



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

Shabbos

November 15, 2014

22 Cheshvan 5775

Torah Portion:
Haftorah:

Parshas Chayei Sarah: Genesis 23:1 – 25:18
1 Kings 1:1-31

Stone Chumash pages 106-123
Stone Chumash pages 1136-1137

Erev Shabbos, Friday Night, November 14, 2014

- **Mincha & Maariv** (4:30 pm)
- **Candle Lighting** (4:31 pm)

Shabbos, November 15, 2014

- **Shachris & Musaf** (8:30 am) ~ *Thank You For Leading Davening*
 - Pesukei D'Zimra: **Ed Lyss**
 - Shacharis: **Dr. Ethan Schuman**
 - LeYning: **Kenny Bressler**
 - Haftorah: **Moshe Pinto**
 - *Drasha* (Sermon): **None Today**
 - Musaf: **Dr. Ethan Schuman**
- **Tefillah/Prayer Learners' Service** ~ 9:15 am, led by Rabbi Yosef David in the Rivkin Chapel.
- **Learners' Service** ~ 10:00 am, led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Synaplex and Lunch** ~ Shabbos, November 15. Three Synaplex breakout sessions will begin at 11:00 a.m. Our speakers and topics: **Rabbi Ze'ev Smason**, "The ABCs of Jewish Ethics: Seven Moral Principles that Changed the World;" **Our own Reuven Tzadok**, "The Yom Kippur War: 40 Years After." **Rabbi Yaakov Berkowitz**, of the St. Louis Kollel, "Perspectives and Teachings from our Matriarch Rebecca." And for the kids: **Youth Programming** for kids 4 and over; and **Tot Shabbat!!!** Lunch in honor of November Birthdays and Wedding Anniversaries following Synaplex sessions. Thanks to **Margo Tzadok** for sponsoring some special treats from Israel in honor of her husband **Reuven Tzadok** being one of our Synaplex speakers, speaking about Israel, and in celebration of his birthday! **HAPPY BIRTHDAY REUVEN!!!**
- **Bon Appetit** ~ We place a plate of rolls on each table at every Shabbos Luncheon ~ 1.) To enable each person to make or hear *Ha'Motzi* (the blessing on bread) over *Lechem Mishne* (two rolls or loaves of bread), and 2.) To enable each person to eat the minimum amount required when *Ha'Motzi* is made or heard; namely, one roll. **Please be seated while Rabbi Smason says Kiddush and makes HaMotzi.**
- **Mincha, Shalosh Seudos, Ma'ariv** ~ (4:10 pm) Thanks to **Marvin & Jackie Gitel and Irwin & Rosalind Rosen** for sponsoring Shalosh Seudos today in memory of beloved father **William Rosen**, ב"ר.
- **Shabbos Concludes** ~ (5:33 p.m.)

Meetings

- **Sisterhood Lunch & BINGO PARTY** ~ This Tuesday, November 18th, 12:00 noon in our NHBZ Social Hall. Men & Women of ALL Ages are invited to come and enjoy a **Dee-licious Lunch, Bingo, and Attendance Prizes!** \$7.00 donation; RSVP to Rachael Pevnick, 314-395-6017. **We hope to see you!!!** (Please note: Sisterhood will not meet in December.)
- **Executive Committee Meeting** ~ Tuesday, November 25. Ma'ariv at 6:45 pm, Meeting at 7:00 pm.
- **Board of Directors Meeting** ~ Tuesday, December 9. Ma'ariv at 6:45 pm, Meeting at 7:00 pm.



“What’s Up” at NHBZ?

NHBZ Coming Events

- **Calling All Mah-Jongg Mavens!** Help our Chesed Fund by having fun playing Mah Jongg every Monday, 4:00-6:00 p.m., at NHBZ!! Please join us in the Teen Lounge (lower level). Only \$3.00 cover! Proceeds will benefit The Nusach Hari B'nai Zion Chesed Fund. Questions? Call Debbie Barash, 314-993-4954. **See you on Monday!!!**

- **Israeli Artwork** ~ The piece of artwork in our lobby is by Israeli Artist Shemuel A. Katz. It is Number One of 950 prints; Nusach Hari B'nai Zion is offering it for \$299.00. Interested? Please call Sandie, 314-991-2100, ext. 2.
- **Lion's Den Pizza Night ~ All-You-Can-Eat Pizza Buffet ~ Sunday, November 23, 5:00-7:00 p.m.** Please note the change of date to November 23rd, NOT the LAST SUNDAY of the month! Bring your family and friends to enjoy a delicious dinner of pizza, salad, pasta and garlic bread!!! Reservations are not needed . . . just show up, eat to your heart's content, have fun schmoozing, and have a great time! Plus an extra bonus ~ we have a movie for the kids every month!!!! (Please place carry-out orders by 10:00 a.m. on Sunday morning, 314-991-2100, ext. 2. Pick up time for carry out pizzas is 4:30-4:45 p.m. before the start of our buffet.) **WE TAKE CREDIT CARD PAYMENTS AT THE DOOR!!!**
- **Shabbos Dinner** ~ Friday evening, December 5th.
- **Anniversary Banquet** ~ At the 560 Music Center, 560 Trinity at Delmar in University City, on Sunday, December 14th. We are pleased to announce our Guest of Honor **Mark Ragin**, and Woman of Valor Award recipient **Sandra Abrams!** Please send in your journal ads and greetings to our honorees. Each year, we publish a commemorative journal in conjunction with our Anniversary Celebration, and we ask you to send in your greetings and congratulations to our honorees, to Nusach Hari B'nai Zion, or to Rabbi Ze'ev and Chani Smason. Special plans are in the works! More details to follow, so stay tuned!!!
- **KidZone** ~ Motzai Shabbos – Saturday evening, December 20th. **KidZone Pillow and Popcorn Chanukah Program!**

WISH LIST!

We have very frequent power outages at the shul . . . so everything goes down from our server to the elevator!!! We require Battery Backup devices to keep the operations and server running and prevent data loss. We are now badly in need of several UPS's - Uninterruptible Power Supplies for our server and some other devices. Our computer systems, including the server, enable us to efficiently manage our shul by producing the Shabbos bulletin, our accounting, a variety of printed material, the yahrzeit reminders, and more. If you would like to contribute . . . HERE IS OUR WISH LIST:

1. APC Smart-UPS 1500VA LCD 120V - it runs about \$600 for our server
2. a few APC Back-UPS 350's running about \$90 each.

Thanks to **Dr. Erol & Sally Amon, Andy & Ellen Berg, Irwin & Roz Rosen, and Jeff & Terri Schnitzer** for responding to our Wish List!!! **Can we count YOU in, too? We can count Erol & Sally Amon in TWICE! They are donating \$200.00 more for our UPS units. Thank You, Erol & Sally!!! Thanks to all our donors, SO FAR!!!** Call Sandie, 314-991-2100, ext. 2, or go to sandieabrams@hotmail.com.

SIMCHAS

- **MAZEL TOV ON SIMCHAS** November 15-21. **Happy Birthday to Kenny Bressler, Marilyn Liss, Jordan Marbain, Rachel Pollock, and Sally Tofle. Anniversaries ~ None This Week!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Package of Cards.

How To Donate Stock

Have you ever thought of making a donation to Nusach Hari B'nai Zion in the form of Stocks?

It's something to consider, and very easy to do!!! Just call Rick Williams, our stock broker at Edward Jones, 314-846-8968, and tell him, or his assistant Kelly, that you would like to donate x-number of shares of stock to our shul; Rick or Kelly will take it from there, guiding you along the way. They will notify us of your generous donation – (it is our policy to sell the stock right away, and they will send a check to the shul.) Any questions, call Laura Krueger, our business manager, 314-991-2100, ext. 3. Laura's hours are Monday, Wednesday and Friday, 9:30 a.m. to 2:30 p.m.

NHBZ CLASS SERIES ~ MEMBERS & ALL FRIENDS ARE WELCOME!

- **Learn to Lead Davening** ~ led by our Chazzan **Dr. Ethan Schuman** on Sunday mornings, at 9:00 a.m. after morning minyan.

- **Women's Tefilla Class** ~ Led by **Rabbi Ze'ev Smason**. The class meets on the 2nd and 4th **Monday afternoons** each month at 3:15 p.m. at NHBZ. Next class – Monday, November 24.

NEWS & FEATURES

- **Handmade Pottery by Gayle Levy** ~ I would like to invite everyone (friends and family too) to my Pottery Show and Sale tomorrow, November 16th from 12 - 3 pm. If you like handmade, one-of-a-kind pieces of beautiful, functional, oven safe, pottery – (brand new and unused), you will not want to miss this opportunity. Buy for yourself or buy for hostess gifts just in time for Thanksgiving and Chanukah giving. My prices are very reasonable, and I am donating 10% of my sales that day to NHBZ. Gayle Levy, 222 Brooktrail Ct., 63141. No obligation to buy, just stop by and say hi! Appointments are available if this time doesn't work for you . . . please call me at home, 314-991-3991.
- **Kashrus Alert** ~ The following items bear an unauthorized cRc: **PapaNicholas brand Single Serve K Cups**: Hazelnut Cappuccino, Dutch Cocoa and Cappuccino flavors. Corrective measures are being taken.
- **Blood Drive at Aish HaTorah** ~ You can help save up to three lives in about an hour! The need is ongoing but the supply is not. American Red Cross Blood Drive tomorrow, Sunday, Nov. 16, 1:15-5:15 pm at the Aish HaTorah Learning Center, 457 N. Woodsmill Road in Chesterfield. To make an appointment go to www.redcrossblood.org and enter the sponsor code: AHJLC. Please bring a valid photo ID.
- **"In a Time of Open Miracles: What Can We do?"** The 12th Annual Yahrzeit 'Rachel Imeinu' Video -- Worldwide Event. The video, "*In a Time of Open Miracles: What Can We Do?*," one hour long with footage of miracles from Operation Protective Edge this past summer, will be shown this Wednesday, Nov. 19, 7:00 pm at the St. Louis Kollel, 8200 Delmar. Donation requested. For information, contact Lynda Cohen, 314-862-0025.
- **Next SH'MA: Listen! Speaker Series** ~ What comes after Gaza? Jewish Federation of St. Louis and AJC invite the community to a special presentation with Matthew Kalman, a British foreign correspondent based in Jerusalem, to discuss strategic realities for Israel after Operation Protective Edge. The event will take place at Sweetology, 9214 Clayton Rd, at 7:00 pm on Monday, December 1. A light reception will precede the formal program; dietary laws observed. For further information or to RSVP, please contact Joan Wolchansky at JWolchansky@CAJESTL.org or 314-442-3760 or Nancy Lisker at Liskern@AJC.org or 314-721-8866. For details go to www.nhbz.org and click on **All Events** in the upper left hand corner.
- **Chanukah Cookie & Cupcake Decorating** ~ Sunday, December 7, at 7:00-9:00 pm. \$36.00 per person. Demonstration by Gitti Allman of DecorateMyCakeNY.com. Hosted by Ruth Raskas, 7920 Teasdale. Reservations required: ahraskas@gmail.com.
- **Looking for a Volunteer Tallis Monitor** ~ "What's that?" you say! Someone who will fold and straighten our shul taleisim after services (either on Shabbos, or Sunday). Also, making sure our shul taleisim are kept clean, and in good repair. The job offers many 'fringe benefits'! For more information, please contact Rabbi Smason.
- **"Thank You" to Gayle Levy** for donating brand new, cozy fleece blankets for our ladies who get **COLD** during services! How very sweet of Gayle to think of such a nice thing to do. **Thanks, Gayle!**
- **Books of Tehillim (Psalms)** ~ **Julie & Don Eisenberg** have donated 50 Sifrei Tehillim -- Books of *Tehillim* -- to be used for the recitation of Tehillim in the merit of a *Refuah Shelaymah* (full recovery) for our dear friend **Michelle Mufson**. If you would like to join those reciting daily Tehillim for Michelle, please contact Julie at 314-494-8437 or juliecooks@icloud.com. There are only a few books left; if you need a book of Tehillim, please inform Julie, who will contact Sandie and tell her you will be picking one up at the office.
- **Are You CPR Certified?** If you are **currently CPR certified** with an **Up-To-Date Certificate**, please call our office to register your name: 314-991-2100, ext. 2.
- **A Call for Help from the Jewish Food Pantry** ~ The Jewish Food Pantry is in desperate need of volunteers. The amount of food they are receiving is growing, but the number of people to organize all of the donations is NOT keeping up! To help or for questions, call **Julie Eisenberg** at 314-494-8437.
- **Women's Tehillim Group** ~ A group of women in the community, including several members from Nusach Hari B'nai Zion, who asked for this announcement to run in our weekly bulletin, gather each Sunday morning to say the entire book of Tehillim, in the *zchus* (merit) of a *refuah shelayma* for the cholim in our community. They meet at the home of Jan Adelman, 8032 Amherst, Sundays at 9:15 am. If you cannot participate in person, call 314-863-5438. The Tehillim hotline (names and updates) is: 314-995-7119. If you have any questions, please call **Julie Eisenberg** at 314-494-8437.

- **Tomchei Shabbos On-Going FOOD DRIVE!!** Tomchei Shabbos means “Supporters of the Sabbath.” *The “Barbara Mendelson Tomchai Shabbos Fund”* was established, by the Vaad Hoer of St. Louis, to help support Jews suffering severe economic distress, by providing the families in our community with their Shabbos and Yom Tov meals in a discreet and dignified manner. A special kosher food pantry is stocked to provide them with food essentials, chicken and meat. **Pick up a bag** at our NHBZ office; help make the Food Drive a Big Success!!! For questions or home pick-up, please call Sally Needle, 314-991-2575. Tomchai Shabbos is maintained through contributions of food and money. To make a donation go to www.ovkosher.org – click on HOME tab, then Vaad Hoer Community Services, then Tomchai Shabbos.
- **Tomchei Shabbos Cookbook Event ~** Join us for tea, coffee, and sample dessert recipes from our upcoming cookbook! Sunday, Dec. 14, 1:30-3:00, at the Hirschhorn home, 835 Swarthmore. EVERYONE IS ENCOURAGED TO BRING RECIPES!!!! Admission is \$18 or 6 recipes. Sponsors of \$180 or more will be admitted free of charge.
- **Jewish War Veterans ~** Armed Forces Day, Memorial Day, Flag Day, Independence Day, Patriot’s Day, and Veteran’s Day, all have a common denominator: They are reminders of the freedoms we all enjoy thanks to our military men and women to whom we owe a great debt of gratitude. Plans are in the works to attract new prospective JWV members for Post 644 – Two “Meet & Greets” – Tomorrow – Sunday, November 16, and Sunday, December 21, both at 10:00 a.m. at the Jewish Federation Building. A Jewish War Veteran is a person of the Jewish faith, honorably discharged or currently serving in the Armed Forces of America, and who takes pride in being a Jewish Veteran who has served honorably. JWV supports the defense of Israel, and America’s efforts to fight global terrorism; JWV is a leader in the successful fight to have service records reviewed to determine whether any Jewish veteran was denied the Medal of Honor due to bigotry. Volunteer opportunities include working in conjunction with local Scout Troops to place over 5,000 American flags at the graves of Jewish Military Veterans, and direct participation in Veteran’s Day and Memorial Day observances. JWV actively supports the treatment of veterans in VA facilities, veteran benefits, and the role of women in the military. JWV’s award-winning publication “The Jewish Veteran” is included in Membership, keeping members informed in the latest developments in Veteran Affairs, Foreign Affairs, and Israel. For more information, contact Harvey Bloth at 314-952-2218 or harveybloth@gmail.com.

Reminders

- **Extremely Important Message!** When you or a loved one becomes ill, and is hospitalized, **PLEASE HAVE A FAMILY MEMBER OR FRIEND CONTACT RABBI SMASON ON HIS CELL PHONE ASAP . . . 314-749-5271.** Calling the office sometimes delays the time in which Rabbi Smason receives the information. Rabbi Smason is very sensitive to the needs of all our members ~~ each and every one of you. He wants to be able to help you as quickly as possible and in any way he can. Please keep Rabbi Smason’s cell phone number handy in your wallet, and give it to your family and friends, so you and they will have easy access at all times.
- **SHABBOS HALACHAS (Laws of Shabbos)** An *eruv* is an enclosure, constructed according to halacha (Jewish law), as a way to permit Jewish residents or visitors to carry certain objects outside their own homes on Shabbos and Yom Kippur. The St. Louis *eruv* encompasses parts (but not all) of Olivette, U.City and Clayton. We respectfully request that **SHABBOS BULLETINS, FOOD, or any other item not be removed** from the synagogue by those who do not live within the *eruv*. Questions? Ask Rabbi Smason.
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, ext. 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575; for Chesed Fund Tributes come by the office and pick up a package of cards!
- **Mi Shebarach List** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, **by 10:00 a.m. Friday mornings** so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother’s name in Hebrew, or in English if Hebrew names are unavailable. Your contributions are greatly appreciated.

- **Memorial Plaques** ~ Memorial plaques are lovingly mounted in our new building. Remember your loved ones with a plaque; prices are \$180 and \$360. Please call the office for details, 314-991-2100, ext. 2.
- **Shalosh Seudos, The 3rd Meal of Shabbos** ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal in honor of family members, to celebrate special occasions, or as you observe the yahrzeits of your dear loved ones. To make arrangements call our office at 314-991-2100.
- **Buy a Brick Online or by Phone** ~ Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** ~ It is customary to make a donation to the shul for Aliyos or other honors received.

President's Message from Lenny Alper

The members have spoken. The following were elected at last Sunday's NHBZ Elections of Officers:

Officers: 1-Year Term

President *Lenny Alper*
 Vice President *Richard Woolf*
 Vice President *Bobby Levine*
 Vice President *Kenny Bressler*
 Vice President *Open*
 Treasurer *Don Eisenberg*
 Secretary *Shayna Scribner*
 Gabbai *Alan Zarkowsky*

Board Members: 3-Year Term

Lauren Brenner
Marcie Brook
Dr. Faye Cohen
Stanley Goldfader
Joni Kaiser
Board Member: Remaining 2 Years of a 3-Year Term
Julie Eisenberg

Continuing Board Members:

Fran Alper *Fran Reisler*
Byron Brownstein *Robin Rickerman*
Larry Chervitz *Phyllis Silverman*
Harold Hoffman *Gary Sudin*
Michelle Mufson

Congratulations to all newly elected and re-elected Officers and Board Members.

Beyond Twelve Gates by Rabbi Ze'ev Smason
Parshas Chayei Sarah November 15, 2014

Welcome to Beyond Twelve Gates

In November 2013, a London restaurant opened under the proprietorship of Ben and Ed Robson. Named *Boopshi's*, the eatery owes its existence — and its menu — to the brothers' grandparents, Fred and Nora Robson. "They were a big part of our lives," says Ben Robson. "We used to go to their house every weekend and help them make food. Schnitzel was our favorite and something we demanded every week." Growing up, Ben and Ed knew that their grandparents had emigrated to the UK from Austria, in 1937. They'd changed their names when they arrived. But that was about all they knew. Ben said, "They never talked about the past too much. That was that and nothing more was said." But the brothers found out a lot more after both had passed away.

Ben Robson said, "We went through a whole box of information that had photos, birth certificates, everything -- and what we found out was that both sides of the family were in fact Jewish, which was a surprise." Fred Robson had been born Fritz Rosenzweig, but, from 1937 on, he and Nora had gone to great lengths to hide their Jewishness. "My dad was brought up Christian. I mean, they didn't go to church or anything like that. But I think they moved to London and they just had this absolute fear of anything like [the Holocaust] happening ever again. So they went the complete opposite and never talked about, never mentioned it or anything," said Ben.

Also in that box of history: Recipe books belonging to Fred. "Just a wealth of recipes, both Viennese, and English," Ben added. The discovery of the recipe books was "a light bulb moment" for brothers Ed and Ben and the idea of *Boopshi's* restaurant was born. And the name itself? It was a term of endearment their grandparents used for each other. Ed and Ben Robson could not have guessed that the secret to their destiny was lurking undetected in the attic.

At times, each of us has to recapture our destiny. As Jews, where do we turn to find our destiny, our purpose? Our very own Torah contains time-tested, relevant instructions for living. The Torah is our destiny and it is our "nature." Torah is not within the Jew: the Jew is within the Torah.

Parshas Chayei Sarah ~ Genesis 23:1 -- 25:18

Chayei Sarah begins with Sarah's death at the age of 127 and Abraham's search for a proper burial place which would be worthy of her greatness. Abraham is conned by Efron (a member of the Hittite nation who lived in the land of Israel) into paying an extremely large sum of money for her place of burial. Sarah is buried in M'arat HaMachpelah - the Tomb of the Patriarchs - in Hebron. Do you know who else is buried there? (answer: Adam & Eve, Isaac & Rebecca, Jacob & Leahin addition to Abraham and Sarah). Abraham sends his faithful servant Eliezer back to the old country (Aram Naharaim) to find a suitable wife for Isaac. Eliezer devises a plan by which he will find a modest, generous and kind girl fitting for his master's son. Eliezer decides to stand by the town's well, waiting for a girl to offer him, and his camels, water to drink. Suddenly Rebecca appears and exerts great effort to draw water for a stranger and his ten camels. She brings Eliezer to her father's house, whereupon Abraham's servant asks that Rebecca return with him to marry Isaac. She accepts, and they are married. The Torah states that "Isaac married Rebeccaand he loved her." This teaches us that true love comes after marriage, not before.

Rabbinic Ruminations

Henri Matisse was born in 1869, in northern France. Over a six-decade career he worked in all media, from painting to sculpture to printmaking. Although his subjects were traditional -- figures in landscapes, portraits, interior views -- his revolutionary use of brilliant color and exaggerated form to express emotion made him one of the most influential and successful artists of the 20th century.

However, the last ten years of Henri Matisse's life were far from what most of us would think of as joyful. His marriage was over, he was diagnosed with cancer and underwent a number of painful surgeries, and his beloved daughter was imprisoned and tortured by the Gestapo for aiding the French Resistance. Who could have blamed him for calling it quits and sinking into deep despair? And yet, during this dark time he created the most joyful work of his career.

Confined to a wheelchair and crippled by pain, Matisse never stopped working. In fact, rather than a period of decline, it became what Matisse described as "*une seconde vie*" (a second life). He transformed the darkness into an intensely vibrant and productive period, creating "cut-outs"-- the cut paper collages he described as "painting with scissors." Unlike actual painting, painting with scissors could be done from his wheelchair or bed. Matisse once famously said, "Work cures everything," and one cannot help but consider the therapeutic value of the cut-outs for Matisse. Studies show that meaningful work and a sense of purpose—a reason to get out of bed in the morning -- are linked with longevity and life satisfaction. Because of pain and physical limitations, Matisse often couldn't get out of bed in the morning so he rose to the challenge and worked from his bedside instead.

Henri Matisse once said, "There are always flowers for those who want to see them." The Chassidic master Rabbi Menachem Mendel of Lubavitch (1789–1866) distilled this as the Yiddish adage, *Tracht gut, vet zein gut*—"Think good, and it will be good." What this means is that *bitachon*, the absolute assurance and conviction that G-d will make things good, actually becomes the conduit and vessel which draws down and enables us to receive G-d's blessings. Even in the autumn of his life, Henri Matisse chose to see the flowers -- a marvelous example of how positive thinking brings about positive results.

Quote of the Week

There is no duty we so much underrate as the duty of being happy. -- *Robert Louis Stevenson*

Joke of the Week

One day a man drove his secretary home after she fell quite ill at work. Although this was an innocent gesture, he decided not to mention it to his wife, who tended to get jealous easily.

Later that night the man and his wife were driving to a restaurant. Suddenly he looked down and spotted a high-heel shoe half hidden under the passenger seat. Not wanting to be conspicuous, he waited until his wife was looking out her window before he scooped up the shoe and tossed it out of the car. With a sigh of relief, he pulled into the restaurant parking lot.

That's when he noticed his wife squirming around in her seat.

"Honey," she asked, "have you seen my other shoe?"

MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

This Week At a Glance	Shabbos Nov. 15	Sunday Nov. 16	Monday Nov. 17	Tuesday Nov. 18	Wed. Nov. 19	Thurs. Nov. 20	Friday Nov. 21	Shabbos Nov. 22
Shachris	8:30 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	4:10 pm	4:25 pm	4:25 pm				4:25 pm	4:10 pm
Ma'ariv Only				6:45 pm	6:45 pm	6:45 pm		
Events – see times in Event Planner Box	<i>Good Shabbos to Everyone! Synaplex Shabbat; Shalosh Seudos by Gitels & Rosens IMO father William Rosen</i>	<i>“Learn to Lead Davening” w/Dr.Ethan Schuman, 9:00 am.</i>	<i>Mah Jongg Game, to benefit our Chesed Fund, 4:00-6:00 pm.</i>	<i>Sisterhood Lunch & Bingo Party ~ 12:00 noon!</i>	<i>Rabbi Smason’s Lunch & Learn, 12:15 pm.</i>	BUY CASH CARDS	<i>Erev Shabbos</i>	<i>Tomorrow Night ~ Nov. 23 ~ Pizza Buffet ~ 5-7 pm!!!</i>

NHBZ Event Planner (Check “Coming Events” for time, date or location changes.)
Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

WEEKLY at NHBZ

SHABBOS

- Tefilla Class (9:15 am) led by Rabbi Yosef David in the Rivkin Chapel.
- Child Care (10:00 am – Noon) for kids 3 & under in the Children’s Room
- Learners Service (10:00 am) led by Rabbi Ze’ev Smason in the Rivkin Chapel
- Shabbos Tanach (Bible) (30 minutes before Mincha)

SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler, of Aish HaTorah
- “Learn to Lead Davening” (9:00 am) with Dr. Ethan Schuman after morning minyan
- “Mystical Moments” with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

MONDAY

- Women’s Tefila Class (2nd & 4th Mondays) 3:15 pm with Rabbi Smason at NHBZ. (Next class Monday, November 24th.)
- Mah Jongg (Mondays, 4-6:00 pm) Proceeds will benefit The NHBZ Chesed Fund.

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.

MONTHLY at NHBZ

- Irvin Alper Social Club (First Sunday) at 5:00 pm.
- Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday, 7:00 pm) at NHBZ
- Dine-In Pizza Night (Last Sunday 5:00 – 7:00 pm) Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 pm. **November Pizza Night on the 23rd – NOT THE LAST SUNDAY**
- Sisterhood (Third Tuesday) (No meeting in December)

NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn