

NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

Shabbos

December 13, 2014 21 Kisley 5775

Torah Portion: Parshas Vayeshev: Genesis 37:1 – 40:23

Haftorah: Amos 2:6 – 3:8

Stone Chumash pages 198-221 Stone Chumash pages 1142-1143

Erev Shabbos, Friday Night, December 12, 2014

- Mincha & Maariv (4:20 pm)
- Candle Lighting (4:22 pm)

Shabbos, December 13, 2014

- Shachris & Musaf (9:00 am) ~ Thank You For Leading Davening
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: Menachem Szus
 - Leyning: Max Gornish

- Haftorah: Lenny Alper
- Drasha (Sermon): Rabbi Ze'ev Smason
- Musaf: Alan Haber
- Tefillah/Prayer Learners' Service ~ 9:30 am, led by Rabbi Yosef David in the Rivkin Chapel.
- Learners' Service ~ 10:15 am, led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- Kiddush ~ Celebrating Birthdays ~ Thanks to Naomi Shanker for sponsoring Birthday Cakes today for her husband Dr. Jonathan Shanker, and One year old daughter Orly!!!
- Mincha, Shalosh Seudos, Ma'ariv ~ (4:05 pm)
- Shabbos Concludes ~ (5:25 p.m.)

Meetings

- Executive Committee Meeting ~ Tuesday, December 30. Ma'ariv at 6:45 pm, Meeting, 7:00 pm.
- Board of Directors Meeting ~ Tuesday, January 13, 2015! Ma'ariv at 6:45 pm, Meeting, 7:00 pm.

109 th Anniversary Banquet - Tomorrow Evening!

At the 560 Music Center, 560 Trinity at Delmar in University City. Guest of Honor Mark Ragin, and Woman of Valor Award recipient Sandie Abrams!

"What's Up" at NHBZ? NHBZ Coming Events

- Calling All Mah-Jongg Mavens! Or Do You Want to Learn? Help our Chesed Fund by having fun playing Mah Jongg every Monday, 4:00-6:00 p.m., at NHBZ!! Please join us in the Teen Lounge (lower level). Only \$3.00 cover! <u>Proceeds will benefit The Nusach Hari B'nai Zion Chesed Fund</u>. Questions? Call Debbie Barash, 314-993-4954. See you on Monday!!!
- KidZone ~ KidZone "Pillow and Popcorn Chanukah Party!" Motzai Shabbos Saturday evening, December 20th, 6:30-8:30 pm, in the Feigenbaum-Pepose Learning Center NHBZ's Lower Level. Hey Kids!!! Come in your favorite PJs, and bring your pillow and blanket to cuddle with as we watch a movie (movie begins at 6:45 pm); decorate your own, brand new pillow case a gift from KidZone! Eat your favorite Chanukah latkes and donuts, popcorn and other snacks! All school-age children up to 11 years old are welcome; children 4 and younger must be accompanied by an adult. Grown-Up-Zone helpers are needed for kitchen help, set up, serving, engaging the children, helping the kids with their

art projects, showing a movie, lighting Chanukah candles, and clean up. To be a Grown-Up in the KidZone, please call Cheryl Mantinband at 314-306-7736 or email to cheryldring@gmail.com. Come and Join Us! Let's Celebrate together!!!

- December Lunch n' Learn December 27 ~ Guest Speaker Rabbi Yitzchak Feldheim will speak on the topic "How to Get Your Prayers Answered." Rabbi Feldheim's quick wit and larger than life personality has endeared him to hundreds of communities and campuses across the country. Growing up in New York City and serving as the Rabbi of Yardley, Pennsylvania for 15 years, Rabbi Feldheim's unique experiences have provided him a riveting perspective on Jewish thought and philosophy. Rabbi Feldheim lives in Lakewood and travels the world as the senior international lecturer for Aish Hatorah. He teaches tens of thousands of students a year at virtually every major university in North America, from Columbia and Yale to UCLA and Trinity College, and in locations as varied as South Africa, Chile and India.
- Lion's Den Pizza Night ~ All-You-Can-Eat Pizza Buffet ~ Sunday, December 28, 5:00-7:00 p.m. Bring your family and friends to enjoy a delicious dinner of pizza, salad, pasta and garlic bread!!! Reservations are not needed . . . just show up, eat to your heart's content, have fun schmoozing, and have a great time! Plus an extra bonus ~ we have a movie for the kids every month!!!! (Please place carry-out orders by 10:00 a.m. on Sunday morning, 314-991-2100, ext. 2. Pick up time for carry out pizzas is 4:30-4:45 p.m. before the start of our buffet.)
- Young Parents' Mussar Mondays ~ The NHBZ Children's and Young Families' Committee is proud to announce its latest program ~ Mussar Mondays to be held on the first Monday of each month led by our own Rabbi Ze'ev Smason. Next get-together on Monday, January 5, 7:00 to 7:45 p.m., "Host" home to be announced. We will get together to study from Pirkei Avot, Ethics of our Fathers, and apply some valuable lessons to our everyday lives. This monthly event is open to both members and non-members! Please come and invite your friends. Light refreshments will be served. See the attached flyer for details!
- KidZone Shabbos Dinner ~ Hey Kids!!! Please ask your parents, very nicely, to call Sandie, 314-991-2100 ext. 2, and make reservations for our Shabbos Dinner on Friday evening, Jan. 9, 2015! KidZone kids are 10 years old and younger, and they enthusiastically invite all their older friends, up through teenagers, to join them! We're planning something special just for YOU and YOUR PARENTS to have fun ~~ sing, and dance, and have a delightful and exciting Shabbos KidZone Time!!!
- Next Synaplex and Lunch ~ Shabbos, January 17. Three Synaplex breakout sessions will begin at 11:00 a.m. In addition to Rabbi Ze'ev Smason, our second speaker will be Dr. Joseph Schraibman, professor of Spanish at Washington University, who will speak on the topic: "Jewish Latinos: Their Heritage & Culture;" Dr. Schraibman's fields of interest include 19th and 20th century Spanish Literature, the Three Religions in Spain, Literature, and the Inquisition in Spain, Latin-America, Portugal and Brazil;" our third speaker TBA. And for the kids: Youth Programming for kids 4 and over; and Tot Shabbat!!! Lunch in honor of December Birthdays and Wedding Anniversaries following Synaplex sessions.

SIMCH S

MAZEL TOV ON SIMCHAS December 13-19. Happy Birthday Sandie Abrams, Rhonnie Goldfader, Al Katz, Frances Rothman, John Starr, Dr. Jonathan Shanker, Orly Shanker (Dec. 11), Elisheva Sudin, Peggy Umansky! Anniversaries ~ None This Week! Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Package of Cards.

amazon smile AND Nusach Hari B'nai Zion!

From Menachem Szus, Fund Raising Chairman:

You most likely shop on Amazon.com and especially now when Chanukah is coming up and other end of year events. We would like to draw your attention to the fact that your shul, Nusach Hari B'nai Zion, can receive 1/2 percent of each purchase that you make at no cost to you. What you need to do:

1. Go to your Amazon Account

- 2. Scroll down to Settings
- 3. Click on Change Your Charity
- 4. In the "Or pick your own charitable organization" box, type in Nusach Hari-Bnai Zion and click Search
- 5. On the next screen simply click on the Select button next to "Nusach Hari-Bnai Zion Congregation" listing. When you make a purchase do so through smile.amazon.com. After this, every time you make a purchase on smile.amazon.com, Amazon will automatically donate to our shul.

WISH LIST!

We have very frequent power outages at the shul . . . so everything goes down from our server to the elevator!!! We require Battery Backup devices to keep the operations and server running and prevent data loss. We are badly in need of several UPS's - <u>Uninterruptible</u> Power Supplies for our server and some other devices. Our computer systems, including the server, enable us to efficiently manage our shul by producing the Shabbos bulletin, our accounting, a variety of printed material, the yahrzeit reminders, and more. If you would like to contribute . . . HERE IS OUR WISH LIST: <u>WE STILL DON'T HAVE AS MANY AS NEEDED!</u>

- 1. APC Smart-UPS 1500VA LCD 120V it runs about \$600 for our server
- 2. a few APC Back-UPS 350's running about \$90 each.

Thanks to Dr. Erol & Sally Amon, Andy & Ellen Berg, Irwin & Roz Rosen, and Jeff & Terri Schnitzer for responding to our Wish List!!! Please call Sandie,_314-991-2100, ext. 2, or go to sandieabrams@hotmail.com.

How To Donate Stock

Have you ever thought of making a donation to Nusach Hari B'nai Zion in the form of Stocks? It's something to consider, and very easy to do!!! Just call Rick Williams, our stock broker at Edward Jones, 314-846-8968, and tell him, or his assistant Kelly, that you would like to donate x-number of shares of stock to our shul; Rick or Kelly will take it from there, guiding you along the way. They will notify us of your generous donation – (it is our policy to sell the stock right away, and they will send a check to the shul.) Any questions, call Laura Krueger, our business manager, 314-991-2100, ext. 3. Laura's hours are Monday, Wednesday and Friday, 9:30 a.m. to 2:30 p.m. *It's time to do an end-of-year donation to get the tax credit in 2014!!!*

NHBZ CLASS SERIES ~ MEMBERS & ALL FRIENDS ARE WELCOME!

■ Women's Tefilla Class ~ Led by Rabbi Ze'ev Smason. The class meets on the 2nd and 4th Monday afternoons each month at 3:15 p.m. at NHBZ. Next class – Monday, December 22.

NEWS & FEATURES

- ◆ Are You CPR Certified? If you are currently CPR certified with an <u>Up-To-Date Certificate</u>, please call our office to register your name: 314-991-2100, ext. 2.
- Kashrus Alert ~ Chocolate Cashews distributed by Nutty Naturals: Please be advised that a small amount of this product, sold at Dollar Tree stores, was mistakenly labeled without the Dairy designation. This is an OKD product that contains dairy ingredients as stipulated in the ingredient and allergen panels. Corrective measures are being taken.
- A Call for Help from the Jewish Food Pantry ~ The Jewish Food Pantry is in desperate need of volunteers. The amount of food they are receiving is growing, but the number of people to organize all of the donations is NOT keeping up! To help or for questions, call Julie Eisenberg at 314-494-8437.
- Women's Tehillim Group ~ A group of women in the community, including several members from Nusach Hari B'nai Zion, gather each Sunday morning to say the entire book of Tehillim, in the zchus (merit) of a refuah shelayma for the cholim in our community. They meet at the home of Jan Adelman, 8032 Amherst, Sundays at 9:15 am. If you cannot participate in person, call 314-863-5438. There is a new Tehillim hotline phone number for names and updates: (314) 441-6460. If you have any questions, please call Julie Eisenberg at 314-494-8437. Thanks to all for your continued support and prayers. Klal Yisroel needs you very badly right now.
- Tomchei Shabbos On-Going FOOD DRIVE!! Tomchei Shabbos means "Supporters of the Sabbath." The "Barbara Mendelson Tomchai Shabbos Fund" was established, by the Vaad Hoeir of St. Louis, to help support Jews suffering severe economic distress, by providing the families in our community with their Shabbos and Yom Tov meals in a discreet and dignified manner. A special kosher food pantry is stocked to provide them with food essentials, chicken and meat. Pick up a bag at our NHBZ office; help

make the Food Drive a Big Success!!! For questions or home pick-up, please call Sally Needle, 314-991-2575. Tomchai Shabbos is maintained through contributions of food and money. To make a donation go to www.ovkosher.org – click on HOME tab, then Vaad Hoeir Community Services, then Tomchai Shabbos.

- ◆ Young Israel Blood Drive ~ Save the Date ~ Sunday, January 11, 2015.
- Internship for College Students ~ Jewish Federation Internship Program (College Students): The program pairs Jewish students with St. Louis businesses or non-profit organizations based on the students' interests, provides a mentor in the community, has a leadership development series, and comes with a \$4,000 stipend. The link to the website is http://www.jfedstl.org/the-internship-experience/ The deadline to apply is January 15th, 2015.

Reminders

- Extremely Important Message! When you or a loved one becomes ill, and is hospitalized, PLEASE HAVE A FAMILY MEMBER OR FRIEND CONTACT RABBI SMASON ON HIS CELL PHONE ASAP... 314-749-5271. Rabbi Smason is very sensitive to the needs of all our members ~~ each and every one of you. He wants to be able to help you as quickly as possible and in any way he can. Please keep Rabbi Smason's cell phone number handy in your wallet, and give it to your family and friends, so you and they will have easy access at all times.
- SHABBOS HALACHAS (Laws of Shabbos) An eruv is an enclosure, constructed according to halacha (Jewish law), as a way to permit Jewish residents or visitors to carry certain objects outside their own homes on Shabbos and Yom Kippur. The St. Louis eruv encompasses parts (but not all) of Olivette, U.City and Clayton. We respectfully request that SHABBOS BULLETINS, FOOD, or any other item not be removed from the synagogue by those who do not live within the eruv. Questions? Ask Rabbi Smason.
- **Sponsorships** If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, ext. 2, to make arrangements.
- Tributes Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575; for Chesed Fund Tributes come by the office and pick up a package of cards!
- Mi Shebarach List ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or in English if Hebrew names are unavailable. Your contributions are greatly appreciated.
- Memorial Plaques ~ Memorial plaques are lovingly mounted in our new building. Remember your loved ones with a plaque; prices are \$180 and \$360. Please call the office for details, 314-991-2100, ext. 2.
- Shalosh Seudos, The 3rd Meal of Shabbos ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal in honor of family members, to celebrate special occasions, or as you observe the yahrzeits of your dear loved ones. To make arrangements call our office at 314-991-2100.
- Buy a Brick Online or by Phone ~ Our website now accepts online donations for the Brick and Planting Campaign; go to http://www.nhbz.org/dedications.asp or call the office at 314-991-2100.
- **Synagogue Honors** ~ It is customary to make a donation to the shul for Aliyos or other honors received.

Beyond Twelve Gates by Rabbi Ze'ev Smason Parshas Vayeshev December 13, 2014

Welcome to Beyond Twelve Gates

Did you ever hear the story of "Lawnchair Larry"? Growing up in Southern California, Larry Walters' boyhood dream was to fly. Unfortunately, poor eyesight disqualified Larry from obtaining a pilot's license, so he had to satisfy himself with watching jets fly over his backyard. One day in July, 1982, Larry had a bright idea. He went to the local Army-Navy surplus store and purchased 41 weather balloons and several tanks of helium. Larry tied the lawn chair to his jeep, strapped the balloons to his sturdy lawn chair, loaded his pellet

gun -- figuring he could pop a few balloons when it was time to descend -- and went back to the floating lawn chair. Larry's plan was to lazily float up to a height of about 30 feet above his back yard after untying the chair from his jeep, and in a few hours come back down. But things didn't quite work out that way.

When Larry cut the cord anchoring the lawn chair, he streaked into the Los Angeles sky as if shot from a cannon. He didn't level off at 30 feet, nor did he level off at 100 feet. After climbing and climbing, he leveled off at 16,000 feet. An airline pilot radioed the Los Angeles International Airport tower and described passing a guy in a lawn chair with a gun. After shooting out a few balloons with his pellet gun, Larry and his lawn chair descended -- into the waiting arms of the police who arrested "Lawnchair Larry" for violating aviation airspace. As Larry was led away in handcuffs, a reporter dispatched to cover the daring rescue asked why he had done it. Larry stopped, turned, and replied nonchalantly, "A man can't just sit around."

Judaism extols the benefits of a productive life. Our rabbis in Ethics of the Fathers taught, "Ohev es ha'melacha" -- love work, and love working hard. A person isn't in this world for rest and relaxation. And while "Lawnchair Larry's" approach to 'not sitting around' clearly isn't recommended, it is worthwhile to adopt as a life philosophy the timeless words of Job (5:7), who said, "Ki adam l'amal yulad" -- "Human beings are born to work."

Parshas Vayeshev Genesis 37:1-- 40:23

Jacob's favoritism toward Joseph incites his brother's hatred. Their jealousy increases when Joseph tells them about two dreams which indicate that they will one day be subservient to him. Jacob sends Joseph to check up on his brothers, and upon seeing him approaching they plot to kill him. Reuben convinces the brothers not to kill Joseph, but is unable to totally save him as the brothers sell Joseph into slavery in Egypt. After dipping Joseph's coat in blood, they return to their father who assumes that his beloved son was torn apart by a savage beast.

The Torah then digresses to relate the story of Judah and his daughter-in-law Tamar. The narrative then returns to Joseph in Egypt, where he becomes an extremely successful slave and is placed in charge of his master's household. His master's wife repeatedly tries to seduce Joseph, and when he refuses he is thrown into prison. Ten years later, Pharaoh's chief butler and baker are placed into the same prison. One night they each have a perplexing dream that Joseph accurately interprets, setting the stage for his release from prison.

Rabbinic Ruminations

Did you ever have a nickname? We're all familiar with nicknames, usually understood as names added to or substituted for the proper name of a person. Nicknames are often expressions of affection or familiarity. Nicknames can be ironic; Australian men may call a man with red hair 'Blue' or 'Bluey'. A nickname can refer to a person's occupation, social standing, or title: A surgeon can be called 'Bones', an electrician, 'Sparky', a wealthy person, 'Moneybags'. A nickname can be a shortened or modified variation of a person's name (Len from Leonard, Greta from Margaret), or from the end or middle of a person's name (Drew from Andrew, Liz from Elizabeth). Before the 17th century, most nicknames had the diminutive ending "in" or "Kin", where the ending was attached to the first syllable: Hank (Hen-Kin from Henry), Jack (Jan-kin from John), Colin (Col-in from Nicolas).

Just as informal language is acceptable in certain social situations, different forms of address are appropriate for different situations. Many European languages distinguish between formal and familiar forms of the pronoun "you" (e.g. *usted* and *tu* in Spanish). Since English lost this distinction long ago and Hebrew never had it, one language expert speculates that they compensate by frequently resorting to nicknames. Spanish has nothing like the pairings of William/Bill, Robert/Bob, Richard/Dick, John/Jack, that are common in English. And in Israeli Hebrew, nicknames are common, many of them formed by suffixed endearments that often come from Yiddish. For Yosef, there is Yosi or Yoske; for Avraham, Avi or Avrum; for Moshe, Moishele, Moshke or Moishik; for Ya'akov, Kobi or Yankele; for Sarah, Sarke or Sarale; for Miriam, Miri or Mirele; for Rachel, Rochi or Rochele, etc.

While the use of a nickname can be an expression of affection or familiarity, some nicknames should not be used. A nickname that hurts the feelings of others is considered "ona'as devarim", a violation of the Torah prohibition of "affliction with words." The Talmud attributes the blessing of a long life to those who are sensitive

about the use of a nickname in referring to other people. Words have meaning and names have power; be careful with the names you use for others.

Quote of the Week

Everything can be taken away from a man but one thing: The last of the human freedoms -- to choose one's attitude in any given set of circumstances. -- *Viktor E. Frankl*, M.D., Ph.D. and Holocaust Survivor.

Joke of the Week CAUSES OF FATAL ACCIDENTS

Do NOT ride in automobiles: they cause 20% of all fatal accidents.

Do NOT stay home: 17% of all accidents do occur in the home.

Do NOT walk on the streets or sidewalks: 14% of all accidents happen to pedestrians.

Do NOT travel by air, rail, or water: 16% of all accidents happen on these.

Only .001% of all deaths occur in worship services in synagogue, and these are related to previous physical disorders.

Hence, the safest place for you to be at any time is at synagogue. Go to shul -- IT COULD SAVE YOUR LIFE!

The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, at 12:00 noon. The bulletin is printed <u>first thing</u> every Thursday morning.

MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

This Week At a Glance	Shabbos Dec. 13	Sunday Dec. 14	Monday Dec. 15	Tuesday Dec. 16	Wed. Dec. 17	Thurs. Dec. 18	Friday Dec. 19	Shabbos Dec. 20
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	6:45 am	6:45 am	6:45 am	9:00 am
Mincha/Ma'ariv	4:05 pm	4:20 pm	4:20 pm				4:20 pm	4:05 pm
Ma'ariv Only				6:45 pm	6:45 pm	6:45 pm		
Events – see times in Event Planner Box	Good Shabbos to Everyone! Celebra-ting the birthdays of Dr. Jonathan Shanker and 1-year-old Orly Shanker!	NHBZ Anniversary Celebration Dinner!	Mah Jongg Game, 4-6 pm, benefits our Chesed Fund.	Erev Chanukah First Candle!	Rabbi Smason's Lunch & Learn, 12:15 pm.	BUY CASH CARDS	Erev Shabbos	KidZone "Pillow & Popcorn" Chanukah Party, 6:30 to 8:30 pm. NHBZ Lower Level

NHBZ Event Planner (Check "Coming Events" for time, date or location changes.) Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

WEEKLY at NHBZ

SHABBOS

- Tefilla Class (9:30 am) led by Rabbi Yosef David in the Rivkin Chapel.
- Child Care (10:00 am Noon) for kids 3 & under in the Children's Room
- Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Rivkin Chapel
- Shabbos Tanach (Bible) (30 minutes before Mincha)

SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler, of Aish HaTorah
- "Mystical Moments" with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

MONDAY

- Women's Tefila Class (2nd & 4th Mondays) 3:15 pm with Rabbi Smason at NHBZ. (Next class Monday, December 22nd.)
- Mah Jongg (Mondays, 4-6:00 pm) Proceeds will benefit The NHBZ Chesed Fund.
- Mussar Mondays (1st Monday of each month.) Next Class, Monday, January 5th, 7:00-7:45 pm.

WEDNESDAY

Rabbi Smason's Lunch & Learn (12:15-1:00 pm)
 Studying Pirkei Avos.

MONTHLY at NHBZ

- Irvin Alper Social Club (First Sunday) at 5:00 pm.
- Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday, 7:00 pm) at NHBZ.
- Dine-In Pizza Night (Last Sunday 5:00 7:00 pm)
 Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 pm. Next pizza night, Sunday, December 28th.

Office Phone 314-991-2100

Webpage: www.nhbz.org

Chapel Phone: 314-991-2100

 Sisterhood (Third Tuesday) (No meeting in December)

NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn