



# NHBZ Shabbos Bulletin

*Welcome to Nusach Hari B'nai Zion*

Affiliated with Union of Orthodox Congregations of America

**Shabbos**

August 9, 2014  
13 Av 5774

**Shabbos Nachamu - Parshas Va'eschanan: Deuteronomy 3:23 – 7:11** Stone Chumash pages 958-979  
**Haftorah: Isaiah 40:1-26** Stone Chumash pages 1196-1197

*Thanks to Ruth Alper for sponsoring this Shabbos Bulletin in memory of Ted Pevnick, ב"ר.*

## Erev Shabbos – Friday Night, August 8, 2014

- **Mincha & Ma'ariv** (7:00 pm)
- **Candle Lighting** (7:46 pm)

## Shabbos – August 9

- **Shachris & Musaf** (9:00 am) ~ *Thank You For Leading Davening*
  - Pesukei D'Zimra: **Howard Sandler**
  - Shacharis: **Menachem Szus**
  - Leyning: **Moshe Leib Cohen**
  - Haftorah: **Alan Haber**
  - *Drasha* (Sermon): **Rabbi Ze'ev Smason**
  - Musaf: **TBA**
- **Kiddush & Lunch** ~ Thanks for sponsoring Kiddush & Lunch to **Rachael Pevnick and Family** in memory of their beloved husband, father and grandfather **Ted Pevnick, ב"ר**, on the observance of his first yahrzeit.
- **Mincha, Shalosh Seudos, Ma'ariv** (7:25 pm) Thanks to **Sam & Shirley Bluestein** for sponsoring Shalosh Seudos today in memory of beloved mother **Esther Mindel, ב"ר**, and beloved father **Hyman Max Mindel, ב"ר**.
- **Shabbos Concludes** (8:48 pm)
- **Monument Dedication** ~ for **Ted Pevnick, ב"ר**, beloved husband of Rachael Pevnick, and beloved father of Larry Pevnick, Andrea Goldenberg, and Debbie Sher will take place tomorrow - Sunday, August 10<sup>th</sup>, 12:00 noon, at Chesed Shel Emes Cemetery on White Road.
- **Monument Dedication** ~ for **Abram Dobin, ב"ר**, beloved father of Tobie Dobin, Sandy Schwartzburt, Sharon Weinmann and Brian Tobin will take place on Sunday, August 17, 11:00 a.m. at Chevra Kadisha Cemetery on North & South and Page.
- **Ari Weekend** ~ Thanks to everyone for making our Ari Weekend, on August 1<sup>st</sup> and 2<sup>nd</sup>, a most enjoyable Friday night and Shabbos day! To **Aryeh Needle** for his outstanding davening, to **Rabbi Yosef Landa** for his inspiring D'var Torah on Friday night, and to **Rabbi Levi Landa** for his wonderful D'var Torah on Shabbos afternoon. Thanks to everyone for preparing the festive and delicious Friday Night Shabbos Dinner . . . thanks to **Julie Eisenberg** and her helpers **Danielle Eisenberg, Rhonnie Goldfader, Joni Kaiser, Mimi Sabol, Debbie Sher, Reuven Tzadok, and as always – Allan Swan & Teresa Carter**; and to **Bob Kaiser** and his helpers **Dr. David Reisler, Dan Simon, Richard Woolf, and Boris Yasinev**.

## Slices for Israeli Soldiers!

**A TREMENDOUS THANK YOU** to **DR. ETHAN & DEBBY SCHUMAN** for sharing this wonderful idea!!! The response, from NHBZ members and friends in the community alike, has been completely overwhelming! One soldier exclaimed upon seeing the towers of pizza boxes, "NO TUNA TONIGHT!!!" So, thanks to these contributors, some first-timers and some for the second time around!!! Thanks to **NEW FIRST TIME DONATIONS:** **Dr. Craig & Jackie Berkin, Eliana Brook, Dr. Alan & Marcie Brook, June Cohen, Tobie Dobin, Alyn & Marilyn Essman, Mimi Fiszal, Tom Hardcastle, Bryson & Jennifer Hartranft, Cantor Murray & Joyce Hochberg, Ellie Kaiser, Mary Kapelus, Shari Londe, Ron & Ina Makovsky, Keith Mankowitz, Andrew & Myra Peskin, Aaron**

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Robnak, Shayna Scribner, Sid & Phyllis Silverman, Kobi & Ohra Smason, Steve & Jill Starr, Menachem & Linda Szus, Marian Walters, Brent Waxman, Gloria Waxman, Bob & Barbara Woolf, and Keith & Karen Zeff. Thank you, thank you to **SECOND DONATIONS**: Bob & Sandie Abrams, Dr. Eldad & Danielle Bialecki, Kenny & Barb Bressler, Dr. Faye Cohen and Brian McCary, Wendy Goldberg, Bob & Joni Kaiser, Howard & Phyllis Loiterstein, Sally Needle, Cynthia Payant, Milton & Tammy Sallis, Dr. Ethan & Debby Schuman, Richard & Mindy Woolf, and Ed & Judy Ziegelman. If you or your friends want to contribute, please e-mail [woolfnhbz@yahoo.com](mailto:woolfnhbz@yahoo.com), and send a check payable to Nusach Hari B'nai Zion, 650 N. Price Road, St. Louis, MO 63132, earmarked for "Slices for Soldiers." Richard already placed a new order of \$800!!! Money continues to come in every day!!! Yasher Koach, Everyone!!!!

## **Meetings**

- **Board of Directors Meeting** ~ Tuesday evening, August 12. Minyan is at 7:00 pm; Meeting at 7:30 pm.
- **Executive Committee Meeting** ~ Tuesday, August 26. Minyan at 7:00 pm; Meeting at 7:30 pm.

## **School Supplies for Kids! Back to School Sales are ON!!!**

Help us make all kids feel good on the first day of school with the BRIGHT, SHINY, NEW school supplies they need and deserve!! 3-Ring-Binders - Paper - Crayons - Scissors - Glue & Glue Sticks - Pens - Pencils - Colored Pencils - Erasers - Sharpeners - Markers~Assorted Colors -Tape - Spiral Notebooks - Index Cards - Backpacks - Calculators - Boxes of Tissues - and the world of other school supplies you see. THE BACK TO SCHOOL SALES ARE ON!!! Please bring in the supplies or write a check to NHBZ or call Sandie to place a donation on your credit card, 314-991-2100, ext. 2. **Let's all make a great first-day of school for every kid!!!** **Deadline - August 15th.** Thanks for donating supplies and money (so far) to: Mimi Fiszal, Stan & Rhonnie Goldfader, Alan & Janet Haber, Bob & Joni Kaiser, Kerry & Sandy Klarfeld, Sarah Klein, Joe & Gayle Levy, NHBZ Sisterhood, Rachael Pevnick, Howard Sandler, Menachem & Linda Szus, Anna Rose & Victor Tendler, and Ed & Judy Ziegelman.

## **“What’s Up” at NHBZ?**



### **NHBZ Coming Events**

- **“Shaving Israel”** ~ “Shaving Israel” is an organization that educates about the needs of the Israeli Defense Force troops who are without family support systems. Funds are raised for the purchase of toiletries, personal items and food vouchers from ISRAELI SUPPLIERS. Please join us for a complimentary Program & Dessert Reception at NHBZ featuring **David Palatnik**, Israeli K-9 Unit Soldier, and **Laurie Walker**, Board Member and IDF civilian volunteer, on Sunday, August 17, 1:00-3:00 p.m. Due to the current extremely troubling situation in Israel, it is more important than ever to give our support to the soldiers on the front lines, who are in harm's way, protecting Israel and its people. Please join us, on August 17, and help support the brave soldiers of the IDF. **PLEASE NOTE:** We have laminated cards, with English and Hebrew versions of the prayer for the Israel Defense Forces, available for purchase at \$5.00 per card. Proceeds from the sale of these cards will benefit the “Shaving Israel” fund.
- **Sisterhood Lunch & BINGO PARTY** ~ Tuesday, August 19<sup>th</sup>, 12:00 noon in our NHBZ Social Hall. Men & Women of ALL Ages are invited to come and enjoy a **Delicious Lunch, Bingo, and Attendance Prizes!** \$7.00 donation; RSVP to Rachael Pevnick, 314-395-6017. **We hope to see you!!!**
- **Kiddush & Lunch** ~ Shabbos, August 23<sup>rd</sup>, will be sponsored by **David & Norma Rubin** in honor of David's birthday (August 16<sup>th</sup>), Norma's birthday (September 1<sup>st</sup>), and David & Norma's 3<sup>rd</sup> Wedding Anniversary (August 21<sup>st</sup>).
- **Family Picnic & BBQ** ~ An evening of fun for the whole family! Mark your calendars for Sunday, August 24<sup>th</sup>, 5:30-7:00 p.m.!!! Bring your own T-Shirts to Tie-Dye! Hot dogs, Hamburgers, Sides & Beverages will be available for purchase. Come to Irv Zeid (Citizen's) Park, next door to the shul.

- **Lion's Den Pizza Night ~ All-You-Can-Eat Pizza Buffet ~ Sunday, August 31, 5:00-7:00 p.m.** Bring your family and friends to enjoy a delicious dinner of pizza, salad, pasta and garlic bread!!! Reservations are not needed . . . just show up, eat to your heart's content, have fun schmoozing, and have a great time! Plus an extra bonus ~ we have a movie for the kids every month!!!! (Please place carry-out orders by 10:00 a.m on Sunday morning, 314-991-2100, ext. 2. Pick up time for carry out pizzas is 4:30-4:45 p.m. before the start of our buffet.) **WE TAKE CREDIT CARD PAYMENTS!!!**
- **Challa Baking Class ~** Just in time for the High Holidays!!! Tuesday evening, September 2<sup>nd</sup>, 7:00 pm at NHBZ. Demonstrated by **Mindy Woolf**, with **your hands-on participation!!!** You will learn about new techniques, recipes and toppings. Everyone will make 2 challas to take home for the Holidays! AND, something very COOL . . . you will be making napkin rings out of challa dough, sooooo this is a "shul-wide" call for the cardboard centers from rolls of paper towels to be used as forms. \$12.00 per person; space is limited so RSVP soon to 314-991-2100, ext. 2.
- **The Irvin Alper Social Club ~** Sunday, September 7<sup>th</sup>, 5:00 p.m. in the NHBZ Social Hall. Everyone is welcome ~ please join us for a light supper, cards and schmoozing. Reservations are a Must! RSVP -- please call Ruth Alper, 314-569-2877.
- **"My Father Was a Nazi"** could be the Working Title when Nusach Hari B'nai Zion presents an evening with **Dr. Bernd Wollschlaeger**, son of a high-ranking Nazi who was decorated with Germany's Iron Cross by Adolph Hitler, himself! Dr. Wollschlaeger's journey began at age 14, when he learned of his father's involvement during the years of Nazi rule. His quest to learn more about the Jews led him to a former Jesuit priest and many Holocaust survivors, from a trip to Israel and back to Germany where he completed medical school. He eventually succeeded in fulfilling his dream – his strong desire and decision to convert to Judaism! He moved to Israel and enlisted in the Israel Defense Forces as a medical officer; he is now a family physician in private practice in Florida. Please join us on Sunday, September 21<sup>st</sup>, to hear Dr. Wollschlaeger tell his fascinating story. Suggested Donation - \$10.00.
- **SMILE!!! 😊 Our Photo Directory ~ "Faces of NHBZ" ~** We concluded the photo sessions for our upcoming synagogue Directory. If you didn't have your portrait taken – it's not too late to have your picture included!!! Please contact Rabbi Smason, 314-749-5271, or Phyllis Silverman, 314-434-2482, to have your photo in our Directory!

*Please be part of our "Faces of NHBZ!!!"  
It won't be the same without YOU!*

## **SIMCHAS**

- **MAZEL TOV ON SIMCHAS** August 9-15. **Happy Birthday to Gene Carton, Alan Gelb, Sidney Kleg, Benjamin Sabol, Dena Sudin Schupper and Judy Ziegelman! Happy Anniversary to Bob & Sandie Abrams and Larry & Shirley Hollander!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Package of Cards.

## **CLASS SERIES ~ MEMBERS & ALL FRIENDS ARE WELCOME!**

- **Learn to Lead Davening ~** led by our Chazzan **Dr. Ethan Schuman** on **Sunday mornings**, at 9:00 a.m. after morning minyan.
- **Women's Tefila Class ~** Led by **Rabbi Ze'ev Smason**. The class meets on the 2nd and 4th MONDAYS of the month at 3:15 p.m. **Monday afternoons**. Next class this Monday, August 11.

## **Reminders**

- **SHABBOS HALACHAS (Laws of Shabbos)** An *eruv* is an enclosure, constructed according to halacha (Jewish law), as a way to permit Jewish residents or visitors to carry certain objects outside their own

homes on Shabbos and Yom Kippur. The St. Louis *eruv* encompasses parts (but not all) of Olivette, U.City and Clayton. We respectfully request that **SHABBOS BULLETINS, FOOD, or any other item not be removed** from the synagogue by those who do not live within the *eruv*. Questions? Ask Rabbi Smason.

- **Become Energized!!! Sponsor Your Own Solar Panel!!!** The 2014 price is just \$216 for the year. Your sponsorship will appear on the lobby monitor with an individual display with your personal or business name. Sponsor a panel for yourself, your friends, your business, or dedicate one in honor of a loved one. If you are interested in sponsoring a solar panel, please call 314-991-2100, ext. 2 and we will send you the form to complete with your own wording for your message!
- **Buy and Use Cash Cards** – call the office ASAP to order your cards and **earn free money** for NHBZ! Orders are placed twice per month – on or as close to the 15<sup>th</sup> and 30<sup>th</sup>.
- **HEADS UP! Schnucks E-Scrip Card - TOTAL - \$1,435.80 in 2013!!!** *Let's run that number up in 2014!!!* If you have been using your Schnucks E-Scrip Card when you shop, we Thank You VERY Much! NHBZ received \$1,435.80 **Easy Money** last year from Schnucks based on your purchases, and **NO EXTRA CHARGE TO YOU!!!** Please remember to hand your e-Scrip card to your checker every time you shop - and make your shopping trip count!!! **TO NHBZ Members AND Non-Members Alike** ~~ **if you don't have an e-Scrip card, please contact the office: [sandieabrams@hotmail.com](mailto:sandieabrams@hotmail.com) or 314-991-2100, ext. 2, and "shop" for Nusach Hari B'nai Zion!!!**
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, ext. 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575; for Chesed Fund Tributes come by the office and pick up a package of cards!
- **Mi Shebarach List** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, **by 10:00 a.m. Friday mornings** so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or in English if Hebrew names are unavailable. Your contributions are greatly appreciated.
- **Memorial Plaques** ~ Memorial plaques are lovingly mounted in our new building. Remember your loved ones with a plaque; prices are \$150 and \$275. Please call the office for details, 314-991-2100, ext. 2.
- **Shalosh Seudos, The 3<sup>rd</sup> Meal of Shabbos** ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal in honor of family members, to celebrate special occasions, or as you observe the yahrzeits of your dear loved ones. To make arrangements call our office at 314-991-2100.
- **Buy a Brick Online or by Phone** ~ Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** ~ It is customary to make a donation to the shul for Aliyos or other honors received.

## **NEWS & FEATURES**

- **NHBZ's Pushkeh Project!** *Our rabbis teach that tzedakah and acts of kindness are the equivalent of all the mitzvos of the Torah.* Please come by our office and pick up your new *pushkeh* (*tzedakah/charity box*)!! Fill up your pushkeh!!! The tzedakah in your pushkeh will total all or part of your contribution toward admission to a Pushka Dinner that we will schedule down the road, date TBA. The shul is adopting this idea from our Sisterhood that, in years past, had prepared a yearly Pushkeh Dinner to help raise money for their coffers. *We want to say a BIG "Thank You" to **Dr. Jay Pepose and Dr. Susan Feigenbaum** for generously sponsoring the purchase of our new pushkehs, and "Thank You" to **Bobby Levine** for creating the beautiful pushkeh covers.*
- **Tomchei Shabbos On-Going FOOD DRIVE!!** Tomchei Shabbos means "Supporters of the Sabbath." *The "Barbara Mendelson Tomchai Shabbos Fund"* was established, by the Vaad Hoer of St. Louis, to help support Jews suffering severe economic distress, by providing the families in our community



with their Shabbos and Yom Tov meals in a discreet and dignified manner. A special kosher food pantry is stocked to provide them with food essentials, chicken and meat. **Pick up a bag** at our NHBZ office; help make the Food Drive a Big Success!!! For questions or home pick-up, please call Sally Needle, 314-991-2575. Tomchai Shabbos is maintained through contributions of food and money. To make a donation go to [www.ovkosher.org](http://www.ovkosher.org) – click on HOME tab, then Vaad Hoeir Community Services, then Tomchai Shabbos.

- **Tomchei Shabbos Cookbook Project** ~ Dedicated in memory of Merle Hartstein. Please share your recipes, typed with clear instructions, and include your name. Categories: Budget Conscious, International, Meat, Dairy, Pareve, Healthy, Low Fat, Gluten Free, Quick! Contact Bryna Kandel 314-569-5001, Janice Mankowitz 314-434-7408, or Jackie Oppenheimer 314-997-6924, or email them to [tomcheishabboscookbook@gmail.com](mailto:tomcheishabboscookbook@gmail.com).

## **President's Message from Lenny Alper**



Everybody is invited \* Fun for the whole family  
**NHBZ Family Picnic & BBQ**  
Irv Zeid Park, just East of the Shul  
Sunday, August 24, 5:30 pm – 7:00 pm  
Hamburgers \* Hot Dogs \* Games \* Tie Dye \* Sno Cones



*Beyond Twelve Gates* by Rabbi Ze'ev Smason  
*Parshas Va'eschanan* August 9, 2014

### *Welcome to Beyond Twelve Gates*

Last week, a retiring U.S. Marine got the surprise of his life — and a fitting one for a 21-year military veteran. Master Sergeant Jacinto Bernardo, an Iraq war veteran who recently retired after serving 21 years in the U.S. Marine Corps, asked his old Marine buddy Jeremy Epperson to watch his new home in Suisun, California, while he was stationed in Japan with his family. The home was a “major” fixer-upper because it was all the Bernardo family could afford.

Jeremy gladly agreed to watch his Marine brother's home, though he had much bigger plans in mind. While Jacinto was away, Jeremy raised money and support to do roughly \$70,000 in renovations to the Marine's house. He's named the renovation program “Homecoming Heroes.” Jeremy said, “I didn't think it was right for a person who retired, given 21 years and 50 percent of their pay to come back and spend every cent that they saved on fixing up a home,” he said. So in just ten days, Jeremy and numerous contractors and volunteers painted, installed new floors, redid the kitchen, and landscaped the property. Upon seeing his 'new' home, Sgt. Jacinto's tears came quickly. ([RAW VIDEO: Veteran's emotional reaction](#)) Jeremy said, “We did it for you. Don't step on your grass.” Through tears, Jacinto responded, “I don't deserve this.”

A good friend is a treasure more valuable than silver and gold. Ethics of the Fathers teaches, “..... *acquire for yourself a friend ...*” (1:6) How can one 'acquire' a friend? By acting like Jeremy Epperson in *being* a friend to others.

### *Parshas Va'eschanan Deuteronomy 3:23 - 7:11*

Moses continues his final speech to the Children of Israel. He tells them how he entreated G-d to allow him to enter the land of Israel, but his request was denied. Moses was allowed, however, to see the Promised Land from the peak of Mount Pisgah.

Moses appeals to the people to keep the Torah and its commandments, telling them to neither add to nor subtract from its mitzvos. They are told to always remember the incredible Revelation they experienced at Mt. Sinai where every man, woman and child heard the presentation of the Ten Commandments. Moses repeats the Ten Commandments, with subtle differences between this version and the one found in the Book of Exodus. Did you ever wonder where the Shema comes from? It is found in this week's Torah portion. The Shema expresses our belief that G-d is One and states our commitment to love and serve Him. It exhorts us to transmit Torah to the next generation, and its laws should be remembered by a 'sign' upon one's hand and forehead (tefillin) and written on the doorposts of one's home (mezuzah).

Finally, Moses encourages the people to trust in G-d and remain faithful to the Torah. Intermarriage is prohibited, and the source that Jewish identity is transmitted through the mother is stated.

### *Rabbinic Ruminations*

Fido is asleep by your side. Is he dreaming of you? Daisy took your hamburger off the kitchen counter, ate it for dinner, and is now slinking around with her ears drawn back. Does she feel guilty? Do dogs smile? What does Rover's tail wag mean? Neuroscientists have begun to answer such questions, giving us access to the once-secret inner lives of our canine companions and even translating their barks and wags so mere humans can comprehend them. At the forefront of this effort is Stanley Coren, a behaviorist from the University of British Columbia, who draws on decades of research to explore the psychological motivations behind dogs' everyday behaviors, as well as what science says about their barks, thoughts, and dreams.

Dr. Coren says that dogs have the same brain structures that produce emotions in humans. Dogs even have the hormone oxytocin, which in humans is involved with love and affection. So it seems reasonable to suggest that dogs also have emotions similar to ours. However, Dr. Coren says, it is important not to go overboard: The mind of a dog is roughly equivalent to that of a human who is 2 to 2½ years old. A child that age clearly has emotions, but not all possible emotions, since many more complex emotions such as guilt, pride, contempt and shame emerge later in the path to adulthood. It is highly likely that dogs dream, and dogs are capable, researchers say, of smiling and laughing. But actions seeming to show a sense of guilt are likely expressions of the more basic emotion of fear. And depending upon the type of tail wag (slight, broad, slow, fast), Rover may be saying 'hello', 'I'm here', 'I'm not challenging you', or 'I'm ready for action'.

A better understanding of animals will help us to help them, and make it easier to interact with them in a positive manner. So too, a better understanding of people will accomplish the same goals. Understanding other people -- who are significantly more complex than animals -- is a lifetime process. We can never know the totality of another person. A good place to begin is to consider the meaning and applicability of "Love your friend as yourself ..." (Leviticus 19:18)

### *Quote of the Week*

The question should be, is it worth trying to do, not, can it be done. -- *Allard Lowenstein, 20th century American Congressman*

### **Joke of the Week**

"I hope you didn't take it personally, rabbi," an embarrassed woman said after morning Shabbos services, "when my husband walked out during your sermon."

"I did find it rather disconcerting," the rabbi replied.

"It wasn't out of any disrespect to you," insisted the synagogue-goer. "Fred has been walking in his sleep since he was a child."

*The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, at 12:00 noon. The bulletin is printed first thing every Thursday morning.*

# MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

<b>This Week At a Glance</b>	Shabbos Aug. 9	Sunday Aug. 10	Monday Aug. 11	Tuesday Aug. 12	Wed. Aug. 13	Thurs. Aug. 14	Friday Aug. 15	Shabbos Aug. 16
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:25 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:15 pm
Ma'ariv								
<b>Events – see times in Event Planner Box</b>	<i>Kiddush &amp; Lunch by Rachael Pevnick and Family in memory of Ted Pevnick, z”l</i>	<i>“Learn to Lead Davening” with Dr. Ethan Schuman, 9:00 am</i>	<i>Tefilah Class for Women With Rabbi Smason, 3:15 pm At NHBZ</i>		<i>Rabbi Smason’s Lunch &amp; Learn, 12:15-1:00 pm</i>	<b>BUY CASH CARDS!</b>	<i>Erev Shabbos</i>	<i>Tomorrow ~ “Shaving Israel” Program &amp; Compli- mentary Dessert Reception, 1-3:00 pm At NHBZ</i>

## NHBZ Event Planner (Check “Coming Events” for time, date or location changes.) Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

### WEEKLY at NHBZ

#### SHABBOS

- Child Care (10:00 am – Noon) kids 3 & under in the Children’s Room
- Learners Service (10:15 am) led by Rabbi Ze’ev Smason in the Chapel
- Shabbos Tanach (Bible) Study Group (45 minutes before Mincha)

#### SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler, of Aish HaTorah
- “Learn to Lead Davening” (9:00 am) with Dr. Ethan Schuman after morning minyan
- “Mystical Moments” with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

#### MONDAY

- Women’s Tefila Class (2<sup>nd</sup> & 4<sup>th</sup> Mondays) 3:15 pm with Rabbi Smason at NHBZ (Next class: *This coming Monday, August 11.*)

#### WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.

#### MONTHLY at NHBZ

- Irvin Alper Social Club (First Sunday)
- Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm) at NHBZ
- Dine-In Pizza Night (Last Sunday 5:00 – 7:00 pm) Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 pm.
- Sisterhood (Third Tuesday)
- RAP with the RABBI will resume in the fall.

#### NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn