



# NHBZ Shabbos Bulletin

*Welcome to Nusach Hari B'nai Zion*

Affiliated with Union of Orthodox Congregations of America

Shabbos

July 18, 2015  
2 Av 5775

Torah Portion:  
Haftorah:

Parshas Matos-Masei: Numbers 30:2 – 36:13  
Jeremiah 2:4-28; 4:1-2

Stone Chumash pages 900-935  
Stone Chumash pages 1193-1194

*Candle Lighting ~ 8:06 p.m.*

*Shabbos Concludes ~ 9:08 p.m.*

## Our Generous Sponsor This Shabbos . . .

*~ Thank You to "A Friend of Boris Yasinev" for sponsoring this Shabbos Bulletin in honor of Boris' Birthday!!!  
Happy Birthday Boris!!!!*

## Shabbat Shalom!

**Erev Shabbos, Friday Night, July 17, 2015**

- **Mincha & Ma'ariv** (7:00 pm)

**Shabbos, July 18, 2015**

- **Shachris & Musaf** (8:30 a.m.) ~ *Thank You For Leading Davening*
  - Pesukei D'Zimra: **Howard Sandler**
  - Shacharis: **Dr. Ethan Schuman**
  - Leyning: **Michael Shapiro**
  - Haftorah: **Dr. Arnold Tropp**
  - Drasha (Sermon): **No Drasha Today**
  - Musaf: **Dr. Ethan Schuman**
- **Tefillah/Prayer Learners' Service ~ Rabbi Yosef David** is on Summer Break, returning in late August.
- **Learners' Service ~** (10:00 am) Led by **Rabbi Ze'ev Smason** in the Rivkin Chapel.
- **Kiddush, Lunch n' Learn & Synaplex ~** (After Musaf) ~ Lunch & Learn celebrating July Birthdays and Wedding Anniversaries, and continuing the Ari Weekend! Children's Programming: 10:00 a.m.; Learners' Service at 10:00 a.m. in the Rivkin Chapel, led by **Rabbi Ze'ev Smason**. Break out Synaplex Sessions begin at 11:15 a.m. followed by lunch. Synaplex speakers and topics: **Rabbi Ze'ev Smason**: "10 Things Parents Can Do To Bring Judaism Alive for Kids." **Chief Richard F. Knox**, Olivette Chief of Police: "Ferguson - One Year Later: The Impact on Police and Community Relations." **Rabbi Hershey Novack** of Chabad on Campus: "Secret Insights of the Borders & Boundaries of the Ari."
- **Pre-Mincha Class ~** (7:00 pm) **Rabbi Yitzchok Kowalsky**, of the St. Louis Kollel, will speak on the topic, "Preparing For Moshiach."
- **Mincha, Shalosh Seudos, Ma'ariv ~** (7:45 pm) Thanks to **Esther Levine** for sponsoring Shalosh Seudos today in memory of her beloved husband **Ben Mayer**, ז"ל.
- **During Shalosh Seudos ~ Rabbi Kowalsky** will speak on the topic, "Gimme Shelter: The Cities of Refuge."
- **Monument Dedication ~** The monument dedication for **Allen Sabol**, ז"ל, beloved father of **Leslie Sabol**, will be held Tomorrow ~ Sunday, July 19<sup>th</sup>, 10:00 a.m., at Chesed Shel Emes Cemetery on Olive and Hanley. Rabbi Menachem Greenblatt will officiate.

## MORE NHBZ EVENTS THIS WEEKEND . . .

- **Sunday, July 19, 11:00 am ~ SISTERHOOD RALLY!!!** *Sisterhood: "The Solidarity and Bonding of Women, Based on Shared Experiences, Concerns and Religion!"* See attached flyer for details!
- **Sunday, July 19 ~ All-You-Can-Eat Pizza Buffet ~** 5:00 to 7:00 p.m. **(The last Sunday of the month, July 26, is Tisha B'Av – THE FAST OF AV. Credit Card Payments Accepted!!!)** Bring your family and friends to enjoy a delicious dinner of pizza, pasta, salad and garlic bread, dessert and beverage! Reservations are not needed - just show up, eat to your heart's content, have fun schmoozing and have a

great time!!! Plus a movie for the kids every month!!!! **Are you new to NHBZ, looking to meet more members...sign up to help on our Pizza Buffet Line! It's a great way for everyone to say "Hi."** (Please place carry-out orders by 10:00 a.m. on Sunday morning, July 19, 314-991-2100, ext. 2. Pick up time for carry out pizzas is between 4:30 and 4:45 p.m.)

## **SIMCHAS**

**MAZEL TOV ON YOUR SIMCHAS** July 18-24. **Happy Birthday to Jeremy Brenner** (July 14), **Larry Freistein, Kurt Kahn, Sandy Kahn, Esther Kalina, Jennifer Levy, Stephanie Starr, and Sylvia Tessler! Happy Anniversary to Moshe & Louise Givon!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Pack of Cards.

*Please be sure to read Rabbi Smason's Beyond Twelve Gates in this Bulletin:  
"Will the Real Elizabeth Gallagher Please Stande Up?"*

## **THE THREE WEEKS!!!**

**The Three Weeks** ~ The days between Shiva Asar B'Tammuz, the 17<sup>th</sup> day of Tammuz, The Fast of Tammuz, and the 9<sup>th</sup> of Av, *Tisha B'Av*, are times of sadness for our people because they commemorate events which led to the destruction of our First and Second Temples in Jerusalem. We act as semi-mourners — we do not have weddings, attend concerts, get haircuts, or buy new clothes (unless needed for immediate use). For a list of observances - see the *Kitzur Shulchan Aruch*, Chapters 122-124.

**The Nine Days** ~ The Nine Days are observed from the 1<sup>st</sup> of Av (Friday, July 17), through the 9<sup>th</sup> of Av (Sunday, July 26). In addition to acting as semi-mourners, we do not eat meat or drink wine, except for Shabbos.

**Motzai Shabbos, July 25 ~ Tisha B'Av (The Fast of Av)** ~ Mincha services on Saturday evening, July 25, will be at 7:00 p.m. The fast will begin at 8:18 p.m. Maariv will begin at 9:05 p.m. Services will conclude at about 10:00 p.m.

**Sunday, July 26 ~ Tisha B'Av Day** ~ Morning services on Sunday, July 26, will begin at 8:00 a.m. Tallis & Tephillin are **not** worn at Shacharis. Selected Kinos will be recited. We **will** wear tallis & tephillin at Mincha, on Sunday evening, July 26, at 7:45 p.m. The Torah is read and Haftarah will be recited. The fast concludes Sunday night at 9:01 p.m. If you are in good health, it is a mitzvah to fast on Tisha B'Av.

**Sunday, July 26** ~ The Holocaust Museum & Learning Center will commemorate Tisha B'Av, Sunday, July 26, 2:00 p.m. at the J.Fed. Kopolow Building, with the screening of "*Nicholas Winton. The Power of Good*," a 2002 documentary. The film tells the inspiring story of Nicholas Winton, whose heroic actions in 1938 led to a rescue operation that saved over 650 Jewish children (running time 64 minutes). **Rabbi Ze'ev Smason** will lead a discussion following the screening. This program is free of charge and open to the public although reservations are appreciated. For information or to RSVP please call 442-3711 or email [agoldfeder@jfedstl.org](mailto:agoldfeder@jfedstl.org).

**When You Need Rabbi Smason** ~ When you or a loved one becomes ill, and is hospitalized, please have a family member or friend contact Rabbi Smason on his cell phone as soon as possible . . . 314-749-5271.

**Mi Shebarach List** ~ Prayers said for a *Refuah Shelayma* (Speedy Recovery) for your loved ones and friends. Please call 314-991-2100, ext. 2, by 10 a.m. Friday mornings to include the names on our list to be read on Shabbos.

## **Shul News . . .**

- **New Torah Mantles and Paroches (Ark Cover) for the High Holidays!** *The weeks have slipped away quickly!* **THE DEADLINE TO PLACE YOUR ORDER IS THIS MONDAY, JULY 20<sup>th</sup>!!!**

We need some new white Torah Mantles, and a new white Paroches, for the High Holidays! It has been decades since we have had new, beautiful, white Mantles to adorn our Sifrei Torahs for the month of holidays that are soon approaching -- Rosh Hashana, Yom Kippur, Sukkos and Simchas Torah. All of our thirteen mantles are threadbare and yellowed with age; they are definitely not up to the standard and quality we expect and demand for our precious Torahs. This is an opportunity to dedicate a High Holiday Mantle, or the new Paroches, in memory of, or in honor of, someone near and dear to you. Please speak with **Menachem Szus** if you would like to dedicate a Mantle for \$5,400.00, or the new *Paroches* (curtain covering the Holy Ark) for \$18,000.00. The company will ship the Mantles and Paroches, embroidered with your heartfelt message, within 5-6 weeks of receiving an order. Erev Rosh Hashana is Sunday, Sept. 13<sup>th</sup>. Please call Menachem, 314-629-8741. The name of your loved one, with your special message, will be lovingly displayed on all the Yomim Noraim far into the future of our shul. A "Big Thank You" to **Dr. Susan Feigenbaum and Dr. Jay Pepose, Mr. Leo Bressler**, and to **Bruce & Faith Waxman** who will be dedicating new Torah Mantles for the High Holidays. **Do YOU have someone you would like to honor?**

- **Tuesday, July 28** ~ Executive Committee Meeting. ***Mincha & Ma'ariv at 7:00 pm, Meeting, 7:35 pm.***
- **The NHBZ Women's Emergency Tehillim Circle** ~ The following women have made the commitment to be "on call" to say Tehillim for individuals whenever an **emergency** situation occurs at Nusach Hari B'nai Zion: **Julie Eisenberg**, Chairperson, **Sandie Abrams, Debbie Barash, Shirley Bluestein, Marcie Brook, Linda Carton, Teree Farbstein, Dr. Susan Feigenbaum, Mimi Fiszal, Rhonnie Goldfader, Joyce Hochberg, Sandy Kahn, Joni Kaiser, Sandy Klarfeld, Sarah Klein, Svetlana Kogan, Lori Laird, Cindy Looney, Phyllis Loiterstein, Beverly Magency, Marcela Morgensztern, Laura Rader, Nancy (Belau) Rush, Mimi Sabol, Dr. Shayna Scribner, Peggy Umansky, and Mindy Woolf.** We say the prayers at home. Please call **Julie Eisenberg**, 314-695-5615, or **Sandie Abrams**, 314-991-2100, ext. 2., if you would like to participate. We will ask you to provide your phone number(s) and email address so we can get word to you as soon as an emergency arises.

**IMPORTANT NOTE:** This **NHBZ EMERGENCY Tehillim Circle** is separate from the ongoing Tehillim we are saying for our dear friend Michelle Mufson. Although some of the women listed above are part of both groups, the Emergency Circle truly stands "on call" and ready to act immediately, within the special circumstances of the Emergency element of this group. As soon as Rabbi Smason learns of a critical, **emergency situation in our shul**, he will alert Julie Eisenberg, give her the name of the person in crisis, and emails will go out immediately so we can begin saying Tehillim.

## **In The Community . . .**

- **Millstone Campus Men's Mikvah** ~ Due to the long-awaited improvements being made to the Millstone Campus mikvahs, the men's mikvah will not be available for use on Erev Shabbos for the next several weeks, until further notice.
- **Mon-Tues-Wed, July 20-21-22** ~ Eishes Chayil of the St. Louis Kollel presents its Annual Women's Yarchei Kallah. Mrs. Sara Aliza Scheinberg will lead "three days of inspirational learning" preceding Tisha B'Av. Her topic: "Miriam, Aharon & Moshe: Siblings, Leaders, and Our Nation's Icons." Studying the life story and legacy of the greatest family of all time, at Young Israel, 10:30 a.m. to 12:00 noon each day; \$30.00 for all three classes, \$10.00 per class. For Details and to Sign Up: [http://www.donorperfect.com/sign\\_up\\_for\\_yarchei\\_kallah](http://www.donorperfect.com/sign_up_for_yarchei_kallah).
- **A Call for Help from the Jewish Food Pantry** ~ The Jewish Food Pantry is in desperate need of volunteers. The amount of food they are receiving is growing, but the number of people to organize all of the donations is NOT keeping up! To help or for questions, call **Julie Eisenberg** at 314-494-8437.
- **Thursday, August 13 ~ First Class in New Series** ~ Join us to learn how the message of Tehillim (Psalms) can transform your life. "*Growth Through Tehillim*," a new class series, led by Rabbi Ze'ev Smason, on Thursdays, August 13, 20, 27, and September 3, 7:30 p.m., at Nusach Hari B'nai Zion.
- **Women's Community Tehillim Group** ~ Will meet this Sunday, July 19, at 9:15 a.m., at the home of Pat Harris-Fogel 948 Blackberry Place. If you cannot participate in person, please call 314-727-2811. The

following Sunday, [July 26](#), Tehillim will return to Jan Adelman's home, 8032 Amherst Ave, (314) 863-5438, to say Tehillim in the *zechus* (merit) of a *refuah shelayma* (full & speedy recovery) for the *cholim* (the ill people) in our community. The Tehillim hotline for names and updates: 314-441-6460. If you have questions, please call [Julie Eisenberg](#) at 314-494-8437.

- **Tomchei Shabbos On-Going FOOD DRIVE!!** *Tomchei Shabbos* (Supporters of the Sabbath) is maintained through contributions of food and money, and was established by the Vaad Hoer, which discreetly provides families in our community with Shabbos & Yom Tov meals. Bring a bag of non-perishables to our office or, for home pick-up, please call [Sally Needle](#), 314-991-2575. To make a donation go to [www.ovkosher.org](http://www.ovkosher.org).

*Welcome to Beyond Twelve Gates by Rabbi Ze'ev Smason  
Parshas Matos-Masei July 18, 2015*

*“Will the Real Elizabeth Gallagher Please Stande Up?”*

Jordan Axani, 28, of Toronto, and his then girlfriend, named Elizabeth Gallagher, booked heavily discounted round-the-world air tickets in May 2014. When their relationship ended shortly thereafter, Jordan didn't want her ticket to go to waste. The ticket had a strict no-transfer policy, but since passport information was not required when booking, it could be used by any Canadian named Elizabeth Gallagher. So Jordan posted an offer for an 'Elizabeth Gallagher' in November on a social media website, and received 18 emails from actual Elizabeth Gallaghers with Canadian passports. His travel-mate choice: Elizabeth Quinn Gallagher, a 23-year-old student and part-time office administrator from Nova Scotia. Jordan promised to be on his best behavior with the new Elizabeth Gallagher. "It's strictly a platonic trip. It's going to be great," he said.

When the story became public, Marriott International offered to put Jordan and Elizabeth up in separate rooms during their trip. How was the trip? In January, Jordan and the woman with his former girlfriend's name returned from their whirlwind trip, which he called "a life changing experience." In three weeks, the pair traveled to Milan, Vienna, Prague, Paris, southern Thailand, Bangkok then Delhi, India, and Hong Kong before returning to North America. "While traveling with a complete stranger may seem like an odd idea to many, (Elizabeth) Quinn and I had an incredible experience on our trip around the world," Jordan said. The two say there wasn't any romance on the trip, but they plan to stay in touch. A headline in the Toronto Star read, "Elizabeth Gallagher back in boyfriend's arms after round-the-world trip."

Anna Smashnova was a professional Israeli tennis player, Layne Beachley is a seven-time champion surfer, Derek Kickett was an Australian Rules footballer, Stephen Rowbotham was an Olympic rower for Britian, and Usain Bolt is the fastest man in the world. The Talmud says that parents receive a glimmer of divine inspiration when they give their child a Jewish name. What's in a name? Plenty! Just ask Elizabeth Gallagher.

*Parshas Matos -- Masei Numbers 30:2 - 36:13*

In the first of this week's two action-packed portions, Moses teaches the rules and restrictions governing oaths and vows. Promises are serious business. When we say that we plan to do something -- even something as simple as, 'I'll call you later' -- we're bound by our words. Anticipating entrance into the land of Israel, the tribes of Gad and Reuben petition Moses to remain on the eastern side of the Jordan River because that land is particularly suitable for grazing their cattle. Moses, not wanting to 'steer' Gad and Reuben wrong, grants their request on the condition that they first help the rest of the nation in conquering the entire land of Israel before returning to settle their inheritance.

Masei (a word that means 'journeys') begins with a listing of the 42 encampments of the Jewish people's 40 year journey from the Exodus until the crossing of the Jordan River into the Land of Israel. The boundaries of the Land of Israel are defined. Since the Levites would not be receiving a regular portion of the land, 48 cities are set aside for them. Cities of refuge are established; one who unintentionally murders can flee there. So ends the book of Numbers, the fourth of the Books of the Torah. Next week -- on to Deuteronomy!

## *Rabbinic Ruminations*

A thief struck by misfortune since stealing two artifacts 20 years ago has returned them along with an appeal to others to refrain from plundering antiquities, the Israel Antiquities Authority (IAA) said Monday. A typed note attached to the bag by an anonymous individual read: "These are two Roman ballista balls from Gamla .... I stole them in July 1995 and since then they have brought me nothing but trouble. Please, do not steal antiquities!" Dr. Danny Syon of the IAA, said, "Almost 2,000 such stones were found during the archaeological excavations in the Gamla Nature Reserve .... The Romans shot these stones at the defenders of the city in order to keep them away from the wall, and in that way they could approach the wall and break it with a battering ram. The stones were manually chiseled on site by soldiers or prisoners," he explained.

This is not the first time antiquities robbers in Israel have shown remorse for their theft or unauthorized possession of artifacts. In the past, a 2,000 year old Jewish coffin was returned to the Unit for the Prevention of Antiquities Robbery. It had been kept in the bedroom of a Tel Aviv resident until he realized the morbid meaning of the find. In another case, a Christian clergyman from the state of New York asked for forgiveness for a member of his congregation whose conscience was tormented by the fact he took a stone from Jerusalem more than a decade earlier. The stone was returned to the National Treasures. He wrote, "The fellow confessed to me that twelve years ago he took a stone from Jerusalem and his conscience has bothered him ever since. I wish to return the stone to Israel and hope that you will forgive the man for his transgression."

There are consequences to our actions, both as individuals and as communities. The Torah is clear that G-d interacts with humanity using the principle of *middah ke-neged middah* -- measure-for-measure. Or as people say 'What goes around, comes around.' But there's good news: It's never too late to seek forgiveness. The door remains open to rectify our mistakes -- be they having improperly treated another person, or pocketing an antiquity.

## *Quote of the Week*

Education is not the filling of a pail, but the lighting of a fire -- **William Butler Yates**, Irish Poet, 1865-1939

## **Joke of the Week**

During a "Generation Gap" argument with his parents, 17 year-old Michael cried out, "I want excitement, adventure, money, and attractive women. I'll never find those here at home, so I'm leaving. Don't try to stop me!"

With that, he headed toward the door. His father rose and followed close behind.

"Dad, didn't you hear what I said? Please don't try to stop me."

"Who's trying to stop you?" replied the father. "I'm going with you!"

### ***Important Note About New Memorial Plaques***

***To receive new Memorial Plaques for:  
Yom Kippur (Sept. 23 - Yizkor)  
Shemini Atzeres (Oct. 5 - Yizkor)***

***We must receive your order by:  
July 21, 2015  
August 3, 2015***

# MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

<b>This Week At a Glance</b>	<b>Shabbos July 18</b>	<b>Sunday July 19</b>	<b>Monday July 20</b>	<b>Tuesday July 21</b>	<b>Wed. July 22</b>	<b>Thurs. July 23</b>	<b>Friday July 24</b>	<b>Shabbos July 25</b>
Shachris	8:30 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:45 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm

## NHBZ Event Planner

**(Check “Shul News . . .” for time, date or location changes.)**

**Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.**

**All events will be at NHBZ unless otherwise noted.**

### WEEKLY at NHBZ

#### SHABBOS

- Tefillah Class (9:30 am) led by Rabbi Yosef David in the Rivkin Chapel. **(On Summer Break!)**
- Child Care (10:00 am – Noon) for kids 3 & under in the Children’s Room.
- Learners Service (10:15 am) led by Rabbi Ze’ev Smason in the Rivkin Chapel.
- Shabbos Tanach (Bible) (One hour before Mincha)

#### SUNDAY

- Mishna Learning (after Shacharis) with Rabbi Chanan Swidler, of Aish HaTorah
- “Mystical Moments” with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel

#### MONDAY

- Mah Jongg (Mondays, 4-6:00 pm) NHBZ Lower Level. Proceeds benefit The NHBZ Chesed Fund.

#### WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos

### SEMI-MONTHLY at NHBZ

- Women’s Tefillah Class (2<sup>nd</sup> & 4<sup>th</sup> Mondays) 3:15 pm with Rabbi Smason at NHBZ. **(On Summer Break!)**

### MONTHLY at NHBZ

- Irvin Alper Social Club (First Sunday) 5:00 pm.
- Mussar Mondays (First Monday) 7:00-7:45 pm. at the home of Richard & Mindy Woolf.
- Women’s Home Study Group (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin. **(On Summer Break!)**
- Morris Lenga Yiddish Club (First Thursday) 7:30 pm at NHBZ.
- Sisterhood (Third Tuesday)
- Dine-In Pizza Night (Last Sunday) 5:00 – 7:00 pm Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 – 4:45 pm.

### NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn

***The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, NO LATER THAN 12:00 noon, please. That will allow the time needed to make changes. The bulletin is printed first thing every Thursday morning.***