

# NHBZ Shabbos Bulletin

Feb. 9, 2013

*Welcome to Nusach Hari B'nai Zion*

29 Shevat 5773

Affiliated with the Union of Orthodox Jewish Congregations of America

Torah Portion – Mishpatim:	Exodus 21:1 – 24:18	Stone Chumash pages 417 – 443
Parshas Shekalim:	Exodus 30:11-16	Stone Chumash page 484
Haftorah:	2 Kings 11:17 – 12:17, 1 Samuel 20:18 , 42	Stone Chumash pages 1212-1214

*This Shabbos Bulletin is being sponsored by Joni Kaiser in honor of her husband, Bob's 55<sup>th</sup> birthday, and daughter, Rebecca's 18<sup>th</sup> birthday!*

## Erev Shabbos - Friday, February 8

- **Mincha & Maariv** (5:05 pm)
- **Candle Lighting** (5:12 pm)

## Shabbos - Saturday, February 9

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:
  - Pesukei D'Zimra: **Howard Sandler**
  - Shacharis: **Menachem Szus**
  - Leyning: **Max Gornish**
  - Haftorah: **Kenny Bressler**
  - Sermon: **Rabbi Ze'ev Smason**
  - Musaf: **David Rubin**



**Shabbos Shekalim** (Shabbos of Shekels) recalls the census taken in the wilderness, described in the haftorah today. The people are to donate a half-shekel (a silver coin) as a tax to provide for the maintenance of the Tent of Meeting and its service, and the coins are counted instead of the people. There are many lessons to be learned from this brief passage. The fact that both rich & poor contribute the same amount reminds us that both rich and poor are equally valued in the eyes of HaShem. The fact that we count coins instead of people reminds us that people are not to be thought of as mere numbers on a ledger. The fact that the census contributions are used to maintain the Tent of Meeting reminds us of the importance of contributing to the upkeep of the synagogue.

- **Kiddush** (following Musaf) Thanks to **Joni Kaiser** for enhancing Kiddush, with a Salad Bar and Sesame Noodles, in honor of the birthdays of her husband, **Bob**, and daughter, **Rebecca**. **HAPPY BIRTHDAY BOB + REBECCA!!!**
- **Mincha, Shalosh Seudos, Ma'ariv** (4:55 pm)
- **Shabbos Concludes** (6:17 pm)
- **Thanks to Julie Eisenberg** and her crew, **Mimi Fizsel, Fran Hoffman, Joni Kaiser, Mimi Sabol, Susan Scribner, Trudy Sudin, Mindy Woolf and Karen Zeff**, for preparing the delicious Shabbos dinner last night!!!!

## This Week

**טובת שלום**

<i>At a Glance</i>	Shabbos Feb. 9	Sun. Feb. 10	Mon. Feb. 11	Tues. Feb. 12	Wed. Feb. 13	Thur. Feb. 14	Fri. Feb. 15	Shabbos Feb. 16
Shachris	9:00 am	8:00 am	6:45 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Maariv	4:55 pm	5:15 pm	5:15 pm	-	-	-	5:15 pm	5:00 pm
Maariv Only	-	-	-	6:45 pm	6:45 pm	6:45 pm	-	-
<b>Events – see times in Event Planner Box below</b>	Shabbos Shekalim; Celebrate the birthdays of Bob and Rebecca Kaiser!	Rosh Chodesh Adar; Dine-In Pizza Night!	Rosh Chodesh Adar.	<b>BUY CASH CARDS!</b>	Rabbi Smason's Lunch 'n' Learn	Shechita Class	Erev Shabbos	Shabbos Lunch & Learn Celebrating February Birthdays & Anniversaries

Nusach Hari B'nai Zion  
650 N. Price Road  
Saint Louis, MO 63132

**Ze'ev Smason, Rabbi**  
Aaron Borow, Rabbi Emeritus  
Janet Haber, President  
Dr. Ethan Schuman, Chazan

Office Phone 314-991-2100  
Chapel Phone: 314-991-2100  
Webpage: www.nhbz.org

***NHBZ Event Planner*** (Check 'Coming Events' for time, date or location changes.)  
 Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

<p><b><u>Weekly at NHBZ</u></b></p> <p align="center"><b><u>SHABBOS</u></b></p> <ul style="list-style-type: none"> <li>- <b>Child Care</b> (10:00 am – Noon) kids 3 &amp; under in the Children's Room</li> <li>- <b>Youth Programming</b> (10:15 am – 11:00 am) children 4-8, in the Youth Lounge.</li> <li>- <b>Learners Service</b> (10:15 am) led by Rabbi Ze'ev Smason in the Chapel</li> <li>- <b>Shabbos Tanach (Bible) Study Group</b> (30 minutes before Mincha)</li> </ul> <p align="center"><b><u>SUNDAY</u></b></p> <ul style="list-style-type: none"> <li>- <b>Mishna Learning</b> (after Shachris) with Rabbi Chanan Swidler of Aish</li> <li>- <b>RAP with the RABBI Teen Group</b> (10:15 am) with Rabbi Smason @ Starbucks Olive &amp; Price</li> <li>- <b>Mystical Moments</b> with <b>Rabbi Max Weiman</b> (between Mincha &amp; Maariv.)</li> <li>- <b>Tanya</b> (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel</li> </ul> <p align="center"><b><u>WEDNESDAY</u></b></p> <ul style="list-style-type: none"> <li>- <b>Rabbi Smason's Lunch &amp; Learn</b> (12:15 pm – 1:00 pm) now studying Pirkei Avos</li> </ul>	<p align="center"><b><u>THURSDAY</u></b></p> <ul style="list-style-type: none"> <li>- <b>Schechita</b> (5:30 pm – 6:30 pm) with Rabbi Chaim Loike of the OU Kashruth Division</li> </ul> <p><b><u>Monthly at NHBZ</u></b></p> <ul style="list-style-type: none"> <li>- <b>Irvin Alper Social Club</b> (First Sunday)</li> <li>- <b>Women's Home Study Group</b> (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin</li> <li>- <b>Morris Lenga Yiddish Club</b> (First Thursday, 7:30 pm)</li> <li>- <b>Dine-In Pizza Night</b> (Last Sunday 5:00 pm – 7:00 pm)</li> <li>- <b>Carry-Out Pizza Night</b> (Wednesday mid-month; will resume ASAP!)</li> <li>- <b>Sisterhood</b> (Third Tuesday)</li> <li>- <b>Women's Guide to Time</b> (As scheduled) with Rebbitzin Chani Smason</li> </ul> <p><b><u>NHBZ Signature Events</u></b></p> <ul style="list-style-type: none"> <li>- <b>Synaplex Shabbos</b></li> <li>- <b>Shabbos Lunch &amp; Learn</b></li> <li>- <b>I-Chat</b></li> </ul>
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**Coming Events** – (see Event Planner Box, on next page, for *all* events)

- **Sunday, February 10** ~ Pizza Dine-In Night 5:00-7:00 p.m. – Two weeks early!!! (The last Sunday of the month is **PURIM**.)
- **Shabbos, February 16** ~ **Lunch & Learn** in honor of February birthdays and wedding anniversaries. Rabbi Smason will speak on the topic: *"What's the Truth About . . . ? Five Jewish Myths & Urban Legends!!"*
- **Sunday, February 17** ~ I-Chat, 4:00-5:00 p.m., in NHBZ's Lower Level
- **Tuesday, February 19** ~ **Please join us for a new class series with Rabbi Ze'ev Smason** at The Law Offices of David A. Rubin, L.L.C. 10880 Baur Blvd., 63132. The third Tuesday of the month, 12:15 p.m. First class on **Feb. 19**, *Terumah: Building an Inner Sanctuary*. Following months' schedule: **March 19**, *Vayikra: Why Did We Bring Sacrifices?* **April 16**, *Kedoshim: What is Holiness?* **May 21**: *Be'ha'aloscha: The Priestly Blessings*. **June 18**: *Balak: Bilaam; a Non-Jewish Prophet?*
- **Thursday, February 21** ~ **Style Workshop! Learn the Art of Dressing** ~ An evening focusing on "Color & Style" with Sharone Goodman (Julie Eisenberg's sister). Thursday, February 21, 7:30-9:00 p.m. in our lower level multi-purpose room; \$18.00 per person. Learn the skills of dressing! Choose the right colors and styles! RSVP to Julie Eisenberg, 314-725-6398 or [jrecooksalot@aol.com](mailto:jrecooksalot@aol.com)
- **February 23 & 24** ~ **Reading the Megilla** ~ **Saturday night, February 23**: Mincha 5:10 p.m. Shalosh Seudos following Mincha. Havdalah: 6:32 p.m. Ma'ariv: 7:00 p.m. Megilla Reading (by Rabbi Shaya Mintz): 7:15 p.m. Special "Pasta Groggers" available for purchase to be donated to the Jewish Food Pantry. Please bring non-perishable food or toiletry items; barrels are already set up in our upper & lower levels. Ice Cream Treats for ALL!! **Sunday morning, Feb. 24**: Shachris: 8:00 a.m. Megilla Reading (by Rabbi Michael Rovinsky): 8:30 a.m.
- **Sunday, February 24** ~ **PURIM and PURIM SEUDAH!!!! Complete with Whiskey Slush!!!!** Adults: \$15; Kids 4-10: \$8; Kids 3 & under: Free. RSVP 314-991-2100, ext. 2.

- **Shabbos, March 2** ~ Kiddush in honor of Larry & Rayna Chervitz.
- **Saturday Night, March 2** ~ Indulge yourself at the NHBZ *Wine & Chocolate Pairings* with noted wine columnist, Gail Appleson. 7:30 p.m. at 7700 Forsyth Blvd., Suite 1800, in Clayton (at Armstrong Teasdale in the Centene Building). \$15.00 per person in advance. RSVP by Wednesday, February 27, 314-991-2100, ext. 2. Space is limited, so call early!!!
- **Sunday, March 10** ~ NHBZ Sisterhood & the Irvin Alper Social Club invite everyone to their **Antiques Road Show & Dinner** at 6:00 p.m. Interesting ~ Funny ~ Surprising!!!! Bring an item. Values determined by Art Ressel, of the renowned Ivey-Selkirk Appraisers. All you can eat dinner follows (Pasta with Meat Sauce, Salad, Garlic Bread, Dessert and Beverages.) **Admission** \$10.00 per person. RSVP: Rachael Pevnick (314-395-6017) or Ruth Alper (314-569-2877). All profits will benefit the "Passport to Israel" program. Come and support our NHBZ kids!!

## Meetings

- **Board of Directors** (Tuesday, February 12, 2013) Minyan at 6:45 p.m.; Meeting at 7:00 p.m.
- **Sisterhood Gold Dollar Bingo** (Tuesday, March 12, at noon.) Delicious Lunch & Prizes

## Reminders

- **Buy and Use Cash Cards** – call the office ASAP to order your cards and *earn free money* for NHBZ!
- **Schnucks E-Scrip Card** - Use your Schnucks Card *now*, and make it count!!!
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, extension 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly.
  - For a Shul tribute, call Gloria Waxman at 314-872-3296
  - For a Sisterhood tribute, call Phyllis Silverman at 314-434-2482
  - For Libby Needle Fund, call Sally Needle at 314-991-2575
- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** - It is customary to make a donation to the synagogue for an Aliyah or other synagogue honors received.
- **Mi Shebarach List** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office **by Friday mornings** so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name; either in Hebrew or English--if Hebrew names are unavailable. 314-991-2100, ext. 2. Your contributions are greatly appreciated.
- **Memorial Plaques** ~ All memorial plaques from our former location have been lovingly mounted in our new building. You can honor and remember your loved ones with a plaque: Cast Iron Plaques with names in raised lettering, \$275.00; Molay is recited on each yahrtzeit. Brass Plaques \$150.00; inscribed with name. Molay is recited on each yahrtzeit.
- **Shalosh Seudos, The 3<sup>rd</sup> Meal of Shabbos** ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Maariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal as you observe the yahrtzeit of your dear family members.
- **Sponsor Mishna Study for a Loved One** ~ Learning Mishnayos in memory of a loved one or for a Refuah Shelayma for a person who is ill, is an age-old Jewish Tradition. The word Mishna (learning) is closely related to the word Neshama (soul), and we believe that learning Mishnayos in someone's name acts as a Spiritual Elevation for that person or that person's soul. Our Nusach Hari B'nai Zion Mishnayos Shiur, which learns every Sunday following morning minyan, is carrying on this tradition by dedicating the Mishnayos to those in whose names the Mishnayos will be learned. You may dedicate Mishnayos for 1 year: \$250; 6 months: \$150; 3 months: \$96; 1 month, \$50. *May your loved one be bound up in the bond of eternal life. May HaShem be filled with compassion to restore the health of your loved one.*

**Welcome to *Beyond Twelve Gates***

Few people keep Queen Elizabeth II waiting, especially when she has issued a personal invitation, but President Ronald Reagan managed to do so. It happened in 1982, when the Reagan White House failed to reply in a timely way to a personal invitation from the queen for the president and his wife Nancy to stay with her at Windsor Castle during a planned visit to England. There were raised eyebrows and bruised feelings when President Reagan did not answer the sort of invite that usually commands a prompt reply the world over. The queen's invitation was left to languish for weeks -- something the British believe is simply Not Done. The gaffe was apparently the result of a lack of organization and experience from those surrounding the newly-elected American president. The misunderstanding was eventually cleared up, and President Reagan even found the time to go horseback riding with the queen.

Are you a reliable person? Reliability is synonymous with faithfulness. Old Faithful erupts more frequently than any of the other big geysers in Yellowstone National Park. It was named for its consistent performance by members of the Washburn Expedition in 1870. Although its average interval has lengthened through the years (due to earthquakes and vandalism), Old Faithful is still as spectacular and predictable as it was a century ago. G-d praised Moses for being reliable: "*B'chol bayti ne'eman hu*," "In all of My Palace, he (Moses) is **faithful**" (Numbers 12:7) The blessing given to Jewish newlyweds is that they build a "*Bayit ne'eman b'Yisrael*," a home **faithful** to the traditions of Israel. Are you a reliable person?

***Parshas Mishpatim Exodus 21:1 -- 24:18***

Following on the heels of the Ten Commandments, this week's Torah portion deals primarily with civil law. Like the realm of the ceremonial, our worldly and common activities must be infused with holiness and observed carefully. Included among the civil laws discussed in the portion are; penalties for causing bodily injury to another person and damaging his property; laws regarding borrowers; the mitzvah to show sensitivity to the poor and to offer them free loans; and laws relating to the honest dispensation of justice. After mentioning the mitzvos of Shabbos and *Shemittah* (the Sabbatical year), the portion continues with a brief discussion of the three pilgrimage festivals -- Passover, Shevuous and Sukkos.

The Torah then returns to the revelation at Mt. Sinai. The Jewish people declare their commitment to do whatever G-d commands with the famous phrase "Everything G-d has said, we will do and we will listen." The portion concludes with Moses' ascending the mountain, where he will remain for forty days and forty nights to receive the rest of the Torah.

***Rabbinic Ruminations***

Meet the tardigrade, also known as the water bear, the world's toughest animal. Normally, the tiny tardigrade waddles around on its 4 pairs of plump little legs sucking the juices out of mosses and lichen. These microscopic, translucent animals, about the size of the period at the end of this sentence, occur almost everywhere on earth. They can be found from the Himalayas (above 22,000 ft) to the deep sea (below 13,000 ft), and from the polar regions to the equator. Since 2007, tardigrades have also returned alive from studies in which they have been exposed to the vacuum of space for a few days in low Earth orbit. Water bears are the first known animal to survive in space.

When the going gets tough, the cute and squishy water bear is tougher than a grizzly bear. The tardigrade is the most extreme survivor on the planet, because when conditions are fierce, this animal effectively curls up and dies. It loses 99% of the water in its body and enters a state of suspended animation, called cryptobiosis. Let's say a tardigrade starts getting too cold. It will shrink down, retract all its legs, and shut down all its systems until conditions improve. Once they're in this state, they are practically indestructible. Water bears can survive temperatures as low as -328F. Extreme heat is no problem, either; tardigrades have survived a scorching 303 degrees. They can survive solar radiation, gamma radiation, ionic radiation -- hundreds of times higher doses than would kill a person.

People are sometimes like the cryptobiotic tardigrade. The water bear can go without food or water for nearly 10 years, almost completely drying until they rehydrate, and withdraw in its spiny shell without water, oxygen or heat. But when moistened, it immediately springs back to life, the legs and head poking out from its coffin-like shell. People's lives can become dull, flat, and deathlike. Like the tardigrade, some individuals have a tendency to withdraw due to life's difficulties and simply exist. Their very life itself can be refreshed when moistened with a kind word, a warm smile, or an act of kindness. *Chesed*, an act of loving kindness, is a great mitzvah -- and like water to a tardigrade, can bring a person back to life.

### *Quote of the Week*

It is a formidable struggle for some people to see what is in front of their eyes. -- *George Orwell*

## **Joke of the Week**

A man had been driving all night and by morning was still far from his destination. He decided to stop at the next city and find somewhere quiet to park his car and get an hour or two of sleep. As luck would have it, the quiet street he chose happened to be one of the city's most popular jogging routes. No sooner had he settled back to snooze when there came a knock on his window. He looked out and saw a jogger running in place.

"Yes?"

"Excuse me, sir," the jogger said, "do you have the time?" The man looked at the car clock and answered, "7:15."

The jogger said thanks and left. The man settled back again, and was just dozing off when there was another knock on the window and another jogger.

"Excuse me, sir, do you have the time?"

"7:25!"

The jogger said thanks and left.

Now the man could see other joggers passing by and he knew it was only a matter of time before another one disturbed him. To avoid the problem, he got out a pen and paper and put a sign in his window saying, "I do not know the time!" Once again he settled back to sleep. He was just dozing off when there was another knock on the window.

"Sir, sir? It's 7:45!"

## **Simchas, News and Features**

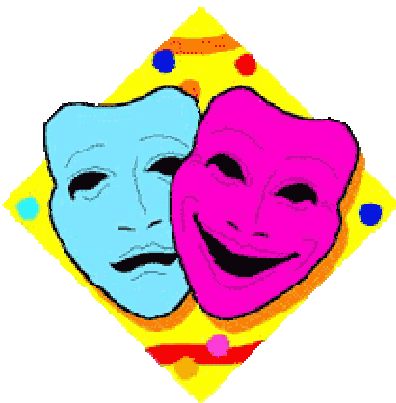
- **MAZEL TOV ON SIMCHAS** February 2-8 - **Happy Birthday to Francine Attoun, Amanda Fredman, Bob Kaiser, Shirley Osheroff, Moshe Pinto and Rebbitzan Chani Smason. Happy Anniversary to Bill & Rhoda Carl.** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.
- **JSU Gala Info** Jewish Student Union (JSU) GALA *INSPIRE A JEWISH TOMORROW!* March 9, 2013 at the Coronado Ballroom. Honorees are Michael and Carol Staenberg, with special tribute to Rick Kodner and Gail Brody. We will also inaugurate the Meira Bresler Riemer Scholarship Fund. Meira was passionately involved in inspiring the youth of both JSU and NCSY. In her memory, her family and friends have established the Meira Bresler Riemer Scholarship Fund which will be a National fund providing these youth opportunities to enhance their Jewish identity and love for Israel. For more information or to make reservations or a donation visit [www.jsustl.com](http://www.jsustl.com) or contact Event Chairpersons Danielle and Eldad Bialecki or Melanie and Dan Winograd at [jsustl@gmail.com](mailto:jsustl@gmail.com) JSU serves more than 700 teens in 11 high schools in the St.Louis area.
- **TOMCHEI SHABBOS COMMUNITY FOOD DRIVE!!** Tomchei Shabbos Food Drive has begun! Bags for non-perishable food items have been delivered to our Shul. For more information, or to arrange a pick up at your home, please call Jackie Oppenheimer at 997-6924 or Sally Needle at 991-2575.
- **ACHASHVEROSH'S PALACE** Join us for an exciting casino night with prizes, delicious food, and a silent auction on Sunday night, February 17, 6:00 PM at Clayton High School (1 Mark Twain Circle). Proceeds to benefit Block Yeshiva Athletics; Honorary Chairman Don Makovsky. \$50 per person; advance reservations

required. Pay by credit card at [blockyeshiva.org](http://blockyeshiva.org), or call the Block Girls School at 872-8701, or e-mail [byhsathletics@gmail.com](mailto:byhsathletics@gmail.com) for more info.

- **10% Discount Goes to NHBZ!!!** This year the St. Louis Kollel Bookstore will be offering a special promotion through Purim. Anyone who buys 12 bottles or more of wine or grape juice from the Kollel Bookstore will have **10% of their total purchase** donated to the shul of their choice. That means NHBZ! Any questions? Call Linda Markowitz 314 726-6047 or email [office@stlkollel.com](mailto:office@stlkollel.com)
- **GET READY FOR PURIM** Two ways to fulfill the mitzvah of Matanos L'Evyonim ~ Giving Charity to the Poor.
  - 1.) In recent years, NHBZ has collected money to give to **Od Yosef Chai**, an organization that distributes money to the needy in Israel and in our own St. Louis community. Please make your checks payable to **Od Yosef Chai** and bring or send them to our office. To donate by credit card, call 314-991-2100, ext 2. Please be generous so we can exceed last year's total of \$1,391.00 – Help put us over the top!!!
  - 2.) Buy special “pasta groggers” for \$4.00 each. Use the boxes of pasta as groggers during the reading of Megillas Esther, after which they will be donated to the Jewish Food Pantry; proceeds will benefit the NHBZ Chesed Fund and the Rabbi's Charity Fund. A VERY BIG THANK YOU to Paul Mendelson for, once again, making the generous donation of the “pasta groggers.”

### *A note from Anna Rose Tendler:*

I want to thank each and every one of you who came to our Super Bowl(ing) Party or bought raffle tickets to support the Epstein Hebrew Academy's Strategic Planning Process. We had a wonderful turnout from our friends and the community at large and, thanks to people like you, our party was a HUGE success!!! I appreciate your thoughtfulness and support very much!!! *Anna Rose*



**Join Us for Our**

**Purim Seudah**

*A Festive Purim Meal*

*Come in Costume!*



**Sunday, February 24 – 4:45 PM**

Adults: \$15.00 per person      \$8.00 for kids 4-10;

Free to Kids 3 and Under

Guest Chefs

Sima Moria ~ Moshe Pinto ~ Mati Elmaleh

**RSVP 314-991-2100, ext. 2**