



NHBZ Shabbos & Yom Tov Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

Shabbos

May 23, 2015

5 Sivan 5775

Shavuos

May 24&25, 2015

6 & 7 Sivan 5775

Torah Portion:

Parshas Bamidbar: 1:1 – 4:20

Stone Chumash pages 726-747

Haftarah:

Hosea 2:1-22

Stone Chumash pages 1180-1181

Candle Lighting ~ 7:54 p.m.

Shabbos Concludes ~ 8:57 p.m.

Our Generous Sponsors This Shabbos . . .

~ Thank You to *The Loiterstein Family* for sponsoring this Shabbos Bulletin in honor of husband, father, and grandfather *Howard Loiterstein* celebrating his birthday! **Happy Birthday, Howard!!!!**

~ Thank You to *Alan & Vivian Zarkowsky and Marian Walters* for the Special Cake, on the Second Day of Shavuos in honor of the Wedding Anniversary of *Chai & Asher Zarkowsky* and to Welcome *Chai, Asher and Baby Zev Yoseph* visiting St. Louis for Shavuos! **Happy Anniversary, Chai & Asher!!!!**

Shabbat Shalom!

Erev Shabbos, Friday Night, May 22, 2015

- **Mincha & Ma'ariv** (7:00 pm)

Shabbos, May 23, 2015

- **Shachris & Musaf** (9:00 a.m.) ~ *Thank You For Leading Davening*
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Menachem Szus**
 - Leyning: **Moshe Leib Cohen**
 - Haftarah: **Dr. Naftali Kadosh**
 - *Drasha* (Sermon): **Rabbi Ze'ev Smason**
 - Musaf: **Richard Woolf**
- **Tefillah/Prayer Learners' Service** ~ (9:30 am) Led by **Rabbi Yosef David** in the Rivkin Chapel.
- **Learners' Service** ~ (10:15 am) Led by **Rabbi Ze'ev Smason** in the Rivkin Chapel.
- **Kiddush** ~ (After Musaf)
- **Mincha, Shalosh Seudos, Ma'ariv** ~ (7:40 pm)
- **Shabbos Concludes** ~ (8:57 pm)
- **Monument Dedication** ~ The Monument Dedication for **Herman Drifon**, ב"ר, beloved father of **Jackie Berkin**, will be held on Sunday, May 31st, 1:00 p.m. at Chevra Kadish Cemetery on North & South and Page.

Please be sure to read Rabbi Smason's Beyond Twelve Gates in this Bulletin:

"Never Too Late: She Earned Her Ph.D. at Age 102!"

SIMCHAS

MAZEL TOV ON SIMCHAS May 23-29. **Happy Birthday to Howard Loiterstein, Phyllis**

Silverman, Samantha Starr, Brent Waxman, and Bruce Waxman! Happy Anniversary to ~ Dr. Susan Feigenbaum & Dr. Jay Pepose, Dr. Naftali & Jane Kadosh, and Bruce & Faith Waxman!

Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Pack of Cards.

When You Need Rabbi Smason ~ When you or a loved one becomes ill, and is hospitalized, please have a family member or friend contact Rabbi Smason on his cell phone as soon as possible . . . 314-749-5271.

Mi Shebarach List ~ Prayers said for a *Refuah Shelayma* (Speedy Recovery) for your loved ones and friends. Please call 314-991-2100, ext. 2, by 10 a.m. Friday mornings to include the names on our list to be read on Shabbos.

EREV SHAVUOS!!! Good Yom Tov!

Erev Shavuos ~ Motzei Shabbos – May 23, 2015

Yom Tov Candle Lighting ~ after 8:57 p.m.

Our Shavuos Seudah (festive meal) will begin at 9:15 p.m. Thanks to our generous sponsors' contributions that helped us keep down the cost of the dinner. Thanks to these sponsors: **Bob & Sandie Abrams, Lenny & Fran Alper, Jesse & Debbie Barash, Sam & Shirley Bluestein, Kenny & Barb Bressler, Gene & Linda Carton, Don & Julie Eisenberg, Tere Farbstein, Dr. Susan Feigenbaum & Dr. Jay Pepose, Irwin & Arlene Fredman, Stanley & Rhonnie Goldfader, Alan & Janet Haber, Bryson & Jennifer Hartranft, Bob & Joni Kaiser, Dr. Eliot & Sally Katz, Howard & Phyllis Loiterstein, Dr. Mordecai & Beverly Magencey, Dr. Daniel & Marcela Morgensztern, Mark Ragin & Gail Rose, Dr. David & Fran Reisler, Leslie & Mimi Sabol, Dr. Shayna Scribner, Gary & Trudy Sudin, Mayer Taller, Richard, Mindy, Corey & Evan Woolf, and Boris & Alla Yasinev!!!**

Early-Bird Learning will begin at 10:30 p.m. Speakers and Topics: **Rabbi Ze'ev Smason**, "I Am To My Beloved: Marriage Lessons from Shavuos" (the kick-off to the new class series ~ *The Secrets to a Successful Jewish Marriage!*); **Menachem Szus**, "*Halacha, Mesorah, Minhag* (Law, Tradition, Custom): How Do They Work?"; and **Richard Woolf**, "The Boycott, Divestment and Sanctions (BDS) Movement: Past, Present & Future!" **After All Night Learning, we shall have a morning minyan starting at 5:10 a.m.**

SHAVUOS!!! Good Yom Tov!

Shavuos ~ First Day (9:00 am) – Sunday, May 24. Thank you for leading services:

- Pesukei D'Zimra: **Howard Sandler**
- Shacharis: **To Be Announced**
- Akdamus: **Rabbi Ze'ev Smason**

- Leyning: **Stuart Klamen** - Haftorah: **David Rubin**
- Sermon: **No Sermon Today**
- Musaf: **David Rubin**

Torah Portion: Exodus 19:1 – 20:26;
Maftir: Numbers 28:26 – 28:31;
Haftorah: Ezekiel 1:1 – 1:28; 3:12

Siddur: pp. 520-522; Chumash: pp. 400-415
Siddur: page 522; Chumash: pp. 892-893
Siddur pages 522-523; Chumash: pp. 1228-1229

Kiddush ~ (Following Musaf)

Mincha & Ma'ariv ~ (7:55 p.m.)

Yom Tov Candle Lighting ~ Sunday Night, May 24, After 8:58 p.m.

Shavuos ~ Second Day (9:00 am) – Monday, May 25. Thank you for leading services:

- Pesukei D'Zimra: **Howard Sandler**
- Shacharis: **Menachem Szus**
- Leyning: **Moshe Leib Cohen**

- Haftorah: **Kenny Bressler**
- Sermon: **Rabbi Ze'ev Smason**
- Musaf: **David Rubin**

Torah Portion: Deuteronomy 15:19 – 16:17;
Maftir: Numbers 28:26 – 28:31;
Haftorah: Habakkuk 2:20 – 3:19

Siddur: pp. 525-526; Chumash: pp. 1018-1023
Siddur: page 522; Chumash: pp. 892-893
Siddur pages 526-527; Chumash: pp. 1229-1231

Yizkor ~ (Approx. 10:30 a.m.)

Kiddush ~ (Following Musaf)

Mincha & Ma'ariv ~ (7:55 p.m.)

Yom Tov Concludes ~ 8:59 p.m.

Shul News . . .

- **CALL US WITH YOUR GRADUATES!** Before you know it, Graduation Time will be upon us! Do you have a graduate in your family? Please contact Sandie, 314-991-2100, ext. 2, or email www.sandieabrams@hotmail.com, and give us your graduates' names, schools, universities and degrees earned, so we can wish you and your graduates a big Mazel Tov in our Graduation Shabbos Bulletin! This year, Graduation Shabbos will be on June 13, when our Kiddush will be in honor of all the graduates.
- **Thanks to Our Members and Friends** ~ For contributing to the ad for *Emunah Jerusalem*, in Israel, in honor of **Rabbi Aaron and Pearl Borow: Bob & Sandie Abrams, Lenny & Fran Alper, Ruth Novack Alper, Sam & Shirley Bluestein, Kenny and Barb Bressler, Leo Bressler, Lance & Debbie Finland, Irwin & Arlene Fredman, Alan & Janet Haber, Larry & Shirley Hollander, Bob & Joni Kaiser, Sarah Klein, Bobby Levine, Rachael Pevnick, Mark Ragin & Gail Rose, Irwin & Rosalind Rosen, Alice Sudin, Gary & Trudy Sudin, Menachem & Linda Szus, Leonid & Stella Vladimirov, Marian Walters, and Alan & Vivian Zarkowsky.**
- **Cash/Gift Cards for May have been ordered!!!** Thank you to the following congregants who ordered Cash Cards this month: **Dr. Alan & Marcie Brook, Gene & Linda Carton, Stanley & Rhonnie Goldfader, Alan & Janet Haber, Bob & Joni Kaiser, Lana Weinbach, and Richard & Mindy Woolf!** Please help raise money for NHBZ and place your order for June! Every order makes a difference to our shull!
- **Tuesday, May 26** ~ Executive Committee Meeting. **Mincha & Ma'ariv at 7:00 pm, Meeting, 7:35 pm.**
- **Thursday, May 28** ~ First date in the series of classes on Thursday nights, 7:00-8:30 p.m. ~ *The Secrets to a Successful Jewish Marriage!* See the attached flyer for dates and topics.
- **Sunday, May 31** ~ **All-You-Can-Eat Pizza Buffet** ~ 5:00 to 7:00 p.m. **New scanners will accept Credit Card Payments!!!** Are you new to NHBZ, looking to meet more members...sign up to help on our Pizza Buffet Line! It's a great way for everyone to say "Hi." Bring your family and friends to enjoy a delicious dinner of pizza, pasta, salad and garlic bread, dessert and beverage! Reservations are not needed - just show up, eat to your heart's content, have fun schmoozing and have a great time!!! Plus a movie for the kids every month!!!! (Please place carry-out orders by 10:00 a.m. on Sunday morning, May 31, 314-991-2100, ext. 2. Pick up time for carry out pizzas is 4:30-4:45 p.m.)
- **Shabbos, June 6** ~ Thanks to **Bob & Joni Kaiser** and **Dr. Susan Feigenbaum & Dr. Jay Pepose** for sponsoring lunch in honor of their Wedding Anniversaries! **30-years for Joni & Bob, 36 for Susan & Jay!**
- **Tuesday, June 9** ~ Board of Director's Meeting. **Mincha & Ma'ariv at 7:00 pm, Meeting, 7:35 pm.**
- **Thursday, June 11** ~ **"Above and Beyond,"** a movie about the creation of the Israeli Air Force in 1948, will be shown at Plaza Frontenac at 8:00 p.m., under the sponsorship of the Jewish Film Festival. We have a group, already signed up, from NHBZ attending. Tickets at the door, if still available, will be \$12.00.
- **Shabbos, June 13** ~ Lunch in honor of June Birthdays and Wedding Anniversaries, AND Graduation Shabbos!!! Parents or Grandparents of the Graduates have traditionally helped to sponsor the Kiddush with their kind contributions of \$25.00. We thank our **"Graduation Angels"** for helping create a lovely Kiddush!
- **Sunday, June 14** ~ **The First NHBZ KidZone Community Family BBQ!!!** 5:00-7:00 p.m. at **Irv Zeid Park** ~ featuring **The Olivette Fire Department Firetruck, Water Balloons, Snow Cones** and **Much, Much More!!!** Please help to offset expenses . . . be a **KidZone Kontributor** with a donation of \$25.00!!! And, please volunteer to help with Cooking and Grilling, Serving, and the Clean-up Squad. Contact Sandie, 314-991-2100, ext. 2, or www.sandieabrams@hotmail.com to be a member of the **KidZone Volunteer Auxiliary** or a **KidZone Kontributor!!!** Thanks to our very first **KidZone Volunteers** – **Svetlana Kogan and Bobby Levine!!!** BBQ'd Hamburgers & Hot Dogs, and other picnic favorites, will be available for purchase! Lots of fun and good food for everyone!!!
- **The NHBZ Women's Emergency Tehillim Circle** ~ The following women have made the commitment to be "on call" to say Tehillim for individuals whenever an **emergency** situation occurs: **Julie Eisenberg**, Chairperson, **Sandie Abrams, Debbie Barash, Shirley Bluestein, Marcie Brook, Linda Carton, Teree Farbstein, Dr. Susan Feigenbaum, Mimi Fiszal, Rhonnie Goldfader, Joyce Hochberg, Sandy Kahn, Joni Kaiser, Sandy Klarfeld, Svetlana Kogan, Lori Laird, Cindy Looney, Phyllis Loiterstein, Beverly Magencey, Marcela Morgensztern, Laura Rader, Nancy (Belau) Rush, Mimi Sabol, Dr. Shayna**

Scribner, Peggy Umansky, and Mindy Woolf. We say the prayers at home. Please call **Julie Eisenberg**, 314-695-5615, or **Sandie Abrams**, 314-991-2100, ext. 2., if you would like to participate. We will ask you to provide your phone number(s) and email address so we can get word to you as soon as an emergency arises.

IMPORTANT NOTE: This **NHBZ EMERGENCY Tehillim Circle** is separate from the ongoing Tehillim we are saying for our dear friend Michelle Mufson. Although some of the women listed above are part of both groups, the Emergency Circle truly stands “on call” and ready to act immediately, within the special circumstances of the Emergency element of this group. As soon as Rabbi Smason learns of a critical, **emergency situation in our shul**, he will alert Julie, give her the name of the person in crisis, and emails will go out immediately so we can begin saying Tehillim.

In The Community . . .

- **Important Kashrus Alert !** This kashrus alert was originally sent out by The Wisconsin K. Please send all questions and comments directly to them at thejewishgift@yahoo.com. **Product: Daily Chef: Strawberry Cheesecake** sold at SAMS CLUB has an Unauthorized Wisc K Logo on the package. The cake is Kosher but the topping and fruit are done individually in each store and are not supervised, and should not be purchased as Kosher. Corrective action has been taken. Any other Daily Chef Cheese cakes with Wisc K Logo are acceptable for use.
- **Millstone Campus Men’s Mikvah ~** Due to the long-awaited improvements being made to the Millstone Campus mikvahs, the men's mikvah will not be available for use on Erev Shabbos for the next several weeks, until further notice.
- **Wednesday, May 27 ~** The Mark Raiffie Memorial Lecture featuring Nili Couzens, "Positively You: The Secret to Energizing Your Life," at 7:30 p.m. at The Aish Firehouse, 457 N. Woods Mill Rd., Chesterfield, MO 63017. Nili Couzens has lectured in Israel, South Africa, Central America, and cities and universities across the United States. Cost: Free. For details or to RSVP call 314-862-2474 or email cwolff@aish.com.
- **A Call for Help from the Jewish Food Pantry ~** The Jewish Food Pantry is in desperate need of volunteers. The amount of food they are receiving is growing, but the number of people to organize all of the donations is NOT keeping up! To help or for questions, call **Julie Eisenberg** at 314-494-8437.
- **Women’s Community Tehillim Group ~** A group of women gather each Sunday at 9:15 a.m., at the home of Jan Adelman, 8032 Amherst Ave, 314-863-5438, to say Tehillim in the *zchus* (merit) of a *refuah shelayma* (full & speedy recovery) for the *cholim* (the ill people) in our community. The Tehillim hotline for names and updates: 314-441-6460. If you have questions, please call **Julie Eisenberg** at 314-494-8437.
- **Tomchei Shabbos On-Going FOOD DRIVE!!** *Tomchei Shabbos* (Supporters of the Sabbath) is maintained through contributions of food and money, and was established by the Vaad Hoer, which discreetly provides families in our community with Shabbos & Yom Tov meals. Bring a bag of non-perishables to our office, or for home pick-up please call **Sally Needle**, 314-991-2575. To make a donation go to www.ovkosher.org.

President’s Message from Lenny Alper

- Thanks to all those who contributed toward the NHBZ ad in the Emunah Jerusalem dinner ad journal honoring Rabbi **Aaron and Rebbitzin Pearl Borow**. I’m sure they will appreciate it very much.
- I look forward to seeing you at the showing of “**Above and Beyond**” on Thursday, June 11, and the **NHBZ KidZone** Community Family BBQ on Sunday, June 14.



*Welcome to Beyond Twelve Gates by Rabbi Ze'ev Smason
Parshas Bamidbar May 23, 2015*

“Never Too Late: She Earned Her Ph.D. at Age 102!”

Ingeborg Rapoport was 25 when she wrote her doctoral thesis, but she had to wait until 2015 to defend it before an academic committee -- 77 years later. Ms. Rapoport, a 102-year-old retired neonatologist who lives in Berlin, submitted her original scholarly work on the subject of diphtheria to the University of Hamburg in 1938. Ms. Rapoport's professor, a one-time Nazi party member, praised her work, she recalled. But that wasn't enough. "I was told I wasn't permitted to take the oral examination," she said. Academic authorities in Berlin cited "racial reasons" for the ban: With a Jewish mother, the Nazis considered Ms. Rapoport "a first-degree crossbreed," in Nazi parlance. She was therefore ineligible for academic advancement and her medical career was categorically suspended.

This past month, three professors from the University of Hamburg settled into the brown-and-orange furniture in Ms. Rapoport's Berlin living room and drilled her for 45 minutes before approving her doctorate -- nearly eight decades after she applied. "It was a very good test," said Dr. Uwe Koch-Gromus, Dean of the medical department. "Frau Rapoport has gathered notable knowledge about what's happened since then. Particularly given her age, she was brilliant." The university has scheduled a ceremony in Hamburg on June 9, when Ms. Rapoport will become the oldest person ever to receive a doctoral degree. Guinness World Records has cited a 97-year-old German as the soon-to-be previous oldest recipient of a doctorate.

King David had an appreciation for late bloomers. In his Song of Shabbos, King David wrote: *Od y'nuvun b'seivah, k'rananim yee'yu* (Psalm 92:15) "Even in old age they will still produce fruit; they will remain vital and green." We may be too old to run marathons, but life will always continue to offer us challenges and new opportunities. Like Ingeborg Rapoport, seize your opportunities; your job in life is never done.

Parshas Bamidbar 1:1 -- 4:20

This week we begin reading Sefer Bamidbar -- known in English as 'The Book of Numbers'. Bamidbar ('in the wilderness') begins with G-d telling Moses to take a census of all men over the age of 20. If you like names and numbers, you'll love this week's portion. The count reveals just over 600,000, excluding the Levites who weren't included in the census. We also find described the manner in which the Jewish People camped around the Mishkan (Tabernacle), and the order in which they traveled during the 40 years in the desert. The Jewish People were arranged in four sections around the Mishkan; east, south, west and north. The Levites are singled out for special responsibilities. A formal transfer is made between the first-born and the Levites, whereby the Levites take over the role the first-born would have served. The sons of Levi are divided into three main families; Gershon, Kehas and Merari. Each is given a special task in transporting the Mishkan.

Rabbinic Ruminations

The Internet may not make you any smarter, but it will make you think you are. A new study suggests that searching the Internet makes people feel they know more than they really do -- almost regardless of whether people find the information for which they were searching. Researchers carried out nine experiments that involved more than 1,000 volunteers. Volunteers were asked to look up answers on the Internet to such questions as, "Why are there dimples on a golf ball?" and "How does a zipper work?" In one of the experiments people were asked: "Why is ancient Kushite history more peaceful than Greek history?" Even when they couldn't find complete answers to this very difficult question, simple searching made people more confident their personal knowledge was greater. This was true even when researchers blocked their searches so they couldn't find out anything at all.

Matthew Fisher, who led the research, said: "The Internet is such a powerful environment, where you can enter any question, and you basically have access to the world's knowledge at your fingertips. It becomes easier to confuse your own knowledge with this external source. When people are truly on their own, they may be wildly inaccurate about how much they know and how dependent they are on the Internet." The study was published in

the Journal of Experimental Psychology: General ([Fisher et al., 2015](#)) Mr. Fisher said that he considers the Internet beneficial, but he cautioned: "People using the Internet are less likely to appreciate the gaps in their understanding."

"I don't know" is a phrase as deserved as it is rare these days. Opinions are routinely offered as indisputable facts. Whether in religious, political, scientific or social realms, a little bit of knowledge -- and certainly, inaccurate information -- is dangerous. As the Talmud puts it: "Teach your tongue to say 'I do not know'" (Berachot, 4a).

Quote of the Week

The true and noble way to kill a foe, is not to kill him; you, with kindness, may so change him that he shall cease to be a foe, and then he's slain. -- *Charles Aley* (English poet, died 1640)

Joke of the Week

A married daughter calls her mother: "Hello Ma?"

"Shirley darling, what's the problem?"

"Oh Ma, I don't know where to start. Both of the kids have the flu. The fridge has just broken down. The sink is leaking. In 2 hours the Sisterhood is coming over for lunch. What should I do?"

"Shirley darling, don't worry. I'm going to get on the bus and go into the city. Then I'll take the train out to Long Island. Then I'll walk the 2 miles from the station to your house. I'll take care of the kids, I'll cook a nice lunch for the sisterhood and I'll even make dinner for Barry."

"Barry? Who's Barry?"

"Barry, your husband!"

"But Ma, my husband's name is Gary. Is this 555-2093?"

"No, this is 555-2903."

(Pause)

"Does this mean you're not coming over?"

MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

This Week At a Glance	Shabbos May 23	Sunday May 24	Monday May 25	Tuesday May 26	Wed. May 27	Thurs. May 28	Friday May 29	Shabbos May 30
Shachris	9:00 am	9:00 am	9:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:40 pm	7:55 pm	7:55 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:45 pm

NHBZ Event Planner

(Check “**Shul News . . .**” for time, date or location changes.)

Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.

All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- Tefillah Class (9:30 am) led by Rabbi Yosef David in the Rivkin Chapel.
- Child Care (10:00 am – Noon) for kids 3 & under in the Children’s Room.
- Learners Service (10:15 am) led by Rabbi Ze’ev Smason in the Rivkin Chapel.
- Shabbos Tanach (Bible) (One hour before Mincha)

SUNDAY

- Mishna Learning (after Shacharis) with Rabbi Chanan Swidler, of Aish HaTorah
- “Mystical Moments” with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel

MONDAY

- Mah Jongg (Mondays, 4-6:00 pm) NHBZ Lower Level. Proceeds benefit The NHBZ Chesed Fund.

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.

SEMI-MONTHLY at NHBZ

- Women’s Tefillah Class (2nd & 4th Mondays) 3:15 pm with Rabbi Smason at NHBZ.

MONTHLY at NHBZ

- Irvin Alper Social Club (First Sunday) 5:00 pm.
- Mussar Mondays (First Monday) 7:00-7:45 pm. at the home of Richard & Mindy Woolf.
- Women's Home Study Group (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday) 7:30 pm at NHBZ.
- Sisterhood (Third Tuesday)
- Dine-In Pizza Night (Last Sunday) 5:00 – 7:00 pm
Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 – 4:45 pm.

NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn

The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, NO LATER THAN 12:00 noon, please. That will allow the time needed to make changes. The bulletin is printed first thing every Thursday morning.