the Polish cavalry as an officer, Mr. Eisen was proud of his military feats, but recalled with his trademark irony that a horse was no match for a Nazi armored tank. After his capture, he worked in a labor camp coal mine before his transfer to the death camp in 1942. Mr. Eisen spoke of how he cheated death many times.

He and Hilda, a Jewish classmate from his village who also lost her family in the Holocaust, married and came to Los Angeles in 1948, penniless and unable to speak English. Mr. Eisen worked for a butcher, saved money and bought his first 100 chickens, and then rode his bicycle around selling eggs on street corners. Language was no barrier for launching his new business. As Mr. Eisen jokingly once said, "I talked Jewish to my chickens and they laid eggs." In 2000, when Eisen sold Norco Ranch Inc., it had a staff of about 450 people and a list of numerous major customers. Harry and Hilda were very philanthropic. "It's the American dream," said an Eisen family friend. "He started small with a bunch of chickens, he worked hard and became a multimillionaire."

Harry Eisen exemplified the words of Ethics of Our Fathers (1:10), "*Ehav es hamelacha* – love work." Judaism teaches that we should not view work as a necessary evil, something we must suffer through in order to make ends meet. Work should ideally give our lives meaning and ourselves individuality. It affords us a sense of productivity, and a feeling that we are making a difference in the world. With hard work, resilience, a can-do attitude -- and great help from the Almighty -- Harry Eisen, of blessed memory, made a great difference in this world.

Parshas Nitzavim – Deut. 29:9 – 30:20

Nitzavim begins with Moses gathering every member of the Jewish people for the final time. He initiates them into a Covenant with G-d as the Almighty's



'Chosen People'. This Covenant applied not only to those present on that day, but to all future Jewish generations. Moses tells the people that although eventually they will sin, in time they will repent and return to the Torah, and G-d will usher in the messianic era when we all return to the land of Israel. Furthermore, he assures them that the commandments are neither distant nor inaccessible ('it is not in heaven'). This means that a committed Jewish life is well within everyone's reach.

Torah Reading for Rosh Hashanah

The two days of Rosh Hashana fall out on Monday, September 17 and Tuesday, September 18. On Monday the Torah reading is from Genesis 21:1 -- 21:34. On Tuesday the Torah reading is from Genesis 22:1 -- 22:24.

The theme of the Monday Torah reading is that G-d remembered Sarah at the age of 90. She bore a son named Isaac to her 100 year old husband Abraham. Our tradition teaches that Sarah conceived on Rosh Hashana. Not only do we recall Sarah and Abraham's great merit, but we should be inspired to repent and pray just as they did.

The theme of the Tuesday Torah reading is the account of the Akeidah, the Binding of Isaac. Both Abraham and Isaac demonstrated their willingness to make any sacrifice to comply with G-d's will. Our tradition teaches that the Akeida took place on Rosh Hashana. The shofar of Rosh Hashana is customarily made of a ram's horn to recall the merit of the Akeida because a ram was substituted for Isaac on the altar.

Rabbinic Ruminations



The *Red Queen's race* is an incident that appears in Lewis Carroll's *Through the Looking Glass*, and involves the Red Queen, a representation of a Queen in chess, and Alice constantly running but remaining in the same spot.

"Well, in our country," said Alice, still panting a little, "you'd generally get to somewhere else — if you run very fast for a long time, as we've been doing."

"A slow sort of country!" said the Queen. "Now, here, you see, it takes all the running you can do, to keep

in the same place. If you want to get somewhere else, you must run at least twice as fast as that!"

The *Red Queen's race*, also referred to as the *Red Queen's Effect*, is a hypothesis that suggests that continuing adaptation is needed: Just as Alice was constantly running yet remained in the same place, competing species, groups or individuals must also keep 'running' to continue to exist. In nature, a species may have to adapt quickly to its changing environment in order to simply survive. The *Red Queen's race* is also a common outcome of inter-human competition and conflict. If an advantage is gained, typically both sides continue to match each other stride for stride. This will trigger the *Red Queen's race*, as no matter how many resources each side invests neither is able to gain an advantage.

How does Judaism view competition? The Talmud itself speaks highly of competition in educational and scholarly matters, stating: "Competition amongst scholars increases wisdom and knowledge." In commerce, sports, government, and the arts and sciences, competition is the fuel for the engine that drives our society forward. Yet like all attributes, competition should have its limits. Unrestrained, cutthroat, vicious competition is immoral, wrong, and eventually counter-productive to society itself.

Quote of the Week

"A single act of kindness throws out roots in all directions, and the roots spring up and make new trees. The greatest work that kindness does to others is that it makes them kind themselves." - Amelia Earhart, American aviatrix (1897 – disappeared 1937)

Joke of the Week

Mathematical Equivalences:

1. Ratio of an igloo's circumference to its diameter = Eskimo Pi
2. 2000 pounds of Chinese soup = Won ton
3. 1 millionth of a mouthwash = 1 micro Scope
4. Time between slipping on a peel and smacking the pavement = 1 bananosecond
5. Weight an evangelist carries with G-d = 1 billigram
6. Time it takes to sail 220 yards at 1 nautical mile per hour = Knotfurlong
7. 16.5 feet of silver in the Twilight Zone = 1 Rod Sterling
8. Half of a large intestine = 1 semicolon
9. 1,000,000 aches = 1 megahurtz
10. Basic unit of laryngitis = 1 hoarsepower



(thanks to Rob Hood)

More options for you and your family on Rosh Hashanah and Yom Kippur!

What's New This Year? Rosh Hashanah and Yom Kippur Family Services

Appropriate for families with
Children ages 1 - 6

Family Services

- 1st Day Rosh Hashanah 10:15 am – 11:00 am
- Yom Kippur 10:15 am – 11:00 am

Expanded Adult Learners with Aish HaTorah

- 1st Day Rosh Hashanah
Sunday evening Sept 16, 6:45 pm
Monday morning Sept 17, 10:00 am–12:30 pm
- Yom Kippur
Tuesday evening Sept 25, 6:25 pm
Wednesday Sept 26 10:00 am – 12:30 pm

**...and of course, our spiritually uplifting
and meaningful Regular Services**

Questions?: (314)991-2100 ex 2 www.NHBZ.org

ISRAEL CORNER

An Israeli company was awarded an \$11.8 million contract to install a first response radio system throughout the new One World Trade Center tower, which will allow emergency responders to communicate should their equipment fail, a significant issue on the September 11, 2001 attacks.

Davening Tip Silence is Golden!

"Blessed is the man who, having nothing to say, abstains from giving us wordy evidence of the fact."
— [George Eliot](#),

Announcing **NHBZ's 107th Anniversary Celebration**

Honoring
Rabbi Shaya Mintz of St. Louis Kollel and
Rebbitzin Mindi Mintz of Torah Prep
and Woman of Valor **Ruth Novack Alper**
Sunday Evening, December 2, 2012
at Nusach Hari B'nai Zion

Stump the Rabbi

Ask Rabbi Smason questions about Judaism. Ask in person, phone or email: Pepshort613@gmail.com

Question:

Why do we dip an apple in honey on Rosh Hashana? (Thanks to Moshe Pinto)

Answer:

Because it tastes really good! (Those of you who are satisfied with this answer may stop reading here).

Without a doubt, one of the primary reasons why we use an apple is because of its sweetness. Coupled with the added sweetness of the honey, it is symbolic of the ultra-sweet year we hope G-d will grant us. However, if the question is: why was the apple specifically chosen from all other fruits -- why not, say, a date or peach dipped in honey? -- several reasons are given.

1) The apple symbolizes Gan Eden (the Garden of Eden), which according to the Midrash has the scent of an apple orchard, and in Kabbalah is called "the holy apple orchard."

2) When Solomon depicts the love G-d harbors for His nation, he writes (Song of Songs 8:5): "Beneath the apple tree I aroused you[r love]." Eating an apple on Rosh Hashanah is an attempt to remind G-d of our age-old love.

3) Also, when you cut an apple in half horizontally you will see ten little holes and a five pointed star. Ten is the numerical value of the Hebrew letter Yud, and five is the numerical value of the Hebrew letter Hey. Together they spell out G-d's name. Those two letters are also an acronym for the words "Hand of G-d". This reminds us that if we look closely and pay attention we will discover G-d's hand in our life and the world around us.

The Millstone Mikvah will be open for men during the Yomim Tovim for the following hours (an attendant will be present):

Erev Rosh Hashana

Sunday, Sept 16, 9 am – 5:00 pm

Erev Yom Kippur

Tuesday, Sept 25, 9 am – 5:00 pm

After 5 pm the Mikvah door will be on combination "Aleph, Gimmel, Hey"

Many thanks to **Jessica Fadem** for making a donation to the Jewish Food Pantry for the Bima Baskets that beautify our sanctuary for Rosh Hashana.

Getting to Know You

by Roving Reporter Robin Rickerman

This week featuring **Fabian Attoun**.

Tell me a bit about your family history.



My Father, Raphael Attoun, born in Libya on May 15th, 1908, came to Tunisia and met my Mother, Jeanne Levy, who was born on Jan. 31, 1912. They were married and had eight children, Fortunato, Claudine, Lydia, Frank, Gerard, Jocelyne, Fabian, and Gloria. Three are deceased, Frank and Gerard are professors at universities, Jocelyne lives in Israel with her

family, and Gloria lives in Augusta, Mo. with her family. We came to St. Louis in 1957. We were the first Jewish family from Tunisia to settle here. I was three years old. We all spoke French, and my Parents spoke Arabic and Hebrew when they wanted to keep secrets from the kids.

What is your favorite Jewish Holiday?

Pesach. I'm Sephardic, and I love to have Sephardic Passovers.

What is something about you that most people don't know?

I enjoy working with big numbers, ask me anything about numbers. Francine knows!

How did we become so fortunate to have you so as a member of Nusach Hari?

Francine and I met in Oct. 2002. We got married 2/2/03 by Rabbi Ze'ev Smason at congregation NHBZ. After we were married, I found many friends, old and new, and my wife Francine, was a member at the time.

If you could travel anywhere in the world, where would you go and what would you do?

Israel! Israel! Israel!

Mazel Tov On Simchas

Sept 15 - Sept 21

Happy Birthday

Suzanne Tandler

Jackie Berkin

Happy Anniversary

None This Week

Show your friends you care - SEND A TRIBUTE

Shul: Call Gloria Waxman 314-872-3296

Sisterhood: Phyllis Silverman 314-434-2482

Libby Needle Fund: Sally Needle 314-991-2575

Chesed Fund: Drop by the office for a Card Pack

From the desk of **Rabbi Ze'ev Smason**



Deep in the frozen tundra of Siberia, a squirrel buried fruits some 32,000 years ago from a plant that had white flowers. This past winter a team of Russian scientists announced that they had dug up the fruit and brought tissue from it back to life. The previous record for regeneration of ancient flowers

was with 2,000-year-old date palm seeds at Masada near the Dead Sea in Israel. Within weeks, the regenerated tissue from Siberia sprouted buds that developed into 36 flowering plants — known, for the botanists among you — as narrow-leafed campion plants.

Scientific research that revives extinct species is fascinating and somewhat controversial. It's not quite Jurassic Park, but it is the real deal. In Judaism we have various forms of regeneration. One type of spiritual regeneration is called *tshuva*. Not literally a rebirth, but a return. A return to Hashem. A return to the very best version of what we can possibly be. And the best time for for this spiritual regeneration is right now — just before and during the *Yomim Norayim* (Rosh Hashana and Yom Kippur).

Every day provides a chance for a fresh start - to learn, grow, develop our strengths, heal ourselves from past regrets or hurts, and to move forward. However, there is no time quite as opportune as the *Yomim Norayim* to make great strides forward. The following words of the Midrash alert us to the great benefit of even small spiritual steps:

The Holy One, blessed be He, said to Israel, "My children, open for Me an opening [of tshuva - repentance] like the small size of an eye of a needle, and I will open for you an opening the size of a giant hall [Shir HaShirim Raba 5].

Throughout Elul and on Rosh Hashana, we hear the shofar blast. Historically, the shofar signaled the release of all slaves at the end of the Jubilee year. That sound should make us say, "Time to wake up! What can I change? What is one small, measurable, tangible thing I can do, to begin my new start?" If scientists can regenerate a 32,000 year old flower, we can certainly be inspired to change. Despite our inertia of the previous year — all the disappointments, frustrations and failures — we can begin again.

My Rebbitzin Chani and I wish you, your families, and the entire Nusach Hari B'nai Zion family a year of abundant Torah blessings, and may you be written and inscribed in the Book of Life.

Rabbi Ze'ev Smason

succah raising

Date and time to be announced.
Stay tuned.

The yahrzeit of **HaRav Sholom Rivkin, z"l**, will be observed on 4 Tishrei at NHBZ.

Services are as follows:

Mincha & Maariv: Wed. evening, Sept 19, 6:35 pm
Shachris: Thursday morning, Sept. 20, 7:00 am
Mincha & Maariv: Thur. evening, Sept. 20, 6:45 pm

We thank **Jeff Kopolow** for sponsoring "a L'Chaim" on Thursday morning after services in memory of "his Rav," **Rabbi Rivkin**.

SimChas Torah

EREV SIMCHAS TORAH

Monday Night, October 8, 6:10 pm

Hakofos (Parade of Torahs), Dinner & Auction

FREE TO ALL, Please RSVP, 314-991-2100, ext. 5, so we know how many people to prepare for.

Thanks to the **Sisterhood** for providing Candy Apples!

SIMCHAS TORAH DAY

Tuesday, October 9

Hakofos, Read the last Parsha of Torah and the First

It's not too late to send **Sisterhood New Year Greetings**

We invite you to wish L'Shana Tova Tikatevu to everyone in our NHBZ family

Send your check (minimum \$5) to **NHBZ Sisterhood** along with how you want to list your name(s).

Names will be published in the Shabbos Bulletin.

Send your contribution to: **Esther Gelb, 10358 Chimney Rock, #4, St. Louis, MO 63146**

High Holiday Preparations

CANDLES: It is the woman's obligation to kindle 2 candles on the 1st & 2nd nights of Rosh Hashanah & Erev Yom Kippur.

ROSH HASHANA BROCHOS FOR CANDLES:

1. BORUCH ATAW ADO-OI ELO-KEYNU MELECH HA-OLAM ASHER KIDSHAWNU B'MITZVOS-SOV V'TZIVANU L'HADLIK NER SHEL YOM TOV. (Both nights)

2. BORUCH ATAW ADO-OI ELO-KEYNU MELECH HA-OLAM SH'HECHEYANU V'KEEY'MANU V'HIGH'ANU LAZMAN HAZEH. (Both nights)

YOM KIPPUR BROCHOS FOR CANDLES:

1. BORUCH ATAW ADO-OI ELO-KEYNU MELECH HA-OLAM ASHER KIDSHAWNU B'MITZVOS-SOV V'TZIVANU L'HADLIK NER SHEL YOM HAKIPURRIM.

2. SAME AS 2nd BROCHA ON ROSH HASHANAH.

ON THE TABLE It is customary to have fish and carrots at the table on Rosh Hashana. Fish and carrots are symbolic of being fruitful and multiplying. We hope that our good deeds and Simchas will be many during the coming year.

KIDDUSH is recited on both evenings and mornings of Rosh Hashanah, at home, after services. The Kiddush for Rosh Hashanah is found in the daily siddur.

HONEY is used with Challah. We dip challah into honey after the Motzi prayer is recited. After eating the piece of bread, we pray for a sweet year. An apple is also dipped into honey, the blessing over fruit of the tree is recited and then, again, the prayer for a sweet year is offered. The prayer reads: MAY IT BE THY WILL O L-RD TO RENEW FOR US A GOOD, SWEET YEAR.

SH'HECHEYANU: It is customary to display new fruit, or wear new garments on the 2nd eve of Rosh Hashanah and keep these in mind when offering the Sh'hecheyanu prayer.

TASHLICH - prayers are offered on the shore of a river or body of water that contains fish. We symbolically cast off our sins into the depths on the afternoon of the first day of Rosh Hashana, Monday, September 17.

FAST DAYS: The Fast of Gedaliah is observed in commemoration of a disaster that befell the Jewish people in Israel following the murder of GEDALIAH, the Jewish governor appointed by NEBUCHADNEZZAR. The Fast begins on Wednesday morning, September 19 at 5:33 a.m., and concludes at 7:45 p.m.

FAST OF YOM KIPPUR is a biblical law. In order to fast properly, the Rabbis urge that a good meal be eaten on Erev Yom Kippur, Tuesday, September 25. One should not eat or drink after 6:25 p.m. We fast from Tuesday evening until Wednesday night. On Yom Kippur, observant Jews wear a KITTEL, a white garment, and do not wear leather shoes. If a physician requires one to take medicine on Yom Kippur, call the Rabbi for proper procedures.

KAPPORAS: It is customary to SHLUG KAPPORAS on Erev Yom Kippur. Many Jews fulfill this custom today by placing money for each family member into a handkerchief, twirling it over one's head and saying: "This is my Kapporo, my Atonement, this is in my stead, this money should go to charity & I should be privileged to have a long & pleasant life of peace". We will have a charity plate in the entrance of the main sanctuary on Erev Yom Kippur for your charity.

Please Observe Shul Etiquette

1. **CONVERSATION** with one's neighbor is improper during services. Be mindful of our purpose in shul - to converse with G-d and pour out our hearts to G-d. Page numbers will be announced from the Pulpit....please remain quiet so everyone can hear and follow the service!

2. **NO CONGREGATING in the LOBBY!** Enter services quietly! Ushers will help you find your seat to eliminate any unnecessary disturbance.

3. **NO ONE** will be allowed entrance during Sermons, Hineni, and the Kedusha. It is improper to leave services during these times, or during the reading of the Torah.

Sermons: 10:20 a.m. on Rosh Hashanah
11:45 a.m. on Yom Kippur

Hineni: 11:00 a.m. on Rosh Hashanah
1:00 p.m. on Yom Kippur

4. Prayers may be offered in Hebrew or English. G-d hears all prayers that are offered with a sincere heart! There will be 100 blasts of the Shofar sounded before and during Musaf on the first & second days of Rosh Hashana (at about 10:45 a.m.).

5. It is permissible to bring your Talis on Rosh Hashanah. But you must bring your Talis before Yom Kippur because we are not allowed to carry on Yom Kippur unless you live within the Eruv. It is also customary to place charity in the charity plates, in the shul, before Yom Kippur begins on Kol Nidre evening.

6. **THE SHUL TELEPHONES and PERSONAL CELL PHONES MAY NOT BE USED** — (unless there is an emergency).

7. **SMOKING IS FORBIDDEN ON YOM KIPPUR!**

8. **MARRIED WOMEN MUST WEAR A HAT** or head covering. All girls & women must wear skirts or dresses. NO slacks please. If you have a medical reason, please contact Rabbi Smason.

For Our Children

ON ROSH HASHANA & YOM KIPPUR

We will provide child care for children from 10:30 a.m. to 1:00 p.m. Snacks will be served to all children on both days of Rosh Hashana, and snacks and lunch on Yom Kippur... PLEASE ~ RSVP IN ADVANCE...AN ABSOLUTE MUST!

314-991-2100, ext. 2

HIGH HOLIDAY PREPARATIONS

A beautiful custom is the blessing that the father gives to his children before leaving for shul on Erev Yom Kippur:

"G-d make thee as Ephraim and Menasseh. The L-rd bless you and keep you. The L-rd cause his countenance to shine upon you and be gracious unto you. The L-rd turn his countenance to you and grant you peace."

At this point, one can add a prayer of his own or use the prayer suggested by the Shulchan Aruch:

"May it be the will of our Father in Heaven, that HE put in your heart HIS love. May reverence of G-d always be upon you that you sin not. May you long for the Torah and its precepts. Let your mouth speak wisdom and your heart meditate reverence. May your hand be engaged in the performance of precepts. May your feet run to do the will of your Father in Heaven. May HE grant you good sons and daughters who will engage in the study of Torah and the performance of precepts, all of their lives.

May you be fruitful. May HE grant that your livelihood be legitimate, peaceful and abundant, that it come from G-d's bounty, an occupation that will enable you to serve G-d. May you be inscribed and sealed for a good, long life among all the righteous of Israel. AMEN".

Schedule of High Holiday Services

ROSH HASHANA

Sunday Evening, September 16	Mincha, 6:45 p.m.
Learners Service	6:45 p.m.
Bench Licht Sunday Evening	6:50 p.m.
Monday & Tuesday, September 17 & 18	
Mornings	8:00 a.m.
Learners Service	10:00 a.m. - 12:30 p.m.
Family Service (Monday only)	10:15 - 11:00 a.m.
Drasha (Sermon)	10:20 a.m.
Child Care	10:30 a.m. to 1:00 p.m.
Shofar Monday & Tuesday	10:45 a.m.
Mincha Monday & Tuesday	6:45 p.m.
Bench Licht Monday Evening	7:51 p.m.
Yom Tov Concludes Tuesday Night	7:50 p.m.

TZOM GEDALIAH Fast Day, Wednesday, September 19

Fast Begins	5:33 a.m.
Shacharis	6:30 a.m.
Mincha	6:35 p.m.
Fast Concludes	7:45 p.m.

YOM KIPPUR

Erev Yom Kippur - Tuesday, September 25

Mincha	1:30 p.m.
Bench Licht	6:36 p.m. or earlier
Learners Service	6:25 p.m.
Kol Nidre	6:25 p.m.
Maariv Concludes	Approx. 9:15 p.m.

Wednesday, September 26

Morning	8:00 a.m.
Learners Service	10:00 a.m. - 12:30 p.m.
Family Service	10:15-11:00 a.m.
Child Care	10:30 a.m. to 1:00 p.m.
Drasha	11:45 a.m.
Yizkor	12:15 p.m.
Musaf	1:00 p.m.
Mincha	4:50 p.m.
Neilah	6:20 p.m.
Maariv	7:20 p.m.
Havdalah	7:37 p.m.
Shofar Sounded	7:42 p.m.
Kiddush Levana	7:45 p.m.

Schedule of Yom Tov Services

SUKKOS - FIRST DAYS OF YOM TOV

Sunday Evening, September 30

Mincha	6:20 p.m.
Bench Licht	6:26 p.m.

Monday & Tuesday, October 1 & 2

Mornings	9:00 a.m.
Drasha (Tuesday only)	10:45 a.m.
Mincha	6:20 p.m.
Bench Licht Monday Night	7:29 p.m.
Yom Tov Concludes Tuesday Night	7:28 p.m.

CHOL HAMOE'D

Wednesday, Thursday, Friday, Shabbos

October 3, 4, 5, 6

MORNINGS:

Wed., Thurs., Fri.	6:45 a.m.
Shabbos	9:00 a.m.

MINCHA:

Wed., Thurs., Fri.	6:20 p.m.
Shabbos	6:00 p.m.

HOSHANA RABA

Sunday, October 7

	8:00 a.m.
--	-----------

Schedule of Yom Tov Services

SHEMINIATZERES

Sunday Evening, October 7

Mincha	6:10 p.m.
Bench Licht Sunday Evening	6:17 p.m.

Monday, October 8 - Morning Services

Yizkor	10:30 a.m.
Mincha/Maariv	6:10 p.m.
Bench Licht Monday Night	7:18 p.m.

SIMCHAS TORAH

Monday Night, October 8

Hakofos & Parade of Torahs	7:00 p.m.
BREAK FOR SPAGHETTI DINNER (FREE TO ALL)	7:35 p.m.
Resume Hakofos	8:15 p.m.

Tuesday, October 9

Morning	9:00 a.m.
Kol Hanarim - All Children Called to Torah	11:00 a.m.
Mincha	6:10 p.m.
Yom Tov Concludes Tuesday Night	7:17 p.m.

Yom Tov Personnel & Schedule

Rosh Hashana

Shacharis	Elie Needle
Drasha, First Day	Rabbi Ze'ev Smason
Drasha, Second Day	Rabbi Ze'ev Smason
Torah Leyning	Elie Needle
Musaf	Dr. Ethan Schuman
Shofar	Rabbi Ze'ev Smason

Yom Kippur

Kol Nidre	Dr. Ethan Schuman
Drasha, After Kol Nidre	Rabbi Ze'ev Smason
Shacharis	Elie Needle
Drasha, Before Yizkor	Rabbi Ze'ev Smason
Torah Leyning	Elie Needle
Musaf	Dr. Ethan Schuman
Mincha	Elie Needle
Neilah	Dr. Ethan Schuman

Sukkos Traditions

It is a mitzvah for everyone to have his own ESROG & LULAV for Sukkos - our Festival of Booths. These plants which grow in Israel can be purchased through our shul, and must be ordered in advance by Monday, Sept. 10. Complete sets: \$45, \$55, \$65, & \$80. We will have one or two sets for the purpose of making the brochos in shul. Anyone who can fulfill the mitzvah of dwelling in a Sukkah should endeavor to do so. If you want to use the shul's Sukkah for meals, please call Sandie Abrams or Rabbi Smason to make the arrangements.

We kindle candles on the first two evenings of Sukkos - Sunday & Monday evenings, September 30 & October 1.

Recite these brochos:

1. Boruch Ataw Ado-oi Elo-kaynu Melech HaOlom Asher Kidshawnu B'Mitzvosov V'Tzivanu L'Hadlik Ner Shel Yom Tov.
2. Boruch Ataw Ado-oi Elo-kaynu Melech HaOlom Sh-Heh'Yanu V'Keey'Manu V'Hig'Yanu Lazman Hazeh. (both nights)

These same blessings are recited erev Shemini Atzeres, Sunday evening, Oct. 7, and Simchas Torah - Tues. evening, Oct. 8.

Selichos

Selichos will be recited Saturday night/Sunday morning (Sept. 8) at 12:30 a.m. Selichos services also precede Shacharis every morning during the week before Rosh Hashana as well as on Tzom Gedaliah - the fast observed in commemoration of the murder of Gedaliah - on Wednesday, September 19.
Mon/Tues/Wed/Thurs/Fri: Sept 10/11/12/13/14.....6:30 a.m.
Sunday, September 16.....7:15a.m.
Fast of Gedaliah, Wednesday, Sept. 19.....6:30 a.m.