



# NHBZ Shabbos Bulletin

*Welcome to Nusach Hari B'nai Zion*

Affiliated with Union of Orthodox Congregations of America

*Shabbos*

July 26, 2014

28 Tammuz 5774

**Torah Portion:**  
**Haftorah:**

**Parshas Masei: Numbers 33:1 – 36:13**  
**Jeremiah 2:4-28, 4:1-2**

**Stone Chumash pages 918-935**  
**Stone Chumash pages 1193-1194**

*Thanks to Dr. Craig & Jackie Berkin for sponsoring this Shabbos Bulletin to welcome their children and grandchildren Rabbi Heath & Devorah Berkin, Moshe Chaim, Benyomin and Leah, from Israel.*

## Erev Shabbos – Friday Night, July 25, 2014

- **Mincha & Ma'ariv** (7:00 pm)
- **Candle Lighting** (8:00 pm)

## Shabbos – July 26

- **Shachris & Musaf** (9:00 am) ~ *Thank You For Leading Davening*
  - Pesukei D'Zimra: **Howard Sandler**
  - Shacharis: **Dr. Ethan Schuman**
  - LeYning: **Moshe Leib Cohen**
  - Haftorah: **Moshe Chaim Berkin**
  - *Drasha* (Sermon): **Rabbi Ze'ev Smason**
  - Musaf: **Dr. Ethan Schuman**
- **Kiddush** ~ (After Musaf)
- **Shabbos Afternoon Class** ~ This afternoon, July 26, **Rabbi Yaakov Berkowitz**, of the St. Louis Kollel, will be teaching a class at 6:40 p.m. titled "*Understanding Exile*".
- **Mincha, Shalosh Seudos, Ma'ariv** (7:40 pm) Thanks to **Keith & Karen Zeff** for sponsoring Shalosh Seudos (The Third Meal) today in memory of beloved mother LaDona Miller, ז"ל. During *Shalosh Seudos*, **Rabbi Berkowitz** will address the topic of "*Escape From Exile*."
- **Shabbos Concludes** (9:02 pm)
- **Monument Dedication** ~ for **Merle Hartstein**, ז"ל, our dear friend, has been postponed due to the cancellation of flights from Israel, making it impossible for family members to make the trip.
- **Monument Dedication** ~ for **Edna Feit**, ז"ל, beloved mother of Denny Feit, Marty Feit, and Leslie Berger will take place tomorrow - Sunday, July 27, 11:00 A.M., Chesed Shel Emes Cemetery on White Road.
- **Monument Dedication** ~ for **Simon Kohn**, ז"ל, beloved father of Edyie, Lenny and Rosemary Kohn will take place tomorrow - Sunday, July 27, 4:00 p.m. at Beth Hamedrosh HaGodol Cemetery on Ladue Road.
- **The Three-Weeks** ~ The days between the 17th of Tammuz – The Fast of Tammuz (July 15) and the 9th of Av - *Tisha B'Av*, The Fast of Av. We act as semi-mourners — we do not have weddings, attend concerts, get haircuts, or buy new clothes (unless needed for immediate use).
- **The Nine-Days** ~ The Nine Days are observed from the 1<sup>st</sup> of Av (Monday, July 28) through the 9<sup>th</sup> of Av (August 5). The Fast of Av begins at 8:09 p.m. on Monday, August 4 and ends at 8:49 p.m. Tuesday, August 5. *Tisha B'Av* commemorates the destruction of the First and Second Temples in Jerusalem. In addition to acting as semi-mourners, we do not eat meat during these 9 days, except on Shabbos.

## Slices for Israeli Soldiers!

**A TREMENDOUS THANK YOU** to **DR. ETHAN & DEBBY SCHUMAN** for sharing this wonderful idea with us after they placed their own order!!! The response has been overwhelming from NHBZ members and friends in the community alike! Thanks to: **Bob & Sandie Abrams, Lenny & Fran Alper, Ruth Alper, Andy & Ellen Berg, Shelle Bernstein, Dr. Eldad & Danielle Bialecki, Bella Bloom, Sam & Shirley Bluestein, Jeremy & Lauren Brenner, Kenny & Barb Bressler, Marshall & Steffani Brockman, Gene & Linda Carton, Jerry & Frances**

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Cohen, Ross Davis, Talia de Malca, Michelle Dunski, Don & Julie Eisenberg, Tere Farbstein, Dr. Susan Feigenbaum & Dr. Jay Pepose, Lance & Debbie Finland, Debbie & David Friedman, Rabbi Larry & Shari Glestein, Stan & Rhonnie Goldfader, Wendy Goldberg, Aida Greenberg, Alan & Janet Haber, Debra & Marc Jacob, Bob & Joni Kaiser, Bill & Michelle Karabas, Dr. Eliot & Sally Katz, Lori, Nathan & Georgia Laird, Estelle Levin, Marty Levison, Howard & Phyllis Loiterstein, Cindy Looney, Ed & Jane Lyss, Mantinband/Ring Family, Jack & Joan Maram, Brian McCary & Dr. Faye Cohen, Ephraim & Michelle Mufson, Sally Needle, Rabbi Gidon & Pnina Nitsun, Teresa Padratzik, Rachael Pevnick, Mark Ragin & Gail Rose, JoAnn Raskas, Robin Rickerman, Brian & Kate Roskin, Libby Sorkin Routman, Jason & Nancy (Belau) Rush, Todd & Sarah Rush, MaryAnne & Andrew Sabin, Jeff & Irena Scheer, Bob & Rise Schnurman, Susan Schwartz, Barbara Shapiro, Rabbi Ze'ev & Chani Smason, Reuven & Margo Tzadok, Doug & Chana Ugent, Jay & Peggy Umansky, Bruce & Faith Waxman, Larry Weinberg, Mel Weinberg, Jennie & Anat Weingarten, Emy & Paul Whitson, Leslie Wolf, Corey & Evan Woolf, Richard & Mindy Woolf, Bert & Tzipporah Zakroff, Alan & Vivian Zarkowsky, Ed & Judy Ziegelman, and one Anonymous donor. Everyone responded generously as always. The pledges totaled an UN-believable **\$2,114.00!!!** Rich Woolf called in our NHBZ pizza order on Wednesday night, July 16<sup>th</sup>. There were three communities helped. The first was Sderot. The second was Ashkelon. However, because of the rockets and bombings in Ashkelon, the pizzeria wasn't able to make all the pizzas we needed, so we also ordered pizza from a pizzeria in Ashdod. All were delivered for lunch on Thursday, July 17<sup>th</sup>, to the soldiers on the front lines and to families in or near the bomb shelters in the areas. Another order was delivered to a group of 140 soldiers in Har Gilo for their advanced training as "Handasa Cravit" soldiers; that was an effort based out of Efrat. Many people have been asking if they can still help, so NHBZ will continue to coordinate this effort. If you or your friends want to contribute, please e-mail [woolfnhbz@yahoo.com](mailto:woolfnhbz@yahoo.com), and send a check payable to Nusach Hari B'nai Zion, 650 N. Price Road, St. Louis, MO 63132, earmarked for "Slices for Soldiers." Yasher Koach, Everyone!!!!

## **Message to Rabbi Smason from Rabbi Borow & Pearl**

*Dear Ze'ev,*

*Please convey our gratitude to the members of NHBZ for the very thoughtful contribution in memory of our dear great-grandson Elisha Boruch Tuviah Zimmerman. We hope, in the near future, to visit the shule & see the engraved brick with our Elisha Boruch Tuviah's name. I trust the members of the Shule join us in saying psalms for the safety of the soldiers in the IDF and our people in Israel from the rockets of the Hamas. We pray the Almighty will protect our people & bring Sholom quickly .*

*Aaron & Pearl Borow*

## **Meetings**

- **Executive Committee Meeting** ~ Due to the Solidarity Rally for Israel on July 29, with the Honorable Roey Giladat, the Consul General of Israel to the Midwest (details under News & Features), the Executive Committee Meeting has been postponed. New date to be announced.
- **Board of Directors Meeting** ~ Tuesday evening, August 12. Minyan is at 7:00 pm; Meeting at 7:30 pm.

## **School Supplies for Kids! Back to School Sales are ON!!!**

Help us make all kids feel good on the first day of school with the BRIGHT, SHINY, NEW school supplies they need and deserve!! 3-Ring-Binders - Paper - Crayons - Scissors - Glue & Glue Sticks - Pens - Pencils - Colored Pencils - Erasers - Sharpeners - Markers~Assorted Colors -Tape - Spiral Notebooks - Index Cards - Backpacks - Calculators - Boxes of Tissues - and the world of other school supplies you see. THE BACK TO SCHOOL SALES ARE ON!!! Please bring in the supplies or write a check to NHBZ or call Sandie to place a donation on your credit card, 314-991-2100, ext. 2. **Let's all make a great first-day of school for every kid!!! Deadline - August 15th.** Thanks for bringing supplies, so far, to: Alan & Janet Haber, Sarah Klein, NHBZ Sisterhood, Rachael Pevnick, and Menachem & Linda Szus.

# “What’s Up” at NHBZ?



## NHBZ Coming Events

- **Lion’s Den Pizza Night ~ All-You-Can-Eat Pizza Buffet ~ Tomorrow - Sunday, July 27, 5:00-7:00 p.m.** Bring your family and friends to enjoy a delicious dinner of pizza, salad, pasta and garlic bread!!! Reservations are not needed . . . just show up, eat to your heart’s content, have fun schmoozing, and have a great time! Plus an extra bonus ~ we have a movie for the kids every month!!!! (Please place carry-out orders by 10:00 a.m on Sunday morning, 314-991-2100, ext. 2. Pick up time for carry out pizzas is 4:30-4:45 p.m. before the start of our buffet.) **WE TAKE CREDIT CARD PAYMENTS!!!**
- **Ari Weekend** ~ Commemorating the yahrzeit and celebrating the life of Rabbi Isaac Luria, “The Holy Ari”, founder of modern Kabbalah and author of “Nusach H’Ari,” (the liturgy we daven at our shul). Thanks to Aryeh Needle who will daven Kabbalat Shabbat/Maariv for us, with Carlebach tunes for all to enjoy. **Friday evening, August 1:** An evening of soul-soaring music, and dinner for the whole family – Mincha at 6:15 pm outdoors on the **Kaiser Terrace, Kabbalat Shabbat** (Welcoming the Sabbath) at 6:30 pm, followed by a festive Shabbos dinner ~ with **grilled** chicken at the top of the menu: **RSVP DEADLINE: Tuesday, July 29, at 10:00 a.m.!!!** Call 314-991-2100, ext. 2; Adults \$18.00, Kids 5-10 \$10.00, Kids 4 & under FREE! **Shabbos morning, August 2:** Regular services 9:00 a.m., Children’s programming 10:00 a.m., Learner’s Service 10:15 p.m. led by **Rabbi Smason**, and Kiddush and Lunch ‘n’ Learn, at the conclusion of services, all free and open to the public, in honor of August Birthdays and Wedding Anniversaries. **Rabbi Levi Landa**, Chabad of Greater St. Louis Programming Director, will be our Special Guest Speaker, and will speak on the topic, “*Viewing the World Through Kabbalah-Tinted Glasses!*”
- **Kiddush & Lunch** ~ Shabbos, August 9<sup>th</sup>, will be sponsored by **Rachael Pevnick and Family** in memory of their beloved husband, father and grandfather **Ted Pevnick**, בִּן אֵל, on the observance of his first yahrzeit.
- **Shalosh Seudos** ~ Shabbos, August 9<sup>th</sup>, will be sponsored by **Sam & Shirley Bluestein** in memory of beloved mother **Esther Mindel**, בִּן אֵל, and beloved father **Hyman Max Mindel**, בִּן אֵל.
- **“Shaving Israel”** ~ An organization that educates about the needs and funds the purchase of toiletries, personal items and food vouchers from ISRAELI SUPPLIERS for members of the Israeli Defense Force who are in need or without family support systems. Please join us for a complimentary Program & Dessert Reception at NHBZ featuring **David Palatnik**, Israeli K-9 Unit Soldier, and **Laurie Walker**, Board Member and IDF civilian volunteer, on Sunday, August 17, 1:00-3:00 p.m. Due to the current extremely troubling situation in Israel, it is more important than ever to give our support to the soldiers on the front lines who are in harm’s way protecting Israel and its people. Please join us to hear these informative speakers and help support the brave soldiers of the IDF.
- **Kiddush & Lunch** ~ Shabbos, August 23<sup>rd</sup>, will be sponsored by **David & Norma Rubin** in honor of David’s birthday (August 16<sup>th</sup>), Norma’s birthday (September 1<sup>st</sup>), and David & Norma’s 3<sup>rd</sup> Wedding Anniversary (August 21<sup>st</sup>).
- **Family Picnic & BBQ** ~ An evening of fun for the whole family! Mark your calendars for Sunday, August 24<sup>th</sup>, 5:30-7:00 p.m.!!! Bring your own T-Shirts to Tie-Dye! Hot dogs, Hamburgers, Sides & Beverages will be available for purchase. Come to the Irv Zeid (Citizen’s) Park, next door to the shul.
- **Challa Baking Class** ~ Just in time for the High Holidays!!! Tuesday evening, September 2<sup>nd</sup>, 7:00 pm at NHBZ. Demonstrated by **Mindy Woolf**, with **your** hands-on participation!!! New techniques, recipes and toppings. Everyone will make 2 challas to take home for the Holidays! \$18.00 per person; space is limited so RSVP soon to 314-991-2100, ext. 2.
- **“My Father Was a Nazi”** could be the Working Title when Nusach Hari B’nai Zion presents an evening with **Dr. Bernd Wollschlaeger**, son of a high-ranking Nazi who was decorated with Germany’s Iron Cross by Adolph Hitler, himself! Dr. Wollschlaeger’s journey began at age 14, when he learned of his father’s involvement during the years of Nazi rule. His quest to learn more about the Jews led him to a former Jesuit priest and many Holocaust survivors, from a trip to Israel and back to Germany where he completed medical

school. He eventually succeeded in fulfilling his dream – his strong desire and decision to convert to Judaism! He moved to Israel and enlisted in the Israel Defense Forces as a medical officer. Please join us on Sunday, September 21<sup>st</sup>, to hear Dr. Wollschlaeger tell his fascinating story. Further details to follow.

- **SMILE!!! 😊** *Our Photo Directory ~ “Faces of NHBZ”* ~ We concluded the photo sessions for our upcoming synagogue Directory. If you didn't have your portrait taken – it's not too late to have your picture included!!! Please contact Rabbi Smason, 314-749-5271, or Phyllis Silverman, 314-434-2482, to have your photo in our Directory!

*Please be part of our “Faces of NHBZ!!!”  
It won't be the same without YOU!*

## **SIMCHAS**

- **MAZEL TOV ON SIMCHAS** July 26 - August 1. **Happy Birthday to Bertha Berman!**  
**Happy Anniversary to Steve & Jill Starr!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Package of Cards.

## **CLASS SERIES ~ MEMBERS & ALL FRIENDS ARE WELCOME!**

- **Learn to Lead Davening** ~ led by our Chazzan **Dr. Ethan Schuman** on **Sunday mornings**, at 9:00 a.m. after morning minyan.

**Women's Tefila Class** ~ Led by **Rabbi Ze'ev Smason**. The class meets on the 2nd and 4th MONDAYS of the month at 3:15 p.m. **Monday afternoons**. Next class on Monday, July 28; study & discuss *Nachem*, the special prayer for Tisha B'Av.

## **Reminders**

- **SHABBOS HALACHAS (Laws of Shabbos)** An *eruv* is an enclosure, constructed according to halacha (Jewish law), as a way to permit Jewish residents or visitors to carry certain objects outside their own homes on Shabbos and Yom Kippur. The St. Louis *eruv* encompasses parts (but not all) of Olivette, U.City and Clayton. We respectfully request that **SHABBOS BULLETINS, FOOD, or any other item not be removed** from the synagogue by those who do not live within the *eruv*. For questions, please see Rabbi Smason.
- **Become Energized!!! Sponsor Your Own Solar Panel!!!** The 2014 price is just \$216 for the year. Your sponsorship will appear on the lobby monitor with an individual display with your personal or business name. Sponsor a panel for yourself, your friends, your business, or dedicate one in honor of a loved one. If you are interested in sponsoring a solar panel, please call 314-991-2100, ext. 2 and we will send you the form to complete with your own wording for your message!
- **Buy and Use Cash Cards** – call the office ASAP to order your cards and **earn free money** for NHBZ! Orders are placed twice per month – on or as close to the 15<sup>th</sup> and 30<sup>th</sup>.
- **HEADS UP! Schnucks E-Scrip Card - \$1,435.80 in 2013!!!** If you have been using your Schnucks E-Scrip Card when you shop, we Thank You VERY Much! NHBZ received \$1,435.80 **Easy Money** last year from Schnucks based on your purchases, and **NO EXTRA CHARGE TO YOU!!!** Please remember to hand your e-Scrip card to your checker every time you shop - and make your shopping trip count!!! **TO NHBZ Members AND Non-Members Alike** ~ ~ if you don't have an e-Scrip card, please contact the office: [sandleabrams@hotmail.com](mailto:sandleabrams@hotmail.com) or 314-991-2100, ext. 2, and “shop” for Nusach Hari B'nai Zion!!!
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, ext. 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis

Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575; for Chesed Fund Tributes come by the office and pick up a package of cards!

- **Mi Shebarach List** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or in English if Hebrew names are unavailable. Your contributions are greatly appreciated.
- **Memorial Plaques** ~ Memorial plaques are lovingly mounted in our new building. Remember your loved ones with a plaque; prices are \$150 and \$275. Please call the office for details, 314-991-2100, ext. 2.

|   |                                       |
|---|---------------------------------------|
| <b>Important Note About New Memorial Plaques</b>          |                                       |
| <b>To receive new Memorial Plaques for:</b>               | <b>We must receive your order by:</b> |
| <b>Yom Kippur (October 4<sup>th</sup> - Yizkor)</b>       | <b><u>July 28, 2014</u></b>           |
| <b>Shemini Atzeres (October 16<sup>th</sup> - Yizkor)</b> | <b>August 6, 2014</b>                 |

- **Shalosh Seudos, The 3<sup>rd</sup> Meal of Shabbos** ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal in honor of family members, to celebrate special occasions, or as you observe the yahrzeits of your dear loved ones. To make arrangements call our office at 314-991-2100.
- **Buy a Brick Online or by Phone** ~ Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** ~ It is customary to make a donation to the shul for Aliyos or other honors received.

## **NEWS & FEATURES**

- **NHBZ's Pushkeh Project!** *Our rabbis teach that tzedakah and acts of kindness are the equivalent of all the mitzvos of the Torah.* Please come by our office and pick up your new *pushkeh* (tzedakah/charity box)!! Fill up your pushkeh!!! The tzedakah in your pushkeh will total all or part of your contribution toward admission to a Pushka Dinner that we will schedule down the road, date TBA. The shul is adopting this idea from our Sisterhood that, in years past, had prepared a yearly Pushkeh Dinner to help raise money for their coffers. *We want to say a BIG "Thank You" to Dr. Jay Pepose and Dr. Susan Feigenbaum for generously sponsoring the purchase of our new pushkehs, and "Thank You" to Bobby Levine for creating the beautiful pushkeh covers.*
- **New Landscaping Committee Forming ~ Do You Have a Green Thumb?!** The committee is starting to take shape! Thanks to **Judy Baker, Bob Kaiser, Bobby Levine, and Jim Pollock** for being the first to sign up!!! You can join this new committee too, and help create and develop the landscaping plans for our NHBZ property. Please call Mark Ragin, 314-324-0774.
- **The Sarah Adelman Memorial Lecture ~ Dr. Jerry Lob**, clinical psychologist in private practice in Chicago, will be the featured speaker to commemorate the eighth Yahrzeit of Sarah Adelman, ז"ל. Dr. Lob's presentation "*Finding Calm, Even Joy, in Difficult Times*" will take place at the Young Israel Synagogue, 8101 Delmar Blvd. tomorrow afternoon, Sunday, July 27, at 1:30 p.m. Minimum requested donation is \$18 per family; other categories: Guarantor \$500 or more, Benefactor \$250-\$500, or Sponsor \$100-\$250. The Sarah Adelman Memorial Fund provides financial support to needy families in the Orthodox community, whose children require assistance in obtaining counseling services.
- **Solidarity Rally for Israel** ~ This Tuesday, July 29, 7:00 pm. Solidarity gathering with the Honorable Roey Giladat, the Consul General of Israel to the Midwest, at JCC Arts and Education Auditorium, #2 Millstone Campus Dr.
- **SLIC, St. Louis Israel Connection** ~ A group that hosts events for young adults to educate them about Israel. **Rabbi Ze'ev Smason** will speak at an event at 3 Kings, this Thursday, July 31<sup>st</sup>, 7:00 p.m., about Tisha B'Av and its significance to the Jewish people and Israel from a historical perspective. Rabbi Smason's topic will be, "*Today's Meaning of Tisha B'Av.*" *All young 20-and-30-somethings are encouraged to join SLIC and attend this discussion. It promises to be an engaging and interesting discussion, indeed!*

- **Film Commemorating Tisha B'Av ~ Rabbi Smason** will lead a discussion following the screening of *V'nikdashti (and I Will Be Sanctified)*, at the Holocaust Museum and Learning Center on Tuesday, August 5, 2:00 p.m. in the HMLC Theatre, Jewish Federation Kopolow Building. Tisha B'Av marks the destruction of both the first and second temples in Jerusalem. The film is comprised of survivors sharing powerful testimonies regarding acts of faith and courage during the Holocaust. The program is free of charge and open to the public. For information please call 442-3711 or email [agoldfeder@jfedstl.org](mailto:agoldfeder@jfedstl.org).
- **Tomchei Shabbos On-Going FOOD DRIVE!!** Tomchei Shabbos means "Supporters of the Sabbath." *The "Barbara Mendelson Tomchai Shabbos Fund"* was established, by the Vaad Hoer of St. Louis, to help support Jews suffering severe economic distress, by providing the families in our community with their Shabbos and Yom Tov meals in a discreet and dignified manner. A special kosher food pantry is stocked to provide them with food essentials, chicken and meat. **Pick up a bag** at our NHBZ office; help make the Food Drive a Big Success!!! For questions or home pick-up, please call Sally Needle, 314-991-2575. Tomchai Shabbos is maintained through contributions of food and money. To make a donation go to [www.ovkosher.org](http://www.ovkosher.org) – click on HOME tab, then Vaad Hoer Community Services, then Tomchai Shabbos.
- **Tomchei Shabbos Cookbook Project ~** Dedicated in memory of Merle Hartstein. Please share your recipes, typed with clear instructions, and include your name. Categories: Budget Conscious, International, Meat, Dairy, Pareve, Healthy, Low Fat, Gluten Free, Quick! Contact Bryna Kandel 314-569-5001, Janice Mankowitz 314-434-7408, or Jackie Oppenheimer 314-997-6924, or email them to [tomcheishabboscookbook@gmail.com](mailto:tomcheishabboscookbook@gmail.com).

## **President's Message**

***Please make your reservations now for the Ari Weekend Shabbos Dinner. The RSVP DEADLINE is Tuesday, July 29<sup>th</sup>!!!***

Please join us as on August 1<sup>st</sup> and 2<sup>nd</sup> as we commemorate the Yahrzeit and celebrate the life of Rabbi Isaac Luria, "The Holy Ari," founder of modern Kabbalah and author of the "Nusach H'Ari" siddur that we use. On Friday evening, August 1, at 6:30 pm, we will welcome Shabbos outdoors on the Kaiser Terrace, followed by Shabbos dinner. On Saturday morning, August 2, we will have a Lunch'n'Learn, featuring special guest speaker, Rabbi Levi Landa, Director of Programming of Chabad of Greater St. Louis. This is an opportunity to learn about the heritage that inspired the founding of our shul. RSVP for Shabbos dinner: Call 314-991-2100, ext. 2, or email [sandieabrams@hotmail.com](mailto:sandieabrams@hotmail.com).

*Lenny Alper*

*Beyond Twelve Gates by Rabbi Ze'ev Smason  
Parshas Masei July 26, 2014*

## ***Welcome to Beyond Twelve Gates***

Here's a good story: 25-year-old Rory McIlroy of Northern Ireland won the British Open Sunday. It is McIlroy's third major golf tournament victory; the only one that eludes him is the Masters. Here's a better story: A decade ago, McIlroy's father, Gerry, placed a (legal) wager that his son would win the British Open within a 10 year-period, which was coming to an end with this year's tournament. In 2004 the elder McIlroy bet £200 at 500-1 odds, meaning that on Sunday his son won the Open -- and Gerry won £100,000 pounds, just a bit less than \$171,000.

To be clear, the elder McIlroy's bet wasn't without any hope of success; by then Rory McIlroy was a top junior, who would turn pro at age 18 and win his first major in a romp at the 2011 U.S. Open. Still, it was a touching and meaningful expression of faith from a parent, whom, like McIlroy's mother, Rosie, had made numerous sacrifices on his son's path to pro golf.

Judaism teaches that raising a child is like holding a bird in your hand: Open your hand too loose, the bird will fly away. Close your hand too tight, you'll crush the bird. What's needed in raising a child is a combination of love (the open hand) and discipline (the closed hand). Love is the way you give your child a sense of self. This is

accomplished by sharing our time with our children, really listening to them, sharing in their joy, and encouraging them by identifying their successes and expressing belief in their great potential.

### *Parshas Masei Numbers 33:1 - 36:13*

*Masei* (a word that means 'journeys') begins with a listing of the 42 encampments of the Jewish people's 40 year journey from the Exodus until the crossing of the Jordan River into the Land of Israel. G-d commands the Jewish people to drive out the Canaanites from the Land of Israel and to demolish all vestiges of their idolatry. The Jewish people are warned that if they fail to rid the land completely of the Canaanites, those who remain will be 'pins in their eyes' and 'thorns in their sides.'

The boundaries of the Land of Israel are defined, and the tribes are commanded to set aside forty-eight cities for the Levites, who do not receive a regular portion in the division of the land. Cities of refuge are established; one who unintentionally murders can flee there. The daughters of Tzlofchad marry members of their tribe so that their inheritance will stay in their own tribe. So ends the book of Numbers, the fourth of the Books of the Torah. Next week -- on to Deuteronomy!

### *Rabbinic Ruminations*

Albert Einstein said, "The only reason for time is so that everything doesn't happen at once." Einstein's tongue-in-cheek remark helps to focus our attention upon time as a great equalizer; minutes tick by at the same pace for all. Yet for some, time seems to pass by at different rates. Experiments show that older people feel time passes more quickly, while younger people experience time more accurately. The more people enjoy a musical composition, the more time seems to slow down. Boredom slows our perception of time. And as our body temperature rises, perception of time speeds up, studies show.

The effect of a person's status on time perception is a new frontier in the study of management psychology. "We all adhere to the same clocks," said social psychologist Serena Chen at the University of California at Berkeley, who conducted experiments on the perception of time. "Yet we are showing that power can shift your perception of time." In the UC Berkeley research, Dr. Chen studied the effects of power on time perception by conducting surveys of 557 men and women. The volunteers filled out three questionnaires designed to gauge their sense of power and their perspective on time. They ranked themselves on such queries as: "Time is slipping away;" "My future is infinite;" and "I have a lot of time in which to get things done." Dr. Chen said, "People who feel generally more powerful feel they have more time. The effect is very easy to find over and over again."

The Torah teaches us to value time. We ask G-d, "Teach us to number our days that we may get a heart of wisdom." (Psalm 90:12) Every moment a person can do good, perfect his character, and make the world a better place. The Almighty gives us a limited amount of time and it is up to us to make the most of it. Many of us live our lives as if we will live forever, putting off even important things for another day. But ask someone who values time: They'll tell you that every moment of life is precious.

### *Quote of the Week*

He who excuses himself accuses himself -- *William Shakespeare*

### **Joke of the Week**

Moshe couldn't sleep one night. He was tossing and turning for hours. When his wife couldn't take any more, she asked her husband for an explanation. He told her that he owes Chaim from across the road \$10,000. He is supposed to pay it back the next day and he hasn't got the money.

His wife got out of bed, opened up the window and screamed:"CHAIM! CHAIM!!" out the window, until the light in Chaim's house lit up. She told Chaim that her husband doesn't have the money which he owes him.

She returned to her bed and told her husband: "It's all right you can go to sleep now. It is Chaim who won't be able to sleep instead."

***The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, at 12:00 noon. The bulletin is printed first thing every Thursday morning.***

# MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

| <b>This Week At a Glance</b>                   | <b>Shabbos July 26</b>           | <b>Sunday July 27</b>  | <b>Monday July 28</b>  | <b>Tuesday July 29</b> | <b>Wed. July 30</b>                                    | <b>Thurs. July 31</b>  | <b>Friday Aug. 1</b>  | <b>Shabbos Aug. 2</b>   |
|--|----------------------------------|--|--|------------------------|--|------------------------|---|---|
| Shachris                                       | 9:00 am                          | 8:00 am  | 6:45 am  | 7:00 am                | 7:00 am  | 7:00 am                | 7:00 am   | 9:00 am   |
| Mincha/Ma'ariv                                 | 7:40 pm                          | 7:00 pm  | 7:00 pm  | 6:30 pm                | 7:00 pm  | 7:00 pm                | 6:15 pm   | 7:30 pm   |
| Ma'ariv  |                                  |  |  | 8:45 pm                |  |                        |   |   |
| <b>Events – see times in Event Planner Box</b> | <i>Good Shabbos to Everyone!</i> | <i>“Learn to Lead Davening” with Dr. Ethan Schuman, 9:00 am;<br/><br/>All-You-Can-Eat Pizza Buffet, 5:00-7:00 pm</i> | <i>Rosh Chodesh Av;<br/><br/>Tefila Class for Women with Rabbi Smason, 3:15 pm</i> | <i>BUY CASH CARDS!</i> | <i>Rabbi Smason’s Lunch &amp; Learn, 12:15-1:00 pm</i> | <i>BUY CASH CARDS!</i> | <i>Erev Shabbos<br/><br/>Ari Week-end ~ Friday Night Kabbalat Shabbat &amp; Dinner, 6:15 pm</i> | <i>Ari Weekend~ Lunch And Guest Speaker, Rabbi Levi Landa</i> |

**NHBZ Event Planner (Check “Coming Events” for time, date or location changes.)**  
**Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.**

### WEEKLY at NHBZ

#### SHABBOS

- Child Care (10:00 am – Noon) kids 3 & under in the Children’s Room
- Learners Service (10:15 am) led by Rabbi Ze’ev Smason in the Chapel
- Shabbos Tanach (Bible) Study Group (45 minutes before Mincha)

#### SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler, of Aish HaTorah
- “Learn to Lead Davening” (9:00 am) with Dr. Ethan Schuman after morning minyan
- “Mystical Moments” with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

#### MONDAY

- Women’s Tefila Class (2<sup>nd</sup> & 4<sup>th</sup> Mondays) 3:15 pm with Rabbi Smason at NHBZ (Next class: Monday, July 28.)

#### WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.

#### MONTHLY at NHBZ

- Irvin Alper Social Club (First Sunday)
- Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm) at NHBZ
- Dine-In Pizza Night (Last Sunday 5:00 – 7:00 pm) Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 pm.
- Sisterhood (Third Tuesday)
- RAP with the RABBI will resume in the fall.

#### NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn