



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

Shabbos

July 25, 2015
9 Av 5775

Torah Portion:
Haftorah:

Parshas Devarim: Deuteronomy 1:1 – 3:11
Isaiah 1:1-27

Stone Chumash pages 938-957
Stone Chumash pages 1195-1196

Candle Lighting ~ 8:01 p.m.

Shabbos Concludes ~ 9:03 p.m.

Our Generous Sponsor This Shabbos . . .

~ Thank You to **Rachael Pevnick** for sponsoring this Shabbos Bulletin in memory of her beloved husband **Ted Pevnick, ר"צ**, and to wish a Mazel Tov to her grandson **Brandon Pevnick**, son of **Larry & Robin Pevnick**, on his forthcoming marriage to **Emily Berman**, on August 2nd.

Shabbat Shalom!

Erev Shabbos, Friday Night, July 24, 2015

- **Mincha & Ma'ariv** (7:00 pm)

Shabbos, July 25, 2015

- **Shachris & Musaf** (9:00 a.m.) ~ *Thank You For Leading Davening*
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Menachem Szus**
 - Leyning: **Michael Shapiro**
 - Haftorah: **Michael Shapiro**
 - Drasha (Sermon): **Rabbi Ze'ev Smason**
 - Musaf: **Louis Goldman**
- **Tefillah/Prayer Learners' Service** ~ **Rabbi Yosef David** is on Summer Break, returning in late August.
- **Learners' Service** ~ (10:15 am) Led by **Rabbi Ze'ev Smason** in the Rivkin Chapel.
- **Kiddush** ~ (After Musaf)
- **Mincha** (6:00 pm); **No Shalosh Seudos at Shul; Ma'ariv** (9:25 pm)
- **Monument Dedication** ~ The Monument Dedication for **Ely Langfeld, ר"צ**, beloved father of **Margo Tzadok**, on August 2nd, 10:30 a.m. at Chevra Kadisha Cemetery, on North & South and Page.

SIMCHAS

MAZEL TOV ON YOUR SIMCHAS July 18-24. **Happy Birthday to Bertha Berman and Lorraine**

Cherrick! Happy Anniversary to Steve & Jill Starr! Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Pack of Cards.

Thanks For A Wonderful Ari Weekend ~ The Ari Weekend, last Friday Night and Shabbos, July 17 and 18, commemorated the yearzeit and celebrated the life of **Rabbi Isaac Luria**, "The Holy Ari", founder of Modern Kabbalah and author of "Nusach H'Ari," (the liturgy we daven at our shul). The weekend began with Friday Night Shabbos Dinner on July 17! A tremendous THANK YOU to **Julie Eisenberg**, chairperson and head chef, for another fabulous and delectable dinner. Thanks to Julie's helpers: **Steve Eisenberg, Elise Goldberg, Rhonnie Goldfader, Jennifer Hartranft, Joni Kaiser, Cindy Looney, Boris Yasinev, Vivian Zarkowksy and, of course, Allan Swan and Teresa Carter!** And, thank you to our guest speaker **Joey Rosenfeld**.

*Please be sure to read Rabbi Smason's Beyond Twelve Gates in this Bulletin:
"Brendan's Mystery Tipper!"*

THE THREE WEEKS!!!

The Three Weeks ~ The days between Shiva Asar B'Tammuz, the 17th day of Tammuz, The Fast of Tammuz, and the 9th of Av, *Tisha B'Av*, are times of sadness for our people because they commemorate events which led to the destruction of our First and Second Temples in Jerusalem. We act as semi-mourners — we do not have weddings, attend concerts, get haircuts, or buy new clothes (unless needed for immediate use). For a list of observances - see the Kitzur Shulchan Aruch, Chapters 122-124.

The Nine Days ~ The Nine Days are observed from the 1st of Av (Friday, July 17), through the 9th of Av (Sunday, July 26). In addition to acting as semi-mourners, we do not eat meat or drink wine, except for Shabbos.

Motzai Shabbos, Tonight, July 25 ~ Tisha B'Av (The Fast of Av) ~ Mincha services begin this evening, at 6:00 p.m., which will allow everyone to return home to eat Shalosh Seudos (the Third Meal). Although Shabbos concludes at 9:03 p.m., the fast will begin at 8:18 p.m.; Maariv at 9:25 p.m., and services will conclude at about 10:15 p.m.

Tomorrow - Sunday, July 26 ~ Tisha B'Av Day ~ Morning services on Sunday, July 26, will begin at 8:00 a.m. Tallis & Tephillin are **not** worn at Shacharis. Selected Kinot will be recited. We **will** wear tallis & tephillin at Mincha, on Sunday evening, July 26, at 7:45 p.m. The Torah is read and Haftarah will be recited. The fast concludes Sunday night at 8:59 p.m. If you are in good health, it is a mitzvah to fast on Tisha B'Av.

Sunday, July 26 ~ The Holocaust Museum & Learning Center will commemorate Tisha B'Av, Sunday, July 26, 2:00 p.m. at the J.Fed. Kopolow Building, with the screening of "*Nicholas Winton: The Power of Good*," a 2002 documentary. The film tells the inspiring story of Nicholas Winton, whose heroic actions in 1938 led to a rescue operation that saved over 650 Jewish children (running time 64 minutes). **Rabbi Ze'ev Smason** will lead a discussion following the screening. This program is free of charge and open to the public although reservations are appreciated. For information or to RSVP please call 442-3711 or email agoldfeder@jfedstl.org.

When You Need Rabbi Smason ~ When you or a loved one becomes ill, and is hospitalized, please have a family member or friend contact Rabbi Smason on his cell phone as soon as possible . . . 314-749-5271.

Mi Shebarach List ~ Prayers said for a *Refuah Shelayma* (Speedy Recovery) for your loved ones and friends. Please call 314-991-2100, ext. 2, by 10 a.m. Friday mornings to include the names on our list to be read on Shabbos.

Shul News . . .

- **New Torah Mantles and Paroches (Ark Cover) for the High Holidays!** A "Big Thank You" to **Mr. Leo Bressler, Dr. Faye Cohen and Brian McCary, Dr. Susan Feigenbaum and Dr. Jay Pepose**, and **Bruce & Faith Waxman** who will be dedicating new Torah Mantles for the High Holidays.
- **Mazel Tov To New Sisterhood Officers!** At the Sisterhood meeting on Sunday, July 19th, attended by 30 enthusiastic women, a new slate of officers was elected. Mazel Tov to **Linda Carton**, President, **Dr. Susan (Shayna) Scribner**, Vice-President, **Phyllis Silverman**, Vice-President (Tributes), **Sally Katz**, Recording Secretary, **Fran Alper**, Corresponding Secretary, **Dr. Susan Feigenbaum**, Treasurer, **Rachael Pevnick**, Advisor. If you aren't currently a member of our NHBZ Sisterhood, WHAT ARE YOU WAITING FOR?!!! We invite you to join us at this exciting time and be part of our growth!!!
- **Tuesday, July 28** ~ Executive Committee Meeting. **Mincha & Ma'ariv at 7:00 pm, Meeting, 7:35 pm.**
- **Friday, July 31** ~ Planning to go on the NHBZ Trip to Israel? – **IMPORTANT NOTE: Deposits are due on or before Friday, July 31st!!!**
- **Thursday, August 13 ~ First Class in New Series** ~ Join us to learn how the message of Tehillim (Psalms) can transform your life. "*Growth Through Tehillim*," a new class series, led by Rabbi Ze'ev Smason, on Thursdays, August 13, 20, 27, and September 3, 7:30 p.m., at Nusach Hari B'nai Zion.
- **The NHBZ Women's Emergency Tehillim Circle** ~ The following women have made the commitment to be "on call" to say Tehillim for individuals whenever an **emergency** situation occurs at Nusach Hari B'nai Zion: **Julie Eisenberg**, Chairperson, **Sandie Abrams**, **Debbie Barash**, **Shirley Bluestein**, **Marcie**

Brook, Linda Carton, Teree Farbstein, Dr. Susan Feigenbaum, Mimi Fiszal, Rhonnie Goldfader, Joyce Hochberg, Sandy Kahn, Joni Kaiser, Sandy Klarfeld, Sarah Klein, Svetlana Kogan, Lori Laird, Cindy Looney, Phyllis Loiterstein, Beverly Magency, Marcela Morgensztern, Laura Rader, Nancy (Belau) Rush, Mimi Sabol, Dr. Shayna Scribner, Peggy Umansky, and Mindy Woolf. We say the prayers at home. Please call **Julie Eisenberg**, 314-695-5615, or **Sandie Abrams**, 314-991-2100, ext. 2., if you would like to participate. We will ask you to provide your phone number(s) and email address so we can get word to you as soon as an emergency arises.

IMPORTANT NOTE: This **NHBZ EMERGENCY Tehillim Circle** is separate from the ongoing Tehillim we are saying for our dear friend Michelle Mufson. Although some of the women listed above are part of both groups, the Emergency Circle truly stands "on call" and ready to act immediately, within the special circumstances of the Emergency element of this group. As soon as Rabbi Smason learns of a critical, **emergency situation in our shul**, he will alert Julie Eisenberg, give her the name of the person in crisis, and emails will go out immediately so we can begin saying Tehillim.

In The Community . . .

- **Millstone Campus Men's Mikvah** ~ Due to the long-awaited improvements being made to the Millstone Campus mikvahs, the men's mikvah will not be available for use on Erev Shabbos for the next several weeks, until further notice.
- **Wednesday, July 29** ~ Enjoy a Ladies' Night Out & a Taste of Summer! Join us for a Cooking Demonstration and Tasting with Dini Klein of NY-based personal chef service Dini Delivers! Wednesday, July 29 at 6:30 p.m., 7918 Gannon, 63130; \$30 per person, paid in advance. RSVP to FHA@eha.org. Limited space, respond early!!!
- **A Call for Help from the Jewish Food Pantry** ~ The Jewish Food Pantry is in desperate need of volunteers. The amount of food they are receiving is growing, but the number of people to organize all of the donations is NOT keeping up! To help or for questions, call **Julie Eisenberg** at 314-494-8437.
- **Women's Community Tehillim Group** ~ Meets each Sunday at 9:15 a.m., at the home of Jan Adelman, 8032 Amherst Ave, 314-863-5438, to say Tehillim in the *zchus* (merit) of a *refuah shelayma* (full & speedy recovery) for the *cholim* (the ill people) in our community. The Tehillim hotline for names and updates: 314-441-6460. If you have questions, please call **Julie Eisenberg** at 314-494-8437.
- **Tomchei Shabbos On-Going FOOD DRIVE!!** *Tomchei Shabbos* (Supporters of the Sabbath) is maintained through contributions of food and money, and was established by the Vaad Hoer, which discreetly provides families in our community with Shabbos & Yom Tov meals. Bring a bag of non-perishables to our office or, for home pick-up, please call **Sally Needle**, 314-991-2575. To make a donation go to www.ovkosher.org.

Welcome to Beyond Twelve Gates by Rabbi Ze'ev Smason

Parshas Devarim July 25, 2015

"Brendan's Mystery Tipper!"

A slow night at an Illinois restaurant turned out to be full of surprises for one 19-year-old waiter. Brendan Motil had been chatting with a customer about life at the Smokey Barque BBQ in Frankfort, where he had just recently started to work. The customer apparently appreciated the service. Though the bill was \$20.31, Brendan's jaw dropped when he saw the tip the man had left behind -- a staggering \$1,000. "I was in shock," the teenager said. "I tried to go out there and he was gone."

In a note written on the back of the receipt, the mystery tipper wrote, "Thanks for your kind service! You're doing a great job as a server. I'm not sure what your hopes and dreams are in this life, but I hope this tip helps." He went on to add, "My hope is that people [are] more peaceful to each other. The world can be so negative and violent, [so] I commit random acts of kindness to let others know there can be another way. Peace be with you brother." Brendan said he will use the money for college, where he plans to pursue a career in accounting.

In Ethics of the Fathers (2:13) Rabbi Elazar ben Arach stated that having a *lev tov* -- a good heart -- is the best character trait a person can have. A good heart is reflected by how we treat others. At times in this world,

kindness seems to be in short supply. Acts of kindness -- like that of Brendan Motil's mystery tipper -- reflect the compassion and kindness of the Almighty.

Parshas Devarim -- Deuteronomy 1:1 - 3:11

This week we begin the fifth and final book of the Torah, Deuteronomy. This book is also called Mishna Torah, "Repetition of the Torah" - thus the Greek title 'Deuteronomy.' Its contents were spoken by Moses to the Jewish people during the final five weeks of his life as the people prepared to cross the Jordan River into the land of Israel. A central theme of Deuteronomy is Moses' review of the mitzvos, and his emphasis on the change of lifestyle the Jewish people were to undergo. The transition was to be made from a supernatural existence in the desert to a natural life to be experienced in the Land of Israel. The portion begins with Moses' veiled rebuke in which he makes reference to the many sins and rebellions of the past forty years. Moses spends significant time discussing the failed mission of the spies; ten of the twelve men sent to scout out the land returned with a bad report, resulting in the entire nation wandering in the desert for forty years. Moses later discusses the Children of Israel's conquest on the eastern bank of the Jordan River. This Torah portion concludes with words of encouragement for Moses' successor, Joshua.

Rabbinic Ruminations

Is the road to success a sprint -- or a marathon? The idea of overnight success may be a prevalent cultural myth that keeps us from understanding that success is less of a quick hit and more of a long haul. All too often we may attribute the success of people to their natural ability, or think of their good fortune as an extension of a "G-d-given" talent or luck. But many believe that in doing so, we are gravely underestimating the role of good old-fashioned hard work.

In his book *The Dip*, Seth Godin writes, "We are seduced by the tales of actresses being discovered at the local drugstore, or a classmate who got a fantastic job just by showing up at the college placement office. We see an author hit the big time after just one appearance on Oprah or a rock band getting signed after submitting a demo—it all seems easy and exciting." Tory Burch, founder of the [Tory Burch Foundation](#), an organization dedicated to the economic empowerment of women and families, addressed the myth of the overnight success in her outstanding speech to the graduates at Babson College this past June. After appearing on Oprah in 2004, her website received over eight million hits and the media labeled her an overnight success. As she observes with a hint of irony, "I guess that made sense—if you didn't count the 20,000 hours we put into building the business up to that day, or the combined half a million hours we all spent learning the industry in the years before that."

The Jewish approach to achievement is represented by our calendar that follows the moon, a radiating orb that continuously waxes and wanes. When the moon is full, we can see its full brightness. But for half the month the light decreases until it disappears completely, and the only way to walk forward is through commitment and courage. Real success occurs in a winding maze that we have to light up through determination and perseverance. As King Solomon tells us, "A *tzaddik* (righteous person) falls seven times, and gets up" (Proverbs, 24:16). He's not great in spite of his falling; he is great because of his falling.

Quote of the Week

Money is a great servant but a bad master. — *Francis Bacon*

Joke of the Week

Saturday night (July 25) begins the observance of Tisha B'Av, the Jewish National Day of Mourning. Tisha B'Av is a full 24 hour fast, similar in that respect to Yom Kippur. Tisha B'Av is the saddest day on the Jewish calendar, commemorating the multiple tragedies that occurred to the Jewish people throughout our long history. Remarkably, the destruction of the first and second Holy Temples took place on Tisha B'Av itself. Tisha B'Av is preceded by the sad and introspective period known as 'The 9 Days'. During these days we minimize joy and laughter to better focus on the meaning of this period of time.

I have a great Joke of the Week to share with you . . . but in deference to the solemnity of the 9 Days and Tisha B'Av, I'll save it for next week.

MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

<i>This Week At a Glance</i>	Shabbos July 25	Sunday July 26	Monday July 27	Tuesday July 28	Wed. July 29	Thurs. July 30	Friday July 31	Shabbos August 1
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	6:00 pm	7:45 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:30 pm

NHBZ Event Planner

*(Check “**Shul News . . .**” for time, date or location changes.)*

Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.

All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- Tefillah Class (9:30 am) led by Rabbi Yosef David in the Rivkin Chapel. **(On Summer Break!)**
- Child Care (10:00 am – Noon) for kids 3 & under in the Children’s Room.
- Learners Service (10:15 am) led by Rabbi Ze’ev Smason in the Rivkin Chapel.
- Shabbos Tanach (Bible) (One hour before Mincha)

SUNDAY

- Mishna Learning (after Shacharis) with Rabbi Chanan Swidler, of Aish HaTorah
- “Mystical Moments” with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel

MONDAY

- Mah Jongg (Mondays, 4-6:00 pm) NHBZ Lower Level. Proceeds benefit The NHBZ Chesed Fund.

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos

SEMI-MONTHLY at NHBZ

- Women’s Tefillah Class (2nd & 4th Mondays) 3:15 pm with Rabbi Smason at NHBZ. **(On Summer Break!)**

MONTHLY at NHBZ

- Irvin Alper Social Club (First Sunday) 5:00 pm.
- Mussar Mondays (First Monday) 7:00-7:45 pm. at the home of Richard & Mindy Woolf.
- Women's Home Study Group (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin. **(On Summer Break!)**
- Morris Lenga Yiddish Club (First Thursday) 7:30 pm at NHBZ.
- Sisterhood (Third Tuesday)
- Dine-In Pizza Night (Last Sunday) 5:00 – 7:00 pm
Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 – 4:45 pm.

NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn

Important Note About New Memorial Plaques

*To receive new Memorial Plaques for: We must receive your order by:
Shemini Atzeres (Oct. 5 – Yizkor) August 3, 2015*

*The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, **NO LATER THAN 12:00 noon, please.** That will allow the time needed to make changes. The bulletin is printed **first thing every Thursday morning.***