

NHBZ Shabbos Bulletin

February 15, 2014

Welcome to Nusach Hari B'nai Zion

15 Adar I 5774

Affiliated with the Union of Orthodox Jewish Congregations of America

Torah Portion: Parshas Ki Sisa: Exodus 30:11 – 34:35
Haftorah: I Kings 18:20-39

Stone Chumash pages 484-515
Stone Chumash pages 1161-1162

Erev Shabbos – Friday Night, February 14, 2014

- **Mincha & Ma'ariv** (5:05 pm)
- **Candle Lighting** (5:19 pm)

Shabbos, February 15

- **Shachris & Musaf** (9:00 am) ~ *Thank You For Leading Davening*
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Menachem Szus**
 - LeYning: **Max Gornish**
 - Haftorah: **Max Gornish**
 - *Drasha* (Sermon): **Rabbi Ze'ev Smason**
 - Musaf: **Richard Woolf**
- **Kiddush** ~ (After Musaf)
- **Mincha, Shalosh Seudos, Ma'ariv** (5:00 pm)
- **Shabbos Concludes** (6:23 pm)



Meetings

- **Executive Committee** ~ Tuesday, February 25, 7:00 p.m.
- **Irvin Alper Social Club** ~ Sunday, March 2nd
- **Sisterhood Spring Membership Luncheon** ~ Tuesday, March 18th

NHBZ COMING EVENTS

- **Mega Kiddush and Lunch & Learn** ~ Next Shabbos, February 22. Thanks to **Carole Simon and David & Keri Simon** for being sponsors in honor of the Hebrew naming of **Rachel Corinne Simon**, born on December 6, 2013. Rachel is the daughter of **Jonathan Simon and Wendy Fink Simon**, grand-daughter of Carole and the late Robert Simon, and niece of David and Keri Simon. Rachel is named after her grandfather Robert Simon and her great-great aunt Celia Wexler. Thanks to sponsors **Rabbi Ze'ev & Chani Smason** in celebration of the birthdays of **Rabbi Smason, Rebbitzen Chani, Avrumi, Sivya, and Yaakov Moshe Rosenbaum, Eliyahu & Chasi's son! And, the 30th Wedding Anniversary of Rabbi & Rebbitzen Smason! PLUS**, our Lunch & Learn in honor of January **AND** February Birthdays and Wedding Anniversaries. Thanks to **Norman & Marilyn Liss** for making a generous donation in honor of their 63rd Wedding Anniversary! We will welcome **Avrumi Smason**, from Israel, as our guest speaker. Avrumi is a licensed Israeli tour guide, and will speak on the topic: *"Names and Places in the Land of Israel"*
- **"Jerusalem" The Movie** ~ Join our NHBZ Israel Committee at the IMAX Theatre to view the movie "Jerusalem" at 3:00 p.m. on Sun., Feb. 23. After the movie, we'll head back to the Shul to enjoy the Pizza Buffet along with a discussion of the movie led by our own Menachem Szus. Carpools will be available, and scheduled to leave NHBZ at 2:00 p.m. Please confirm to either drive a carpool or ride in a carpool when you RSVP: Special RSVP Group Rate for Movie AND Dinner: Adults: \$18.00; Seniors: \$17.00; Kids 2-12: \$11.00. Group Rates for Movie ONLY (if reserved through NHBZ): Adults: \$8.00, Seniors 60+ and Kids 2-12: \$7.00. *Please note that the Science Center parking fees are separate from your RSVP for the Movie or the Movie and Dinner!* RSVP to Richard Woolf at woolfNHBZ@yahoo.com call Richard at 314-239-2326. RSVP NO LATER THAN Monday, February 17! (No special group discount rates can be guaranteed after Feb. 17.)
- **RAP with the RABBI Teen Group!** Sunday, February 23, 10:00 a.m. with **Rabbi Smason**, for young men and women; at Starbucks on Olive & Price, with complimentary drinks to all participants! RAP with the RABBI meets regularly on the last Sunday of the month! All teens welcome!

MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

This Week At a Glance	Shabbos Feb. 15	Sunday Feb. 16	Monday Feb. 17	Tuesday Feb. 18	Wed. Feb. 19	Thurs. Feb. 20	Friday Feb. 21	Shabbos Feb. 22
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	5:00 pm	5:20 pm	5:20 pm	-	-	-	5:20 pm	5:10 pm
Ma'ariv Only				6:45 pm	6:45 pm	6:45 pm		
Events – see times in Event Planner Box	<i>Good Shabbos to Everyone!</i>	<i>CLASS: “Introduc- tion to the History of the Jews” 10:00 am</i>		BUY CASH CARDS	<i>Lunch & Learn w/ Rabbi Smason, 12:15 pm;</i> <i>CLASS: Chassidic Insights 7:00 pm</i>	<i>CLASS: “Under- standin g the Siddur” 7:00 pm</i>	<i>Erev Shabbos</i>	<i>Lunch spon- sored by the Simon and Smason Families! Lunch & Learn in honor of January & February Birthdays & Anniversaries</i>

NHBZ Event Planner (Check “Coming Events” for time, date or location changes.)
Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

Weekly at NHBZ

SHABBOS

- Child Care (10:00 am – Noon) kids 3 & under in the Children's Room
- Youth Programming (10:15 am – 11:00 am) children 4-8, in the Youth Lounge.
- Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Chapel
- Shabbos Tanach (Bible) Study Group (30 minutes before Mincha)

- SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler of Aish
- “Introduction to the History of the Jews” with Menachem Szus (10:00 am)
- Mystical Moments with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

MONDAY

- Women's Tefila Class (2nd & 4th Mondays)
NEW TIME: 3:15 pm with Rabbi Smason.

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) now studying Pirkei Avos.
- “Chassidic Insights into the Weekly Parsha” (7:00 pm) Rabbi (Chaplain, Major) Avraham Cohen ”

THURSDAY

- “Understanding the Siddur” w/ Rabbi Max Weiman (7:00 p.m.)

MONTHLY at NHBZ

- Irvin Alper Social Club (First Sunday)
- Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm)
- Dine-In Pizza Night (Last Sunday 5:00 – 7:00 pm) Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 pm.
- Sisterhood (Third Tuesday) **NO FEBRUARY MEETING!**
- RAP with the RABBI (Last Sunday of the month, 10:00am **at Starbucks**)

NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn

NHBZ COMING EVENTS

- **Lion's Den Pizza Night** ~ Our "Last-Sunday-of-the-Month" All-You-Can-Eat Pizza Buffet ~ Sunday, February 23, 5:00-7:00 p.m. Bring your family and friends to enjoy a delicious pizza dinner and schmoozing, and a movie for the kids!!! Reservations are not needed. Just show up and have a great time!!!! (Please place carry-out orders by 10:00 a.m. on Sunday morning, 314-991-2100, ext. 2.) **Come and try our New Jalapeno Pizza – a BIG hit at our January Pizza Night!!!**
- **Kiddush** ~ on Shabbos, March 1, will be sponsored by **Dr. Eliot & Sally Katz** and **Mark Ragin & Gail Rose** to celebrate the 90th birthday of their wonderful mother **Rose Ragin**.
- **Lunch & Learn and Synaplex Shabbat** ~ Shabbos, March 8th
- **Chocolate & Wine for Young Couples & Singles!!!** You are invited to *indulge yourself . . .* Wine & Chocolate Pairings, Saturday night, March 8, 7:45 p.m., at the home of **Richard & Mindy Woolf**, \$10/person, in advance. Please RSVP no later than Wednesday, March 5, to Mindy at 239-2327 or mwoolf2002@gmail.com. Space is Limited ~ so Call Early!!!
- **Antiques Roadshow** ~ **Sunday, March 9 ~ 5:00 p.m.** Nusach Hari B'nai Zion Sisterhood and The Irvin Alper Social Club invite everyone to bring a treasure from your home and join us for an Interesting ~ Funny ~ Surprising evening! Values will be determined by Art Ressel. Mr. Ressel, with more than 50 years of experience is a member of the "Certified Appraisers' Guild of America", Host of KTRS Radio's "Antiques & Collectibles", and Key Appraiser on Channel 9's "Trash & Treasures" Appraisal Fairs. Admission \$10.00 *includes dinner*. All profits will benefit the *Passport to Israel Program*. Come and support our NHBZ kids!!! Reservations REQUIRED! R.S.V.P. ~ Ruth Alper, 314-569-2877 or Rachael Pevnick, 314-395-0617.
- **Sisterhood Luncheon** ~ No February Meeting! Please mark your calendars for Tuesday, March 18, for the **Spring Membership Luncheon**. Lunch is FREE to paid members, \$7.00 for Guests.

CLASS SERIES

- **"Introduction to the History of the Jews"** ~ How have the Jews conquered both time and space over the past 4,000 years? Join Menachem Szus for a fascinating course on the history of the Jewish people on **Sunday mornings**, at 10 A.M. at NHBZ. To register for the class (no charge), please contact Julie Eisenberg at: juliecooks@icloud.com or 314 494-8437 so sufficient material can be prepared.
- **Bi-Monthly Women's Tefila Class** ~ Led by **Rabbi Ze'ev Smason**, the class meets on the 2nd and 4th MONDAYS of the month, **NEW TIME: 3:15 p.m. Monday afternoons**, Next class, Monday, Feb. 24, at NHBZ. The focus of our class is the structure and deeper meaning of the Shabbos morning service and prayers, and how prayer can be used as a basis for our own communication with G-d. All women welcome.
- **"Chassidic Insights into the Weekly Parsha"** ~ Rabbi (Chaplain, Major) Avraham Cohen is offering a class on Chassidic Insights into the Weekly Parsha from the sefer, Me'or V'Shemesh. Study will delve into esoteric thought, but on the other hand is entirely accessible for those having limited Jewish educational backgrounds. The class will be offered on **Wednesday evenings** at 7:00 p.m. in the NHBZ Chapel. Try it -- you'll like it! Rabbi Cohen can be reached at 301-787-5538 for further questions.

SIMCHAS

- **MAZEL TOV ON SIMCHAS** February 15-21. **Happy Birthday to Andy Epstein, Rebecca Kaiser, Moshe Pinto, and Morissa, Sam & Max Pepose! And a special Happy Birthday to Scott McCary** who celebrated his 9th birthday on February 11. **Happy Anniversary to ~Jerry & Fran Cohen and Monti & Cheryl Mantinband!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.

Reminders

- **Become Energized!!! Sponsor Your Own Solar Panel!!!** The 2014 price of just \$216 for a full year. Your sponsorship will appear on the lobby monitor with an individual display with your personal or

business name. Sponsor a panel for yourself, your friends, your business, or dedicate one in honor of a loved one. If you are interested in sponsoring a solar panel, please call 314-991-2100, ext. 2 and we will send you the form to complete with your own wording!

- **Buy and Use Cash Cards** – call the office ASAP to order your cards and **earn free money** for NHBZ! Orders are placed twice per month – on the 15th and 30th.
- **Schnucks E-Scrip Card** - Use your Schnucks Card *every time you shop!* **Easy Money!!** Make it count!!!
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, extension 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575.
- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** - It is customary to make a donation to the shul for Aliyos or other honors received.
- **Mi Shebarach List** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or in English if Hebrew names are unavailable. Your contributions are greatly appreciated.
- **Shalosh Seudos, The 3rd Meal of Shabbos** ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal as you observe the yahrzeits of your dear family members.
- **Mishna Study** ~ Learning Mishnayos in memory of a loved one or for a Refuah Shelayma for a person who is ill is an age-old Jewish Tradition. The word Mishna (learning) is closely related to the word Neshama (soul), and we believe that learning Mishnayos in someone's name acts as a Spiritual Elevation for that person or that person's soul. Our NHBZ Mishnayos Shiur learns every Sunday following morning minyan, carrying on this tradition by dedicating the Mishnayos to our loved ones. You may dedicate Mishnayos for 1 year: \$250; 6 months: \$150; 3 months: \$96; 1 month: \$50. *May your loved one be bound up in the bond of eternal life. May HaShem be filled with compassion to restore the health of your loved one.*
- **Memorial Plaques** ~ Memorial plaques from our former location are lovingly mounted in our new building. Remember your loved ones with a plaque; prices are \$150 and \$275. Please call the office for details.

NEWS & FEATURES

- **PURIM is Coming!!!** **We have a Sponsor for our new Megillos Esther!** A very big THANK YOU to **Sarah Klein** for donating the new Megillos Esther for Purim!!! We will place a plaquette in twelve of the new booklets from Mrs. Klein dedicated in memory of her beloved grandparents HaRav Mordecai & Fradie Baum and Ze'ev & Sarah Griner; the plaquettes in the remaining twelve booklets will be dedicated in honor of her grandchildren Avi Jordan Klein, Hannah Sasha Klein, and Rachel Klein.
- **Kashrus Alert from the Vaad:** The following alert was sent out by the UM Kosher: (United Mehadrin Kosher) Please direct all questions and comments directly to the UMK at kosherq@umkosher.com. Please be advised that STAR WARS EXPLODING CANDY distributed by HEALTHY FOOD BRANDS bears an unauthorized UMK and is not certified by UMK.
- **SLJCII Presents "Praying With Lior" ~ The St. Louis Jewish Community Inclusion Initiative** was launched, last year, to promote full participation in Jewish life for individuals with disabilities and their families by enhancing inclusion, providing resources, and collaborating with existing services in the St. Louis community. Rabbi Smason was asked to sit on the Board of the SLJCII because of NHBZ's long-standing interest in and commitment to 'inclusion' -- our relationship with Ohr Atid, Yachad and Deaf Shabbatons, and special-needs families within our congregation. To introduce the Initiative to our community, the SLJCII is hosting a film screening of "Praying With Lior" tomorrow – Sunday, February 16 at 2:00 p.m. at the Galleria 6 Cinema. "Praying With Lior" is an inspirational documentary about a teenager with a disability who prepares for his Bar Mitzvah with the support of a loving family and inclusive community. Prior to the film, there will be a *Jewish community inclusion Resource Fair* from 1:00 – 2:00 p.m. where we will hand out brochures and other

materials to interested individuals and families. Rabbi Smason and Menachem Szus will co-chair NHBZ's portion of the Resource Fair.

- **The Four Aspects of Purim ~ Ohr Pesia 4-Part Series** ~ Nusach Hari B'nai Zion will host a series on the *Four Aspects of Purim* in the Lower Level "Feigenbaum-Pepose Learning Center," beginning tomorrow evening - Sunday, February 16, at 8:00 p.m. Speakers will be Rabbi Yosef David (Feb. 16), Rabbi Shaya Mintz (Feb. 23), Rabbi Eli Shapiro (March 2) and Rabbi Shmuel Wasser (March 9). Fee: \$20.00; please add a \$10.00 one-time-only yearly registration fee to cover administration costs. Go to www.ohrpesia@gmail.com to register, or visit at the website www.ohrpesia.billite.com to check out additional classes for this term.
- **"The Kabbalah of You ~ Understanding Yourself and Appreciating Others"** featuring Lori Palatnik this Monday, February 17, 7:30 p.m., Clayton Crowne Plaza Hotel. Suggested donation of \$18 at the door.
- **"Movie Night Series"** ~ The Saul Brodsky Jewish Community Library's will continue with a screening of *Komediant*, this coming Wednesday, February 19, 2014 at 7:00 pm. The glory days of the Yiddish stage are brought to life in the funny and bittersweet saga of a legendary theatrical family, the Bursteins. The documentary incorporates archival footage and interviews with Yiddish stage veterans. The film will be shown at the Jewish Federation Kopolow Building, 12 Millstone Campus Drive. Movie snacks and drinks will be served. Admission is \$5.00 per person; free to Friends of the Library. Reservations are required. For more information or to make a reservation, call 314-442-3720 or email Brotsky-library@jfedstl.org
- **Jewish Student Union (JSU) Gala** ~ GROWING A JEWISH FUTURE! February 22, 2014 at the Danforth Plant and Science Center. Honoring Dr. Eldad and Danielle Bialecki and Dr. Michael Rauchman and Dr. Ariane Maywith, with special tribute to Howard Granok, JSU Faculty Advisor of Crossroads College Prep School. For more information, to make reservations or a donation, visit www.jsustl.org or contact Event Chairpersons Melanie & Dan Winograd or Rick Kodner and Gail Brody @ jsustl@gmail.com, or Rabbi Mike at 314-498-6279. JSU serves more than 700 teens in 12 high schools in the St. Louis area. To learn more about JSU, visit our new website @ www.jsustl.org
- **Save the Date** ~ Celebrate Yeshivat Kadimah High School, an innovative and creative new approach to Jewish high school education, Sat. night, March 1, at the newly renovated St. Louis Public Library.
- **The Wonder Years: Celebrating the Mishegas of the Preschool Years** March 2, 2014, 8:30am-12:00pm at the Saul Mirowitz Jewish Community School. This workshop will provide parents of preschool-aged children with answers to some of their most frequent questions and solutions to common parenting challenges. Everyone will receive a gift bag with information from each speaker, and more. Cost to attend is \$12 in advance; \$18 at the door. To register, please go to JewishinStLouis.org/WonderYears. Questions? Please contact Marianne Chervitz at 314-442-3454 or mchervitz@jccstl.org.
- **Tomchei Shabbos!!** Families need extra assistance with non-perishable food. Please pick up a bag available at NHBZ in the office, and fill it with your choices of non-perishable food items. Monetary donations are always welcome! For more details, or to arrange pick-ups at your home, call Sally Needle at 991-2575.
- **Tomchei Shabbos Cookbook Project** ~ Details on recipe categories and recipe submission information will be available shortly. If you would like to help on the cookbook please call Bryna Kandel at 569-5001 or email tomcheishabboscookbook@gmail.com.
- **College Scholarships** ~ Applications are open for Jewish Community Foundation (JCF) College Scholarships for St. Louis high school, undergraduate and graduate students; *due April 14, 2014*. The financial aid will cover part of the cost of each student's education. Scholarships and loan opportunities:
 - **The Benjamin Pessin Education Assistance Fund** provides two \$1,000 scholarships for students studying business administration.
 - **The Ruth Greenberg Memorial Fund for Rabbinical Training** offers St. Louis residents scholarships of up to \$2,500 for rabbinical training.
 - **The Sam A. Kessler Memorial Scholarship**. Qualified recipient for the \$1,000 scholarship, must have resided in the St. Louis region for at least 10 years.
 - **The Richard L. Levis, Jr. Memorial Fund** provides up to \$1,000 in scholarship money to any college or university student.
 - **The Blanche and Irving Miller Scholarship Fund** provides \$1,000 scholarships to qualified students enrolled in accredited colleges or universities who are pursuing degrees in professional fields. These include, but are not limited to, law, medicine, hospital administration and journalism.

For more information, contact Wendy Rosenblum at The JCF of St. Louis, (314) 442-3740.

Beyond Twelve Gates by Rabbi Ze'ev Smason
Parshas Ki Sisa February 14, 2014

Welcome to Beyond Twelve Gates

In the 1970s, airlines used to carry extra flight attendants and management representatives like Devi Bellows to serve as onboard fixers. At a recent flight attendant reunion, Devi told of the time a full 747 flying from Los Angeles to New York was loaded with 125 kosher meals, but only 50 people said they had ordered the special meal.

Flight attendants got hysterical, she said, when they realized they would get to the back of the plane and have only kosher meals to serve. So Devi decided to create a contest. She announced a "special promotion" for that flight. The first 50 people who raised their hands would receive a special meal the airline was testing. Hands shot up quickly. Flight attendants stripped the kosher label off and "there was not one letter of complaint," she said.

How can we learn to be quick thinkers? 1) Relax. Otherwise, your brain will be cluttered and not think straight. 2) Analyze. Examine the situation, and assess possible solutions. 3) Eat healthy food. Good food makes your brain work better. 4) Exercise. Exercising helps your body function better. 5) Sleep. Sufficient sleep is important. 6) Learn Torah. "The Torah of G-d is perfect, restoring the soul: the testimony of G-d is sure, making wise the foolish" (Psalm 19:8)

Parshas Ki Sisa Exodus 30:11 -- 34:35

The portion begins with G-d's command to Moses to take a census by collecting an equal contribution of a half-shekel coin from every adult male between the ages of 20 and 60, with the profits going to the Mishkan (Tabernacle). G-d designates Betzalel, of the tribe of Judah, and Oholiav, of the tribe of Dan, to supervise the upcoming construction of the Mishkan. The mitzvah of Shabbat is then repeated to caution the nation that even the construction of the Mishkan does not supersede the observance of the weekly day of rest.

The Torah returns to the narrative of the Revelation at Mt. Sinai and describes the horrible sin of the golden calf. G-d relents to Moses' prayer that the Children of Israel should be spared from annihilation for this great transgression, and Moses descends from the mountain with the two tablets of the Ten Commandments in hand. Upon witnessing a small segment of the population dancing around the golden calf, Moses smashes the tablets and burns the idol, initiating the process of repentance. Moses again ascends the mountain to pray to G-d that the Jewish people should be forgiven and regain their status as the chosen people. Moses eventually returns with the second set of tablets and a renewed covenant with G-d, his face radiant as a result of the Divine experience.

Rabbinic Ruminations

Do you know what influences your feelings and decision making? There are dozens of factors that influence our thoughts and beliefs.

-- It's well known that many police departments and detention centers use a certain shade of pink in their cells because the color is believed to have a calming effect.

-- We know that the earth's surface is horizontal, and that north isn't really 'above' south; yet, the association of north with up and south with down influences people's tendency to prefer to travel south rather than north to go to a store, because north is uphill.

-- People with names that begin with the letter K were responsible for 10 percent of donations for Hurricane Katrina relief efforts, but for only 4 percent of donations to all disasters before Katrina.

-- People holding a warm drink rather than a cold one tend to be more trusting of strangers and more generous. In a less positive sense, the frequent sight of garbage, graffiti, and disrepair produces feelings of alienation and depression, especially among the elderly

-- People stepping off rising escalators are more helpful than those stepping off descending elevators. They are more generous, too. According to a study, twice as many people stepping off a rising escalator donated to a Salvation Army fundraiser than did those stepping off a descending elevator. Psychologists theorize that we experience environmental conditions as metaphors -- in other words that we experience an elevated sense of ethics or generosity by gaining physical elevation.

The way we observe Judaism exerts not only a profound influence on ourselves but upon our children. Therefore, the Torah instructs us, "Choose life, in order that you and your offspring will live."(Deut. 30:19) Choose the life of Torah and mitzvot with joy. In doing so you will live a rich, meaningful, Jewishly-committed life, and also your children after you.

Quote of the Week

I offer my opponents a bargain: If they will stop telling lies about us, I will stop telling the truth about them. -- *Adlai Stevenson, campaign speech, 1952*

Joke of the Week

A mother and baby camel are talking one day when the baby camel asks, "Mom why have I got these huge three toed feet?" The mother replies, "Well son, when we trek across the desert your toes will help you to stay on top of the soft sand".

"OK" said the son. A few minutes later the son asks, "Mom, why have I got these great long eyelashes?" "They are there to keep the sand out of your eyes on the trips through the desert." "Thanks Mom" replies the son.

After a short while, the son returns and asks, "Mom, why have I got these great big humps on my back??"

The mother, now a little impatient with the boy replies, "They are there to help us store water for our long treks across the desert, so we can go without drinking for long periods."

"That's great mom, so we have huge feet to stop us sinking, and long eyelashes to keep the sand from our eyes and these humps to store water. But Mom?"

"Yes son?"

"Why are we in the St. Louis Zoo?"

President's Column

The recently installed Board of Directors is off to a fast start. We will be implementing exciting, new plans for enhancing services, serving our members, outreach and fund raising. Stay tuned for information about the Purim Seudah! If you would like to help with these or any other programs, please contact me or any Officer, Director or Trustee.

<u>Officers:</u>	<u>Board of Directors:</u>	<u>Trustees:</u>
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		Menachem Szus
		Alan Zarkowsky
		Irwin Rosen

Lenny Alper

The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, at 12:00 noon. The bulletin is printed first thing every Thursday morning.