



NHBZ Shabbos & Yom Tov Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

April 12, 2014

12 Nisan 5774

Torah Portion: Parshas Acharei Mos: Leviticus 16:1 – 18:30 **Stone Chumash pp. 636-655**
Haftorah: Amos 9:7-15 **Stone Chumash pp. 1173-1174**

Thanks to Dr. Craig & Jackie Berkin for sponsoring this Shabbos Bulletin in honor of Sid Silverman's birthday! HAPPY BIRTHDAY, SID!!!

"Vatisaeini Ruach, v'eshma acharai kol raash gadol: "Baruch K'Vod Hashem Mimkomo" -- And a great wind lifted me up, and from behind me, I heard a voice call "Blessed is the Glory of Hashem From His Place!"

Norma, Yitzchak and David Rubin are grateful to Hashem for all He has bestowed upon us, and we are grateful to our wonderful Community for all your generous offers of assistance. Thank G-d, we are unharmed and on the road to recovery. (For contact information for Norma & David, please call our NHBZ office.)

Erev Shabbos – Friday Night, April 11, 2014

- **Mincha & Ma'ariv** (7:00 pm)
- **Candle Lighting** (7:15 pm)

Shabbos, April 12

- **Shachris & Musaf** (9:00 am) ~ *Thank You For Leading Davening*
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Menachem Szus**
 - Leyning: **Moshe Leib Cohen**
 - Haftorah: **Reuven Tzadok**
 - *Drasha* (Sermon): **Rabbi Ze'ev Sason**
 - Musaf: **Alan Haber**
- **Shabbos HaGadol ~ The Great Sabbath** ~ The Shabbos before Pesach commemorates the 10th day of Nisan, when the Hebrew slaves took the lambs that they were going to offer for Pesach and tied them up outside their homes, to keep until they offered them on the 14th. This was a very dangerous thing to do, because Egyptians worshipped sheep; but, miraculously, instead of slaughtering the Hebrews, the Egyptians instead fought with each other over whether the Hebrews should be sent away already. In many synagogues other than Nusach Hari, the special haftorah for this Shabbos is Malachi 3:4 - 3:24, which tells about the return of Elijah the prophet and coming of the Messiah. We believe that Elijah will return at Pesach, and that is why we include a cup of wine for him at the seder. At NHBZ, we say the regular Haftorah for Tzav.
- **Kiddush and Lunch** ~ Thanks to **Reuven Tzadok** and **Gary & Trudy Sudin** for sponsoring lunch today. **Reuven** ~ in honor of the 60th birthday of his wife, **Margo**, and in honor of his family visiting St. Louis for Pesach, and **Gary & Trudy** in honor of their children and grandchildren visiting St. Louis for Pesach! Thanks to **Jon & Naomi Shanker** for sponsoring a special cake in honor of the birthday of their son **Sam!** **HAPPY BIRTHDAY TO MARGO & SAM!!! WELCOME TO THE TZADOK & SUDIN FAMILIES!!**
- **Bon Appetit** ~ We place a plate of rolls on each table at every Shabbos Luncheon ~ 1.) To enable each person to make or hear *Ha'Motzei* (the blessing on bread) over *Lechem Mishne* (two rolls or loaves of bread), and 2.) To enable each person to eat the minimum amount required when *Ha'Motzei* is made or heard; namely, one roll. **Please be seated while Rabbi Sason says Kiddush and makes HaMotzi.**
- **Mincha, Shalosh Seudos, Ma'ariv** (7:00 pm) Thanks to **Boris & Alla Yasinev** for sponsoring Shalosh Seudos, this evening, in memory of beloved father **Moisey Yasinev**, ב"ר.
- **Shabbos Concludes** (8:19 pm)
- **Monument Dedication** ~ For Lenore Berger, ב"ר, beloved mother of Bobbie Ring, Marvin Berger, and Linda & David Marcus will be on Sun., April 27, 12:00 noon, at Chesed Shel Emes Cemetery on White Road.

Meetings

- **Executive Committee Meeting** ~ Fifth Tuesday, April 29. (The 4th Tuesday is the 8th day of Pesach. Minyan is at 7:00 p.m.; Meeting at 7:30 p.m.)
- **Board of Directors Meeting** ~ Tuesday, May 13: Minyan at 7:00 p.m.; Meeting at 7:30 p.m.

NHBZ COMING EVENTS

- **Pesach ~ First Seder ~ This Monday Night!** Have you sold your chometz!!! The Deadline is Monday morning NO LATER THAN 7:30 a.m. ONLY TWO WAYS NOW to add your name and address to our list: **1.** Make an appointment to meet with Rabbi Smason in the office; **2.** Sell your chometz to Rabbi Smason at minyan. (Sandie will not be in the office on Sunday. Please do not call or email the office; your name WILL NOT be added to the list in time.) Whichever way you choose, whether for your residence only or to add your place of business, please include your address, your apartment/unit number, (business name and suite number), and zip code. Please make your checks payable to the Rabbi's Charity Fund and send or bring them to our office.
- **Vaad Hoeir Pesach Guide** ~ Can be found in the NEWS section on our website, www.nhbz.org
- **Pre-Pesach Pizza Night** ~ All-You-Can-Eat Pizza Buffet ~ TOMORROW ~ Sunday evening, April 13. **EARLY BUFFET TIME - 4:30-6:00 p.m.** Leave your sparkling clean, chometz-free home, and bring your family and friends to enjoy a delicious pizza dinner and schmoozing!!! Reservations are not needed. (SORRY ~ No movie for the kids this time, and no carry out orders.)
- **Search for Chometz** ~ Tomorrow night – Sunday, April 13, after 8:20 p.m.
- **Fast of the First Born** ~ Erev Pesach, Mon., April 14. Shachris at 7:00 a.m. Siyum following Shachris.
- **First Seder** ~ Monday night, April 14, after 8:21 p.m.
- *Please See the Full Schedule of Pesach Services and Other Important Dates and Times attached to this bulletin.*
- **Thanks to all of our generous members for sponsoring our Pesach Kiddushim:** Jeff & Murray Baker, Sam & Shirley Bluestein, Shirley Fredlich, Marvin & Jackie Gitel, Ron & Ina Makovsky, Irwin & Rosalind Rosen, and Dr. Milton Tofle, and the Wonderful Ladies of our NHBZ Sisterhood!!!
- **Vaad Hoeir Maos Chitim Campaign** ~ (now through and after Passover) – The campaign assists people in Israel and St. Louis to properly observe and celebrate Pesach. Please make checks payable to Vaad Hoeir Maos Chitim, and write “NHBZ” on the notation; send checks to the Vaad Hoeir or NHBZ. Checks may be sent at any time before, during, and even after Pesach.
- **Kiddush and Lunch** ~ Shabbos, April 26, will be sponsored by **Bobbie Ring**, her sister and brother in law **Linda & David Marcus**, and brother **Marvin Berger** from Chicago, in memory of their beloved mother Lenore Berger, נ"ל.
- **RAP with the RABBI Teen Group!** Sunday, April 27, 10:00 a.m. with **Rabbi Smason**, for young men and women; at Starbucks on Olive & Price, with complimentary drinks to all participants! RAP with the RABBI meets regularly on the last Sunday of the month! All teens are welcome!
- **SMILE!!! 😊** **Our Photo Directory Project has been postponed for a few weeks after Pesach.** Please stay tuned for new sign-up dates and times. We apologize for the inconvenience.

CLASS SERIES

- **Bi-Monthly Women's Tefila Class** ~ Led by **Rabbi Ze'ev Smason**, the class meets on the 2nd and 4th MONDAYS of the month at 3:15 p.m. **Monday afternoons:** next class, Monday, May 12, at NHBZ. (Fourth Tuesday is the 8th Day of Pesach.) The focus of our class is the structure and deeper meaning of the Shabbos morning service and prayers, and how prayer can be used as a basis for our own communication with G-d. All women welcome.

- **“Chassidic Insights into the Weekly Parsha”** ~ Rabbi (Chaplain, Major) Avraham Cohen is offering a class on Chassidic Insights into the Weekly Parsha from the sefer, Me'or V'Shemesh. Study will delve into esoteric thought, but on the other hand is entirely accessible for those having limited Jewish educational backgrounds. This ongoing class meets on Wednesday evenings; now meeting at 7:30 p.m., after minyan, in the NHBZ Chapel. Rabbi Cohen can be reached at 301-787-5538 for further questions.
- **“History of the Jews” ~ Popular Series Continues . . .** “What Happened During the Second Jewish Commonwealth?” How have the Jews conquered both time and space over the past 4,000 years? Join Menachem Szus as he continues his fascinating course on the history of the Jewish people! Three Sunday mornings, May 4th, 18th, and 25th, 10:00 to 11:30 a.m. at NHBZ. Registration for class is required to enable preparation of learning materials; please send email to: menachem@alonsystems.com.

SIMCHAS

- **MAZEL TOV ON SIMCHAS** April 12-18. **Happy Birthday to Dr. Craig Berkin, Teresa Carter, Steve Marbain, Hannah Kaiser Mirowitz, and Sam Shanker! Wedding Anniversaries ~ None this week!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.

Wish List! Wish List! Wish List!

- **OUR FAX MACHINE HAS FFFFFFFFZZZZZZZZLED!!!!** Do you have a working fax machine that WE can have?! We could really use one that actually works! **BUT, NO!!! WAIT!!!** Janet Haber, one of the kind people who proof-reads our Shabbos Bulletin, saw this notice and called to offer a fax machine she is no longer using in her office. Alan Haber, her husband, kindly brought the machine over, set it up, and made sure it is in good working condition ~ and, voila' ~ success!!! *So, thanks to Janet Haber, for granting our wish, and to Alan for taking his valuable time to get us all set up!!!!*
- **DO YOU HAVE THESE ITEMS THAT YOU ARE NOT USING?** WE WOULD LIKE TO GIVE THEM A NEW HOME!!! We are wishing for ~ A Projection Screen and a White Erasable Board, each on Tripod Stands; and each Large, Sturdy and Moveable! The projection screen we received from the Hollanders will be perfect for classes in the lower level Feigenbaum-Pepose Learning Center and the Teen Lounge. **For programs in the sanctuary/social hall, we need a very large screen; large enough so that slides and video presentations can be seen from the stage in front of the ark to the back of the social hall.** SOOO, we would still like to have a second screen and second board for the convenience of having the equipment on both levels of our building!!!! These generous gifts will be tremendous aids for classes and other presentations. Can YOU grant our wishes? Please call 314-991-2100, ext. 2. *Many thanks to Larry & Shirley for the screen they donated, and to Howard & Phyllis for the new white board they purchased and donated!!!!*

Reminders

- **SHABBOS HALACHAS (Laws of Shabbos)** An *eruv* is an enclosure, constructed according to halacha (Jewish law), as a way to permit Jewish residents or visitors to carry certain objects outside their own homes on Shabbos and Yom Kippur. The St. Louis *eruv* encompasses parts (but not all) of Olivette, U.City and Clayton. We respectfully request that **Shabbos bulletins, food, or any other item not be removed** from the synagogue by those who do not live within the *eruv*. For details or questions, please see Rabbi Smason.
- **SELL YOUR CHOMETZ!!! SELL YOUR CHOMETZ!!!** **Your name & address must be on our list to sell your chometz NO LATER THAN 7:30 a.m. on Monday morning!!!**

- **Become Energized!!! Sponsor Your Own Solar Panel!!!** The 2014 price of just \$216 for a full year. Your sponsorship will appear on the lobby monitor with an individual display with your personal or business name. Sponsor a panel for yourself, your friends, your business, or dedicate one in honor of a loved one. If you are interested in sponsoring a solar panel, please call 314-991-2100, ext. 2 and we will send you the form to complete with your own wording!
- **Buy and Use Cash Cards** – call the office ASAP to order your cards and **earn free money** for NHBZ! Orders are placed twice per month – on or as close to the 15th and 30th.
- **HEADS UPI Schnucks E-Scrip Card - \$1,435.80 in 2013!!!** If you have been using your Schnucks E-Scrip Card when you shop, we Thank You VERY Much! NHBZ received \$1,435.80 **Easy Money** last year from Schnucks based on your purchases, and **NO EXTRA CHARGE TO YOU!!!** Please remember to hand your e-Scrip card to your checker every time you shop - and make your shopping trip count!!! **TO NHBZ Members AND Non-Members Alike** ~~ **if you don't have an e-Scrip card, please contact the office: sandieabrams@hotmail.com or 314-991-2100, ext. 2, and "shop" for Nusach Hari B'nai Zion!!!**
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, extension 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575.
- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** - It is customary to make a donation to the shul for Aliyos or other honors received.
- **Mi Shebarach List** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, **by 10:00 a.m. Friday mornings** so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or in English if Hebrew names are unavailable. Your contributions are greatly appreciated.
- **Shalosh Seudos, The 3rd Meal of Shabbos** ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal as you observe the yahrzeits of your dear family members.
- **Mishna Study** ~ Learning Mishnayos in memory of a loved one or for a Refuah Shelayma for a person who is ill is an age-old Jewish Tradition. The word Mishna (learning) is closely related to the word Neshama (soul), and we believe that learning Mishnayos in someone's name acts as a Spiritual Elevation for that person or that person's soul. Our NHBZ Mishnayos Shiur learns every Sunday following morning minyan, carrying on this tradition by dedicating the Mishnayos to our loved ones. You may dedicate Mishnayos for 1 year: \$250; 6 months: \$150; 3 months: \$96; 1 month: \$50. *May your loved one be bound up in the bond of eternal life. May HaShem be filled with compassion to restore the health of your loved one.*
- **Memorial Plaques** ~ Memorial plaques from our former location are lovingly mounted in our new building. Remember your loved ones with a plaque; prices are \$150 and \$275. Please call the office for details.

NEWS & FEATURES

- **Tomchei Shabbos FOOD DRIVE!!** **Pick up your bags** at our NHBZ office; help make the Food Drive a Big Success!!! For questions or home pick-up, please call Jackie Oppenheimer at 997-6924.
- **Tomchei Shabbos Cookbook Project** ~ Details on recipe categories and recipe submission information will be available shortly. If you would like to help on the cookbook please call Bryna Kandel at 569-5001 or email tomcheishabboscookbook@gmail.com.
- **Community-Wide Yom HaShoah Commemoration** ~ Sunday, April 27, at United Hebrew Congregation. "Bearing Witness For Those Who Cannot: Testimony From the Holocaust" featuring testimonies by St. Louis Survivors recounting their experiences during this tragic period of history.

President's Message

My family and I wish each of you a happy, kosher and meaningful Pesach. After weeks of preparation, we will all search for chometz Sunday night and burn it Monday morning, and will participate in seders on Monday and Tuesday nights.

While enjoying time together at the seders, why not invite your family and friends to the exciting Shabbos events that we have planned for the coming weeks? Here is a list of them:

April 26 - Lunch sponsored by Bobbie Ring & family, featuring Morton Klein, President of the Zionist Organization of America, who will speak on "Iran Nuclear Deal: Progress or Peril?"

April 3 – Kiddush in honor of Yom Ha'Atzmaut (Israel Independence Day)

May 10 – Chocolate Kiddush honoring new members

May 17 – Synaplex Shabbos featuring lunch and three breakout sessions -

- o "7 Steps to Worry-Free Living " led by Rabbi Smason
- o "Shavous: The Debate Between Moshe and the Angels " led by Rabbi David of Aish HaTorah
- o "Making the Case for Israel on Campus" led by Lila Greenberg, Campus Activist

May 24 – Kiddush sponsored by Phyllis and Howard Loiterstein

May 3 – Kiddush sponsored by Moshe Pinto

June 14 – Lunch & Learn honoring our school graduates

Lenny Alper

Beyond Twelve Gates by Rabbi Ze'ev Smason Parshas Acharei Mos ~ Passover April 12, 2014

Welcome to Beyond Twelve Gates

Famous St. Louisan and Hall of Fame catcher Yogi Berra once said, "It ain't the heat, it's the humility." Don't sweat it, Yogi -- let's talk about humility. The term "humility" comes from the Latin word *humilitas*, a noun related to the adjective *humilis*, which may be translated as "humble" but also as "grounded", since it derives in turn from *humus* (earth). Humility confers multiple benefits, including the ability to give to others.

A 2011 study suggested that humble people are, on average, more helpful than people who are conceited or egotistical. Study participants were presented with an unexpected opportunity to help someone in need. Those who ranked higher in measures of humility were more likely to offer help, and offered more of their time, to those in need. Researchers concluded that implicit humility predicted helping behavior in a selfless, altruistic way. Unsurprisingly, humble people have also been found to be more generous.

How does the Torah define humility? Rabbi Jonathan Sacks states that humility is an appreciation of oneself, one's talents, skills and virtues. It is not meekness or self-deprecating thought, but the effacing of oneself to something higher. Humility is not to think lowly of oneself, but to appreciate the self one has received. King Solomon said, "*The reward of humility and reverence of G-d are riches, honor and life.*" (Proverbs 22:4) If a person is humble, they have honor and riches in many ways -- including a satisfied mind and a satisfied life.

Parshas Acharei Mos Leviticus 16:1 - 18:30 / Passover

Acharei Mos begins with a lengthy description of the special Yom Kippur service to be performed in the *Mishkan* by the *Kohen Gadol*. The service included the lottery selection from amongst two identical goats, one of which would become a national sin offering and the other which would be pushed off a cliff in the desert as the bearer of the people's sins (the 'scapegoat'). We also find described the command that Yom Kippur and its laws of fasting and refraining from work be observed eternally by the Jewish people as a day of atonement. Acharei Mos concludes with a listing of immoral and forbidden sexual relationships, and the command that the Jewish people maintain and ensure the holiness of the land of Israel.

This coming Monday evening, April 14, begins the major festival of Passover. Passover, known in Hebrew as *Pesach*, is a national birthday party; it was then that the 'Children of Israel' who later became the 'People of Israel' began their march through history with the exodus from Egypt. Passover is the celebration of the beginning of our

mission to become a 'Light unto the nations.' On the first day of Passover, Tuesday, the Torah reading is from Exodus 12:21-51. This reading describes the Exodus from Egypt and the Passover offering. On the second day of Passover, Wednesday, the Torah reading is from Leviticus 22:26 -- 23:44. This reading describes journeying to the Holy Temple in Jerusalem on the three pilgrimage festivals (Passover, Shavous, Sukkos) and the counting of the Omer. May you and your families have a meaningful and joyous holiday.

Rabbinic Ruminations

"Pants on fire" isn't the only problem liars face. Research from the University of Notre Dame shows that when people managed to reduce their lies in given weeks across a 10-week study, they reported significantly improved physical and mental health in those same weeks. Lead author, psychology professor Anita Kelly, said, "We found that the participants could purposefully and dramatically reduce their everyday lies, and that in turn was associated with significantly improved health."

Approximately half the study participants were instructed to stop telling both major and minor lies for the duration of the 10-week study. The other half served as a control group that received no special instructions about lying. Both groups came to the laboratory weekly to complete health and relationship measures and to take a polygraph test assessing the number of major and white lies they had told during that week. According to Dr. Kelly, Americans average about 11 lies per week.

Over the course of 10 weeks, the link between less lying and better health was significantly stronger for participants in the no-lie group, the study found. For example, when participants in the no-lie group told three fewer white lies than they did in other weeks, they experienced on average about four fewer mental-health complaints, such as feeling tense or melancholy, and about three fewer physical complaints, such as sore throats and headaches, the researchers found. The 2012 study also revealed positive results in participants' personal relationships, with those in the no-lie group reporting improved relationship and social interactions overall going more smoothly when they told no lies.

There are multiple reasons to strive to become a person of honesty and integrity. In addition to the benefits of healthy living, our connection with *emes*, honesty, is vital to enrichment of a spiritual life and a close connection with G-d. Every artisan has their own unique signature that they integrate into their work so that the identity of the artist can be ascertained immediately. The seal of G-d, Judaism teaches, is that of *emes*, honesty. .

Quote of the Week

When you're through changing, you're through. ~ **Bruce Barton**, American author, died in 1967.

Joke of the Week

A duck walks into a pharmacy and says, "You got any duck food?"

"No," says the pharmacist, "we don't sell duck food." The duck leaves.

The duck comes back the next day and says, "You got any duck food?"

"No," says the pharmacist with a frown, "This is a pharmacy. We don't sell duck food." The duck leaves.

The duck comes back the next day. "You got any duck food?"

"Look," screams the pharmacist. "This a pharmacy! We don't sell duck food! We sell medicine! If you come in here tomorrow and ask for duck food, I'm going to nail your little, yellow webbed feet to the floor!" The duck leaves.

The duck comes back the next day. The pharmacist is bristling. The duck asks timidly, "You got any nails?"

"No," says the pharmacist. "This is a pharmacy! We do not sell nails!"

"Good!" says the duck. "You got any duck food?"

The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, at 12:00 noon. The bulletin is printed first thing every Thursday morning.

MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

This Week At a Glance	Shabbos April 12	Sunday April 13	Monday April 14	Tuesday April 15	Wed. April 16	Thurs. April 17	Friday April 18	Shabbos April 19
Shachris	9:00 am	8:00 am	7:00 am	9:00 am	9:00 am	6:45 am	6:45 am	9:00 am
Mincha/Ma'ariv	7:00 pm	7:00 pm	7:15 pm	7:15 pm	7:15 pm	7:00 pm	7:00 pm	7:05 pm
Events – see times in Event Planner Box	<i>Good Shabbos to Everyone! Lunch sponsored by the Tzadok and Sudin Families!</i>	<i>All You Can Eat Pizza Buffet ~ 4:30 to 6:00 pm Search for Chometz, after 8:20 pm</i>	<i>PESACH! First Seder, After 8:21 pm</i>	<i>PESACH! First Day! Second Seder, After 8:22 pm</i>	<i>PESACH! Second Day! Yom Tov Concludes 8:23 pm</i>	<i>Chol Hamoed Pesach BUY CASH CARDS</i>	<i>Chol Hamoed Pesach Erev Shabbos</i>	<i>Shabbos Chol Hamoed Pesach!</i>

NHBZ Event Planner (Check “Coming Events” for time, date or location changes.) Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

<p style="text-align: center;"><u>WEEKLY at NHBZ</u></p> <p><u>SHABBOS</u></p> <ul style="list-style-type: none"> - Child Care (10:00 am – Noon) kids 3 & under in the Children’s Room - Youth Programming (10:15 am – 11:00 am) children 4-8, in the Youth Lounge. - Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Chapel - Shabbos Tanach (Bible) Study Group (45 minutes before Mincha) <p><u>SUNDAY</u></p> <ul style="list-style-type: none"> - Mishna Learning (after Shachris) with Rabbi Chanan Swidler of Aish HaTorah - Mystical Moments with Rabbi Max Weiman (between Mincha & Maariv.) - Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel <p><u>MONDAY</u></p> <ul style="list-style-type: none"> - Women’s Tefila Class (2nd & 4th Mondays) 3:15 pm with Rabbi Smason (NO CLASS APRIL 14 – Erev Pesach – 1st Seder) 	<p style="text-align: center;"><u>WEDNESDAY</u></p> <ul style="list-style-type: none"> - Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos. (NO CLASS APRIL 16.) - “Chassidic Insights into the Weekly Parsha” (7:30 pm, after Minyan) Rabbi (Chaplain, Major) Avraham Cohen (NO CLASS APRIL 16.) <p style="text-align: center;"><u>MONTHLY at NHBZ</u></p> <ul style="list-style-type: none"> - Irvin Alper Social Club (First Sunday) - Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin. - Morris Lenga Yiddish Club (First Thursday, 7:30 pm) - Dine-In Pizza Night (Last Sunday 5:00 – 7:00 pm) Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 pm. - Sisterhood (Third Tuesday) - RAP with the RABBI (Last Sunday of the month, 10:00 am <u>at Starbucks</u>) <p style="text-align: center;"><u>NHBZ Signature Events</u></p> <ul style="list-style-type: none"> - Synaplex Shabbos - Shabbos Lunch & Learn
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