

# NHBZ Shabbos Bulletin

November 19, 2011

Welcome to Nusach Hari B'nai Zion

22 Cheshvan, 5771

Torah Portion Chayei Sarah: Genesis 23:1 – 25:18  
Haftorah Chayei Sarah: I Kings 1:1 – 1:31

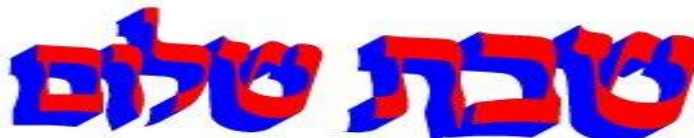
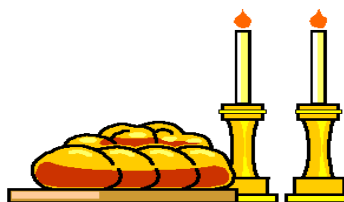
Stone Chumash pages 106 - 123  
Stone Chumash pages 1136 - 1137

## Erev Shabbos - Friday, November 18

- **Mincha & Maariv** (4:25 pm)
- **Candle Lighting** (4:17 pm)

## Shabbos - Saturday, November 19

- **Shachris & Musaf** (8:30 am) - Thank you for leading services:
  - Pesukei D'Zimra: **Howard Sandler**
  - Shacharis: **Dr. Ethan Schuman**
  - Leyning: **Michael Shapiro**
  - Haftorah: **David Rubin**
  - Sermon: **Rabbi Ze'ev Smason**
  - Musaf: **Dr. Ethan Schuman**
- **Learners Service** (10:15 am) – Led by **Rabbi Ze'ev Smason**, in the Chapel.
- **Kiddush** (following Musaf) - Thanks to some anonymous friends for adding yummy brownies to our kiddush today in honor of **Kenny Bressler**, and to wish him a Happy Birthday!!
- **Shabbos Study Group** (3:40 pm) - Studies in Tanach, led by **Menachem Szus**; everyone at any level of learning is welcome; now studying Yeshayahu (Isaiah).
- **Boys' Mishna Study Group** (3:40 pm) - With **Rabbi Smason**, for boys ages 10-17.
- **Mincha/Shalosh Seudos/Ma'ariv** (4:10 pm)
- **Shabbos Concludes** (5:30 pm)



## This Week

Davening Times	Shabbos Nov 19	Sun. Nov 20	Mon. Nov 21	Tues. Nov 22	Wed. Nov 23	Thur. * Nov 24	Fri. Nov 25	Shabbos Nov 26
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	8:00 am	7:00 am	9:00 am
Mincha/Maariv	4:10 pm	4:20 pm	4:20 pm	-	-	4:20 pm	4:20 pm	4:05 pm
Ma'ariv Only	-	-	-	6:30 pm	6:30 pm	-	-	-

\* THANKSGIVING

- **Sunday Learning** (Nov 20, following Shachris) - **Rabbi Chanan Swidler** of Aish HaTorah leads Mishna study for men following Sunday morning services; davening at 8:00 am.
- **RAP with the RABBI Teen Group** – (Sundays 10:00 am, **ON RECESS, will resume Dec 4**) - with **Rabbi Smason**, for young men and women; at Starbucks at Olive & Price; with complimentary drinks to all participants!
- **Rabbi Smason's Lunch & Learn** (Wednesday, Nov 23, 12:15 pm, in the Teen Lounge on the lower level) - Now studying *Pirkei Avos (Ethics of the Fathers, in English)*, which deals with Jewish ethical and moral principles; please join us for an enjoyable and relevant presentation and discussion.
- **Buy and Use Cash Cards** (Monday – Friday) – Order your Cash-cards on **Monday, November 28 and Wednesday, December 14**; earn free money for NHBZ; Kohn's Scrip is temporarily sold out.
- **Make reservations for the banquet; place an ad in the journal** (asap) – see picture ad.

## Coming Events

- **Semi-Annual Members Meeting and Election of Officers & Board** – (Sunday, November 20, 10:00 am) – in the upstairs Social Hall.

- **Smason Family Vacation** (Thursday, Nov 24, through Tuesday, Nov 29) -
- **Dine-In Pizza Night** (Sunday, November 27, 5:00 pm – 7:00 pm) – beat the leftover turkey blues!
- **Morris Lenga Yiddish Club** (First Thursday, December 1, 7:00 pm) - Join us for a spirited hour filled with Yiddish stories, songs and laughter; seasoned "mavens" as well as novices are welcome.
- **Irvin Alper Social Club** (First Sunday, Dec 4, 6:00 pm) – Call **Ruth Alper** for details 314-569-2877.
- **NHBZ Women's Home Study Group** (First Tuesday, December 6, 2:30 pm) - at the home of **Jackie Berkin**; Topic is "The Six Constant Mitzvos," presented by **Rabbi Shaya Mintz**, of the St. Louis Kollel; All women are welcome; please join us!!!
- **Carryout Pizza Night** (Wednesday, Dec. 7)
- **Anniversary Banquet** (Sunday, Dec. 18) – You are invited to attend the NHBZ 106<sup>th</sup> Anniversary Banquet and Re-dedication of our New Shul; honoring **Menachem & Linda Szus** and Woman of Valor **Mrs. Phyllis Silverman**; buffet dinner at 5:00 pm; "Great American Music Tribute" at 7:00 pm. See picture ad.

## Meetings

- **Semi-Annual Members Meeting & Election of Officers & Board** (Sunday, Nov 20, 10:00 am)
- **Executive Committee** (Tuesday, November 22, 7:00 pm, following minyan)
- **Board of Directors** (Tuesday, December 13, 7:00 pm, following minyan)

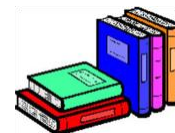


## Kashrus Alerts

- **Maggie Moos Sorbets** - Due to a supplier change, **all sorbets** sold at Maggie Moo's, 8853 Ladue Road, are no longer kosher certified; please ask to see the letter of kosher certification listing all the kosher products available and also the non-kosher declaration listing those products that are not kosher certified.

## Reminders

- **Sponsorships** - If you would like to sponsor kiddush, Soda, Shalosh Seudos, this bulletin, or something special and unique in honor or in memory of someone, please call 314-991-2100, ext. 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin every 6-8 weeks.
  - For a Shul tribute, call Gloria Waxman at 314-872-3296
  - For a Sisterhood tribute, call Phyllis Silverman at 314-434-2482
  - For Libby Needle Fund, call Sally Needle at 314-991-2575
- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Donate a Book** - Did you know you can purchase a Siddur, Chumash, or other prayer books or study books for NHBZ as a tribute? Contact the office for details.
- **Synagogue Honors** - It is customary to make a donation to the synagogue for an Aliyah or other synagogue honors received.
- **Free Money for NHBZ!!** - Use Schnuck's Scrip and buy Cash Cards; call Scrip and Cash Card Mavens Janet Haber at 567-7406 or Bert Zakroff at 220-0674 for details.
- **Buy Cash Cards for Chanukah** – Yes, that's right; Cash Cards make great Chanukah Gift Cards!
- **Capital Campaign** – Like the new building more than you thought you would? Please feel free to add to your Capital Campaign pledge; or, if you haven't made one, do it now; the building will appreciate it.
- **Volunteer Opportunities** - NHBZ needs YOU! NHBZ is open 24 hours per day, 7 days per week, and 52 weeks per year; to provide such an ongoing service, we need your help; whatever your skills, we have an opportunity for you: office work, cooking, pickup and delivery, repairs, Pizza night, Sukkah raising, outreach committee, building committee; please call the office to volunteer.



# **Beyond Twelve Gates by Rabbi Ze'ev Smason**

Beyond Twelve Gates' refers to a beautiful concept taught by the great mystic *Rabbi Isaac Luria* (1534-1572), also known as 'The Ari'. There exist twelve gates of prayer in Heaven — one for each tribe of Israel. There also exists a Heavenly thirteenth gate. Through this gate the prayers of all Jews, regardless of tribe, Jewish education or level of observance, are allowed to enter and are heard by G-d.

Parshas Chayei Sarah

November 19, 2011

22 Cheshvan, 5772

## **Welcome to Beyond Twelve Gates**



If someone in my family arrives safely following a flight, they call or text with the words, "The Eagle has landed." If not for the intervention of NASA officials a number of years ago, we might be saying, "The Haystack has landed."

When it came time to adopt formal call signs for Apollo 11, the first mission to land on the moon, Buzz Aldrin, Neil Armstrong and Michael Collins wanted to name their command module *Snowcone*, and the lunar lander *Haystack*. NASA officials wanted more control of the names chosen for the momentous occasion and decided to rename the spacecraft themselves. The Apollo 11 command module became the *Columbia*, after the Columbiad capsule from Jules Verne's *From the Earth to the Moon*. The Apollo 11 lander became the *Eagle*, after the national bird of the United States. History bears little mention of Snowcone or Haystack.

A proper name is of great importance. Naming a child is one of the most important decisions new parents make. The Talmud teaches that a Hebrew name has a spiritual influence on its bearer. Names also convey hope for the child that he or she will embody the finest attributes of the person he or she is named for, whether a relative, a Biblical personage, or someone else. One's name is also one's reputation – who we are and how we are seen in the world by G-d and by others. What's in a name? Plenty! Could we have a more precious possession than our name?

## **Parshas Chayei Sarah - Genesis 23:1 - 25:18**

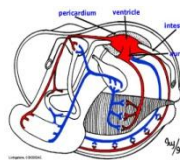


Chayei Sarah begins with Sarah's death at the age of 127 and Abraham's search for a proper burial place which would be worthy of her greatness. Abraham is conned by Ephron (a member of the Hittite nation which lived in the land of Israel) into paying an extremely large sum of money for her place of burial. Sarah is buried in *M'arat HaMachpelah* - the Tomb of the Patriarchs - in Hebron. Do you know who else is buried there? (answer: Adam & Eve, Isaac & Rebecca, Jacob & Leah ....in addition to Abraham and Sarah).

Abraham sends his faithful servant Eliezer back to the old country (Aram Naharaim - not Brooklyn) to find a

suitable wife for Isaac. Eliezer devises a plan by which he will find a modest, generous and kind girl fitting for his master's son. Eliezer decides to stand by the town's well, waiting for a girl to offer him and his camels water to drink. Suddenly Rebecca appears and exerts great effort to draw water for a stranger and his ten camels. She brings Eliezer to her father's house, whereupon Abraham's servant asks that Rebecca return with him to marry Isaac. She accepts, and they are married. The Torah states that "Isaac married Rebecca ....and he loved her..". This teaches us that true love comes after marriage, not before.

## **Rabbinic Ruminations**



The classic Jewish text *Duties of the Heart* states that there's an obligation to contemplate the creation. Let's briefly consider a few aspects of the amazing human circulatory system.

The length of our blood vessels if laid end to end would cover a distance of about 60,000 miles. That's long enough to go around the world 1.5 times. The smallest component of the circulatory system, capillaries, are generally between 0.5 and 1 mm in length (the head of a pin is about 2 mm in diameter), but at times their diameter is the same as that of a red blood cell (RBC). Two to three trillion RBCs circulate in the blood stream of an average adult. RBCs are small, disc-shaped cells that measure 7-8 microns (a micron is 1/1000th of a millimeter). To give you an idea just how small that is, the period at the end of this sentence is about 400 microns.

Why are red blood cells shaped like discs with a dent in the middle? The breath-mint design allows cells to twist through capillaries. A sphere or cube is less flexible and might get stuck. Also, the dents in the cells add to the surface area, allowing more oxygen and carbon dioxide to pass in and out of the cell. RBCs are continuously being produced in the red bone marrow of large bones, at a rate of about 2 million per second. From there they pass to the blood circulation, where they travel in a cycle between the lungs and the body's tissues 75,000 times during their lifetime of 4 months. Blood transports necessary nourishment to every cell, and knows the 'address' of each of the 60-90 trillion cells that make up the adult human body.

Contemplating the complex and intelligent design of our body should prompt us to exclaim: "O Lord, how great is the number of your works! In wisdom you have made them all; the earth is full of the things you have made." (Psalm 104:24)

### Quote of the Week

"The only thing worse than being blind is having sight but no vision" - Helen Keller



### Joke of the Week

Giuseppe, Pierre, and Abe are about to be executed, and they are asked what they wish to have for their last meal. Giuseppe asks for a Pepperoni Pizza which he is served. He is then executed. Pierre asks for a Filet Mignon which he is served. He too is then promptly executed. Abe requests a plate of strawberries.

"Strawberries?"

"Yes," replies Abe, "strawberries."

"But they are out of season."

"So, nu, I'll wait ..."



OY VEY!

### NHBZ Semi-Annual Membership Meeting and Election of Officers

**Tomorrow**

**Sunday, November 20, 10:00 am  
NHBZ Sanctuary - Upstairs**

We encourage all members to attend

#### Meeting: Reports and Discussions

Review last year's accomplishments

Take a peek into the future

Express your opinions

Have a say in the future direction of NHBZ

#### Election of 2012 Officers and Board of Directors

Presentation of slate of officers & board members

Call for additional nominations from the floor

**VOTE for next year's officers & board**



**Mazel Tov  
On Simchas This Week  
November 19 - 25**

**Happy Birthday**

**Sally Tofle  
Rachael Pollock  
Carly Eisenberg**

**Happy Anniversary**  
None this week

Show your friends you care - SEND A TRIBUTE

Shul: Call Gloria Waxman 314-872-3296

Sisterhood: Phyllis Silverman 314-434-2482

Libby Needle Fund: Sally Needle 314-991-2575

### MinyanMan Tip # 6

If somebody calls you to take his place or to switch days with him, please try to accommodate him

Howard Sandler (409-7266)  
Rabbi Smason (749-5271)  
Synagogue Office (991-2100)

### Additions and Corrections

We regret that the following was missing from last week's bulletin:

- Thanks to **Sarah Klein** for sponsoring Shalosh Seudos last Shabbos in memory of her beloved father, **Yaakov Griner**
- Thanks to **'POP-Star'** of last week **Lori Laird** for sponsoring soda in honor of the birthday of her son **Nathan**, and to tell him that she is very proud of how hard he is working in yeshiva!

**St. Louis Torah MiTzion Kollel  
Gala 9<sup>th</sup> Anniversary Dinner  
8 pm Saturday, December 3, 2011**

*Honoring*  
our visionary founder and first *Rosh Kollel*  
**Rav Boaz Genut**

*And our current shlichim*  
**Assi & Gilat Gastfraind and  
Boaz & Yael Shachak**

RSVP for the dinner by **Nov 27<sup>th</sup>**  
By email at <http://www.torahmitzion.org/stlouis> or  
by paper mail: St. Louis Torah MiTzion Kollel,  
7741 Gannon, St. Louis, MO 63130

**Monument Dedication For  
Harry Freistein**

Sunday November 20, 2011, 1:00 pm  
Chevra Kadisha Cemetery, Page & North and South



**Tired of Turkey Leftovers?  
PIZZA PIZZA PIZZA  
at NHBZ!!!**

**Lion's Den DINE- IN Pizza Night  
SUNDAY, NOVEMBER 27 !!  
5:00 pm - 7:00 pm**

**All-You-Can-Eat Buffet of Pizza, Pasta,  
Garlic Bread & Salad plus Dessert & Beverage**

**Kids 3 & under FREE Kids 4-10: \$6.00  
Adults: \$10.00**

**NEXT CARRY-OUT NIGHT IS  
WEDNESDAY, DECEMBER 7**

**Cash Cards – Schnucks Cards . . .  
You know what to do!**

**Epstein Hebrew Academy  
Girl Scouts**

**are holding a Thanksgiving food drive for  
TOMCHEI SHABBOS!**

The Barbara Mendelson Tomchei Shabbos Fund helps bring much needed food for Shabbos and Yom Tov to MORE THAN 30 FAMILIES in our area. These families are our neighbors, fellow congregants and friends who need a little help at this time in their lives. They include children, couples, singles, young, old and middle aged.

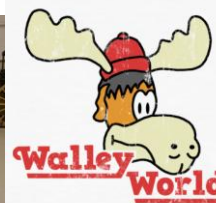
Please help stock our pantry during the Thanksgiving food drive by dropping off your items at NHBZ as soon as possible. Any items your family uses for Shabbat would also be what our T.S. families would enjoy having. We also accept non-perishable foods and paper & toiletry items.

If you want to make a donation specifically for the purchase of meat and chicken, you may choose to donate to the *Irv and Kay Diamant Meat Fund*. Checks should be made payable to the "Barbara Mendelson Tomchei Shabbos Fund" and mailed to the following address; please note "DMF" in the memo for donations to the Diamant Meat Fund, #4 Millstone Campus Drive, St. Louis, MO 63146

**WE ARE THANKFUL FOR YOUR HELP!**

**Smason Family Vacation**

Rabbi Smason and family will be out of town Thursday, Nov 24 thru Tuesday, Nov 29. On Shabbos, Nov 26, Rabbi Yonason Goldson will give the drasha, and there will not be a Learner's Service that day.



**Nusach Hari B'nai Zion**  
**106<sup>th</sup> ANNIVERSARY BANQUET**

Sunday, December 18, 2010.

*We are proud to present our 2011 Honorees*

**Menachem & Linda Szus**  
*and*  
**Woman of Valor Phyllis Silverman**

**Menachem Szus** has been the dedicated chairman of our Relocation Committee, and the driving force behind the Capital Campaign. Over the years, **Linda Szus** has maintained a very active presence at our shul. She was engaged in organizing the Lunch & Learn program, a myriad of programs for children, and coordinating the activities of the Chesed Committee.

**Phyllis Silverman** is first in line to volunteer for everything from KP ("Kiddush Patrol") to leading, with her husband Sid, our Honey & Chanukah Candles projects. It is with great pleasure that we give well-deserved *kovod* (honor) to these wonderful people.

Last year we created an elegant evening to bid a fond farewell to our old building as we prepared to move into our new one. **Well, here we are!!!**

Please join us to celebrate our 106th Anniversary and the Re-dedication of our new building. The celebration will include a Lavish Buffet Dinner and a "Great American Music Tribute", a musical variety show by Sound Unlimited, featuring music from Gershwin to Jewish Favorites and Tony Bennett to Elvis!

Please place an ad in our Commemorative Journal. **Help make this a memorable evening for our honorees, and a memorable journal through your personal messages, photos, business ads, and greetings to our honorees, Menachem & Linda Szus and Phyllis Silverman.**

Please return your dinner reservation card and Ad Journal order form now!

**Pre-paid Cash-Card Program**

*Do you buy prescriptions?  
Do you buy them at Walgreens or CVS?  
Do you buy them monthly?*

**Well! We have a deal for you!**

You can use a pre-paid cash-card for your purchases and earn money for NHBZ!

For example, if you spend \$25 per month at Walgreens or CVS for one year, you will earn \$24 (8% of your purchase) for NHBZ. If you spend \$50 per month for one year, you will earn \$48 for NHBZ.

*If 25 people do this,*

**we will earn \$1200 for NHBZ!**

There are dozens of stores to choose from, and each one will donate a percentage of your purchase to NHBZ - some of them up to **25%**!

*And it costs you nothing!*

We order cards on the 15th and 30th of each month. Detailed information is available at [www.nhbz.org](http://www.nhbz.org).

Don't hesitate to call if you have questions  
Janet Haber 314-567-7406 or  
Bert Zakroff 413-220-0674

**ISRAEL CORNER**

**Did you know:**

**The population of Israel**  
**(not including non-Jews**  
**living in disputed areas)**

**1948 - 872,000**

**1968 - 2,841,000**

**1988 - 4,477,000**

**1995 - 5,612,000**

**2005 - 6,931,000**

**2020 - 8,669,000 (expected)**

