



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

March 22, 2014
20 Adar II 5774

Torah Portion: Parshas Shemini: Leviticus 9:1 – 11:47 Stone Chumash pages 588-607
Maftir: Parshas Parah: Numbers 19:1-22 Stone Chumash pages 838-842
Haftorah: Ezekiel 36:16-36 Stone Chumash pages 1216-1217

This Shabbos Bulletin is sponsored by Gloria Waxman in honor of the engagement of her grand-daughter Rebecca Waxman to Noah Cohen, and her grandson Douglas Waxman to Lisa Pomeranz! Mazel Tov to Gloria and her family!!!

Erev Shabbos – Friday Night, March 21, 2014

- **Mincha & Ma'ariv** (6:55 pm)
- **Candle Lighting** (6:55 pm)

Shabbos, March 22

- **Shachris & Musaf** (9:00 am) ~ *Thank You For Leading Davening*
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Dr. Ethan Schuman**
 - Leyning: **Moshe Leib Cohen**
 - Haftorah: **Brent Waxman**
 - *Drasha* (Sermon): **Rabbi Ze'ev Smason**
 - Musaf: **Richard Woolf**
- **Kiddush & Lunch** ~ (After Musaf) ~ Thanks to **Jerry and Fran Cohen** for sponsoring Lunch today in honor of their Wedding Anniversary (last month) and Jerry's Birthday (this month). Thanks to **Leo Bressler** for sponsoring a cake in honor of the Wedding Anniversary of **Menachem & Linda Szus**. Thanks to **"POP-Star" Marian Walters** for sponsoring the soda today in honor of the birthday of **Alan Zarkowsky**. And, thanks to **Alan & Vivian Zarkowsky** for sponsoring the sugar-free desserts in honor of the birthday of **Marian Walters**. **MAZEL TOV TO JERRY & FRAN, MENACHEM & LINDA, and ALAN ZARKOWSKY!!! ☺**
- **Mincha, Shalosh Seudos, Ma'ariv** (6:40 pm) Thanks to **Miriam Kapelusz** for sponsoring Shalosh Seudos in honor of her new great granddaughter **Blair Ava Levison!!!** Parents are Jeremy & Wendy Levison; grandparents are Ruth & Gary Levison. **MAZEL TOV TO MIRIAM and her family!!!**
- **Shabbos Concludes** (7:59 pm)
- **This week is Shabbos Parah** ~ Shabbos of the Red Heifer. **Shabbos Parah** occurs on the Shabbos before Shabbos HaChodesh, one or two weeks after Purim, and marks the beginning of formal preparations for Passover. The special Torah reading, Numbers 19:1-22, discusses a ritual of purification involving a red heifer (in Hebrew, parah adumah). Specifically, the ritual purifies people from the ritual impurity that comes from contact with the dead. At the end of the ritual, the people are purified, but the person who performed the ritual becomes temporarily impure. The rabbis speak of the ritual of Parah Adumah as the greatest of mysteries: it makes the impure pure, and makes the pure impure. The passage is chosen for this time because of the need to purify oneself for Pesach, in preparation for pilgrimage to Jerusalem and the Temple. The corresponding haftorah portion is Ezekiel 36:16-36, which also talks about purification.
- **Next week is Shabbos HaChodesh** ~ Shabbos of the "Month." **Shabbos HaChodesh** is the Shabbos that occurs on or before the first day of the month of Nisan during which Passover is observed. We read an extra Torah portion, Exodus 12:1-20, which talks about preparations for Passover, which begins on 15 Nisan. With one simple line, it establishes the Hebrew calendar: "This month shall be for you the beginning of the months, it shall be for you the first of the months of the year." In the Hebrew calendar, months are counted from Nisan in the spring but years are counted from the month of Tishrei in the fall. The

corresponding haftorah portion is Ezekiel 45:16 – 46:18, which also talks about the first month and the offerings at that time.

- **Monument Dedication** ~ For Sonia Katz, בִּנְיָמִין, beloved mother of Ruth Kaan, will be held next Sunday, March 30, at noon, at Chesed Shel Emes Cemetery on White Road.

“Whew! What a Weekend!!”



Lots of THANK YOUs due to a lot of generous, hard-working people!!!

Od Yosef Chai ~ Thanks to **ALL OF OUR GENEROUS DONORS** for contributing a record \$1,933.00 to Od Yosef Chai to help people in St. Louis and Israel celebrate Purim. Yasher Koach!!!

Shabbos ~ Last Week ~ Thanks to **Craig & Jackie Berkin** for generously donating several sweet treats for our Kiddush on March 15th!

PURIM SEUDAH!!!! ~ **AN EXTREMELY GIGANTIC THANK YOU** to

Reuven Tzadok, our FABULOUS head chef, who created and prepared an incredible, absolutely delectable and authentic Persian Feast, and to the Purim Seudah Committee, all of whom worked tirelessly to give us an indescribable Purim Seudah last Sunday at NHBZ. We had THE BEST PURIM SEUDAH in St. Louis . . . The BEST EVER at our shul!!!! Thanks to Committee Members - **Michelle Mufson (chairperson), Bobby & Sheryl Levine (Chairpersons), Reuven & Margo Tzadok (Chairpersons), Anna Rose Tendler, and Fran Reisler;** AND, thanks to their helpers **Nina Levine, Shayna Scribner and Robin Rickerman**. We thank all of these marvelous people for their hard work --- **decorating** (*the lobby and social hall's own mothers wouldn't have recognized them*), **shopping, slicing, dicing, washing pots and pans, and a myriad of other tasks** that made this a Purim Seudah that should not have been missed!! Thanks to **Bobby Levine** who led a terrific Parade of Costumes!!! It was fun and lively, and the winners were – drum roll, please . . . **Fran & David Reisler!!!** Scotty beamed them down to our shul dressed in their very best Ancient Persian finery. Honorable mention in the costume department must go to “hippies for the evening” Don & Julie Eisenberg; Don with his mullet, and Julie with her “lovely” locks practically reaching the floor!!! Thanks to **Margo Tzadok** who created and led the **“Stuff the Hamantashen into Haman’s Big Fat Mouth”** game. Thanks to **Jackie Berkin** for making the Whiskey Slush! This must have been her best batch yet – there wasn’t a drop left!!! Thanks to our **NHBZ Sisterhood** for providing the yummy Hamantashen! And, last but definitely not least, thanks to **Michelle Mufson** for engaging **Samantha** and her snakes, reptiles, scorpions, and sugar glider (like a flying squirrel)! All the activities were a **VERY BIG HIT** with the little kids and the big adult-kids, alike!!!! All-in-all, a most wonderful and enjoyable time was had by all!!!!!! See pictures from the Purim Seudah on our website, www.nhbz.org.

Meetings

- **Executive Committee Meeting** ~ This Tuesday, March 25, at 7:30 p.m. Minyan is at 7:00 p.m.

NHBZ COMING EVENTS

- **Pesach is Coming** ~ Pesach will be upon us in a blink of an eye — it's TIME NOW to sell your chometz!!! FIVE WAYS to add your name and address to our list: **1.** Make an appointment to meet with Rabbi Smason in the office; **2.** Sell your chometz to Rabbi Smason at minyan; **3.** Come to the office and sign your name yourself; **4.** Call Sandie, 314-991-2100, ext. 2; or **5.** Send an email to Sandie (sandieabrams@hotmail.com) and say that you want us to add your name to the list. Whichever way you choose, whether for your residence only or to add your place of business, please include your address, your apartment/unit number, (business name and suite number), and zip code. Please make your checks **payable to the Rabbi's Charity Fund** and send or bring them to our office; to charge to your credit card call Sandie at 314-991-2100, ext. 2.

- **Vaad Hoer Maos Chitim Campaign** ~ (now through Passover) – The campaign assists people in Israel and St. Louis to properly observe and celebrate Pesach. Please make checks payable to Vaad Hoer Maos Chitim, and write “NHBZ” on the notation; send checks to the Vaad Hoer or NHBZ.
- **RAP with the RABBI Teen Group!** Sunday, March 30, 10:00 a.m. with **Rabbi Smason**, for young men and women; at Starbucks on Olive & Price, with complimentary drinks to all participants! RAP with the RABBI meets regularly on the last Sunday of the month! All teens are welcome!
- **Flying off to Israel, anyone?** NHBZ is planning a group trip to Israel in November of 2015, and many people are excited about going with NHBZers! Are YOU interested?!! Then you are invited to a meeting this coming Thursday, March 27, 7:30 p.m. at the home of Sam & Shirley Bluestein (Michelle Mufson’s parents), 550 N. Price Road. Michelle is working with Richard Woolf to put the details together; your input would be very valuable.
- **Lion’s Den Pizza Night** ~ All-You-Can-Eat Pizza Buffet ~ Next Sunday, March 30, 5:00-7:00 p.m. Bring your family and friends to enjoy a delicious pizza dinner and schmoozing, and a movie for the kids!!! Reservations are not needed. Just show up and have a great time!!!! (Please place carry-out orders by 10:00 a.m. on Sunday morning, 314-991-2100, ext. 2.) ***Come and try our sensational New Jalapeno Pizza!!!***
- **SMILE!!! 😊 Be a Part of Our Family Album** ~ We invite all our members to make NHBZ’s new **Photo Membership Directory** complete!!! There will be **NO CHARGE** and **NO PURCHASE REQUIREMENT** to get your family portrait taken for the directory. You **WILL RECEIVE – FREE OF CHARGE** an 8X10 portrait AND a copy of the finished directory. Photo sessions will be held at NHBZ in May. You will soon receive an email with the website to access; you will also receive the Login Name and Password to make your one-hour appointment. During your one-hour portrait session you will: Check in, Be professionally photographed, Immediately view your portrait images, and have an opportunity to purchase additional portraits – **AGAIN, THERE ARE NO PURCHASE REQUIREMENTS**; you MAY make purchases, but only if you so desire. Those of you without computers or access to the internet will receive the needed information through a mailing. We want EVERY ONE OF OUR MEMBERS to appear in this directory, and we plan to make the whole process as easy as possible. Enclosed with this bulletin is the time table for appointments. Stay tuned --- more to come!!!

CLASS SERIES

- **Bi-Monthly Women’s Tefila Class** ~ Led by **Rabbi Ze’ev Smason**, the class meets on the 2nd and 4th MONDAYS of the month, **NEW TIME: 3:15 p.m. *Monday afternoons***, next class, This Monday, March 24, at NHBZ. The focus of our class is the structure and deeper meaning of the Shabbos morning service and prayers, and how prayer can be used as a basis for our own communication with G-d. All women welcome.
- **“Chassidic Insights into the Weekly Parsha”** ~ Rabbi (Chaplain, Major) Avraham Cohen is offering a class on Chassidic Insights into the Weekly Parsha from the sefer, Me’or V’Shemesh. Study will delve into esoteric thought, but on the other hand is entirely accessible for those having limited Jewish educational backgrounds. This ongoing class meets on ***Wednesday evenings***; now meeting at 7:30 p.m., after minyan, in the NHBZ Chapel. Rabbi Cohen can be reached at 301-787-5538 for further questions.

SIMCHAS

- **MAZEL TOV ON SIMCHAS** March 22-28. **Happy Birthday to Jerry Cohen, Mimi Fiszel, Linda Fleshman, Shirley Fredlich, Sidney Starr, Marian Walters, Alla Yasinev, and Alan Zarkowsky! Happy Anniversary to ~Stan & Rhonnie Goldfader and to Ron & Ina Makovsky!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.

Wish List! Wish List! Wish List!

- **DO YOU HAVE THESE ITEMS THAT YOU ARE NOT USING?** WE WOULD LIKE TO GIVE THEM A NEW HOME!!! We are wishing for ~~ A Projection Screen and a White Erasable Board, each on Tripod Stands;

and each Large, Sturdy and Moveable! **A VERY BIG THANK YOU TO LARRY & SHIRLEY HOLLANDER** for donating a terrific, gently-used projection screen. AND NOW, **A VERY BIG THANK YOU TO HOWARD & PHYLLIS LOITERSTEIN** for donating **a brand new** White Erasable Board! We would still like to have a second screen and second board for the convenience of having the equipment on both levels of our building!!!! These generous gifts will be tremendous aids for classes and other presentations. Can YOU grant our wishes? Please call 314-991-2100, ext. 2. *Many thanks, again, to Larry & Shirley AND to Howard & Phyllis!!!!*

Reminders

- **TAKE ADVANTAGE of the 5% Discount when you pay your NHBZ Membership Dues in full on or before March 31st! The deadline is only 9 days away!!!**
- **Become Energized!!! Sponsor Your Own Solar Panel!!!** The 2014 price of just \$216 for a full year. Your sponsorship will appear on the lobby monitor with an individual display with your personal or business name. Sponsor a panel for yourself, your friends, your business, or dedicate one in honor of a loved one. If you are interested in sponsoring a solar panel, please call 314-991-2100, ext. 2 and we will send you the form to complete with your own wording!
- **Buy and Use Cash Cards** – call the office ASAP to order your cards and **earn free money** for NHBZ! Orders are placed twice per month – on or as close to the 15th and 30th.
- **HEADS UP! Schnucks E-Scrip Card - \$1,435.80 in 2013!!!** If you have been using your Schnucks E-Scrip Card when you shop, we Thank You VERY Much! NHBZ received \$1,435.80 **Easy Money** last year from Schnucks based on your purchases, and **NO EXTRA CHARGE TO YOU!!!** Please remember to hand your e-Scrip card to your checker every time you shop - and make your shopping trip count!!! **TO NHBZ Members AND Non-Members Alike** -- if you don't have an e-Scrip card, please contact the office: sandieabrams@hotmail.com or 314-991-2100, ext. 2, and "shop" for Nusach Hari B'nai Zion!!!
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, extension 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575.
- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** - It is customary to make a donation to the shul for Aliyos or other honors received.
- **Mi Shebarach List** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, **by 10:00 a.m. Friday mornings** so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or in English if Hebrew names are unavailable. Your contributions are greatly appreciated.
- **Shalosh Seudos, The 3rd Meal of Shabbos** ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal as you observe the yahrzeits of your dear family members.
- **Mishna Study** ~ Learning Mishnayos in memory of a loved one or for a Refuah Shelayma for a person who is ill is an age-old Jewish Tradition. The word Mishna (learning) is closely related to the word Neshama (soul), and we believe that learning Mishnayos in someone's name acts as a Spiritual Elevation for that person or that person's soul. Our NHBZ Mishnayos Shiur learns every Sunday following morning minyan, carrying on this tradition by dedicating the Mishnayos to our loved ones. You may dedicate Mishnayos for 1 year: \$250; 6 months: \$150; 3 months: \$96; 1 month: \$50. *May your loved one be bound up in the bond of eternal life. May HaShem be filled with compassion to restore the health of your loved one.*
- **Memorial Plaques** ~ Memorial plaques from our former location are lovingly mounted in our new building. Remember your loved ones with a plaque; prices are \$150 and \$275. Please call the office for details.

NEWS & FEATURES

- **"Safety Kid" ~ A Child Abuse Prevention Workshop** ~ This Monday, March 24th, 7:30 p.m. in the Nusach Hari B'nai Zion Sanctuary; sponsored by Epstein Hebrew Academy (314-994-7856) and Torah Prep (314-569-2929). Magen Yeladim International presents "The Safety Kid" - a program tailored to Orthodox Jewish parents, schools and community members. **"The Safety Kid" Child Safety Program is an educational program of Magen Yeladim International, email: info@magenyeladim.org.** The purpose of this program is to raise awareness, teach skills, and provide information to protect children from becoming victims of abuse. Parents acquire the tools to help their children understand safe behavior and encourage open communication about sensitive issues. For more information, please contact Rachel Lubchansky at (314) 994-7856 or Shira Swidler at (314) 569-2929.
- **Tomchei Shabbos FOOD DRIVE!!** Look for bags to be distributed at NHBZ on March 21, and picked up March 28. For questions or home pick-up, please call Jackie Oppenheimer at 997-6924.
- **Tomchei Shabbos Cookbook Project** ~ Details on recipe categories and recipe submission information will be available shortly. If you would like to help on the cookbook please call Bryna Kandel at 569-5001 or email tomcheishabboscookbook@gmail.com.
- **Community-Wide Yom HaShoah Commemoration** ~ Sunday, April 27, at United Hebrew Congregation. "Bearing Witness For Those Who Cannot: Testimony From the Holocaust" featuring testimonies by St. Louis Survivors recounting their experiences during this tragic period of history.

Beyond Twelve Gates by Rabbi Ze'ev Smason Parshas Shemini March 22, 2014

Welcome to Beyond Twelve Gates

A recent 'missing tourist' story had a strange twist and a happy ending. Just off the coast of Iceland's Eldgja canyon, a tourist bus stopped to look at the volcanic canyons. One woman went into the bathroom to freshen up and change her clothes at the rest stop. When she came back, there was word of a missing passenger which launched an intensive search party effort that lasted until 3 a.m. The missing woman, however, was *her*, her bus mates didn't recognize her!

Word spread among the group of a missing passenger, and apparently the woman didn't recognize the description of herself -- "Asian, in dark clothing, and speaks English well." Soon, a 50-person search party was canvassing the area, and the coast guard was mobilizing to deploy a search party of its own. By 3 A.M., after hours of searching, it was discovered that the missing woman was among the search party and was in fact looking for herself. Chief of police Sveinn K. Rúnarsson said that the woman didn't recognize her own description and "had no idea that she was missing."

Who am I? Let's answer that question with a second question: What does it mean to be a child of G-d? Numerous Torah sources speak to humans having been created *b'Tzelem Elokim* -- in the image of G-d. *B'Tzelem Elokim* means that G-d loves each of us unconditionally, as a parent loves his or her own child. Who am I? I'm a child of G-d who is deeply and unconditionally loved by *Avinu Sh'b'Shamayim* -- my Father in Heaven.

Parshas Shemini Leviticus 9:1 - 11:47

This week's Torah portion begins by discussing the events which occurred on the eighth and final day of the inauguration service of the Mishkan. After months of preparation, Aaron and his sons are finally installed as Kohanim in an elaborate service. Aaron blesses the people, and the entire nation rejoices as G-d's presence rests upon them. However, the excitement comes to an abrupt halt as Aaron's two eldest sons, Nadav and Avihu, are consumed by a heavenly fire in the Mishkan while innovating an offering of incense on the altar. This incident stresses the need to perform the commandments only as G-d directed. Later, Moses consoles Aaron, who grieves in silence.

Have you ever wondered where the laws of kosher food come from? Parshas Shemini concludes with a listing of the kosher and non-kosher animals. The identifying signs of a kosher land animal are that it has split hooves and chews, regurgitates and re-chews its food. A kosher fish is one that has both fins and scales. All birds not included in the list of forbidden fowl are permitted. However, today the identities of these non-kosher birds are doubtful. Therefore, we're forbidden to eat any species of bird unless there is a well-established tradition that it is kosher. The Torah forbids all types of insects except for four species of locusts. Chocolate-covered grasshoppers, anyone? The laws of kashrut help us to be distinct and holy -- like G-d, Himself.

Rabbinic Ruminations

Memory is the process in which information is encoded, stored, and retrieved -- but apparently not all memories are created equal. Echoing the words of the Chinese proverb, "I hear, and I forget; I see, and I remember", a new study reveals that our memory for things we've seen or touched is much better than for what we've heard. The study had people listening to a variety of sounds, shown pictures, and given things to touch. The researchers found that it was the things people heard that they were most likely to forget, more than things they had seen or touched.

Lead study author James Bigelow explained: "We tend to think that the parts of our brain wired for memory are integrated. But our findings indicate our brain may use separate pathways to process information." In the study people were exposed to all sorts of everyday sounds, sights and tactile experiences. They watched basketball games, heard dogs barking and touched a coffee mug that was hidden from view. Whether it was an hour later or a week later, people's recall was similar for things they'd seen or touched, but significantly worse for those they'd heard. Studies on chimpanzees and monkeys also show that their auditory memory is worse than tactile or visual memory.

The act of remembering is important to the Jewish people. Our sages teach that it is desirable to remember daily six occurrences that occurred in our 3,300 year history. The Six Remembrances are taken directly from verses found in the Five Books of Moses. They are: Remembrance of the 1) Exodus of our departure from Egypt, 2) Receiving the Torah on Mt. Sinai, 3) Amalek's attack, 4) The Golden Calf, 5) What happened to Miriam, 6) Shabbos. Memory, it is said, is the mother of all wisdom. Nothing is really ever lost to us, as long as we remember it.

Quote of the Week

Real knowledge is to know the extent of one's ignorance. - *Confucius*

Joke of the Week

An actual synagogue e-mail sent to members:

Did a pair of women's shoes mysteriously appear on the passenger seat of your car last night (March 9) after 10:00 P.M. Maariv (*evening service*)???

If so, you are very lucky, because you have the opportunity to perform the Mitzvah of Hashavas Aveidah (return of a lost object) by calling xxxxxx, who mistakenly put the shoes in your car to begin with, at 555-1212.

And if you would like people like xxxxxx not to randomly put stuff in your car, he suggests locking it. (LOL) (*Laughing Out Loud*)

Joking aside, he does apologize for the intrusion and inconvenience (especially if your wife is no longer speaking to you).

The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, at 12:00 noon. The bulletin is printed first thing every Thursday morning.

MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

This Week At a Glance	Shabbos March 22	Sunday March 23	Monday March 24	Tuesday March 25	Wed. March 26	Thurs. March 27	Friday March 28	Shabbos March 29
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	6:40 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	6:50 pm
Events – see times in Event Planner Box	<i>Lunch by Jerry & Fran Cohen; Cake by Leo Bressler; POP-Star Marain Walters; Sugar-Free desserts by Vivian Zarkowsky</i>	BUY CASH CARDS	<i>Tefillah Class for Women w/Rabbi Smason – 3:15 pm at NHBZ; Safety Kid Program, 7:30 pm</i>	<i>Exec. Comm. Meeting, 7:30 pm</i>	<i>Lunch & Learn w/ Rabbi Smason, 12:15 pm; CLASS: Chassidic Insights 7:30 pm after minyan</i>	<i>Meeting to discuss NHBZ Group Trip to Israel, 7:30 pm, 550 N. Price Road</i>	<i>Erev Shabbos</i>	<i>All You Can Eat Pizza Buffet on Sunday, March 30!</i>

NHBZ Event Planner (Check “Coming Events” for time, date or location changes.)
Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

WEEKLY at NHBZ

SHABBOS

- Child Care (10:00 am – Noon) kids 3 & under in the Children’s Room
- Youth Programming (10:15 am – 11:00 am) children 4-8, in the Youth Lounge.
- Learners Service (10:15 am) led by Rabbi Ze’ev Smason in the Chapel
- Shabbos Tanach (Bible) Study Group (30 minutes before Mincha)

SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler of Aish HaTorah
- Mystical Moments with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

MONDAY

- Women’s Tefila Class (2nd & 4th Mondays) 3:15 pm with Rabbi Smason

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.
- “Chassidic Insights into the Weekly Parsha” (7:30 pm, after Minyan) Rabbi (Chaplain, Major) Avraham Cohen

MONTHLY at NHBZ

- Irvin Alper Social Club (First Sunday)
- Women’s Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm)
- Dine-In Pizza Night (Last Sunday 5:00 – 7:00 pm) Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 pm.
- Sisterhood (Third Tuesday)
- RAP with the RABBI (Last Sunday of the month, 10:00 am **at Starbucks**)

NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn