

NHBZ Shabbos Bulletin



Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

April 18, 2015
29 Nisan 5775

Torah Portion:
Haftorah:

Parshas Shemini: Leviticus 9:1 – 11:47
I Samuel 20:18-42

Stone Chumash pages 588-607
Stone Chumash pages 1207-1208

Candle Lighting ~ 7:28 p.m. Shabbos Concludes ~ 8:25 p.m.

Our Generous Sponsor This Shabbos . . .

- Thank You to **"POP-Star" Paul Kremer** for sponsoring soda in honor of his birthday!
HAPPY BIRTHDAY TO PAUL!!!

Shabbat Shalom!

Erev Shabbos, Friday Night, April 17, 2015

- **Mincha & Ma'ariv** (7:00 pm)

Shabbos, April 18, 2015

- **Shachris & Musaf** (9:00 am) ~ *Thank You For Leading Davening*
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Dr. Ethan Schuman**
 - Leyning: **Moshe Leib Cohen**
 - Haftorah: **Kenny Bressler**
 - Drasha (Sermon): **None Today**
 - Musaf: **Dr. Ethan Schuman**
- **Tefillah/Prayer Learners' Service** ~ (9:30 am) Led by **Rabbi Yosef David** in the Rivkin Chapel.
- **Learners' Service** ~ (10:15 am) Led by **Rabbi Ze'ev Smason** in the Rivkin Chapel.
- **Kiddush & Lunch** ~ (After Musaf) Lunch & Learn in honor of April Birthdays and Wedding Anniversaries, and to celebrate Yom Ha'Atzmaut – Israel Independence Day. Thanks to everyone celebrating April Birthdays & Wedding Anniversaries for sponsoring lunch today. **Rabbi Ze'ev Smason** will speak on the topic: "Israel at 67: A Time to Stand Strong!"
- **Bon Appetit** ~ We place a plate of rolls on each table at every Shabbos Luncheon ~ 1.) To enable each person to make or hear *Ha'Motzi* (the blessing on bread) over *Lechem Mishne* (two rolls or loaves of bread), and 2.) To enable each person to eat the minimum amount required when *Ha'Motzi* is made or heard; namely, one roll. **Please be seated and remain silent while Rabbi Smason says Kiddush and makes HaMotzi.**
- **Mincha, Shalosh Seudos, Ma'ariv** ~ (7:05 pm)
- **Shabbos Concludes** ~ (8:25 pm)
- **Rosh Chodesh Iyar** ~ Sunday and Monday, April 19 and 20.
- **Wednesday, April 22 ~ Yom Hazikaron** (Israeli Memorial Day)
- **Thursday, April 23 ~ Yom Ha'Atzmaut** (Israel Independence Day)

SIMCHAS

MAZEL TOV ON SIMCHAS April 18-24. **Happy Birthday to Fran Reisler and Evan Woolf!**

Anniversaries ~ None in April! Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Pack of Cards.

Please be sure to read Rabbi Smason's Beyond Twelve Gates in this Bulletin:

"Russell Westbrook, MVP: (a) Mensch, (and) Valuable Person"

When You Need Rabbi Smason ~ When you or a loved one becomes ill, and is hospitalized, please have a family member or friend contact Rabbi Smason on his cell phone as soon as possible . . . 314-749-5271.

Mi Shebarach List ~ Prayers said for a *Refuah Shelayma* (Speedy Recovery) for your loved ones and friends. Please call 314-991-2100, ext. 2, by 10 a.m. Friday mornings to include the names on our list to be read on Shabbos.

IMPORTANT REMINDERS!!!

Friendly Reminder ~ Yizkor Donations: – Just a friendly reminder to send your Yizkor contributions in memory of your loved ones. To charge your donation to your credit card - call Sandie at 314-991-2100, ext. 2.

Sefiras HaOmer -- the Counting of the Omer: -- An important mitzvah of verbally counting the days between Pesach and Shavuot. Are you interested in receiving a daily email to remind you of the proper day to count? Contact: Omeralert@gmail.com Interested in a downloadable Sefiras HaOmer chart? Visit: <http://www.yucs.org/~dwallach/jewish/omer.pdf>

Sale of Chometz: If you sold your chometz through Nusach Hari B'nai Zion, please **make checks payable to NHBZ, and write "Sale of Chometz" in the memo line.** Send or bring your check to our office; or to charge to your credit card - call Sandie at 314-991-2100, ext. 2.

Vaad Hoer Maos Chittim Campaign ~ (Even AFTER Pesach) – The campaign assists people in Israel and St. Louis to properly observe and celebrate Pesach. *Donations are needed to cover these important expenses.* Please **make your checks payable to Vaad Hoer Maos Chittim, and write "NHBZ" on the memo line;** send checks to the Vaad Hoer, or NHBZ and we will be sure the Vaad receives your generous contributions.

Shul News . . .

- **CALL US WITH YOUR GRADUATES!** Before you know it, we will be heading into Graduation Time. Do you have a graduate in your family? Please call Sandie, 314-991-2100, ext. 2, and give us your graduates' names, schools, universities and degrees earned, so we can wish you and your graduates a big Mazel Tov in our Shabbos Bulletin! This year, Graduation Shabbos ~ when our Kiddush will be in honor of all the graduates ~ will be on Shabbos, June 13th.
- **Next Sunday, April 26 ~ All-You-Can-Eat Pizza Buffet ~ 5:00 to 7:00 p.m. New scanners will accept Credit Card Payments!!!** Are you new to NHBZ, looking to meet more members...sign up to help on our Pizza Buffet Line! It's a great way for everyone to say "Hi." Bring your family and friends to enjoy a delicious dinner of pizza, pasta, salad and garlic bread, dessert and beverage! Reservations are not needed - just show up, eat to your heart's content, have fun schmoozing and have a great time!!! Plus a movie for the kids every month!!!! (Please place carry-out orders by 10:00 a.m. on Sunday morning, 314-991-2100, ext. 2. Pick up time for carry out pizzas: 4:30-4:45 p.m.)
- **Monday, April 27 ~ Women's Emergency Tehillim Circle ~ Meeting at 5:30 p.m. to organize our procedures and make sure that each of us knows her part.** The following women have made the commitment to be on call to say Tehillim for individuals whenever an emergency situation occurs: **Julie Eisenberg, Sandie Abrams, Debbie Barash, Shirley Bluestein, Marcie Brook, Rhonnie Goldfader, Sandy Kahn, Joni Kaiser, Sandy Klarfeld, Cindy Looney, Beverly Magencey, Laura Rader, Shayna Scribner, and Peggy Umansky.** We say the prayers at home. Please call **Julie Eisenberg**, 314-695-5615, or **Sandie Abrams**, 314-991-2100, ext. 2., if you would like to participate. Please provide us with your phone number and email address so word can get to you as soon as an emergency arises.
- **Tuesday, April 28 ~ Executive Committee Meeting. Mincha & Ma'ariv at 7:00 pm, Meeting, 7:30 pm.**
- **Deadline – April 30 ~ "Above and Beyond,"** a movie about the creation of the Israeli Air Force in 1948, will be shown at Plaza Frontenac on Thursday, June 11, 2015 at 8:00 p.m., under the sponsorship of the Jewish Film Festival. We plan to have a group from Nusach Hari B'nai Zion attend at the special group rate of \$10 per ticket. If you would like to participate, please call the office and send in or deliver your checks to the office, before the "group deadline" of April 30, 2015. Tickets at the door, if still available, will be \$12.
- **Shabbos, May 9 ~ May Lunch & Learn and Synaplex Shabbat.** Regular Services begin at 8:30 a.m., **Rabbi David's Leaners' Service** at 9:15 a.m., **Rabbi Smason's Learners' Service** at 10:00 a.m.,

Synaplex Sessions at 11:15 a.m. followed by lunch at noon! Luncheon in honor of May Birthdays and Wedding Anniversaries. Synaplex speakers will be **Rabbi Ze'ev Smason** speaking on the topic: "Historic Space Quotes: *The Torah View of Humanity's Journey Into the Unknown*;" **Dr. Andrew Rehfeld**, President and CEO of Jewish Federation of St. Louis: "Israel & America Today: *The Creation of Three Jewish Peoples*;" **Rabbi Yaakov Berkowitz**, "Making It Count: *Secrets of Sefiras Ha'Omer*." Plus Youth Programming and Tot Shabbat.

- **Monday, May 18 ~ Roey Gilad**, the Consulate General of Israel, to the Midwest Region of the United States, will speak at Nusach Hari B'nai Zion the day after Yom Yerushalayim (Jerusalem Reunification Day). Before going to Chicago, Mr. Gilad served in various positions outside Israel including the UK, Jordan and Kenya. The 51-year-old native Israeli is fluent in Hebrew, English and Arabic, and is knowledgeable in French. He holds an M.A. Degree in Middle Eastern Studies and National Security, and a B.A. Degree in Middle Eastern Studies. Further information to follow – so stay tuned for the exciting details!!!
- **Motzai Shabbos, May 23 ~ Erev Shavuot ~ Dinner and Early-Bird Learning.** Mark your calendars!

In The Community . . .

- **Community Yom HaShoah Commemoration ~** Tomorrow, April 19, 4:00-5:30 p.m., at Kol Rinah Congregation, 829 Hanley Road. Our own Mimi Fiszal will have the honor of lighting a candle during the program. Mimi will be representing the St. Louis Chapter of the "Second Generation of Holocaust Victims and Survivors, and Their Descendants." For further information, go to HMLC.org or call 314-442-3714.
- **Monday Evening, April 20 ~** The Jewish Women's Society of Aish HaTorah presents Adrienne Gold, "Uncover Your Own Special Purpose!" For Women Only!!! 6:00 p.m. – Dinner with Adrienne; 7:30 p.m. – Adrienne Lights Our Way; 9:00 p.m. – Dessert Reception. Cost/Membership: \$36.00 Sisterhood Level – Membership for 1 year and entrance to event; \$180.00 Chesed Level – Membership for 1 year includes dinner and event; \$1,800.00 Lifetime Level – Lifetime Membership includes dinner and event. For more details, call the Aish office at 314-862-2474 or email cwolff@aish.com.
- **JWRP Men's Israel Trip ~** This summer from June 21 to 29, tailored for men with children at home aged 18 and younger. You will visit an IDF base, to name just one destination, and hear experts in fields ranging from military security to personal growth to Israel's booming high tech economy. For details on this trip, info from past trips, and a sample itinerary go to www.jwrp.org/mens-trip. Men are responsible for their airfare plus \$999 (\$699 for men whose wives have been on a JWRP women's trip). This trip is highly subsidized – the true cost is well over \$2,000. Questions? Contact **Rabbi David** at 314-862-2474 or ydavid@aish.com.
- **A Call for Help from the Jewish Food Pantry ~** The Jewish Food Pantry is in desperate need of volunteers. The amount of food they are receiving is growing, but the number of people to organize all of the donations is NOT keeping up! To help or for questions, call **Julie Eisenberg** at 314-494-8437.
- **Women's Tehillim Group ~** A group of women in the community, gather each Sunday at 9:15 a.m., at the home of Jan Adelman, 8032 Amherst Ave, 314-863-5438, to say Tehillim in the *zchus* (merit) of a *refuah shelayma* (full & speedy recovery) for the *cholim* (the ill people) in our community. The Tehillim hotline for names and updates: 314-441-6460. If you have any questions, please call **Julie Eisenberg** at 314-494-8437.
- **Tomchei Shabbos On-Going FOOD DRIVE!!** *Tomchei Shabbos* (Supporters of the Sabbath) is maintained through contributions of food and money, and was established by the Vaad Hoer, which discreetly provides families in our community with Shabbos & Yom Tov meals. Bring a bag of non-perishables to our office, or for home pick-up please call **Sally Needle**, 314-991-2575. To make a donation go to www.ovkosher.org.

President's Message from Lenny Alper



Mazel Tov to Rabbi Aaron and Rebbitzin Pearl Borow on being honored by Emunah Jerusalem. Rabbi Borow is the Rabbi Emeritus of NHBZ, having served from 1965 until 1999, when he and Pearl made aliyah.

Emunah National Religious Women's Organization serves the Israeli population with programs from infancy to old age in a variety of areas: social welfare, education and volunteerism, family and culture, National Service, including: daycare centers, high schools for girls, college for teacher training, homes for children at risk, family counseling centers, and more.

Pearl Borow has been an active member at the Jerusalem branch of Emunah for many years, teaching a variety of classes.

Emunah Jerusalem is honoring the Borows at a banquet in June. To raise money for its many activities, Emunah is publishing an ad journal in conjunction with the banquet. *Wouldn't it be nice to surprise them with a full-page ad from NHBZ in St. Louis?* I know there are many friends and admirers of the Borows in our congregation who would like to recognize them in this way. Even those who do not know them personally can show appreciation for the long-time contributions that Rabbi and Rebbetizen Borow made to our shul.

A full page ad costs \$500, and I invite all who are interested in participating to make a contribution of any amount toward the ad. Please contact Bobby Levine or Sandie Abrams in the office for details. Also, you can purchase a personal ad starting at \$50.

*Welcome to Beyond Twelve Gates by Rabbi Ze'ev Smason
Parshas Shemini April 18, 2015*

“Russell Westbrook, MVP: (a) Mensch, (and) Valuable Person”

Russell Westbrook of the NBA Oklahoma City Thunder has had many outstanding highlights during the current season. But Russell's best moment of the year followed his having been named the MVP of the All-Star Game back in February. His prize was a \$25,000 new car, courtesy of Kia. Once the point guard got back to Oklahoma City, he realized he could put the car to better use. So, Russell got in touch with Oklahoma City's Sunbeam Family Services and surprised Kerstin Gonzales, a 19-year-old single mother of two, by giving her his new car. Kerstin's current car was not in great driving shape; she had been borrowing cars from family and friends to be able to get to work, to get to school and to pick up her sons.

On the morning of a meeting at Sunbeam Family Services, Kerstin was waiting with her two young boys for a few minutes when she suddenly sensed a figure stroll behind her chair. As two large hands tapped her on the shoulder, Kerstin turned around to see Russell Westbrook's signature wide grin. The initial shock of seeing a Thunder player didn't last long, because as the Thunder point guard introduced himself, he told Kerstin that he had a surprise for her – a brand new car. At first, Kerstin was skeptical, but as soon as Russell pulled the keys out of his pocket (<https://www.youtube.com/watch?v=NIBCWuzDUjo>), she broke into tears. “Are they playing a prank on me or something?” Kerstin said of her initial reaction. “When he showed me the keys, I was like ‘this is real’. That’s when I started to cry because it’s been such a hard time.” For his part, Russell, “There were definitely tears of joy and I could tell some tears of hard work and all the different things she’s been through in her life. Today was a stepping stone in showing her that everything is going to be alright.”

In Proverbs (22:9) King Solomon said, *"A person with generosity of spirit will be blessed."* A person who is concerned about others focuses his attention upon those around him and is sensitive to their needs and wishes. His mind is occupied thinking what can be done to help them. His generosity of spirit leads him to take action to bring about positive change for other people and society. Wherever there is a human being, there is an opportunity for kindness. Kindness, like a boomerang, always returns a blessing -- particularly in the form of the pleasure we receive when we give to others.

Parshas Shemini Leviticus 9:1 - 11:47

This week's Torah portion begins by discussing the events which occurred on the eighth and final day of the inauguration service of the Mishkan. After months of preparation, Aaron and his sons are finally installed as Kohanim in an elaborate service. Aaron blesses the people, and the entire nation rejoices as G-d's presence rests upon them. However, the excitement comes to an abrupt halt as Aaron's two eldest sons, Nadav and Avihu, are consumed by a heavenly fire in the Mishkan while innovating an offering of incense on the altar. This incident

stresses the need to perform the commandments only as G-d directed. Later, Moses consoles Aaron, who grieves in silence.

Have you ever wondered where the laws of kosher food come from? Parshas Shemini concludes with a listing of the kosher and non-kosher animals. The identifying signs of a kosher animal are that it has split hooves and chews, regurgitates and re-chews its food. A kosher fish is one that has both fins and scales. All birds not included in the list of forbidden fowl are permitted. However, today the identity of these non-kosher birds is doubtful. Therefore, we're forbidden to eat any species of bird unless there is a well-established tradition that it is kosher. The Torah forbids all types of insects except for four species of locusts. Chocolate-covered grasshoppers, anyone? The laws of kashrut help us to be distinct and holy -- like G-d, Himself.

Rabbinic Ruminations

A small number of nursing professionals believe in a "lunar effect" -- a purported correlation between the phases of the Earth's moon and human affairs, such as busier hospital emergency rooms or more births. A new study finds that the full moon is NOT linked to a 'lunar-lunacy' connection. Jean-Luc Margot, a UCLA professor of planetary astronomy, who carried out the study (<http://journals.lww.com/nursingresearchonline/pages/articleviewer.aspx?year=9000&issue=00000&article=99876&type=abstract>), said: "Some nurses ascribe the apparent chaos to the moon, but dozens of studies show that the belief is unfounded." Similarly, there is no evidence that the moon has any influence on such things as automobile accidents, violent behavior, or even criminal activity. The belief that there might be a link is likely due to a bias in the way even intelligent people think called the *confirmation bias*. It arises because people search for information that confirms their view of the world and ignore what doesn't fit.

Another study of the *confirmation bias* occurred during the 2004 US presidential election. Participants who reported having strong feelings about the candidates were shown apparently contradictory pairs of statements, either from Republican candidate George W. Bush, Democratic candidate John Kerry or a politically neutral public figure. They were also given further statements that made the apparent contradiction seem reasonable. From these three pieces of information, they had to decide whether or not each person's individual statements were inconsistent. There were strong differences in these evaluations, with participants much more likely to interpret statements from the candidate they opposed as contradictory.

American astrophysicist Saul Perlmutter said, "*Your job as a scientist is to figure out how you're fooling yourself.*" And it's not only scientists who often automatically confirm preconceived biases. Every person is subject to cognitive biases, those annoying glitches in our thinking that cause us to make questionable decisions and reach erroneous conclusions. Where can we find objectivity? "*The Torah of G-d is perfect,*" says King David in Psalm 19:8, "*restoring the soul; the testimony of G-d is trustworthy, making the simple one wise.*" Let your compass for truth be the Torah.

Quote of the Week

The only thing new in this world is the history you don't know -- **Harry S Truman**, 33rd President of the United States (1884-1972)

Joke of the Week

A five year old boy went for a weekend trip with his grandparents. On the way home, they stopped at a country restaurant for lunch.

The little boy left the table to use the restroom by himself. A moment later he returned with a confused look on his face. He said, "Grandpa, am I a rooster or a hen?"

MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

This Week At a Glance	Shabbos April 18	Sunday April 19	Monday April 20	Tuesday April 21	Wed. April 22	Thurs. April 23	Friday April 24	Shabbos April 25
Shachris	9:00 am	8:00 am	6:45 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:05 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:15 pm

NHBZ Event Planner

(Check **“Shul News . . .”** for time, date or location changes.)

Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.

All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- Tefillah Class (9:30 am) led by Rabbi Yosef David in the Rivkin Chapel.
- Child Care (10:00 am – Noon) for kids 3 & under in the Children’s Room.
- Learners Service (10:15 am) led by Rabbi Ze’ev Smason in the Rivkin Chapel.
- Shabbos Tanach (Bible) (45 minutes before Mincha)

SUNDAY

- Mishna Learning (after Shacharis) with Rabbi Chanan Swidler, of Aish HaTorah
- “Mystical Moments” with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel

MONDAY

- Mah Jongg (Mondays, 4-6:00 pm) NHBZ Lower Level. Proceeds benefit The NHBZ Chesed Fund.

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.

SEMI-MONTHLY at NHBZ

- Women’s Tefillah Class (2nd & 4th Mondays) 3:15 pm with Rabbi Smason at NHBZ.

MONTHLY at NHBZ

- Irvin Alper Social Club (First Sunday) 5:00 pm.
- Mussar Mondays (First Monday) 7:00-7:45 pm. at the home of Richard & Mindy Woolf.
- Women’s Home Study Group (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday) 7:00 pm at NHBZ.
- Sisterhood (Third Tuesday)
- Dine-In Pizza Night (Last Sunday) 5:00 – 7:00 pm Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 – 4:45 pm.

NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn

The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, NO LATER THAN 12:00 noon, please. That will allow the time needed to make changes. The bulletin is printed first thing every Thursday morning.