

NHBZ Shabbos Bulletin

October 26, 2013

Welcome to Nusach Hari B'nai Zion

22 Cheshvan 5774

Affiliated with the Union of Orthodox Jewish Congregations of America

Torah Portion:
Haftorah:

Parshas Chayei Sara: Genesis 23:1 – 25:18
1 Kings 1:1-31

Stone Chumash pages 106-123
Stone Chumash pages 1136-1137

Thanks to Keith & Karen Zeff for sponsoring this Shabbos Bulletin in honor of the birth of their new granddaughter, daughter of Dr. Benjamin & Dr. Nikki Zeff. And, to say Mazel Tov to Howard Sandler on the birth of his new grandson!!! **MAZEL TOV TO ALL!!!**

Erev Shabbos – Friday Night, October 25, 2013

- **Mincha & Maariv** (5:50 pm)
- **Candle Lighting** (5:52 pm)

Shabbos, October 26

- **Shachris & Musaf** (9:00 am) ~ *Thank You For Leading Davening*
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Menachem Szus**
 - Leyning: **Kenny Bressler**
 - Haftorah: **Alan Haber**
 - *Drasha* (Sermon): **Rabbi Ze'ev Smason**
 - Musaf: **Menachem Szus**
- **Kiddush** ~ (After Musaf) Thanks to **Kenny & Barb Bressler, Larry & Risa Bressler, and Menachem & Linda Szus, and their families** for sponsoring an **ICE CREAM BAR** in honor of the birthday of their father and grandfather **Leo Bressler. HAPPY BIRTHDAY LEO!!!**
- **"POP" Star** of the Week - Thanks to **Ruth Alper** for sponsoring soda today in honor of the Wedding Anniversary of **Lenny & Fran Alper. Happy Anniversary Lenny & Fran!!!**
- **Mincha, Shalosh Seudos, Ma'ariv** (5:35 pm) Thanks to **Leo Bressler** for sponsoring Shalosh Seudos this evening in honor of his son **Kenny Bressler** leyning the Torah, and in memory of beloved cousin Hershel Hawk, נ"ל.
- **Shabbos Concludes** (6:53 pm)



WHAT'S UP TOMORROW?

- **Lion's Den Pizza Night** ~ Our "Last Sunday of the Month" All-You-Can-Eat Pizza Buffet – Tomorrow - Sunday, October 27. 5:00-7:00 p.m. – Reservations are not needed. Bring your family and friends to enjoy a delicious pizza dinner and schmoozing, and a movie for the kids!!! Just show up and have a great time!!!! (Please place carry-out orders by Sunday morning at 10:00 a.m. 314-991-2100, ext. 2.)

COMING EVENTS

- **Bi-Monthly Women's Tefila Class** ~ Led by **Rabbi Ze'ev Smason**, the class meets on the 2nd and 4th **MONDAYS** of the month, at 7:00 p.m. Next class - Monday, October 28, at NHBZ. The focus of our class is the structure and deeper meaning of the Shabbos morning service and prayers, and how prayer can be used as a basis for our own communication with G-d. All women welcome.
- **Havdalah & S'Mores** ~ Motzai Shabbos – Saturday night, November 2nd at Nusach Hari B'nai Zion, 7:00-8:00 p.m. Join us to Welcome the New Week under the stars on our patio, and then make S'Mores over the fire pit. Everyone is welcome!!! **Kids ~ bring your parents!!!**

MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

This Week At a Glance	Shabbos Oct. 26	Sunday Oct. 27	Monday Oct. 28	Tuesday Oct. 29	Wed. Oct. 30	Thurs. Oct. 31	Friday Nov. 1	Shabbos Nov. 2
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/ Ma'ariv	5:35 pm	5:45 pm	5:45 pm	5:45 pm	5:45 pm	5:45 pm	5:45 pm	5:25 pm
Events – see times in Event Planner Box	<i>Good Shabbos to Everyone! Ice Cream Bar in Honor of Leo Bressler's birthday from his family!!</i>	<i>All You Can Eat Pizza Buffet ~ 5:00-7:00 p.m. Place carry out orders by 10:00 a.m.</i>	<i>Tefila Class for Women With Rabbi Smason, 7:00 pm at NHBZ</i>	ORDER CASH CARDS!	<i>Weekly Lunch & Learn, with Rabbi Smason, 12:15pm Bar/Bat Mitzvah Class, 7:00 pm</i>		<i>Erev Shabbos</i>	<i>Havdalah & S'Mores 7:00-8:00 p.m.</i>

NHBZ Event Planner (Check 'Coming Events" for time, date or location changes.)
Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

Weekly at NHBZ

SHABBOS

- Child Care (10:00 am – Noon) kids 3 & under in the Children's Room
- Youth Programming (10:15 am – 11:00 am) children 4-8, in the Youth Lounge.
- Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Chapel
- Shabbos Tanach (Bible) Study Group (45 minutes before Mincha)

SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler of Aish
- Mystical Moments with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

MONDAY

- Women's Tefila Class (2nd & 4th Mondays, 7:00 pm with Rabbi Smason.

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) now studying Pirkei Avos.

Monthly at NHBZ

- Irvin Alper Social Club (First Sunday)
- Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm)
- Dine-In Pizza Night (Last Sunday 5:00 pm – 7:00 pm) Carry-Out Pizzas also available. Pick up time 4:30 pm. Place orders: 314-991-2100, ext. 2.
- Sisterhood (Third Tuesday)

NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn

MORE COMING EVENTS

- **“The Portrayal of Israel in the Media: Fair and Balanced?”** Neil Lazarus, World Renowned Israel Advocacy Expert and Public Speaker, will be holding a community wide event at Nusach Hari B'nai Zion on Tuesday evening, November 12:
5:00 p.m. – 6:00 p.m.: Private Meet & Greet with Neil Lazarus, \$18.00 per person; RSVPs required by Friday, November 8, 2013 – Please call 314-991-2100, ext. 2. Light Refreshments will be served.
6:00 p.m. – 7:00 p.m.: Neil Lazarus presents: “The Portrayal of Israel in the Media: Fair and Balanced?” FREE and open to the public. Q & A to follow presentation.
- **Pre-Chanukah Shabbos Dinner** ~ Friday night, November 15th ~ Celebrating Chanukah a little early with another lovely and delicious Shabbos Dinner created by chairperson Julie Eisenberg!!! Adults: \$20.00; Kids: \$15.00. All proceeds will go directly to the NHBZ Chesed Fund. Please call the office to make your reservations, 314-991-2100, ext. 2. Bring your family and friends ~ Everyone is Welcome!!!!
- **Lunch & Learn** ~ November 16 ~ **Rabbi Chaim Eisen** will be our guest speaker at our November Lunch & Learn. Topic: “*Jews & Christians: What Binds us Together?*”
- **Semi-Annual Shul Meeting & Election of Officers** will be held on Sunday, November 17th, 11:00 a.m. Each year, one-third of the 15-member Board rotates off, and 5 new or returning members are elected. Everyone is welcome to participate. Please attend and vote!!!

2014 NHBZ Office and Board Nominations

President	<i>Lenny Alper</i>
First Vice President	<i>Richard Woolf</i>
Second Vice President	<i>Bobby Levine</i>
Third Vice President	OPEN
Fourth Vice President	OPEN
Treasurer	<i>Don Eisenberg</i>
Secretary	OPEN
Gabai	<i>Mayer Taller</i>

Board Members: Term 1/1/2014 - 12/31/2016 (3 year full term)

Byron Brownstein

Fran Reisler

Michelle Mufson

Robin Rickerman

Jack Maram

Board Members: Term ending 12/31/2015 (2 years remaining)

Gary Sudin

Board Members: Term ending 12/31/2014 (1 year remaining)

Stan Goldfader

Mimi Fiszal

- **108th Anniversary Banquet** ~ We are proud to present our Honoree for 2013 ~ our own **Dr. Ethan Schuman**. Dr. Schuman has served as our chazzan since 2002. He is noted for his community work, right here in St. Louis – most recently pioneering the first on-line Shechita course for men in St. Louis to learn the halachos, customs, and art of the ritual slaughter of animals for kosher consumption, and his creation and regular leadership of the NHBZ Yiddish Club. His many projects around the world include Matzah baking in Tunisia, Uganda and Kenya; davening for congregations in Nairobi, Bucharest and Cuba; Shechita in Kenya, Cuba and Uganda; speaking and learning with communities in Torino, Italy; Bris Milah for the communities of Riga, Metamoros Mexico. It is with great pleasure that we give well-deserved *kovod* (honor) to Dr. Schuman on Sunday, December 15, at the Crowne Plaza Hotel in Clayton. You have received your Ad Journal order forms!!! *Please respond generously with your business ads, personal greetings & messages to our honoree.*

Meetings

- **Religious Committee Meeting** ~ Monday, November 4th, 7:00 p.m.
- **Board of Directors Meeting** ~ Tuesday, November 5th (The 1st Tuesday)
- **Sisterhood Luncheon** ~ Next meeting – Tuesday, November 12 (The 2nd Tuesday)
- **Semi Annual Shul Meeting & Election of Officers** ~ Sunday, November 17, 11:00 a.m.
- **Executive Committee Meeting** ~ Tuesday, November 19th, 7:00 p.m.

Reminders

- **Sisterhood New Year Greetings** ~ If a member of Sisterhood gave you a call, and your name was listed in the Sisterhood New Year Greetings, please remember to send your donations, payable to NHBZ SISTERHOOD, to Esther Gelb, 10358 Chimney Rock, #4, 63146; if you didn't receive a call and your name was listed, you are under no obligation to make a contribution but, of course, they will be very grateful for your kind consideration. We thank our Sisterhood for everything they do for our shul; your donations to them are a tremendous help!!!
- **CHANUKAH IS COMING!!!** Buy and Use Cash Cards – call the office ASAP to order your cards and **earn free money** for NHBZ! Chanukah is only a few weeks away. What are you buying for your family and friends?!!!
- **CHANUKAH CANDLES!!!** Please help support the very important work of our Chesed Committee by purchasing Chanukah Candles. The candles are available to be picked up in the Shul office. Your generous contribution of \$5 or more will go directly to the Chesed Fund.
- **Schnucks E-Scrip Card** - Use your Schnucks Card *every time you shop!* Make it count!!!
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, extension 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575.
- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** - It is customary to make a donation to the shul for Aliyos or other honors received.
- **Mi Shebarach List** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or English--if Hebrew names are unavailable. Your contributions are greatly appreciated.
- **Shalosh Seudos, The 3rd Meal of Shabbos** ~ **To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal as you observe the yahrtzeits of your dear family members.**
- **Memorial Plaques** ~ Memorial plaques from our former location are lovingly mounted in our new building. Remember your loved ones with a plaque; prices range from \$150 to \$275. Call the office for details.
- **Mishna Study** ~ Learning Mishnayos in memory of a loved one or for a Refuah Shelayma for a person who is ill is an age-old Jewish Tradition. The word Mishna (learning) is closely related to the word Neshama (soul), and we believe that learning Mishnayos in someone's name acts as a Spiritual Elevation for that person or that person's soul. Our NHBZ Mishnayos Shiur learns every Sunday following morning minyan, carrying on this tradition by dedicating the Mishnayos to our loved ones. You may dedicate Mishnayos for 1 year: \$250; 6 months: \$150; 3 months: \$96; 1 month: \$50. May your loved one be bound up in the bond of eternal life. May HaShem be filled with compassion to restore the health of your loved one.

Simchas, News & FEATURES

- **MAZEL TOV ON SIMCHAS** October 26 to November 1. **Happy Birthday to Larry Hollander, Perry Mendelson, Robin Rickerman, Reuven Tzadok, and Gloria Waxman! Happy Anniversary ~Lenny & Fran Alper and Irwin & Roz Rosen!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.
- **Mazel Tov to RABBI SMASON on another great Ride-Around!!!** And, you can still make a donation to the Rabbi's Ride. We continue to get some "after the ride" calls to add to Rabbi Smason's total. If you "didn't get around" to making a pledge, please call the office, 314-991-2100, ext. 2; or email the amount of your donation to sandieabrams@hotmail.com. We'll announce the **Grand Total next week** after we add **YOUR** contribution!!!!
- **Hebrew Class Series at NHBZ** ~ Want to learn Prayerbook Hebrew in an easy organized way from a knowledgeable teacher? Join **Rabbi Max Weiman**, author of the *Everything Learning Hebrew* book, at NHBZ, 9:30 a.m. on Tuesdays starting November 12th. This will be a 6 to 8 week course, with the cost of \$75 to each participant. RSVP ~ call our office, 314-991-2100, ext. 2. (Optional: bring your favorite siddur.)
- **Rabbi Smason** will be away for Shabbos, November 9. He will be in Austin, Texas from Wednesday to Sunday for a Children's Advocacy Conference, at which he will be one of the presenters. Rabbi Shlomo Soroka, of the St. Louis Kollel, will be with us on that Shabbos morning, and will deliver the drasha.
- **Adult Bar & Bas Mitzvos** ~ Classes continue on Wednesday nights at 7:00 p.m.
- **BECOME ENERGIZED!!! Sponsor Your Own Solar Panel!!!** Lock in the 2014 price of just \$216 for a full year. Introductory Offer ~ For the remainder of 2013, your cost will be pro-rated to only \$108 through the end of December. Your sponsorship will appear on the lobby monitor with an individual display with your personal or business name. Sponsor a panel for yourself, your friends, your business, or dedicate one in honor of a loved one. If you are interested in sponsoring a solar panel, please call 314-991-2100, ext. 2 and we will send you the form to complete with your wording!
- **Tomchei Shabbos!!** Families need extra assistance with non-perishable food. Please pick up a bag available at NHBZ in the office, and fill it with your choices of non-perishable food items. Money donations are always welcome! For more details, or to arrange pick ups at your home, please call Sally Needle at 991-2575.
- **Tomchei Shabbos News** ~ Introducing a new project – The Tomchei Shabbos cookbook. Help name the new cookbook. The name should reflect the values and core beliefs of Tomchei Shabbos. Email your suggestions to tomcheishabboscookbook@gmail.com. The deadline for suggestions is December 1st. If your cookbook name is chosen you will receive a free cookbook. Details on recipe categories and recipe submission information will be available shortly. If you would like to help on the cookbook please call Bryna Kandel at 569-5001 or email tomcheishabboscookbook@gmail.com.

Beyond Twelve Gates by *Rabbi Ze'ev Smason* *Parshas Chayei Sarah* October 25, 2013

Welcome to Beyond Twelve Gates

78-year-old Tona Herndon was laying flowers at the grave of her recently buried husband of 60 years, when the unspeakable happened -- Mrs. Herndon was mugged by a male attacker and robbed of \$700. When 15-year-old Christian Lunsford saw the mug shot on TV of the mugger, he immediately recognized the man; it was his estranged father. The Oklahoma teen, who said he barely speaks to his father who is in-and-out of jail, phoned Mrs. Herndon and asked to meet in a church parking lot so he could apologize on behalf of his father. "It needed to be done," Christian Lunsford said. "She needed an apology from somebody. If I didn't apologize, who would?"

Upon meeting the 78-year-old-widow, Christian Lunsford offered an apology -- and noted that he had also just received \$250 from his father to attend a band camp. He then surprised Mrs. Herndon by giving her the money, saying that he wasn't sure if the money was hers but that he couldn't keep it, and felt obligated to do what he could to make things right. Mrs. Herndon accepted the money from the teen. Then, she gave it back. "I want you to take your band trip," Mrs. Herndon told Christian, noting it "was a joy" to help the teen. Afterwards, Mrs. Herndon reflected on the teen's actions, saying, "I thought that was so, so precious. Any 15-year-old boy who has that much conscience is extraordinary." Mrs. Herndon said to Christian Lunsford, "You are not who your parents are. Even if they do raise you, you can become whatever you want to be."

Good Jews aspire to be better than they are. A Jew should always be 'on the way', always on the journey. Which way? "For I command you today to love Hashem your G-d, to walk in His ways, and to observe His commandments..." (Deuteronomy 30:16) Regardless of our Jewish background and education, we can become whatever type of Jew we want to be.

Parshas Chayei Sarah Genesis 23:1 -- 25:18

Chayei Sarah begins with Sarah's death at the age of 127 and Abraham's search for a proper burial place which would be worthy of her greatness. Abraham is conned by Efron (a member of the Hittite nation which lived in the land of Israel) into paying an extremely large sum of money for her place of burial. Sarah is buried in M'arat HaMachpelah - the Tomb of the Patriarchs - in Hebron. Do you know who else is buried there? (answer: Adam & Eve, Isaac & Rebecca, Jacob & Leahin addition to Abraham and Sarah)

Abraham sends his faithful servant Eliezer back to the old country (Aram Naharaim) to find a suitable wife for Isaac. Eliezer devises a plan by which he will find a modest, generous and kind girl fitting for his master's son. Eliezer decides to stand by the town's well, waiting for a girl to offer him and his camels water to drink. Suddenly Rebecca appears and exerts great effort to draw water for a stranger and his ten camels. She brings Eliezer to her father's house, whereupon Abraham's servant asks that Rebecca return with him to marry Isaac. She accepts, and they are married. The Torah states that "Isaac married Rebeccaand he loved her.." This teaches us that true love comes after marriage, not before.

Rabbinic Ruminations

Researchers at the University of Kansas found that character assessments based on shoes were surprisingly accurate. 63 students looked at images of 208 peoples' shoes and easily guessed psychological profiles. The study also showed that the pair of shoes the owner wears most often also reveals political ideology and demographic details such as annual income, gender and age. How can such a minimal appearance cue -- a pair of shoes -- reveal such extensive, accurate information?

Shoes have great variety of styles, brands, looks, and functions. Because of this variety, shoes can carry individual difference information. For example, people who are extroverted may think black-and-white is dull, and tend to wear more colorful shoes as an expression of their personality. People with higher income may be more likely to wear shoes with high-end brands as a mean to exhibit their social status. Conscientious people might clean and organize their shoes more regularly; their shoes may possess a newer or tidier look than shoes of others. A more relaxed and laid back person may wear worn-in shoes, while pristine shoes may indicate someone more likely concerned with appearance.

People need very little information -- a mere *thin slice* -- to form a judgment. Nevertheless, the consensus and accuracy in people's judgments of first impressions are quite remarkable. Researchers focusing on first impressions made while on a date found that even after a relatively short period of conversation (e.g., 3-8 min), people form a quick first impression and use it to decide if they would like to date a person or not.

Comedienne Phyllis Diller said, "A smile is a curve that sets everything straight." A real smile has multiple benefits. When you smile, the muscles of your face allow more oxygen-carrying blood to flow to your brain and physiologically you enter a better state. In Pirkei Avos (1:15) we learn, "Shamai taught, 'Greet every person with a smiling and warm face!' " One's positive demeanor can be contagious, causing others to be affected with a

glimmer of optimism and hope. A smile is a sign that you care about someone. And -- more than a good pair of shoes -- a broad, warm smile makes a great first impression.

Quote of the Week

The real voyage of discovery consists of not in seeking new landscapes but in having new eyes.

-- *Marcel Proust*

Joke of the Week

Two construction workers were sitting on a building site during lunch time. As they opened their lunch boxes, Joe said to Bill, "Yuk, peanut butter sandwiches again! I swear if I have the same sandwich for lunch tomorrow I'll go crazy!" This same scenario repeated itself each day; Joe would open his lunch pail, and complain to Bill about the peanut butter sandwich.

Several weeks of Joe's complaints had reached a breaking point: Finally one day at the lunch break, Bill said, "Joe -- every day for the past two weeks you've been complaining about your lunch. If you so dislike peanut butter sandwiches, why does your wife keep making them?"

Joe said, "Bill, leave my wife out of this -- I make my own sandwiches!"

Nusach Hari B'nai Zion Congregation *108th Anniversary Celebration*

Sunday Evening, December 15, 2013
At the Crowne Plaza Hotel in Clayton

We are proud to present our Honoree for 2013
Our Own Dr. Ethan Schuman

MARK YOUR CALENDAR & SAVE THE DATE!

The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, at 12:00 noon. The bulletin is printed first thing every Thursday morning.