



# NHBZ Shabbos Bulletin

*Welcome to Nusach Hari B'nai Zion*

Affiliated with Union of Orthodox Congregations of America

May 3, 2014

3 Iyar 5774

Torah Portion:  
Haftorah:

Parshas Emor: Leviticus 21:1 – 24:23  
Ezekiel 44:15-31

Stone Chumash pages 672-695  
Stone Chumash pages 1176-1177

## Erev Shabbos – Friday Night, May 2, 2014

- **Mincha & Ma'ariv** (7:00 pm)
- **Candle Lighting** (7:35 pm)

## Shabbos – May 3

- **Shachris & Musaf** (9:00 am) ~ *Thank You For Leading Davening*
  - Pesukei D'Zimra: **Howard Sandler**
  - Shacharis: **Dr. Ethan Schuman**
  - Leyning: **Moshe Leib Cohen**
  - Haftorah: **Louis Goldman**
  - *Drasha* (Sermon): **Rabbi Ze'ev Smason**
  - Musaf: **Dr. Ethan Schuman**
- **Kiddush & Lunch Celebrating Yom Ha'Atzmaut** ~ Please join us for an Israeli-Mediterranean lunch celebrating Israel Independence Day! And, a Dessert Buffet **in honor of the marriage of Nancy Belau and Jason Rush** ~ sponsored by their friends ~~ thanks to **Lenny & Fran Alper, Alan & Marcie Brook, Don & Julie Eisenberg, Stanley & Rhonnie Goldfader, Alan & Janet Haber, Bob & Joni Kaiser, Howard & Phyllis Loiterstein, Dave & Keri Simon, Shayna Scribner, Jay & Peggy Umansky, Dan & Melanie Winograd, and Richard & Mindy Woolf.**
- **Mincha, Shalosh Seudos, Ma'ariv** (7:20 pm)
- **Shabbos Concludes** (8:39 pm)

## Meetings

- **Semi-Annual Shul Membership Meeting** ~ Tuesday evening, May 13: Minyan at 7:00 p.m.; Meeting at 7:30 p.m. This is your opportunity to give input to the Officers and Board of Directors. We will have a (short) regular board meeting following the semi-annual meeting.
- **Executive Committee Meeting** ~ Tuesday evening, May 27. Minyan is at 7:00 pm; Meeting at 7:30 pm.

## NHBZ COMING EVENTS

- **Yom Hazikaron** ~ Israel Memorial Day, Monday, May 5<sup>th</sup>.
- **Yom Ha'Atzmaut** ~ Israel Independence Day, Tuesday, May 6<sup>th</sup>.
- **New Member Shabbos** ~ Next Shabbos, May 10 – An over-the-moon, "Chocolate-Palooza" Kiddush in honor of all our **New Members** who joined NHBZ since February, 2013.
- **Sisterhood Mother's Day Luncheon** ~ Tuesday, May 13, at noon. Delicious lunch, B-I-N-G-O and Attendance Prizes!!! \$7.00 donation. Everyone is Welcome!!! Please make reservations ~ call Rachael Pevnick, 314-395-6017.
- **Synaplex & Lunch** ~ May 17 ~ Three Synaplex breakout sessions: **Rabbi Ze'ev Smason**, "7 Steps to Worry-Free Living"; **Rabbi Yosef David**, of Aish HaTorah, "Shavuot: The Debate Between Moshe and the Angels"; and "Making the Case for Israel on Campus" – led by our own **Lila Greenberg**, Campus Activist; **Youth Programming** for kids 4 and over; and **Tot Shabbat**. Lunch in honor of May Birthdays and Wedding Anniversaries following Synaplex Sessions.
- **Kiddush** ~ May 24 ~ sponsored by **Phyllis Loiterstein** in honor of her husband **Howard** celebrating his 65<sup>th</sup> Birthday!!! Howard will be chanting his Bar Mitzvah Haftorah. **Yasher Koach, Howard!!!**

- **Lion's Den Pizza Night** ~ All-You-Can-Eat Pizza Buffet ~ Sunday, May 25, 5:00-7:00 p.m. Bring your family and friends to enjoy a delicious pizza dinner and schmoozing, and a movie for the kids!!! Reservations are not needed. Just show up and have a great time!!!! (Please place carry-out orders by 10:00 a.m. on Sunday morning, 314-991-2100, ext. 2.) **WE NOW TAKE CREDIT CARD PAYMENTS!!!**
- **RAP with the RABBI Teen Group!** Sunday, May 25, 10:00 a.m. with **Rabbi Smason**, for young men and women; at Starbucks on Olive & Price, with complimentary drinks to all participants! RAP with the RABBI meets regularly on the last Sunday of the month! All teens are welcome!
- **Kiddush** ~ May 31 ~ sponsored by **Moshe Pinto** in honor of **Ellie's** High School Graduation.
- **Lunch & Learn** ~ June 14 – In honor of our members celebrating June Birthdays and Wedding Anniversaries, and honoring our School and College Graduates.
- **SMILE!!! 😊 Our Photo Directory is back on track!!!** New sign-up dates for your photo sessions: June 11 & 12; June 18 & 19. Your choice of 3 ways to schedule your appointment: **1.)** go directly to the LifeTouch website at <https://www.securedatatrans14.com/ap/nusachharibnalzion/index.php?page=10>, (Typographical error, bnal instead of bnai, will not affect logging onto the site.) **2.)** go to our website – [www.nhbz.org](http://www.nhbz.org) and click on ALL EVENTS (at the top of the left hand column), then click where it says “Click to Sign up online with LifeTouch, **OR** **3.)** no computer? -- CALL PHYLLIS SILVERMAN, 314-434-2482.

***We invite all our members to make NHBZ's new Photo Membership Directory complete!!!***

There will be **NO CHARGE** and **NO PURCHASE REQUIREMENT** to get your family portrait taken for the directory. You **WILL RECEIVE – FREE OF CHARGE** your 8X10 portrait AND a copy of the finished directory. Photo sessions will be held at NHBZ in June. During your one-hour portrait session you will: Check in, Be professionally photographed, Immediately view your portrait images, and have an opportunity to purchase additional portraits – **AGAIN, THERE ARE NO PURCHASE REQUIREMENTS**; you **MAY** make purchases, but **only if you so desire**. We want EVERY ONE OF OUR MEMBERS to appear in this directory, and we plan to make the whole process as easy as possible.

***Schedule your one-hour photo-session from these dates and times:***

WEDNESDAY, JUNE 11, 2:00-9:00      WEDNESDAY, JUNE 18, 2:00-9:00  
 THURSDAY, JUNE 12, 2:00-9:00      THURSDAY, JUNE 19, 2:00-9:00

## **CLASS SERIES**

- **Bi-Monthly Women's Tefila Class** ~ Led by **Rabbi Ze'ev Smason**, the class meets on the 2nd and 4th MONDAYS of the month at 3:15 p.m. **Monday afternoons**: next class, Monday, May 26, at NHBZ. (Rabbi Smason will be unavailable on the 2<sup>nd</sup> Monday in May.) The focus of our class is the structure and deeper meaning of the Shabbos morning service and prayers, and how prayer can be used as a basis for our own communication with G-d. All women welcome.
- **“Chassidic Insights into the Weekly Parsha”** ~ Rabbi (Chaplain, Major) Avraham Cohen is offering a class on Chassidic Insights into the Weekly Parsha from the sefer, Me'or V'Shemesh. Study will delve into esoteric thought, but on the other hand is entirely accessible for those having limited Jewish educational backgrounds. This ongoing class meets on **Wednesday evenings**; now meeting at 7:30 p.m., after minyan, in the NHBZ Chapel. Rabbi Cohen can be reached at 301-787-5538 for further questions.
- **“History of the Jews” ~ Popular Series Continues . . .** “What Happened During the Second Jewish Commonwealth?” How have the Jews conquered both time and space over the past 4,000 years? Join Menachem Szus as he continues his fascinating course on the history of the Jewish people! **Three Sunday mornings**, beginning this Sunday, May 4<sup>th</sup>, and continuing May 18<sup>th</sup> and 25<sup>th</sup>, 10:00 to 11:30 a.m. at NHBZ. Registration for class is required to enable preparation of learning materials; please send email to: [menachem@alonsystems.com](mailto:menachem@alonsystems.com).
- **Learn to Lead Davening** ~ Learn how to lead davening, led by our Chazzan Dr. Ethan Schuman. The first sessions will start with Ma'ariv. If you are interested, please contact Ethan and give him some alternate days of the week or dates that would be convenient for you; then the class schedule will be determined.

# SIMCHAS

- **MAZEL TOV ON SIMCHAS** May 3-9. **Happy Birthday to Aida Greenberg, Jim Pollock, Boruch Smason and Linda Szus! Wedding Anniversaries ~ Victor & Anna Rose Tendler!**

Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.

## Wish List! Wish List! Wish List!

- **WOO HOO!!! OUR WISH LIST IS ALMOST COMPLETE!!!** ~ NOW, all we need is a **VERY LARGE PROJECTION SCREEN**, Sturdy, Moveable, and on a Tripod Stand for programs in the sanctuary/social hall -- large enough so that slides and video presentations can be seen from the stage in front of the ark to the back of the social hall. The projection screen we received from the Hollanders is the perfect size for classes in the lower-level Feigenbaum-Pepose Learning Center and the Teen Lounge. The second screen will be for the convenience of having the equipment on both levels of our building!!!! These generous gifts are tremendous aids for classes and other presentations. Can YOU grant our last wish? Please call 314-991-2100, ext. 2. **Many thanks to Larry & Shirley for the screen they donated, to Howard & Phyllis for the new white board they purchased and donated, and to Alan & Marcie Brook for the second white board!!!!**

## Reminders

- **Yizkor Donations** ~ It is customary to make a contribution to the synagogue for Yizkor recited on the last day of Pesach, and for honors received during Pesach. Your donations are very much appreciated.
- **SHABBOS HALACHAS (Laws of Shabbos)** An *eruv* is an enclosure, constructed according to halacha (Jewish law), as a way to permit Jewish residents or visitors to carry certain objects outside their own homes on Shabbos and Yom Kippur. The St. Louis *eruv* encompasses parts (but not all) of Olivette, U. City and Clayton. We respectfully request that **Shabbos bulletins, food, or any other item not be removed** from the synagogue by those who do not live within the *eruv*. For details or questions, please see Rabbi Smason.
- **Become Energized!!! Sponsor Your Own Solar Panel!!!** The 2014 price is just \$216 for the year. Your sponsorship will appear on the lobby monitor with an individual display with your personal or business name. Sponsor a panel for yourself, your friends, your business, or dedicate one in honor of a loved one. If you are interested in sponsoring a solar panel, please call 314-991-2100, ext. 2 and we will send you the form to complete with your own wording!
- **Buy and Use Cash Cards** – call the office ASAP to order your cards and **earn free money** for NHBZ! Orders are placed twice per month – on or as close to the 15<sup>th</sup> and 30<sup>th</sup>.
- **HEADS UP! Schnucks E-Scrip Card - \$1,435.80 in 2013!!!** If you have been using your Schnucks E-Scrip Card when you shop, we Thank You VERY Much! NHBZ received \$1,435.80 **Easy Money** last year from Schnucks based on your purchases, and **NO EXTRA CHARGE TO YOU!!!** Please remember to hand your e-Scrip card to your checker every time you shop - and make your shopping trip count!!! **TO NHBZ Members AND Non-Members Alike** ~~ **if you don't have an e-Scrip card, please contact the office: [sandieabrams@hotmail.com](mailto:sandieabrams@hotmail.com) or 314-991-2100, ext. 2, and "shop" for Nusach Hari B'nai Zion!!!**
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, extension 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575.

- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** - It is customary to make a donation to the shul for Aliyos or other honors received.
- **Mi Shebarach List** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or in English if Hebrew names are unavailable. Your contributions are greatly appreciated.
- **Shalosh Seudos, The 3<sup>rd</sup> Meal of Shabbos** ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal as you observe the yahrzeits of your dear family members.
- **Memorial Plaques** ~ Memorial plaques from our former location are lovingly mounted in our new building. Remember your loved ones with a plaque; prices are \$150 and \$275. Please call the office for details.

## **NEWS & FEATURES**

- **Yiddish Club on The Road** ~ Szyfra Braitberg, an inaugural member of our NHBZ Yiddish Club, is hospitalized with a broken hip, and is undergoing rehab. Because she is unable to travel, the NHBZ Yiddish Club took their monthly meeting "on the road" and met at St. Luke's Surrey Place this past Thursday, May 1<sup>st</sup>. This was a lovely gesture by the members of the club! Yasher Koach to all of you!!!!
- **Vaad Hoeir Maos Chitim Fund** ~ (Contributions are still needed!) – You may still contribute to the campaign that assisted people in Israel and St. Louis to properly observe and celebrate Pesach. Donations are welcome and needed!!! Please make checks payable to Vaad Hoeir Maos Chitim, and write "NHBZ" on the notation; send checks to the Vaad Hoeir or NHBZ. Checks may be sent at any time after Pesach.
- **Tomchei Shabbos FOOD DRIVE!!** Pick up your bags at our NHBZ office; help make the Food Drive a Big Success!!! For questions or home pick-up, please call Jackie Oppenheimer at 997-6924.
- **Tomchei Shabbos Cookbook Project** ~ Details on recipe categories and recipe submission information will be available shortly. If you would like to help on the cookbook please call Bryna Kandel at 569-5001 or email [tomcheishabboscookbook@gmail.com](mailto:tomcheishabboscookbook@gmail.com).
- **Wrapunzel** ~ Wrapunzel is coming to Saint Louis! May 11th, 7:30 p.m., for women only, at U. City Shul for an evening of warm sisterhood and vibrant colors! Learn basic and intricate scarf tying techniques, deepen your appreciation for the mitzvah of head covering and walk out with a new sense of your unique beauty. Wrapunzel scarves will be available for sale. Suggested donation \$5.00. Light Refreshments will be served. Brought to you by Bais Abe, Eishes Chayil of St. Louis, Friends of the Hebrew Academy, and Young Israel Women's Division. Sponsorship opportunities available. For details: [FHA@eha.org](mailto:FHA@eha.org).

## **President's Message**

As we look forward to Shavuot, we have many activities and events on the calendar.

Two new classes are forming. "What Happened During the Second Jewish Commonwealth?" lead by Menachem Szus, will be held on 3 Sundays – May 4, 18, 25 – from 10:00 am to 11:30 am. We are also planning a class to learn how to lead davening, lead by our Chazzan Ethan Schuman. The first sessions will start with Ma'ariv. If you are interested, please contact Ethan to let him know what would be a convenient time for you.

You are invited and encouraged to attend our twice-a-year membership meeting on Tuesday evening, May 13, at 7:30 p.m. You will hear a summary of the last six months' activities – financial report, Rabbi's report, committee updates, and plans for the future. Please bring your questions, suggestions, and even complaints. This is your opportunity to give input to the Officers and Board of Directors. We look forward to seeing you there.

Our Special Gifts Campaign has started. By now, most of you have probably received a phone call from a member of the Special Gifts Committee. We depend upon your generosity to fulfill our mission. We welcome gifts of any amount, but if you are able to give a minimum of \$250, you will be invited to a Special Gifts "thank you" event, on Sun., May 18.

Please join us for some exciting Shabbos events coming up in the next several weeks. Here is a great way for you to contribute to our success! Whether you are a member already, or someone who enjoys being with us at Nusach Hari B'nai Zion, please invite your family and friends to join you and spend Shabbos together with us!

May 10 – Chocolate Kiddush in honor of all our New Members who joined NHBZ since February, 2013

May 17 – Synaplex & Lunch – After services, we will have 3 Synaplex breakout sessions followed by Lunch in honor of May Birthdays and Wedding Anniversaries.

- "7 Steps to Worry-Free Living" – led by Rabbi Smason
- "Shavuot: The Debate Between Moshe and the Angels" - Led by Rabbi David of Aish HaTorah
- "Making the Case for Israel on Campus" – led by our own Lila Greenberg, Campus Activist

May 24 – Lunch sponsored by Phyllis and Howard Loiterstein

May 31 – Lunch sponsored by Moshe Pinto

June 14 – Lunch 'n' Learn honoring our School Graduates ~ **CALL US WITH YOUR GRADUATES!** Do you have a graduate in your family? Please call Sandie, 314-991-2100, ext. 2, and give us your graduates' names and schools so we can wish you and your graduates a Big Mazel Tov in our Shabbos Bulletin!

*Lenny Alper*

*Beyond Twelve Gates by Rabbi Ze'ev Smason  
Parshas Emor May 3, 2014*

### *Welcome to Beyond Twelve Gates*

If you've ever bathed a dog, you know firsthand how quickly a drenched pup can shake water off.

Researchers at the Georgia Institute of Technology have found that furry mammals can shake themselves 70 percent dry in just a fraction of a second. High-speed videography and fur particle tracking was used to examine and characterize the shakes of 33 different animals – 16 species and five dog breeds. But more than simple curiosity, of what interest is the speed of animal shakes?

Understanding the physics of the wet dog shake could help engineers recreate the optimal oscillation frequency and use it to improve the efficiency of washing machines, dryers, painting devices, spin coaters and other machines. It may even lead to improved functioning for robotics, such as the Mars Rover, which suffered reduced power from the accumulation of dust on its solar panels.

Animals were created with the perfect mechanism to dry quickly to avoid hypothermia. Wet fur, being a poor insulator, causes the animal to lose heat quickly. The evaporation of the entrapped water may zap an animal's energy reserves, making it a matter of life or death to remain dry in cold weather. Small animals may trap substantial volumes of water in their fur for their size. For example, when emerging for a bath, a person carries one pound of water. A rat, however, carries five percent of its mass and an ant three times its mass. The larger the animal, the more slowly it shakes dry; a mouse moves its body back and forth 27 times per second, but a grizzly bear shakes four times per second. The tinier mammals can experience more than 20 g's of acceleration.

All creation, with its complexity and wonder, was designed to inspire and lead us to love G-d. On Thursdays we recite Chapter 81 of Psalms, "Sing out to the G-d of our strength," for on this day birds and fish were created to praise G-d's Name. It is not the birds and fish themselves that sing G-d's praises; rather when people observe animals, they give praise to the One Who created them. Careful contemplation of the design of animals will lead one to proclaim, "*Mah Rabu Ma'asecha, HaShem*" -- "G-d, how great are your works!"

### *Parshas Emor Leviticus 21:1 - 24:23*

Following the command in last week's portion to be sanctified and holy, Parshas Emor begins by discussing various laws directed specifically to the *Kohanim* and the *Kohen Gadol* (High Priest). Included is the command for the *Kohen* to refrain from becoming ritually impure through contact with a dead body (except for close relatives) and increased restrictions on whom they may marry. G-d requires those with greater spiritual responsibilities to maintain a higher standard of spiritual purity. Parshas Emor contains two of the most significant mitzvos in the entire Torah; to always be mindful of not desecrating G-d's name, and on the contrary, to sanctify Him at all costs.

The Torah goes on to discuss the festivals of the year -- Pesach, Shavous, Rosh Hashana, Yom Kippur, Succos and Shemini Atzeres. The festivals, including Shabbos, are referred to as moadim, appointed times; they are special days when Jews 'meet', as it were, with G-d. The festivals interrupt our ordinary weekday activities and inspire us to rededicate ourselves to those ideals that life is really about. Later, two mitzvos in the Mishkan are stated: the daily lighting of the menorah and the display of the *lechem hapanim* (showbread). The portion concludes with the horrible incident of a man who cursed G-d's name.

### *Rabbinic Ruminations*

When it gets hot, do you get steamed up? Douglas Kenrick, evolutionary psychologist at Arizona State University, wanted to test the link between heat and anger. He recruited a volunteer to stop her car at a green light and he counted the seconds until the driver behind honked the horn. He did this once a week from April to August, on days when the Phoenix high temperature ranged from 84 degrees to 108, and he found that the thermometer accurately predicted how soon, and how many times, thwarted drivers would protest before the light changed. "When the weather was comfortably cool, the typical driver just politely tapped on the horn for a second," Kenrick wrote. "When it got up near 100, though, they started blaring their horns, yelling out the window, and making hand signals they probably did not learn in driver's education."

A different attempt to see if people get "fired up" when the temperature rises was made by Richard Larrick of Duke University. Larrick examined the box scores of some 57,000 Major League Baseball games played since 1952—about 4.5 million plate appearances in all. He and colleagues looked into whether hot weather made pitchers more likely to throw at batters, based on records of game-time temperatures. The study found that after one or more batters were hit, intentionally or not, hot weather made it more likely that the opposing pitcher would retaliate later in the game. "What's interesting is that the same act—your teammate being hit by a pitch—seems to mean something different in a hot temperature than a low one," Larrick says. "An ambiguous act now seems more provocative when your own mind is in turmoil because of the heat."

The Talmud says that you can judge the worth of a person by three things: *koso*, *kiso* and *ka'aso* -- by his *cup* (what he's like when drunk), by his *pocket* (what he gives to charity) and his *anger* (how is it expressed?) Stressful events challenge our ability to stay calm. But when things get hot, keep your cool; "*The words of the wise are heeded when they are spoken softly, more than the shouts of the ruler of fools.*" (Ecclesiastes 9:17)

### *Quote of the Week*

If you ever forget you're a Jew, a Gentile will remind you -- **Bernard Malamud** (1914-1986) *Author and Professor, son of Russian immigrants; first novel – The Natural.*

### **Joke of the Week**

A young boy had been given some Israel Bonds for his bar mitzvah. Now he was a grown man about to be married, and he wanted to cash them in. So he went to the Bonds office in New York.

"I'd like to talk to someone about some bonds I have," the young man told the secretary at the information desk.

"Are you interested in conversion or redemption?" he was asked.

At that, the young man stepped back to look at the sign over the door. "Say," he asked, "is this Israel Bonds, or is it the Baptist Mission?"

***The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, at 12:00 noon. The bulletin is printed first thing every Thursday morning.***

# MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

<b>This Week At a Glance</b>	Shabbos May 3	Sunday May 4	Monday May 5	Tuesday May 6	Wed. May 7	Thurs. May 8	Friday May 9	Shabbos May 10
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:20 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:25 pm
<b>Events – see times in Event Planner Box</b>	<i>Kiddush celebrating Yom Ha'Atz-maut AND In honor of Nancy &amp; Jason Rush</i>	<i>"History Of the Jews" – The Second Jewish Commonwealth, 10:00 to 11:30 a.m.</i>	<i>Yom Hazikaron Israel Memorial Day</i>	<i>Yom Ha'atz-maut -- Israel Independence Day; Woman's Home Study Group, 2:30 pm At the home of Jackie Berkin</i>	<i>Rabbi Smason's Lunch &amp; Learn, 12:15-1:00 pm "Chassidic Insights Into the Weekly Parsha, 7:30 pm, After Minyan</i>	<b>BUY CASH CARDS</b>	<i>Erev Shabbos</i>	<i>Chocolate Chocolate Chocolate Kiddush in honor of all new members!</i>

**NHBZ Event Planner (Check "Coming Events" for time, date or location changes.)**  
**Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.**

### WEEKLY at NHBZ

#### SHABBOS

- Child Care (10:00 am – Noon) kids 3 & under in the Children's Room
- Youth Programming (10:15 am – 11:00 am) children 4-8, in the Youth Lounge.
- Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Chapel
- Shabbos Tanach (Bible) Study Group (45 minutes before Mincha)

#### SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler of Aish HaTorah
- Mystical Moments with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel
- "History of the Jews" (10:00 a.m.) with Menachem Szus

#### MONDAY

- Women's Tefila Class (2<sup>nd</sup> & 4<sup>th</sup> Mondays) 3:15 pm with Rabbi Smason (Next class: Monday, May 26.)

### WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.
- "Chassidic Insights into the Weekly Parsha" (7:30 pm, after Minyan) Rabbi (Chaplain, Major) Avraham Cohen.

### MONTHLY at NHBZ

- Irvin Alper Social Club (First Sunday)
- Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm)
- Dine-In Pizza Night (Last Sunday 5:00 – 7:00 pm) Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 pm.
- Sisterhood (Third Tuesday)
- RAP with the RABBI (Last Sunday of the month, 10:00 am at Starbucks)

### NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn