



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

Shabbos

November 22, 2014
29 Cheshvan 5775

Torah Portion:
Haftorah:

Parshas Toldos: Genesis 25:19 – 28:9
1 Samuel 20:18-42

Stone Chumash pages 124-143
Stone Chumash pages 1207-1208

Erev Shabbos, Friday Night, November 21, 2014

- **Mincha & Maariv** (4:25 pm)
- **Candle Lighting** (4:26 pm)

Shabbos, November 22, 2014

- **Shachris & Musaf** (9:00 am) ~ *Thank You For Leading Davening*
 - Pesukei D'Zimra: **Alan Zarkowsky**
 - Shacharis: **Menachem Szus**
 - Leyning: **Kenny Bressler**
 - Haftorah: **Dr. Naftali Kadosh**
 - *Drasha* (Sermon): **Rabbi Ze'ev Smason**
 - Musaf: **Menachem Szus**
- **Tefillah/Prayer Learners' Service** ~ 9:30 am, led by Rabbi Yosef David in the Rivkin Chapel.
- **Learners' Service** ~ 10:15 am, led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Kiddush & Lunch** ~ Thanks to **Barb Bressler, Leo Bressler, and Menachem & Linda Szus, and their Families** for sponsoring Kiddush and Lunch today in celebration of the 60th Birthday of their Husband & Father, Son, Brother and Uncle **Kenny Bressler**. **HAPPY BIRTHDAY & SURPRISE, KENNY!!!**
- **Bon Appetit** ~ We place a plate of rolls on each table at every Shabbos Luncheon (~ 1.) To enable each person to make or hear *Ha'Motzi* (the blessing on bread) over *Lechem Mishne* (two rolls or loaves of bread), and 2.) To enable each person to eat the minimum amount required when *Ha'Motzi* is made or heard; namely, one roll. **Please be seated while Rabbi Smason says Kiddush and makes HaMotzi.**
- **Mincha, Shalosh Seudos, Ma'ariv** ~ (4:10 pm)
- **Shabbos Concludes** ~ (5:28 p.m.)
- **Rosh Chodesh Kislev** ~ Sunday, November 23rd.

Dear NHBZ Friends and Members,

A request has been made to our congregation from the Vaad Hoeir of St. Louis. According to a letter we received, each St. Louis Orthodox synagogue is being asked to contribute \$250.00 to support the cost of electronic sweeps at the mikvah. Sadly, these sweeps have become necessary to guarantee privacy protection for those who use our community mikvah.

Please let me know, either in person or by email (Pepshort613@gmail.com), how much you would like to contribute. Checks made out to "Vaad Hoeir" can be given to me, or sent to me at our office.

*With thanks,
Rabbi Ze'ev Smason*

Meetings

- **Executive Committee Meeting** ~ Tuesday, November 25. Ma'ariv at 6:45 pm, Meeting at 7:00 pm.
- **Fundraising Committee Meeting** ~ Tuesday, December 2. Ma'ariv at 6:45 pm, Meeting at 7:00 pm.
- **Board of Directors Meeting** ~ Tuesday, December 9. Ma'ariv at 6:45 pm, Meeting at 7:00 pm.

“What’s Up” at NHBZ?



NHBZ Coming Events

- **Lion’s Den Pizza Night ~ All-You-Can-Eat Pizza Buffet ~ THIS Sunday, November 23, 5:00-7:00 p.m.** **Please note the change of date to November 23rd, NOT the LAST SUNDAY of the month!** Bring your family and friends to enjoy a delicious dinner of pizza, salad, pasta and garlic bread!!! Reservations are not needed . . . just show up, eat to your heart’s content, have fun schmoozing, and have a great time! Plus an extra bonus ~ we have a movie for the kids every month!!!! (Please place carry-out orders by 10:00 a.m. on Sunday morning, 314-991-2100, ext. 2. Pick up time for carry out pizzas is 4:30-4:45 p.m. before the start of our buffet.) **WE TAKE CREDIT CARD PAYMENTS AT THE DOOR!!!**
- **Calling All Mah-Jongg Mavens! Or Want to Learn?** Help our Chesed Fund by having fun playing Mah Jongg every Monday, 4:00-6:00 p.m., at NHBZ!! Please join us in the Teen Lounge (lower level). Only \$3.00 cover! **Proceeds will benefit The Nusach Hari B’nai Zion Chesed Fund.** Questions? Call Debbie Barash, 314-993-4954. **See you on Monday!!!**
- **Israeli Artwork ~** The piece of artwork in our lobby is by Israeli Artist Shemuel A. Katz. It is Number One of 950 prints; Nusach Hari B’nai Zion is offering it for \$299.00. Interested? Please call Sandie, 314-991-2100, ext. 2.
- **Shabbos Lunch ~** November 29. Thanks to **Fran Hoffman** who will sponsor Lunch in honor of the special birthday of her husband **Harold Hoffman**.
- **Rabbi Smason Out of Town ~** Leaving Wednesday, December 3rd, after the Lunch & Learn Class; scheduled to return Friday morning, December 5th.
- **Shabbos Dinner ~** Friday evening, December 5th, planned and prepared by **Julie Eisenberg** and her helpers. Mincha will begin at 4:20 pm, then *Kabbalat Shabbat* (Welcoming the Sabbath), and Ma’ariv, all to conclude by 5:10 pm; break for Shabbos program, followed at 6:00 pm by a festive Shabbos dinner for the whole family!!! RSVP, 314-991-2100, ext. 2. Adults \$18.00, Kids 5-10 \$10.00, Kids 4 & under FREE!
- **Anniversary Banquet ~** At the 560 Music Center, 560 Trinity at Delmar in University City, on Sunday, December 14th. We are pleased to announce our Guest of Honor **Mark Regin**, and Woman of Valor Award recipient **Sandra Abrams!** Please send in your journal ads and greetings to our honorees. Each year, we publish a commemorative journal in conjunction with our Anniversary Celebration, and we ask you to send in your greetings and congratulations to our honorees, to Nusach Hari B’nai Zion, or to Rabbi Ze’ev and Chani Smason. Please remember that all proceeds help your shul.
- **KidZone ~ KidZone “Pillow and Popcorn Chanukah Party!”** Motzai Shabbos - Saturday evening, December 20th, 7:00-9:00 pm, in the Feigenbaum-Pepose Learning Center - NHBZ’s Lower Level. **Hey Kids!!!** Come in your favorite PJs, and bring your pillow and favorite blanket to cuddle with as we watch a movie; you will decorate your own, brand new pillow case - a gift from KidZone. We’ll serve your favorite Chanukah latkes and donuts, popcorn and other snacks! All school-age children up to 11 years old are welcome; children 4 and younger must be accompanied by an adult. **Grown-Up-Zone** helpers are needed for kitchen help, set up, serving, engaging the children, helping the kids with their art projects, showing a movie, lighting Chanukah candles, and clean up. To be a Grown-Up in the KidZone, please call Cheryl Mantinband at 314-306-7736 or email to cheryldring@gmail.com. **RSVPs for KIDS is a MUST no later than Wednesday, December 3rd to alanaminoff@gmail.com!!! Please include the number of children that will be attending.**
- **Next Synaplex and Lunch ~** Shabbos, January 17. Three Synaplex breakout sessions will begin at 11:00 a.m. In addition to **Rabbi Ze’ev Smason**, our second speaker will be **Dr. Joseph Schraibman**, professor of Spanish at Washington University, who will speak on the topic: “*Jewish Latinos: Their Heritage & Culture*,” Dr. Schraibman’s fields of interest include 19th and 20th century Spanish Literature, the Three Religions in Spain, Literature, and the Inquisition in Spain, Latin-America, Portugal and Brazil;” our third speaker TBA. And for the kids: **Youth Programming** for kids 4 and over; and **Tot Shabbat!!!** Lunch in honor of December Birthdays and Wedding Anniversaries following Synaplex sessions.

SIMCHAS

- **MAZEL TOV ON SIMCHAS** November 22-28. **Happy Birthday to Carly Eisenberg Black, Dr. Alan Brook, Ruth Goldiez, Shirley Hollander, and Jay Umansky. Happy Anniversary to David & Keri Simon!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Package of Cards.

WISH LIST!

We have very frequent power outages at the shul . . . so everything goes down from our server to the elevator!!! We require Battery Backup devices to keep the operations and server running and prevent data loss. We are now badly in need of several UPS's - Uninterruptible Power Supplies for our server and some other devices. Our computer systems, including the server, enable us to efficiently manage our shul by producing the Shabbos bulletin, our accounting, a variety of printed material, the yahrzeit reminders, and more. If you would like to contribute . . . HERE IS OUR WISH LIST:

1. APC Smart-UPS 1500VA LCD 120V - it runs about \$600 for our server
2. a few APC Back-UPS 350's running about \$90 each.

Thanks to **Dr. Erol & Sally Amon, Andy & Ellen Berg, Irwin & Roz Rosen, and Jeff & Terri Schnitzer** for responding to our Wish List!!! **Can we count YOU in, too? We can count Erol & Sally Amon in TWICE! They are donating \$200.00 more for our UPS units. Thank You, Erol & Sally!!! Thanks to all**

How To Donate Stock

Have you ever thought of making a donation to Nusach Hari B'nai Zion in the form of Stocks?

It's something to consider, and very easy to do!!! Just call Rick Williams, our stock broker at Edward Jones, 314-846-8968, and tell him, or his assistant Kelly, that you would like to donate x-number of shares of stock to our shul; Rick or Kelly will take it from there, guiding you along the way. They will notify us of your generous donation – (it is our policy to sell the stock right away, and they will send a check to the shul.) Any questions, call Laura Krueger, our business manager, 314-991-2100, ext. 3. Laura's hours are Monday, Wednesday and Friday, 9:30 a.m. to 2:30 p.m.

NHBZ CLASS SERIES ~ MEMBERS & ALL FRIENDS ARE WELCOME!

- **Women's Tefilla Class** ~ Led by **Rabbi Ze'ev Smason**. The class meets on the 2nd and 4th **Monday afternoons** each month at 3:15 p.m. at NHBZ. Next class – Monday, November 24.

NEWS & FEATURES

- **Kashrus Alert ~ Old London Melba White Cheddar Snacks:** Old London Melba Cheddar Snacks are certified by the Orthodox Union as an OU D - Dairy product. This product contains dairy ingredients as set forth in the ingredient and allergen panels. Some packaging was mistakenly printed with a plain OU symbol. Corrective measures have been implemented.
- **Thanks to Jennifer Hartranft** ~ Thanks to **Jennifer** for volunteering to be our Tallis Monitor!!! She will fold and straighten our shul tallisim, and make sure they are kept clean, and in good repair.
- **Chanukah Special** ~ Looking for a special something for a special someone, or for yourself, for Chanukah? **Sage Chic** to the rescue!!! Visit our jewelry show on Wednesday, December 10, from 3-7 p.m. in the Feigenbaum-Pepose Learning Center in the lower level of the shul to find a wonderful one-of-a-kind, unique jewelry piece. Bracelets, neckpieces, chains and earrings will be offered at special holiday sale prices, with sales benefitting NHBZ.
- **Coming to Minyan?** We are very grateful to each man who comes to minyan. If you are not a regular MinyanMan, and you find you are able to come to a morning minyan, please contact **Howard Sandler** the night before, 314-409-7266, so he can count you in for the morning minyan. Thanks, again, to all the men who attend minyan regularly or whenever you are available!!!
- **Handmade Pottery by Gayle Levy** ~ Due to the inclement weather last Sunday, I am repeating my invitation to everyone (friends and family too) to come to my Pottery Show and Sale tomorrow, November

23rd, from 11:30 am – 1:00 pm. If you like handmade, one-of-a-kind pieces of beautiful, functional, oven safe, pottery you will not want to miss this opportunity. Buy for yourself or buy for hostess gifts just in time for Thanksgiving and Chanukah giving. My prices are very reasonable, and I am donating 10% of my sales that day to NHBZ. Gayle Levy, 222 Brooktrail Ct., 63141. No obligation to buy, just stop by and say hi! Appointments are available if this time doesn't work for you . . . please call me at home, 314-991-3991.

- **Next SH'MA: Listen! Speaker Series** ~ What comes after Gaza? Jewish Federation of St. Louis and AJC invite the community to a special presentation with Matthew Kalman, a British foreign correspondent based in Jerusalem, to discuss strategic realities for Israel after Operation Protective Edge. The event will take place at Sweetology, 9214 Clayton Rd, at 7:00 pm on Monday, December 1. A light reception will precede the formal program; dietary laws observed. For further information or to RSVP, please contact Joan Wolchansky at JWolchansky@CAJESTL.org or 314-442-3760 or Nancy Lisker at Liskern@AJC.org or 314-721-8866. For details go to www.nhbz.org and click on All Events in the upper left hand corner.
- **Chanukah Cookie & Cupcake Decorating** ~ Sponsored by Yeshivat Kadimah High School, Sunday, December 7, 7:00-9:00 pm. \$36.00 per person. Demonstration by Gitti Allman of DecorateMyCakeNY.com. Hosted by Ruth Raskas, 7920 Teasdale. Reservations required: ahraskas@gmail.com.
- **Books of Tehillim (Psalms)** ~ Julie & Don Eisenberg have donated 50 Sifrei Tehillim -- Books of *Tehillim* -- to be used for the recitation of Tehillim in the merit of a *Refuah Shelaymah* (full recovery) for our dear friend **Michelle Mufson**. If you would like to join those reciting daily Tehillim for Michelle, please contact Julie at 314-494-8437 or juliecooks@icloud.com. There are only a few books left; if you need a book of Tehillim, please inform Julie, who will contact Sandie and tell her you will be picking one up at the office.
- **Are You CPR Certified?** If you are **currently CPR certified** with an **Up-To-Date Certificate**, please call our office to register your name: 314-991-2100, ext. 2.
- **A Call for Help from the Jewish Food Pantry** ~ The Jewish Food Pantry is in desperate need of volunteers. The amount of food they are receiving is growing, but the number of people to organize all of the donations is NOT keeping up! To help or for questions, call **Julie Eisenberg** at 314-494-8437.
- **Women's Tehillim Group** ~ A group of women in the community, including several members from Nusach Hari B'nai Zion, who asked for this announcement to run in our weekly bulletin, gather each Sunday morning to say the entire book of Tehillim, in the *zchus* (merit) of a *refuah shelayma* for the cholim in our community. They meet at the home of Jan Adelman, 8032 Amherst, Sundays at 9:15 am. If you cannot participate in person, call 314-863-5438. The Tehillim hotline (names and updates) is: 314-995-7119. If you have any questions, please call **Julie Eisenberg** at 314-494-8437.
- **Tomchei Shabbos On-Going FOOD DRIVE!!** Tomchei Shabbos means "Supporters of the Sabbath." **The "Barbara Mendelson Tomchai Shabbos Fund"** was established, by the Vaad Hoer of St. Louis, to help support Jews suffering severe economic distress, by providing the families in our community with their Shabbos and Yom Tov meals in a discreet and dignified manner. A special kosher food pantry is stocked to provide them with food essentials, chicken and meat. **Pick up a bag** at our NHBZ office; help make the Food Drive a Big Success!!! For questions or home pick-up, please call Sally Needle, 314-991-2575. Tomchai Shabbos is maintained through contributions of food and money. To make a donation go to www.ovkosher.org – click on HOME tab, then Vaad Hoer Community Services, then Tomchai Shabbos.
- **Tomchei Shabbos Cookbook Event** ~ Join us for tea, coffee, and sample dessert recipes from our upcoming cookbook! Sunday, Dec. 14, 1:30-3:00, at the Hirschhorn home, 835 Swarthmore. EVERYONE IS ENCOURAGED TO BRING RECIPES!!!! Admission is \$18 or 6 recipes. Sponsors of \$180 or more will be admitted free of charge.
- **Young Israel Blood Drive ~ Save the Date** ~ Sunday, January 11, 2015.

Reminders

- **Extremely Important Message!** When you or a loved one becomes ill, and is hospitalized, PLEASE HAVE A FAMILY MEMBER OR FRIEND CONTACT RABBI SMASON ON HIS CELL PHONE ASAP . . . **314-749-5271**. Calling the office sometimes delays the time in which Rabbi Smason receives the information. Rabbi Smason is very sensitive to the needs of all our members -- each and every one of you. He wants to be able to help you as quickly as possible and in any way he can. Please keep Rabbi

Smason's cell phone number handy in your wallet, and give it to your family and friends, so you and they will have easy access at all times.

- **SHABBOS HALACHAS (Laws of Shabbos)** An *eruv* is an enclosure, constructed according to halacha (Jewish law), as a way to permit Jewish residents or visitors to carry certain objects outside their own homes on Shabbos and Yom Kippur. The St. Louis *eruv* encompasses parts (but not all) of Olivette, U.City and Clayton. We respectfully request that **SHABBOS BULLETINS, FOOD, or any other item not be removed** from the synagogue by those who do not live within the *eruv*. Questions? Ask Rabbi Smason.
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, ext. 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575; for Chesed Fund Tributes come by the office and pick up a package of cards!
- **Mi Shebarach List** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or in English if Hebrew names are unavailable. Your contributions are greatly appreciated.
- **Memorial Plaques** ~ Memorial plaques are lovingly mounted in our new building. Remember your loved ones with a plaque; prices are \$180 and \$360. Please call the office for details, 314-991-2100, ext. 2.
- **Shalosh Seudos, The 3rd Meal of Shabbos** ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal in honor of family members, to celebrate special occasions, or as you observe the *yahrzeits* of your dear loved ones. To make arrangements call our office at 314-991-2100.
- **Buy a Brick Online or by Phone** ~ Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** ~ It is customary to make a donation to the shul for Aliyos or other honors received.

Beyond Twelve Gates by Rabbi Ze'ev Smason
Parshas Toldos November 22, 2014

Welcome to Beyond Twelve Gates

This past Thursday, hordes of strangers in China rushed to save a woman trapped under the wheels of a 1.5 ton car. Dramatic video footage (<https://www.youtube.com/watch?v=2QmWmxeW-Hs>) shows a couple on a scooter riding along a city street when suddenly they are hit by a vehicle. The husband is thrown off the scooter, while his wife is caught and pulled under what appears to be an Opel Astra Estate.

The husband along with a police officer, who happened to be nearby, quickly banded together to try to lift the car. Within seconds, passers-by are seen running to her aid, heaving the vehicle off the ground. Through the efforts of about twenty people, the car is raised high enough so the trapped woman can finally be pulled to safety. Last reports by local media were that the woman was recovering at her local hospital, no doubt due to the quick action of many selfless onlookers.

What can inspire ordinary people to do something extraordinary for their fellow man? G-d created humans in such a way that on occasion, each of us needs help from those around us. This understanding leads to the dual realization that: a) Each of us is incomplete on our own and b) We each complete each other with our own expertise, talents and skills. Whether it be small gestures of kindness or heroic life-saving acts, "*How good and pleasant it is when brothers live together in unity!*" (Psalm 133:1)

Parshas Toldos Genesis 25:19 -- 28:9

Isaac and Rebecca pray to G-d for a child. Rebecca finally conceives, and after a difficult pregnancy she gives birth to twins -- Esau and Jacob. Their personality differences soon grow apparent, as Esau turns to hunting while Jacob is pure and wholesome, spending his time studying Torah. Returning from a hunting expedition,

Esau finds Jacob cooking a pot of lentil soup. Jacob agrees to give his older brother a portion from the pot of soup in exchange for the spiritual birthright. Faced with a severe famine, Isaac and family settle in Gerar (the land of the Philistines within Israel's borders) rather than descend to Egypt as his father Abraham had done years before. After experiencing astonishing financial success, Isaac comes into continual conflict with King Avimelech over the wells which Isaac dug anew. This pattern of 'success and persecution' has repeated itself throughout Jewish history. Isaac decides to bless Esau as the firstborn. At Rebecca's insistence, Jacob disguises himself as his older brother and receives the blessing of the firstborn (which rightfully belonged to him). The Torah portion concludes with Jacob fleeing from Esau's wrath for 'stealing' his blessing and escaping to Charan to stay with his uncle, Laban, where he is to find a wife.

Rabbinic Ruminations

It has been said that "speech is silver, silence is golden." There are occasions, however, when silence is anything but golden. Brooding, pouting, refusing to make eye contact or communicate are characteristic reactions of those who prefer to suffer in silence. Whether you're on the giving or the receiving end of the *silent treatment*, shutting down in response to conflict is hurtful and bad for your relationships. Common sense tells us that the silent treatment doesn't productively resolve an issue -- and a recent study underscores how toxic the silent treatment can be.

In a study that included 14,000 participants, researchers found that engaging in a "demand-withdrawal" pattern is a bad sign. When one partner puts pressure on the other with requests or complaints and the other responds with avoidance or silence, this type of communication takes an emotional and physical toll. Not surprisingly, these couples experience less intimacy, poorer communication and have lower relationship satisfaction. "Partners get locked in this pattern, largely because they each see the other as the cause," says study author Paul Schrod, Ph.D., professor at Texas Christian University. "Both partners see the other as the problem. It's the most common pattern of conflict in marriage or any committed, established romantic relationship. And it does tremendous damage." Although this study was based on romantic relationships, it is best to avoid the silent treatment in all our relationships -- with friends, with family and at work. It's passive-aggressive, harmful and unnecessary. Worst of all, it undermines an opportunity to communicate effectively, strengthen your connection and build trust.

One tip to manage the silent treatment conflict is to be cognizant of the G-d/mankind relationship paradigm. G-d, despite his status of perfection, judges us with kindness, compassion and understanding. Shifting our perspective from an emphasis on seeking perfection in others to one of accepting the flaws and fallibilities of those we love and care about will reduce the frequency and intensity of demand-withdrawal interactions.

Quote of the Week

Men and nations behave wisely once they have exhausted all the other alternatives.
- *Abba Eban (1915-2002)*

Joke of the Week

An American tourist was riding in a taxi in Israel.

As the taxi approached a red light, the tourist was shocked to see the driver drive straight through without even slowing down. Surprised as he was, he didn't say anything, feeling himself a 'guest' and not wanting to make waves.

The trip continued without event until the next intersection.

This time the light was green and, to the American's dismay, the cab driver brought the vehicle to a grinding halt.

Unable to contain his astonishment, he turns to the driver. "Listen", he says, "When you went through the red light, I didn't say anything. But why on earth are you stopping at a green light?" The Israeli driver looks at the American as if he was deranged. "Are you crazy?!" he shouts. "The other guy has a red light! Do you want to get us killed?!"

MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

<i>This Week At a Glance</i>	Shabbos Nov. 22	Sunday Nov. 23	Monday Nov. 24	Tuesday Nov. 25	Wed. Nov. 26	Thurs. Nov. 27	Friday Nov. 28	Shabbos Nov. 29
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	8:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	4:10 pm	4:20 pm	4:20 pm			4:20 pm	4:20 pm	4:05 pm
Ma'ariv Only				6:45 pm	6:45 pm			
<i>Events – see times in Event Planner Box</i>	<i>Good Shabbos to Everyone! Lunch IHO Kenny Bressler's 60th Birthday by the Bressler & Szus Families</i>	<i>Pizza Buffet 5:00 – 7:00 pm!!!</i>	<i>Mah Jongg Game, to benefit our Chesed Fund, 4:00-6:00 pm; Women's Tefillah Class ~ 3:15 pm at NHBZ</i>	<i>Exec. Committee Meeting, 7:00 pm BUY CASH CARDS</i>	<i>Rabbi Smason's Lunch & Learn, 12:15 pm.</i>	<i>Thanks- giving Day!</i>	<i>Erev Shabbos</i>	<i>Deadline Wed., Dec. 3rd to RSVP for KidZone Chanukah Party!!!</i>

NHBZ Event Planner (Check "Coming Events" for time, date or location changes.)
Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

WEEKLY at NHBZ

SHABBOS

- Tefilla Class (9:30 am) led by Rabbi Yosef David in the Rivkin Chapel.
- Child Care (10:00 am – Noon) for kids 3 & under in the Children's Room
- Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Rivkin Chapel
- Shabbos Tanach (Bible) (30 minutes before Mincha)

SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler, of Aish HaTorah
- "Mystical Moments" with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

MONDAY

- Women's Tefila Class (2nd & 4th Mondays) 3:15 pm with Rabbi Smason at NHBZ. (Next class Monday, November 24th.)
- Mah Jongg (Mondays, 4-6:00 pm) Proceeds will benefit The NHBZ Chesed Fund.

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.

MONTHLY at NHBZ

- Irvin Alper Social Club (First Sunday) at 5:00 pm.
- Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday, 7:00 pm) at NHBZ
- Dine-In Pizza Night (Last Sunday 5:00 – 7:00 pm) Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 pm. **November Pizza Night on the 23rd – NOT THE LAST SUNDAY**
- Sisterhood (Third Tuesday) (No meeting in December)

NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn