

NHBZ Shabbos Bulletin

Jan. 26, 2013

Welcome to Nusach Hari B'nai Zion

15 Shevat 5773

Affiliated with the Union of Orthodox Jewish Congregations of America

Torah Portion – Beshallah: Exodus 13:17 – 17:16
Haftorah: Judges 4:4 – 5:31

Stone Chumash pages 366-393
Stone Chumash pages 1152-1154

Erev Shabbos - Friday, January 25

- Mincha & Maariv (4:50 pm)
- Candle Lighting (4:56 pm)

Shabbos - Saturday, January 26

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:
 - Pesukei D'Zimra: **Alan Zarkowsky**
 - Shacharis: **Ron Makovksy**
 - Leyning: **Aryeh Needle**
 - Haftorah: **Alan Haber**
 - Sermon: **Rabbi Ze'ev Smason**
 - Musaf: **Dr. Ethan Schuman**
- **Shabbos Morning, January 26** ~ Thanks to Abe Dobin's family for sponsoring Kiddush and Lunch in honor of **Abe's 90th Birthday!** Abe's children, grandchildren and great grandchildren: **Aaron & Kimberly Dobin**, grandchildren - **Jessica, Joshua and Kayla Jenna**, and great granddaughter, **Hayden Dobin**; **Brian & Cindi Dobin**, grandchildren - **Alix Dobin, Matt & Julie Keller and Brad Keller**, and great grandchildren – **Aiden, Landon** and **10-day-old Paige Keller**; **Tobie Dobin**; **Sandy & Brandon Schwartzburt** and granddaughter, **Samantha**; **Sharon & Mark Weinmann**, and grandchildren **Cara and Adam**. Thanks to Abe's good friend, **Mary Kapelus**, for sponsoring the cake in honor of Abe! **HAPPY 90th BIRTHDAY ABE!!!**
- **Mincha, Shalosh Seudos, Ma'ariv** (4:40 pm)
- **Shabbos Concludes** (6:01 pm)



This Week

At a Glance	Shabbos Jan. 26	Sun. Jan. 27	Mon. Jan. 28	Tues. Jan. 29	Wed. Jan. 30	Thur. Jan. 31	Fri. Feb. 1	Shabbos Feb. 2
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	8:30 am
Mincha/Maariv	4:40 pm	5:00 pm	5:00 pm	-	-	-	5:00 pm	4:50 pm
Maariv Only	-	-	-	6:45 pm	6:45 pm	6:45 pm	-	-
Events – see times in Event Planner Box below	Lunch in honor of Abe Dobin's 90 th Birthday!! Tu B'Shevat Seder this evening!	BUY	CASH	CARDS!	Rabbi Smason's Lunch 'n' Learn	Shechita Class	Erev Shabbos;	Synaplex Shabbat!!! Lunch in honor of New Members!

Coming Events (see Event Planner Box on next page for *all* events)

- **TONIGHT -- Saturday Evening, January 26** ~ Please join the Israel Committee for its **2nd Annual, Family-Friendly Tu B'Shevat Seder**, as we celebrate the New Year for Trees! Fun stuff for kids 6:30-7:30 p.m. Tu B'Shevat Cartoon, Arts & Crafts – making a Tu B'Shevat Seder Plate, and Snacks, Snacks, Snacks!!! Family-Oriented Tu B'Shevat Seder 7:00-8:00 p.m. Babysitting available until 8:00 p.m. The event is free to all and open to the public.

Nusach Hari B'nai Zion
650 N. Price Road
Saint Louis, MO 63132

Ze'ev Smason, Rabbi
Aaron Borow, Rabbi Emeritus
Janet Haber, President
Dr. Ethan Schuman, Chazan

Office Phone 314-991-2100
Chapel Phone: 314-991-2100
Webpage: www.nhbz.org

NHBZ Event Planner (Check 'Coming Events' for time, date or location changes.)
 Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

Weekly at NHBZ

SHABBOS

- **Child Care** (10:00 am – Noon) kids 3 & under in the Children's Room
- **Youth Programming** (10:15 am – 11:00 am) children 4-8, in the Youth Lounge.
- **Learners Service** (10:15 am) led by Rabbi Ze'ev Smason in the Chapel
- **Shabbos Tanach (Bible) Study Group** (30 minutes before Mincha)

SUNDAY

- **Mishna Learning** (after Shachris) with Rabbi Chanan Swidler of Aish
- **RAP with the RABBI Teen Group** (10:15 am) with Rabbi Smason @ Starbucks Olive & Price
- **Mystical Moments** with **Rabbi Max Weiman** (between Mincha & Maariv.)
- **Tanya** (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

WEDNESDAY

- **Rabbi Smason's Lunch & Learn** (12:15 pm – 1:00 pm) now studying Pirkei Avos

THURSDAY

- **Schechita** (5:30 pm – 6:30 pm) with Rabbi Chaim Loike of the OU Kashruth Division

Monthly at NHBZ

- **Irvin Alper Social Club** (First Sunday)
- **Women's Home Study Group** (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin
- **Morris Lengua Yiddish Club** (First Thursday, 7:30 pm)
- **Dine-In Pizza Night** (Last Sunday 5:00 pm – 7:00 pm)
- **Carry-Out Pizza Night** (Wednesday mid-month; will resume ASAP!)
- **Sisterhood** (Third Tuesday)
- **Women's Guide to Time** (As scheduled) with Rebbitzin Chani Smason

NHBZ Signature Events

- **Synaplex Shabbos**
- **Shabbos Lunch & Learn**
- **I-Chat**

Coming Events – continued

Sunday, January 27 ~ Dine-In and Carry Out!! **Dine-In** Pizza Buffet Night with Professional Pizza Chef, John Nall. **Carry Out** – Un-cooked carry out pizzas to bake at home. If you placed and pre-paid your pizzas orders, pick up time will be from 3:00 to 3:30 p.m.

- **Shabbos, February 2** ~ Synaplex Shabbat with Lunch honoring New NHBZ Members! We will welcome Dr. Erol & Sally Amon and Family, Lary & Judy Baker, Helen Bolt, Jeremy, Lauren and **New Baby Boy** Brenner, Alan, Marcie, Nathan and Eliana Brook, Byron Brownstein, Andy & Betty Epstein, Teree Farbstein, Denny & Amy Feit (new Lifetime Members), Aida, Lila and Levi Greenberg, Kerry & Sandy Klarfeld, Esther Levary, Jeff, Irena, Nava and Nathan Scheer, Morris Scheer, Phyllis Shanke, Dave, Keri, Levi and Noa Simon, and Reuven & Margo Tzadok.
- **Friday Night, February 8** ~ Family-Friendly Friday Night Shabbos Dinner!
- **Sunday, February 10** ~ Pizza Dine-In Night 5:00-7:00 p.m. – Two weeks early!!! (The last Sunday of the month is **PURIM**.)
- **Sunday, February 17** ~ I-Chat, 4:00-5:00 p.m., in the Lower Level
- **Sunday, February 24** ~ **PURIM and PURIM SEUDAH!!!!**
- **Sunday, March 10** ~ NHBZ Sisterhood & the Irvin Alper Social Club invite everyone to their Antiques Road Show & Dinner at 6:00 p.m. Bring an item and have it appraised by Art Ressel, who has appeared often on Channel 9, and worked out of Ivey-Selkirk Auctioneers. All you can eat dinner follows (Pasta, Salad, Garlic Bread, Drink and Dessert) Admission \$10.00 per person. RSVP: Rachael Pevnick (314-395-6017) or Ruth Alper (314-569-2877). All profits will benefit the "Passport to Israel" program.

Meetings

- **Executive Committee** (Tuesday, January 29) Minyan at 6:45 p.m.; Meeting at 7:00 p.m.
- **Religious Committee** (Tuesday, February 5 at 7:00 p.m.)
- **Board of Directors** (Tuesday, February 12, 2013) Minyan at 6:45 p.m.; Meeting at 7:00 p.m.
- **Sisterhood Gold Dollar Bingo** (Tuesday, March 12, at noon.) Delicious Lunch & Prizes

Reminders

- **Buy and Use Cash Cards** – call the office ASAP to order your cards and **earn free money** for NHBZ!
- **Schnucks E-Scrip Card** - Use your Schnucks Card *now*, and make it count!!!
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, extension 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly.
 - For a Shul tribute, call Gloria Waxman at 314-872-3296
 - For a Sisterhood tribute, call Phyllis Silverman at 314-434-2482
 - For Libby Needle Fund, call Sally Needle at 314-991-2575
- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** - It is customary to make a donation to the synagogue for an Aliyah or other synagogue honors received.
- **Mi Shebarach List** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office **by Friday mornings** so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND the mother's name; either in Hebrew or English--if Hebrew names are unavailable. 314-991-2100, ext. 2. Your contributions are greatly appreciated.
- **Memorial Plaques** ~ All memorial plaques from our former location have been lovingly mounted in our new building. You can honor and remember your loved ones with a plaque: Cast Iron Plaques with names in raised lettering, \$275.00; Molay is recited on each yahrtzeit. Brass Plaques \$150.00; inscribed with name. Molay is recited on each yahrtzeit.
- **Shalosh Seudos, The 3rd Meal of Shabbos** ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Maariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal as you observe the yahrtzeit of your dear family members.

Simchas, News and Features

- **MAZEL TOV ON SIMCHAS** January 17-25 - **Happy Birthday to Andy Berg, Goldie Hogan, Phyllis Sunshine and Dr. Milton Tofle. Happy Anniversary -- None This Week.** Show your friends you care by sending a tribute. For Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; For Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.
- **WE'RE INCHES AWAY!!** NHBZ pledged **\$5,000**, in private donations, to Epstein Hebrew Academy's Strategic Planning Process as they look to the future to strengthen their school and its vital position in our community. We have had contributions of **\$4,900** – **JUST \$100 SHORT OF OUR GOAL!!!** Please help us cross the finish line!!! Special Thanks to everyone who has donated to this worthy EHA Appeal.
- **SUPER BOWL(ing) PARTY – Raising Money for Epstein Hebrew Academy!!!** February 3rd at 4:45 p.m. at Olivette Bowling Lanes. Bowling, Fun & Dinner: 2 Types of Pasta, Large Salad Bar with Toppings Galore, Home-Made Bread and Rolls, Ice Cream Bar, Lots of Snacks, Drinks available for Purchase. Adults: \$15.00; Kids under 10: \$10.00. Walk-ins: Adults: \$18.00; Kids: \$13.00. **RSVPs a must by January 30th.** All food will be prepared at Young Israel. Got Questions? Call 314-503-2792. Co-Chaired by Bonnie Goldmeir, Lizzy Kline **AND, our own, Anna Rose Tendler!!!**

Welcome to Beyond Twelve Gates

One night in 2008, Kelly Hildebrandt was curious and bored. Wondering if anyone on Facebook shared her name, she typed it into the search engine on the social networking site, and up popped another Kelly Hildenbrandt. Kelly Katrina Hildebrandt sent newly-discovered Kelly Carl Hildebrandt a message. "She said, 'Hi. We had the same name. Thought it was cool,'" Kelly Carl said. "I thought she was pretty cute." The then-20 and 24-year-olds began to correspond. Emails led to phone calls, phone calls to visits, and the whirlwind romance led to an engagement ring hidden in a treasure box on a Florida beach. "He is just everything that I've ever looked for," Kelly Katrina said at the time. "There's always been certain qualities that a guy has to have. And he has all the ones I could think of - and more."

The two wed in 2009. But as time went on, the couple came to realize that sharing a name, blond good looks and worldwide attention was not enough to keep them together. "She's a Florida girl, and I'm a Texas guy," said Kelly Carl. "We really did come from pretty different worlds. How do they term it at the courthouse? 'Irreconcilable differences,' that is what I would say. We gave it our best shot." Their divorce hearing is still pending, and Kelly Carl has moved back home to Lubbock, Tex., with the couple's dog. "That's where all my connections are," he said. "It's been really great since I got back."

Many couples naively believe that "love conquers all." In reality, it is often not true. Too often a couple will fall in love and marry despite serious differences about religion, money, family, gender roles, or even the basic values of their partner. The Torah says, "Isaac then brought her [Rebekah] into the tent of his mother Sarah, and he took Rebekah as his wife. Isaac loved her, and thus found comfort after his mother's death." (Genesis 24:67) What is noteworthy is that the love came after the marriage -- not before. Jewish marriages are contracted not as a result of passion and romance, but as a result of good judgment and sound reason. If the couple is well suited, the marriage will result in love and happiness. Marriages based on pre-marital infatuation, however all too often fail the test of married life.

Parshas Beshalach Exodus 13:17 -- 17:16

As the Jewish people leave the land of Egypt, Pharaoh's heart is once again hardened. The Egyptian army pursues the former slaves, trapping them on the shores of the Red Sea. Moses raises his hand over the sea, miraculously parting the waters and allowing the Jewish people to pass through safely. Pursued by the Egyptians into the sea, Moses once again raises his hand and the waters come crashing down upon Pharaoh's army. Awed by this indisputable miracle, Moses leads the Jewish people in the Shir Shel Yam, a song of praise to G-d acknowledging a debt of gratitude for their remarkable salvation.

After traveling from the Red Sea, and following the miraculous sweetening of the bitter waters at Marah, the Jewish people complain to Moses and Aaron that they have no food to eat. G-d responds by providing a great test of faith; a daily ration of manna fell from the sky for forty years every morning, except for Shabbos. Some suggest that the manna was the greatest miracle the Jewish people ever experienced. A constant water source is also given when G-d commands Moses to strike a rock, miraculously causing water to flow from it. The portion concludes with the nation of Amalek's unprovoked sneak attack and the Jewish people's victory.

Rabbinic Ruminations

There are some things that you just don't see every day: A golfer's hole-in-one a sighting of Halley's Comet a Chicago Cubs World Series victory and a white blackbird. But last summer, a two-week old albino blackbird was found alone and unable to fly in a bush in England. The tiny pure white albino bird -- with red eyes -- was found by a passerby. The bird was taken to a wildlife rescue center and nicknamed "Wacky" by the staff, which nursed it back to health.

Albinism in birds is uncommon. A bird that is albino (from the Latin albus, "white") has white feathers in place of colored ones on some portion of its body. Albinism is usually the result of a genetic mutation causing the absence of an enzyme essential for melanin synthesis. Partial albinism can result in the loss of pigments in local areas of the bird's body, such as certain feathers. A completely albino bird, such as Wacky, has a complete lack of melanin -- meaning it is pure white with red eyes.

Albino birds in the wild are quite rare; Serena Stevens, director of the wildlife rescue center that obtained Wacky, said, "I've only seen a photo in a book once before. The chances of us having one is so rare I don't think I'll ever get the chance to see one again in my lifetime." With poor eyesight and greater visibility, albino birds are easier targets for predators. Additionally, albinos are often harassed by their own species, and rarely breed because they are rejected by other birds.

Legend has the aged Diogenes searching with lanterns for something exceedingly rare: a man of truth. For Judaism, truth, *emes*, is more than just a virtue. It is one of the three fundamental principles, along with justice and peace, upon which the world stands. In the words of the Talmud, "The signature of the Holy one, blessed be He, is truth." A person who is scrupulous honesty is a rare bird; perhaps even more rare than Wacky the albino blackbird.

Quote of the Week

We don't invent our mission; we detect it. It's within us, waiting to be realized. -- *Viktor Frankl*

Joke of the Week

The orthopedic surgeon I work for was moving to a new office, and his staff was helping transport many of the items.

I sat the display skeleton in the front of my car, and had fastened the seat belt around it to stop it from falling over. I hadn't considered the drive across town.

At one traffic light, the stares of the people in the car beside me became obvious, and I looked across and explained, "I'm delivering him to my doctor's office."

The other driver leaned out of his window. "I hate to tell you, man," he said, "but I think it's too late!" (Thanks to Moshe Pinto)

News and Features - continued

- **TOMCHEI SHABBOS COMMUNITY FOOD DRIVE!!** Bags will be distributed Feb. 8 and picked up Feb. 15. All shuls and schools are included! To help with distribution and/or pick-up, call Merle Hartstein at 725-1192 or Jackie Oppenheimer at 997-6924.
- **KASHRUS ALERT:** Simply Nature Organic Spinach and Spring Mix at Aldi. Please be advised that this fresh organic spinach and spring mix being sold at Aldi stores bears an unauthorized Star-K. This product is NOT certified by Star-K and **must be checked prior to use**. Corrective action is being taken.
- **ACHASHVEROSH'S PALACE** Join us for an exciting casino night with prizes, delicious food, and a silent auction on Sunday night, February 17, 6:00 PM at Clayton High School (1 Mark Twain Circle). Proceeds to benefit Block Yeshiva Athletics; Honorary Chairman Don Makovsky. \$50 per person; advance reservations required. Pay by credit card at blockyeshiva.org, or call the Block Girls School at 872-8701, or e-mail byhsathletics@gmail.com for more info.

An open invitation to **Nusach Hari B'nai Zion's**



Shabbat

Saturday Morning

February 2

Regular services begin at **8:30 a.m.**

Learner's Services at **10:15 a.m.** in the Chapel (led by Rabbi Smason)

Break-out sessions immediately thereafter, starting at 11:00

Following these great sessions, at approximately noon, we will all re-gather for

Kiddush & Lunch

- *Five Rules for Life:
Make Space for Things that Matter*
(Led by Rabbi Ze'ev Smason)
- Classic Insights Into Purim
(Led by Rabbi Yaakov Berkowitz of the St. Louis Kollel)
- *The Growing Missouri-Israel Business Relationship* in Tech and BioTech
(Led by Donn Rubin, President and CEO, BioSTL)
- Youth Programming: For kids 4 and over (led by *Abi Epstein*)
- Tot Shabbat (led by *Whitney Gartenberg*)

All events are free and open to the public. Home hospitality for the weekend is available.

650 North Price Road, Olivette ♦ ♦ ♦ (314) 991-2100 ♦ ♦ ♦ www.nhbz.org

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