



# NHBZ Shabbos Bulletin

*Welcome to Nusach Hari B'nai Zion*

Affiliated with Union of Orthodox Congregations of America

April 25, 2015  
6 Iyar 5775

Torah Portion:  
Haftorah:

Parshas Tazria/Metzora: Leviticus 12:1 – 15:33  
2 Kings 7:3-20

Stone Chumash pages 608-635  
Stone Chumash pages 1172-1173

*Candle Lighting ~ 7:28 p.m.*

*Shabbos Concludes ~ 8:32 p.m.*

## **Our Generous Sponsor This Shabbos . . .**

- *Thank You and Mazel Tov to Jay and Peggy Umansky for sponsoring this Shabbos Bulletin in honor of the birth of their new grandson **Yishama Gavriel**. Mazel Tov to Yishama's parents **Mike and Alana Minoff!!!***  
**WELCOME TO YISHAMA GAVRIEL!!!**

## **Shabbat Shalom!**

**Erev Shabbos, Friday Night, April 24, 2015**

- **Mincha & Ma'ariv** (7:00 pm)

**Shabbos, April 25, 2015**

- **Shachris & Musaf** (9:00 am) ~ *Thank You For Leading Davening*
  - Pesukei D'Zimra: **Howard Sandler**
  - Shacharis: **Menachem Szus**
  - LeYning: **Moshe Leib Cohen**
  - Haftorah: **Dr. Naftoli Kadosh**
  - *Drasha* (Sermon): **Rabbi Ze'ev Smason**
  - Musaf: **Alan Haber**
- **Tefillah/Prayer Learners' Service** ~ (9:30 am) Led by **Rabbi Yosef David** in the Rivkin Chapel.
- **Learners' Service** ~ (10:15 am) Led by **Rabbi Ze'ev Smason** in the Rivkin Chapel.
- **Kiddush** ~ (After Musaf)
- **Mincha, Shalosh Seudos, Ma'ariv** ~ (7:15 pm)
- **Shabbos Concludes** ~ (8:32 pm)

## **SIMCHAS**

**MAZEL TOV ON SIMCHAS** April 25-May 1. **Happy Birthday to Madeline Hartranft and**

**Micky Szus! Anniversaries ~ None This Week!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Pack of Cards.

**Friendly Reminder ~ Yizkor Donations:** – Just a friendly reminder to send your Yizkor contributions in memory of your loved ones. To charge your donation to your credit card - call Sandie at 314-991-2100, ext. 2.

## **Shul News . . .**

- **CALL US WITH YOUR GRADUATES!** Before you know it, we will be heading into Graduation Time. Do you have a graduate in your family? Please call Sandie, 314-991-2100, ext. 2, and give us your graduates' names, schools, universities and degrees earned, so we can wish you and your graduates a big Mazel Tov in our Shabbos Bulletin! This year, Graduation Shabbos ~ when our Kiddush will be in honor of all the graduates ~ will be on Shabbos, June 13th.

*Please be sure to read Rabbi Smason's Beyond Twelve Gates in this Bulletin:*

*"Woman Searching for Biological Mother Discovers Co-Worker is her Mom!"*

**When You Need Rabbi Smason** ~ When you or a loved one becomes ill, and is hospitalized, please have a family member or friend contact Rabbi Smason on his cell phone as soon as possible . . . 314-749-5271.

**Mi Shebarach List** ~ Prayers said for a *Refuah Shelayma* (Speedy Recovery) for your loved ones and friends. Please call 314-991-2100, ext. 2, by 10 a.m. Friday mornings to include the names on our list to be read on Shabbos.

## **Shul News . . .**

- **This Sunday, April 26 ~ All-You-Can-Eat Pizza Buffet** ~ 5:00 to 7:00 p.m. **New scanners will accept Credit Card Payments!!!** Are you new to NHBZ, looking to meet more members...sign up to help on our Pizza Buffet Line! It's a great way for everyone to say "Hi." Bring your family and friends to enjoy a delicious dinner of pizza, pasta, salad and garlic bread, dessert and beverage! Reservations are not needed - just show up, eat to your heart's content, have fun schmoozing and have a great time!!! Plus a movie for the kids every month!!!! (Please place carry-out orders by 10:00 a.m. on Sunday morning, 314-991-2100, ext. 2. Pick up time for carry out pizzas: 4:30-4:45 p.m.)
- **Monday, April 27 ~ Women's Emergency Tehillim Circle ~ Meeting at 5:30 p.m. to organize our procedures and make sure that each of us knows her part.** The following women have made the commitment to be on call to say Tehillim for individuals whenever an emergency situation occurs: **Julie Eisenberg, Sandie Abrams, Debbie Barash, Shirley Bluestein, Marcie Brook, Rhonnie Goldfader, Sandy Kahn, Joni Kaiser, Sandy Klarfeld, Cindy Looney, Beverly Magencey, Laura Rader, Shayna Scribner, and Peggy Umansky.** We say the prayers at home. Please call **Julie Eisenberg**, 314-695-5615, or **Sandie Abrams**, 314-991-2100, ext. 2., if you would like to participate. Please provide us with your phone number and email address so word can get to you as soon as an emergency arises.
- **Tuesday, April 28 ~ Executive Committee Meeting. Mincha & Ma'ariv at 7:00 pm, Meeting, 7:30 pm.**
- **Deadline – RSVP & Payment Made on or Before Thursday, April 30** ~ "Above and Beyond," a movie about the creation of the Israeli Air Force in 1948, will be shown at Plaza Frontenac on Thursday, June 11, 2015 at 8:00 p.m., under the sponsorship of the Jewish Film Festival. We plan to have a group from Nusach Hari B'nai Zion attend at the special group rate of **\$10 per ticket – PAID IN ADVANCE.** If you would like to participate, please call the office and send in or deliver your checks to the office, before the "group deadline" of April 30, 2015. Tickets at the door, if still available, will be \$12.
- **Sunday, May 3 ~ Dedication of Memorial Plaques ~ Rabbi Ze'ev Smason** will dedicate the Memorial Plaques for **Alex and Diana (Dena) Perez**, Aleihem L'Shalom, long-time members of Nusach Hari B'nai Zion, at 10:00 a.m. in the lower level Feigenbaum-Pepose Learning Center.
- **Sunday, May 3 ~** Sandie will be on vacation from Sunday, May 3<sup>rd</sup>, returning to the office on Monday, May 11. 😊
- **Shabbos, May 9 ~** May Lunch & Learn and Synaplex Shabbat. Regular Services begin at 8:30 a.m., **Rabbi David's Learners' Service** at 9:15 a.m., **Rabbi Smason's Learners' Service** at 10:00 a.m., Synaplex Sessions at 11:15 a.m. followed by lunch at noon! Luncheon in honor of May Birthdays and Wedding Anniversaries. Synaplex speakers will be **Rabbi Ze'ev Smason** speaking on the topic: "Historic Space Quotes: *The Torah View of Humanity's Journey Into the Unknown*;" **Dr. Andrew Rehfeld**, President and CEO of Jewish Federation of St. Louis: "Israel & America Today: *The Creation of Three Jewish Peoples*;" **Rabbi Yaakov Berkowitz**, "Making It Count: *Secrets of Sefiras Ha'Omer*." Plus Youth Programming and Tot Shabbat.
- **Monday, May 18 ~ Roey Gilad**, the Consulate General of Israel, to the Midwest Region of the United States (stationed in Chicago), will speak at Nusach Hari B'nai Zion the day after Yom Yerushalayim (Jerusalem Reunification Day). Before going to Chicago, Mr. Gilad served in various positions outside Israel including the UK, Jordan and Kenya. The 51-year-old native Israeli is fluent in Hebrew, English and Arabic, and is knowledgeable in French. He holds an M.A. Degree in Middle Eastern Studies and National Security, and a B.A. Degree in Middle Eastern Studies. Further information to follow – stay tuned for exciting details!!!
- **Tuesday, May 19 ~** Sisterhood Mother's Day Luncheon & Bingo Party! RSVP to Rachael, 314-395-6017
- **Motzai Shabbos, May 23 ~ Erev Shavuos** ~ Dinner at 9:15 p.m. followed by Early-Bird Learning at 10:30 p.m. Mark your calendars! The two days of Shavuos are - Sunday & Monday, May 24 & 25. Yizkor will be recited on Monday, May 25. Watch for more details . . .
- **Shabbos, June 6 ~** Thanks to **Bob & Joni Kaiser** and **Dr. Susan Feigenbaum & Dr. Jay Pepose** for sponsoring lunch in honor of their Wedding Anniversaries! **30-years for Joni & Bob, 36 for Susan & Jay!**

- **Shabbos, June 13** ~ Lunch in honor of June Birthdays and Wedding Anniversaries, AND Graduation Shabbos!!!
- **Sunday, June 14** ~ **The First NHBZ Community Family KidZone BBQ** at 5:00 p.m. Mark your calendars – reserve the date!!!

## **In The Community . . .**

- **Millstone Campus Men's Mikvah** ~ Due to the long-awaited improvements being made to the Millstone Campus mikvahs, the men's mikvah will not be available for use on Erev Shabbos for the next several weeks, until further notice.
- **RSVP by Friday, May 1** ~ Call 314-342-4655. (200 minimum guests or event is subject to cancellation.) Vaad Hoer approved Kosher Mother's Day Brunch, Hyatt Regency St. Louis at the Arch, on Sunday, May 10. Adults: \$38.00, Kids 12 & Under: \$15.00. Price includes tax and parking; gratuity not included. Selections include fruit, eggs, assortment of salads and soups, entrees – Atlantic King Salmon, Prime Rib of Beef, Crispy Chicken Tenders, Penne w/Turkey Meatballs, variety of sides and desserts!
- **A Call for Help from the Jewish Food Pantry** ~ The Jewish Food Pantry is in desperate need of volunteers. The amount of food they are receiving is growing, but the number of people to organize all of the donations is NOT keeping up! To help or for questions, call **Julie Eisenberg** at 314-494-8437.
- **Women's Tehillim Group** ~ A group of women in the community, gather each Sunday at 9:15 a.m., at the home of Jan Adelman, 8032 Amherst Ave, 314-863-5438, to say Tehillim in the *zechus* (merit) of a *refuah shelayma* (full & speedy recovery) for the *cholim* (the ill people) in our community. The Tehillim hotline for names and updates: 314-441-6460. If you have any questions, please call **Julie Eisenberg** at 314-494-8437.
- **Tomchei Shabbos On-Going FOOD DRIVE!!** *Tomchei Shabbos* (Supporters of the Sabbath) is maintained through contributions of food and money, and was established by the Vaad Hoer, which discreetly provides families in our community with Shabbos & Yom Tov meals. Bring a bag of non-perishables to our office, or for home pick-up please call **Sally Needle**, 314-991-2575. To make a donation go to [www.ovkosher.org](http://www.ovkosher.org).

## **President's Message from Lenny Alper**



**Mazel Tov to Rabbi Aaron and Rebbitzin Pearl Borow** on being honored by Emunah Jerusalem. Rabbi Borow is the Rabbi Emeritus of NHBZ, having served from 1965 until 1999, when he and Pearl made aliyah.

Emunah National Religious Women's Organization serves the Israeli population with programs from infancy to old age in a variety of areas: social welfare, education and volunteerism, family and culture, National Service, including: daycare centers, high schools for girls, college for teacher training, homes for children at risk, family counseling centers, and more.

Pearl Borow has been an active member at the Jerusalem branch of Emunah for many years, teaching a variety of classes.

Emunah Jerusalem is honoring the Borows at a banquet in June. To raise money for its many activities, Emunah is publishing an ad journal in conjunction with the banquet. **Wouldn't it be nice to surprise them with a full-page ad from NHBZ in St. Louis?** I know there are many friends and admirers of the Borows in our congregation who would like to recognize them in this way. Even those who do not know them personally can show appreciation for the long-time contributions that Rabbi and Rebbetizen Borow made to our shul.

A full page ad costs \$500, and I invite all who are interested in participating to make a contribution of any amount toward the ad. Please contact Bobby Levine or Sandie Abrams in the office for details. Also, you can purchase a personal ad starting at \$50. **The deadline for ads is May 15!**

*Welcome to Beyond Twelve Gates by Rabbi Ze'ev Smason  
Parshas Tazria-Metzora April 25, 2015*

*“Woman Searching for Biological Mother Discovers Co-Worker is her Mom!”*

A 38-year-old woman's quest to find her birth mother ended in a surprising place -- the company where she works. La-Sonya Mitchell-Clark requested records that were made available recently by the Ohio Department of Health. When she learned her mother's name is Francine Simmons, La-Sonya looked her up on Facebook. In an incredible twist of fate, she saw that her mother worked at InfoCision, a teleservices provider. La-Sonya had worked at InfoCision for four years, while her mother had been there for ten years.

La-Sonya knew of an employee named Francine. She reached out to her, and the next day, got the long-awaited phone call. "I said, 'I think I'm your daughter,'" La-Sonya said. For her part, Francine said she always wanted to connect with the daughter she gave up as a 15-year-old mother but didn't know how. "I'm still in shock," Francine said. "It's amazing." The two live only a few minutes from each other in Youngstown. It turns out La-Sonya has three sisters she didn't know about -- and one of them works at InfoCision as well. She said her adoptive parents have always been supportive of her. "[They've] always encouraged me to look for them. They're going to be a part of this, too." Francine, speaking of her new-found daughter, said, "Now, we've got a bigger, extended family where we can just be together."

The term "twist of fate" refers to a random occurrence with far-reaching consequences. But are there such things as random occurrences? While few of us have unexpectedly met a long-lost sibling, our lives are filled with frequent 'small miracles'. In our daily prayers we thank G-d for "Your miracles which are with us daily, and for Your continual wonders and kindnesses." Because we become accustomed to life and nature, we rarely see the levers and pulleys of the small and hidden miracles that surround us. In Proverbs King Solomon said, "*The lot is cast into the lap; but the whole of its decision is from the LORD*" (16:33). Everything that happens in the world is made to work out according to a Divine purpose. G-d is certainly with us and speaks with us. We need only to open our eyes and see.

*Parshas Tazria / Metzora Leviticus 12:1 – 15:33*

Parshas Tazria describes in great detail the varying manifestations of the disease called tzara'as. Although it has commonly been mistranslated as leprosy, this skin disease bears little resemblance to any bodily ailment transmitted through normal exposure. Rather, tzara'as is the physical manifestation of a spiritual malaise, a punishment from G-d primarily for the sin of speaking loshon hara. Loshon hara, meaning literally 'the evil tongue', is often translated as 'gossip'. However, loshon hara is the Hebrew term for derogatory speech that is true. Motzei shem rah refers to derogatory speech about others that is false and slanderous.

The metzora (one diagnosed with tzara'as) was to be sent into isolation, tear his garments, and to call out 'contaminated, contaminated!' Since he abused his power of speech, sowing strife and distancing people from one another, it was fitting that he too should suffer the effects of isolation. Parshas Metzora continues the discussion of tzara'as, detailing the purification process of the metzora. Tzara'as could afflict one's clothing and home, and necessitate the burning of one's clothes and demolishing of one's home if the disease spread. The various punishments recorded in the Torah are not intended to serve as revenge for the sin; they are measures that will hopefully restore the person to the correct path.

*Rabbinic Ruminations*

A *pollyanna* is described as someone who remembers only happy events, believes everyone in the world is completely beautiful, and looks on the bright side of everything, including misfortune. Based upon the Eleanor Porter novel '*Pollyanna*', *pollyanna* soon became the common label for optimists, and began at times to carry the pejorative connotation of being irrepressibly or excessively optimistic. The *Pollyanna Hypothesis* asserts that there is a universal human tendency to use evaluative positive words more frequently and diversely than evaluative negative words in communicating. A new study finds that across multiple languages and in many modes, human communication skews towards the positive.



The study, led by mathematician Peter Dobbs, examined individual words from 10 diverse languages and 24 source types including books, news and social media, websites, music lyrics, and television and movie subtitles. Researchers pinpointed about 10,000 frequently used words in English, Spanish, French, German, Portuguese, Korean, Chinese (simplified), Russian, Indonesian and Arabic. The team then paid native speakers to rate words by assigning them a smiling or frowning face; in all, some 500 million human scores were obtained. Dr. Dobbs said, “. . . in every source we looked at, people use more positive words than negative ones.” The researchers think that their study, published in the journal *Proceedings of the National Academy of Sciences*, suggests language itself has a sense of positivity built in at its core ([Dodds et al., 2015](#)).

Abraham Lincoln once said, “We can complain because rose bushes have thorns, or rejoice because thorn bushes have roses.” Not surprisingly, Judaism encourages us to choose to see the good in things and in people. This is called having an *ayin tovah*, literally, a “good eye.” Ethics of the Fathers (5:22) teaches: “Those who have a good eye, a humble spirit, and a meek soul are among the disciples of our forefather Avraham.” Positive and negative are directions. Which direction do you choose?

### *Quote of the Week*

Be less curious about people and more curious about ideas. -- *Marie Curie* (Polish and Naturalized-French Physicist and Chemist)

### **Joke of the Week**

It's the Maccabiah Games in Tel Aviv and just before their race, an American sprinter asks an Israeli opponent, "So what's your best time for the 100 meters?"

"Just over 8 seconds," replies the Israeli.

"But the world record is around 9 seconds," says the astonished American.

"Yes," says the Israeli, "but I know a short cut."

## **A VERY BIG Thank You to Sisterhood!!!**

A VERY BIG THANK YOU to our Sisterhood for purchasing our brand new coffee urns!!! Without any hesitation, at any time, our Sisterhood is always ready to provide whatever we need -- whenever we need it. The ladies are the big sisters of our shul offering a helping hand and unconditional love and support. Thank you, again, to Rachael Pevnick and her team, for all you do for Nusach Hari B'nai Zion!!!

## MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

<b>This Week At a Glance</b>	Shabbos April 25	Sunday April 26	Monday April 27	Tuesday April 28	Wed. April 29	Thurs. April 30	Friday May 1	Shabbos May 2
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:15 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:20 pm

### NHBZ Event Planner

**(Check “Shul News . . .” for time, date or location changes.)**

**Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.**

**All events will be at NHBZ unless otherwise noted.**

#### WEEKLY at NHBZ

##### SHABBOS

- Tefillah Class (9:30 am) led by Rabbi Yosef David in the Rivkin Chapel.
- Child Care (10:00 am – Noon) for kids 3 & under in the Children’s Room.
- Learners Service (10:15 am) led by Rabbi Ze’ev Smason in the Rivkin Chapel.
- Shabbos Tanach (Bible) (45 minutes before Mincha)

##### SUNDAY

- Mishna Learning (after Shacharis) with Rabbi Chanan Swidler, of Aish HaTorah
- “Mystical Moments” with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel

##### MONDAY

- Mah Jongg (Mondays, 4-6:00 pm) NHBZ Lower Level. Proceeds benefit The NHBZ Chesed Fund.

##### WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.

#### SEMI-MONTHLY at NHBZ

- Women’s Tefillah Class (2<sup>nd</sup> & 4<sup>th</sup> Mondays) 3:15 pm with Rabbi Smason at NHBZ.

#### MONTHLY at NHBZ

- Irvin Alper Social Club (First Sunday) 5:00 pm.
- Mussar Mondays (First Monday) 7:00-7:45 pm. at the home of Richard & Mindy Woolf.
- Women's Home Study Group (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday) 7:00 pm at NHBZ.
- Sisterhood (Third Tuesday)
- Dine-In Pizza Night (Last Sunday) 5:00 – 7:00 pm Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 – 4:45 pm.

#### NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn

***The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, NO LATER THAN 12:00 noon, please. That will allow the time needed to make changes. The bulletin is printed first thing every Thursday morning.***