

NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

ShabbosJuly 12, 2014
14 Tammuz 5774

Office Phone 314-991-2100

Webpage: www.nhbz.org

Chapel Phone: 314-991-2100

Torah Portion: Parshas Pinchas: Numbers 25:10 – 30:1 Stone Chumash pages 876-899
Haftorah: 1 Kings 18:46 – 19:21 Stone Chumash pages 1190-1191

Thanks to Alan & Janet Haber for sponsoring this Shabbos Bulletin in honor of Sid & Phyllis Silverman! "Thank you, Sid & Phyllis, for the amazing hard work and incredibly long hours you devoted to coordinating our NHBZ Photo Directory, and the gracious way you welcomed each of the participants as they arrived for their portrait sessions! Yasher Koach!!!"

Erev Shabbos - Friday Night, July 11, 2014

- Mincha & Ma'ariv (7:00 pm)
- Candle Lighting (8:09 pm)

Shabbos – July 12

- Shachris & Musaf (9:00 am) ~ Thank You For Leading Davening
 - Pesukei D'Zimra: Howard Sandler
 - Shacharis: Menachem Szus
 - Leyning: Moshe Leib Cohen
- Haftorah: Bruce Waxman
- Drasha (Sermon): Rabbi Ze'ev Smason
- Musaf: Richard Woolf
- Kiddush & Lunch ~ (After Musaf) Thanks to Selwyn & Freda Brook, from South Africa, for sponsoring Kiddush and Lunch today in honor of their granddaughter Eliana Brook, daughter of Dr. Alan & Marcie Brook. Marcie gives a BIG "Thank you" to Joni Kaiser and Linda Szus for all their help shopping and setting up for today's Kiddush, to Sandy Klarfeld and Anna Rose Tendler for making the delicious challas we will enjoy at Lunch, to Julie Eisenberg for making Eliana a special, gluten-free challa for her to enjoy at our Friday Night Shabbos Dinner, and thank you to Freda Brook, Susan Dean, Joyce Rudman and Susan Weiner for helping to set up the room for Kiddush. A Special Thank You to Orli Axelbaum for helping Eliana with her D'var Torah by making a special delivery! Thanks to "POP-Stars" Anna Rose & Victor Tendler for sponsoring the soda today in honor of Eliana! Eliana will deliver a D'var Torah after the conclusion of services.
- Mazel Tov & Welcome to Eliana's family and friends who have come to celebrate with her today! Welcome to Selwyn & Freda Brook, Eliana's grandparents from South Africa, to Susan & Phil Dean and to Dan & Joyce Rudman, Eliana's grandparents. Welcome to out of town guests: Uncle Jay & Aunt Cindy Rudman and cousin Corey Rudman from Chicago; Fiona, Alex, Evan and Andrew Rubel cousins from Los Angeles; Aunt Charlotte Goldman from Florida; Susan & Ed Weiner from San Diego; John Dean from Columbia, Missouri; and friends of the family ~ Robin Louis from Florida, the Gordon Family from New York, and the Winter Family from Arizona.
- Mincha, Shalosh Seudos, Ma'ariv (7:50 pm) Thanks to David & Keri Simon and Carole Simon for sponsoring Shalosh Seudos this evening in memory of their beloved father and husband Robert Simon, りた.
- Shabbos Concludes (9:11 pm)
- ◆ The Three-Weeks Begin ~ This Tuesday, July 15th. The 3-weeks, the days between the 17th of Tammuz, The Fast of Tammuz, and the 9th of Av, Tisha B'Av, are times of sadness for our people because of events which led to the destruction of our Temple in Jerusalem. We act as semi-mourners we do not have weddings, attend concerts, get haircuts, or buy new clothes (unless needed for immediate use).

A Giant "THANK YOU" to the Following Families & Individuals who have

generously donated a TALLIS to our shul following a recent trip to Israel ~

Dr. Craig & Jackie Berkin, Dr. Alan & Marcie Brook, Rebecca Kaiser, Dr. Eliot & Sally Katz, Moshe Pinto, Dr. David & Fran Reisler, Steve & Jill Starr, Menachem & Linda Szus, Reuven & Margo Tzadok, and Jay & Peggy Umansky! Thank you & Yasher Koach to Linda Szus for suggesting the great idea of our 'Tallis-from-lsrael' project! We invite visitors to our shul to use the beautiful, new tallaisim during services. (If your name was inadvertently omitted from this list, please let us know!!!)

Meetings

- Executive Committee Meeting ~ Tuesday, July 22. Minyan is at 7:00 pm; Meeting at 7:30 pm.
- Board of Directors Meeting ~ Tuesday evening, August 12. Minyan is at 7:00 pm; Meeting at 7:30 pm.

NHBZ Coming Events

- Special & Unique Synaplex & Lunch ~ Next Shabbos, July 19!!! United States Senator James Talent, will be our Prestigious Guest Speaker, and will lead a Dynamic, Single-Synaplex-Session entitled, "Perspectives on U. S. Policy in the Middle East." Senator Talent will speak in the sanctuary immediately following the conclusion of services; Youth Programming for kids 4 and over; and Tot Shabbat during Senator Talent's presentation. Lunch in honor of July Birthdays and Wedding Anniversaries!
- Sisterhood Lunch & BIIGO FARTS ~ Tuesday, July 22nd, 12:00 noon in our NHBZ Social Hall. Men & Women of ALL Ages are invited to come and enjoy a Delicious Lunch, Bingo, and Attendance Prizes! \$7.00 donation; RSVP to Rachael Pevnick, 314-395-6017. We hope to see you!!!
- ▼ Kiddush ~ on Shabbos, July 26, will be enhanced by Bertha Berman in honor of her July birthday!
- Class & Shalosh Seudos ~ On Shabbos afternoon, July 26, Rabbi Yaakov Berkowitz, of the St. Louis Kollel, with be teaching an afternoon class at 6:40 p.m. titled "<u>Understanding Exile</u>". During Shalosh Seudos (The Third Meal) at 7:40 p.m., Rabbi Berkowitz will address the topic of "<u>Escape From Exile</u>."
- Lion's Den Pizza Night ~ All-You-Can-Eat Pizza Buffet ~ Sunday, July 27, 5:00-7:00 p.m. Bring your family and friends to enjoy a delicious dinner of pizza, salad, pasta and garlic bread!!! Reservations are not needed . . . just show up, eat to your heart's content, have fun schmoozing, and have a great time! Plus an extra bonus ~ we have a movie for the kids every month!!!! (Please place carry-out orders by 10:00 a.m on Sunday morning, 314-991-2100, ext. 2. Pick up time for carry out pizzas is 4:30-4:45 p.m. before the start of our buffet.) WE TAKE CREDIT CARD PAYMENTS!!!
- Ari Weekend ~ Commemorating the yahrzeit of Rabbi Isaac Luria, "The Holy Ari", founder of modern Kabbalah and author of "Nusach H'Ari," (the liturgy we daven at our shul). Friday evening, August 1: An evening of soul-soaring music, and dinner for the whole family Mincha at 6:15 pm outdoors on the Kaiser Terrace, Kabbalat Shabbat (Welcoming the Sabbath) at 6:30 pm, followed by a festive Shabbos dinner ~ the menu will include grilled chicken: RSVP, 314-991-2100, ext. 5; Adults \$18.00, Kids 5-10 \$10.00, Kids 4 & under FREE! Shabbos morning, August 2: Regular services 9:00 a.m., Children's programming 10:00 a.m., Learner's Service 10:15 p.m. led by Rabbi Smason, and Kiddush and Lunch 'n' Learn, at the conclusion of services, will be free and open to the public. Rabbi Levi Landa, Director of Programming of Chabad of Greater St. Louis, will be our Special Guest Speaker, and will speak on the topic, "Viewing the World Through Kabbalah Tinted Glasses!"
- Kiddush & Lunch ~ Shabbos, August 9th, will be sponsored by Rachael Pevnick and Family in memory of their beloved husband, father and grandfather Ted Pevnick, 5″t, on the observance of his first yahrzeit.
- Family Picnic & BBQ ~ Mark your calendars for Sunday, August 17!!! Good Food and Children's Program at the Irv Zeid Citizens Park, next door to the shul.
- Challa Baking Class ~ Taught by Mindy Woolf on Tuesday evening, September 2nd, at NHBZ.
- "My Father Was a Nazi" ~ Nusach Hari B'nai Zion presents an evening with Dr. Bernd Wollschlaeger, son of a high-ranking Nazi who was decorated with Germany's Iron Cross by Adolph Hitler, himself! Dr. Wollschlaeger's journey began at age 14, when he learned of his father's involvement during the years of Nazi

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rule. His quest to learn more about the Jews leads him to a former Jesuit priest and many Holocaust survivors, from a trip to Israel and back to Germany where he completed medical school. He eventually succeeded in fulfilling his dream – his strong desire and decision to convert to Judaism! He moved to Israel and enlisted in the Israel Defense Forces as a medical officer. Please join us on Sunday, September 21st, to hear Dr. Wollschlaeger tell his fascinating story. Further details to follow as they become available.

● SMILE!!! © Our Photo Directory ~ "Faces of NHBZ" ~ We recently concluded the photo sessions for our upcoming synagogue Directory. If you didn't have your portrait taken – it's still not too late to have your picture included!!! Please contact Rabbi Smason, 314-749-5271, or Phyllis Silverman, 314-434-2482, to have your photo in our Directory!

Please be part of our "Faces of NHBZ!!!"

It won't be the same without YOU!

SIMCHAS

MAZEL TOV ON SIMCHAS July 12-18. Happy Birthday to Esther Kalina, Esther Levine, Ron Makovsky, Irena Scheer, Naomi Shanker, Saul Sudin, and Anna Rose Tendler! Happy Anniversary to Linda & Dan Fleshman! Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Package of Cards.

CLASS SERIES ~ MEMBERS & ALL FRIENDS ARE WELCOME!

- Learn to Lead Davening ~ led by our Chazzan Dr. Ethan Schuman on <u>Sunday mornings</u>, at 9:00 a.m. after morning minyan.
- Teachings of Chassidism Please note date changes ~ Rabbi Yosef Landa, Regional Director of Chabad of Greater St. Louis, has arranged with our Education Committee to present the following class at NHBZ: "Transformational Teachings from the World of Chassidut." The series will continue on July 13 & 20, on Sunday mornings at 10:00 a.m. Nearly 300 years ago, Rabbi Israel Baal Shem Tov founded the Chassidic movement. The teachings of Chassidism went on to captivate, inspire and illuminate millions of Jewish lives, among them the most learned and righteous among our people. In these sessions with Rabbi Yosef Landa we will explore some applied concepts of Chassidic thought -- transformational ideas sure to enrich the life of every Jew, Chasid or non-Chasid, empowering them to attain greater spiritual heights.
- Women's Tefila Class ~ Led by Rabbi Ze'ev Smason. The class meets on the 2nd and 4th MONDAYS of the month at 3:15 p.m. Monday afternoons. Next class is this coming Monday, July 14. The focus is the structure and deeper meaning of the Shabbos morning service and prayers, and how prayer can be used as a basis for our own communication with G-d. All women welcome.
- Rabbi Smason's Lunch & Learn ~ This Wednesday, July 16, at 12:15 P.M., Rabbi Shlomo Soroka, of the St. Louis Kollel will teach Rabbi Smason's weekly lunch-time class. Please join Rabbi Soroka for his presentation on "Jewish Ethics."
- "Chassidic Insights into the Weekly Parsha" ~ Led by Rabbi (Chaplain, Major) Avraham Cohen "Chassidic Insights into the Weekly Parsha." Study will delve into esoteric thought, but is entirely accessible for those at any level of Jewish education and background. <u>Wednesday evenings</u> at 7:30 p.m., after minyan, in the NHBZ Chapel. Rabbi Cohen can be reached at 301-787-5538 for further questions.

Reminders

• SHABBOS HALACHAS (Laws of Shabbos) An eruv is an enclosure, constructed according to halacha (Jewish law), as a way to permit Jewish residents or visitors to carry certain objects outside their own homes on Shabbos and Yom Kippur. The St. Louis eruv encompasses parts (but not all) of Olivette, U.City and Clayton. We respectfully request that SHABBOS BULLETINS, FOOD, or any other item not be

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<u>removed</u> from the synagogue by those who do not live within the *eruv*. For questions, please see Rabbi Smason.

- Become Energized!!! Sponsor Your Own Solar Panel!!! The 2014 price is just \$216 for the year. Your sponsorship will appear on the lobby monitor with an individual display with your personal or business name. Sponsor a panel for yourself, your friends, your business, or dedicate one in honor of a loved one. If you are interested in sponsoring a solar panel, please call 314-991-2100, ext. 2 and we will send you the form to complete with your own wording for your message!
- <u>Buy and Use Cash Cards</u> call the office ASAP to order your cards and <u>earn free money</u> for NHBZ!
 Orders are placed twice per month on or as close to the 15th and 30th.
- Figure Schnucks E-Scrip Card \$1,435.80 in 2013!!! If you have been using your Schnucks E-Scrip Card when you shop, we Thank You VERY Much! NHBZ received \$1,435.80 <u>Easy Money</u> last year from Schnucks based on your purchases, and <u>NO EXTRA CHARGE TO YOU!!!</u> Please remember to hand your e-Scrip card to your checker every time you shop and make your shopping trip count!!! TO NHBZ Members <u>AND Non-Members Alike</u> ~~ if you don't have an e-Scrip card, please contact the office: sandieabrams@hotmail.com or 314-991-2100, ext. 2, and "shop" for Nusach Hari B'nai Zion!!!
- **Sponsorships** If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, ext. 2, to make arrangements.
- Tributes Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575; for Chesed Fund Tributes come by the office and pick up a package of cards!
- Mi Shebarach List ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or in English if Hebrew names are unavailable. Your contributions are greatly appreciated.
- Memorial Plaques ~ Memorial plaques are lovingly mounted in our new building. Remember your loved ones with a plaque; prices are \$150 and \$275. Please call the office for details, 314-991-2100, ext. 2.

Important Note About New Memorial Plaques
To receive new Memorial Plaques for: We must receive your order by:
Yom Kippur (October 4th - Yizkor) July 28, 2014
Shemini Atzeres (October 16th - Yizkor) August 6, 2014

- Shalosh Seudos, The 3rd Meal of Shabbos ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal in honor of family members, to celebrate special occasions, or as you observe the yahrzeits of your dear loved ones. To make arrangements call our office at 314-991-2100.
- Buy a Brick Online or by Phone ~ Our website now accepts online donations for the Brick and Planting Campaign; go to http://www.nhbz.org/dedications.asp or call the office at 314-991-2100.
- Synagogue Honors ~ It is customary to make a donation to the shul for Aliyos or other honors received.

NEWS & FEATURES

■ NHBZ's Pushkeh Project! Our rabbis teach that tzedakah and acts of kindness are the equivalent of all the mitzvos of the Torah. Please come by our office and pick up your new pushkeh (tzedakah/charity box)!! Fill up your pushkeh!!! The tzedakah in your pushkeh will total all or part of your contribution toward admission to a Pushka Dinner that we will schedule down the road, date TBA. The shul is adopting this idea from our Sisterhood that, in years past, had prepared a yearly Pushkeh Dinner to help raise money for their coffers. We want to say a BIG "Thank You" to Dr. Jay Pepose and Dr. Susan Feigenbaum for generously sponsoring the purchase of our new pushkehs, and "Thank You" to Bobby Levine for creating the beautiful pushkeh covers.

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- New Landscaping Committee Forming ~ Do You Have a Green Thumb?! The committee is starting to take shape! Thanks to Judy Baker, Bob Kaiser, Bobby Levine, and Jim Pollock for being the first to sign up!!! You can join this new committee too, and help create and develop the landscaping plans for our NHBZ property. Please call Mark Ragin, 314-324-0774.
- We Have Our Rep for the Vaad Kashrus Committee! Thanks to Norma Rubin who will be our Nusach Hari B'nai Zion Representative to sit on the Kashrus Committee of the Vaad Hoeir!!!
- The Sarah Adelman Memorial Lecture ~ Dr. Jerry Lob, clinical psychologist in private practice in Chicago, will be the featured speaker to commemorate the eighth Yahrtzeit of Sarah Adelman, ๖٠٠. Dr. Lob's presentation "Finding Calm, Even Joy, in Difficult Times" will take place at the Young Israel Synagogue, 8101 Delmar Blvd., on Sunday afternoon, July 27, at 1:30 p.m. He lectures and writes extensively on psychology, relationships, parenting, education, and Jewish thought. He earned his smicha in 1984. Minimum requested donation is \$18 per family; other categories: Guarantor \$500 or more, Benefactor \$250-\$500, or Sponsor \$100-\$250. The primary focus of The Sarah Adelman Memorial Fund is to provide financial support to needy families in the Orthodox community, whose children require assistance in obtaining counseling services. The Fund is also designed to support community awareness involving mental health issues, and to help needy families in the Orthodox community to defray the cost of a wedding.
- Garden of Eden Volunteer Opportunities ~ The Garden of Eden is on the grounds of the JCC, North of the A & E building. For information, contact: Myra Rosenthal at myrasue@sbcglobal.net or Lesley Levin at 314-691-6035.
- SLIC, St. Louis Israel Connection ~ A group that puts on events for young adults to educate them about Israel. Rabbi Ze'ev Smason will speak at an event at 3 Kings, July 31st at 7:00 about Tisha B'Av and the significance of it to the Jewish people and Israel from a historical perspective. Rabbi Smason's topic will be, "Today's Meaning of Tisha B'Av." All young 20-and-30-somethings are encouraged to join SLIC and attend this discussion. It promises to be an engaging and interesting discussion, indeed!
- Tomchei Shabbos On-Going FOOD DRIVE!! Tomchei Shabbos means "Supporters of the Sabbath." The "Barbara Mendelson Tomchai Shabbos Fund" was established, by the Vaad Hoeir of St. Louis, to help support Jews suffering severe economic distress, by providing the families in our community with their Shabbos and Yom Tov meals in a discreet and dignified manner. A special kosher food pantry is stocked to provide them with food essentials, chicken and meat. Pick up a bag at our NHBZ office; help make the Food Drive a Big Success!!! For questions or home pick-up, please call Sally Needle, 314-991-2575. Tomchai Shabbos is maintained through contributions of food and money. To make a donation go to www.ovkosher.org click on HOME tab, then Vaad Hoeir Community Services, then Tomchai Shabbos.
- Tomchei Shabbos Cookbook Project ~ Dedicated in memory of Merle Hartstein. Please share your recipes, typed with clear instructions, and include your name. Categories: Budget Conscious, International, Meat, Dairy, Pareve, Healthy, Low Fat, Gluten Free, Quick! Contact Bryna Kandel 314-569-5001, Janice Mankowitz 314-434-7408, or Jackie Oppenheimer 314-997-6942, or email them to tomcheishabboscookbook@gmail.com.

President's Message

Between now and Rosh Hashanah we have numerous special events that are ideal for inviting family members and friends. We have something for everybody's tastes and interests. Check the complete list of events in this bulletin. I would like to highlight three programs here.

<u>July 19 – Special and unique Synaplex Shabbos.</u> Our guest speaker will be United States Senator Jim Talent, who will lead a dynamic, single Synaplex session entitled, "*Perspectives on U. S. Policy in the Middle East.*" Senator Talent will speak in the sanctuary immediately following the conclusion of services. We also will have Youth Programming for kids 4 and over during services, and Tot Shabbat during Senator Talent's presentation. Our guest speaker will be followed by lunch in honor of July Birthdays and Wedding Anniversaries.

<u>August 1st and 2nd - Ari Weekend.</u> Please join us as we commemorate the Yahrtzeit of Rabbi Isaac Luria, "The Holy Ari," founder of modern Kabbalah and author of the "Nusach H'Ari" siddur that we use. On Friday evening, August 1, at 6:30 pm, we will welcome Shabbos outdoors on the Kaiser Terrace, followed by Shabbos dinner. On

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Saturday morning, August 2, we will have a Lunch'n'Learn, featuring special guest speaker, Rabbi Levi Landa, Director of Programming of Chabad of Greater St. Louis. This is an opportunity to learn about the heritage that inspired the founding of our shul. Call now for reservations for Shabbos dinner.

<u>September 21 – Renowned Speaker, *Dr. Bernd Wollschlaeger*, a NAZI's son who converted to Judaism.</u> Mark your calendar now for this community-wide event at NHBZ, when a very special and inspirational guest speaker – Dr. Bernd Wollschlaeger, a family physician – will speak about his struggles growing up in Germany after WWII in the shadow of his father, a highly decorated tank commander and Nazi officer, and how his attempts to discuss the Holocaust caused a major rift in his family. Finding the truth about his past resulted in a spiritual journey leading to his conversion to Judaism, emigration to Israel and service in the Israel Defense Forces. He is the author of "A German Life: Against All Odds, Change is Possible."

Lenny Alper

Beyond Twelve Gates by Rabbi Ze'ev Smason
Parshas Pinchas July 12, 2014

Welcome to Beyond Twelve Gates

Every cloud has a silver lining -- even a drought. An 84-year-old Washington state woman will soon hold her 1953 university class ring, lost six decades ago, after it was found in a dried-up West Texas lake. Elizabeth Clark lost her Howard Payne University class ring in 1954 in Lake Nasworthy when she and her future husband went for a picnic and waded into the water. Elizabeth said she wasn't certain where she had lost the ring -- after discovering it was missing, she looked around her home before going back to search at the lake.

After years of drought, the ring revealed itself in the lake bed and it was found in March. Someone from the school's alumni association drove to San Angelo to retrieve the ring and was able to identify it from the initials — AEL for Addie Elizabeth Little — inside the band. "I worked hard for that ring," Elizabeth said. "I'm grateful it was found and that it was in good shape after 60 years." The ring, which is 10-karat gold with a blue stone, needed some cleaning up by a local jeweler. Elizabeth's daughter, Donna Clark-Love of Houston, said her mother was delighted. "She cried, she just couldn't believe it," she said. "This was like the highlight of her life. She is just thrilled." The ring is particularly meaningful to Elizabeth, one of 16 children, and the only one in her family who finished college.

Can something that seems bad be something good in disguise? Absolutely. It is important to train oneself to look positively upon life's situations. Often what appears as 'bad' or 'negative' ends up being a blessing. What can we do to look at challenging situations in a positive light? A Hebrew expression, *gam zu l'tova*, means 'this too is for the best.' When things don't seem to be going your way, say *gam zu l'tova*. At times, hidden blessings and 'good mistakes' turn out to be the sweetest blessings of all.

Parshas Pinchas Numbers 25:10 - 30:1

In last week's Torah portion we found the Jewish hero Pinchas saving the day for the Jewish people by publicly executing the Jewish tribal head, Zimri, and his Midianite girlfriend, Kazbi. Those two had desecrated the Name of G-d and His Torah by having relations in plain view of Moses and the entire Jewish leadership. (I suppose you could say it was the very first 'Kazbi Show') This week, Pinchas is rewarded for sanctifying the Name of G-d and is granted the blessing of peace and priesthood (Kehuna). Pinchas' zealous response saves the Jewish people from a plague which had broken out in the camp.

Five righteous daughters of Tzelofchad file a claim with Moses: In the absence of a brother, they request their deceased father's share in the Land of Israel. Moses asks G-d for a ruling. The Almighty responds that the claim of these five women who so dearly love the Land of Israel is, indeed, just. Moses is told that he will ascend a mountain to view the Land that the Jewish people will soon inherit, though he will not be allowed to enter. Moses asks G-d to appoint a successor. Do you know who is chosen? Joshua, Moses' dedicated assistant and

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student. The Torah portion concludes with a lengthy description of the special offerings brought on various festivals. These sections are also read from the Torah throughout the year on the appropriate holidays.

Rabbinic Ruminations

If presented with a choice of items arranged in a row from left to right, which one would you choose? Remember Monty Hall and the classic game show, "Let's Make a Deal?" Contestants were asked to make this kind of decision. They were invited to pick between Door Number 1, Door Number 2 and Door Number 3. A prize was hidden behind the "right" door. Guess which door contestants were more likely to pick? Door Number 2. This is consistent with research that shows that whenever items are arranged in a row from left to right, we have a tendency to choose the middle option. Psychologists call this the "Center Stage Effect." Researchers have replicated this with objects arranged vertically as well. Five pairs of identical white socks were pinned in a vertical array. As with the studies of horizontal options, participants showed a preference for the ones in the middle. In another study, 71% selected the middle chair from a row of three chairs. Whether people were choosing a product from a grocery shelf, deciding which bathroom stall to use, or marking a box on a questionnaire, they avoided the ends and tended to make their selection from the middle.

The fact that our attention is consistently drawn to the center draws attention to . . . how we pay attention. The Torah often reveals how G-d uses supernatural signs to get people to pay attention to Him. In Exodus, Moses notices a burning bush that is not consumed by the fire. G-d speaks to Moses out of the burning bush once he pays attention to what is occurring. However, our daily lives are filled with frequent 'small miracles'. In our daily prayers we thank G-d for "Your miracles which are with us daily, and for Your continual wonders and kindnesses." Because we become accustomed to life and nature, we rarely see the levers and pulleys of the small and hidden miracles that surround us. G-d is certainly with us and speaks to us. We need only to open our eyes and . . . pay attention.

Quote of the Week

A lie gets halfway around the world before the truth has a chance to get its pants on. -- *Sir Winston Churchill* (1874-1965)

Joke of the Week

Izzy is sitting in synagogue one Shabbos morning when he falls asleep and starts to snore. The synagogue *gabbai* (assistant) quickly comes over to him, taps him softly on his shoulder and says, "Please stop your snoring, Izzy, you're disturbing the others in the shul."

"Now look here," says Izzy, "I always pay my membership in full, so I feel I have a right to do whatever I want." "Yes, I agree," replies the *gabbai*, "but your snoring is keeping everybody else awake."

The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, at 12:00 noon. The bulletin is printed <u>first thing</u> every Thursday morning.

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MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

This Week At a Glance	Shabbos July 12	Sunday July 13	Monday July 14	Tuesday July 15	Wed. July 16	Thurs. July 17	Friday July 18	Shabbos July 19
Shachris	9:00 am	8:00 am	7:00 am	6:45 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:50 pm	7:00 pm	7:00 pm	7:55 pm	7:00 pm	7:00 pm	7:00 pm	7:50 pm
Events – see times in Event Planner Box	Kiddush & Lunch in honor of Eliana Brook becoming a Bat Mitzvah!	"Learn to Lead Davening" with Dr.Ethan Schuman, 9:00 am; "Transformational Teachings from Chassidut" with Rabbi Yosef Landa, 10:00 am	BUY CASH CARDS!	Fast of Tammuz The 3-Weeks Begin!	Rabbi Smason's Lunch & Learn, 12:15-1:00 pm "Chassidic Insights Into the Weekly Parsha", 7:30 pm	BUY CASH CARDS!	Erev Shabbos	Synaplex: One Guest Speaker ~ U.S. Senator James Talent! Kiddush & Lunch in honor of July Birth- days & Anniver- saries!

NHBZ Event Planner (Check "Coming Events" for time, date or location changes.) Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

WEEKLY at NHBZ

SHABBOS

- Child Care (10:00 am Noon) kids 3 & under in the Children's Room
- Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Chapel
- Shabbos Tanach (Bible) Study Group (45 minutes before Mincha)

SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler, of Aish HaTorah
- "Learn to Lead Davening" (9:00 am) with Dr. Ethan Schuman after morning minyan
- "Transformational Teachings from the World of Chassidut" (10:00 am) with Rabbi Yosef Landa. No class June 29. Classes continue July 13 & 20.
- "Mystical Moments" with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

MONDAY

- Women's Tefila Class (2nd & 4th Mondays) 3:15 pm with Rabbi Smason at NHBZ (Next class: *This coming Monday, July 14*.)

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm)
 Studying Pirkei Avos. <u>July 16, with Rabbi Soroka,</u> <u>"Jewish Ethics"</u>
- "Chassidic Insights into the Weekly Parsha" (7:30 pm, after Minyan) Rabbi (Chaplain, Major) Avraham Cohen.

MONTHLY at NHBZ

- Irvin Alper Social Club (First Sunday)
- Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm) at NHBZ
- Dine-In Pizza Night (Last Sunday 5:00 7:00 pm)
 Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 pm.
- Sisterhood (Third Tuesday)
- RAP with the RABBI will resume in the fall.

NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn