

# NHBZ Shabbos Bulletin

December 7, 2013

*Welcome to Nusach Hari B'nai Zion*

4 Teves 5774

Affiliated with the Union of Orthodox Jewish Congregations of America

Torah Portion:  
Haftarah:

Parshas Vayigash: Genesis 44:18 – 47:27  
Ezekiel 37:15-28

Stone Chumash pages 250-267  
Stone Chumash pages 1144-1145

## Erev Shabbos – Friday Night, December 6, 2013

- **Mincha & Maariv** (4:20 pm)
- **Candle Lighting** (4:21 pm)

## Shabbos, December 7

- **Shachris & Musaf** (8:30 am) ~ *Thank You For Leading Davening*
  - Pesukei D'Zimra: **Howard Sandler**
  - Shacharis: **Dr. Ethan Schuman**
  - Leyning: **Moshe Leib Cohen**
  - Haftarah: **Reuven Tzadok**
  - *Drasha* (Sermon): **No Drasha Today**
  - Musaf: **Dr. Ethan Schuman**
- **Synaplex Shabbos** (After Musaf) Learners' Service at 10:00 a.m., Synaplex break-out classes at 11:00 a.m.: "*The 7 Pillars of the Jewish Home*" led by **Rabbi Ze'ev Smason**; "*The Ethiopian Jewish Community*" led by **Dr. Lila Balla**; "*Judah and the Throne of Kingship*" led by **Rabbi Shaya Mintz**, of the St. Louis Kollel. Plus *Youth Programming*: For kids 4 and over; and *Tot Shabbat*. Lunch at 12:00 noon, following Synaplex Sessions. Thanks for sponsoring lunch today to everyone celebrating Birthdays and Wedding Anniversaries in the month of December!
- **Bon Appetit** ~ We place a plate of rolls on each table at every Shabbos Luncheon ~ 1.) To enable each person to make or hear *Ha'Motzei* (the blessing on bread) over *Lechem Mishne* (two rolls or loaves of bread), and 2.) To enable each person to eat the minimum amount required when *Ha'Motzei* is made or heard; namely, one roll. **Please be seated while Rabbi Smason says Kiddush and makes HaMotzi.**
- **Mincha, Shalosh Seudos, Ma'ariv** (4:05 pm)
- **Shabbos Concludes** (5:24 pm)



## Meetings

- **The Irvin Alper Social Club** ~ The Social Club Get-Together has been cancelled for this month, due to the forecast of inclement weather for this weekend.
- **Board of Directors Meeting** ~ Tuesday, December 10, 7:00 p.m. Newly elected Officers and Board Members are invited to attend the last meeting of 2013.
- **Sisterhood Luncheon** ~ Tuesday, Dec. 17, 12:00 noon. BINGO! Prizes! Fun! Good Time!!! Plus delicious lunch ~ Pasta, Salad, Garlic Bread, Dessert, Coffee & Soda! Donation, \$7.00. Call Rachael Pevnick, 395-6017.

## NHBZ COMING EVENTS

- **Chocolate & Wine for Young Couples & Singles!!!** Due to the impending inclement weather scheduled to hit St. Louis over the next several days, we have decided to postpone the Wine & Chocolate event scheduled for Saturday night at the home of **Richard & Mindy Woolf**. You can still Indulge yourself!!! Watch for the new date in the near future!
- **Bi-Monthly Women's Tefila Class** ~ Led by **Rabbi Ze'ev Smason**, the class meets on the 2nd and 4th MONDAYS of the month, at 7:00 p.m. Next class – This Monday, December 9, at NHBZ. The focus of our class is the structure and deeper meaning of the Shabbos morning service and prayers, and how prayer can be used as a basis for our own communication with G-d. All women welcome.
- **Adult Bar & Bas Mitzvos** ~ Classes continue on Wednesday evenings at 7:00 p.m.
- **Fast of Teves** ~ Friday, Dec. 13. The fast begins at 5:59 a.m.; concludes with Kiddush on Friday night.

## MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

<b>This Week At a Glance</b>	Shabbos Dec. 7	Sunday Dec. 8	Monday Dec. 9	Tuesday Dec. 10	Wed. Dec. 11	Thurs. Dec. 12	Friday Dec. 13	Shabbos Dec. 14
Shachris	8:30 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	6:45 am	9:00 am
Mincha/Ma'ariv	4:05 pm	4:20 pm	4:20 pm	-	-	-	4:05 pm	4:05 pm
Ma'ariv Only				6:45 pm	6:45 pm	6:45 pm		
<b>Events – see times in Event Planner Box</b>	<i>Good Shabbos To Everyone!  Synaplex Shabbos and Lunch in honor of December Birthdays &amp; Anniversaries</i>	<i>The Irvin Alper Social Club</i>	<i>Tefillah Class for Women w/Rabbi Smason at the home of Norma Rubin, 7:00 pm</i>	<i>Board of Directors Meeting, 7:00 pm Tonight</i>	<i>Lunch &amp; Learn w/ Rabbi Smason, 12:15 pm  Bar/Bat Mitzvah Class, 7:00 pm</i>	<b>BUY CASH CARDS</b>	<i>Fast of Teves  Erev Shabbos</i>	<i>RSVP for Sisterhood Luncheon on Tuesday, December 17 12:00 noon!</i>

**NHBZ Event Planner** (Check 'Coming Events" for time, date or location changes.)  
Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

### Weekly at NHBZ

#### SHABBOS

- Child Care (10:00 am – Noon) kids 3 & under in the Children's Room
- Youth Programming (10:15 am – 11:00 am) children 4-8, in the Youth Lounge.
- Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Chapel
- Shabbos Tanach (Bible) Study Group (30 minutes before Mincha)

#### SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler of Aish
- Mystical Moments with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

#### MONDAY

- Women's Tefila Class (2<sup>nd</sup> & 4<sup>th</sup> **Mondays**, 7:00 pm with Rabbi Smason.

#### WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) now studying Pirkei Avos.

#### Monthly at NHBZ

- Irvin Alper Social Club (First Sunday)
- Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm)
- Dine-In Pizza Night (Last Sunday 5:00 pm – 7:00 pm) Carry-Out Pizzas also available. Pick up time 4:30 pm. Place orders: 314-991-2100, ext. 2.
- Sisterhood (Third Tuesday)

#### NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn

- **Shabbos of Reflection** ~ We have some reflective belts available, at no charge. We are also still seeking donations and/or a sponsorship for the cost of the belts that we purchased. Please speak to Rabbi Smason.

## **NHBZ COMING EVENTS**

- **108<sup>th</sup> Anniversary Banquet ~ Make your reservations this week!!!** We are proud to present our Honoree for 2013 -- our own **Dr. Ethan Schuman**. Dr. Schuman has served as our chazzan since 2002. He is noted for his community work, right here in St. Louis – most recently pioneering the first on-line Shechita course for men in St. Louis to learn the halachos, customs, and art of the ritual slaughter of animals for kosher consumption, and his creation and regular leadership of the NHBZ Yiddish Club. His many projects around the world include Matzah baking in Tunisia, Uganda and Kenya; davening for congregations in Nairobi, Bucharest and Cuba; Shechita in Kenya, Cuba and Uganda; speaking and learning with communities in Torino, Italy; Bris Milah for the communities of Riga, Metamoros Mexico. It is with great pleasure that we give well-deserved *kovod* (honor) to Dr. Schuman on Sunday, December 15, at the Crowne Plaza Hotel in Clayton. **RSVP ~ Call the office with your last minute reservations!!!**
- **Kiddush ~** Shabbos, December 28, will be sponsored by **Sam & Shirley Bluestein** in honor of their 60<sup>th</sup> Wedding Anniversary (coming up on January 12<sup>th</sup>). **Sixty Years of Happily Ever After!!!!**
- **Lion's Den Pizza Night ~** Our "Last-Sunday-of-the-Month" ~ "Last-Sunday-of-the-YEAR!" All-You-Can-Eat Pizza Buffet ~ Sunday, December 29, 5:00-7:00 p.m. – Reservations are not needed. Bring your family and friends to enjoy a delicious pizza dinner and schmoozing, and a movie for the kids!!! Just show up and have a great time!!!! (Please place carry-out orders by Sunday morning at 10:00 a.m. 314-991-2100, ext. 2.)
- **Kiddush & Lunch ~** Shabbos, January 4, 2014, will be sponsored by **Marvin & Jackie Gitel** to celebrate their 60<sup>th</sup> Wedding Anniversary, and by **Bob & Joni Kaiser** in honor of the forthcoming marriage of their daughter **Hannah to Lee Mirowitz**. We'll be celebrating a fabulously long and loving marriage, *and* a new couple just beginning their lives together!
- **Installation Shabbos ~** Shabbos, January 11, 2014 Kiddush & Lunch (following Musaf) Thanks to all of the Officers and Members of the Boards of Directors of our Shul, Sisterhood and Irvin Alper Social Club who will sponsor lunch.
- **Kiddush ~** Shabbos, January 18, will be sponsored by **Bobbie Ring**, her sister and brother in law **Linda & David Marcus**, and brother **Marvin Berger** from Chicago, in memory of their beloved mother Lenore Berger.
- **Hebrew Class Series at NHBZ ~** The new beginning date of this Hebrew Series **To Be Announced**. Want to learn Prayerbook Hebrew in an easy organized way from a knowledgeable teacher? Join **Rabbi Max Weiman**, author of the *Everything Learning Hebrew* book, at NHBZ. This will be a 6 to 8 week course, with the cost of \$75 to each participant. (Optional: bring your favorite siddur.)

## **Simchas**

- **MAZEL TOV ON ŠIMCHAŠ** December 7-13. **Happy Birthday to Dr. Faye Cohen, Samantha Sabol, Chiyya Smason, Mayer Taller, and Alex Yasinev! Happy Anniversary to Rabbi Aaron & Pearl Borow!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.

## **Reminders**

- **Become Energized!!! Sponsor Your Own Solar Panel!!!** Lock in the 2014 price of just \$216 for a full year. Introductory Offer -- For the remainder of 2013, your cost will be pro-rated to only \$108 through the end of December. Your sponsorship will appear on the lobby monitor with an individual display with your personal or business name. Sponsor a panel for yourself, your friends, your business, or dedicate one in honor of a loved one. If you are interested in sponsoring a solar panel, please call 314-991-2100, ext. 2 and we will send you the form to complete with your wording!
- **Buy and Use Cash Cards** – call the office ASAP to order your cards and **earn free money** for NHBZ! Orders are placed twice per month – on the 15<sup>th</sup> and 30<sup>th</sup>.
- **Bobby Levine's Art Still Available ~ Just a Couple of Weeks Left!!!** IF YOU MISSED the Bobby Levine Art Exhibit and Opening, to benefit NHBZ, the artwork can be viewed and the order forms for

ordering artwork are available on Bobby's website, [www.robextxlevine.com](http://www.robextxlevine.com). ALL PROCEEDS, 100%, FROM YOUR PURCHASES ~ **UNTIL THE END OF 2013**. GO TO NHBZ to benefit the Capital Campaign. Thank you to NHBZ and everyone who came, supported and helped with this event.

- **Schnucks E-Scrip Card** - Use your Schnucks Card *every time you shop!* Make it count!!!
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, extension 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575.
- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** - It is customary to make a donation to the shul for Aliyos or other honors received.
- **Mi Shebarach List** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or English--if Hebrew names are unavailable. Your contributions are greatly appreciated.
- **Shalosh Seudos, The 3<sup>rd</sup> Meal of Shabbos** ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal as you observe the yahrtzeits of your dear family members.
- **Mishna Study** ~ Learning Mishnayos in memory of a loved one or for a Refuah Shelayma for a person who is ill is an age-old Jewish Tradition. The word Mishna (learning) is closely related to the word Neshama (soul), and we believe that learning Mishnayos in someone's name acts as a Spiritual Elevation for that person or that person's soul. Our NHBZ Mishnayos Shiur learns every Sunday following morning minyan, carrying on this tradition by dedicating the Mishnayos to our loved ones. You may dedicate Mishnayos for 1 year: \$250; 6 months: \$150; 3 months: \$96; 1 month: \$50. May your loved one be bound up in the bond of eternal life. May HaShem be filled with compassion to restore the health of your loved one.
- **Memorial Plaques** ~ Memorial plaques from our former location are lovingly mounted in our new building. Remember your loved ones with a plaque; prices range from \$150 to \$275. Call the office for details.

## **News & FEATURES**

- **Used Book Sale** ~ This Sunday, December 8 through Sunday, December 15. Annual sale at the Saul Brodsky Library in the Jewish Federation Kopolow Bldg., 12 Millstone Campus. Library hours are: Monday, Wednesday, Thursday, 9 am-5 pm; Tuesday, 9 am-8 pm; Friday, 9 am-3 pm; and Sunday, 10 am-2 pm. For more information call 314-442-3720 or email [Brodsky-library@jfedstl.org](mailto:Brodsky-library@jfedstl.org)
- **Tomchei Shabbos!!** Families need extra assistance with non-perishable food. Please pick up a bag available at NHBZ in the office, and fill it with your choices of non-perishable food items. Money donations are always welcome! For more details, or to arrange pick ups at your home, please call Sally Needle at 991-2575.
- **Tomchei Shabbos New Project** ~ Introducing The Tomchei Shabbos cookbook. Details on recipe categories and recipe submission information will be available shortly. If you would like to help on the cookbook please call Bryna Kandel at 569-5001 or email [tomcheishabboscookbook@gmail.com](mailto:tomcheishabboscookbook@gmail.com).

*The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, at 12:00 noon. The bulletin is printed first thing every Thursday morning.*

*Beyond Twelve Gates by Rabbi Ze'ev Smason  
Parshas Vayigash December 7, 2013*

*Welcome to Beyond Twelve Gates*

For a country that features the word *United* so prominently in its name, the U.S. is a fairly diverse place. We splinter along fault lines of income, education, religion, race, age and politics. Then too there's temperament. We're friendly or prickly, conventional or rebellious, feisty or laid-back. And it's no secret that a lot of that seems to be determined by -- or at least associated with -- where we live.

Now researchers have sought to literally map the American mood, with state-by-state ratings of personality and temperament. The study measures personality along five different spectra, with the Openness, Conscientiousness, Extroversion, Agreeableness and Neuroticism labels forming a handy acronym: OCEAN. West Virginia is the most neurotic state, Utah is the most agreeable and the folks of Wisconsin are the country's most extroverted, the study says. Using personality test data from over one million people, three distinct personality regions in the country have been identified. Want to know where you belong on this map? Here, each state is colored by the region it belongs to and shaded according to how strongly its personality matches that profile. <http://science.time.com/2013/10/22/the-united-states-of-attitude-an-interactive-guide-to-americas-moods/>

When we think about the personality of any individual, every person we know or meet is a unique mixture of various traits. If we assume a person's personality would contain just twenty characteristics, each of which can be rated on a ten-point scale, over 100 quadrillion different descriptions of people would be possible! The Talmud says, "Just as people's faces are different, so too, their character differs". One seeking to achieve outstanding interpersonal relationships must study human character to understand each person, and how best to help others.

*Parshas Vayigash Genesis 44:18 -- 47:27*

Judah makes an impassioned plea to the powerful Egyptian ruler (Joseph, still in disguise) for Benjamin's life, claiming that Jacob would surely die from sorrow if he lost Benjamin. Judah offers to remain in Egypt as a slave in place of his younger brother. Unable to restrain himself any longer, Joseph reveals his identity to his stunned brothers and forgives them for selling him into slavery so many years before.

Joseph then sends his brothers back to the land of Israel, laden with gifts, to bring Jacob and their families down to Egypt where they will live in the province of Goshen. Before Jacob leaves home, G-d appears to him in a 'vision of the night', reassuring him that He will be with them and that they will eventually return to the land of Israel as a great nation. After 22 years of separation, Jacob is reunited with his beloved son Joseph. Joseph embraces his father and weeps, overflowing with joy, and then brings his father to meet Pharaoh. The portion concludes by describing how Joseph uses his vast power to amass nearly all of the wealth of Egypt for Pharaoh's treasury.

*Rabbinic Ruminations*

Are there more sands of grain on all the beaches of the Earth, or stars in the sky? It's a question that every future scientist probably asked during that first trip to the beach as a child. Though it would be impossible to actually count the sand and stars, a group of scientists at the University of Hawaii recently came up with a reasonable way to get an estimate.

They began with postulating an average size for a grain of sand and by calculating the number of sand grains in a teaspoon. Then the number of beaches and deserts in the world were factored in. Multiplied all together, the number is staggering. Since you aren't likely to own a calculator with enough digits to represent the result, here it is in shorthand:  $7.5 \times 10^{18}$  grains of sand. In simpler, though equally as incomprehensible terms, that is 7 quintillion, 500 quadrillion grains. Or in terms simpler still: a lot.

Calculating the number of stars is even trickier. If we opt to limit our scope to the number of stars that are observable with the naked eye on a clear night from Earth, then the grains of sand will get an easy victory. Even with minimal light pollution, we aren't likely to make out more than a few thousand stars. So scientists upped the ante by estimating the number of stars that are potentially observable by Hubble. If you include every object that twinkles in the night sky, from ordinary stars, to quasars, to red dwarfs, to whole galaxies, etc., then the number of stars in the observable universe is astounding. The number? 70 thousand million, million, million stars.

For the mathematically disinclined who may still wonder which number is larger: It's the stars, by far. The Jewish people are compared to stars and sand. G-d told Abraham, "I will surely bless you and make your descendants as numerous as the stars in the sky and as the sand on the seashore ..." (Genesis 22:17) The comparison of Abraham's descendants to stars indicates the importance and greatness of every individual member of the Jewish people. But the Jewish people also have a collective mission, as indicated by their comparison to sand. A single grain of sand is of little consequence; but collectively these grains of sand form a border against the ocean. Together, as the Jewish people, we can accomplish great things.

### *Quote of the Week*

Energy is the basis of everything. Every Jew, no matter how insignificant, is engaged in some decisive and immediate pursuit of a goal . . . It is the most perpetual people of the earth. -- *Johann Wolfgang von Goethe*

### **Joke of the Week**

Moishe and Shmuel had not seen each other in many years. Now they had a long talk trying to fill in the gap of those years by telling about their lives. Finally, Moishe invited Shmuel to visit him in his new apartment.

"I got a wife and three kids and I'd love to have you visit us." "Great. Where do you live?" "Here's the address. And there's plenty of parking behind the apartment. Park and come around to the front door, kick it open with your foot, go to the elevator and press the button with your left elbow, then enter! When you reach the sixth floor, go down the hall until you see my name on the door. Then press the doorbell with your right elbow and I'll let you in."

"Good. But tell me... what is all this business of kicking the front door open, then pressing elevator buttons with my right, then my left elbow?"

"You're coming empty-handed?"

## *Nusach Hari B'nai Zion Congregation*

### *108<sup>th</sup> Anniversary Celebration*

Sunday Evening, December 15, 2013

*At the Crowne Plaza Hotel in Clayton*

*We are proud to present our Honoree for 2013*

*Our Own Dr. Ethan Schuman*

*RSVP for the dinner! Call the office on*

*Monday or Tuesday for your last minute reservations!!!*