



# NHBZ Shabbos Bulletin

*Welcome to Nusach Hari B'nai Zion*

Affiliated with Union of Orthodox Congregations of America

March 15, 2014  
13 Adar II 5774

<b>Torah Portion:</b>	<b>Parshas Tzav: Leviticus 6:1 – 8:36</b>	<b>Stone Chumash pages 568-587</b>
<b>Maftir</b>	<b>Deuteronomy 25:17-19</b>	<b>Stone Chumash page 1066</b>
<b>Haftorah:</b>	<b>1 Samuel 15:2-34</b>	<b>Stone Chumash page 1214</b>

## Erev Shabbos – Friday Night, March 14, 2014

- **Mincha & Ma'ariv** (6:45 pm)
- **Candle Lighting** (6:49 pm)

## Shabbos, March 15

- **Shachris & Musaf** (9:00 am) ~ *Thank You For Leading Davening*
  - Pesukei D'Zimra: **Howard Sandler**
  - Shacharis: **Menachem Szus**
  - Leyning: **Max Gornish**
  - Haftorah: **Reuven Tzadok**
  - *Drasha* (Sermon): **Rabbi Ze'ev Smason**
  - Musaf: **Alan Haber**
- **Kiddush** ~ (After Musaf) ~ Thanks to **Lenny & Fran Alper** for their generous donation to our NHBZ Kiddush Fund in memory of beloved mother Edythe Ferman, ב"ה. And, thanks to **"POP-Star" Mimi Fizel** for sponsoring the soda today in honor of the Bar Mitzvah of her nephew **Benjamin Fizel**.
- **Mincha, Shalosh Seudos, Ma'ariv** (6:35 pm) Thanks to **Sid & Phyllis Silverman** for sponsoring Shalosh Seudos this evening in memory of beloved father Dave Weiner, ב"ה.
- **Shabbos Concludes** (7:53 pm)
- **Sisterhood Luncheon & Bingo!** Tuesday, March 18, The *Spring Membership Luncheon*. Delicious Lunch is FREE to paid Sisterhood Members!!! Sisterhood Membership is \$12.00; Lunch is \$7.00 for Non-Member Guests.

## "What's Up" This Weekend?



**PURIM** ~ Purim commemorates the salvation of the Jewish people in Ancient Persia from Haman's plot to kill all Jews in a single day.

- **PURIM** ~ **Reading of Megillas Esther** ~ Saturday night, March 15, at 8:30 p.m., and Sunday morning, March 16, at 8:30 a.m. And, something special this Purim ~ Etai Dean will become a Bar Mitzvah on Sunday morning. Etai is the son of Nivi and Jason Dean.  
*Hasta LaPasta Purim Palooza* ~ Buy special "pasta groggers" for \$4 each. Use the boxes of pasta as groggers during the reading of Megillas Esther, after which they will be donated to the Jewish Food Pantry in our community; proceeds will benefit the NHBZ Chesed Fund and the Rabbi's Charity Fund. Pay in advance, or buy them in shul when you arrive for Megillah reading on **March 15**. A very big THANK YOU to **Sarah Klein** for donating much needed new Megillos Esther for Purim!!! Mrs. Klein is dedicating the booklets in memory of her beloved grandparents HaRav Mordecai Yosef & Fradie Baum and Ze'ev & Sarah Griner, and in honor of her grandchildren Avi Jordan Klein, Hannah Sasha Klein, and Rachel Klein.
- **PURIM SEUDAH!!!!** Sunday, March 16, 6:00 p.m. SHARP!!! **Michelle Mufson & Sheryl Levine**, chairpersons; **Reuven Tzadok** will prepare a Delicious, **Authentic Persian Feast Complete with Whiskey Slush!!!**

## **NHBZ COMING EVENTS**

- **RAP with the RABBI Teen Group!** Sunday, March 30, 10:00 a.m. with **Rabbi Smason**, for young men and women; at Starbucks on Olive & Price, with complimentary drinks to all participants! RAP with the RABBI meets regularly on the last Sunday of the month! All teens are welcome!
- **Lion's Den Pizza Night** ~ All-You-Can-Eat Pizza Buffet ~ Sunday, March 30, 5:00-7:00 p.m. Bring your family and friends to enjoy a delicious pizza dinner and schmoozing, and a movie for the kids!!! Reservations are not needed. Just show up and have a great time!!!! (Please place carry-out orders by 10:00 a.m. on Sunday morning, 314-991-2100, ext. 2.) **Come and try our sensational New Jalapeno Pizza!!!**
- **SMILE!!! 😊 Be a Part of Our Family Album** ~ We invite all our members to make NHBZ's new **Photo Membership Directory** complete!!! There will be NO CHARGE or purchase requirement to get your family portrait taken for the directory. Photo sessions will be held at NHBZ in May. Stay tuned for details.

## **CLASS SERIES**

- **Bi-Monthly Women's Tefila Class** ~ Led by **Rabbi Ze'ev Smason**, the class meets on the 2nd and 4th MONDAYS of the month, **NEW TIME: 3:15 p.m. Monday afternoons**, next class, Monday, March 24, at NHBZ. The focus of our class is the structure and deeper meaning of the Shabbos morning service and prayers, and how prayer can be used as a basis for our own communication with G-d. All women welcome.
- **"Chassidic Insights into the Weekly Parsha"** ~ Rabbi (Chaplain, Major) Avraham Cohen is offering a class on Chassidic Insights into the Weekly Parsha from the sefer, Me'or V'Shemesh. Study will delve into esoteric thought, but on the other hand is entirely accessible for those having limited Jewish educational backgrounds. This ongoing class meets on **Wednesday evenings**; now meeting at 7:30 p.m., after minyan, in the NHBZ Chapel. Rabbi Cohen can be reached at 301-787-5538 for further questions.

## **SIMCHAS**

- **MAZEL TOV ON SIMCHAS** March 15- **Happy Birthday to Danielle Bialecki, Danielle Eisenberg, Estelle Levin, Marvin Stein! Happy Anniversary to ~Menachem & Linda Szus!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.

## **Wish List! Wish List! Wish List!**

- **DO YOU HAVE THESE ITEMS THAT YOU ARE NOT USING?** WE WOULD LIKE TO GIVE THEM A NEW HOME!!! We are wishing for ~ A Projection Screen on a Tripod Stand: Large, Sturdy and Moveable! **A VERY BIG THANK YOU TO Larry & Shirley Hollander** for donating a terrific, gently-used projection screen; we would like to have a second screen for the convenience of having the equipment on both levels of our building!!!! AND, we still need . . . A White Erasable Board (or two) on Tripod Stand: also Large, Sturdy and Moveable – all will be tremendous aids for classes and other presentations. Can YOU grant our wishes? Please call 314-991-2100, ext. 2. **Many thanks, again, to Larry & Shirley!!!**

## **Reminders**

- **NHBZ Membership Dues ~ Take advantage of the 5% Discount when you pay your dues in full on or before March 31<sup>st</sup>!** **The deadline is only 2 weeks away!!!**
- **Become Energized!!! Sponsor Your Own Solar Panel!!!** The 2014 price of just \$216 for a full year. Your sponsorship will appear on the lobby monitor with an individual display with your personal or business name. Sponsor a panel for yourself, your friends, your business, or dedicate one in honor of a loved one. If you are interested in sponsoring a solar panel, please call 314-991-2100, ext. 2 and we will send you the form to complete with your own wording!

- **Buy and Use Cash Cards** – call the office ASAP to order your cards and **earn free money** for NHBZ! Orders are placed twice per month – on or as close to the 15<sup>th</sup> and 30<sup>th</sup>.
- **HEADS UP! Schnucks E-Scrip Card - \$1,435.80 In 2013!!!** If you have been using your Schnucks E-Scrip Card when you shop, we Thank You VERY Much! NHBZ received \$1,435.80 **Easy Money** last year from Schnucks based on your purchases, and **NO EXTRA CHARGE TO YOU!!!** Please remember to hand your e-Scrip card to your checker every time you shop - and make your shopping trip count!!! **TO NHBZ Members AND Non-Members Alike** ~ ~ if you don't have an e-Scrip card, please contact the office: [sandleabrams@hotmail.com](mailto:sandleabrams@hotmail.com) or 314-991-2100, ext. 2, and “shop” for Nusach Hari B'nai Zion!!!
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, extension 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575.
- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** - It is customary to make a donation to the shul for Aliyos or other honors received.
- **Mi Shebarach List** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or in English if Hebrew names are unavailable. Your contributions are greatly appreciated.
- **Shalosh Seudos, The 3<sup>rd</sup> Meal of Shabbos** ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal as you observe the yahrzeits of your dear family members.
- **Mishna Study** ~ Learning Mishnayos in memory of a loved one or for a Refuah Shelayma for a person who is ill is an age-old Jewish Tradition. The word Mishna (learning) is closely related to the word Neshama (soul), and we believe that learning Mishnayos in someone's name acts as a Spiritual Elevation for that person or that person's soul. Our NHBZ Mishnayos Shiur learns every Sunday following morning minyan, carrying on this tradition by dedicating the Mishnayos to our loved ones. You may dedicate Mishnayos for 1 year: \$250; 6 months: \$150; 3 months: \$96; 1 month: \$50. *May your loved one be bound up in the bond of eternal life. May HaShem be filled with compassion to restore the health of your loved one.*
- **Memorial Plaques** ~ Memorial plaques from our former location are lovingly mounted in our new building. Remember your loved ones with a plaque; prices are \$150 and \$275. Please call the office for details.

## **NEWS & FEATURES**

- **"Safety Kid"** ~ Monday, March 24<sup>th</sup>, 7:30 p.m. in the Nusach Hari B'nai Zion Sanctuary; sponsored by Epstein Hebrew Academy (314-994-7856) and Torah Prep (314-569-2929). The Aleinu Family Resource Center is coming to St. Louis to present "Safety Kid" - a program tailored to Orthodox Jewish parents, schools and community members. The purpose of this program is to raise awareness, teach skills, and provide information to protect children from becoming victims of abuse. For more information, call EHA or Torah Prep.
- **Tomchei Shabbos FOOD DRIVE!!** Look for bags to be distributed at NHBZ on March 21, and picked up March 28. For questions or home pick-up, please call Jackie Oppenheimer at 997-6924.
- **Tomchei Shabbos Cookbook Project** ~ Details on recipe categories and recipe submission information will be available shortly. If you would like to help on the cookbook please call Bryna Kandel at 569-5001 or email [tomcheishabboscookbook@gmail.com](mailto:tomcheishabboscookbook@gmail.com).
- **Community-Wide Yom HaShoah Commemoration** ~ Sunday, April 27, at United Hebrew Congregation. "Bearing Witness For Those Who Cannot: Testimony From the Holocaust" featuring testimonies by St. Louis Survivors recounting their experiences during this tragic period of history.

*Beyond Twelve Gates by Rabbi Ze'ev Smason*  
*Parshas Tzav - Purim March 14, 2014*

*Welcome to Beyond Twelve Gates*

This coming Saturday night/Sunday is the holiday of Purim. Purim is arguably the most joyous holiday on the Jewish calendar. If you would only have one day a year to attend synagogue, Purim might be that day. Purim is celebrated with the 'Four Ms' -- in the following 4 ways:

- 1) Megilla: On Purim we read the Book of Esther, which recalls the attempt of the evil Haman (boo!) to wipe out the Jews of Persia.
- 2) Mishloach Manos: We send gifts of food to friends and relatives ...at least two ready-to-eat food items in each package, delivered by a proxy. The joy of the day increases as we send and receive.
- 3) Matanos L'Evyonim: We don't forget those with less . . . at least 2 gifts of money and/or food to the poor on Purim day.
- 4) Mishteh: The merry, merry meal on Purim day . . . an easy mitzvah to fulfill.

*Purim represents the height of joy -- so enjoy!*

*Parshas Tzav Leviticus 6:1 -- 8:36*

The portion begins with G-d continuing to teach Moses many of the laws relating to the Mishkan service. However, while last week's portion described the korbanos (offerings) from the perspective of the giver, this week the Torah focuses more directly on the Kohanim, providing details about their service. After first describing the maintenance of the fire which burned on the altar, the Torah discusses the various kinds of korbanos which Aaron, his sons, and the succeeding generations of Kohanim would be offering. The offerings must be brought with the proper intention and eaten in a state of spiritual purity. Finally, Moses performs the lengthy consecration service of the Mishkan, and Moses anoints Aaron and his sons for their service in the Mishkan, in front of the entire congregation of Israel.

*Rabbinic Ruminations*

With the popularity of mobile phone cameras, snapping photos of special moments has never been easier. But with all the point-and-shooting going on, is something important getting lost in the shuffle? A recent study examined whether photographing objects impacts our ability to remember them. Participants were led on a guided tour of an art museum and were directed to observe some objects and to photograph others. Results showed a photo-impairment effect: When participants took a photo of an object, they remembered fewer details about the object and the objects' location in the museum than if they instead only observed the object and did not photograph it.

Appreciating and interacting with our surroundings is conducive to our psychological and spiritual well-being. Ironically, taking photos removes us from the moment. As nice as it is to have trips to the museum, birthdays, holidays and vacations recorded, the above-mentioned study supports the idea that nothing compares to the experience of being present and the happiness we gain when we give special moments our full attention.

The Talmud (Avos 6:6) states that one of the 48 ways to wisdom is b'Talmud -- translated by Rabbi Noah Weinberg, z"l, as Be Aware of Every Moment. One of the biggest tests of life is to appreciate a situation while we're in the midst of experiencing it. Life is far too fleeting to allow ourselves to become overwhelmed by life's bumps in the road. Focus your attention to appreciate, be aware of, and savor the moment. And beware of what you might miss when you capture a moment with your camera.

*Quote of the Week*

Be yourself; everyone else is already taken -- *Oscar Wilde*

## Joke of the Week

A man walks into a doctor's office and asks the doctor to inspect his leg. The man says, "Here, put your ear to my knee." The doctor puts his ear to the man's knee and hears very faintly, "Come on, can I have five bucks, just five bucks?"

The doctor steps back in horror, and the man says, "I know, but it gets worse. Put your ear to my shin." The doctor puts his ear to the man's shin and hears very faintly, "Come on, can I have ten bucks, just ten bucks?"

Once again, the doctor stands up, very perplexed. The man says, "If that surprises you, put your ear to my ankle." The doctor puts his ear to the man's ankle and hears oh so faintly, "Come on, can I have twenty bucks, just twenty bucks?"

The doctor then stands up and says, "I have a diagnosis. Your leg is broke in three places."

*The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, at 12:00 noon. The bulletin is printed first thing every Thursday morning.*



# MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

<b>This Week At a Glance</b>	Shabbos March 15	Sunday March 16	Monday March 17	Tuesday March 18	Wed. March 19	Thurs. March 20	Friday March 21	Shabbos March 22
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	6:35 pm	5:45 pm	6:55 pm	6:55 pm	6:55 pm	6:55 pm	6:55 pm	6:40 pm
Ma'ariv		Following Purim Seudah						
<b>Events – see times in Event Planner Box</b>	<b>PURIM</b> <i>Megillas Esther at 8:30 pm</i>	<b>PURIM</b> <i>Megillas Esther at 8:30 am</i> <i>Purim Seudah 6:00 pm!</i>	<i>Shushan Purim ~ Celebrated as Purim Day in Jerusalem</i>	<b>BUY CASH CARDS</b>	<i>Lunch &amp; Learn w/ Rabbi Smason, 12:15 pm;</i>  <i>CLASS: Chassidic Insights 7:30 pm after minyan</i>		<i>Erev Shabbos</i>	<i>Lunch sponsored by Jerry &amp; Fran Cohen In honor of their Anniversary &amp; Jerry's Birthday!</i>

## NHBZ Event Planner (Check "Coming Events" for time, date or location changes.) Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

### WEEKLY at NHBZ

#### SHABBOS

- Child Care (10:00 am – Noon) kids 3 & under in the Children's Room
- Youth Programming (10:15 am – 11:00 am) children 4-8, in the Youth Lounge.
- Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Chapel
- Shabbos Tanach (Bible) Study Group (30 minutes before Mincha)

#### SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler of Aish HaTorah
- Mystical Moments with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

#### MONDAY

- Women's Tefila Class (2<sup>nd</sup> & 4<sup>th</sup> Mondays) 3:15 pm with Rabbi Smason

#### WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.
- "Chassidic Insights into the Weekly Parsha" (7:30 pm, after Minyan) Rabbi (Chaplain, Major) Avraham Cohen

### MONTHLY at NHBZ

- Irvin Alper Social Club (First Sunday)
- Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm)
- Dine-In Pizza Night (Last Sunday 5:00 – 7:00 pm) Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 pm.
- Sisterhood (Third Tuesday)
- RAP with the RABBI (Last Sunday of the month, 10:00 am **at Starbucks**)

### NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn