

NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

Shabbos August 23, 2014 27 Av 5774

Torah Portion:Parshas Re'eh: Deuteronomy 11:26 – 16:17Stone Chumash pages 998-1023Haftorah:Isaiah 54:11 – 55:5Stone Chumash page 1199

Thanks to Rachael Pevnick for sponsoring this Shabbos Bulletin in honor of the 50th Birthday of her daughter Debbie Sher! HAPPY BIRTHDAY, DEBBIE!!!

Thanks to Lenny & Fran Alper for sponsoring this Bulletin in honor of the Birthdays & Anniversary of David & Norma Rubin! HAPPY BIRTHDAY & HAPPY ANNIVERSARY, DAVID & NORMA!!!

Erev Shabbos – Friday Night, August 22, 2014

- Mincha & Ma'ariv (7:00 pm)
- Candle Lighting (7:29 pm)

Shabbos – August 23

- Shachris & Musaf (9:00 am) ~ Thank You For Leading Davening
 - Pesukei D'Zimra: Howard Sandler
 - Shacharis: Menachem Szus
- Haftorah: Sid Silverman
- Drasha (Sermon): Rabbi Ze'ev Smason

- Leyning: Max Gornish

- Musaf: David Rubin
- Kiddush & Lunch ~ (After Musaf) Thanks to David & Norma Rubin for sponsoring Kiddush & Lunch today in honor of David's birthday (this past August 16th), Norma's birthday (coming up on September 1st), and David & Norma's 3rd Wedding Anniversary (this past Thursday August 21st).

Happy Birthday & Happy Anniversary to David & Norma!!!

- Mincha, Shalosh Seudos, Ma'ariv (7:15 pm) Thanks and Mazel Tov to Mary Kapelusz for sponsoring Shalosh Seudos today in honor of her new great-granddaughter Paige! And, Mazel Tov to parents Scott & Leah Middleman, and grandparents Gary & Ruth Levison.
- Shabbos Concludes (8:39 pm)
- Rosh Chodesh Elul ~ Tuesday & Wednesday, August 26 & 27; 30 Av & 1 Elul.
- Extremely Important Message! When you or a loved one becomes ill, and is hospitalized, PLEASE HAVE A FAMILY MEMBER OR FRIEND CONTACT RABBI SMASON ON HIS CELL PHONE ASAP ... 314-749-5271. Calling the office sometimes delays the time in which Rabbi Smason receives the information. Rabbi Smason is very sensitive to the needs of all our members ~~ each and every one of you. He wants to be able to help you as quickly as possible and in any way he can. Please keep Rabbi Smason's cell phone number handy in your wallet, and give it to your family and friends, so you and they will have easy access at all times.

"What's Up" on Sunday?

Family Picnic & BBQ ~ An evening of fun for the whole family ~ tomorrow, August 24th, 5:30-7:00 p.m.!!! Bring your own T-Shirts to Tie-Dye! Plate prices include sides & beverage: Hot dog plates \$5.00, Hamburger plates \$6.00. Extra canned soda, bottled water, and sno-cones \$1.00 each. Come to Irv Zeid (Citizen's) Park, next door to the shul, and have a great time with us!!! In case of rain, we will move next door to NHBZ!

Mah Jongg, Anyone? !

Calling All Mah Jongg Mavens! Would you like to play Mah Jongg every Monday, 4:00-6:00 p.m., at Nusach Hari B'nai Zion, and <u>help the Chesed Fund at the same time</u>? Please join us starting this Monday, August 25th, in

Nusach Hari B'nai Zion 650 N. Price Road Saint Louis, MO 63132 Ze'ev Smason, Rabbi Aaron Borow, Rabbi Emeritus Leonard M. Alper, President Dr. Ethan Schuman, Chazan Office Phone 314-991-2100 Chapel Phone: 314-991-2100 Webpage: <u>www.nhbz.org</u> the Teen Lounge (lower level). Only \$3.00 cover! Proceeds will benefit The Chesed Fund. Lessons available; seating is limited. We hope to see you on Monday! Questions? Call Debbie Barash, 314-993-4954. MahJ-ON!

WISH LIST:

Our computer systems, including a server, enable us to efficiently manage our shul by producing the Shabbos bulletin, our accounting, the production of various printed material, the yahrtzeit reminders, and more. Just like everyone else, we are plagued by power outages; we require Battery Backup devices to keep the operations and server running smoothly and to prevent data loss. We are now badly in need of several UPS's - Uninterruptible Power Supplies for our server and some other devices. If you would like to contribute one . . . HERE IS OUR WISH LIST:

- 1. APC Smart-UPS 1500VA LCD 120V it runs about \$600 for our server
- 2. a few APC Back-UPS 350's running about \$90 each.

Please let us know if you can help. Call Sandie, 314-991-2100, ext. 2, or go to <u>sandieabrams@hotmail.com</u>. Thanks to **Dr. Erol & Sally Amon, Andy & Ellen Berg, and Irwin & Roz Rosen** for being the first to respond to our Wish List**!!!**

<u>Slices for Israeli Soldiers:</u>

A TREMENDOUS THANK YOU to DR. ETHAN & DEBBY SCHUMAN for sharing this wonderful idea!!! The response, from NHBZ members and friends in the community alike, has been completely overwhelming! One soldier exclaimed upon seeing the towers of pizza boxes, "NO TUNA TONIGHT !!!" So, thanks to these contributors, some first-timers and some for the second time around!!! Thanks to NEW FIRST-TIME DONORS: Jesse & Debbie Barash, Dr. Craig & Jackie Berkin, Eliana Brook, Dr. Alan & Marcie Brook, June Cohen, Tobie Dobin, Alyn & Marilyn Essman, Shirley Finger, Mimi Fiszel, Ellen Futterman, Marlene Green, Tom Hardcastle, Bryson & Jennifer Hartranft, Cantor Murray & Joyce Hochberg, Joseph & Joan Hoffman, Ellie Kaiser, Mary Kapelusz, Sarah Klein, Kenneth & Cynthia Levin, Shari Londe, Ron & Ina Makovsky, Keith Mankowitz, Allen & Ruth Mariam, David & Jill Mogil, Edward Moon, Andrew & Myra Peskin, Ben Rivkin, Aaron Robnak, Joyce Schneiderman, Shayna Scribner, Robert Shapiro, Joseph Silverman, Sid & Phyllis Silverman, Kobi & Ohra Smason, Steve & Jill Starr, Ellen & Zalman Stein, Menachem & Linda Szus, Marian Walters, Brent Waxman, Gloria Waxman, Bob & Barbara Woolf, Deborah Woolf, Bert & Tzipporah Zakroff, Keith & Karen Zeff, and Robert & Dorothy Zuniga. Thank you, thank you to SECOND DONATIONS FROM: Bob & Sandie Abrams, Dr. Eldad & Danielle Bialecki, Kenny & Barb Bressler, Dr. Faye Cohen and Brian McCary, Wendy Goldberg, Bob & Joni Kaiser, Howard & Phyllis Loiterstein, Cindy Looney, Sally Needle, Cynthia Payant, Milton & Tammy Sallis, Dr. Ethan & Debby Schuman, Ron & Sandy Segall, Richard & Mindy Woolf, and Ed & Judy Ziegelman. If you or your friends want to contribute, please e-mail woolfnhbz@yahoo.com, and send a check payable to Nusach Hari B'nai Zion, 650 N. Price Road, St. Louis, MO 63132, earmarked for "Slices for Soldiers." Money continues to come in every day!!! Please call the office if we have inadvertently omitted from this list. Yasher Koach, Everyone!!!!!

Meetings

- Executive Committee Meeting ~ Tuesday, August 26. Minyan at 7:00 pm; Meeting at 7:30 pm.
- Board of Directors Meeting ~ Tuesday evening, September 9. Minyan is at 6:55 pm; Meeting at 7:30 pm.



 Lion's Den Pizza Night ~ All-You-Can-Eat Pizza Buffet ~ Next Sunday, August 31, 5:00-7:00 p.m. Bring your family and friends to enjoy a delicious dinner of pizza, salad, pasta and garlic bread!!! Reservations are not needed . . . just show up, eat to your heart's content, have fun schmoozing, and have a great time! Plus an extra bonus ~ we have a movie for the kids every month!!!! (Please place carry-out orders by 10:00 a.m on Sunday morning, 314-991-2100, ext. 2. Pick up time for carry out pizzas is 4:30-4:45 p.m. before the start of our buffet.) WE TAKE CREDIT CARD PAYMENTS!!!

- Challa Baking Class ~ Just in time for the High Holidays!!! Tuesday evening, September 2nd, 7:00 pm at NHBZ. Demonstrated by Mindy Woolf, with your hands-on participation!!! You will learn about new techniques, recipes and toppings. Everyone will make 2 challas to take home for the Holidays! AND, something very COOL . . . you will be making napkin rings out of challa dough, sooooo this is a "shul-wide" call for the <u>cardboard centers from rolls of paper towels</u> to be used as forms. \$12.00 per person; space is limited so RSVP soon to 314-991-2100, ext. 2.
- Synaplex and Lunch n' Learn ~ Shabbos, September 6th. Three Synaplex breakout sessions! Our speakers will be Rabbi Ze'ev Smason "Your Best Life: Seven Rules for the Road," Rabbi Yitzy Kowalsky, of the St. Louis Kollel, "Apples, Honey, and the Deeper Meaning of Rosh Hashana," and Nancy Lisker, Director, AJC St. Louis "A Defining Moment: Israel, the Diaspora and the World Around Us." And for the kids Youth Programming for kids 4 and over; and Tot Shabbat. Lunch in honor of September Birthdays and Wedding Anniversaries following the Synaplex Sessions.
- The Irvin Alper Social Club ~ Sunday, September 7th, 5:00 p.m. in the NHBZ Social Hall. Everyone is welcome ~ please join us for a light supper, cards and schmoozing. Reservations are a Must! To RSVP -- please call Ruth Alper, 314-569-2877.
- Rabbi Stnason's SIXTH Annual RABBI RIDE-AROUND ~ In less than a month, Rabbi Smason will be 'rolling out' his annual 50-mile bicycle ride on Sunday, September 14, in Forest Park!! Please become a sponsor for Rabbi Smason's Ride Around the Park: We ask a minimum pledge of 25c per mile, which equals a total donation of \$12.50; 50c = \$25; \$1.00 = \$50; \$2.00 = \$100.00!!! In the past, Rabbi Smason has had pledges of \$4.00, \$5.00 and \$10.00 per mile! THIS YEAR, he has a pledge of \$18.00/mile, which equals a total donation of \$900.00!!! Call our office, 314-991-2100, ext. 2, to make your pledge. And please come to cheer Rabbi Smason on, and enjoy a Picnic-In-The-Park! We will meet at Pavilion #6, SW corner of the park by Clayton Road & Hwy. 40. Rabbi Smason begins his Ride at 10:00 a.m.; Picnic at 12:30 p.m. We will have boxed picnic lunches plus drinks & dessert at \$10.00 for adults, and \$5.00 for kids. Great activities for the kids are planned!!! New this year: GUESS RABBI SMASON'S RIDE TIME!!! 50% of the pot will go to the winner, or split if we have multiple winners. Submit your guesses (with payment of \$5.00) before the ride; OR, for each new sponsor you bring for at least 25c per mile, you may submit one guess!
- "My Father Was a Nazi" could be the Working Title when Nusach Hari B'nai Zion presents an evening with Dr. Bernd Wollschlaeger, son of a high-ranking Nazi who was decorated with Germany's Iron Cross by Adolph Hitler, himself! Dr. Wollschlaeger's journey began at age 14, when he learned of his father's involvement during the years of Nazi rule. His quest to learn more about the Jews led him to a former Jesuit priest and many Holocaust survivors, from a trip to Israel and back to Germany where he completed medical school. He eventually succeeded in fulfilling his dream his strong desire and decision to convert to Judaism! He moved to Israel and enlisted in the Israel Defense Forces as a medical officer; he is now a family physician in private practice in Florida. Please join us on Sunday, September 21st, to hear Dr. Wollschlaeger tell his fascinating story, and meet him at a dessert reception following his presentation. Seating is limited. Advanced ticket purchase is recommended for guaranteed seating. Admission -- \$10.00.

Prior to his presentation, please join Dr. Wollschlaeger at an EXCLUSIVE DINNER FOR SPONSORS! Sponsor Opportunities:

- DOUBLE CHAI—Table Sponsor \$3,600 Sponsor's listing in program; Ten tickets for dinner and program
- CHAI Level \$1,800 Sponsor's listing may include in merit of someone (in memory, in honor) Four tickets for dinner and event
- CHESED Level- \$360 Sponsor's name listed in program—two tickets for dinner and event All above sponsorship levels will include:

Dinner with the speaker prior to presentation, Book personally signed by the speaker Photo op with the speaker, Preferred seating, Recognition in program and other printed material. Please call Susan "Shayna" Scribner, 314-913-1200, for more information, to join us for dinner, and to guarantee your seats at the event.

SMILE!!! O Our Photo Directory ~ "Faces of NHBZ" ~ We have concluded the photo sessions for our upcoming synagogue Directory. If you didn't have your portrait taken – it's not too late to have your picture included!!! You can email a photo, or bring a picture to the office. Please contact Rabbi Smason, 314-749-5271, or Phyllis Silverman, 314-434-2482, for details to have your photo in our Directory!

Please be part of our "Faces of NHBZ!!!" It won't be the same without YOU!

<u>SIMCHAS</u>

 MAZEL TOV ON SIMCHAS August 23-29. Happy Birthday to Marshall Brockman, Byron Brownstein, David Goodman, Dodi Smason, and Jonathan Yasinev! Happy Anniversary to Jesse & Debbie Barash and Bob & Rise Schnurman! Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Package of Cards.

NHBZ CLASS SERIES ~ MEMBERS & ALL FRIENDS ARE WELCOME!

- Learn to Lead Davening ~ led by our Chazzan Dr. Ethan Schuman on <u>Sunday mornings</u>, at 9:00 a.m. after morning minyan.
- Shabbos Tefilla Class ~ Tefilla Class led by Rabbi Yosef David will resume next Shabbos, August 30, 9:30 a.m. in the Chapel.
- Women's Tefilla Class ~ Led by Rabbi Ze'ev Smason. The class meets on the 2nd and 4th MONDAYS of the month at 3:15 p.m. <u>Monday afternoons.</u> Next class this Monday, August 25.

Reminders

- SHABBOS HALACHAS (Laws of Shabbos) An eruv is an enclosure, constructed according to halacha (Jewish Iaw), as a way to permit Jewish residents or visitors to carry certain objects outside their own homes on Shabbos and Yom Kippur. The St. Louis eruv encompasses parts (but not all) of Olivette, U.City and Clayton. We respectfully request that SHABBOS BULLETINS, FOOD, or any other item not be removed from the synagogue by those who do not live within the eruv. Questions? Ask Rabbi Smason.
- Become Energized *III* Sponsor Your Own Solar Panel *III* The 2014 price is just \$216 for the year. Your sponsorship will appear on the lobby monitor with an individual display with your personal or business name. Sponsor a panel for yourself, your friends, your business, or dedicate one in honor of a loved one. If you are interested in sponsoring a solar panel, please call 314-991-2100, ext. 2 and we will send you the form to complete with your own wording for your message!
- Buy and Use Gift/Cash Cards call the office for details ASAP and to order your cards! Earn free money for NHBZ! Orders are placed twice per month on or as close to the 15th and 30th. Get gift certificates from Amazon.com, or gift/cash cards to use at Sam's, Walgreens, CVS, Talbots, gas stations BP, Mobil, Shell and Sinclair, Macy's, Starbucks and so many more places with whom you do business!
- HEADS UPI Schnucks E-Scrip Gard TOTAL \$1,435.80 in 2013!!! Let's run that number up in 2014!!! If you have been using your Schnucks E-Scrip Card when you shop, we Thank You VERY Much! NHBZ received \$1,435.80 <u>Easy Money</u> last year from Schnucks based on your purchases, and <u>NO EXTRA CHARGE TO YOU</u>!!! Please remember to hand your e-Scrip card to your checker every time you shop - and make your shopping trip count!!! TO NHBZ Members <u>AND Non-Members Alike</u> ~~ <u>if you don't</u> <u>have an e-Scrip card</u>, please contact the office: <u>sandieabrams@hotmail.com</u> or 314-991-2100, ext. 2, and "shop" for Nusach Hari B'nai Zion!!!
- **Sponsorships** If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, ext. 2, to make arrangements.

- **Tributes** Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575; for Chesed Fund Tributes come by the office and pick up a package of cards!
- Mi Shebarach List ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or in English if Hebrew names are unavailable. Your contributions are greatly appreciated.
- *Memorial Plaques* ~ Memorial plaques are lovingly mounted in our new building. Remember your loved ones with a plaque; prices are \$150 and \$275. Please call the office for details, 314-991-2100, ext. 2.
- Shalosh Seudos, The 3rd Meal of Shabbos ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal in honor of family members, to celebrate special occasions, or as you observe the yahrzeits of your dear loved ones. To make arrangements call our office at 314-991-2100.
- Buy a Brick Online or by Phone ~ Our website now accepts online donations for the Brick and Planting Campaign; go to <u>http://www.nhbz.org/dedications.asp</u> or call the office at 314-991-2100.
- Synagogue Honors ~ It is customary to make a donation to the shul for Aliyos or other honors received.

NEWS & FEATURES

- NHBZ's Pushkeh Project! Our rabbis teach that tzedakah and acts of kindness are the equivalent of all the mitzvos of the Torah. Please come by our office and pick up your new pushkeh (tzedakah/charity box)!! Fill up your pushkeh!!! The tzedakah in your pushkeh will total all or part of your contribution toward admission to a Pushka Dinner that we will schedule down the road, date TBA. The shul is adopting this idea from our Sisterhood that, in years past, had prepared a yearly Pushkeh Dinner to help raise money for their coffers. We want to say a BIG "Thank You" to Dr. Jay Pepose and Dr. Susan Feigenbaum for generously sponsoring the purchase of our new pushkehs, and "Thank You" to Bobby Levine for creating the beautiful pushkeh covers.
- Kashrus Alert ~ Coco Libre Coconut Water is certified by the Orthodox Union as an OU D-Dairy product because it is processed on the same equipment as dairy products. Some stores sell boxes of Coco Libre Coconut Milk, which contain four individual containers of Coco Libre. The individual containers are correctly labeled with an OU-D; however, the outer box has a plain OU without the D-Dairy designation. Corrective measures are being implemented. Northwest Olive Oil is distributing several products, bearing an unauthorized OK kosher symbol, with Olive Oil brand names Crescent, Torino, Angela, Toscana, plus Bountiful Baskets brand of Apple Cider Vinegar and Coconut Oil. The O-K kosher certification does NOT certify any of these products. Corrective action is being taken.
- Community-Wide Event ~ Commemorating the 8th Yahrzeit of Sarah Adelman, ל"ל, tomorrow -August

24th, 2:00 p.m., at Young Israel of St. Louis. Minimum donation, \$18.00 per family. Featured speaker, Dr. Jerry Lob, clinical psychologist in Chicago, and who earned his smicha from Beth Medrash Govohah, in New Jersey, will speak on the topic, "*Finding Calm, Even Joy, In Difficult Times.*" Sponsored by The Sarah Adelman Memorial Fund, which supports programs and initiatives to help educate the community about dealing with psychological and social issues. Needy children in the St. Louis Jewish Orthodox community requiring counseling are supported by the fund.

Ohr Pesia Classes ~ "Yom Kippur and The Book of Yonah (Jonah) – Finding Teshuva." The classes will be taught by Mimi David on Sundays, September 7 and 14, 8:00 p.m. in the NHBZ Teen Lounge. The fee for the classes is \$10.00. This story, which we read every Yom Kippur, is about far more than a big fish who swallows a man. The most curious part is actually at the very end, where a tree miraculously sprouts over night — and then dies just as quickly. What we learn from this seemingly insignificant episode will transform the way you look at Yom Kippur and the power of *teshuva* (repentance).

- Exciting New Israel Travel Grants from Jewish Federation ~ for ALL St. Louis teens and young adults who travel to Israel on a peer-based educational program. Available to teens upon completion of 9th grade, and to young adults through age 27. Monetary awards based on the length of the travel program: Short-term, including summer programs \$750.00; Semester programs \$1,000.00; Year-long programs \$1,500.00. Participants are eligible for one grant in any 12-month funding period (August 1 to July 31 of the following year). You can apply more than once, but not for the same program. For details: Karen Rader, 314-442-3756 or go to www.cajestl.org, or sandieabrams@hotmail.com; we will email information & application to you.
- Tomchei Shabbos On-Going FOOD DRIVE!! Tomchei Shabbos means "Supporters of the Sabbath." The "Barbara Mendelson Tomchai Shabbos Fund" was established, by the Vaad Hoeir of St. Louis, to help support Jews suffering severe economic distress, by providing the families in our community with their Shabbos and Yom Tov meals in a discreet and dignified manner. A special kosher food pantry is stocked to provide them with food essentials, chicken and meat. <u>Pick up a bag</u> at our NHBZ office; help make the Food Drive a Big Success!!! For questions or home pick-up, please call Sally Needle, 314-991-2575. Tomchai Shabbos is maintained through contributions of food and money. To make a donation go to www.ovkosher.org click on HOME tab, then Vaad Hoeir Community Services, then Tomchai Shabbos.

President's Message from Lenny Alper

Summer is nearly over, and Rosh Hashanah is just around the corner!

That means it is time to review and update the reserved seating chart for Rosh Hashanah and Yom Kippur. We have reserved seats for members so that they can be seated with friends and family, and can come and go throughout services while being assured that they can return to the same seat. This ensures that we will have a seat for each member throughout services.

If you are a new member since last year, we will assign you a reserved seat for the holidays. If you want to sit in a particular location, front, back, side, near a relative or whatever, please contact me or Sandie in the office, and we will try to accommodate your preference.

If you were a member last year and were satisfied with your seat, you will most likely have the same seat this year. If you would like to change your seat, please contact me or Sandie in the office.

Beyond Twelve Gates by Rabbi Ze'ev Smason Parshas Re'eh August 23, 2014

Welcome to Beyond Twelve Gates

New Jersey resident Herman "Hy" Goldman still showed up for work on Monday. The reason why Mr. Goldman's day at work is noteworthy is because this past weekend he celebrated his 101st birthday. Aside from a brief absence to serve in the U.S. Army in World War II, Mr. Goldman has been working at the same company for the past 73 years. Four days a week at Capitol Lighting in East Hanover, Mr. Goldman works in rebuilding items that were damaged or deemed unusable. The irrepressible New Jersey resident still drives himself to work in a 1999 Ford Contour.

Hy Goldman's attitude exemplifies the classic directive of our rabbis in Pirkei Avos, "Ohev es ha'melacha" -- love work, and love working hard. A person isn't in this world for rest and relaxation, but for labor and exertion. Be aware that although it's much more popular and tantalizing to chase after "secrets", "quick fixes", "magic pills", and "hidden formulas" there is one problem with them: They don't actually work at delivering the results you want in your life. Like Hy Goldman, adopt as a life philosophy the timeless words of Job (5:7), who said, "Ki adam *l'amal yulad*", "Human beings are born to work."

Parshas Re'eh -- Deuteronomy 11:26 - 16:17

Moses informs the Jewish people that we each face a choice; choose to observe G-d's directions for living (i.e. the Torah) and receive blessings, or choose to ignore G-d and experience estrangement and its consequences. Moses then turns to describing a number of religious, civil and social laws relevant once the Jewish people enter

the Promised Land. Included in this listing are: -- Don't imitate the ways of the nations surrounding you -- A false prophet who attempts to entice you to idolatry should be put to death

- -- Since the Torah is complete and perfect, nothing may be added to or subtracted from it
- -- Self infliction of wounds on the body as a sign of mourning is prohibited
- -- As a holy people, refrain from eating 'non-kosher' food

-- Be particularly warm-hearted and charitable. Many laws and guidelines concerning *tzedaka* (righteous giving) are found in this week's portion

-- The three pilgrimage festivals (Passover, Shavous and Sukkos) are opportunities to ascend (make aliyah) to Jerusalem and the Temple to celebrate our blessings

<u>Rabbinic Ruminations</u>

Great leaders should be overbearing, controlling, and possessed of the certainty that their decisions are right. Or should they? One of the most surprising factors repeatedly found in great leaders has nothing to do with forcefulness, certainty or authority. New research published in *Administrative Science Quarterly* once again finds that it's humility which can produce the best performance from leaders. This finding comes from interviews with CEOs of 63 Chinese companies and around 1,000 of their employees. It was found that the most humble CEOs were more likely to empower the top management team, which in turn enabled the management team to be better integrated. The study's authors describe the essential attributes of the humble leader:

"Overall, humble individuals accept that something is greater than the self. Humility is manifested in selfawareness, openness to feedback, appreciation of others, low self-focus, and pursuit of selftranscendence. Humble people willingly seek accurate self-knowledge and accept their imperfections while

remaining fully aware of their talents and abilities. They appreciate others' positive worth, strengths, and contributions and thus have no need for entitlement or dominance over others."

This is not the first study to note this unexpected leadership factor. One U.S. study looked at Fortune 1000 companies that had been turned around by their CEOs. That research found that one important factor which lifted leaders from 'good to great' was modesty. The most effective leaders weren't grand-standing show-offs; they were incredibly modest and humble. Humility is certainly an outstanding attribute of great Jewish leaders: "And Abraham said ...I am but dust and ashes." (Gen. 18:27) "Now the man Moses was very humble, more than all men who were on the face of the earth." (Numbers 12:3) Whether or not you're a leader, success and humility can make excellent partners in your life.

Quote of the Week

Let's be happy and live within our means, even if we have to borrow the money to do it with. -- Artemus Ward, (1834 - 1867), U.S. humorist

Joke of the Week

While on a vacation trip, George was driving through the Arizona countryside and saw a pleasant-looking Native American woman at a stand by the roadside. She was surrounded by sixteen happy, laughing children ranging in age from a toddler to a sixteen-year-old.

"Are those all your children?" George stopped and asked. "Oh, yes," replied the woman, offering him beadwork, blankets and baskets. "With a big family like that, don't you have lots of fights and arguments?"

"Oh, no," declared the woman with a chuckle, "We're just one big Hopi family."

The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, at 12:00 noon. The bulletin is printed <u>first thing</u> every Thursday morning.

MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

This Week At a Glance	Shabbos Aug. 23	Sunday Aug. 24	Monday Aug. 25	Tuesday Aug. 26	Wed. Aug. 27	Thurs. Aug. 28	Friday Aug. 29	Shabbos Aug. 30
Shachris	9:00 am	8:00 am	7:00 am	6:45 am	6:45 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:05 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	6:55 pm
Ma'ariv								
<u>Events</u> – see times in Event Planner Box	Kiddush & Lunch by David & Norma Rubin in honor of their Birthdays and Wedding Anniversary	"Learn to Lead Davening" with Dr.Ethan Schuman, 9:00 am Family BBQ & Picnic, 5:30-7:00 pm, Zeid Park, Come Have Fun With Us	Tefilah Class for Women with Rabbi Smason, 3:15 pm; First Mah Jongg Game, 4:00-6:00 pm	Rosh Chodesh Elul	Rosh Chodesh Elul Rabbi Smason's Lunch & Learn, 12:15-1:00 pm	BUY CASH CARDS!	Erev Shabbos	Good Shabbos to Everyone!

NHBZ Event Planner (Check "Coming Events" for time, date or location changes.) Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

 WEEKLY at NHBZ SHABBOS Tefilla Class (9:30 am) led by Rabbi Yosef David in the Chapel WILL RESUME AUGUST 30 Child Care (10:00 am – Noon) kids 3 & under in the Children's Room Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Chapel Shabbos Tanach (Bible) Study Group (45 minutes before Mincha) SUNDAY Mishna Learning (after Shachris) with Rabbi Chanan Swidler, of Aish HaTorah "Learn to Lead Davening" (9:00 am) with Dr. Ethan Schuman after morning minyan "Mystical Moments" with Rabbi Max Weiman (between Mincha & Maariv.) Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel MONDAY Women's Tefila Class (2nd & 4th Mondays) 3:15 pm with Rabbi Smason at NHBZ (Next class: Monday, August 25.) Mah Jongg Group (Every Monday) 4:00-6:00 pm. Proceeds will benefit The Chesed Fund. 	 WEDNESDAY Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos. MONTHLY at NHBZ Irvin Alper Social Club (First Sunday) Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin. Morris Lenga Yiddish Club (First Thursday, 7:30 pm) at NHBZ Dine-In Pizza Night (Last Sunday 5:00 – 7:00 pm) Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 pm. Sisterhood (Third Tuesday) RAP with the RABBI will resume in the fall. MHBZ Signature Events Synaplex Shabbos Shabbos Lunch & Learn
Nusach Hari B'nai Zion Ze'ev Smason, Rabl	oi Office Phone 314-991-2100