

# NHBZ Shabbos Bulletin

January 25, 2014

*Welcome to Nusach Hari B'nai Zion*

24 Shevat 5774

Affiliated with the Union of Orthodox Jewish Congregations of America

**Torah Portion:**

**Parshas Mishpatim: Exodus 21:1 – 24:18**

**Stone Chumash pages 416-443**

**Haftorah:**

**Jeremiah 34:8-22, 33:25-26**

**Stone Chumash pages 1156-1157**

*Thanks to Bertha Berman for sponsoring this Shabbos Bulletin to send this message to everyone:  
"My heart is filled with gratitude for everything you have done for Harold and me throughout these recent weeks, months, and even years. The calls, the cards, the visits, the rides, and all of the many other kindnesses you have provided, have meant more than words can possibly express. I value all of the friendship and love you have so graciously extended to Harold and me. Thank you. My deepest thanks to each and every one of you."*

## Erev Shabbos – Friday Night, January 24, 2014

- **Mincha & Maariv** (4:50 pm)
- **Candle Lighting** (4:55 pm)

## Shabbos, January 25

- **Shachris & Musaf** (9:00 am) ~ *Thank You For Leading Davening*
  - Pesukei D'Zimra: **Howard Sandler**
  - Shacharis: **Menachem Szus**
  - Leyning: **Max Gornish**
  - Haftorah: **Kenny Bressler**
  - *Drasha* (Sermon): **Rabbi Ze'ev Smason**
  - Musaf: **Sammy Chervitz**
- **Kiddush** ~ (After Musaf)
- **Mincha, Shalosh Seudos, Ma'ariv** (4:40 pm)
- **Shabbos Concludes** (5:59 pm)



## What's up this weekend?

- **RAP with the RABBI Teen Group!** Tomorrow ~ Sunday, January 26, 10:00 a.m. with **Rabbi Smason**, for young men and women; at Starbucks on Olive & Price, with complimentary drinks to all participants! RAP with the RABBI meets regularly on the last Sunday of the month! All teens welcome!
- **Lion's Den Pizza Night** ~ Our "Last-Sunday-of-the-Month" All-You-Can-Eat Pizza Buffet ~ Tomorrow ~ Sunday, January 26, 5:00-7:00 p.m. – Reservations are not needed. Bring your family and friends to enjoy a delicious pizza dinner and schmoozing, and a movie for the kids!!! Just show up and have a great time!!!! (Please place carry-out orders by Sunday morning at 10:00 a.m. 314-991-2100, ext. 2.) **Come and try our New Jalapeno Pizza!!!**

## Meetings

- **Executive Committee** ~ Tuesday, January 28, 2014, 7:00 p.m.
- **The Irvin Alper Social Club** ~ Sunday, February 2, 5:00 p.m.
- **Board of Directors** ~ Tuesday, February 11, 7:00 p.m.

## NHBZ COMING EVENTS

- **Irvin Alper Social Club** ~ Sunday, February 2<sup>nd</sup>.
- **Lunch & Learn** ~ Our Lunch & Learn in honor of January **AND** February Birthdays and Wedding Anniversaries will be held on Shabbos, February 8.
- **Kiddush** ~ will be sponsored on Shabbos, February 15, by the **Smason Family** to celebrate the birthdays of **Rabbi Ze'ev Smason** (Feb. 4), **Sivya Smason** (Feb. 5), and **Rebbitzen Chani Smason** (Feb. 9).

## MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

<b>This Week At a Glance</b>	Shabbos Jan. 25	Sunday Jan. 26	Monday Jan. 27	Tuesday Jan. 28	Wed. Jan. 29	Thurs. Jan. 30	Friday Jan. 31	Shabbos Feb. 1
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	6:45 am	9:00 am
Mincha/Ma'ariv	4:40 pm	5:00 pm	5:00 pm	-	-	-	5:00 pm	4:50 pm
Ma'ariv Only				6:45 pm	6:45 pm	6:45 pm		
<b>Events – see times in Event Planner Box</b>	<i>Good Shabbos to Everyone!</i>	<i>CLASS: “Introduc- tion to the History of the Jews” 10:00 am!  Pizza Buffet 5 to 7 pm; Place carry out orders by 10 am!</i>	<i>Tefila Class for Women with Rabbi Smason, 7:00 pm</i>	<b>BUY CASH CARDS</b>	<i>Lunch &amp; Learn w/ Rabbi Smason, 12:15 pm;  CLASS: Chassi- dic Insights 7:00 pm</i>	<i>CLASS: “Under- standing the Siddur” 7:00 pm</i>	<i>Rosh Chodesh Adar I  Erev Shabbos</i>	<i>Rosh Chodesh Adar I</i>

### NHBZ Event Planner (Check ‘Coming Events’ for time, date or location changes.) Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

#### Weekly at NHBZ

##### SHABBOS

- Child Care (10:00 am – Noon) kids 3 & under in the Children’s Room
- Youth Programming (10:15 am – 11:00 am) children 4-8, in the Youth Lounge.
- Learners Service (10:15 am) led by Rabbi Ze’ev Smason in the Chapel
- Shabbos Tanach (Bible) Study Group (30 minutes before Mincha)

##### SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler of Aish
- “Introduction to the History of the Jews” with Menachem Szus (10:00 am)
- Mystical Moments with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

##### MONDAY

- Women’s Tefila Class (2<sup>nd</sup> & 4<sup>th</sup> Mondays) 7:00 pm with Rabbi Smason.

#### WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) now studying Pirkei Avos.
- “Chassidic Insights into the Weekly Parsha” (7:00 pm) Rabbi (Chaplain, Major) Avraham Cohen ”

#### THURSDAY

- “Understanding the Siddur” with Rabbi Max Weiman (7:00 p.m.)

#### MONTHLY at NHBZ

- Irvin Alper Social Club (First Sunday)
- Women’s Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm)
- Dine-In Pizza Night (Last Sunday 5:00 – 7:00 pm) Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 pm.
- Sisterhood (Third Tuesday) **NO FEBRUARY MEETING!**
- RAP with the RABBI (Last Sunday of the month, 10:00am at Starbucks)

#### NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn

## MORE NHBZ COMING EVENTS

- **Kiddush** ~ will be sponsored on Shabbos, February 22, by **Carole Simon and David & Keri Simon** in honor of the Hebrew naming of **Rachel Corrine Simon** born on December 6, 2014. Rachel is the daughter of Jonathan Simon and Wendy Fink Simon, granddaughter of Carole and the late Robert Simon, and niece of David and Keri Simon.
- **COMING SOON: "Jerusalem" The Movie** ~ Join our NHBZ Israel Committee at the IMAX Theatre to view the movie "Jerusalem" on Sun., Feb. 23. After the movie, we'll head back to the Shul to enjoy the Pizza Buffet along with a discussion of the movie, led by our own, Menachem Szus. More details to come!
- **Kiddush** ~ on Shabbos, March 1, will be sponsored by **Dr. Eliot & Sally Katz** and **Mark Ragin & Gail Rose** to celebrate the 90<sup>th</sup> birthday of their wonderful mother **Rose Ragin**.
- **Antiques Roadshow** ~ **Sunday, March 9 ~ 5:00 p.m.** Nusach Hari B'nai Zion Sisterhood and The Irvin Alper Social Club invite everyone to bring a treasure from your home and join us for an Interesting ~ Funny ~ Surprising evening! Values will be determined by Art Ressel with 40 years of experience, and who is featured on the "Treasure or Trash" show on KETC Channel 9. Admission \$8.00 *includes dinner*. All profits will benefit the *Passport to Israel Program*. Come and support our NHBZ kids!!! Reservations REQUIRED! R.S.V.P. ~ Ruth Alper, 314-569-2877 or Rachael Pevnick, 314-395-0617.
- **Sisterhood Luncheon** ~ No February Meeting! Please mark your calendars for Tuesday, March 18, for the **Spring Membership Luncheon**. Lunch is FREE to paid members, \$7.00 for Guests. Stay tuned for more details.

## CLASS SERIES

- **"Introduction to the History of the Jews"** ~ How have the Jews conquered both time and space over the past 4,000 years? Join Menachem Szus for a fascinating course on the history of the Jewish people. Sessions will take place on **Sunday mornings**, at 10 A.M. at NHBZ. To register for the class (no charge), please contact Julie Eisenberg at: [juliecooks@icloud.com](mailto:juliecooks@icloud.com) or 314 494-8437 so sufficient material can be prepared.
- **Bi-Monthly Women's Tefila Class** ~ Led by **Rabbi Ze'ev Smason**, the class meets on the 2nd and 4th MONDAYS of the month, at 7:00 p.m. Next class – **This Monday**, January 27, at NHBZ. The focus of our class is the structure and deeper meaning of the Shabbos morning service and prayers, and how prayer can be used as a basis for our own communication with G-d. All women welcome.
- **"Chassidic Insights into the Weekly Parsha"** ~ Rabbi (Chaplain, Major) Avraham Cohen is offering a class on Chassidic Insights into the Weekly Parsha from the sefer, Me'or V'Shemesh. Study will delve into esoteric thought, but on the other hand is entirely accessible for those having limited Jewish educational backgrounds. The class will be offered on **Wednesday evenings** at 7:00 p.m. in the NHBZ Chapel. Try it -- you'll like it! Rabbi Cohen can be reached at 301-787-5538 for further questions.
- **"Understanding the Siddur"** ~ Insights into Prayer Book Hebrew. Do you ever feel lost with the structure and ceremony of traditional services? Can you read Hebrew, but don't understand what you're reading? Join **Rabbi Max Weiman**, for this course on **Thursday evenings** at 7:00 p.m. in the Feigenbaum-Pepose Learning Center; cost: \$75. No Siddur Required (but if you have a favorite one, bring it!)

## SIMCHAS

- **MAZEL TOV ON SIMCHAS** January 25-31. **Happy Birthday to Andy Berg, Goldie Hogan, Sally Katz, Phyllis Sunshine, and Dr. Milton Tofle! Anniversaries ~ None This Week!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.

## Reminders

- **Become Energized!!! Sponsor Your Own Solar Panel!!!** The 2014 price of just \$216 for a full year. Your sponsorship will appear on the lobby monitor with an individual display with your personal or business name. Sponsor a panel for yourself, your friends, your business, or dedicate one in honor of a loved one. If you are interested in sponsoring a solar panel, please call 314-991-2100, ext. 2 and we will send you the form to complete with your own wording!
- **Buy and Use Cash Cards** – call the office ASAP to order your cards and **earn free money** for NHBZ! Orders are placed twice per month – on the 15<sup>th</sup> and 30<sup>th</sup>.
- **Schnucks E-Scrip Card** - Use your Schnucks Card *every time you shop!* Make it count!!!
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, extension 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575.
- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** - It is customary to make a donation to the shul for Aliyos or other honors received.
- **Mi Shebarach List** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or in English if Hebrew names are unavailable. Your contributions are greatly appreciated.
- **Shalosh Seudos, The 3<sup>rd</sup> Meal of Shabbos** ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal as you observe the yahrtzeits of your dear family members.
- **Mishna Study** ~ Learning Mishnayos in memory of a loved one or for a Refuah Shelayma for a person who is ill is an age-old Jewish Tradition. The word Mishna (learning) is closely related to the word Neshama (soul), and we believe that learning Mishnayos in someone's name acts as a Spiritual Elevation for that person or that person's soul. Our NHBZ Mishnayos Shiur learns every Sunday following morning minyan, carrying on this tradition by dedicating the Mishnayos to our loved ones. You may dedicate Mishnayos for 1 year: \$250; 6 months: \$150; 3 months: \$96; 1 month: \$50. *May your loved one be bound up in the bond of eternal life. May HaShem be filled with compassion to restore the health of your loved one.*
- **Memorial Plaques** ~ Memorial plaques from our former location are lovingly mounted in our new building. Remember your loved ones with a plaque; prices range from \$150 to \$275. Call the office for details.

## News & FEATURES

- **“Strengthening the Jewish Marriage” ~ A Topic of Great Importance!** Nusach Hari B'nai Zion, Bais Abraham and Young Israel are co-sponsoring a presentation by **Rabbi Yona Reiss** tomorrow, Sunday, January 26, at Bais Abraham. 4:00 p.m. Rabbi Reiss is the new Av Beis Din (Chief of the Rabbinical Court). His presentation will give us an opportunity to share Torah wisdom and guidance on a crucial topic, as well as for the St. Louis Jewish community, including NHBZ, to deepen its connection with Rabbi Reiss and the CRC.
- **SLJCII Presents “Praying With Lior” ~ The St. Louis Jewish Community Inclusion Initiative** was launched, last year, to promote full participation in Jewish life for individuals with disabilities and their families by enhancing inclusion, providing resources, and collaborating with existing services in the St. Louis community. Rabbi Smason was asked to sit on the Board of the SLJCII because of NHBZ's long-standing interest in and commitment to 'inclusion' -- our relationship with Ohr Atid, Yachad and Deaf Shabbatons, and special-needs families within our congregation. To introduce the Initiative to our community, the SLJCII is hosting a film screening of “Praying With Lior” on Sunday February 16 at 2:00 p.m. at the Galleria 6 Cinema. “Praying With Lior” is an inspirational documentary about a teenager with a disability who prepares for his Bar Mitzvah with the support of a loving family and inclusive community. Prior to the film, there will be a *Jewish*



community inclusion Resource Fair from 1:00 – 2:00 p.m. where we will hand out brochures and other materials to interested individuals and families. Rabbi Smason and Menachem Szus will co-chair NHBZ's portion of the Resource Fair.

- **Jewish Student Union (JSU) Gala ~ GROWING A JEWISH FUTURE!** February 22, 2014 at the Danforth Plant and Science Center. Honoring Dr. Eldad and Danielle Bialecki and Dr. Michael Rauchman and Dr. Ariane Maywith, with special tribute to Howard Granok, JSU Faculty Advisor of Crossroads College Prep School. For more information, to make reservations or a donation, visit [www.jsustl.org](http://www.jsustl.org) or contact Event Chairpersons Melanie & Dan Winograd or Rick Kodner and Gail Brody @ [jsustl@gmail.com](mailto:jsustl@gmail.com), or Rabbi Mike at 314-498-6279. JSU serves more than 700 teens in 12 high schools in the St. Louis area. To learn more about JSU, visit our new website @ [www.jsustl.org](http://www.jsustl.org)
- **Tomchei Shabbos!!** Families need extra assistance with non-perishable food. Please pick up a bag available at NHBZ in the office, and fill it with your choices of non-perishable food items. Monetary donations are always welcome! For more details, or to arrange pick-ups at your home, call Sally Needle at 991-2575.
- **Tomchei Shabbos Cookbook Project ~** Details on recipe categories and recipe submission information will be available shortly. If you would like to help on the cookbook please call Bryna Kandel at 569-5001 or email [tomcheishabboscookbook@gmail.com](mailto:tomcheishabboscookbook@gmail.com).
- **Scholarship Opportunities for Teen Travel to Israel ~** The Central Agency for Jewish Education and the Jewish Federation of St. Louis announce the availability of the following scholarship opportunities for teen travel to Israel:
  - A merit-based scholarship is available to teens currently in grades 9-11. \$1,250 grants will be awarded to 24 teens traveling to Israel this summer. The award will be based on a short essay, activities in the Jewish community and a willingness to serve as an Israel travel advocate. The application deadline for this grant is **THIS COMING MONDAY**, January 27, 2014.
  - The Stuart I. Pessin Fund will award \$1,250 to two students in grades 9-12 participating on an Israel program in the spring, summer or fall of 2014. The awardees will be selected based on an essay, their activities in the Jewish community and commitment to continued Jewish education. The application deadline for this grant is **THIS COMING MONDAY** January 27, 2014.
  - Need-based scholarship funds are available for teens traveling to Israel in 2014. Scholarship awards typically range between \$250.00 and \$2,000.00 depending on length of trip and financial need. The application deadline for this grant is February 10, 2014.Applications are available at [www.cajestl.org](http://www.cajestl.org) or by contacting Karen Rader at 314-442-3756 or [krader@cajestl.org](mailto:krader@cajestl.org).
- **College Scholarships ~** Applications Open January 1, 2014 Jewish Community Foundation (JCF) College Scholarships; *due April 14, 2014*. Academic scholarship opportunities for St. Louis high school, undergraduate and graduate students. The financial aid will cover part of the cost of the students' educations. The Foundation has partnered with Scholarship Central, a free online system connecting St. Louis-area students to scholarships and interest-free loan programs. Scholarships and loan opportunities include:
  - **The Benjamin Pessin Education Assistance Fund** provides two \$1,000 scholarships for students studying business administration.
  - **The Ruth Greenberg Memorial Fund for Rabbinical Training** offers St. Louis residents scholarships of up to \$2,500 for rabbinical training.
  - **The Sam A. Kessler Memorial Scholarship**. Qualified recipient for the \$1,000 scholarship, must have resided in the St. Louis region for at least 10 years.
  - **The Richard L. Levis, Jr. Memorial Fund** provides up to \$1,000 in scholarship money to any college or university student.
  - **The Blanche and Irving Miller Scholarship Fund** provides \$1,000 scholarships to qualified students enrolled in accredited colleges or universities who are pursuing degrees in professional fields. These include, but are not limited to, law, medicine, hospital administration and journalism.For more information, contact Wendy Rosenblum at The JCF of St. Louis, (314) 442-3740.

*Beyond Twelve Gates by Rabbi Ze'ev Smason  
Parshas Mishpatim January 25, 2014*

*Welcome to Beyond Twelve Gates*

Lizzie Velasquez is one of only three people on Earth born with a rare genetic ailment which prevents her from gaining weight. She has never weighed more than 62 pounds, and was also born sightless in her right eye. When Lizzie was in high school, she discovered a video of herself on YouTube labeled "The World's Ugliest Woman." It had garnered millions of views. Lizzie's parents attempted to get the YouTube video taken off, but the unidentified figure who posted it professed he would never remove it. Instead of suffering from anger, hopelessness and depression, Lizzie decided to channel the hatred into motivation and to rise above the cruelty.

With the support of her family, Lizzie decided to begin by educating some high school freshmen about her rare disorder. She challenged the issue of bullying face-to-face and generated a schedule of dialogue arrangements. As a result of Lizzie's courage and disarming sense of humor, she has appeared on multiple television programs and produced three books, including "Be Beautiful, Be You." Lizzie speaks of how she resolved to take charge of her life by killing the negativity with ambition, and by defining herself on her own terms. She asks people to consider what defines them. Is it their backgrounds? Friends? Families? She reminds us that if we can find happiness within, and be the drivers of our own lives, the bullies will always lose. "I've had a really difficult life, but that's OK," she said. "I'm going to let my goals and my success and my accomplishments define me, not my outer appearance."

What is true beauty? Most often, when the Torah mentions a beautiful person, it is referring to a person whose outer appearance reflects their inner soul. For example, we are taught about the beauty of our matriarch Sarah. The Talmud says that Sarah was as beautiful at the age of 20 as a seven-year-old child. Yet isn't 20 closer to the ideal age of beauty than seven? The beauty of children is the beauty of purity of spirit; they act the way they feel without being influenced by insincerity. There are no put-ons or pretending. The secret of beauty does not lie in superficial cosmetics, but can be acquired only from within.

*Parshas Mishpatim Exodus 21:1 -- 24:18*

Following on the heels of the Ten Commandments, this week's Torah portion deals primarily with civil law. Like the realm of the ceremonial, our worldly and common activities must be infused with holiness and observed carefully. Included among the civil laws discussed in the portion are; penalties for causing bodily injury to another person and damaging his property; laws regarding borrowers; the mitzvah to show sensitivity to the poor and to offer them free loans; and laws relating to the honest dispensation of justice. After mentioning the mitzvos of Shabbos and Shemittah (the Sabbatical year), the portion continues with a brief discussion of the three pilgrimage festivals -- Passover, Shevuous and Sukkos.

The Torah then returns to the revelation at Mt. Sinai. The Jewish people declare their commitment to do whatever G-d commands with the famous phrase "Everything G-d has said, we will do and we will listen." The portion concludes with Moses' ascending the mountain, where he will remain for forty days and forty nights to receive the rest of the Torah.

*Rabbinic Ruminations*

Here's one good thing to say about liars: They are honest about their lying. A recent study conducted in Israel and Holland found that people who lie usually admit they do. "We asked (527) participants to report how many lies they told in the last 24 hours, a common way to assess self-reported dishonesty," explained team researcher Dr. Shaul Shalvi of Ben Gurion University. Participants were then given the opportunity to privately roll a dice and earn money based upon the outcome they reported rolling, with higher numbers earning greater profits.

On the survey portion of the examination, 41 percent of people who responded said they had not lied throughout the course of the day while five percent of respondents were deemed accountable for around 40 percent of all the lies that were told. The majority of participants who admitted to lying came out of the dice test with more money. When researchers looked back over the data, they decided that the numbers they rolled to gain so much money were not the result of a series of lucky rolls, but more likely a result of lying.

According to Dr. Shalvi, there are practical applications to the study. "It is important to study the conditions leading people to lie, deceive, or engage in unethical conduct more broadly. Such behaviors are rather costly

from a societal perspective. Consider, for example, behaviors like lying when filing an insurance claim, reporting that the TV that was stolen from one's apartment was just a couple inches larger than it really was. From the individual's perspective, this seems like a minor lie. Insurance companies, however, pay millions of dollars annually for such insurance 'build-ups'," he concludes.

Traditional Jewish sources emphasize the importance of teaching our children honesty. How can that best be done? By modeling the behavior we hope to see in our children. Do we call in sick to work when we're healthy and well? Do we tell 'white lies' to get out of a tight spot? If given too much change at a store, do we return it? "And you shall teach them diligently to your children ...." (Deut. 6:7) Teach your children all the words of the Torah - with an emphasis on living a life of honesty and integrity.

### *Quote of the Week*

I marvel at the resilience of the Jewish people. Their best characteristic is their desire to remember. No other people has such an obsession with memory. -- Elie Wiesel

### **Joke of the Week**

A customer walks into a restaurant and notices a large sign on the wall:  
\$500 IF WE FAIL TO FILL YOUR ORDER!

When his waitress arrives, he orders elephant dung on rye. She calmly writes down his order and walks into the kitchen. But then, pandemonium erupts!

The restaurant owner comes storming out of the kitchen. He runs up to the customer's table, slaps five \$100 bills down on it and says:

"You got me with this one buddy, but I want you to know that's the first time in ten years we've been out of rye bread!"

### **President's Column**

As I begin my term as President, I congratulate outgoing president Janet Haber for her dedication and many accomplishments over the past two years. I look forward to building on these accomplishments and more in the coming year.

At the Installation Lunch, I spoke about four 'M's':

- Minyan – our primary 'reason for being' a congregation
- Membership – the people our congregation serves
- Mission – reaching out to all Jews and bringing them closer to Torah
- Money – an underlying requirement for all of our efforts

Another major requirement is the need for volunteers to help reach our goals. The officers, board members and Rabbi make a great team, but they can't do it all. We need every member to join the team for us to be successful. Much of the work of the congregation is accomplished through various committees. You can put your knowledge, skills and experience to work for NHBZ by participating on one or more of the following committees:

Building	Chesed	Family & Children's Programming
Education	Fund Raising	General Programming
Kitchen	Membership	Outreach
Publicity	Religious	Shabbos Greeters

Please volunteer for one or two that match your interests. You will not only be helping the shul, but I'm sure you will find it very satisfying and rewarding. Please contact me at (314) 993-4024 or [lenny.alper@earthlink.net](mailto:lenny.alper@earthlink.net) to discuss these or other volunteer opportunities. I look forward to hearing from you!

*Lenny Alper*

*The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, at 12:00 noon. The bulletin is printed first thing every Thursday morning.*