



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

March 14, 2015
23 Adar 5775

Torah Portion: Parshas Vayakhel-Pekudei: Exodus 35:1 – 40:38 Stone Chumash pages 516-541
Maftir: Parshas Parah: Numbers 19:1-22 Stone Chumash page 838
Haftarah: Ezekiel 36:16-36 Stone Chumash pages 1216-1217

Candle Lighting ~ 6:48 p.m. Shabbos Concludes ~ 7:52 p.m.

Thanks to *Mark Ragin & Gail Rose and Dr. Eliot & Sally Katz* for sponsoring *Lunch and the Chocolate Dessert Bar* in honor of their mother *Rose Ragin* to celebrate her birthday! **HAPPY BIRTHDAY TO ROSE!!!**

Thanks to *Kimberly, Jessica and Kayla Dobin, and Joshua, Autumn and Hayden Dobin* for sponsoring *Shalosh Seudos* today in memory of their beloved husband, father and grandfather *Aaron Dobin*, ז"ל, on the observance of his first yahrzeit.

Thanks to *Byron Brownstein* for sponsoring this *Shabbos Bulletin* in memory of his beloved father *Edwin Brownstein*, ז"ל, on the observance of his yahrzeit.

Shabbat Shalom!

Erev Shabbos, Friday Night, March 13, 2015

- **Mincha & Ma'ariv** (6:45 pm)

Shabbos, March 14, 2015

- **Shachris & Musaf** (9:00 am) ~ *Thank You For Leading Davening*
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Menachem Szus**
 - Leyning: **Moshe Leib Cohen**
 - Haftarah: **Dr. Arnold Tropp**
 - *Drasha* (Sermon): **Rabbi Ze'ev Smason**
 - Musaf: **Sammy Chervitz**
- **Tefillah/Prayer Learners' Service** ~ (9:30 a.m.) Led by **Rabbi Yosef David** in the Rivkin Chapel.
- **Learners' Service** ~ (10:15 am.) Led by **Rabbi Ze'ev Smason** in the Rivkin Chapel.
- **New Member Shabbos** ~ We welcome and honor everyone who became New NHBZ Members within the past year!!! **Welcome to Ari & Lila Belasen and Adina; Mark Baron; Leo Bressler; Sergio Chayet & Nancy Lisker Chayet, Natalie and Daniel; Lorraine Cherrick; Julie Friedman and Amarah; Stan Gellman; Dr. Harvey Glazer; Louis & Rebecca Goldman, Joseph and Maxwell; Dr. Mordecai & Beverly Milder Magency; Dr. Daniel & Marcela Morgensztern, Alan, David and Michael; Frances Oppenheim; Dr. Daniel & Julie Rosenbluth, Jennifer, Matthew, Brigitte and Daria; Libby Sorkin Routman; Dr. Milton & Tammy Sallis, Melanie and Danny; and Brent Waxman. WELCOME TO EACH + EVERY ONE OF YOU! WE ARE SO GLAD YOU ARE PART OF OUR Nusach Hari B'nai Zion FAMILY!!!**
- **Kiddush & Lunch** ~ (After Musaf) Thanks to **Joni Kaiser and Linda Szus** for creating the Chocolate Dessert Bar to welcome our New Members!
- **Mincha, Shalosh Seudos, Ma'ariv** ~ (6:35 p.m.)

Please be sure to read Rabbi Smason's [Beyond Twelve Gates in this Bulletin:](#)
"Putting First Things First"

Monument Dedication

- The monument dedication for **Aaron Dobin**, אהרן, will be held tomorrow - Sunday, March 15, 12:00 noon, at Chevra Kadisha Cemetery – North & South and Page.

NHBZ Coming Events

- **This Tuesday, March 17** ~ Sisterhood Membership Luncheon & Bingo Party will be on Tuesday, March 17, 12:00 noon, in the NHBZ Social Hall. Berta Goldgaber will display some of her beautiful Fabric Art; she will donate a portion of her sales to Sisterhood. You can also see and purchase Berta's Fabric Art on fabricart18@aol.com, at judaicafabricart.com, or visit her on Facebook; credit for these purchases will also go to Sisterhood. RSVP to Rachael Pevnick, 314-395-6017.
- **Next Shabbos, March 21** ~ Synaplex Shabbat & Lunch! Regular Services begin at 8:30 a.m.; Rabbi David's Tefillah/Prayer Learners' Service at 9:15 a.m., and Rabbi Smason's Learners' Service at 10:00 a.m., both in the Rivkin Chapel. **Synaplex sessions begin at 11:15 a.m.:** **Rabbi Ze'ev Smason:** "Seven Things Money Can't Buy;" **Professor Morris Kalliny:** "Egypt, ISIS and the Fight Against Radical Islam;" **Rabbi Levi Landa:** "PESACH: What can the Splitting of the Sea Teach us about Overcoming Challenges?" Plus, Youth Programming and Tot Shabbat.
- **Sunday, March 29 ~ Pre-Pesach Pizza Night ~ All-You-Can-Eat Pizza Buffet ~ 5:00 to 7:00 p.m.** Are you new to NHBZ, looking to meet more members...sign up to help on our **Pizza Night Buffet Line!** It's a great way for everyone to say "Hi." Bring your family and friends to enjoy a delicious dinner of pizza, salad, pasta and garlic bread, AND EXTRA COMFORT FOOD – Creamy Tomato Soup and Toasty-Cheesy-Squares!!! Reservations are not needed . . . just show up, eat to your heart's content, have fun schmoozing and a great time! All for the same price!!! Plus a movie for the kids every month!!!! (Please place carry-out orders by 10:00 a.m. on Sunday morning, 314-991-2100, ext. 2. Pick up time for carry out pizzas: 4:30-4:45 pm before the start of our buffet.)

PESACH!!! ~

Pesach will be upon us in a blink of an eye – It's TIME NOW to sell your chometz!!! FIVE WAYS to add your name and address to our list: **1.** Make an appointment to meet with Rabbi Smason in the office; **2.** Sell you chometz to Rabbi Smason at minyan; **3.** Come to the office and sign your name and address yourself; **4.** Call Sandie, 314-991-2100, ext. 2; or **5.** Send an email to Sandie (sandieabrams@hotmail.com) and say that you want us to add your name to the list. Whichever way to choose, whether for your residence only or to add your place of business, please include your address, your apartment/unit number, (business name and suite number), and zip code. Please make your checks payable to NHBZ and write "Sale of Chometz" on the memo line; send or bring them to our office, or to charge to your credit card call Sandie at 314-991-2100, ext. 2.

❖ **Vaad Hoer Maos Chittim Campaign** ~ (now through Pesach) – The campaign assists people in Israel and St. Louis to properly observe and celebrate Pesach. Please make your checks payable to Vaad Hoer Maos Chittim, and write "NHBZ" on the memo line; send checks to the Vaad Hoer or NHBZ.

When You Need Rabbi Smason ~ When you or a loved one becomes ill, and is hospitalized, please have a family member or friend contact Rabbi Smason on his cell phone as soon as possible . . . 314-749-5271.

Mi Shebarach List ~ Prayers said for a *Refuah Shelayma* (Speedy Recovery) for your loved ones and friends. Please call 314-991-2100, ext. 2, by 10 a.m. Friday mornings to include the names on our list to be read on Shabbos.

THANK YOU VERY MUCH !!!

KidZone Purim ~ THANK YOU, THANK YOU, THANK YOU to Danielle Bialecki, Alana Minoff, Mindy Woolf and Richard Woolf for creating a **WONDERFUL KidZone Experience** for the great group of 25-30 kids who had fun making groggers and decorating Purim Cookies in the Teen Lounge, and then showing off their costumes to everyone in the Sanctuary!

PURIM SEUDAH ~ AN EXTREMELY GIGANTIC THANK YOU to Julie Eisenberg, our FABULOUS head chef, who created and prepared an incredible, absolutely delectable Purim Feast. Thanks to Julie's Purim Seudah helpers - **Marcie Brook, Linda Carton, Danielle Eisenberg, Elise Goldberg, Rhonnie Goldfader, Joni Kaiser, Sandy Klarfeld, Cindy Looney, Ron Rosen, Shayna Scribner, Judy Spielberg, Margo Tzadok, and Reuven Tzadok.** Thank you to the Purim Ball Committee, **Bobby Levine & Linda Carton (Chairpersons), Judy Levin, Michelle Mufson, and Margo & Reuven Tzadok.** We thank all of these marvelous people for their hard work --- **shopping, slicing, dicing, cooking, decorating, and a myriad of other tasks** that made this a **Purim Ball & Seudah** that should not have been missed!! Thanks to **Bobby Levine** who led the costume contest!!! It was fun and lively, and the big "family" winners were . . . drum roll, please . . . **Louis & Rebecca Goldman and Family!!!** Louis came dressed as a Shabbos Table; Rebecca was the "wall" behind him!!! **Debbie Sher** won the Women's Best Costume as "Queen Esther;" **Judah Segal** won Men's Best Costume dressed as a Chemist. Honorable mention in the costume department must go to **Bob & Joni Kaiser,** who definitely came dressed for the *Ball*; **Bob** in his white tie and tails, and **Joni** looking stunning in her gorgeous, sparkling black gown!!! Bob looked stunning, too!!! Honorable Mention, also, to **Dr. David & Fran Reisler** in their Penguin costumes and holding a sign that read: "**Waiting for the Ark. Buy flood insurance here.**" Thanks to **Margo Tzadok** who created the "**Stuff the Hamantashen into Haman's Big Fat Mouth**" game. Thanks to **Jackie Berkin** for making the always luscious Whiskey Slush! Thanks to our **NHBZ Sisterhood** for providing the yummy Hamantashen! All the activities were a **VERY BIG HIT** with the little kids and the big adult-kids, alike!!!! All-in-all, a most wonderful and enjoyable time was had by all!!!!!! Thanks to **Paul Kleiman** for taking photos – See the pictures from the Purim Seudah on our website, www.nhbz.org.

SIMCHAS

MAZEL TOV ON SIMCHAS March 14-20. **Happy Birthday to Natalie Chayet** (March 13), **Danielle Eisenberg, Stan Gellman, Rebecca Lyss Lieberman, Alex Lyss, Jack Lyss and Marvin Stein!** **Happy Anniversary to ~ Menachem & Linda Szus!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Pack of Cards.

Shul News

Od Yosef Chai ~ Thanks to **ALL OF OUR GENEROUS DONORS** for contributing a **NEW HIGH record \$2,170.00** to Od Yosef Chai that helped people in St. Louis and Israel celebrate Purim. Yasher Koach!!!

- **Tuesday, March 31** ~ Executive Committee Meeting. **Mincha & Ma'ariv at 7:00 pm, Meeting, 7:30 pm.**
- **March 31st Deadline Is Approaching for NHBZ Membership Dues** ~ Take advantage of the **5% Discount** when you pay your dues in full on or before March 31st! The deadline is only 2½ weeks away!!!

In The Community . . .

- **Wednesdays** ~ Please join **Rabbi Yaakov Berkowitz** for his enlightening weekly class on the Parsha (Torah portion). Guaranteed: Unique Torah insights and an enhanced Shabbos! Wednesday evenings at 8:00 P.M. at the St. Louis Kollel, 8200 Delmar.

- **Sunday, March 15** ~ Princess with Pride Expo!! At Young Israel, 12:00 to 4:00 p.m. Pre-Pesach One Stop Shop – Clothing, Jewelry, Wigs, Hats, Makeup, Kosher Lamps, and much more! Enjoy a Delectable Salad Buffet while you shop! Jewish Video Entertainment for the kids, Smarty Had a Party – win high-end disposables for Yom Tov, **Milt's BBQ Truck from Chicago** – Dinner for 4, \$60.00; **orders must be placed by Tuesday, March 10th** – Call Bonnie Goldmeier, 314-503-2792 or bonitaellen@yahoo.com. For more information contact Shoshana, skowalsky@stkollel.com.
- **Tuesday, March 24** ~ Aish HaTorah presents - "The Secret to True Happiness" ~ Mr. Charlie Harary, Esq., guest speaker, on Tuesday, March 24, 7:30 p.m. at the Frontenac Hilton. Charlie Harary is a prolific speaker known internationally for his charismatic, passionate and sophisticated lectures, key note addresses and seminars on personal growth, entrepreneurship, social change and spirituality. Suggested donation: \$18.00. To register, call 314-862-2474 or email cwoff@aish.com.
- **A Call for Help from the Jewish Food Pantry** ~ The Jewish Food Pantry is in desperate need of volunteers. The amount of food they are receiving is growing, but the number of people to organize all of the donations is NOT keeping up! To help or for questions, call **Julie Eisenberg** at 314-494-8437.
- **Women's Tehillim Group** ~ A group of women in the community, gather each Sunday at 9:15 a.m., at the home of Jan Adelman, 8032 Amherst Ave, 314-863-5438, to say Tehillim in the *zchus* (merit) of a *refuah shelayma* (full & speedy recovery) for the *cholim* (the ill people) in our community. The Tehillim hotline for names and updates: 314-441-6460. If you have any questions, please call **Julie Eisenberg** at 314-494-8437. **WOMENS' TEHILLIM GROUP: Will meet this week at the home of Pat Harris-Fogel 948 Blackberry Pl, Sunday March 15 at 9:15 am. If you cannot participate in person, please call 314-727-2811. The following Sunday, March 22, Tehillim will return to Jan Adelman's home, 8032 Amherst Ave, (314) 863-5438.**
- **Tomchei Shabbos On-Going FOOD DRIVE!** *Tomchei Shabbos* (Supporters of the Sabbath) is maintained through contributions of food and money, and was established by the Vaad Hoer, which discreetly provides families in our community with Shabbos & Yom Tov meals. Bring a bag of non-perishables to our office, or for home pick-up please call **Sally Needle**, 314-991-2575. To make a donation go to www.ovkosher.org.

*Welcome to Beyond Twelve Gates by Rabbi Ze'ev Smason
Parshas Vayakhel-Pekudei March 14, 2015*

"Putting First Things First!"

A Delta airplane slid off a runway late last Thursday morning at New York's LaGuardia Airport, its nose busting through a fence before skidding to a halt mere feet from the frigid East River. Delta Flight 1086 briefly circled New York City due to issues with snow and ice before touching down shortly after 11 a.m. Almost as soon as it did, those aboard realized something was wrong -- the aircraft's wheels seemed to have little to no traction, sliding for about 20 seconds. "You didn't feel the wheels catch," passenger Jared Faellaci said. Then it was a matter of "where we are going to end up," he said. A little further, and the plane -- with 127 passengers and five crew members -- would have been in the icy waters rather than on the airport's snow-covered ground. Current NFL tight end Larry Donnell, another passenger on the plane, said, "I'm blessed to be safe and sound after our plane skidded off the runway at LaGuardia airport today."

Video showed passengers exiting the plane into the sub-freezing temperatures, as emergency vehicles converged on the area. <http://7online.com/news/la Guardia-flight-1086-passenger-jared-faellaci-talks-about-plane-accident/545970/> Twenty-four people suffered non-life-threatening injuries. Three of those were transported to nearby hospitals. One news report said that passengers were "thankful for the plane's crew, first responders and G-d that it wasn't much worse." When rejoicing over good news, should G-d be mentioned first or last?

In approximately 700 B.C. King Hezekiah of Judah came down with a terminal illness, but miraculously recovered. In response, the Babylonian king sent him a letter expressing how happy the Babylonians were that he had his health restored. The king opened his letter: "Peace unto the great king Hezekiah. Peace unto the great city of Jerusalem. Peace unto to the great G-d of Israel." He put G-d third. Nebuchadnezzar was a young scribe in the king's court at the time and was not present when the letter was written. However, when told how it was worded he said, "How can you do that? How can you mention G-d last? G-d should be mentioned first." Nebuchadnezzar then took four steps to bring back the messenger. Commentators to the Talmud say that for every step that he took he was given a generation to continue after him as ruler of the empire. When giving thanks, first give thanks to G-d.

Parshas Vayakhel--Pekudei Exodus 35:1 -- 40:38

This week we read the final portion of Exodus, a book which began with the Jewish people enslaved to Pharaoh in Egypt and now ends with the completion of the construction of the Mishkan (Tabernacle) in the desert. Exodus is known as 'the Book of Redemption'; redemption was achieved not only through our escape from slavery, but also through receiving the Torah on Mt. Sinai which gave purpose to that freedom. The climax of that salvation was when G-d rested His presence amongst the Jewish nation when the Mishkan was completed.

Parshas Vayakhel (Exodus 35:1 -- 38:20) begins with Moses assembling the entire nation of Israel to transmit the details of the construction and fabrication of the Mishkan as described in the three previous Torah portions. However, Moses first cautions them about the fundamental mitzvah to observe Shabbat. The nation is reminded that although the construction of the Mishkan is of transcendent importance, it does not take precedence over the weekly observance of Shabbat. The portion describes that the Jewish people came forward with their generous contributions for the Mishkan's construction, producing a surplus of supplies. The craftsmen are selected and the building begins.

Parshas Pekudei (Exodus 38:21 -- 40:38) begins with a complete accounting of the gold, silver and copper contributed by the people for use in the Mishkan. Following Moses' inspection and approval of the many utensils and unassembled parts, Moses sets up the Mishkan on Rosh Chodesh Nissan as each part is anointed and arranged in its proper location. And as G-d promised, His glory fills the Mishkan.

Rabbinic Ruminations

In an unhappy marriage, one partner often fails to speak up about problems affecting them both. Why? Contrary to what is often assumed, researchers at the University of Waterloo found that sufferers of low self-esteem tend not to voice relationship complaints with their partner because they fear rejection. "There is a perception that people with low self-esteem tend to be more negative and complain a lot more," said Megan McCarthy, the study's author and a Ph.D. candidate in the Department of Psychology. "While that may be the case in some social situations, our study suggests that in romantic relationships, the partner with low self-esteem resists addressing problems."

The study is important for understanding how intimate partner communication can help improve the love lives of people around the world. "If your significant other is not engaging in open and honest conversation about the relationship," said Ms. McCarthy, "it may not be that they don't care, but rather that they feel insecure and are afraid of being hurt. We've found that people with a more negative self-concept often have doubts and anxieties about the extent to which other people care about them." The research was recently presented at The Society for Personality and Social Psychology's 16th Annual Meeting in California. Ms. McCarthy concluded: "We all know that close relationships can sometimes be difficult. The key issue, then, is how we choose to deal with it when we feel dissatisfied with a partner."

George Bernard Shaw said, "*The single biggest problem in communication is the illusion that it has taken place.*" Sharing your dissatisfaction about significant issues is vital to maintaining the health and vibrancy of close relationships. When criticism is offered in a harsh manner that leads others to become defensive or angry, words are better left unsaid. However, the Torah (Leviticus 19:16-18) juxtaposes the instruction to give criticism next to the command to "Love your friend as yourself." The best criticism comes from a sense of love and obligation to help.

Quote of the Week

Success is never final and failure never fatal. It's courage that counts. – *George F. Tilton* – American Geochemist (1923-2010)¹

Joke of the Week

A single guy decided life would be more fun if he had a pet. So he went to the pet store and told the owner that he wanted to buy an unusual pet. After some discussion, he finally bought a talking centipede, (100-legged bug), which came in a little white box to use for his house. He took the box back home, found a good spot for the box, and decided he would start off by taking his new pet to shul with him. So he asked the centipede in the box, "Would you like to go to shul with me today?"

But there was no answer from his new pet. This bothered him a bit, but he waited a few minutes and then asked again, "How about going to shul with me?"

But again, there was no answer from his new friend and pet. So he waited a few minutes more, thinking about the situation. The guy decided to invite the centipede one last time. This time he put his face up against the centipede's house and shouted, "Hey, in there! Would you like to go to shul with me?"

This time, a little voice came out of the box, "I heard you the first time! I'm putting my shoes on!"

MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

<i>This Week At a Glance</i>	Shabbos March 14	Sunday March 15	Monday March 16	Tuesday March 17	Wed. March 18	Thurs. Mar. 19	Friday March 20	Shabbos March 21
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	6:35 pm	6:55 pm	6:55 pm	6:55 pm	6:55 pm	6:55 pm	6:55 pm	6:40 pm
Ma'ariv Only								

NHBZ Event Planner

(Check "Coming Events" for time, date or location changes.)

Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- Tefillah Class (9:30 am) led by Rabbi Yosef David in the Rivkin Chapel.
- Child Care (10:00 am – Noon) for kids 3 & under in the Children's Room.
- Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- Shabbos Tanach (Bible) (30 minutes before Mincha)

SUNDAY

- Mishna Learning (after Shacharis) with Rabbi Chanan Swidler, of Aish HaTorah
- "Mystical Moments" with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel

MONDAY

- Mah Jongg (Mondays, 4-6:00 pm) NHBZ Lower Level. Proceeds benefit The NHBZ Chesed Fund.

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.

SEMI-MONTHLY at NHBZ

- Women's Tefillah Class (2nd & 4th Mondays) 3:15 pm with Rabbi Smason at NHBZ.

MONTHLY at NHBZ

- Irvin Alper Social Club (First Sunday) 5:00 pm.
- Mussar Mondays (First Monday) 7:00-7:45 pm. at the home of Richard & Mindy Woolf.
- Women's Home Study Group (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday) 7:00 pm at NHBZ.
- Sisterhood (Third Tuesday)
- Dine-In Pizza Night (Last Sunday) 5:00 – 7:00 pm
Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 – 4:45 pm.

NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn

The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, at 12:00 noon. The bulletin is printed first thing every Thursday morning.