

NHBZ Shabbos Bulletin

April 13, 2013

Welcome to Nusach Hari B'nai Zion

3 Iyar 5773

Affiliated with the Union of Orthodox Jewish Congregations of America

Torah Portion – Tazria/Metzora:
Haftorah:

Leviticus 12:1 – 15:33
2 Kings 7:3-20

Stone Chumash pages 609-635
Stone Chumash pages 1172-1173

Erev Shabbos - Friday, April 12

- **Mincha & Ma'ariv** (7:00 pm)
- **Candle Lighting** (7:16 pm)

Shabbos - Saturday, April 13

- **Shachris & Musaf** (8:30 am) - Thank you for leading services:
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Dr. Ethan Schuman**
 - Leyning: **Dr. Larry Gornish**
 - Haftorah: **David Rubin**
 - Sermon: **No Sermon Today**
 - Musaf: **Sam "Bodi" Bodenheimer**



Special Event!!! Naming Baby Girl Simon in Shul Today!!!

- **Synaplex** (After Musaf) **Israeli-Themed Synaplex Shabbat** ~ Lunch in honor of April Birthdays and Wedding Anniversaries. Speakers: **Rabbi Smason** will speak on the topic: "Israel As An Asset to the United States," **Sam "Bodi" Bodenheimer**, founder of Kol HaOlam Project, CEO of Spicerack Music Group and Worldwide Entertainer, will speak on the topic: "Looking from the Outside, In: How Jews Around the World Relate to Israel;" **Rabbi Boaz Shachak** of Torah MiTzion Kollel will speak on the topic: "Religious Zionism." Regular services at 8:30 a.m., Learners' Service at 10:00 am, Break-out Synaplex sessions at 11:00 a.m.
- **Shabbos Lunch** ~ (Following Synaplex Sessions at noon!) Thanks to everyone celebrating April Birthdays & Wedding Anniversaries for sponsoring lunch today. Thanks to **Jon, Naomi & Daniel Shanker** for sponsoring a special treat for **Sam's 3rd Birthday! HAPPY BIRTHDAY SAM!!!**
- **Bon Appetit** ~ We place a plate of rolls on each table at every Shabbos Luncheon. The purpose of these rolls is two-fold: 1.) To enable each person to make or hear *Ha'Motzei* (the blessing on bread) over *Lechem Mishne* (two rolls or loaves of bread), and 2.) To enable each person to eat the minimum amount required when *Ha'Motzei* is made or heard; namely, one roll. **Please be seated while Rabbi Smason says Kiddush and makes HaMotzi.** Thanks to **Linda Szus** and **Anna Rose Tandler** for baking the rolls that everyone enjoys at each luncheon -- **B'tayavon (Bon Appetit)!**
- **Mincha, Shalosh Seudos, Ma'ariv** (7:00 pm)
- **Shabbos Concludes** (8:20 pm).

MINYAN! IT'S GOOD FOR US & GOOD FOR YOU!!!

This Week At a Glance	Shabbos April 13	Sun. April 14	Mon. April 15	Tues. April 16	Wed. April 17	Thurs. April 18	Fri. April 19	Shabbos April 20
Shachris	8:30 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:05 pm
Events – see times in Event Planner Box	Synaplex Shabbat; April Birthdays/ Wedding Anniv.	Yom HaZikaron (Israel Memorial Day)	Yom Ha' Atzmaut (Israel Independence Day)	Sisterhood Lunch & Gold Dollar Bingo!	Rabbi Smason's Lunch & Learn	Buy Cash Cards!	Friday Night Shabbos Dinner ~ Be sure to RSVP	Lunch in honor of Marian Walters' 90 th Birthday!

Nusach Hari B'nai Zion
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Ze'ev Smason, Rabbi
Aaron Borow, Rabbi Emeritus
Janet Haber, President
Dr. Ethan Schuman, Chazan

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NHBZ Event Planner (Check ‘Coming Events’ for time, date or location changes.)

Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

Weekly at NHBZ

SHABBOS

- Child Care (10:00 am – Noon) kids 3 & under in the Children’s Room
- Youth Programming (10:15 am – 11:00 am) children 4-8, in the Youth Lounge.
- Learners Service (10:15 am) led by Rabbi Ze’ev Smason in the Chapel
- Shabbos Tanach (Bible) Study Group (45 minutes before Mincha)

SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler of Aish
- RAP with the RABBI Teen Group (10:15 am) with Rabbi Smason @Starbucks Olive & Price
- Mystical Moments with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

MONDAY

- Women’s Tefila Class (2nd & 4th Mondays, 7:00 pm) with Rabbi Smason at the home of Norma Rubin

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15 pm – 1:00 pm) now studying Pirkei Avos

THURSDAY

- Schechita (5:30 pm – 6:30 pm) with Rabbi Chaim Loike of the OU Kashruth Division

Monthly at NHBZ

- Irvin Alper Social Club (First Sunday)
- Women’s Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin
- Shabbos Parsha (3rd Tuesday, 12:15 pm) with Rabbi Smason at the offices of David Rubin
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm)
- Dine-In Pizza Night (Last Sunday 5:00 pm – 7:00 pm)
- Carry-Out Pizza Night (Wednesday mid-month; will resume ASAP!)
- Sisterhood (Third Tuesday)
- Women’s Guide to Time (As scheduled) with Rebbitzin Chani Smason

NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn
- I-Chat

Special Gifts Campaign ~ Our 2013 Special Gifts Campaign will be underway soon. A Special Gift is a contribution apart from Membership Dues, donations for Yahrzeits, Aliyos, Mi Shebarachs, or other “regular” categories. You will be receiving a letter that will explain all the details, then a follow-up phone call a couple of weeks later. We ask you to give generously. Special Gifts support our many programs you have come to enjoy, including learning, children’s programming, and so much more.

COMING EVENTS (see Event Planner Box for *all* events)

- **An A Cappella Evening** ~ Tonight, April 13 at 9:00 p.m. ~ An intimate evening with internationally acclaimed Musical Guest Sam “Bodi” Bodenheimer.
- **Yom Ha’Zikaron** (Israel Memorial Day) ~ Monday, April 15
- **Yom Ha’Atzmaut** (Israel Independence Day) ~ Tuesday, April 16
- **Sisterhood Luncheon and Golden-Dollar-Bingo** ~ Tuesday, April 16. Delicious lunch and Bingo – AND featuring Spring Fashions – Hats, purses, jewelry. \$6.50 donation. RSVP, Rachael Pevnick, 314-395-6017
- **Please join us for a new class series with Rabbi Smason** at The Law Offices of David A. Rubin, L.L.C. – NEAR THE “J” – 10880 Baur Blvd., 63132. The 3rd Tuesday of the month, 12:15 p.m. Next class: April 16, Kedoshim: What is Holiness? Following months’ schedule: May 21: Be’ha’aloscha: The Priestly Blessings. June 18: Balak: Bilaam; a Non-Jewish Prophet?
- **.Friday Night Dinner** ~ April 19 ~ Soul-Soaring-Shabbos-Singing and a Deeee-licious Dinner for the whole family!!! \$18.00 for Adults, \$8.00 for Kids 4-10, FREE to Kids 3 and under. Thanks to **Julie Eisenberg**, and her crew, who will prepare one of Julie’s fabulous Friday Night Dinners!!! Mincha, 6:15 pm; Dinner, 7:00 pm. Reservations are a MUST!!! Please call 314-991-2100, ext. 2.

- **Shabbos, April 20** ~ Kiddush and Lunch in honor of the 90th birthday of **Marian Walters**, will be sponsored by her children, **Vivian & Alan Zarkowsky and Evelyn & Bob Solomon**. Salad for the luncheon will be sponsored by **Dr. Susan Feigenbaum and Dr. Jay Pepose** to welcome Rabbi and Mrs. Philip Lazowski to Nusach Hari B'nai Zion this Shabbos.
- **A New Bi-Monthly Women's Tefila Class**. Led by Rabbi Ze'ev Smason, the class will meet on the 2nd and 4th Mondays of the month, 7:00 p.m., at the home of Norma Rubin, at 1039 Chartres in University City (one block east of McKnight, off Old Bonhomme). Next class: Monday, April 29. The focus of our class is the structure and deeper meaning of the Shabbos morning service and prayers, and how prayer can be used as a basis for our own communication with G-d. All women welcome!
- **Lag B'Omer and All You Can Eat Pizza Buffet** ~ Sunday, April 28

Meetings

- **Semi-Annual Meeting** ~ Our Nusach Hari B'nai Zion semi-annual shul meeting will be held on Sunday, May 5th at 10:00 am. in the lower level multi-purpose room. Please mark your calendars. Your ideas and general input are very important.
- **Executive Committee Meeting** ~ Tuesday, April 23 ~ 7:00 p.m. Impact Fundraising at the Federation Building.
- **Board of Directors Meeting** ~ TBA.

Reminders

- **Buy and Use Cash Cards** – call the office ASAP to order your cards and **earn free money** for NHBZ!
- **Schnucks E-Scrip Card** - Use your Schnucks Card *now*, and make it count!!!
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, extension 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly.
 - For a Shul tribute, call Gloria Waxman at 314-872-3296
 - For a Sisterhood tribute, call Phyllis Silverman at 314-434-2482
 - For Libby Needle Fund, call Sally Needle at 314-991-2575
- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** - It is customary to make a donation to the synagogue for an Aliyah or other synagogue honors received.
- **Mi Shebarach List** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or English--if Hebrew names are unavailable. Your contributions are greatly appreciated.
- **Memorial Plaques** ~ All memorial plaques from our former location are lovingly mounted in our new building. Remember your loved ones with a plaque; prices range from \$150 to \$275. Call the office for details.
- **Shalosh Seudos, The 3rd Meal of Shabbos** ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal as you observe the yahrtzeits of your dear family members.

- ***Mishna Study for a Loved One*** ~ Learning Mishnayos in memory of a loved one or for a Refuah Shelayma for a person who is ill is an age-old Jewish Tradition. The word Mishna (learning) is closely related to the word Neshama (soul), and we believe that learning Mishnayos in someone's name acts as a Spiritual Elevation for that person or that person's soul. Our NHBZ Mishnayos Shiur, which learns every Sunday following morning minyan, is carrying on this tradition by dedicating the Mishnayos to those in whose names the Mishnayos will be learned. You may dedicate Mishnayos for 1 year: \$250; 6 months: \$150; 3 months: \$96; 1 month, \$50. *May your loved one be bound up in the bond of eternal life. May HaShem be filled with compassion to restore the health of your loved one.*

Simchas, News & Features

- **MAZEL TOV ON SIMCHAS** April 13-19. **Happy Birthday to Craig Berkin, Rhoda Carl, Hannah Kaiser, Steve Marbain and Sam Shanker. No Wedding Anniversaries in April.** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.
- **Special Event!!! Naming Baby Girl Simon in Shul Today!!! Mazel Tov to David & Keri Simon on the birth of their new daughter. Mazel Tov to big brother Levi and big sister Noa!!!**
- **Mazel Tov to Dr. Ethan Schuman** on being issued another patent; this one for "Brachytherapy Appliance and Method," a non-invasive, computer driven technique to treat oral cancer.
- **Tomchei Shabbos~** The food drive continues! Please pick up a bag to fill with non-perishable food items available at NHBZ in the office or chapel. Money donations are always welcome! For more details, or to arrange a pick up at your home, please call **Sally Needle** at 991-2575.
- **Amazing Guest Speaker** ~ sponsored by Jewish Parents As Teachers (JPAT) and JCC Family Center. **Dr. Milton Rubin** will speak on Tuesday, April 16th, 10:30 a.m. to noon on the topic: *"Effective Parenting Is Not Luck: Mastering 4 Parental Skills."* Dr. Rubin has been in private practice since 1965, and has extensive experience dealing with children, adolescents and the psychology of healthy parenting. There will be no charge for the program, refreshments will be served and complimentary babysitting is available. Location: Temple Israel, 1 Rabbi Alvan Rubin Drive, 63141. No RSVP necessary. Questions? Please call JPAT Director Leslie Wolf, 314-432-8076 or lwolf@ti-stl.org
- **Holocaust Museum Presents ~ Story of Survivor's Journey** ~ The Holocaust Museum and Learning Center is hosting a special presentation, "One Holocaust Survivor's Journey," by **Rabbi Philip Lazowski, PhD**, on April 21 at 1 pm. The presentation will take place in the Museum's Theater in the Jewish Federation Kopolow Building, 12 Millstone Campus Drive. Rabbi Lazowski was born in 1930 near Vilna in Bielice, Poland (now Belarus). He survived the Holocaust by hiding for almost three years in White Russian forests. Rabbi Lazowski immigrated to the United States in 1947, and is currently Rabbi Emeritus at Beth Hillel Synagogue in Bloomfield, Connecticut. Rabbi Lazowski has authored seven books, including his most recent publication, *Power of Faith*. Several of Rabbi Lazowski's publications will be available for sale and signing by the author. Space is limited, and reservations are required. The presentation is sponsored by the Holocaust Museum and Learning Center, in Memory of Gloria M. Goldstein, Maryville University, the Saul Brodsky Jewish Community Library; with generous support of **Dr. Susan K. Feigenbaum, Dr. Jay Pepose and family**. Please call 314-442-3711 or email agoldfeder@jfedstl.org for reservations or further information.
- **Ohr Pesia** ~ Women's Torah Learning Program. Special 3-Week Class at NUSACH HARI B'NAI ZION!!! MEGILLAS RUTH. Few things make sense in Megillas Ruth. A girl from a murky past converts to Judaism and ends up marrying into Jewish royalty, eventually becoming the great-grandmother of King David. Why is her past so shrouded in mystery? What did she do exactly to merit becoming the "mother" of Mashiach? And why do we read this book, in particular, every Shavuot? Instructor: Mimi David, Wednesdays, April 24, May 1 and May 8; 8:00 p.m. Fee \$15.00. Registration: ohrpesia@gmail.com or visit www.ohrpesia.com.

Welcome to Beyond Twelve Gates

How can a man impress a woman? The question has befuddled generations of men. Many go the traditional route and offer a few thoughtful compliments while subtly mentioning that they were all-county shot put in high school. But not many do what a Jonesboro, Ark., man did: Stage a knife attack in a parking lot.

Not surprisingly, Jeffrey Tyler Siegel's ruse didn't go quite as planned. Siegel and a woman he was out on a date with were walking after an evening out. That's when a man in black appeared and told Siegel, "You can go. But your girlfriend stays." Siegel's date screamed and ran off to get help, while Siegel claimed he stayed and fought the knife-wielding attacker. Police and canine units searched the surrounding area for the attacker but came up empty. After a few hours, the hunt was called off.

Investigators contacted the woman about the attack a few days later, and she said something interesting. Siegel had been texting a lot and acting odd in the minutes leading up to the attack. Police brought the hapless Casanova in for questioning. After they assured him that they wouldn't press charges if he came clean, he spilled the beans. He'd set up the entire thing as a way to impress his lady friend. The "attacker" was a friend, and everything had been staged. The man's date commented that the fake attack didn't have the effect Siegel had hoped it might. It "was not very heroic," she said.

What is the best way to make a positive impression? Be a *mensch*. The word *mensch* means "a person of integrity and honor." According to Leo Rosten, author of *The Joys of Yiddish*, a *mensch* is "someone to admire and emulate; someone of noble character. The key to being "a real *mensch*" is nothing less than character, rectitude, dignity, a sense of what is right, responsible, decorous." In Yiddish (from which the word has migrated into American English), *mensch* roughly means "good person." A "*mensch*" is a particularly good person, like "a stand-up guy," a person with the qualities one would hope for in a dear friend or trusted colleague. Impress your friends -- and G-d: be a *mensch*.

Parshas Tazria / Metzora Leviticus 12:1 -- 15:33

Parshas Tazria describes in great detail the varying manifestations of the disease called *tzara'as*. Although it has commonly been mistranslated as leprosy, this skin disease bears little resemblance to any bodily ailment transmitted through normal exposure. Rather, *tzara'as* is the physical manifestation of a spiritual malaise, a punishment from G-d primarily for the sin of speaking *loshon hara*. *Loshon hara*, meaning literally 'the evil tongue', is often translated as 'gossip'. However, *loshon hara* is the Hebrew term for derogatory speech that is true. *Motzei shem rah* refers to derogatory speech about others that is false and slanderous.

The *metzora* (one diagnosed with *tzara'as*) was to be sent into isolation, tear his garments, and to call out 'contaminated, contaminated!' Since he abused his power of speech, sowing strife and distancing people from one another, it was fitting that he too should suffer the effects of isolation. Parshas Metzora continues the discussion of *tzara'as*, detailing the purification process of the *metzora*. *Tzara'as* could afflict one's clothing and home, and necessitate the burning of one's clothes and demolishing of one's home if the disease spread. The various punishments recorded in the Torah are not intended to serve as revenge for the sin; they are measures that will hopefully restore the person to the correct path.

Rabbinic Ruminations

A number of recent experiments suggest that among many atheists, their atheism is only skin-deep. As part of a study in Finland, volunteers were asked to read aloud ten uncomfortable statements, such as, "I challenge G-d to make my life unbearable", "I challenge G-d to brutally murder my parents", and "I challenge G-d to let me die of cancer." Simultaneously, a skin conductance meter was used to measure the volunteer's physiological response and emotional arousal. The skin test revealed that the atheists were just as bothered as the believers.

In a different study both atheists and believers were instructed to ask both G-d and Santa Claus to do terrible

things to themselves and their families. The volume of the volunteer's voices was measured as they read the various difficult statements. The results showed that both atheists and believers spoke more softly when challenging G-d to do terrible things than when they challenged Santa. Since an atheist ought to regard any statement calling on G-d to do something as meaningless, researchers sought to explain the discrepancy between the self-reporting of the atheists and their physiological responses. Theories include that atheists might believe deep down in a deity, or might once have believed and can't completely shake the notion.

In the book of Nehemiah it says, "*You are the L-rd, our G-d who chose Abram ... and changed his name to Abraham.*" (9:7) What is the special character of Abraham and his descendants? "*You found his heart faithful before You.*" (9:8) Abraham was the first *ma'amin* -- a true believer in the Almighty. We are *ma'aminim bnei ma'aminim* -- believers, the children of believers. While all humans can recognize G-d and have a relationship with Him, recognition of our Creator is deeply embedded in the heart and soul of every Jew.

Quote of the Week

I'm going to be meeting people today who talk too much -- people who are selfish, egotistical, ungrateful. But I won't be surprised or disturbed, for I can't imagine a world without such people. -- *Marcus Aurelius Antoninus*

Joke of the Week

Guy: I lost my job.

Friend: It could have been worse.

Guy: I broke my leg.

Friend: It could have been worse

Guy: My wife left me.

Friend: It could have been worse.

Guy: I'm about to lose my house.

Friend: It could have been worse.

Guy: Why do you keep saying, "Could have been worse?? How could things possibly be worse!?"

Friend: All those things could have happened to me!