



# NHBZ Shabbos & Yom Tov Bulletin

*Welcome to Nusach Hari B'nai Zion*

Affiliated with Union of Orthodox Congregations of America

Shabbos

June 6, 2015

19 Sivan 5775

Torah Portion:  
Haftorah:

Parshas Beha'alosecha Numbers 8:1 – 12:16  
Zechariah 2:14 – 4:7

Stone Chumash pages 774-797  
Stone Chumash pages 1182-1184

*Candle Lighting ~ 8:04 p.m.*

*Shabbos Concludes ~ 9:07 p.m.*

## Our Generous Sponsors This Shabbos . . .

~ Thank You to **Bob & Joni Kaiser** and **Dr. Susan Feigenbaum & Dr. Jay Pepose** for sponsoring Kiddush and Lunch today in honor of their Wedding Anniversaries!!! **Mazel Tov to Susan & Jay on their 36<sup>th</sup>, and to Joni & Bob on their 30<sup>th</sup>!!!!**

## Shabbat Shalom!

Erev Shabbos, Friday Night, June 5, 2015

- Mincha & Ma'ariv (7:00 pm)

Shabbos, June 6, 2015

- **Shachris & Musaf** (9:00 a.m.) ~ *Thank You For Leading Davening*

- Pesukei D'Zimra: **Howard Sandler**

- Haftorah: **Bruce Waxman**

- Shacharis: **Dr. Ethan Schuman**

- *Drasha* (Sermon): **Rabbi Ze'ev Smason**

- Leyning: **Moshe Leib Cohen**

- Musaf: **Dr. Ethan Schuman**

- **Tefillah/Prayer Learners' Service** ~ (9:30 am) Led by **Rabbi Yosef David** in the Rivkin Chapel.
- **Learners' Service** ~ (10:15 am) Led by **Rabbi Ze'ev Smason** in the Rivkin Chapel.
- **Welcome and Mazel Tov** ~ to **Joni & Bob Kaiser's** family and friends: **Yehuda Bromberg** from Chicago; **Bob's sister Karen and niece Melissa Cassel** from Calabasas, California; and **Daughter and Son-in-Law Hannah and Lee Mirowitz** from Seattle. And to **the children of Dr. Susan Feigenbaum and Dr. Jay Pepose**: **David**, working for CBS in New York City; **Morissa**, attending Brandeis University in the Waltham/Boston area of Massachusetts; **Max** from New York University; and **Sam** attending Vanderbilt University, working at Facebook and traveling from Silicon Valley. Welcome to each and every one who has come to celebrate with these wonderful couples on their great simchas! **We welcome all of the guests to Nusach Hari B'nai Zion!**
- **Kiddush & Lunch** ~ (After Musaf)
- **Mincha, Shalosh Seudos, Ma'ariv** ~ (7:50 pm) Next Shabbos, June 13, **Rabbi Josh Boretsky**, of the Jerusalem Kollel, will speak at Shalosh Seudos on the topic: "Getting Smarter Through Fundraising."
- **Shabbos Concludes** ~ (9:07 pm)

## SIMCHAS

**MAZEL TOV ON SIMCHAS** June 6-12. **Happy Birthday to Nathan Brook, Ann Lenga, Brett Marbain, Mary Rose Marbain, and Julie Rosenbluth! Happy Anniversary to Steve & Mary Rose Marbain and Sidney & Phyllis Silverman!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Pack of Cards.

*Please be sure to read Rabbi Smason's Beyond Twelve Gates in this Bulletin:  
"The Shabbat Valedictorian"*

**When You Need Rabbi Smason** ~ When you or a loved one becomes ill, and is hospitalized, please have a family member or friend contact Rabbi Smason on his cell phone as soon as possible . . . 314-749-5271.

**Mi Shebarach List** ~ Prayers said for a *Refuah Shelayma* (Speedy Recovery) for your loved ones and friends. Please call 314-991-2100, ext. 2, by 10 a.m. Friday mornings to include the names on our list to be read on Shabbos.

## **Shul News . . .**

- **LAST CHANCE TO CALL US WITH YOUR GRADUATES!** Our Graduation Shabbos is next week, June 13!!!! Do you have a graduate in your family? Please contact Sandie, 314-991-2100, ext. 2, or email [www.sandieabrams@hotmail.com](mailto:www.sandieabrams@hotmail.com), and give us your graduates' names, schools, universities and degrees earned, so we can wish you and your graduates a big Mazel Tov in our Graduation Shabbos Bulletin! Kiddush will be in honor of all the graduates.
- **Women's Home Study Group** ~ The Women's Home Study Group is on Summer Break! The monthly study group, which meets at the home of Jackie Berkin on the first Tuesday of each month, will resume on Tuesday, September 1<sup>st</sup>.
- **Women's Tefillah Class** ~ Rabbi Smason's Women's Tefillah Class, which meets on the 2<sup>nd</sup> & 4<sup>th</sup> Mondays each month, is on Summer Break.
- **Monday, June 8: Deadline to Register** ~ AIPAC ~ American Israel Public Affairs Committee ~ Annual St. Louis Event, Wednesday, June 10, 7:00 p.m. at the Ritz-Carlton that will begin with a dessert buffet followed by guest speaker Dr. Daniel Gordis. RSVP to Richard Woolf, [woolfnhbz@yahoo.com](mailto:woolfnhbz@yahoo.com) and be seated with our group at the NHBZ tables; names must be turned in on Monday so don't delay! Cost: \$36.00 may be paid at the door. Please see the poster in the lobby for details.
- **Tuesday, June 9** ~ Board of Director's Meeting. Mincha & Ma'ariv at 7:00 pm, Meeting, 7:35 pm.
- **Thursday, June 11<sup>th</sup> Class Postponed to Sunday, June 14, at 11:00 a.m.** ~ Because of the conflict with the showing of the movie "Above and Beyond" on the same evening, the June 11<sup>th</sup> class of "*The Secrets to a Successful Jewish Marriage!*" will be held on **Sunday, June 14, 11:00 a.m.** The series of classes will then continue on Thursday nights, 7:00-8:30 p.m. ~ See the attached flyer for dates and topics.
- **Thursday, June 11** ~ "**Above and Beyond**," a movie about the creation of the Israeli Air Force in 1948, will be shown at Plaza Frontenac at 8:00 p.m., under the sponsorship of the Jewish Film Festival. We have a group from NHBZ, signed up to attend. Tickets at the door, if still available, will be \$12.00.  
**NOTE:** To everyone who made reservations to go to the movie ~ we have your tickets in the office. If you are coming to the office, or if you will be in our area, please be sure to pick up your tickets.
- **Shabbos, June 13** ~ Lunch in honor of **June Birthdays and Wedding Anniversaries, AND Graduation Shabbos!!!** Parents or Grandparents of the Graduates have traditionally helped to sponsor the Kiddush with their kind contributions of \$25.00. We thank our "**Graduation Angels**" for helping create a lovely Kiddush, and a big thank you to everyone celebrating birthdays and wedding anniversaries in June for sponsoring Lunch!
- **Sunday, June 14** ~ **The First NHBZ KidZone Community Family BBQ!!!** 5:00-7:00 p.m. at **Irv Zeid Park** ~ featuring **The Olivette Fire Department Firetruck, Water Balloons, Snow Cones** and **Much, Much More!!!** Please help to offset expenses . . . be a **KidZone Kontributor** with a donation of \$25.00!!! Thanks to **KidZone Kontributors** (so far): **Bob & Sandie Abrams** and **Alan & Janet Haber!!!** And, please volunteer to help with Cooking and Grilling, Serving, and the Clean-up Squad. Contact Sandie, 314-991-2100, ext. 2, or [www.sandieabrams@hotmail.com](mailto:www.sandieabrams@hotmail.com) to be a member of the **KidZone Volunteer Auxiliary** or a **KidZone Kontributor!!!** Thanks to our first **KidZone Volunteers** – **Svetlana Kogan and Bobby Levine!!!** BBQ'd Hamburgers & Hot Dogs, and other picnic favorites, will be available for purchase! Lots of fun and good food for everyone!!! (In case of rain, the BBQ will be held inside at NHBZ!)
- **Monday, June 15 – Deadline to Order Cash Cards for June!!!** Thank you to the following members and friends who ordered Cash Cards last month: **Dr. Alan & Marcie Brook, Gene & Linda Carton,**

**Stanley & Rhonnie Goldfader, Alan & Janet Haber, Bob & Joni Kaiser, Lana Weinbach, and Richard & Mindy Woolf!** Please help raise money for NHBZ and [place your order for June!](#) The order form is attached to this week's bulletin. Every order makes a difference to our shul!

- **Sunday, June 28 ~ All-You-Can-Eat Pizza Buffet ~ 5:00 to 7:00 p.m. [Credit Card Payments Accepted!!!](#)** Bring your family and friends to enjoy a delicious dinner of pizza, pasta, salad and garlic bread, dessert and beverage! Reservations are not needed - just show up, eat to your heart's content, have fun schmoozing and have a great time!!! Plus a movie for the kids every month!!!! *Are you new to NHBZ, looking to meet more members...sign up to help on our Pizza Buffet Line! It's a great way for everyone to say "Hi."* (Please place carry-out orders by 10:00 a.m. on Sunday morning, June 28, 314-991-2100, ext. 2. Pick up time for carry out pizzas is 4:30-4:45 p.m.)
- **Tuesday, June 30 ~ Executive Committee Meeting. [Mincha & Ma'ariv at 7:00 pm, Meeting, 7:35 pm.](#)**
- **[The NHBZ Women's Emergency Tehillim Circle](#) ~** The following women have made the commitment to be "on call" to say Tehillim for individuals whenever an **emergency** situation occurs at Nusach Hari B'nai Zion: **Julie Eisenberg**, Chairperson, **Sandie Abrams**, **Debbie Barash**, **Shirley Bluestein**, **Marcie Brook**, **Linda Carton**, **Teree Farbstein**, **Dr. Susan Feigenbaum**, **Mimi Fiszal**, **Rhonnie Goldfader**, **Joyce Hochberg**, **Sandy Kahn**, **Joni Kaiser**, **Sandy Klarfeld**, **Sarah Klein**, **Svetlana Kogan**, **Lori Laird**, **Cindy Looney**, **Phyllis Loiterstein**, **Beverly Magencey**, **Marcela Morgensztern**, **Laura Rader**, **Nancy (Belau) Rush**, **Mimi Sabol**, **Dr. Shayna Scribner**, **Peggy Umansky**, and **Mindy Woolf**. We say the prayers at home. Please call **Julie Eisenberg**, 314-695-5615, or **Sandie Abrams**, 314-991-2100, ext. 2., if you would like to participate. We will ask you to provide your phone number(s) and email address so we can get word to you as soon as an emergency arises.  
**IMPORTANT NOTE:** This **[NHBZ EMERGENCY Tehillim Circle](#)** is separate from the ongoing Tehillim we are saying for our dear friend Michelle Mufson. Although some of the women listed above are part of both groups, the Emergency Circle truly stands "on call" and ready to act immediately, within the special circumstances of the Emergency element of this group. As soon as Rabbi Smason learns of a critical, **emergency situation in our shul**, he will alert Julie Eisenberg, give her the name of the person in crisis, and emails will go out immediately so we can begin saying Tehillim.

## **In The Community . . .**

- **Millstone Campus Men's Mikvah ~** Due to the long-awaited improvements being made to the Millstone Campus mikvahs, the men's mikvah will not be available for use on Erev Shabbos for the next several weeks, until further notice.
- **Sunday, June 14 ~** Eishes Chayil of the St. Louis Kollel presents Mrs. Julie Lurie, Relationship Educator & Coach from Chicago. Mrs. Lurie's topic: "The Key Ingredient to Meaningful Relationships" at 7:30 p.m., Young Israel Sanctuary, 8101 Delmar. Lecture will be followed by a Q&A session. Suggested donation: \$5.00. RSVP: [skowalsky@stlkollel.com](mailto:skowalsky@stlkollel.com). (Limited appointments available to meet with Julie in the afternoon.)
- **Kashrus Alert ~ [Aunt Millie's Bakeries' breads and rolls](#)** have been stickered with an unauthorized OK kosher symbol. OK Kosher does certify some Aunt Millie's muffins as dairy, cholov stam. Edit from the cRc: Please note that the product is certified by the Kof Q. It has whey, a dairy ingredient, listed on the ingredient panel, however, we are told that it is a printing error and the bread is definitely pareve.
- **A Call for Help from the Jewish Food Pantry ~** The Jewish Food Pantry is in desperate need of volunteers. The amount of food they are receiving is growing, but the number of people to organize all of the donations is NOT keeping up! To help or for questions, call **Julie Eisenberg** at 314-494-8437.
- **Women's Community Tehillim Group ~** A group of women gather each Sunday at 9:15 a.m., at the home of Jan Adelman, 8032 Amherst Ave, 314-863-5438, to say Tehillim in the *zchus* (merit) of a *refuah shelayma* (full & speedy recovery) for the *cholim* (the ill people) in our community. The Tehillim hotline for names and updates: 314-441-6460. If you have questions, please call **Julie Eisenberg** at 314-494-8437.
- **Tomchei Shabbos On-Going FOOD DRIVE!!** *Tomchei Shabbos* (Supporters of the Sabbath) is maintained through contributions of food and money, and was established by the Vaad Hoer, which discreetly provides families in our community with Shabbos & Yom Tov meals. Bring a bag of non-perishables to our office, or for home pick-up please call **Sally Needle**, 314-991-2575. To make a donation go to [www.ovkosher.org](http://www.ovkosher.org).

*Welcome to Beyond Twelve Gates by Rabbi Ze'ev Smason  
Parshas Beha'aloscha June 6, 2015*

*“The Shabbat Valedictorian!”*

Senior Don Greenberg was looking forward to addressing his fellow students as a commencement speaker at Binghamton University's engineering school when his girlfriend broke the bad news: May 16, graduation day, fell on a Saturday. A triple major from Teaneck, N.J., with a 3.93 GPA, Don is *Shomer Shabbos*; fully observant of the Sabbath. What was the 'bad news'? Speaking into the microphone on the podium would have been a violation of Shabbat. But all's well that ends well! Don pre-recorded his speech, which was then shown on jumbo screens onstage on his graduation day, with him standing quietly on the stage, watching along with his fellow graduates, University faculty, family and friends. The only addition to the speech he had originally intended to give was a brief prologue which explained the reason for this unusual manner of delivery.

According to attendees at the commencement ceremony, Don's speech was well received. People appeared to understand the reasons behind the pre-recorded address, and were able to focus on his graduation message. Katharine Ellis, senior director of communications and a speech coach to the university's student commencement speakers, said she knew little about Orthodox Jewish practice until she met Don. But she said Binghamton was determined to do what it could to allow him to accept the honor he had earned. "Shabbat's restrictions may be limiting for many people," she said. "But it's freeing for him."

For those who observe Shabbat, it is a day of great joy eagerly awaited throughout the week, a time when we can set aside our weekday concerns and devote ourselves to higher pursuits. In Jewish literature, poetry and music, Shabbos is described as a bride or queen, as in the popular Shabbat hymn *Lecha Dodi*. It is said "more than Israel has kept Shabbat, Shabbat has kept Israel." Shabbos: our source of strength, vision, and freedom.

*Parshas Beha'aloscha Numbers 8:1 - 12:16*

Beha'aloscha (Hebrew for "when you step up") is thematically diverse, beginning with the daily lighting of the golden menorah in the Mishkan. The Levites are initiated into the Tabernacle service. The Torah then describes the celebration of Passover in the second year in the desert, complete with the bringing of the *Korban Pesach* (Passover offering). Some men could not bring the offering due to ritual impurity, and were thus commanded to celebrate *Pesach Sheni*, a 'make-up Passover' a month later. Lesson: Second chances are available. Additionally, the standard procedure by which the Jewish people would break camp to travel in the desert is described. Soon after leaving Mt. Sinai, the people begin to kvetch. Spurred by the mixed multitude of insincere converts who joined the Jewish people upon leaving Egypt, the complaining is directed toward the manna, their daily miraculous portion of heavenly bread. G-d sends a massive flock of quail which the people gather to eat; those who had complained about the lack of food overstuff themselves and die during this supernatural event. The portion concludes with Miriam speaking *loshon hara* (defamatory words) to Aaron about their brother Moses. She is punished by G-d with *tzaraas* (a skin condition indicating a spiritual deficiency) and is quarantined outside the camp for seven days.

*Rabbinic Ruminations*

Students in Hayley Dupuy's sixth-grade science class at the Jane Lathrop Stanford Middle School in Palo Alto, California, were beginning a unit on plate tectonics. In small groups, they produced their own questions, quickly, one after another: What are plate tectonics? How fast do plates move? Why do plates move? Do plates affect temperature? What animals can sense the plates moving? They raise questions "that we never would have thought of if we started to answer the first question we asked," said one of the students. "And just when you think you already know the question you want to focus on, you realize: 'Oh, wow, here's this other question that is so much better, and that's really what you need to think about.'"

Research shows the benefits of formulating the right questions. The authors of the book *Make Just One Change: Teach Students to Ask Their Own Questions* wrote, "When students know how to ask their own questions, they take greater ownership of their learning, deepen comprehension, and make new connections and discoveries on

their own." Asking good questions is important in school and beyond. Since the passing of Steve Jobs more than three years ago, books have been written and movies made celebrating his legacy and aiming to share the secrets he used to build the largest company in the world. Many suggest it was Jobs' insatiable curiosity that may have been his most important quality. Jim Collins, author of the best seller *Good to Great*, described Peter Drucker (aka "the man who invented management") as someone "who had a remarkable ability to not just to give the right answers but more important, to ask the right questions -- questions that would shift our entire frame of reference."

Rabbi Dr. Abraham Twerski, the American psychiatrist, remembers how, when he was young, his teacher would welcome questions, the more demanding the better. When faced with a particularly tough challenge, he would say, in his broken English: "*You right! You hundred prozent right! Now I show you where you wrong.*" The Nobel prize-winning Jewish physicist Isidore Rabi once explained that his mother taught him how to be a scientist. 'Every other child would come back from school and be asked, "What did you learn today?" But my mother used to ask, instead, "Izzy, did you ask a good question today?"' In the yeshiva, the home of traditional Talmudic learning, the highest compliment a teacher can give a student is *Du fregst a gutte kasha*, 'You raise a good objection.' Good questions help us to re-think what we think we know.

### *Quote of the Week*

Courage is being scared to death... and saddling up anyway. -- *John Wayne*

### **Joke of the Week**

Lost on a rainy night, a rabbi stumbles into a monastery.

"Welcome, Rabbi! You're just in time for dinner!"

"Thank you so much, but I can't eat meat that isn't kosher."

"We have excellent fish 'n chips."

"Oh, wonderful."

They eat.

"Say, these are the best fish n' chips I've ever tasted. May I thank the chef?"

"Certainly. Brother Michael and Brother Francis, please come in!"

"Very pleased to meet you, gentlemen. I just wanted to thank you for the finest fish and chips I've ever had. Just out of curiosity, who cooked what?"

Brother Michael replied, "Well, I'm the fish friar."

The rabbi turns to the other brother and says, "Then you must be...."

"Yes, I'm afraid I'm the chip monk."

# MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

<b><i>This Week At a Glance</i></b>	<b>Shabbos June 6</b>	<b>Sunday June 7</b>	<b>Monday June 8</b>	<b>Tuesday June 9</b>	<b>Wed. June 10</b>	<b>Thurs. June 11</b>	<b>Friday June 12</b>	<b>Shabbos June 13</b>
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:50 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:50 pm

## NHBZ Event Planner

*(Check “**Shul News . . .**” for time, date or location changes.)*

Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.

**All events will be at NHBZ unless otherwise noted.**

### WEEKLY at NHBZ

#### SHABBOS

- Tefillah Class (9:30 am) led by Rabbi Yosef David in the Rivkin Chapel.
- Child Care (10:00 am – Noon) for kids 3 & under in the Children’s Room.
- Learners Service (10:15 am) led by Rabbi Ze’ev Smason in the Rivkin Chapel.
- Shabbos Tanach (Bible) (One hour before Mincha)

#### SUNDAY

- Mishna Learning (after Shacharis) with Rabbi Chanan Swidler, of Aish HaTorah
- “Mystical Moments” with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel

#### MONDAY

- Mah Jongg (Mondays, 4-6:00 pm) NHBZ Lower Level. Proceeds benefit The NHBZ Chesed Fund.

#### WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.

### SEMI-MONTHLY at NHBZ

- Women’s Tefillah Class (2<sup>nd</sup> & 4<sup>th</sup> Mondays) 3:15 pm with Rabbi Smason at NHBZ. (**On Summer Break!**)

### MONTHLY at NHBZ

- Irvin Alper Social Club (First Sunday) 5:00 pm.
- Mussar Mondays (First Monday) 7:00-7:45 pm. at the home of Richard & Mindy Woolf.
- Women’s Home Study Group (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin. (**On Summer Break!**)
- Morris Lenga Yiddish Club (First Thursday) 7:30 pm at NHBZ.
- Sisterhood (Third Tuesday)
- Dine-In Pizza Night (Last Sunday) 5:00 – 7:00 pm Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 – 4:45 pm.

### NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn

***The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, NO LATER THAN 12:00 noon, please. That will allow the time needed to make changes. The bulletin is printed first thing every Thursday morning.***