

NHBZ Shabbos & Sukkos Bulletin

Welcome to Nusach Hari B'nai Zion

Sept 28 – Oct 5, 2012

12-17 Tishrei, 5772

*This week's bulletin is sponsored by Fran, Lenny, Caryn and Joanna Alper
in honor of the birthday of Ruth Novack Alper*

Erev Shabbos – Friday Evening, September 28

- **Mincha & Maariv** (6:30 pm) **Light Candles** (6:30 pm)

Shabbos - Saturday, September 29

Torah Portion Ha'Azinu: Deuteronomy 32:1 – 32:52

Stone Chumash pages 1100 - 1111

Haftorah Ha'Azinu: II Samuel 22:1– 22:51

Stone Chumash pages 1205 - 1207

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:

- Pesukei D'Zimra: **Howard Sandler**

- Haftorah: **Ron Makovsky**

- Shacharis: **Menachem Szus**

- Sermon: **Rabbi Ze'ev Smason**

- Leyning: **Max Gornish**

- Musaf: **Menachem Szus**

- **Child Care** (10:00 am – Noon) - for children 3 years old and younger, in the Children's Room downstairs.
- **Youth Programming** (10:15 am – 11:00 am) – for children ages 4-8, in Youth Lounge on lower level.
- **Learners Service** (10:15 am) - led by **Rabbi Ze'ev Smason**, in the Chapel on the lower level.
- **Kiddush** (following Musaf) – on the patio, weather permitting; please place Siddurim/Chumashim on carts.
- **Shabbos Study Group** (5:15 pm) - Studies in Tanach, led by **Menachem Szus**.
- **Mincha / Shalosh Seudos / Ma'ariv** (6:15 pm)
- **Shabbos Concludes** (7:32 pm)



This Week

<i>Davening Times</i>	Shabbos Sept 29	Sun. Sept 30	Mon. Oct 1	Tues. Oct 2	Wed. Oct 3	Thur. Oct 4	Fri. Oct 5	Shabbos Oct 6
Shachris	9:00 am	8:00 am	9:00 am	9:00 am	6:45 am	6:45 am	6:45 am	9:00 am
Mincha/Maariv	6:15 pm	6:20 pm	6:20 pm	6:20 pm	6:20 pm	6:20 pm	6:20 pm	6:00 pm
<i>Events</i>	Shabbos Learning		Sukkos	Sukkos	Chol Hamoed	Chol Hamoed; Yiddish Club	Chol Hamoed;	Shabbos Chol Hamoed

- **Sunday Learning** (Next class **Sunday Oct 14**, following Shachris) - Rabbi Chanan Swidler of Aish HaTorah leads Mishna study for men following Sunday morning services.
- **RAP with the RABBI Teen Group** – (Next class **Sunday Oct 14**, 10:00 am) - with **Rabbi Smason**, for young men and women; at Starbucks at Olive & Price, with complimentary drinks to all!
- **Tanya Class** (Next class **Sunday, Oct 14**, 8:00 pm) - **Rabbi Shaya Mintz** of St. Louis Kollel explores mystical psychology and theology of the Tanya, a guide to spiritual and ethical life in Jewish observance.
- **Rabbi Smason's Lunch & Learn** (next class **Wed. Oct 10**) - in the Teen Lounge; now studying Pirkei Avos (Ethics of the Fathers, in English), which deals with Jewish ethical and moral principles.
- **Shechita Class** (Next class **Thursday, Oct 10**, 5:30 pm – 6:30 pm) - An 8 month series of classes for men led by Rabbi Chaim Loike, a Rabbinic Coordinator with the OU Kashruth Division; at NHBZ lower level.
- **Morris Lenga Yiddish Club** (Thursday, Oct 4, 7:30 pm) – **Yes, we are meeting this week!** Join us for a spirited hour filled with Yiddish stories, songs and laughter; "mavens" as well as novices are welcome.

Erev Sukkos Day 1 – Sunday Evening, September 30

- **Mincha & Maariv** (6:20 pm) **Light Candles** (6:26 pm)

Sukkos Day 1 - Monday, October 1

Torah Portion:	Leviticus 22:26 – 23:44	Siddur pp 471 – 473	Chumash pp 680 - 691
Maftir:	Numbers 29:12 - 29:16	Siddur p 473	Chumash p 894
Haftorah:	Zachariah 14:1 – 14:21	Siddur pp 473 – 474	Chumash pp 1241 - 1242

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Dr. Ethan Schuman**
 - Leyning: **Asher Zarkowsky**
 - Haftorah: **Rabbi Ze'ev Smason**
 - Sermon: **Rabbi Ze'ev Smason**
 - Musaf: **Dr. Ethan Schuman**

Erev Sukkos Day 2 – Monday Evening, October 1

- **Mincha & Maariv** (6:20 pm) **Light Candles** (7:29 pm)

Sukkos Day 2 - Tuesday, October 2

Torah Portion:	Leviticus 22:26 – 23:44	Siddur pp 471 – 473	Chumash pp 680 - 691
Maftir:	Numbers 29:12 - 29:16	Siddur p 473	Chumash p 894
Haftorah:	I Kings 8:2 – 8:21	Siddur pp 474 – 475	Chumash pp 1242 - 1243

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Menachem Szus**
 - Leyning: **Max Gornish**
 - Haftorah: **Yehudah Schupper**
 - Sermon: **none today**
 - Musaf: **Max Gornish**
- **Yom Tov Concludes** (7:28 am)

Coming Events

● Holidays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct 7 Hoshanah Rabbah	Oct 8 – Yizkor; Shemini Atzeret	Oct 9 - Simchas Torah	Oct 10	Oct 11	Oct 12	Oct 13 - Shabbos

- **No Events or Meetings Until After Simchas Torah for the following:** Pizza Night, NHBZ Womens Home Study Group, Irvin Alper Social Club, Sisterhood, Women's Guide to Time.
- **Jewish Deaf Community Shabbaton (Friday, October 19 – Saturday, October 20)**
- **Rabbi Ride-Around (Sunday, October 28) – stay tuned for details.**
- **Dine-in Pizza Night (Sunday, October 28, 5:00 pm – 7:00 pm)**

2012 NHBZ Officers

President	- Janet Haber
Vice President	- Robin Rickerman
Vice President	- Trudy Sudin
Treasurer	- Gary Sudin
Secretary	- Bobby Levine
Gabbai	- Mayer Taller

Election of 2013 officers will be in November

2012 NHBZ Board of Directors

Fran Alper	Leslie Sabol
Francine Attoun	Fran Reisler
Ken Bressler	Sandy Kahn
Larry Chervitz	Phyllis Silverman
Esther Gelb	Bert Zakroff
Don Eisenberg	Richard Woolf

Election of four Board Members will be in Nov.

***Beyond Twelve Gates* by Rabbi Ze'ev Smason**

Beyond Twelve Gates' refers to a beautiful concept taught by the great mystic *Rabbi Isaac Luria* (1534-1572), also known as 'The Ari'. There exist twelve gates of prayer in Heaven — one for each tribe of Israel. There also exists a Heavenly thirteenth gate. Through this gate the prayers of all Jews, regardless of tribe, Jewish education or level of observance, are allowed to enter and are heard by G-d.

Parshas Ha'Azinu/Sukkos

September 29, 2012

13 Tishrei, 5772

Welcome to Beyond Twelve Gates



Know somebody celebrating a birthday today? (Go ahead, check your Facebook wall. I'll wait.) Some research suggests that September 16 is the most common birthday in America. January 1 is the 364th most popular birthday for a baby born in the United States between 1973 and 1999. Only Dec. 25 and Feb. 29 were less popular. To see where your birthday ranks, see:

<http://www.nytimes.com/2006/12/19/business/20leonhardt-table.html>

It is significant to note that in Judaism we downplay birthdays. We rarely commemorate the date of birth of one who has passed away, yet we are careful to mark the anniversary of someone's death. Still, 'downplaying' doesn't mean 'ignoring.' Birthdays are deserving of a *Mazel Tov*, calls from family and friends, some yummy cake, and most significantly, a thank you to G-d for the gift of having lived another year. And since the Talmud teaches that there are 3 partners in the creation of a child: G-d, the mother, and the father -- expressing gratitude to your mother and father on **your** birthday would be a novel, yet appropriate way of celebrating your big day. For those blessed with one or both parents still alive, on your birthday in the coming year call Mom and/or Dad to say "Thank You."

Parshas Ha'Azinu Deuteronomy 31:1 - 31:52



Ha'Azinu is comprised primarily of Moses' "song" about the horrible tragedies and supreme joy which will make up the Jewish people's future history. While not a song in the familiar sense, Moses' song is a blend of otherwise disparate ideas into a beautiful symphony of thought. It expresses the idea that everything that G-d does -- past, present and future -- somehow fits into a perfect harmony, although our limited human understanding prevents fully recognizing the wisdom of G-d.

Ha'Azinu contains the mitzvah for each Jew to write a Sefer Torah (Torah scroll). Many suggest that this mitzvah can be fulfilled by the purchase of books containing Torah content. Does your home contain

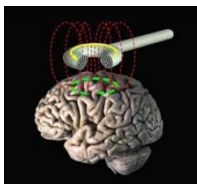
any books of Torah? Today there is an abundance of excellent Torah books written in English. Let me suggest two: The Stone Chumash (5 Books of Moses), and Living Each Week by Rabbi Dr. Abraham Twerski. Ha'azinu concludes with G-d's command to Moses to ascend Mount Nebo, where he will view the land of Israel and then pass away.

Torah Reading for Sukkos



The Torah readings for the first two days of Sukkos reflect central themes of the holiday. On both Monday and Tuesday (October 1 & 2) the Torah reading is from Leviticus 22:26 -- 23:44. The reading includes descriptions of the featured mitzvos of the holiday. During Sukkos we dwell in a 'Sukkah' -- a booth or hut whose roof is made of detached tree branches and other natural material. As the weather begins to turn cooler, we leave the comfort of the indoors for our Sukkah. In it we joyously reflect upon what we achieved over the course of the High Holidays and renew our commitment to spirituality and a G-d centered life. The Torah readings also describe the 4 Species (Arba Minim) used on Sukkos: The palm branch (lulav), citron (esrog), myrtle branches (hadassim), and willow branches (aravos).

Rabbinic Ruminations



Looking to give a friend an intelligence boost? Hand out a placebo and tell them it will make them smarter. A 2007 study conducted at the University of Washington, Seattle gave participants a mixture of baking soda and water. Half were told that the mixture was a cognition-enhancing drug called R273, while the other half were told that it was an inactive version of the drug. Incredibly, participants who believed they had taken an intelligence-booster showed improved cognitive abilities. Why was that so? Researchers surmised that when people took the phony cognition-enhancing drug, they tended to expect it to improve their alertness, so they engaged in more effortful monitoring -- but misattributed their improved performance to R273.

Are there longer-lasting ways of boosting intelligence? About 25 years ago, research by Dr. Marian Diamond at UC Berkeley discovered that a stimulating environment has a huge influence on the ultimate level of intelligence. Up to then, it was generally accepted that the human brain and its intelligence was created by the genes and could not be changed. Dr. Diamond's research demonstrated that we could increase intelligence by stimulating the brain. The brain when stimulated or exercised grows in power like our muscles.

This research demonstrates what Jewish tradition has long held to be vital for our spiritual well being. One should never stop being a student; Torah learning is for the length of one's days, and contains the added benefit of making one wiser, as King David said, "The statutes of the Lord are trustworthy, making wise the simple" (Psalm 19:7). Immerse yourself in the study of Torah. Not only will you learn the Almighty's 'Instructions for Living' -- but it will make you wise.

Quote of the Week

"If my ship sails from sight, it doesn't mean my journey ends, it simply means the river bends.
-- John Enoch Powell, British politician (1912 - 1988)

Joke of the Week

The Diet Guide to the Jewish Holidays

- Rosh Hashanah ----- Feast
- Tzom Gedalia ----- Fast
- Yom Kippur ----- More fasting
- Sukkot ----- Feast for a week +
- Hoshanah Rabbah -- More feasting
- Simchat Torah ----- Keep right on feasting
- Month of Heshvan --- No feasts or fasts for a whole month. Get a grip on yourself
- Hanukkah ----- Eat potato pancakes
- Tenth of Tevet ----- Do not eat potato pancakes
- Tu B'Shevat ----- Feast
- Fast of Esther ----- Fast
- Purim ----- Eat pastry
- Passover ----- Do not eat pastry for a week
- Shavuot ----- Dairy feast (cheesecake, blintzes, etc.
- 17th of Tammuz ----- Fast (definitely no cheesecake or blintzes
- Tish B'Av ----- Serious fast (don't even think about cheesecake or blintzes)
- Month of Elul ----- End of cycle. Prepare to eat again



OY VEY!

Mazel Tov On Simchas

Sept 29 - Oct 5

Happy Birthday

- Don Kleiman Ruth Novack Alper
- Andrew Abrams Lewis Schucart
- Robert Abrams Leib Smason
- Susan Feigenbaum

Happy Anniversary

None this week

- Show your friends you care - **SEND A TRIBUTE**
- Shul: Call Gloria Waxman 314-872-3296
- Sisterhood: Phyllis Silverman 314-434-2482
- Libby Needle Fund: Sally Needle 314-991-2575
- Chesed Fund: Drop by the office for a Card Pack

ISRAEL CORNER

Israel and Nepal have issued a new joint postage stamp featuring Mount Everest and the Dead Sea..

Davening Tip Silence is Golden!

An inability to stay quiet is one of the most conspicuous failings of mankind.
-- Walter Bagehot

Special Thank You to

Susan Feigenbaum, Jay Pepose and Family

for donating the beautiful tapestry entitled "Trees on Table" by Jerusalem artist Calman Shemi now hanging in the north stairwell

Stump the Rabbi

Ask Rabbi Smason questions about Judaism. Ask in person, phone or email: Pepshort613@gmail.com

Question:

Why do we still need to keep two days of Festivals in the Diaspora while in Israel only one day is kept? We have a fixed calendar today, and certainly know the correct date that the Holidays begin.

Answer:

According to the Torah, the calendar is determined by eyewitness sightings of the full moon, and then declared by the Jewish Supreme Court, the Sanhedrin in Jerusalem. In the days of the Temple people outside of Israel simply would not know if the previous month was 29 or 30 days, and therefore would be in doubt as to which is the correct night when Sukkos begins - and likewise for other Festivals. Since it took more than two weeks to get to the Diaspora from Jerusalem, messengers would not arrive in time for the Festival, and the Diaspora Jews would have to keep two days of Yom Tov (Festival Days) due to doubt.

Today we calculate the months based on a fixed calendar, but outside of Israel our rabbis decreed that Festivals still be kept as they were in ancient times as two days. The reason for the decree is just in case calculations and communications collapse for some unforeseen reason. The observance of a second day in such a case will be "playing it safe". It also mainly to maintain outside of Israel a feeling of connection and dependence of the "word of God coming from Zion and Jerusalem."

The most obvious way of removing the problem is if the Jewish People can collectively bring about the coming of the messiah, since at that point all Jewish communities will be brought to Israel and will all keep only one day. May it happen speedily in our days!vine, therefore, is implicated in death, we say *l'chaim* during the Kiddush as a counter-measure.

It's not too late to send

Sisterhood New Year Greetings

We invite you to wish L'Shana Tova Tikatevu to everyone in our NHBZ family

Send your check (minimum \$5) to **NHBZ Sisterhood** along with how you want to list your name(s).

Names will be published in the Shabbos Bulletin.

Send your contribution to: **Esther Gelb,**
10358 Chimney Rock, #4, St. Louis, MO 63146

High Holiday THANK YOUs

Setting Up Sanctuary

Lenny Alper, Fran Alper, Mimi Fiszal, Larry Chervitz, Linda Szus, Menachem Szus, Micky Szus, Justin Zeid, Kenny Bressler, Alan Zarkowsky, Alan Haber, Bob Kaiser, Jonathan Yasinev

Setting up Learners Service Room

Bob Kaiser, Larry Chervitz

Preparing Sanctuary Side Mechitza Curtains

Leonid Vladimirov

Hanging Paroches And Shulchan Cover

Trudy Sudin

Changing Prayer Books

Lenny Alper, Moshe Pinto, Menachem Szus, Fran Alper, Mati Elmaleh, Boris Yasinev, Mia Mandel, Sue Feigenbaum

Constructing The Sukkah

Thanks to Mayer Taller for organizing the team, and thanks to the team members:

Craig Berkin, Don Eisenberg, Mati Elmaleh, Alan Haber, Harold Hoffman, Bob Kaiser, Bobby Levine, Jay, Max & Sam Pepose, Jim Pollock, Menachem Szus, Doug Ugent, and Boris Yasinev.

Fourth Annual

Rabbi Ride-Around

Sunday, October 28

**Join us as Rabbi Smason
rides 50 miles on the
Forest Park bike trail**



Please become a sponsor for the Ride-Around. We ask a minimum pledge of 25c per mile, which equals a total donation of \$12.50; or . . .

50c/mi = \$25; \$1/mi = \$50; \$2/mi = \$100.00!

Call our office, 314-991-2100, ext. 2,
to make your pledge.

Schedule of Yom Tov Services

SUKKOS - FIRST DAYS OF YOM TOV

Sunday Evening, September 30

Mincha.....	6:20 p.m.
Bench Licht.....	6:26 p.m.

Monday & Tuesday, October 1 & 2

Mornings.....	9:00 a.m.
Drasha (<i>Tuesday only</i>).....	10:45 a.m.
Mincha.....	6:20 p.m.
Bench Licht Monday Night.....	7:29 p.m.
Yom Tov Concludes Tuesday Night.....	7:28 p.m.

CHOL HAMOED

Wednesday, Thursday, Friday, Shabbos

October 3, 4, 5, 6

MORNINGS:

Wed., Thurs., Fri.....	6:45 a.m.
Shabbos.....	9:00 a.m.

MINCHA:

Wed., Thurs, Fri.....	6:20 p.m.
Shabbos.....	6:00 p.m.

HOSHANA RABA

Sunday, October 7.....8:00 a.m.

SHEMINIATZERES

Sunday Evening, October 7

Mincha.....	6:10 p.m.
Bench Licht Sunday Evening.....	6:17 p.m.

Monday, October 8 - Morning Services.....9:00 a.m.

Yizkor.....	10:30 a.m.
Mincha/Maariv.....	6:10 p.m.
Bench Licht Monday Night.....	7:18 p.m.

SIMCHAS TORAH

Monday Night, October 8

Hakofos & Parade of Torahs.....	7:00 p.m.
BREAK FOR SPAGHETTI DINNER (FREE TO ALL).....	7:35 p.m.
Resume Hakofos.....	8:15 p.m.

Tuesday, October 9

Morning.....	9:00 a.m.
Kol Hanarim - All Children Called to Torah.....	11:00 a.m.
Mincha.....	6:10 p.m.
Yom Tov Concludes Tuesday Night.....	7:17 p.m.

Sukkos Traditions

It is a mitzvah for everyone to have his own ESROG & LULAV for Sukkos - our Festival of Booths. These plants which grow in Israel can be purchased through our shul, and must be ordered in advance by Monday, Sept. 10. Complete sets: \$45, \$55, \$65, & \$80. We will have one or two sets for the purpose of making the brochos in shul. Anyone who can fulfill the mitzvah of dwelling in a Sukkah should endeavor to do so. If you want to use the shul's Sukkah for meals, please call Sandie Abrams or Rabbi Smason to make the arrangements.

We kindle candles on the first two evenings of Sukkos – Sunday & Monday evenings, September 30 & October 1.

Recite these brochos:

1. *Boruch Ataw Ado-oi Elo-kaynu Melech HaOlom Asher Kidshawnu B'Mitzvosov V'Tzivanu L'Hadlik Ner Shel Yom Tov.*
2. *Boruch Ataw Ado-oi Elo-kaynu Melech HaOlom Sh-Heh'Yanu V'Keey'Manu V'Hig'Yanu Lazman Hazeh. (both nights)*

These same blessings are recited erev Shemini Atzeres, Sunday evening, Oct. 7, and Simchas Torah – Tues. evening, Oct. 8.

Announcing NHBZ's 107th Anniversary Celebration

Honoring

Rabbi Shaya Mintz of St. Louis Kollel and
Rebbitzin Mindi Mintz of Torah Prep
and Woman of Valor **Ruth Novack Alper**
Sunday Evening, December 2, 2012
at *Nusach Hari Bnai Zion*

We are proud to present our Honorees for 2012 ~ **Rabbi Shaya** and **Mindy Mintz**. **Rabbi Mintz**, the head of programming at the St. Louis Kollel, has conducted a class for our Women's Group once a month for the past several years, at the home of Jackie Berkin, and is now the instructor of our newly formed Tanya Class on Sunday nights. **Mindy Mintz** is the principal of Judaic Studies at Torah Prep and has spoken at our Women's Rosh Chodesh groups. In addition to their many community activities, the Mintz's are the proud and busy parents of five active children. We also present the recipient of our Woman of Valor award – **Ruth Novack Alper**. **Ruth** has been an integral part of Nusach Hari B'nai Zion since 1955. She has served on the Boards of Directors of our Shul and Sisterhood, and currently holds the positions of Sisterhood treasurer and president of the Irvin Alper Social Club.

It is with great pleasure that we give well-deserved kovod (honor) to these wonderful people on Sunday, December 2, 2012. We have chosen to create an elegant, elaborate evening right here – to celebrate our anniversary in a grand manner.

Anniversary Celebration Ad Journal

Each year, we publish an Ad Journal that is distributed at the Anniversary Celebration. You will soon receive order forms for the journal. Please respond with your business ads, as well as your personal greetings and messages to our honorees in honor of the **107th Anniversary of NHBZ**.



Simchas Torah

EREV SIMCHAS TORAH

Monday Night, October 8, 6:10 pm

Hakofos (Parade of Torahs), Dinner & Auction
FREE TO ALL, Please RSVP, 314-991-2100, ext. 5,
so we know how many people to prepare for.

Thanks to the **Sisterhood** for providing
Candy Apples!

SIMCHAS TORAH DAY

Tuesday, October 9

Hakofos. Read the last & first Parashos of Torah

