



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

Shabbos

June 14, 2014

16 Sivan 5774

Torah Portion:
Haftorah:

Parshas Shelach: Numbers 13:1 – 15:41
Joshua 2:1-24

Stone Chumash pages 798-819
Stone Chumash pages 1184-1185

Thanks to Julie & Don Eisenberg for sponsoring this Shabbos Bulletin in honor of the sous chefs who helped prepare their 35th Anniversary luncheon last Shabbos: Rhonnie Goldfader, Jennifer & Madeline Hartranft, Joni Kaiser, Svetlana Kogan, Phyllis Loiterstein, Cindy Looney, Alana Minoff and son Max, Shayna Scribner, Debbie Sher, Jill Starr, Linda Szus, Anna Rose Tendler, Reuven Tzadok, Peggy Umansky, and, as always, Allan Swan & Teresa Carter!

Thanks to Joni and Bob Kaiser for co-sponsoring this Shabbos Bulletin in honor of their daughter Rebecca's return from Israel. Rebecca spent the past school year studying at Machon Ma'ayan where she completed the Yeshiva University S. Daniel Abraham Israel Program. Rebecca will attend Stern College in the fall. Welcome home Becca, we sure missed you!!

Erev Shabbos – Friday Night, June 13, 2014

- **Mincha & Ma'ariv** (7:00 pm)
- **Candle Lighting** (8:08 pm)

Shabbos – June 14

- **Shachris & Musaf** (9:00 am) ~ *Thank You For Leading Davening*
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Dr. Ethan Schuman**
 - Leyning: **Aryeh Needle**
 - Haftorah: **Sid Silverman**
 - Drasha (Sermon): **No Sermon Today**
 - Musaf: **Dr. Ethan Schuman**
- **Shabbos Lunch & Learn and Graduation Shabbos** ~ (After Musaf) In honor of our members celebrating June Birthdays and Wedding Anniversaries, and honoring our School, High School and College Graduates. **Rabbi Smason** will speak on the topic: "What Every Graduate Should Know." Thanks to **Bob Kaiser** for enhancing dessert with brownies today in honor of his wife **Joni** for her birthday! Thanks to **"POP-Star" Sarah Klein** for sponsoring the soda today in celebration of her birthday! **HAPPY BIRTHDAY TO JONI and SARAH!!!!**
- **Bon Appetit** ~ We place a plate of rolls on each table at every Shabbos Luncheon -- 1.) To enable each person to make or hear *Ha'Motzei* (the blessing on bread) over *Lechem Mishne* (two rolls or loaves of bread), and 2.) To enable each person to eat the minimum amount required when *Ha'Motzei* is made or heard; namely, one roll. **Please be seated while Rabbi Smason says Kiddush and makes HaMotzei.**
- **Mincha, Shalosh Seudos, Ma'ariv** (7:50 pm)
- **Shabbos Concludes** (9:11 pm)
- **Father's Day** ~ Tomorrow, June 15th!!! **Happy Father's Day to all the Dads and Grandads!!!**
- **Monument Dedication** ~ For Lottie Slumsky, ב"ה, beloved mother of Cindy Slumsky and Sharon Smith, on Sunday, June 22, at 11:00 a.m. at Chesed Shel Emes Cemetery on White Road.

Shiny, New NHBZ Pushkas

Presenting NHBZ's Shiny, New Pushkas! Our rabbis teach that tzedaka and acts of kindness are the equivalent of all the mitzvos of the Torah. Please come by the office and pick up your new pushka! Thanks to Bobby Levine for creating the beautiful covers on the pushkas.

Nusach Hari B'nai Zion
650 N. Price Road
Saint Louis, MO 63132

Ze'ev Smason, Rabbi
Aaron Borow, Rabbi Emeritus
Leonard M. Alper, President
Dr. Ethan Schuman, Chazan

Office Phone 314-991-2100
Chapel Phone: 314-991-2100
Webpage: www.nhbz.org

Meetings

- **Sisterhood Luncheon & Bingo** ~ Tuesday, June 17, 12:00 noon. Delicious lunch, Schmooze with friends, Bingo and Prizes, Attendance Prizes too! All Men & Women Welcome! \$7.00/person. RSVP to Rachael Pevnick, 314-395-6017.
- **Executive Committee Meeting** ~ Tuesday evening, June 24. Minyan is at 7:00 pm; Meeting at 7:30 pm.
- **Board of Directors Meeting** ~ Tuesday evening, July 8. Minyan is at 7:00 pm; Meeting at 7:30 pm.

NHBZ COMING EVENTS

- **Kiddush** ~ On Shabbos, June 21st, **Joyce Hochberg** will share a D'var Torah with us on Parshas Korach. Thanks to **Murray & Joyce Hochberg** who will sponsor Kiddush in honor of Joyce's D'var Torah.
- **Dedication** ~ Please join us on Shabbos, June 28, when we will have the official unveiling and dedication of the western wall in the lobby. The dedication will include two plaques honoring people who contributed to the Capital Campaign - Wall of Honor and Scroll of Recognition; a plaque honoring those who helped obtain a loan for the building – Guarantors, and another honoring those who are helping to ensure our future - Legacy Society. We will update the lists with the names of future donors. Thanks to Kenny Bressler for designing and creating the beautiful wall in the lobby. Thanks to Alan Haber, and his helper Lenny Alper, for expertly mounting the recognition plaques.
- **Kiddush** ~ On Shabbos, June 28, Kiddush will be sponsored by **The Alper Family** in honor of the birthdays of **Fran, Caryn and Joanna Alper**.
- **Lion's Den Pizza Night** ~ All-You-Can-Eat Pizza Buffet ~ Sunday, June 29, 5:00-7:00 p.m. Bring your family and friends to enjoy a delicious pizza dinner and schmoozing, and a movie for the kids!!! Reservations are not needed. Just show up and have a great time!!!! (Please place carry-out orders by 10:00 a.m on Sunday morning, 314-991-2100, ext. 2.) **WE TAKE CREDIT CARD PAYMENTS!!!**
- **SMILE!!! 😊 Our Photo Directory ~ "Faces of NHBZ" ~ We have a NEW, ADDITIONAL DATE!!!** LifeTouch has given us a new date for YOUR photo session: Tuesday, July 1st, 2:00-9:00 pm. Your appointment will take only ONE HOUR, start to finish! NO CHARGE!!! NO PURCHASE REQUIRED!!! You WILL receive your FREE 8x10 portrait AND your copy of the finished directory. Your choice of 3 ways to schedule your appointment: **1.)** go directly to the LifeTouch website at <https://www.securedatatrans14.com/ap/nusachharibnatzion/index.php?page=10>, (NOTE: Typographical error, bnal instead of bnai, will not affect logging onto the site.) **2.)** go to our website – www.nhbz.org and click on ALL EVENTS (at the top of the left hand column), then click where it says "Click to Sign up online with LifeTouch, **OR** **3.)** no computer? – Call Lifetouch directly, 1-800-521-4611.

During your one-hour portrait session you will: Check in, Be professionally photographed, Immediately view your portrait images, and have an opportunity to purchase additional portraits – but only if you so desire. We want EVERY ONE OF OUR MEMBERS to appear in this directory, and we plan to make the whole process as easy as possible.

Please be part of our "Faces of NHBZ!!!"

CLASS SERIES

- **Learn to Lead Davening** ~ led by our Chazzan **Dr. Ethan Schuman** on **Sunday mornings**, at 9:00 a.m. after morning minyan.
- **New Class Series – Coming Soon** ~ Rabbi Yosef Landa, Regional Director of Chabad of Greater St. Louis, has arranged with our Education Committee to present the following class at NHBZ: **"Transformational Teachings from the World of Chassidut."** The series will begin on June 22, and continue June 29, July 6, and July 13, on **Sunday mornings**. Nearly 300 years ago Rabbi Israel Baal Shem Tov founded the Chassidic movement. The teachings of Chassidism went on to captivate, inspire and illuminate millions of Jewish lives, among them the most learned and righteous among our people. In four

sessions with Rabbi Yosef Landa we will explore some applied concepts of Chassidic thought -- transformational ideas sure to enrich the life of every Jew, Chasid or non-Chasid, empowering them to attain greater spiritual heights.

- **Women's Tefila Class** ~ Led by **Rabbi Ze'ev Smason**. The class meets on the 2nd and 4th MONDAYS of the month at 3:15 p.m. Monday afternoons. The focus is the structure and deeper meaning of the Shabbos morning service and prayers, and how prayer can be used as a basis for our own communication with G-d. All women welcome.
- **"Chassidic Insights into the Weekly Parsha"** ~ Led by **Rabbi (Chaplain, Major) Avraham Cohen** - "Chassidic Insights into the Weekly Parsha." Study will delve into esoteric thought, but is entirely accessible for those at any level of Jewish education and background. Wednesday evenings at 7:30 p.m., after minyan, in the NHBZ Chapel. Rabbi Cohen can be reached at 301-787-5538 for further questions.

SIMCHAS

- **MAZEL TOV ON SIMCHAS** June 14-20. **Happy Birthday to Sam Bluestein, Joni Kaiser, Sarah Klein, Yitzchak Rubin, Levi Simon, Lyle Sudin, Bobbie Tolpen and Richard Woolf!** **Happy Anniversary to ~ Ed & Jane Lyss!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.

Reminders

- **SHABBOS HALACHAS (Laws of Shabbos)** An *eruv* is an enclosure, constructed according to halacha (Jewish law), as a way to permit Jewish residents or visitors to carry certain objects outside their own homes on Shabbos and Yom Kippur. The St. Louis *eruv* encompasses parts (but not all) of Olivette, U.City and Clayton. We respectfully request that **Shabbos bulletins, food, or any other item not be removed** from the synagogue by those who do not live within the *eruv*. For details or questions, please see Rabbi Smason.
- **Become Energized!!! Sponsor Your Own Solar Panel!!!** The 2014 price is just \$216 for the year. Your sponsorship will appear on the lobby monitor with an individual display with your personal or business name. Sponsor a panel for yourself, your friends, your business, or dedicate one in honor of a loved one. If you are interested in sponsoring a solar panel, please call 314-991-2100, ext. 2 and we will send you the form to complete with your own wording for your message!
- **Buy and Use Cash Cards** – call the office ASAP to order your cards and **earn free money** for NHBZ! Orders are placed twice per month – on or as close to the 15th and 30th.
- **HEADS UP! Schnucks E-Scrip Card - \$1,435.80 in 2013!!!** If you have been using your Schnucks E-Scrip Card when you shop, we Thank You VERY Much! NHBZ received \$1,435.80 **Easy Money** last year from Schnucks based on your purchases, and **NO EXTRA CHARGE TO YOU!!!** Please remember to hand your e-Scrip card to your checker every time you shop - and make your shopping trip count!!! **TO NHBZ Members AND Non-Members Alike** ~~ **if you don't have an e-Scrip card, please contact the office: sandieabrams@hotmail.com or 314-991-2100, ext. 2, and "shop" for Nusach Hari B'nai Zion!!!**
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, extension 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575.
- **Mi Shebarach List** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or in English if Hebrew names are unavailable. Your contributions are greatly appreciated.

- **Memorial Plaques** ~ Memorial plaques are lovingly mounted in our new building. Remember your loved ones with a plaque; prices are \$150 and \$275. Please call the office for details.

Important Note About New Memorial Plaques

<p>To receive new Memorial Plaques for:</p> <p><i>Rosh Hashana (Sept. 25th)</i></p> <p><i>Yom Kippur (October 4th - Yizkor)</i></p> <p><i>Shemini Atzeres (October 16th - Yizkor)</i></p>	<p>We must receive your order by:</p> <p><i>July 7, 2014</i></p> <p><i>July 28, 2014</i></p> <p><i>September 11, 2014</i></p>
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- **Shalosh Seudos, The 3rd Meal of Shabbos** ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal as you observe the yahrzeits of your dear family members.
- Buy a Brick Online or by Phone - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- Synagogue Honors - It is customary to make a donation to the shul for Aliyos or other honors received.

NEWS & FEATURES

- **St. Louis Kollel's Jewish Unity Live** ~ St. Louis Kollel's Jewish Unity Live Community Sefer Torah Campaign is in full swing. This year, the Torah Dedication and Celebration will include the completion of a Sefer Torah at the Goldmeier home tomorrow - Sunday, June 15th followed by a children's parade to the Kollel at 8200 Delmar with free ice cream and cotton candy. Sefer Torah dedication opportunities starting at \$36 are still available and everyone is invited to attend. In the evening, there will be a "Jewish Unity Live" celebration at the Logan Amphitheatre in Chesterfield featuring a lavish buffet from Jon Rubin, a special video, and a presentation to this year's Awardees: Dr. Mickey and Bonnie Goldmeier, Mr. Kevin Demoff, **OUR OWN Mrs. Michelle Mufson**, Mrs. Stacy Kass, Mr. Ben Fainer, Mr. Richard Senturia and Dr. Alan Lyss. For tickets, general information and dedication opportunities, call (314) 726-6047 or email office@stlkollel.com.
- **Author of Popular Novel to Speak at Brodsky Library** ~ Ronald Balson, author of the popular novel *Once We Were Brothers*, will appear at the Saul Brodsky Jewish Community Library this Wednesday, June 18 at 7 pm. *Once We Were Brothers* is the compelling tale of two boys and a family that struggle to survive in war-torn Poland. It is also the story of a young lawyer who must face not only a powerful adversary, but her own self-doubts. Two lives, two worlds and 60 years are all on course to collide in the fast-paced legal thriller. Reservations are required to attend the event. Admission is \$5.00 per person; free to Friends of the Library. For details or to make a reservation, call 314-442-3720 or email Brodskylibrary@ifedstl.org.
- **Vitamin E Tour** ~ As part of his North American "Vitamin E Tour", our community will have a rare opportunity to hear Rabbi Lazer Brody when he visits St. Louis. "*Gratitude: The Key To Life's Blessings*" will be presented this Thursday evening, June 19, at 7p.m. at the JCC in Creve Coeur. Admission is free, and a book-signing will follow the lecture. For more information, call (314) 863-7485 or email office@ucityshul.org. To arrange for a private appointment with Rabbi Brody or Rabbi Dr. Ballen, email staff@breslev.co.il
- **Jewish Federation of St. Louis** ~ is seeking nominations for two annual awards. The 2014 Fred A. Goldstein Memorial Service Award recognizes outstanding professional leadership. Nominees must be employed by a St. Louis Jewish organization and currently working in a direct service, professional or managerial role. The 2014 David N. and Roselin Grosberg Young Leadership Award recognizes volunteer leaders in the Jewish community who are 40 years and younger. Nominees must demonstrate active Jewish Federation leadership and commitment to Federation's annual Community Campaign. Nominations can also highlight involvement in other Jewish community organizations and the St. Louis community at large. For both awards, the deadline for nominations is Monday, July 28. Nominations (in the form of letters of recommendation) are invited from the entire Jewish community. Submit letters of recommendation to Marci Mayer Eisen, director of the Millstone

Institute, 12 Millstone Campus Drive, St. Louis, MO 63146 or email meisen@jfedstl.org. For more information, call 314-442-3810.

- **Tomchei Shabbos FOOD DRIVE!!** Pick up your bags at our NHBZ office; help make the Food Drive a Big Success!!! For questions or home pick-up, please call Sally Needle, 314-991-2575.
- **Tomchei Shabbos Cookbook Project** ~ Preparations for our cookbook, dedicated in memory of Merle Hartstein, are in full swing! Please share your Shavuot recipes (including meat!) by sending them to: tomcheishabboscookbook@gmail.com. If you would like to help on the cookbook please call Bryna Kandel at 569-5001 or email tomcheishabboscookbook@gmail.com.

President's Message



Enrich your NHBZ experience by volunteering for a committee or a specific project. With busy lives, it can be hard to find time to volunteer. However, the benefits of volunteering are enormous to you, your family, and NHBZ. The right match can help you make new friends, increase your social and relationship skills, increase self-confidence, and even advance your career. Volunteering can even help protect your mental and physical health!

Do you have a friendly, outgoing personality? How about serving as a Greeter on Shabbos? Do you have writing and computer skills? How about helping work on the Shabbos Bulletin. We also could use help on various committees such as Membership, Landscaping, and Family & Children's Programming.

Please contact me to explore volunteer opportunities: 314-993-4024 or lenny.alper@earthlink.com.

Lenny Alper

*Beyond Twelve Gates by Rabbi Ze'ev Smason
Parshas Shelach June 14, 2014*

Welcome to Beyond Twelve Gates

Moshe Stein is a nice Jewish boy -- who kills bugs. Working the predominantly Orthodox neighborhoods of Manhattan Beach, Flatbush, Midwood and Boro Park, Moshe is unfailingly polite to clients, while squishing and trapping various forms of creepy crawlers and pests. "I personally believe you have to be nice, soft-spoken, because the bottom line is, you are dealing a lot with housewives," Moshe said. "You have to have that sensitive touch."

Stein's clients are overwhelmingly Orthodox Jewish homeowners or apartment building landlords. He's part of a growing number of Orthodox exterminators sensing a business opportunity in a swelling population in New York City. He believes that trust is one of the most important factors for a successful pest control business. And Orthodox Jews are more trusting of an Orthodox exterminator. "We say that all of us met at Mount Sinai," Stein said. "We already met once. I think there's that comfort."

Moshe wears a black yarmulke, tzitzit, and has a loaded bait gun slung around his waist. He says that the Torah warns against causing unnecessary pain and suffering to an animal. "If the Torah cares about how [animals] feel, then I definitely have to care about how they feel," he said. Much of Moshe's job is about deterring and killing pests. But there's a good bit of rescue and rehabilitation work, too. Over the years, Moshe has retrieved raccoons, opossums, woodchucks and squirrels.

Moshe Stein's business is called *NJB Pest Control*. *NJB* stands for "Nice Jewish Boy." Moshe says, "Listen, I am a nice Jewish boy and I kill bugs. That's what I do."

Parshas Shelach Numbers 13:1 - 15:41

Moses is pressed by the Jewish people to send twelve spies to the Land of Canaan (later to be called the Land of Israel). Forty days later they return carrying a gigantic cluster of grapes and two other large fruits. Ten of the spies warn that the inhabitants of the land are enormous in size and that the land 'consumes its inhabitants'. They

convince the people that the land can't be conquered. Caleb and Joshua retain their faith in G-d, insisting that the Jewish people can, indeed, conquer the land.

The people weep and proclaim that they'd rather return to Egypt. This tenth expression of a profound lack of faith in G-d prompts a Divine decree that entry into the Land should be delayed forty years. This decree was made on the ninth of the Hebrew month of Av -- known as Tisha B'Av. Numerous other tragedies occurred on Tisha B'Av, including the destruction of the first and second Temples and the expulsion of Spanish Jewry in 1492.

Parshas Shelach concludes with the command to place fringes (tzitzis) on the corners of a four-cornered garment. Tzitzis help us to remember to fulfill all of the Divine commandments. This reminds me of the story of the rabbi who asked his synagogue's Board of Directors if they would supply him with a new talis once every six months. They told him, "We're sorry, Rabbi. We can't afford the fringe benefits."

Rabbinic Ruminations

Body language speaks loud and clear. A recent study shows that we can tell if an athlete is winning or losing a game just by observing their posture, their hands and their expressions. Participants in the study were shown a series of silent three-second clips of athletes playing table tennis, basketball and handball. They were asked to guess whether the athlete was winning or losing and by how much. Even children as young as four years old were able to differentiate between leading and trailing athletes in individual and team sports.

Body language isn't just relevant in sports. Amy Cuddy, a social psychologist and professor at Harvard, researches non-verbal communication in other settings. Her findings suggest that body language can influence how we think, feel and behave. Her latest research illuminates how "faking" body postures that convey competence and power ("power posing") -- even for as little as two minutes -- changes our testosterone and cortisol levels, increases our appetite for risk, causes us to perform better in job interviews, and generally configures our brains to cope well in stressful situations. Psychologist William James always stressed the importance of action over emotion and recognized how behavior influences our thoughts -- and ultimately, our emotions.

Classic Jewish literature predates by centuries the ideas of Cuddy and James. The *Sefer HaChinuch*, ("The Book of Instruction") a 13th-century work on the 613 Commandments, writes: "*A person is changed by his actions*" (Mitzvah 16). *We become the way we behave -- not immediately, but slowly, as the years progress and as our behavior becomes ingrained.*" Act the way you want to feel: Our body language affects our emotions.

Quote of the Week

Television won't last because people will soon get tired of staring at a plywood box every night.
-- Daryl Zanuck, movie producer, 20th Century Fox, 1946

Joke of the Week

A rabbi meets a couple and asks them how many children they have.
"Sadly we are not blessed with any children yet."
"Let me write down your names and place a note in the Kotel (Western Wall) for a blessing."
Five years later he meets the woman again and asks,
"So how is the family?"
"Well rabbi, we've been blessed with 13 children; two sets of twins and three sets of triplets."
"Amazing! I would like to congratulate your husband. Where is he?"
"He is in Israel." She replies
"What is he doing there?"
"Trying to find that note you placed in the wall!"

The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, at 12:00 noon. The bulletin is printed first thing every Thursday morning.

MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

This Week At a Glance	Shabbos June 14	Sunday June 15	Monday June 16	Tuesday June 17	Wed. June 18	Thurs. June 19	Friday June 20	Shabbos June 21
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:50 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:55 pm
Events – see times in Event Planner Box	<i>Lunch & Learn IHO June Birthdays & Anni- versaries! Graduation Shabbos!</i>	<i>“Learn to Lead Davening” Class 9:00 am After Minyan</i>	BUY CASH CARDS!	<i>Sisterhood Luncheon & Bingo, 12:00 noon. Good food, Prizes, Lots of Fun!!!</i>	<i>Rabbi Smason’s Lunch & Learn, 12:15-1:00 pm “Chassidic Insights Into the Weekly Parsha, 7:30 pm</i>	BUY CASH CARDS!	<i>Erev Shabbos</i>	<i>Joyce Hochberg D’var Torah; Kiddush by Joyce & Murray Hochberg</i>

NHBZ Event Planner (Check “Coming Events” for time, date or location changes.) Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

<u>WEEKLY at NHBZ</u>	<u>WEDNESDAY</u>
<p><u>SHABBOS</u></p> <ul style="list-style-type: none"> - Child Care (10:00 am – Noon) kids 3 & under in the Children’s Room - Learners Service (10:15 am) led by Rabbi Ze’ev Smason in the Chapel - Shabbos Tanach (Bible) Study Group (45 minutes before Mincha) <p><u>SUNDAY</u></p> <ul style="list-style-type: none"> - Mishna Learning (after Shachris) with Rabbi Chanan Swidler, of Aish HaTorah - “Learn to Lead Davening (9:00 am) with Dr. Ethan Schuman after morning minyan - “Transformational Teachings from the World of Chassidut” with Rabbi Yosef Landa, June 22 & 29, July 6 & 13. - Mystical Moments with Rabbi Max Weiman (between Mincha & Maariv.) - Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel <p><u>MONDAY</u></p> <ul style="list-style-type: none"> - Women’s Tefila Class (2nd & 4th Mondays) 3:15 pm with Rabbi Smason at NHBZ (Next class: <u>Monday, June 23.</u>) 	<ul style="list-style-type: none"> - Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos. - “Chassidic Insights into the Weekly Parsha” (7:30 pm, after Minyan) Rabbi (Chaplain, Major) Avraham Cohen. <p style="text-align: center;"><u>MONTHLY at NHBZ</u></p> <ul style="list-style-type: none"> - Irvin Alper Social Club (First Sunday) - Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin. - Morris Lenga Yiddish Club (First Thursday, 7:30 pm) at NHBZ - Dine-In Pizza Night (Last Sunday 5:00 – 7:00 pm) Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 pm. - Sisterhood (Third Tuesday) - RAP with the RABBI will resume in the fall. <p style="text-align: center;"><u>NHBZ Signature Events</u></p> <ul style="list-style-type: none"> - Synaplex Shabbos - Shabbos Lunch & Learn