

# NHBZ Shabbos Bulletin

### Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

Shabbos June 7, 2014 9 Sivan 5774

Office Phone 314-991-2100 Chapel Phone: 314-991-2100

Webpage: www.nhbz.org

**Torah Portion: Haftorah:** 

Parshas Beha'aloscha: Numbers 8:1 – 12:16

Zechariah 2:14 - 4:7

Stone Chumash pages 775-797 Stone Chumash pages 1182-1184

Thanks to Dr. Susan Feigenbaum & Dr. Jay Pepose for sponsoring this Shabbos Bulletin in honor of Max, Sam & Morissa Pepose completing their first year of college with FLYING COLORS!!!

### Erev Shabbos – Friday Night, June 6, 2014

- Mincha & Ma'ariv (7:00 pm)
- Candle Lighting (8:04 pm)

#### Shabbos - June 7

- Shachris & Musaf (9:00 am) ~ Thank You For Leading Davening
  - Pesukei D'Zimra: Howard Sandler
- Haftorah: Kenny Bressler
- Shacharis: Menachem Szus
- Drasha (Sermon): Rabbi Ze'ev Smason
- Leyning: Moshe Leib Cohen
- Musaf: TBA
- Kiddush & Lunch ~ Thanks to Don & Julie Eisenberg for sponsoring lunch today In honor of their 35<sup>th</sup> Wedding Anniversary. HAPPY 35<sup>th</sup> WEDDING ANNIVERSARY JULIE → DON!!!!!
- Mincha, Shalosh Seudos, Ma'ariv (7:50 pm)
- Shabbos Concludes (9:08 pm)
- Monument Dedication ~ For Betty Jane Goldstein, ל"ל, beloved mother of Barbara Ferman, Audrey Fleissig and Carol Zuckner will be tomorrow ~ Sunday, June 8, 12:00 noon, at Chesed Shel Emes Cemetery on Olive and Hanley.
- Monument Dedication ~ For Lottie Slumpsky, 5<sup>th</sup>, beloved mother of Cindy Slumpsky and Sharon Smith, on Sunday, June 22, at 11:00 a.m. at Chesed Shel Emes Cemetery on White Road.

### **Thanks**

- Thanks to Dr. Craig Berkin and Irwin Rosen, chairmen of our 2014 Special Gifts Campaign, and to Menachem Szus, our fundraising chairman, for organizing calls and follow-up for the campaign to raise the much needed funds for our operating budget; thanks to calling committee Fran Alper, Lenny Alper, Dr. Craig Berkin, Esther Gelb, Irwin Rosen and Phyllis Silverman. Thanks to Dr. Craig Berkin for being the chairman of the "Thank You" event, and to everyone who worked on the dinner – planning and preparing the menu that was a BIG HIT with everyone who attended; and for the beautiful, spring-like decorations that popped on every table! Thanks to Jackie Berkin, Bertha Berman, Sandy Klarfeld, Debbie Krings Robin Rickerman, Phyllis Silverman, Reuven Tzadok, and Anna Rose Tendler, and, as always, the invaluable help of Teresa Carter and Allan Swan! Thanks to Howard Sandler for providing his delightful musical accompaniment.
- Thanks to Norma Rubin and her sous chefs Mimi Fiszel, Sandy Klarfeld, Anna Rose Tendler, Boris Yasiney for a wonderfully scrumptious Shavuos Dinner, and to Robin Rickerman, event chairperson! And, thanks to these generous people who sponsored the dinner: Bob & Sandie Abrams, Lenny & Fran Alper, Andy & Ellen Berg, Sam & Shirley Bluestein, Gene & Linda Carton, Dr. Susan Feigenbaum & Dr. Jay Pepose, Stanley & Rhonnie Goldfader, Alan & Janet Haber, Kurt & Sandy Kahn, Bob & Joni Kaiser, Mark Ragin & Gail Rose, Irwin & Roz Rosen, David & Norma Rubin, Susan Schwartz, Dr. Jonathan & Naomi Shanker, Sid & Phyllis Silverman, Gary & Trudy Sudin, and Mayer Taller!

# Meetings

- Board of Directors Meeting ~ Tuesday evening, June 10. Minyan is at 7:00 pm; Meeting at 7:30 pm.
- Executive Committee Meeting ~ Tuesday evening, June 24. Minyan is at 7:00 pm; Meeting at 7:30 pm.

## NHBZ COMING EVENTS

- ◆ Shabbos Lunch & Learn and Graduation Shabbos ~ Next Shabbos, June 14 In honor of our members celebrating June Birthdays and Wedding Anniversaries, and honoring our School, High School and College Graduates. CALL US WITH YOUR GRADUATES! Do you have a graduate in your family? Please call Sandie, 314-991-2100, ext. 2, and give us your graduates' names and schools so we can wish you and your graduates a Big Mazel Tov in our Shabbos Bulletin on June 14!!!
- Kiddush ~ On Shabbos, June 21st, Joyce Hochberg will share a D'var Torah with us on Parshas Korach.
   Thanks to Murray & Joyce Hochberg who will sponsor Kiddush in honor of Joyce's D'var Torah.
- Dedication ~ We are pleased to announce that on Shabbos, June 28, we will have the official unveiling of the western wall in the lobby. We will dedicate the plaques and honor everyone who contributed to the New Building Capital Campaign, the New Building Loan Guarantors and the Legacy Society. We will update the lists with the names of future donors.
- Kiddush ~ On Shabbos, June 28, Kiddush will be sponsored by The Alper Family in honor of the birthdays
  of Fran, Caryn and Joanna Alper.
- Lion's Den Pizza Night ~ All-You-Can-Eat Pizza Buffet ~ Sunday, June 29, 5:00-7:00 p.m. Bring your family and friends to enjoy a delicious pizza dinner and schmoozing, and a movie for the kids!!! Reservations are not needed. Just show up and have a great time!!!! (Please place carry-out orders by 10:00 a.m on Sunday morning, 314-991-2100, ext. 2.)

# **CLASS SERIES**

- Learn to Lead Davening ~ led by our Chazzan Dr. Ethan Schuman on <u>Sunday mornings</u>, at 9:00 a.m. after morning minyan.
- New Class Series Coming Soon ~ Rabbi Yosef Landa, Regional Director of Chabad of Greater St. Louis, has arranged with our Education Committee to present the following class at NHBZ: "Transformational Teachings from the World of Chassidut." The series will begin on June 22, and continue June 29, July 6, and July 13, on <u>Sunday mornings.</u> Nearly 300 years ago Rabbi Israel Baal Shem Tov founded the Chassidic movement. The teachings of Chassidism went on to captivate, inspire and illuminate millions of Jewish lives, among them the most learned and righteous among our people. In four sessions with Rabbi Yosef Landa we will explore some applied concepts of Chassidic thought -- transformational ideas sure to enrich the life of every Jew, Chasid or non-Chasid, empowering them to attain greater spiritual heights.
- Bi-Monthly Women's Tefila Class ~ Led by Rabbi Ze'ev Smason. The class meets on the 2nd and 4th MONDAYS of the month at 3:15 p.m. Monday afternoons. The focus is the structure and deeper meaning of the Shabbos morning service and prayers, and how prayer can be used as a basis for our own communication with G-d. All women welcome.
- "Chassidic Insights into the Weekly Parsha" ~ Led by Rabbi (Chaplain, Major) Avraham Cohen "Chassidic Insights into the Weekly Parsha." Study will delve into esoteric thought, but is entirely accessible for those at any level of Jewish education and background. <u>Wednesday evenings</u> at 7:30 p.m., after minyan, in the NHBZ Chapel. Rabbi Cohen can be reached at 301-787-5538 for further questions.

# SIMCH S

• MAZEL TOV ON SIMCHAS May 31 – June 6. Happy Birthday to Nathan Brook, Ann Lenga, Brett Marbain, Mary Rose Marbain, and David Simon! Happy Anniversary to ~ Steve &

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*Mary Rose Marbain and Sid & Phyllis Silverman!* Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.

### **Reminders**

- SHABBOS HALACHAS (Laws of Shabbos) An eruv is an enclosure, constructed according to halacha (Jewish law), as a way to permit Jewish residents or visitors to carry certain objects outside their own homes on Shabbos and Yom Kippur. The St. Louis eruv encompasses parts (but not all) of Olivette, U.City and Clayton. We respectfully request that Shabbos bulletins, food, or any other item not be removed from the synagogue by those who do not live within the eruv. For details or questions, please see Rabbi Smason.
- Become Energized!!! Sponsor Your Own Solar Panel!!! The 2014 price is just \$216 for the year. Your sponsorship will appear on the lobby monitor with an individual display with your personal or business name. Sponsor a panel for yourself, your friends, your business, or dedicate one in honor of a loved one. If you are interested in sponsoring a solar panel, please call 314-991-2100, ext. 2 and we will send you the form to complete with your own wording!
- <u>Buy and Use Cash Cards</u> call the office ASAP to order your cards and <u>earn free money</u> for NHBZ!
   Orders are placed twice per month on or as close to the 15<sup>th</sup> and 30<sup>th</sup>.
- FEADS UPI Schnucks E-Scrip Card \$1,435.80 in 2013!!! If you have been using your Schnucks E-Scrip Card when you shop, we Thank You VERY Much! NHBZ received \$1,435.80 <u>Easy Money</u> last year from Schnucks based on your purchases, and <u>NO EXTRA CHARGE TO YOU!!!</u> Please remember to hand your e-Scrip card to your checker every time you shop and make your shopping trip count!!! TO NHBZ Members <u>AND Non-Members Alike</u> ~~ if you don't have an e-Scrip card, please contact the office: sandieabrams@hotmail.com or 314-991-2100, ext. 2, and "shop" for Nusach Hari B'nai Zion!!!
- **Sponsorships** If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, extension 2, to make arrangements.
- Tributes Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575.
- Mi Shebarach List ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or in English if Hebrew names are unavailable. Your contributions are greatly appreciated.
- Memorial Plaques ~ Memorial plaques are lovingly mounted in our new building. Remember your loved ones with a plaque; prices are \$150 and \$275. Please call the office for details.

Important Note About New Memorial Plaques
To receive new Memorial Plaques for: We must receive your order by:
Rosh Hashana (Sept. 25<sup>th</sup>) July 7, 2014
Yom Kippur (October 4<sup>th</sup> - Yizkor) July 28, 2014
Shemini Atzeres (October 16<sup>th</sup> - Yizkor) September 11, 2014

Shalosh Seudos, The 3<sup>rd</sup> Meal of Shabbos ~ To sponsor Shalosh Seudos on Shabbos, which takes place
between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of
you who sponsor the Third Meal as you observe the yahrzeits of your dear family members.

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- Buy a Brick Online or by Phone Our website now accepts online donations for the Brick and Planting Campaign; go to <a href="http://www.nhbz.org/dedications.asp">http://www.nhbz.org/dedications.asp</a> or call the office at 314-991-2100.
- Synagogue Honors It is customary to make a donation to the shul for Aliyos or other honors received.

### NEWS & FEATURES

# Wow! Do We Have a Sisterhood, or What? We don't have a "THANK

YOU" big enough to thank our Sisterhood for all they do for our shul – and, now, they have topped themselves!! Our NHBZ Sisterhood has purchased and donated not one, not two, but THREE refrigeration units. Two of our refrigerators AND our big freezer all bit the dust at the same time. Repair costs were through the roof, so Rachael Pevnick and Ruth Alper ran right over to Peerless Restaurant Supply and arranged for the purchase of the products we needed. So, to Rachael, Ruth, and all the special Sisterhood Ladies --- *Muchas Gracias*, *Merci Beaucoup*, *Todah Rabah* ~~ *Thank You!!!!!* 

- ◆ St. Louis Kollel's Jewish Unity Live ~ St. Louis Kollel's Jewish Unity Live Community Sefer Torah Campaign is in full swing. This year, the Torah Dedication and Celebration will include the completion of a Sefer Torah at the Goldmeier home on Sunday, June 15<sup>th</sup> followed by a children's parade to the Kollel at 8200 Delmar with free ice cream and cotton candy. Sefer Torah dedication opportunities starting at \$36 are still available and everyone is invited to attend. In the evening, there will be a "Jewish Unity Live" celebration at the Logan Amphitheatre in Chesterfield featuring a lavish buffet from Jon Rubin, a special video, and a presentation to this year's Awardees: Dr. Mickey and Bonnie Goldmeier, Mr. Kevin Demoff, OUR OWN Mrs. Michelle Mufson, Mrs. Stacy Kass, Mr. Ben Fainer, Mr. Richard Senturia and Dr. Alan Lyss. For tickets, general information and dedication opportunities, call (314) 726-6047 or email office@stlkollel.com.
- Author of Popular Novel to Speak at Brodsky Library ~ Ronald Balson, author of the popular novel Once We Were Brothers, will appear at the Saul Brodsky Jewish Community Library on Wednesday, June 18 at 7 pm. Once We Were Brothers is the compelling tale of two boys and a family that struggle to survive in war-torn Poland. It is also the story of a young lawyer who must face not only a powerful adversary, but her own self-doubts. Two lives, two worlds and 60 years are all on course to collide in the fast-paced legal thriller. Reservations are required to attend the event. Admission is \$5.00 per person; free to Friends of the Library. For details or to make a reservation, call 314-442-3720 or email <a href="mailto:Brodskylibrary@jfedstl.org">Brodskylibrary@jfedstl.org</a>.
- Jewish Federation of St. Louis ~ is seeking nominations for two annual awards. The 2014 Fred A. Goldstein Memorial Service Award recognizes outstanding professional leadership. Nominees must be employed by a St. Louis Jewish organization and currently working in a direct service, professional or managerial role. The 2014 David N. and Roselin Grosberg Young Leadership Award recognizes volunteer leaders in the Jewish community who are 40 years and younger. Nominees must demonstrate active Jewish Federation leadership and commitment to Federation's annual Community Campaign. Nominations can also highlight involvement in other Jewish community organizations and the St. Louis community at large. For both awards, the deadline for nominations is Monday, July 28. Nominations (in the form of letters of recommendation) are invited from the entire Jewish community. Submit letters of recommendation to Marci Mayer Eisen, director of the Millstone Institute, 12 Millstone Campus Drive, St. Louis, MO 63146 or email meisen@jfedstl.org. For more information, call 314-442-3810.
- ◆ Tomchei Shabbos FOOD DRIVE!! Pick up your bags at our NHBZ office; help make the Food Drive a Big Success!!! For questions or home pick-up, please call Sally Needle, 314-991-2575.
- Tomchei Shabbos Cookbook Project ~ Preparations for our cookbook, dedicated in memory of Merle Hartstein, are in full swing! Please share your Shavuos recipes (including meat!) by sending them to: tomcheishabboscookbook@gmail.com. If you would like to help on the cookbook please call Bryna Kandel at 569-5001 or email tomcheishabboscookbook@gmail.com.

### **President's Message**

Thanks to all those who worked on the **Special Gifts Campaign and Dinner**, and thanks to those who worked on the **Shavuos Seudah and Learning Sessions.** 

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The first photo sessions for our <u>2014 Photo Directory</u> are five days from now. As of this writing, there were a few time slots left. If you haven't signed up, it is urgent that you do so now. Please participate in this photo yearbook that will capture the "Faces of NHBZ" of 2014. Sign up on line, or call Life Touch at 1-800-521-4611.

Rabbi Yosef Landa, Regional Director of Chabad of Greater St. Louis, has arranged with our Education Committee to present a new class here. The class is "Transformational Teachings from the World of Chassidut." In four sessions, Rabbi Landa will explore some applied ideas of Chassidic thought - transformational concepts which will enrich the life of all Jews, Chasidic or not, empowering them to reach for greater spiritual heights. The classes will be held on four consecutive Sunday mornings at 10:00 am, starting June 22.



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Please consider sponsoring a Shabbos Kiddush or Lunch or Shalosh Seudos in honor or in memory of a loved one. We have had a fantastic stretch of ten consecutive weeks or so of sponsored Lunches. Let's keep it going.



<u>Enrich your NHBZ experience</u> by volunteering for a committee or a specific project. With busy lives, it can be hard to find time to volunteer. However, the benefits of volunteering are enormous to you, your family, and NHBZ. The right match can help you make new friends, increase your social and relationship skills, increase self-confidence, and even advance your career. Volunteering can even help protect your mental and physical health! Please contact me to explore volunteer opportunities.

# Lenny Alper

Beyond Twelve Gates by Rabbi Ze'ev Smason Parshas Beha'alosch June 7, 2014

### Welcome to Beyond Twelve Gates

A veteran cab driver has learned a costly lesson after agreeing to transport a man from California to North Dakota. Enaytayullah Hoseny, met 25-year-old Matthew Blackhanson at the Sacramento Greyhound station. Blackhanson hopped in the cab and asked if Hoseny knew where North Dakota was. He didn't, but punched it into his GPS and found out that it would take 22-hours and 15-minutes to get to Mandan, ND. The cabbie quoted a price that came into his head -- \$1200. The prospective passenger handed over \$240 cash and agreed to sign a hand-written contract that he would pay the rest on arrival. The problem: Once they got to North Dakota, the passenger had no money to pay up.

Hoseny called the police who arrested Blackhanson on the spot. Hoseny was left miles away from home, out of cash and out of gas. Without any options and needing rest, he spent the night in a local homeless shelter. The next day, the cabbie found some compassionate folks who filled up his gas tank and gave him food and cash. After eventually making it back to his home, Hoseny said he urged all taxi drivers never to take a long-distance fare without getting the money upfront. "I tell all the taxi drivers in the world, do not do this. This is so crazy and risky and even stupid," Hoseny said. As it happened, Blackhanson was getting a serious discount. According to the taxi meter at the end of the trip, it should have cost \$4,800.

The Torah says, "Tamim Tihiyeh Im Hashem Elokecha" -- "Go innocently with G-d" (Deut. 18:13) One should go innocently and be fully trusting when G-d is your partner. But when dealing with unfamiliar people, be cautious: Like Enaytayullah Hoseny, you might get taken for a ride.

#### Parshas Beha'aloscha Numbers 8:1 - 12:16

Beha'aloscha (Hebrew for "when you step up") is thematically diverse, beginning with the daily lighting of the golden menorah in the Mishkan. The Levites are initiated into the Tabernacle service. The Torah then describes the celebration of Passover in the second year in the desert, complete with the bringing of the Korban Pesach (Passover offering). Some men could not bring the offering due to ritual impurity, and were thus commanded to celebrate Pesach Sheni, a 'make-up Passover' a month later. Lesson: second chances are available. Additionally, the standard procedure by which the Jewish people would break camp to travel in the desert is described.

Soon after leaving Mt. Sinai, the people begin to kvetch (to complain and grumble incessantly, as in the title of the classic novel 'Kvetcher in the Rye'). Spurred by the mixed multitude of insincere converts who joined the Jewish people upon leaving Egypt, the complaining is directed toward the manna, their daily miraculous portion of heavenly bread. G-d sends a massive flock of quail which the people gather to eat; those who had complained about the lack of food overstuff themselves and die during this supernatural event. The portion concludes with Miriam speaking *loshon hara* (defamatory words) to Aaron about their brother Moses. She is punished by G-d with *tzaraas* (a skin condition indicating a spiritual deficiency) and is quarantined outside the camp for seven days.

#### Rabbinic Ruminations

"I don't care what you think unless it is about me." ~ Kurt Cobain

Narcissism is the vain admiration of one's own physical or mental attributes, that derives from arrogant pride. Narcissism, a concept in psychoanalytic theory, is also considered a social or cultural problem. Almost comical in their exaggeration, narcissists are indifferent to who you are or what you have to say -- unless, that is, it specifically relates to *them*. Further, narcissists aren't much interested in other people's suffering, or, for that matter, any of other people's feelings. But there is hope for the narcissist: New research shows that narcissists can be made to feel empathy if given a nudge in the right direction.

In a study, narcissists watched a 10-minute video of a woman -- identified as Melinda -- describing her experience as a victim of domestic violence. Sometimes, beforehand, they were instructed to empathize with the following instruction: "Imagine how Melinda feels. Try to take her perspective in the video, imagine how she is feeling about what is happening ..." When the narcissists were specifically told to imagine how the victim felt, their empathy suddenly kicked in. In comparison, those low on narcissism didn't need to be told, so instructing them to take the victim's perspective had no additional effect. Researcher Dr. Erica G. Hepper thinks this simple technique of reminding narcissists to take another person's point of view can be useful. "If we encourage narcissists to consider the situation from their teammate or friend's point of view, they are likely to respond in a much more considerate or sympathetic way," Dr. Hepper said.

Rav Yitzchak Meir of Gur observed that the greatest darkness exists -- like during the Egyptian plague of darkness -- when we can't see each other, when we can't appreciate the other's pain. "..... there was a thick darkness in all the land of Egypt for three days: They saw not one another, neither did they rise anyone from his place..." (Exodus 10:22-23) Buffered by this insensitivity, we won't get up from our place, we won't lift a hand to help. Ethics of the Fathers says, Nosay b'ol im chaveiro (6:6) "Carry your friend's burden." Be aware of and share the pain of others.

### Quote of the Week

We are all travelers in the wilderness of this world and the best we can find in our travels is an honest friend.

-- Robert Louis Stevenson

# Joke of the Week

Yankel asked for two bagels.

That'll be forty cents, please," said the baker.

"Forty cents!" exclaimed Yankel. "Why, that's twenty cents a bagel! The man across the street only charges 12 cents."

- "So, buy them across the street," shrugged the baker.
- "But they're all out of bagels across the street," said Yankel.
- "Mister, when I'm all out of bagels, I only charge a nickel apiece."

The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, at 12:00 noon. The bulletin is printed first thing every Thursday morning.

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### MINYAN! IT'S GOOD FOR US & GOOD FOR YOU. TOO!!!

This Week At a Glance	Shabbos June 7	Sunday June 8	Monday June 9	Tuesday June 10	Wed. June 11	Thurs. June 12	Friday June 13	Shabbos June 14
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:50 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:50 pm
Events – see times in Event Planner Box	Kiddush & Lunch by Julie & Don Eisenberg In Honor of their 35 <sup>th</sup> Wedding Anniver- sary!	"Learn to Lead Davening" Class 9:00 am After Minyan	Tefilah Class for Women 3:15 pm at NHBZ	Women's Home Study Group, 2:30 pm at the home of Jackie Berkin; Board of Directors Meeting, 7:30 pm.	BUY CASH CARD	The Morris Lenga Yiddish Club, 7:30 pm at NHBZ	Erev Shabbos	Lunch & Learn IHO June Birthdays & Anni- versaries! Graduation Shabbos!

NHBZ Event Planner (Check "Coming Events" for time, date or location changes.) Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

#### WEEKLY at NHBZ

#### **SHABBOS**

- *Tefilah* (Prayer) Learners Service (9:30 am) led by Rabbi Yosef David, of Aish HaTorah, in the Chapel today, June 7. Class will resume in the fall.
- Child Care (10:00 am Noon) kids 3 & under in the Children's Room
- Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Chapel
- Shabbos Tanach (Bible) Study Group (45 minutes before Mincha)

#### **SUNDAY**

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler, of Aish HaTorah
- "Learn to Lead Davening (9:00 am) with Dr. Ethan Schuman after morning minyan
- "Transformational Teachings from the World of Chassidut" with Rabbi Yosef Landa, June 22 & 29, July 6 & 13.
- Mystical Moments with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

#### **MONDAY**

 Women's Tefila Class (2<sup>nd</sup> & 4<sup>th</sup> Mondays)
 3:15 pm with Rabbi Smason at NHBZ (Next class: <u>This Monday, June 9</u>.)

#### **WEDNESDAY**

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm)
   Studying Pirkei Avos.
- "Chassidic Insights into the Weekly Parsha" (7:30 pm, after Minyan) Rabbi (Chaplain, Major) Avraham Cohen.

#### MONTHLY at NHBZ

- Irvin Alper Social Club (First Sunday) (None in June)
- Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm)
- Dine-In Pizza Night (Last Sunday 5:00 7:00 pm)
   Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 pm.
- Sisterhood (Third Tuesday)
- RAP with the RABBI will resume in the fall.

#### NHBZ Signature Events

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- Synaplex Shabbos
- Shabbos Lunch & Learn