NHBZ Shabbos Bulletin

November 2, 2013 Welcome to Nusach Hari B'nai Zion

29 Cheshvan 577

R'nai Tion

Office Phone 314-991-2100

Webpage: www.nhbz.org

Chapel Phone: 314-991-2100

Affiliated with the Union of Orthodox Jewish Congregations of America

Torah Portion: Parshas Toldos: Genesis 25:19 – 28:9 Stone Chumash pages 124-143 Haftorah: 1 Samuel 20:18-42 Stone Chumash pages 1207-1208

This Shabbos Bulletin is being sponsored by Dr. Shayna Scribner in memory of her beloved mother Edith Solomon.

Erev Shabbos – Friday Night, November 1, 2013

- Mincha & Maariv (5:45 pm)
- Candle Lighting (5:43 pm)

Shabbos, November 2

- Shachris & Musaf (9:00 am) ~ Thank You For Leading Davening
 - Pesukei D'Zimra: Howard Sandler Haftorah: Mayer Taller
 - Shacharis: Menachem Szus Drasha (Sermon): Rabbi Ze'ev Smason
 - Leyning: **Kenny Bressler** Musaf: **Menachem Szus**
- Kiddush ~ (After Musaf)
- Mincha, Shalosh Seudos, Ma'ariv (5:25 pm)
- Shabbos Concludes (6:45 pm)

WHAT'S UP TONIGHT?

- ► Havdalah → S'Mores ~ Motzai Shabbos Tonight, November 2nd at Nusach Hari B'nai Zion, 7:00-8:00 p.m. Join us to Welcome the New Week under the stars on our patio, and then make S'Mores over the fire pit. Everyone is welcome!!! Kids ~ bring your parents!!!
- Daylight Saving Time Ends ~ Before retiring tonight, set your clocks <u>BACK</u> one hour. Don't be late for minyan on sunday 8:00 am central standard time!

REMINDER ABOUT NEXT SHABBOS

• Rabbi Smason will be away next Shabbos, November 9. He will be in Austin, Texas from Wednesday to Sunday for a Children's Advocacy Conference, at which he will be one of the presenters. Rabbi Shlomo Soroka, of the St. Louis Kollel, will be with us on that Shabbos morning, and will deliver the drasha.

COMING EVENTS

- Rosh Chodesh Kislev ~ Sunday and Monday, November 3 and 4.
- Bi-Monthly Women's Tefila Class ~ Led by Rabbi Ze'ev Smason, the class meets on the 2nd and 4th MONDAYS of the month, at 7:00 p.m. Next class Monday, November 11, at NHBZ. The focus of our class is the structure and deeper meaning of the Shabbos morning service and prayers, and how prayer can be used as a basis for our own communication with G-d. All women welcome.
- "The Portrayal of Israel in the Media: Fair and Balanced?" Neil Lazarus, World Renowned Israel Advocacy Expert and Pubic Speaker, will be holding a community wide event at Nusach Hari B'nai Zion on Tuesday evening, November 12:

<u>5:00 p.m. – 6:00 p.m.</u>: Private Meet & Greet with Neil Lazarus, and hear him give a short Middle East current events update with questions and answers. \$18.00 per person; RSVPs required by Friday, November 8, 2013 – Please call 314-991-2100, ext. 2. Light Refreshments will be served.

<u>6:00 p.m. – 7:00 p.m.</u>: Neil Lazarus presents: "The Portrayal of Israel in the Media: Fair and Balanced?" FREE and open to the public. Q & A to follow presentation.

MINYAN! IT'S GOOD FOR US & GOOD FOR YOU. TOO!!!

This Week At a Glance	Shabbos Nov. 2	Sunday Nov. 3	Monday Nov. 4	Tuesday Nov. 5	Wed. Nov. 6	Thurs. Nov. 7	Friday Nov. 8	Shabbos Nov. 9
Shachris	9:00 am	8:00 am <u>CST</u>	6:45 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/ Ma'ariv	5:25 pm	<u>4:35</u> pm <u>CST</u>	4:35 pm	-	-	-	4:35 pm	4:20 pm
Ma'ariv Only				6:45 pm	6:45 pm	6:45 pm		
Events – see times in Event Planner Box	Good Shabbos to Everyone! Havdalah \$\partial \text{S'Mores} \text{7:00-8:00} \text{p.m.} Daylight \text{Saving Time} \text{Ends} \cdots	Central Standard Time BEGINS TODAY!!! Rosh Chodesh Kislev	Rosh Cho- desh Kislev	ORDER CASH CARDS!	Weekly Lunch & Learn, with Rabbi Smason, 12:15pm Bar/Bat Mitzvah Class, 7:00 pm	Home Study Group for Women, 2:30 pm, Home of Jackie Berkin Yiddish Club, 7:00 pm, at NHBZ	Erev Shabbos	RSVP for Pre- Chanukah Shabbos Dinner on Friday Night, November 15

NHBZ Event Planner (Check 'Coming Events" for time, date or location changes.)
Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

Weekly at NHBZ

SHABBOS

- Child Care (10:00 am Noon) kids 3 & under in the Children's Room
- Youth Programming (10:15 am 11:00 am) children 4-8, in the Youth Lounge.
- Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Chapel
- Shabbos Tanach (Bible) Study Group (45 minutes before Mincha)

SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler of Aish
- Mystical Moments with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

MONDAY

 Women's Tefila Class (2nd & 4th Mondays, 7:00 pm with Rabbi Smason.

WEDNESDAY

Rabbi Smason's Lunch & Learn (12:15-1:00 pm) now studying Pirkei Avos.

Monthly at NHBZ

- Irvin Alper Social Club (First Sunday) NO NOVEMBER MEETING.
- Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm)
- Dine-In Pizza Night (Last Sunday 5:00 pm 7:00 pm) Carry-Out Pizzas also available. Pick up time 4:30 pm. Place orders: 314-991-2100, ext. 2.
- Sisterhood (Third Tuesday)

NHBZ Signature Events

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- Synaplex Shabbos
- Shabbos Lunch & Learn

MORE COMING EVENTS

- Pre-Chanukah Shabbos Dinner ~ Fund raiser for our Chesed Fund ~ Friday night, November 15th ~ Celebrating Chanukah a little early with another lovely and delicious Shabbos Dinner created by chairperson Julie Eisenberg!!! Adults: \$25.00; Kids: \$15.00. All proceeds will go directly to the NHBZ Chesed Fund. Please call the office to make your reservations, 314-991-2100, ext. 2. Bring your family and friends ~~ Everyone is Welcome!!!!!
- ✓ Lunch & Learn ~ Shabbos, November 16 ~ Rabbi Chaim Eisen will be our guest speaker at our November Lunch & Learn. Topic: "Jews & Christians: What Binds us Together?"
- Semi-Annual Shul Meeting & Election of Officers will be held on Sunday, November 17TH, 11:00 a.m. Each year, one-third of the 15-member Board rotates off, and 5 new or returning members are elected. Everyone is welcome to participate. Please attend and vote!!!

2014 NHBZ Office and Board Nominations

President Lenny Alper
First Vice President Richard Woolf
Second Vice President Bobby Levine

Third Vice President OPEN Fourth Vice President OPEN

Treasurer Don Eisenberg

Secretary OPEN
Gabbai Mayer Taller

Board Members: Term 1/1/2014 - 12/31/2016 (3 year full term)

Byron Brownstein Fran Reisler Michelle Mufson Robin Rickerman Jack Maram

Board Members: Term ending 12/31/2015 (2 years remaining)

Gary Sudin

Board Members: Term ending 12/31/2014 (1 year remaining)

Stan Goldfader Mimi Fiszel

- All-Star Cast Headlines Premiere Documentary ~ The Simon Wiesenthal Center premieres "The Prime Ministers: The Pioneers." Based on the bestselling memoir by Ambassador Yehuda Avner, this film looks at six decades of Israel's history-from its founding until the early 21st century. The documentary goes inside epic moments in the lives of Israel's Prime Ministers, bringing to life never before revealed stories. The first of two parts, The Prime Ministers: The Pioneers will be screened at the upcoming premiere, covering the era of Prime Ministers Eshkol & Meir. The second installment, The Prime Ministers: Soldiers and Peacemakers, which covers the years Ambassador Avner worked for Prime Ministers Rabin and Begin, will be released in spring of 2014. Weaving a rich tapestry of history and personal testimonies, The Prime Ministers: The Pioneers is a true insider's account of some of the most important events of the 20th and 21st centuries. The film's all-star cast includes Sandra Bullock as the voice of Golda Meir, Michael Douglas as the voice of Yitzhak Rabin, Leonard Nimoy as the voice of Levi Eshkol and Christoph Waltz as the voice of Menachem Begin. The St. Louis premiere will be held on Tuesday, **November 19**th at Wehrenberg Des Peres Cine 14. The event will begin with a wine reception at 5:30 PM, followed by the film presentation at 7:00 PM, Special Guest and Academy-Award winning director, writer, and producer of the film, Richard Trank, will participate in a Q&A following the film presentation. Tickets to the fundraising premiere begin at \$50 (a portion of the ticket price is tax-deductible) with other sponsorship opportunities available. For additional information, please contact the Simon Wiesenthal Center Midwest Region at 312-981-0105 or via email: swcmidwest@wiesenthal.com. To purchase tickets online: www.wiesenthal.com/stlouispremiere.
- Lion's Den Pizza Night ~ Our "Last Sunday of the Month" All-You-Can-Eat Pizza Buffet Sunday, November 24. 5:00-7:00 p.m. – Reservations are not needed. Bring your family and friends to enjoy a

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- delicious pizza dinner and schmoozing, and a movie for the kids!!! Just show up and have a great time!!!! (Please place carry-out orders by Sunday morning at 10:00 a.m. 314-991-2100, ext. 2.)
- 108^{T3f} Anniversary Banquet ~ We are proud to present our Honoree for 2013 ~~ our own Dr. Ethan Schuman. Dr. Schuman has served as our chazzan since 2002. He is noted for his community work, right here in St. Louis most recently pioneering the first on-line Shechita course for men in St. Louis to learn the halachos, customs, and art of the ritual slaughter of animals for kosher consumption, and his creation and regular leadership of the NHBZ Yiddish Club. His many projects around the world include Matzah baking in Tunisia, Uganda and Kenya; davening for congregations in Nairobi, Bucharest and Cuba; Shechita in Kenya, Cuba and Uganda; speaking and learning with communities in Torino, Italy; Bris Milah for the communities of Riga, Metamoras Mexico. It is with great pleasure that we give well-deserved kovod (honor) to Dr. Schuman on Sunday, December 15, at the Crowne Plaza Hotel in Clayton. You have received your Ad Journal order forms!!! Please respond generously with your business ads, personal greetings & messages to our honoree.

Meetings

- Religious Committee Meeting ~ Monday, November 4th, 7:00 p.m.
- Board of Directors Meeting ~ Tuesday, November 5th (The 1st Tuesday)
- Sisterhood Luncheon ~ Next meeting Tuesday, November 12 (The 2nd Tuesday)
- Semi Annual Shul Meeting & Election of Officers ~ Sunday, November 17, 11:00 a.m.
- Executive Committee Meeting ~ Tuesday, November 19th, 7:00 p.m.

Reminders

- Sisterhood New Year Greetings ~ If a member of Sisterhood gave you a call, and your name was listed in the Sisterhood New Year Greetings, please remember to send your donations, payable to NHBZ SISTERHOOD, to Esther Gelb, 10358 Chimney Rock, #4, 63146; if you didn't receive a call and your name was listed, you are under no obligation to make a contribution but, of course, they will be very grateful for your kind consideration. We thank our Sisterhood for everything they do for our shul; your donations to them are a tremendous help!!!
- CHANUKAH IS COMING!!! Buy and Use Cash Cards call the office ASAP to order your cards and earn free money for NHBZ! Chanukah is only a few weeks away. What are you buying for your family and friends?!!!
- CHANUKAH CANDLES!!! Please help support the very important work of our Chesed Committee by purchasing Chanukah Candles. The candles are available to be picked up in the Shul office. Your generous contribution of \$5 or more will go directly to the Chesed Fund.
- Bobby Levine's Art Still Available ~ IF YOU MISSED the Bobby Levine Art Exhibit and Opening, to benefit NHBZ, the artwork can be viewed and the order forms for ordering artwork are available on Bobby's website, www.robertxlevine.com. ALL PROCEEDS, 100%, FROM YOUR PURCHASES ~ UNTIL THE END OF 2013, GO TO NHBZ to benefit the Capital Campaign. Thank you to NHBZ and everyone who came, supported and helped with this event.
- Schnucks E-Scrip Card Use your Schnucks Card every time you shop! Make it count!!!
- **Sponsorships** If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, extension 2, to make arrangements.
- Tributes Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575.
- Buy a Brick Online or by Phone Our website now accepts online donations for the Brick and Planting Campaign; go to http://www.nhbz.org/dedications.asp or call the office at 314-991-2100.

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- Synagogue Honors It is customary to make a donation to the shull for Aliyos or other honors received.
- Mi Shebarach List ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or English--if Hebrew names are unavailable. Your contributions are greatly appreciated.
- Shalosh Seudos, The 3rd Meal of Shabbos ~ To sponsor Shalosh Seudos on Shabbos, which takes
 place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful
 to those of you who sponsor the Third Meal as you observe the yahrtzeits of your dear family
 members.
- Memorial Plaques ~ Memorial plaques from our former location are lovingly mounted in our new building.
 Remember your loved ones with a plaque; prices range from \$150 to \$275. Call the office for details.
- Mishna Study ~ Learning Mishnayos in memory of a loved one or for a Refuah Shelayma for a person who is ill is an age-old Jewish Tradition. The word Mishna (learning) is closely related to the word Neshama (soul), and we believe that learning Mishnayos in someone's name acts as a Spiritual Elevation for that person or that person's soul. Our NHBZ Mishnayos Shiur learns every Sunday following morning minyan, carrying on this tradition by dedicating the MIshnayos to our loved ones. You may dedicate Mishnayos for 1 year: \$250; 6 months: \$150; 3 months: \$96; 1 month: \$50. May your loved one be bound up in the bond of eternal life. May HaShem be filled with compassion to restore the health of your loved one.

Simchas, News & FEATURES

- MAZEL TOV ON SIMCHAS November 2-8. Happy Birthday to Jeff Baker, Rabbi Aaron Borow, Rayna Chervitz, Nanette Holtzman, Naama Schupper, Carl Sussman, Julia Weinhaus! Happy Anniversary ~ None This Week! Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.
- Grand Total for 2013 is \$9,505.00!!! Mazel Tov to RABBI SMASON on another great Ride-Around!!! And, you can still contribute to the Rabbi's Ride. We have received many "after the ride" calls to add to Rabbi Smason's total. If you "didn't get around" to making a pledge, please call the office, 314-991-2100, ext. 2; or email the amount of your donation to sandieabrams@hotmail.com. We ask those of you who had made pledges to please send in your contribution. And, a very big thank you to everyone who has already paid his/her pledge.
- Hebrew Class Series at NHBZ ~ Want to learn Prayerbook Hebrew in an easy organized way from a knowledgeable teacher? Join Rabbi Max Weiman, author of the Everything Learning Hebrew book, at NHBZ, 9:30 a.m. on Tuesdays starting November 12th. This will be a 6 to 8 week course, with the cost of \$75 to each participant. RSVP ~ call our office, 314-991-2100, ext. 2. (Optional: bring your favorite siddur.)
- ◆ Adult Bar ◆ Bas Mitzvos ~ Classes continue on Wednesday nights at 7:00 p.m.
- BECOME ENERGIZED!!! Sponsor Your Own Solar Panel!!! Lock in the 2014 price of just \$216 for a full year. Introductory Offer ~~ For the remainder of 2013, your cost will be pro-rated to only \$108 through the end of December. Your sponsorship will appear on the lobby monitor with an individual display with your personal or business name. Sponsor a panel for yourself, your friends, your business, or dedicate one in honor of a loved one. If you are interested in sponsoring a solar panel, please call 314-991-2100, ext. 2 and we will send you the form to complete with your wording!
- Tomchei Shabbos!! Families need extra assistance with non-perishable food. Please pick up a bag available at NHBZ in the office, and fill it with your choices of non-perishable food items. Money donations are always welcome! For more details, or to arrange pick ups at your home, please call Sally Needle at 991-2575.
- ◆ Tomchei Shabbos News ~ Introducing a new project The Tomchei Shabbos cookbook. Help name the new cookbook. The name should reflect the values and core beliefs of Tomchei Shabbos. Email your

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suggestions to tomcheishabboscookbook@gmail.com. The deadline for suggestions is December 1st. If your cookbook name is chosen you will receive a free cookbook. Details on recipe categories and recipe submission information will be available shortly. If you would like to help on the cookbook please call Bryna Kandel at 569-5001 or email tomcheishabboscookbook@gmail.com.

Beyond Twelve Gates by Rabbi Ze'ev Smason Parshas Toldos November 2, 2013

Welcome to Beyond Twelve Gates

Snap and crackle may be losing its pop. Five years ago Greek yogurt was a novelty in the U.S., but yogurt, especially the Greek style, is now the second-biggest seller in the breakfast food market. Americans seem to be losing their taste for traditional cereals. And that means traditional cold cereals, which have seen a seven percent drop in sales volume in the past four years, are going to have to step up to the plate (or bowl). American breakfast cereal companies may have a new motto: Beware of Greeks bearing breakfast yogurt.

Why the decline in traditional American breakfast fare? Wall Street mavens cite several reasons: consumer boredom with cereal, a desire for higher protein products such as yogurt, and the need for on-the-go breakfasts consumers can eat in their cars. "Not all consumers choose a bowl of cereal and milk," Kellogg said in a statement. "....we're developing foods that provide the benefits of cereal in portable and convenient formats." Those new "formats" include breakfast bars and shakes. Fast food chains are 'fast' getting into the act, given that many Americans no longer make the time to sit down at the kitchen table in the morning. Taco Bell is rolling out a national breakfast menu, and McDonald's has started serving "Breakfast After Midnight" at some of its 24-hour stores. Industry sources report the first meal of the day is a \$42 billion business, and the number of quick-serve breakfast items jumped 17 percent between 2009 and 2011.

While a quick and cheerful readiness to act can be positive, history and experience also confirms the truth of Benjamin Franklin's famous saying: *Great haste makes great waste*. Reuben lost his firstborn privileges because he was too hasty in an incident concerning his father Jacob's tent. Jacob said to Reuben, "Water-like impetuosity -- you cannot be foremost.." (Gen. 49:4). The proper approach? Move with deliberate speed -- and be sure to eat a good breakfast.

Parshas Toldos Genesis 25:19 -- 28:9

Isaac and Rebecca pray to G-d for a child. Rebecca finally conceives, and after a difficult pregnancy she gives birth to twins -- Esau and Jacob. Their personality differences soon grow apparent, as Esau turns to hunting while Jacob is pure and wholesome, spending his time studying Torah. Returning from a hunting expedition, Esau finds Jacob cooking a pot of lentil soup. Jacob agrees to give his older brother a portion from the pot of soup in exchange for the spiritual birthright.

Faced with a severe famine, Isaac and family settle in Gerar (the land of the Philistines within Israel's borders) rather than descend to Egypt as his father Abraham had done years before. After experiencing astonishing financial success, Isaac comes into continual conflict with King Avimelech over the wells which Isaac dug anew. This pattern of 'success and persecution' has repeated itself throughout Jewish history. Isaac decides to bless Esau as the firstborn. At Rebecca's insistence, Jacob disguises himself as his older brother and receives the blessing of the firstborn (which rightfully belonged to him). The Torah portion concludes with Jacob fleeing from Esau's wrath for 'stealing' his blessing and escaping to Charan to stay with his uncle, Laban, where he is to find a wife.

Rabbinic Ruminations

"There's no place like home."

This memorable quote from *The Wizard of Oz* sums up how many of us feel about home—it's comfortable and familiar. But beyond the physical place, people consider other things "home" too, sometimes unconsciously: beliefs, previous choices, set routines. These things form an individual's *status quo*, which people tend to prefer

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to stick to. As a result, people often "choose" pre-set options even when many others are available. Known as status quo bias, or system justification bias, this mindset has some interesting -- and even paradoxical -- effects.

One of the many studies on these effects gave people a hypothetical inheritance from a great-uncle and asked them whether they would like to invest in a moderate-risk company, a high-risk company, treasury bills or municipal bonds. For different groups researchers told people that a significant portion of the inheritance was already invested in one of the options, effectively setting a default. Setting any random option as the default significantly increased its popularity well beyond the personal preferences of the individuals. Other surveys find that low-income groups are hardly more likely than high-income groups to want tax changes that mean they will get more money. People's politics often don't line up with their position in society.

Our father Abraham was impervious to the effects of *status quo bias*. He endured all types of mockery and persecution for holding beliefs that were, to say the least, politically incorrect. In fact, the Torah calls him "Avraham Ha-Ivri" – Abraham the Hebrew. HA-IVRI translates literally as "the one who stands on the other side." The entire world stood on one side, with Abraham standing firm on the other. And though Dorothy was right -- "*There's no place like home"* -- we, the children of Abraham the Hebrew, have the capacity to resist any pressure and stand alone if need be for the sake of G-d.

Quote of the Week

Great minds discuss ideas. Average minds discuss events. Small minds discuss people. -- Eleanor Roosevelt

Joke of the Week

We know that a big problem in organized Jewish life today is our own lack of commitment The rabbi was standing at the door welcoming people after the Rosh Hashana service. He shook the hand of one man and said, "Let me introduce myself. I'm the rabbi of this shul. We're pleased to have you visiting with us today."

The stranger said, "Now wait a minute, rabbi, I'm a member of this shul, not a visitor."

The perplexed rabbi said, "But I've never seen you in the 5 years I've been here."

The stranger answered, "Well, I never said I was a fanatic!"

Nusach Hari B'nai Zion Congregation 108th Anniversary Celebration

Sunday Evening, December 15, 2013 At the Crowne Plaza Hotel in Clayton

We are proud to present our Honoree for 2013 Our Own Dr. Ethan Schuman

MARK YOUR CALENDAR & SAVE THE DATE!

The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, at 12:00 noon. The bulletin is printed <u>first thing</u> every Thursday morning.

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