

NHBZ Shabbos Bulletin

November 30, 2013

Welcome to Nusach Hari B'nai Zion

27 Kislev 5774

Affiliated with the Union of Orthodox Jewish Congregations of America

Torah Portion: Parshas Mikeltz: Genesis 41:1 – 44:17

Stone Chumash pages 222-249

Maftir: Numbers 7:24-29, page 768

Haftorah: Zechariah 2:14 – 4:7

Stone Chumash pages 1210-1211

HAPPY CHANUKAH!

Thanks to Leo Bressler for sponsoring this Shabbos Bulletin to welcome his family visiting St. Louis this weekend: Larry, Risa, Jonathan & Matt Bressler, Jamie & Josh Bressler, Dana Szus Sutton and Eli Szus.

Erev Shabbos – Friday Night, November 29, 2013

- **Mincha & Maariv** (4:20 pm)
- **Candle Lighting** (4:22 pm)

Shabbos, November 30

- **Shachris & Musaf** (9:00 am) ~ *Thank You For Leading Davening*
 - Pesukei D'Zimra: **Menachem Szus**
 - Shacharis: **Menachem Szus**
 - Leyning: **Dr. Larry Gornish**
 - Haftorah: **Lenny Alper**
 - *Drasha* (Sermon): **Rabbi Ze'ev Smason**
 - Musaf: **Menachem Szus**
- **Kiddush** ~ (After Musaf) Thanks to **Linda Szus and Family** for sponsoring a cake in honor of the birthday (next week) of their husband and father **Menachem Szus!** **HAPPY BIRTHDAY MENACHEM!!!!**
- **Monument Dedication** ~ For Sol Klarfeld, ז"ל, and Lil Klarfeld, ז"ל, tomorrow - Sunday, December 1st at 11:00 a.m. at Chevra Kadisha Cemetery, North & South and Page.
- **Mincha, Shalosh Seudos, Ma'ariv** (4:05 pm)
- **Shabbos Concludes** (5:25 pm)



Meetings

- **Women's Home Study Group** ~ Tuesday, December 3, 2:30 p.m. at the home of Jackie Berkin.
- **Yiddish Club** ~ Thursday evening, December 5, in NHBZ'S Teen Lounge (lower level)
- **The Irvin Alper Social Club** ~ Sunday, December 8.
- **Board of Directors Meeting** ~ Tuesday, December 10, 7:00 p.m. Newly elected Officers and Board Members are invited to attend the last meeting of 2013.
- **Sisterhood Luncheon** ~ Tuesday, December 17, at 12:00 noon. Call Rachael Pevnick, 395-6017.

NHBZ COMING EVENTS

- **Rosh Chodesh Teves** ~ Tuesday & Wednesday, December 3 & 4.
- **Adult Bar & Bas Mitzvos** ~ Classes will continue on Wednesday, December 4, at 7:00 p.m.
- **Synaplex Shabbos** ~ Next Shabbos, December 7. **Dr. Lila Balla** will speak on the topic: "The Ethiopian Jewish Community." **Rabbi Ze'ev Smason's topic:** "The 7 Pillars of the Jewish Home." **Rabbi Shaya Mintz**, of the St. Louis Kollel, will speak on the topic: "Judah and the Throne of Kingship."
- **Chocolate & Wine for Young Couples & Singles!!!** You are invited to indulge yourself . . . Wine & Chocolate Pairings, Saturday night, December 7, 7:30 p.m., at the home of **Richard & Mindy Woolf**, \$10/person, in advance. You must RSVP by Thursday, December 5, to Mindy at 239-2327 or mwoolf2002@gmail.com. Space is limited!!!

Nusach Hari B'nai Zion
650 N. Price Road
Saint Louis, MO 63132

Ze'ev Smason, Rabbi
Aaron Borow, Rabbi Emeritus
Janet Haber, President
Dr. Ethan Schuman, Chazan

Office Phone 314-991-2100
Chapel Phone: 314-991-2100
Webpage: www.nhbz.org

MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

This Week At a Glance	Shabbos Nov. 30	Sunday Dec. 1	Monday Dec. 2	Tuesday Dec. 3	Wed. Dec. 4	Thurs. Dec. 5	Friday Dec. 6	Shabbos Dec. 7
Shachris	9:00 am	8:00 am	7:00 am	6:45 am	6:45 am	7:00 am	7:00 am	8:30 am
Mincha/Ma'ariv	4:05 pm	4:20 pm	4:20 pm	-	-	-	4:20 pm	4:05 pm
Ma'ariv Only				6:45 pm	6:45 pm	6:45 pm		
Events – see times in Event Planner Box	<i>Good Shabbos To Everyone! Cake in honor of Menachem Szus' Birthday</i>		BUY CASH CARDS	Rosh Chodesh Teves. Home Study Group for Women, 2:30 pm, Home of Jackie Berkin	Rosh Chodesh Teves. <i>Lunch & Learn w/ Rabbi Smason, 12:15 pm</i> <i>Bar/Bat Mitzvah Class, 7:00 pm</i>	Yiddish Club, 7:00 pm, at NHBZ	<i>Erev Shabbos</i>	<i>Synaplex Shabbos and Lunch in honor of December Birthdays & Anniversaries</i>

NHBZ Event Planner (Check 'Coming Events' for time, date or location changes.)
Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

Weekly at NHBZ

SHABBOS

- Child Care (10:00 am – Noon) kids 3 & under in the Children's Room
- Youth Programming (10:15 am – 11:00 am) children 4-8, in the Youth Lounge.
- Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Chapel
- Shabbos Tanach (Bible) Study Group (30 minutes before Mincha)

SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler of Aish
- Mystical Moments with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

MONDAY

- Women's Tefila Class (2nd & 4th **Mondays**, 7:00 pm with Rabbi Smason.

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) now studying Pirkei Avos.

Monthly at NHBZ

- Irvin Alper Social Club (First Sunday)
- Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm)
- Dine-In Pizza Night (Last Sunday 5:00 pm – 7:00 pm) Carry-Out Pizzas also available. Pick up time 4:30 pm. Place orders: 314-991-2100, ext. 2.
- Sisterhood (Third Tuesday)

NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn

- **Shabbos of Reflection** ~ We have some reflective belts available, at no charge. We are also still seeking donations and/or a sponsorship for the cost of the belts that we purchased. Please speak to Rabbi Smason.

NHBZ COMING EVENTS

- **Bi-Monthly Women's Tefila Class** ~ Led by **Rabbi Ze'ev Smason**, the class meets on the 2nd and 4th MONDAYS of the month, at 7:00 p.m. Next class – Monday, December 9, at NHBZ. The focus of our class is the structure and deeper meaning of the Shabbos morning service and prayers, and how prayer can be used as a basis for our own communication with G-d. All women welcome.
- **108th Anniversary Banquet** ~ *Make your reservations this week!!!* We are proud to present our Honoree for 2013 ~ our own **Dr. Ethan Schuman**. Dr. Schuman has served as our chazzan since 2002. He is noted for his community work, right here in St. Louis – most recently pioneering the first on-line Shechita course for men in St. Louis to learn the halachos, customs, and art of the ritual slaughter of animals for kosher consumption, and his creation and regular leadership of the NHBZ Yiddish Club. His many projects around the world include Matzah baking in Tunisia, Uganda and Kenya; davening for congregations in Nairobi, Bucharest and Cuba; Shechita in Kenya, Cuba and Uganda; speaking and learning with communities in Torino, Italy; Bris Milah for the communities of Riga, Metamoros Mexico. It is with great pleasure that we give well-deserved *kovod* (honor) to Dr. Schuman on Sunday, December 15, at the Crowne Plaza Hotel in Clayton. *RSVP ~ Please send in your response cards!!!*
- **Kiddush** ~ Shabbos, December 28, will be sponsored by **Sam & Shirley Bluestein** in honor of their 60th Wedding Anniversary (coming up on January 12th). *Sixty Years of Happily Ever After!!!!*
- **Lion's Den Pizza Night** ~ Our "Last-Sunday-of-the-Month" All-You-Can-Eat Pizza Buffet ~ Sunday, December 29, 5:00-7:00 p.m. – Reservations are not needed. Bring your family and friends to enjoy a delicious pizza dinner and schmoozing, and a movie for the kids!!! Just show up and have a great time!!!! (Please place carry-out orders by Sunday morning at 10:00 a.m. 314-991-2100, ext. 2.)
- **Kiddush & Lunch** ~ Shabbos, January 4, 2014, will be sponsored by **Marvin & Jackie Gitel** to celebrate their 60th Wedding Anniversary, and by **Bob & Joni Kaiser** in honor of the forthcoming marriage of their daughter **Hannah to Lee Mirowitz**. We'll be celebrating a fabulously long and loving marriage, *and* a new couple just beginning their lives together!
- **Kiddush** ~ Shabbos, January 18, 2014, will be sponsored by Bobbie Ring, her sister and brother in law Linda & David Marcus, and brother Marvin Berger from Chicago, in memory of their beloved mother Lenore Berger.
- **Hebrew Class Series at NHBZ** ~ The new beginning date of this Hebrew Series **To Be Announced**. Want to learn Prayerbook Hebrew in an easy organized way from a knowledgeable teacher? Join **Rabbi Max Weiman**, author of the *Everything Learning Hebrew* book, at NHBZ. This will be a 6 to 8 week course, with the cost of \$75 to each participant. (Optional: bring your favorite siddur.)

Simchas

- **MAZEL TOV ON SIMCHAS** November 30 to December 6. **Happy Birthday to Avi Borow, Harold Hoffman, Lori Laird, David Reisler, Gail Rose, Gary Shanker, Lil Simpson, Menachem Szus and Mary Weiner! Happy Anniversary to Leonid & Stella Vladimirov!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.

Reminders

- **Become Energized!!! Sponsor Your Own Solar Panel!!!** Lock in the 2014 price of just \$216 for a full year. Introductory Offer ~ For the remainder of 2013, your cost will be pro-rated to only \$108 through the end of December. Your sponsorship will appear on the lobby monitor with an individual display with your personal or business name. Sponsor a panel for yourself, your friends, your business, or dedicate one in honor of a loved one. If you are interested in sponsoring a solar panel, please call 314-991-2100, ext. 2 and we will send you the form to complete with your wording!

- **Buy and Use Cash Cards** – call the office ASAP to order your cards and **earn free money** for NHBZ! Orders are placed twice per month – on the 15th and 30th.
- **Bobby Levine's Art Still Available** ~ IF YOU MISSED the Bobby Levine Art Exhibit and Opening, to benefit NHBZ, the artwork can be viewed and the order forms for ordering artwork are available on Bobby's website, www.robertxlevine.com. ALL PROCEEDS, 100%, FROM YOUR PURCHASES ~ **UNTIL THE END OF 2013**, GO TO NHBZ to benefit the Capital Campaign. Thank you to NHBZ and everyone who came, supported and helped with this event.
- **Schnucks E-Scrip Card** - Use your Schnucks Card *every time you shop!* Make it count!!!
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, extension 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575.
- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** - It is customary to make a donation to the shul for Aliyos or other honors received.
- **Mi Shebarach List** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or English--if Hebrew names are unavailable. Your contributions are greatly appreciated.
- **Shalosh Seudos, The 3rd Meal of Shabbos** ~ **To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal as you observe the yahrtzeits of your dear family members.**
- **Mishna Study** ~ Learning Mishnayos in memory of a loved one or for a Refuah Shelayma for a person who is ill is an age-old Jewish Tradition. The word Mishna (learning) is closely related to the word Neshama (soul), and we believe that learning Mishnayos in someone's name acts as a Spiritual Elevation for that person or that person's soul. Our NHBZ Mishnayos Shiur learns every Sunday following morning minyan, carrying on this tradition by dedicating the Mishnayos to our loved ones. You may dedicate Mishnayos for 1 year: \$250; 6 months: \$150; 3 months: \$96; 1 month: \$50. May your loved one be bound up in the bond of eternal life. May HaShem be filled with compassion to restore the health of your loved one.
- **Memorial Plaques** ~ Memorial plaques from our former location are lovingly mounted in our new building. Remember your loved ones with a plaque; prices range from \$150 to \$275. Call the office for details.

News & FEATURES

- **EIGHTH NIGHT!!!** Presented by PJ Library, Jewish Federation, National Council of Jewish Women! This Wednesday, December 4, 4:00-5:30 p.m. at Office Depot, Heritage Place, 12581 Olive Blvd. After 7 nights of receiving, let the giving begin!!! Tzedakah-related activities for kids of all ages. Discounted school supplies to purchase for NCJW Back 2 School Store; plus story-telling, crafts, attendance prizes. RSVP to Jen at jlotsoff@jfedstl.org.
- **Used Book Sale** ~ Sunday, December 8 through Sunday, December 15. Annual sale at the Saul Brodsky Library in the Jewish Federation Kopolow Bldg., 12 Millstone Campus. Library hours are: Monday, Wednesday, Thursday, 9 am-5 pm; Tuesday, 9 am-8 pm; Friday, 9 am-3 pm; and Sunday, 10 am-2 pm. For more information call 314-442-3720 or email Brodsky-library@jfedstl.org
- **Elegant Cake Decorating Demonstration** ~ Learn easy, unique, and whimsical techniques with Gitti Allman of DecorateMyCakeNY.com. Sunday, December 8th, 2013 from 7-9PM at a private home. \$36 per person. Reservations required and space is limited. Contact avivaadler@sbcglobal.net for additional information. Sponsored by Yeshivat Kadimah High School.

- **Tomchei Shabbos!!** Families need extra assistance with non-perishable food. Please pick up a bag available at NHBZ in the office, and fill it with your choices of non-perishable food items. Money donations are always welcome! For more details, or to arrange pick ups at your home, please call Sally Needle at 991-2575.
- **Tomchei Shabbos New Project ~** Introducing The Tomchei Shabbos cookbook. Help name the new cookbook. The name should reflect the values and core beliefs of Tomchei Shabbos. Email your suggestions to tomcheishabboscookbook@gmail.com. The deadline for suggestions is December 1st. If your cookbook name is chosen you will receive a free cookbook. Details on recipe categories and recipe submission information will be available shortly. If you would like to help on the cookbook please call Bryna Kandel at 569-5001 or email tomcheishabboscookbook@gmail.com.

*Beyond Twelve Gates by Rabbi Ze'ev Smason
Parshas Mikeitz ~ Shabbos Chanukah November 30, 2013*

Welcome to Beyond Twelve Gates

By now you've heard of *Thanksgivukah* -- the term coined to mark this year's rare confluence of Chanukah and Thanksgiving (personally, I prefer *Thanks-a-latke*). *Thanksgivukah* has spawned a Facebook page — with more than 12,000 likes and counting — T-shirts, aprons, *thanksgivukah* notepads, recipes and more. 9-year-old Asher Weintraub of Brooklyn, N.Y., invented a “menurky,” a turkey-shaped menorah — or Chanukah candelabra — and has sold more than 1,500 of them. The convergence of the two holidays is a rare happening. It last occurred in 1888, and after Thursday, won't happen again for 70,000-plus years. This year, Nov. 28 is Thanksgiving and the first full day of the eight-day Festival of Lights, which begins at sundown the previous night.

But turkey-flavored latkes or not, what is an essential lesson we should take from Chanukah? Rabbi Dr. A. Twerski (in *Living Each Day*) raises an interesting question: Why not light all 8 candles every night of the holiday, rather than one the first night, two the second, and so on? The order of the lighting of the Chanukah candles, Rabbi Twerski says, teaches us two ideas.

First, we should always seek to increase our enlightenment and not be stagnant. We should never be satisfied with whatever spiritual growth we have achieved, but should constantly seek to further our growth. Secondly, it's a mistake to grasp too much too fast. Spiritual growth should be gradual, and we should adapt ourselves to each new level and integrate what we've achieved before going on to the next step. Eight lights the first night would be too much and too soon, and each night thereafter would show no increase in light.

Parshas Mikeitz Genesis 41:1 -- 44:17

Pharaoh has a two-part dream about seven scrawny cows devouring seven robust cows, followed by seven thin stalks of grain swallowing seven healthy, good ones. When his advisers are unable to adequately interpret the dream, Pharaoh summons Joseph, who had been in prison for a total of twelve years. Ascribing his power of interpretation solely to G-d, Joseph tells Pharaoh that Egypt will first experience seven years of abundant crops, and then will be ravaged by a devastating famine. Pharaoh appoints Joseph as viceroy of Egypt, making him the second most powerful man in the land (this is a source for the sport of tennis in the Torah -- we see that Joseph ... served in Pharaoh's court). Joseph's wife Asnat gives birth to two sons, Menashe and Ephraim, and the years of plenty and famine unfold just as Joseph had predicted.

With the famine devastating the land of Canaan (Israel), Joseph's brothers descend to Egypt to purchase food. When they don't recognize their royal brother, Joseph sets in motion a plan to determine if the brothers have fully repented for their sin of selling him almost twenty-two years before. Joseph acts detached, accusing them of being spies, and holds Simeon hostage. Joseph then allows the rest of the brothers to go with food to their father on the condition that they return with their youngest brother Benjamin. With great reluctance, Jacob agrees to this condition. Mikeitz concludes with the looming threat that Benjamin will be made a slave to the Egyptian ruler.

Rabbinic Ruminations

Groucho Marx once said, "I refuse to join any club that would have me as a member." Groucho's humorous statement notwithstanding, most people derive satisfaction from being part of a group. A new study reports that when social relationships provide an all important sense of belonging, people feel life has more meaning ([Lambert et al., 2013](#)).

The effect was revealed in one experiment in which participants were asked to close their eyes and think of two people or groups to which they really belonged. Then they were asked about how much meaning they felt life had. This group was compared with two others where participants thought about the value of other people -- but not of any group they belonged to. Participants who had been thinking about the groups they belonged to felt the highest levels of meaning in life. Just the reverse effect has been shown in previous studies. People who feel excluded from social groups tend to feel that life has less meaning.

One of our missions in life -- whether we realize it or not -- is to find meaning. One reason that belonging increases meaning in life is that it promotes the idea of continuity and of permanence. If you belong to an organization or group that is greater than yourself, there is comfort in the idea that it will outlast you. There is an interesting and growing body of medical research that has discovered the positive health effects of religion, particularly association with a religious community where sharing, generosity and happiness are the order of the day. Many generations before, Hillel stated the importance of being part of a group: "*Al tifrosh min ha'tzibur* -- Don't separate yourself from the community." (Ethics of the Fathers 2:5) We gain great strength by standing together with others.

Quote of the Week

Don't only practice your art, but force your way into its secrets, for it and knowledge can raise men to the Divine -- *Ludwig van Beethoven*

Joke of the Week

A businessman and senior citizen are sitting next to each other on a long flight. The businessman thinks that seniors are dumb and can easily be fooled. So the businessman asks the senior if he would like to play a fun game.

The senior is tired and just wants to take a nap, so politely declines and tries to catch a few winks.

The businessman persists, saying, "I ask you a question, and if you don't know the answer, you pay me only \$5.00. Then you ask me one, and if I don't know the answer, I will pay you \$500.00," he says. This catches the senior's attention, and to keep the businessman quiet, he agrees to play the game.

The businessman asks the first question. "What's the distance from the Earth to the Moon?" The senior doesn't say a word, but reaches into his pocket, pulls out a five-dollar bill, and hands it to the businessman. Now it's the senior's turn. He asks the businessman, "What goes up a hill with three legs, and comes down with four?"

The businessman uses his laptop to search all references he can find on the Internet. He sends e-mails to all the smart friends he knows; all to no avail. After an hour of searching, he finally gives up. He wakes the senior and hands him \$500.00. The senior pockets the \$500.00 and goes right back to sleep.

The businessman is going nuts not knowing the answer. He wakes the senior up and asks, "Well, so what goes up a hill with three legs and comes down with four?"

The senior reaches into his pocket, hands the lawyer \$5.00, and goes back to sleep. (Thanks to Howard Rosenberg)

The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, at 12:00 noon. The bulletin is printed first thing every Thursday morning.

Nusach Hari B'nai Zion Congregation
108th Anniversary Celebration

Sunday Evening, December 15, 2013
At the Crowne Plaza Hotel in Clayton

We are proud to present our Honoree for 2013
Our Own Dr. Ethan Schuman

Please send your journal messages! The deadline is Here!!!
You received your dinner invitation, right?
RSVP for the dinner. Please send your response card!!!



You are invited to Indulge yourself...
Wine and Chocolate Pairings

A Night Out for Young Couples and Singles



When:
Saturday Night, December 7 at 7:30 pm

Where:
The Home of Richard and Mindy Woolf
828 Woodmoor Drive
Olivette, Missouri 63132

Cost: **\$10/person in advance**

RSVP to Mindy at 239-2327 or mwoolf2002@gmail.com.
Space is Limited ~ Please call!