

NHBZ Shabbos Bulletin

January 11, 2014

Welcome to Nusach Hari B'nai Zion

10 Shevat 5774

Affiliated with the Union of Orthodox Jewish Congregations of America

Torah Portion:
Haftarah:

Parshas Beshalach: Exodus 13:17 – 17:16
Shoftim (Judges) 4:4 – 5:31

Stone Chumash pages 366-393
Stone Chumash pages 1152-1154

Thanks to Sam & Shirley Bluestein for sponsoring this Shabbos Bulletin in honor of their 60th Wedding Anniversary ~ tomorrow, January 12th. Sam and Shirley want to say "Thank you to all our friends for the many tribute cards and good wishes for our anniversary. May we share many simchas together in the future!"

This Shabbos Bulletin is sponsored In honor of Mrs. Shirley Fredlich, With Love & Gratitude from Eliyahu & Chasi Rosenbaum

Erev Shabbos – Friday Night, January 10, 2014

- **Mincha & Maariv** (4:35 pm)
- **Candle Lighting** (4:40 pm)

Shabbos, January 4

- **Shachris & Musaf** (9:00 am) ~ *Thank You For Leading Davening*
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Dr. Ethan Schuman**
 - Leyning: **Adam Ariel**
 - Haftarah: **Alan Haber**
 - Drasha (Sermon): **Rabbi Ze'ev Smason**
 - Musaf: **Dr. Ethan Schuman**
- **Installation Shabbos ~ Kiddush & Lunch** (After Musaf) Kiddush and Lunch are being sponsored by the Officers and Members of the Boards of Directors of our Shul, Sisterhood, and Irvin Alper Social Club in honor of beginning their new 2014 terms in office. Thanks to Janet Haber for two successful years as the first woman president of Nusach Hari B'nai Zion!
- **Mincha, Shalosh Seudos, Ma'ariv** (4:25 pm) Shalosh Seudos will be sponsored by **Sid & Phyllis Silverman** in memory of beloved parents **Dora & Eli Silverman**, ז"ל, and beloved sister **Lillian Mendelson**, ז"ל.
- **Shabbos Concludes** (5:44 pm)
- **Third Annual Tu B'Shevat Seder** ~ Motzai Shabbos Tonight, January 11. A Family Evening, with a new twist or two, planned by **Byron Brownstein**, chairman of the event, with the assistance of **Mimi Fiszel** and **Linda Szus**. Celebrate the New Year of the Trees and enjoy the Shivat Haminim, the Seven Species described in the Torah as being abundant in the land of Israel. Family Oriented Tu B'Shevat Seder: 7:00 p.m. – 8:30 p.m. Children's Program (6 and under): 7:00 p.m. – 8:30 p.m. (Downstairs: Tu B'Shevat Arts & Crafts & Snacks for the kids, including some of the Shivat Haminim) Babysitting available until 8:30 p.m.
- **Rabbi Smason Out of Town** ~ Rabbi Smason will be out of town from Sunday, January 12, through Tuesday, January 14.



Meetings

- **Board of Directors** ~ Tuesday, January 14, 2014, 7:00 p.m.
- **Executive Committee** ~ Tuesday, January 28, 2014, 7:00 p.m.

NHBZ COMING EVENTS

- **Irvin Alper Social Club** ~ No Get-Together in January.
- **RAP with the RABBI Teen Group!** Next Get-Together ~ Sunday, January 26, 10:00 a.m. with **Rabbi Smason**, for young men and women; at Starbucks on Olive & Price, with complimentary drinks to all participants! RAP with the RABBI will meet regularly on the last Sunday of the month! All teens welcome!

Nusach Hari B'nai Zion
650 N. Price Road
Saint Louis, MO 63132

Ze'ev Smason, Rabbi
Aaron Borow, Rabbi Emeritus
Leonard M. Alper, President
Dr. Ethan Schuman, Chazan

Office Phone 314-991-2100
Chapel Phone: 314-991-2100
Webpage: www.nhbz.org

MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

This Week At a Glance	Shabbos Jan. 11	Sunday Jan. 12	Monday Jan. 13	Tuesday Jan. 14	Wed. Jan. 15	Thurs. Jan. 16	Friday Jan. 17	Shabbos Jan. 18
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	4:25 pm	4:45 pm	4:45 pm	-	-	-	4:45 pm	4:35 pm
Ma'ariv Only				6:45 pm	6:45 pm	6:45 pm		
Events – see times in Event Planner Box	<i>Installation Shabbos In Honor of Officers & Board Members of Shul, Sisterhood & Irvin Alper Social Club</i>	<i>NEW CLASS: “Introduction to the History of the Jews” 10:00 am</i>		BUY CASH CARDS	<i>Lunch & Learn w/ Rabbi Smason, 12:15 pm; NEW CLASS: Chassi- dic Insights 7:00 pm</i>	<i>Tu B'Shevat NEW CLASS: “Under- standing the Siddur” 7:00 pm</i>	<i>Erev Shabbos</i>	<i>Good Shabbos to Everyone!</i>

NHBZ Event Planner (Check ‘Coming Events’ for time, date or location changes.)
Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

Weekly at NHBZ

SHABBOS

- Child Care (10:00 am – Noon) kids 3 & under in the Children’s Room
- Youth Programming (10:15 am – 11:00 am) children 4-8, in the Youth Lounge.
- Learners Service (10:15 am) led by Rabbi Ze’ev Smason in the Chapel
- Shabbos Tanach (Bible) Study Group (30 minutes before Mincha)

SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler of Aish
- “Introduction to the History of the Jews” with Menachem Szus (10:00 am)
- Mystical Moments with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

MONDAY

- Women’s Tefila Class (2nd & 4th Mondays) 7:00 pm with Rabbi Smason.

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) now studying Pirkei Avos.
- “Chassidic Insights into the Weekly Parsha” (7:00 pm) Rabbi (Chaplain, Major) Avraham Cohen ”

THURSDAY

- “Understanding the Siddur” with Rabbi Max Weiman (7:00 p.m.)

MONTHLY at NHBZ

- Irvin Alper Social Club (First Sunday) **(NO MEETING IN JANUARY)**
- Women’s Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm)
- Dine-In Pizza Night (Last Sunday 5:00 pm – 7:00 pm) Carry-Out Pizzas also available. Pick up time 4:30 pm. Place orders: 314-991-2100, ext. 2.
- Sisterhood (Third Tuesday)
- RAP with the RABBI (Last Sunday of the month, 10:00am **at Starbucks**)

NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn

MORE NHBZ COMING EVENTS

- **Irvin Alper Social Club** ~ No Get-Together in January.
- **RAP with the RABBI Teen Group ~ Up & Running!** Next Get-Together ~ Sunday, January 26, 10:00 a.m. with **Rabbi Smason**, for young men and women; at Starbucks on Olive & Price, with complimentary drinks to all participants! RAP with the RABBI will meet regularly on the last Sunday of the month! All teens welcome!
- **Lion's Den Pizza Night** ~ Our "Last-Sunday-of-the-Month" All-You-Can-Eat Pizza Buffet ~ Sunday, January 26, 5:00-7:00 p.m. – Reservations are not needed. Bring your family and friends to enjoy a delicious pizza dinner and schmoozing, and a movie for the kids!!! Just show up and have a great time!!!! (Please place carry-out orders by Sunday morning at 10:00 a.m. 314-991-2100, ext. 2.) **Come and try our New Jalapeno Pizza!!!**
- **Bi-Monthly Women's Tefila Class** ~ Led by **Rabbi Ze'ev Smason**, the class meets on the 2nd and 4th MONDAYS of the month, at 7:00 p.m. Next class – Monday, January 27, at NHBZ. The focus of our class is the structure and deeper meaning of the Shabbos morning service and prayers, and how prayer can be used as a basis for our own communication with G-d. All women welcome.

THREE NEW CLASS SERIES

- **"Chassidic Insights into the Weekly Parsha"** ~ Rabbi (Chaplain, Major) Avraham Cohen is offering a brand new class on Chassidic Insights into the Weekly Parsha from the sefer, Me'or V'Shemesh. Study will delve into esoteric thought, but on the other hand is entirely accessible for those having limited Jewish educational backgrounds. The class will be offered on Wednesday evenings at 7:00 p.m. in the NHBZ Chapel. Try it -- you'll like it! Rabbi Cohen can be reached at 301-787-5538 for further questions.
- **"Understanding the Siddur"** ~ Insights into Prayer Book Hebrew. Do you ever feel lost with the structure and ceremony of traditional services? Can you read Hebrew, but don't understand what you're reading? Join **Rabbi Max Weiman**, for this 6 week course; Thursdays at 7:00 p.m. in the Feigenbaum-Pepose Learning Center; cost: \$75. No Siddur Required (but if you have a favorite one, bring it!)
- **"Introduction to the History of the Jews"** ~ How have the Jews conquered both time and space over the past 4,000 years? Join Menachem Szus for a fascinating seven-session course on the history of the Jewish people. Sessions will take place on seven consecutive Sundays, at 10 A.M. at NHBZ. First class: tomorrow ~ January 12. To register for the class (no charge), please contact Julie Eisenberg at: juliecooks@icloud.com or 314 494-8437 so sufficient material can be prepared.

SIMCHAS

- **MAZEL TOV ON SIMCHAS** January 11-17. **Happy Birthday to Lauren Brenner, Batya Elbaz and Ellie Pinto! Happy Anniversary to Sam & Shirley Bluestein and Harold & Fran Hoffman!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.

Reminders

- **Become Energized!!! Sponsor Your Own Solar Panel!!!** The 2014 price of just \$216 for a full year. Your sponsorship will appear on the lobby monitor with an individual display with your personal or business name. Sponsor a panel for yourself, your friends, your business, or dedicate one in honor of a loved one. If you are interested in sponsoring a solar panel, please call 314-991-2100, ext. 2 and we will send you the form to complete with your own wording!
- **Buy and Use Cash Cards** – call the office ASAP to order your cards and **earn free money** for NHBZ! Orders are placed twice per month – on the 15th and 30th.
- **Schnucks E-Scrip Card** - Use your Schnucks Card *every time you shop!* Make it count!!!

- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, extension 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575.
- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** - It is customary to make a donation to the shul for Aliyos or other honors received.
- **Mi Shebarach List** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or English--if Hebrew names are unavailable. Your contributions are greatly appreciated.
- **Shalosh Seudos, The 3rd Meal of Shabbos** ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal as you observe the yahrtzeits of your dear family members.
- **Mishna Study** ~ Learning Mishnayos in memory of a loved one or for a Refuah Shelayma for a person who is ill is an age-old Jewish Tradition. The word Mishna (learning) is closely related to the word Neshama (soul), and we believe that learning Mishnayos in someone's name acts as a Spiritual Elevation for that person or that person's soul. Our NHBZ Mishnayos Shiur learns every Sunday following morning minyan, carrying on this tradition by dedicating the Mishnayos to our loved ones. You may dedicate Mishnayos for 1 year: \$250; 6 months: \$150; 3 months: \$96; 1 month: \$50. May your loved one be bound up in the bond of eternal life. May HaShem be filled with compassion to restore the health of your loved one.
- **Memorial Plaques** ~ Memorial plaques from our former location are lovingly mounted in our new building. Remember your loved ones with a plaque; prices range from \$150 to \$275. Call the office for details.

News & Features

- **Seventh Young Israel Blood Drive ~ TOMORROW** ~ January 12, 2014, 10:00 a.m. to 4:00 p.m. at YI, 8101 Delmar. Congregation Young Israel, in partnership with the American Red Cross and the Harvey Kornblum Jewish Food pantry (HKJFP), will host an event aimed at recruiting blood donors and collecting food to help those in need during these crucial winter months. The HKJFP has seen a huge increase in the number of hungry mouths to feed in recent months. Marcia Mermelstein, Pantry Coordinator for the HKJFP, asks that people simply pick up a few extra items the next time they make a trip to the grocery store, and bring them to this blood/food drive. Items needed most include canned tuna, peanut butter, canned beans, and canned fruits and vegetables. Babysitting will be available for those with small children. To schedule an appointment, go to www.givelife.org (sponsor code YIJS). Walk-in donors are welcome, but appointments will take priority.
- **Tomchei Shabbos!!** With the passing of Mrs. Merle Hartstein, z"l, the Vaad Hoeir would like to let the community know that The Barbara Mendelson Tomchei Shabbos Fund continues to operate as per usual. Families need extra assistance with non-perishable food. Please pick up a bag available at NHBZ in the office, and fill it with your choices of non-perishable food items. Monetary donations are always welcome! For more details, or to arrange pick-ups at your home, please call Sally Needle at 991-2575.
- **Tomchei Shabbos Cookbook Project** ~ Details on recipe categories and recipe submission information will be available shortly. If you would like to help on the cookbook please call Bryna Kandel at 569-5001 or email tomcheishabboscookbook@gmail.com.
- **Scholarship Opportunities for Teen Travel to Israel** ~ The Central Agency for Jewish Education and the Jewish Federation of St. Louis announce the availability of the following scholarship opportunities for teen travel to Israel:
 - A merit-based scholarship is available to teens currently in grades 9-11. \$1,250 grants will be awarded to 24 teens traveling to Israel this summer. The award will be based on a short essay, activities in the Jewish community and a willingness to serve as an Israel travel advocate. The application deadline for this grant is January 27, 2014.

- The Stuart I. Pessin Fund will award \$1,250 to two students in grades 9-12 participating on an Israel program in the spring, summer or fall of 2014. The awardees will be selected based on an essay, their activities in the Jewish community and commitment to continued Jewish education. The application deadline for this grant is January 27, 2014.
- Need-based scholarship funds are available for teens traveling to Israel in 2014. Scholarship awards typically range between \$250.00 and \$2,000.00 depending on length of trip and financial need. The application deadline for this grant is February 10, 2014.

Applications are available at www.cajestl.org or by contacting Karen Rader at 314-442-3756 or krader@cajestl.org.

- **College Scholarships** ~ Applications Open January 1, 2014 Jewish Community Foundation (JCF) College Scholarships; *due April 14, 2014*. Academic scholarship opportunities for St. Louis high school, undergraduate and graduate students. The financial aid will cover part of the cost of the students' educations. The Foundation has partnered with Scholarship Central, a free online system connecting St. Louis-area students to scholarships and interest-free loan programs. Scholarships and loan opportunities include:
 - **The Benjamin Pessin Education Assistance Fund** provides two \$1,000 scholarships for students studying business administration.
 - **The Ruth Greenberg Memorial Fund for Rabbinical Training** offers St. Louis residents scholarships of up to \$2,500 for rabbinical training.
 - **The Sam A. Kessler Memorial Scholarship**. Qualified recipient for the \$1,000 scholarship, must have resided in the St. Louis region for at least 10 years.
 - **The Richard L. Levis, Jr. Memorial Fund** provides up to \$1,000 in scholarship money to any college or university student.
 - **The Blanche and Irving Miller Scholarship Fund** provides \$1,000 scholarships to qualified students enrolled in accredited colleges or universities who are pursuing degrees in professional fields. These include, but are not limited to, law, medicine, hospital administration and journalism.
- For more information, contact Wendy Rosenblum at The JCF of St. Louis, (314) 442-3740.

Beyond Twelve Gates by Rabbi Ze'ev Smason *Parshas Beshalach January 11, 2014*

Welcome to Beyond Twelve Gates

For Sheree Heil from Tacoma, Wash., the price was definitely right. A recent contestant on the game show **The Price Is Right**, Sheree had the opportunity to win one of the most expensive cars to ever appear on the show—a \$157,300 Audi R8 V-8 Spyder. Sheree 'paid' for her new car with whoops and hollers in front of the studio audience, as she became the biggest winner in the show's daytime history. While not certain of Ms. Heil's previous mode of transportation, the odds are against it being a two-seater, 430-hp supercar with a 0-60 mph time of 4.6 seconds. Top speed for the Spyder? 186 mph. Her drive back to Tacoma might be a fast one.

Sheree was rather excited about her victory as you can see in the video clip.

(<https://www.youtube.com/watch?v=OTRz7nklvNM>) The winner excitedly runs circles around the studio set, pumping her arms in exultation. Even host Drew Carey couldn't help but smile incessantly, shouting, "We just gave out a \$157,000 car, everybody."

When was the last time you experienced exultation? Is exuberant gladness reserved only for lottery and grand prize winners? Are raised voices and victory laps the only outward manifestations of true joy? Judaism emphasizes the experience of deep joy through selfless giving and spiritual growth. Rambam (Maimonides) writes, "The type of joy that is a mitzvah is that joy you share with those less fortunate such as orphans, widows, those without a family and the poor. If someone closes his doors to others and only utilizes what he has for himself and his immediate family without helping the poor and unfortunate, his joy is not the joy of mitzvah, but joy of the stomach." King David said, "*Serve G-d with joy, come before Him with exultation.*" (Psalm 100:2) Constant spiritual and moral growth and selfless giving are the tickets to a life of true joy.

Parshas Beshalach Exodus 13:17 -- 17:16

As the Jewish people leave the land of Egypt, Pharaoh's heart is once again hardened. The Egyptian army

pursues the former slaves, trapping them on the shores of the Red Sea. Moses raises his hand over the sea, miraculously parting the waters and allowing the Jewish people to pass through safely. Pursued by the Egyptians into the sea, Moses once again raises his hand and the waters come crashing down upon Pharaoh's army. Awed by this indisputable miracle, Moses leads the Jewish people in the *Shir Shel Yam*, a song of praise to G-d acknowledging a debt of gratitude for their remarkable salvation.

After traveling from the Red Sea, and following the miraculous sweetening of the bitter waters at Marah, the Jewish people complain to Moses and Aaron that they have no food to eat. G-d responds by providing a great test of faith; a daily ration of manna fell from the sky for forty years every morning, except for Shabbos. Some suggest that the manna was the greatest miracle the Jewish people ever experienced. A constant water source is also given when G-d commands Moses to strike a rock, miraculously causing water to flow from it. The portion concludes with the nation of Amalek's unprovoked sneak attack and the Jewish people's victory.

Rabbinic Ruminations

Until a few years ago, a giant forest on top of a mountain in Mozambique was known only to local villagers; it wasn't indicated on maps or in scientific collections or literature. In 2008, scientists from Kew Royal Botanic Gardens were browsing Google Earth's satellite view to look for potential unknown wildlife hotspots in Africa when an astonishing discovery of a new forest was made. After "finding" the Mt. Mabu forest on a Google Earth Internet map, a British-led team of scientists led a full-scale expedition into the canopy.

The forest covers about 25 square miles, located beneath the 5,600 foot peak of Mt. Mabu. Below the trees of the lost forest, which rise 120 feet above the ground, the expedition discovered a land filled with astonishingly rich biodiversity, including new animal and plant species. There are tall evergreen trees, many vines, monkeys, birds flying high, small antelope, and pygmy chameleons. Found in the forest were at least three new species of butterfly, an unprecedented kind of viper family, and a hairless parasitic shrub that attaches to tree branches. There are likely many more new species in the forest, with candidates so far including a shrew, a pseudo-scorpion, frogs, snails, bats, catfish, and various insects.

The finding of this lost forest shows that "there are still things to discover and document in the world," said botanist Jonathan Timberlake, expedition leader. Scientists "describe" about 2,000 new species a year but discovering new ones still captures the imagination. Said Timberlake: "The phenomenal diversity is just mind-boggling - seeing how things are adapted to little niches, to me this is the phenomenal thing. If we don't have wonder as a human species, where are we? If we don't have excitement, what are we doing with our lives?"

King David said, *One thing I asked of G-d and that I shall quest for: Would that I dwell in the House of G-d all the days of my life to behold the pleasantness of Hashem and to visit in His sanctuary. (Psalms 27:4)* A visitor to a new location has a sense of freshness and surprise at having arrived. As "visitors" in this world, we should never lose that same sense of wonder and excitement at the beauty and design of G-d's world.

Quote of the Week

More people die from overeating than from hunger -- *Talmud (Shabbat 33)*

Joke of the Week

Reaching the end of a job interview, the human resources person asked the hot-shot young engineer, fresh out of MIT, "And what starting salary were you looking for?"

The engineer coolly said, "In the neighborhood of \$125,000 a year, depending on the benefits package."

The interviewer said, "Well, what would you say to a package of 5 weeks vacation, 14 paid holidays, full medical and dental, company matching retirement fund to 50% of salary, and a company car leased every 2 years – for starters, say, a red Corvette?"

The engineer tried to control his excitement, but sat straight up and said, "Wow! Are you kidding?"

"Yeah," the interviewer shrugged, "But you started it."

The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, at 12:00 noon. The bulletin is printed first thing every Thursday morning.