

NHBZ Shabbos Bulletin

Jan.12, 2013

Welcome to Nusach Hari B'nai Zion

1 Shevat 5773

Affiliated with the Union of Orthodox Jewish Congregations of America

Torah Portion – Va'era:

Exodus 6:2 – 9:35

Stone Chumash pages 318-339

Maftir:

Numbers 28:9-15

Stone Chumash page 890

Haftorah:

Isaiah 66:1-24

Stone Chumash pages 1208-1210

Thanks to the Goldenberg, Pevnick and Sher families for sponsoring this Shabbos Bulletin in honor of their mother, grandmother, and great grandmother, Rachael Pevnick, on the occasion of her 80th Birthday.

Thanks to Sam & Shirley Bluestein for sponsoring this Bulletin in honor of their Wedding Anniversary.

Erev Shabbos - Friday, January 11

- **Mincha & Maariv** (4:35 pm)
- **Candle Lighting** (4:41 pm)

Shabbos - Saturday, January 12 – Rosh Chodesh Shevat

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Dr. Ethan Schuman**
 - Leyning: **Max Gornish**
 - Haftorah: **Lenny Alper**
 - Sermon: **Rabbi Ze'ev Smason**
 - Musaf: **Dr. Ethan Schuman**
- **Kiddush & Lunch Today** ~ *In Honor of Rachael Pevnick's 80th Birthday* Sponsored by her children and grandchildren, Larry & Robin Pevnick, Brandon and Margo; by Andrea & Stan Goldenberg and Barry, Adam & Patricia Goldenberg and their children, Gibson & Langston (Rachael & Ted's great grandson's); and by Debbie & Brian Sher, Andrew and Joel. **Mazel Tov to Rachael!!!**
- **More Sponsors** ~ **Sam & Shirley Bluestein** sponsoring a cake *in honor of their Wedding Anniversary*, and **The Pepose Family** will be the **"POP-Stars"** sponsoring the soda *in honor of Jay's Birthday and Rachael's birthday*. **Mazel Tov to Sam & Shirley!! Happy Birthday to Jay and Rachael.**
- **Bon Appetit** ~ For a few months we have provided a sufficient number of small rolls on each table when a Shabbos luncheon takes place. The purpose of these rolls is twofold: 1.) To enable each person to make or hear *Ha'Motzei* (the blessing on the bread) over *Lechem Mishne* (two rolls or loaves of bread), and 2.) To enable each person to eat the minimum amount required when *Ha'Motzei* is made or heard; namely, one roll. Enjoy our luncheon today -- and *B'tayavon* (Bon Appetit)!
- **Mincha / Shalosh Seudos / Ma'ariv** (4:25 pm) Please come and meet **Lila Greenberg**, a remarkable college freshman who is an enthusiastic, articulate pro-Israel activist. Lila will speak during Shalosh Seudos on the topic: "What Does It Mean to be *PRO-ISRAEL* Today?" Thanks to **Aaron Goldberg** for sponsoring Shalosh Seudos today in memory of his beloved father, **Paul Goldberg**, *ל"ו*.
- **Shabbos Concludes** (5:45 pm)



Coming Events (see Event Planner Box on next page for *all* events)

- **Monday, January 14 ~ A Women's Guide to Time** ~ This coming Monday evening, *A Women's Guide to Time* continues our travel through the year. Shevat's sign is The-Pail-That-Pours. What connects the Arrows-and-Light of last month and the nourishing Waters of this month? You, riding the wave of Shevat. Please see the flyer on the back of this Shabbos bulletin.
- **Shabbos, January 19** ~ Kiddush sponsored by Sid & Phyllis Silverman in honor of their granddaughter, Bari Seiter's Bas Mitzvah, and by Fran Alper in honor of her husband, Lenny Alper's birthday.

Nusach Hari B'nai Zion
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Ze'ev Smason, Rabbi
Aaron Borow, Rabbi Emeritus
Janet Haber, President
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Coming Events - continued

- **Shabbos, January 19** ~ Shalosh Seudos will be sponsored by Sid & Phyllis Silverman in memory of beloved parents and sister, Ely & Dora Silverman and Lillian Mendelson.
- **Shabbos Morning, January 26** ~ Kiddush-Lunch in honor of Abe Dobin's 90th Birthday!
- **Saturday Evening, January 26** ~ Please join the Israel Committee for its **2nd Annual, Family-Friendly Tu B'Shevat Seder**, as we celebrate the New Year for Trees! Fun stuff for kids 6:30-7:30 p.m. – Tu B'Shevat Cartoon, Arts & Crafts; Family-Oriented Tu B'Shevat Seder 7:00-8:00 p.m. Babysitting available until 8:00 p.m. The event is free to all and open to the public. RSVP: (314) 991-2100, ext. 5.
- **Sunday, January 27** ~ Dine-In Pizza Night with Professional Pizza Chef, John Nall. **TAKE & BAKE** – Order an un-cooked carry out pizza to bake at home, 314-991-2100, ext. 2; pre-paid orders only; pick up 3:00-3:30 p.m. Orders must be placed by Thursday, January 24th.

<u>This Week</u> <u>At a Glance</u>	Shabbos Jan. 12	Sun. Jan. 13	Mon. Jan. 14	Tues. Jan. 15	Wed. Jan. 16	Thur. Jan. 17	Fri. Jan. 18	Shabbos Jan. 19
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Maariv	4:2 5 pm	4:45 pm	4:45 pm	-	-	-	4:45 pm	4:35 pm
Maariv Only	-	-	-	6:45 pm	6:45 pm	6:45 pm	-	-
<u>Events</u> – see <u>times in Event</u> <u>Planner Box</u> <u>below</u>	Celebrate w/Rachael Pevnick, Sam & Shirley Bluestein & Jay Pepose	BUY	CASH	CARDS!	Rabbi Smason's Lunch 'n' Learn	Shechita Class	Erev Shabbos;	Kiddush sponsored by Lenny & Fran Alper and Sid & Phyllis Silverman!

NHBZ Event Planner (Check "Coming Events" for time, date or location changes.)
Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

<p><u>Weekly at NHBZ</u></p> <p style="text-align: center;"><u>SHABBOS</u></p> <ul style="list-style-type: none"> - Child Care (10:00 am – Noon) kids 3 & under in the Children's Room - Youth Programming (10:15 am – 11:00 am) children 4-8, in the Youth Lounge. - Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Chapel - Shabbos Tanach (Bible) Study Group (30 minutes before Mincha) <p style="text-align: center;"><u>SUNDAY</u></p> <ul style="list-style-type: none"> - Mishna Learning (after Shachris) with Rabbi Chanan Swidler of Aish - RAP with the RABBI Teen Group (10:15 am) with Rabbi Smason @Starbucks Olive & Price - Mystical Moments with Rabbi Max Weiman (between Mincha & Maariv.) - Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel <p style="text-align: center;"><u>WEDNESDAY</u></p> <ul style="list-style-type: none"> - Rabbi Smason's Lunch & Learn (12:15 pm – 1:00 pm) now studying Pirkei Avos 	<p style="text-align: center;"><u>THURSDAY</u></p> <ul style="list-style-type: none"> - Schechita (5:30 pm – 6:30 pm) with Rabbi Chaim Loike of the OU Kashruth Division <p><u>Monthly at NHBZ</u></p> <ul style="list-style-type: none"> - Irvin Alper Social Club (First Sunday) - Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin - Morris Lengua Yiddish Club (First Thursday, 7:30 pm) - Dine-In Pizza Night (Last Sunday 5:00 pm – 7:00 pm) - Carry-Out Pizza Night (Wednesday mid-month; will resume ASAP!) - Sisterhood (Third Tuesday) - Women's Guide to Time (As scheduled) with Rebbitzin Chani Smason <p><u>NHBZ Signature Events</u></p> <ul style="list-style-type: none"> - Synaplex Shabbos - Shabbos Lunch & Learn - I-Chat
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Coming Events – continued

- **Shabbos, February 2** ~ Synaplex Shabbat with Lunch honoring New NHBZ Members!
- **Friday Night, February 8** ~ Family-Friendly Friday Night Shabbos Dinner!
- **Sunday, February 17** ~ Pizza Dine-In Night - One week early!!! (The last Sunday of the month is **PURIM**.) I-Chat before Pizza Night on Feb. 17, 4:00-5:00 p.m., in the Lower Level.
- **Sunday, February 24** ~ **PURIM and PURIM SEUDAH!!!!**

Meetings

- **Sisterhood Luncheon** (This Tuesday, January 15, at 12:00 noon!) A **FREE** Picnic-Themed Luncheon at the Crown Center for Senior Living, 8350 Delcrest. Jon Rubin will prepare the lunch served from their kosher kitchen: Oven Fried Chicken, Cole Slaw, Corn Pudding, Wheat Roll, and Apple Cobbler!!! Music! Games! Prizes! Raffle! To make your reservations, please call Rachael Pevnick, 314-395-6017.
- **Executive Committee** (Tuesday, January 29) Minyan at 6:45 p.m.; Meeting at 7:00 p.m.
- **Religious Committee** (Tuesday, February 5 at 7:00 p.m.)
- **Board of Directors** (Tuesday, February 12, 2013) Minyan at 6:45 p.m.; Meeting at 7:00 p.m.

Reminders

- **Buy and Use Cash Cards** – call the office ASAP to order your cards and **earn free money** for NHBZ!
- **Schnucks E-Scrip Card** - Use your Schnucks Card *now*, and make it count!!!
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, extension 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly.
 - For a Shul tribute, **call Gloria Waxman** at 314-872-3296
 - For a Sisterhood tribute, call Phyllis Silverman at 314-434-2482
 - For Libby Needle Fund, call Sally Needle at 314-991-2575
- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** - It is customary to make a donation to the synagogue for an Aliyah or other synagogue honors received.
- **MEMORIAL PLAQUES** ~ All names were lovingly removed from our former location and mounted in our New Building. Honor and memorialize your loved ones: Cast Iron Plaques with names in raised lettering, \$275.00; Molay is recited on each yahrtzeit. Brass Plaques \$150.00; inscribed with name. Molay is recited on each yahrtzeit.

News, Features and Simchas

- **Mazel Tov On Simchas January 5-11 - Happy Birthday to Lauren Brenner, Batya Elbaz and Ellie Pinto. Happy Anniversary to Sam & Shirley Bluestein.** Show your friends you care by sending a tribute. For Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; For Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.
- **SUPER BOWL(ing) PARTY – Raising Money for Epstein Hebrew Academy!!!** February 3rd at 4:45 p.m. at Olivette Bowling Lanes. Bowling, Fun & Dinner: 2 Types of Pasta, Large Salad Bar with Toppings Galore, Home-Made Bread and Rolls, Ice Cream Bar, Lots of Snacks, Drinks available for Purchase. Adults: \$15.00; Kids under 10: \$10.00. Walk-ins: Adults: \$18.00; Kids: \$13.00. RSVPs a must by January 30th. All food will be prepared at Young Israel. Got Questions? Call 314-503-2792. Co-Chaired by Bonnie Goldmeir, Lizzy Kline **AND Anna Rose Tendler!!!**
- **TOMCHEI SHABBOS COMMUNITY FOOD DRIVE!!** Look for bags to be distributed (and picked up!) at your doorstep. Watch for detail.

Beyond Twelve Gates – Parshas Vaeira
Rabbi Ze'ev Smason – January 12, 2013

Welcome to Beyond Twelve Gates!

An 11-year-old Jewish girl has put a new 'spin' on table tennis. Estee Ackerman is a ping-pong phenom, ranked fourth nationally in her age bracket. But when a national championship match fell on a Friday night, she set aside her ambition and decided to put her faith first. Estee opted out of competing in the 2012 U.S. National Table Tennis Championships because the final match fell out on Shabbat.

Estee said that she was greatly disappointed to see that her match would be taking place on a Friday night, and therefore would not be able to compete. "Of course, I was disappointed, but my religion, Judaism, comes first." Estee's father said, "She had a Shabbos-over-sports moment. She had to withdraw from the event as tournament officials would not reschedule it for after Shabbos. The part which made it difficult was the fact that many thought she would have won if she had kept going."

Estee often competes against and beats ping-pong players twice her age and older. For now, Estee is looking toward the future and hopes to someday join the US Olympic table tennis team. "I hope to try out for the Olympic team and one day bring back a medal for my country," Estee said.

Albert Einstein once said, "What counts can't always be counted; what can be counted doesn't always count." Choosing between competing priorities is often difficult -- but it's crucial to put first things first. Where do Shabbat and Judaism rank in your order of priorities? "Hold on to the instruction of the Torah," said King Solomon in Proverbs, "do not let it go; guard it well, for it is your life."

Parshas Vaeira Exodus 6:2 -- 9:35

G-d assures Moses that He will indeed redeem the Jewish people from slavery and bring them into the land of Israel. After the Torah presents a detailed genealogy of the tribe of Levi (Moses' family), Moses and Aaron go before Pharaoh to request a three-day hiatus from work so that the Jewish people can worship G-d in the desert. Moses' staff is miraculously turned into a snake as a sign of their Divine mission. When the Egyptian sorcerers counter by transforming their staffs into snakes as well, Moses' staff swallows up theirs. Even so, Pharaoh adamantly refuses to free the Jewish people, and the series of ten gruesome plagues begins.

The first seven plagues are described in this week's Torah portion; blood, frogs, lice, a swarm of wild beasts, pestilence, boils and hail. Moses goes down to the river to speak to the Egyptian king -- however, Pharaoh remains in denial ('in d'Nile' -- get it?) continuing to refuse to free the Jewish people as his heart is hardened. The portion comes to a close in the middle of these momentous events.

Rabbinic Ruminations

At what age can an infant begin to learn? A recent study indicates that newborns can detect the difference in sounds between their native tongue and a foreign language. This suggests that language learning begins in utero. Forty babies were examined — an even mix of girls and boys — in Tacoma, Wash., and Stockholm, Sweden. At about 30 hours old, the infants in the study listened to vowel sounds in their native language and in foreign languages. The babies' interest in the sounds was measured by how long they sucked on a pacifier wired to a computer. The study found that in both countries, the infants listening to unfamiliar sounds sucked on the pacifier for longer than they did when exposed to their native tongue, suggesting they could differentiate between the two.

Lead author of the study, psychology professor Christine Moon, said the results show that fetuses can learn prenatally about the particular speech sounds of a mother's language. "This study moves the measurable result of experience with speech sounds from six months of age to before birth," Moon said. "The mother has first dibs on influencing the child's brain," researcher Patricia Kuhl, said. "The vowel sounds in her speech are the loudest units and the fetus locks onto them." Previous studies have indicated that newborns recognize piano melodies played when their mothers were pregnant, and the melody of the cry of infants differ based upon their mother's native tongue.

The Talmud relates that when the mother of Rabbi Yehoshua ben Chananya was pregnant, she would go around from one study hall to the next asking the sages to pray that her child grow up to be a scholar. Another

tradition is that she placed his crib near a study hall so that her son would hear nothing but words of Torah his entire life. In the early 1900s Rabbi Yisrael Meir Kagan, known popularly as the Chofetz Chaim, was asked by the Russian Minister of Education at what age Jewish parents begin to educate their children. The Chofetz Chaim replied: "Twenty years before a child is born." Don't wait for your child's Bar or Bas Mitzvah -- it is never too early to begin Jewish education.

Quote of the Week

The real voyage of discovery consists of not in seeking new landscapes but in having new eyes -- *Marcel Proust* (French novelist, d.1922)

Joke of the Week

An archaeologist was digging in the Negev Desert in Israel and came upon a casket containing a mummy, a rather rare occurrence in Israel, to say the least. After examining it, he called Abe, the curator of the Israel museum in Jerusalem.

"I've just discovered a 3,000 year old mummy of a man who died of heart failure!" the excited scientist exclaimed.

Abe replied, "Bring him in. We'll check it out."

A week later, the amazed Abe called the archaeologist. "You were right about both the mummy's age and cause of death. How in the world did you know?"

"Easy. There was a piece of paper in his hand that said, '10,000 Shekels on Goliath'."



Just in Time:

Feeling all tapped out? Poured yourself into others all year? Need a drop of something for yourself? Lucky for us-

It's Shevat!

- *Study the feminine nature of the Jewish year*
- *Learn the true astrological meaning of each season*
- *Access the experiential power stations of Jewish time*

*This coming Monday evening, January 14th, *A Women's Guide to Time* continues our travel through the year. Shevat's sign is *The-Pail-That-Pours*. What connects the *Arrows-and-Light* of last month and the *nourishing Waters* of this month? You, riding the wave of Shevat.*

7:30 sharp in the Teen Lounge, Nusach Hari B'nai Zion lower level.