

NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

Shabbos Sept. 6, 2014 11 Elul 5774

Office Phone 314-991-2100

Webpage: www.nhbz.org

Chapel Phone: 314-991-2100

Torah Portion: Haftorah:

Parshas Ki Seitzei: Deuteronomy 21:10 – 25:19 Stone Chumash pages 1046-1047

Isaiah 54:1-10 Stone Chumash page 1201

Thanks to Estelle Levin for sponsoring this Shabbos Bulletin in honor of her grandson B.J. Levin, who won an Emmy Award as Executive Producer of the HBO series "VICE" for Most Outstanding Informational Series. (Mazel Tov to B.J's. parents Benji & Joyce Levin.)

MAZEL TOV to ESTELLE & B.J.!!!!

Erev Shabbos – Friday Night, September 5, 2014

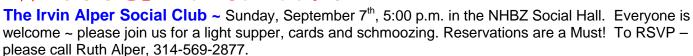
- Mincha & Ma'ariv (7:00 pm)
- Candle Lighting (7:07 pm)

Shabbos - September 6th

- Shachris & Musaf (8:30 am) ~ Thank You For Leading Davening
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: Dr. Ethan Schuman
 - Leyning: Max Gornish

- Haftorah: Fabian Attoun
- Drasha (Sermon): No Sermon Today
- Musaf: Dr. Ethan Schuman
- Tefillah/Prayer Learners' Service ~ 9:15 am, led by Rabbi Yosef David in the Chapel.
- Learners' Service ~ 10:00 am, led by Rabbi Ze'ev Smason in the Chapel.
- Synaplex and Lunch n' Learn ~ Three Synaplex breakout sessions today at 11:00 a.m. Our speakers will be Rabbi Ze'ev Smason "Your Best Life: Seven Rules for the Road," Rabbi Yitzy Kowalsky, of the St. Louis Kollel, "Apples, Honey, and the Deeper Meaning of Rosh Hashana," and Nancy Lisker, Director, AJC St. Louis "A Defining Moment: Israel, the Diaspora and the World Around Us." And for the kids Youth Programming for kids 4 and over; and Tot Shabbat!!! Lunch in honor of September Birthdays and Wedding Anniversaries following the Synaplex Sessions.
- Mincha, Shalosh Seudos, Ma'ariv (6:45 pm)
- Shabbos Concludes ~ (8:09 pm)
- Extremely Important Message! When you or a loved one becomes ill, and is hospitalized, PLEASE HAVE A FAMILY MEMBER OR FRIEND CONTACT RABBI SMASON ON HIS CELL PHONE ASAP... 314-749-5271. Calling the office sometimes delays the time in which Rabbi Smason receives the information. Rabbi Smason is very sensitive to the needs of all our members ~~ each and every one of you. He wants to be able to help you as quickly as possible and in any way he can. Please keep Rabbi Smason's cell phone number handy in your wallet, and give it to your family and friends, so you and they will have easy access at all times.

"What's Up" on Sunday?



Mah Jongg, Anyone? :

Calling All Mah Jongg Mavens! Would you like to play Mah Jongg on Mondays, 4:00-6:00 p.m., at NHBZ, and help the Chesed Fund at the same time? Please join us in the Teen Lounge (lower level). Only \$3.00 cover!

<u>Proceeds will benefit The Chesed Fund</u>. Lessons available; seating is limited. We hope to see you every Monday! Questions? Call Debbie Barash, 314-993-4954. MahJ-ON! Next game, this Monday, September 8th.

WISH LIST!

Our computer systems, including a server, enable us to efficiently manage our shul by producing the Shabbos bulletin, our accounting, the production of various printed material, the yahrtzeit reminders, and more. Just like everyone else, we are plagued by power outages; we require Battery Backup devices to keep the operations and server running smoothly and to prevent data loss. We are now badly in need of several UPS's - Uninterruptible Power Supplies for our server and some other devices. If you would like to contribute one . . . HERE IS OUR WISH LIST:

- 1. APC Smart-UPS 1500VA LCD 120V it runs about \$600 for our server
- 2. a few APC Back-UPS 350's running about \$90 each.

Please let us know if you can help. Call Sandie, 314-991-2100, ext. 2, or go to sandieabrams@hotmail.com. Thanks to Dr. Erol & Sally Amon, And Irwin & Roz Rosen for being the first to respond to our Wish List!!!

Meetings

- The Irvin Alper Social Club ~ Sunday, September 7, 5:00 p.m.
- Board of Directors Meeting ~ Tuesday evening, September 9. Minyan is at 6:55 pm; Meeting at 7:30 pm.
- Sisterhood Lunch & Bingo ~ Tuesday, September 16, at 12:00 noon.

"What's Up" at NHBZ? NHBZ Coming Events

- Kiddush & Lunch ~ Kiddush will be enhanced with a Luncheon next Shabbos, September 13, to be sponsored by Linda & Gene Carton in memory of beloved mother Sarah Kalmes, "I, on the observance of her first yahrzeit.
- New Landscaping Committee Forming ~ Do You Have a Green Thumb OR NOT?! The committee is taking shape! Thanks to Judy Baker, Bob Kaiser, Bobby Levine, and Jim Pollock for being the first to sign up!!! And to NEW COMMITTEE MEMBERS Marcie Brook and Linda Luks! You can join this new committee too, and help create plans and develop the landscaping for our NHBZ property. Thanks to our NHBZ Sisterhood for an extremely generous pledge for the sprinkler systems needed before any new plantings can be made. Please call Chairman Mark Ragin, 314-324-0774, to add your name and ideas!
- Rabbi Smason's SIXTH Annual RABBI RIDE-AROUND ~ In just a couple of weeks, Rabbi Smason will be 'rolling out' his annual 50-mile bicycle ride on Sunday, September 14, in Forest Park!! Please become a sponsor for Rabbi Smason's Ride Around the Park: We ask a minimum pledge of 25c per mile, which equals a total donation of \$12.50; 50c = \$25; \$1.00 = \$50; \$2.00 = \$100.00!!! In the past, Rabbi Smason has had pledges of \$4.00, \$5.00 and \$10.00 per mile! THIS YEAR, he has a pledge of \$18.00/mile, which equals a total donation of \$900.00!!! Call our office, 314-991-2100, ext. 2, to make your pledge. And please come to cheer Rabbi Smason on, and enjoy a Picnic-In-The-Park! We will meet at Pavilion #6, SW corner of the park by Clayton Road & Hwy. 40. Rabbi Smason begins his Ride at 10:00 a.m.; Picnic at 12:30 p.m. We will have your choice of boxed lunches plus drinks & dessert at \$10.00 for adults, and \$5.00 for kids. Great activities for the kids are planned!!! RSVP for Box Lunches, 314-991-2100, ext. 2. New this year: GUESS RABBI SMASON'S RIDE TIME!!! 50% of the pot will go to the winner, or split if we have multiple winners. Submit your guesses (with payment of \$5.00) before the ride; OR, for each new sponsor you bring for at least 25c per mile, you may submit one guess!

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- Sisterhood Lunch & BINGO PARTY ~ Tuesday, September 16th, 12:00 noon in our NHBZ Social Hall. Men & Women of ALL Ages are invited to come and enjoy a **Delicious Lunch, Bingo, and Attendance Prizes!** \$7.00 donation; RSVP to Rachael Pevnick, 314-395-6017. We hope to see you!!!
- "My Father Was a Nazi" could be the Working Title when Nusach Hari B'nai Zion presents an evening with Dr. Bernd Wollschlaeger, son of a high-ranking Nazi who was decorated with Germany's Iron Cross by Adolph Hitler, himself! Come hear Dr. Wollschlaeger's compelling story, "Against All Odds Change is Possible." Dr. Wollschlaeger's journey began at age 14, when he learned of his father's involvement during the years of Nazi rule. His quest to learn more about the Jews led him to a former Jesuit priest and many Holocaust survivors, from a trip to Israel and back to Germany where he completed medical school. He eventually succeeded in fulfilling his dream his strong desire and decision to convert to Judaism! He moved to Israel and enlisted in the Israel Defense Forces as a medical officer; he is now a family physician in private practice in Florida. Please join us on Sunday, September 21st, to hear Dr. Wollschlaeger tell his fascinating story, and meet him at a dessert reception following his presentation. Seating is limited. Ticket sales are going quickly, so advanced purchase is recommended for guaranteed seating. Admission -- \$10.00. Please call Susan "Shayna" Scribner, 314-913-1200, to secure your seats at the presentation.
- Grillin' in the Hut ~ On Sunday, October 12th, Chol Hamoed Sukkos. We'll be grilling up some Hamburgers & Hot Dogs, with yummy "homemade" sides! Details to follow soon!
- **Lion's Den Pizza Night** ~ No Pizza Night in September!
- Next Lion's Den Pizza Night ~ All-You-Can-Eat Pizza Buffet ~ Sunday, October 26, 5:00-7:00 p.m.
 Bring your family and friends to enjoy a delicious dinner of pizza, salad, pasta and garlic bread!!! Reservations are not needed . . . just show up, eat to your heart's content, have fun schmoozing, and have a great time!
 Plus an extra bonus ~ we have a movie for the kids every month!!!! (Please place carry-out orders by 10:00 a.m on Sunday morning, 314-991-2100, ext. 2. Pick up time for carry out pizzas is 4:30-4:45 p.m. before the start of our buffet.)

 WE TAKE CREDIT CARD PAYMENTS!!!
- Save the Date!!! The Nusach Hari B'nai Zion Annual Dinner celebrating our 109th Anniversary on Sunday, December 14, 2014. We are pleased to introduce our honoree Mark Ragin, and Woman of Valor Award recipient Sandra Abrams! Please be sure to mark your calendars, and start thinking about your ads for our journal. More details to follow, so stay tuned!!!

SIMCHAS

• MAZEL TOV ON SIMCHAS September 6-12. Happy Birthday to Jesse Barash, Irwin Rosen, Yelli Smason and Corey Woolf! Happy Belated Birthday to Faith Waxman (Sept. 3rd). Happy Anniversary to Lester & Pearl Figus! Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Package of Cards.

NHBZ CLASS SERIES ~ MEMBERS & ALL FRIENDS ARE WELCOME!

- ◆ Learn to Lead Davening ~ led by our Chazzan Dr. Ethan Schuman on <u>Sunday mornings</u>, at 9:00 a.m. after morning minyan.
- Women's Tefilla Class ~ Led by Rabbi Ze'ev Smason. The class meets on the 2nd and 4th Monday afternoons each month at 3:15 p.m. at NHBZ. Next class This Monday, September 8.

Reminders

• SHABBOS HALACHAS (Laws of Shabbos) An eruv is an enclosure, constructed according to halacha (Jewish law), as a way to permit Jewish residents or visitors to carry certain objects outside their own homes on Shabbos and Yom Kippur. The St. Louis eruv encompasses parts (but not all) of Olivette, U.City and Clayton. We respectfully request that SHABBOS BULLETINS, FOOD, or any other item not be removed from the synagogue by those who do not live within the eruv. Questions? Ask Rabbi Smason.

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- Become Energized!!! Sponsor Your Own Solar Panel!!! The 2014 price is just \$216 for the year. Your sponsorship will appear on the lobby monitor with an individual display with your personal or business name. Sponsor a panel for yourself, your friends, your business, or dedicate one in honor of a loved one. If you are interested in sponsoring a solar panel, please call 314-991-2100, ext. 2 and we will send you the form to complete with your own wording for your message!
- Buy and Use Gift/Cash Cards call the office for details ASAP and to order your cards! Earn free money for NHBZ! Orders are placed twice per month on or as close to the 15th and 30th. Get gift certificates from Amazon.com, or gift/cash cards to use at Sam's, Walgreens, CVS, Talbots, gas stations BP, Mobil, Shell and Sinclair, Macy's, Starbucks and so many more places with whom you do business!
- ► HEADS UPI Schnucks E-Scrip Card TOTAL \$1,435.80 in 2013!!! Let's run that number up in 2014!!! If you have been using your Schnucks E-Scrip Card when you shop, we Thank You VERY Much! NHBZ received \$1,435.80 Easy Money last year from Schnucks based on your purchases, and NO EXTRA CHARGE TO YOU!!! Please remember to hand your e-Scrip card to your checker every time you shop and make your shopping trip count!!! TO NHBZ Members AND Non-Members Alike ~~ if you don't have an e-Scrip card, please contact the office: sandieabrams@hotmail.com or 314-991-2100, ext. 2, and "shop" for Nusach Hari B'nai Zion!!!
- **Sponsorships** If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, ext. 2, to make arrangements.
- Tributes Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575; for Chesed Fund Tributes come by the office and pick up a package of cards!
- Mi Shebarach List ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or in English if Hebrew names are unavailable. Your contributions are greatly appreciated.
- *Memorial Plaques* ~ Memorial plaques are lovingly mounted in our new building. Remember your loved ones with a plaque; prices are \$150 and \$275. Please call the office for details, 314-991-2100, ext. 2.
- Shalosh Seudos, The 3rd Meal of Shabbos ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal in honor of family members, to celebrate special occasions, or as you observe the yahrzeits of your dear loved ones. To make arrangements call our office at 314-991-2100.
- Buy a Brick Online or by Phone ~ Our website now accepts online donations for the Brick and Planting Campaign; go to http://www.nhbz.org/dedications.asp or call the office at 314-991-2100.
- Synagogue Honors ~ It is customary to make a donation to the shul for Aliyos or other honors received.

NEWS & FEATURES

• NHBZ's Pushka Project! Our rabbis teach that tzedakah (charity) and acts of kindness are the equivalent of all the mitzvos of the Torah. Do YOU have one fo our pushkas? NO?! Then please come by our office and pick up your new pushka (charity box)!! Fill up your pushkeh!!! The tzedakah in your pushka will total all or part of your contribution toward admission to a Pushka Dinner that we will schedule down the road, date TBA. The shul is adopting this idea from our Sisterhood that, in years past, had prepared a yearly Pushka Dinner to help raise money for their coffers. We want to say a BIG "Thank You" to Dr. Jay Pepose and Dr. Susan Feigenbaum for generously sponsoring the purchase of our new pushkas, and "Thank You" to Bobby Levine for creating the beautiful pushka covers.

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- Pushka "Rules" ~ Dr. Susan Feigenbaum Shares her Three Rules for filling a Pushka FAST!!!
 - 1. When you ask for a blessing, put money in the pushka;
 - 2. When you have been given a blessing, put money in the pushka;
 - 3. When your family members leave change on the counters, put the money in the pushka.

- A Call for Help from the Jewish Food Pantry ~ The Jewish Food Pantry is in desperate need of additional volunteers. The amount of food they are receiving is growing, but the number of people available to organize all of the donations is NOT keeping up! If you can help, or you have questions, please call Julie Eisenberg at 314-494-8437.
- Kashrus Alert ~ <u>Breakfast Best Mini Pancakes</u> is certified by the Orthodox Union as an OU D Dairy product. This product contains dairy ingredients, as indicated in the allergen and ingredient statements. Some packaging was printed with a plain OU symbol, without the D Dairy designation. Corrective measures have been implemented.
- Kashrus Alert ~ Small, 7.5-ounce tubs of Smart Balance Buttery Spread Original (OU-DAIRY) have replaced the older, small tubs of Smart Balance Buttery Spread with Flaxseed Oil (OU-Pareve.) Please check the symbol on Smart Balance containers to confirm dairy or pareve status. Also, other Smart Balance spreads come in regular versions (DAIRY) and light versions (PAREVE.) These include Smart Balance with Omega-3, and Smart Balance with Extra Virgin Olive Oil. Please check the symbols accordingly.
- Ohr Pesia Classes ~ "Yom Kippur and The Book of Yonah (Jonah) Finding Teshuva." The classes will be taught by Mimi David on Sundays, September 7th and 14th, 8:00 p.m. in the NHBZ Teen Lounge. The fee for the classes is \$10.00. This story, which we read every Yom Kippur, is about far more than a big fish who swallows a man. The most curious part is actually at the very end, where a tree miraculously sprouts over night and then dies just as quickly. What we learn from this seemingly insignificant episode will transform the way you look at Yom Kippur and the power of teshuva (repentance).
- Exciting New Israel Travel Grants from Jewish Federation ~ for ALL St. Louis teens and young adults who travel to Israel on a peer-based educational program. Available to teens upon completion of 9th grade, and to young adults through age 27. Monetary awards based on the length of the travel program: Short-term, including summer programs \$750.00; Semester programs; \$1,000.00; Year-long programs \$1,500.00. Participants are eligible for one grant in any 12-month funding period (August 1 to July 31 of the following year). You can apply more than once, but not for the same program. For details: Karen Rader, 314-442-3756 or go to www.cajestl.org, or sandleabrams@hotmail.com; we will email information & application to you.
- Tomchei Shabbos On-Going FOOD DRIVE!! Tomchei Shabbos means "Supporters of the Sabbath." The "Barbara Mendelson Tomchai Shabbos Fund" was established, by the Vaad Hoeir of St. Louis, to help support Jews suffering severe economic distress, by providing the families in our community with their Shabbos and Yom Tov meals in a discreet and dignified manner. A special kosher food pantry is stocked to provide them with food essentials, chicken and meat. Pick up a bag at our NHBZ office; help make the Food Drive a Big Success!!! For questions or home pick-up, please call Sally Needle, 314-991-2575. Tomchai Shabbos is maintained through contributions of food and money. To make a donation go to www.ovkosher.org click on HOME tab, then Vaad Hoeir Community Services, then Tomchai Shabbos.

President's Message from Lenny Alper

Rosh Hashanah is just around the corner! That means it is time to review and update the reserved seating chart for Rosh Hashanah and Yom Kippur. We have reserved seats for members so that they can be seated with friends and family, and can come and go throughout services while being assured that they can return to the same seat. This ensures that we will have a seat for each member throughout services. If you are a new member since last year, we will assign you a reserved seat for the holidays. If you want to sit in a particular location, front, back, side, near a relative or whomever, please contact me or Sandie in the office, and we will try to accommodate your preference. If you were a member last year and were satisfied with your seat, you will have the same seat this year, unless you ask to be moved. If you would like to change your seat, please contact me or Sandie in the office, 314-991-2100, ext. 2.

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Beyond Twelve Gates by Rabbi Ze'ev Smason Parshas Ki Seitzei September 6, 2014

Welcome to Beyond Twelve Gates

It can't be said that all celebrities are talented, but most of Hollywood's A-list are there for a reason. Be it for acting, singing, or another skill, most celebs earn their fame. What you may not know, however, is that many celebs actually have a second hidden talent. Here's the scoop on three famous Jewish celebrities.

Harrison Ford, the real-life Indiana Jones is a skilled pilot of all kinds of aircraft. Before he was famous, Ford took flight-training lessons in the 1960s but had to stop when it became too expensive. But Ford never forgot about this passion, and began his training again after he became an international star. Matthew Perry became a recognizable and beloved face across the world as Chandler Bing in "Friends." Growing up in Ottawa, Ontario, Perry was more interested in athletics than in drama. In particular, Perry was obsessed with tennis, and was even ranked as a top junior player. Mayim Bialik is a top-flight actress with top-tier academic credentials. She earned a B.S. degree in Neuroscience, Hebrew studies and Jewish studies, and in 2005 took a break from studies to return to acting. Mayim obtained her Ph.D. degree in 2007. Her dissertation was an investigation of hypothalamic activity in patients with Prader-Willi syndrome, titled, "Hypothalamic regulation in relation to maladaptive, obsessive-compulsive, affiliative, and satiety behaviors in Prader-Willi syndrome."

What are your unique talents and skills? All human beings, at birth, are given talents, dispositions, and inclinations. G-d gives these qualities according to the task assigned to each person in this world. Some people have a proclivity for kindness, others for honesty, others for humility or anger. Your personal destiny can only be fully realized if you identify and utilize your special qualities and talents.

Parshas Ki Seitzei Deuteronomy 21:10 - 25:19

This week's Torah portion contains 74 mitzvos (commandments) -- more than 10% of the 613 mitzvos of the Torah. Among the highlights:

- -- Guidelines for treatment of captured female prisoners of war
- -- Treatment of the 'stubborn and rebellious son'
- -- Prohibition of wearing shatnez -- a mixture of wool and linen in the same garment
- -- The case of the defamation of a married woman
- -- Men are forbidden from wearing women's clothing and vice versa.
- -- Taking interest for lending to a Jew is forbidden
- -- The requirement of a *get* (bill of divorce) when divorce takes place
- -- The obligation to pay workers in a timely fashion (handymen, babysitters, etc.)
- -- Special consideration must be given to a widow and orphan

This power-packed Torah portion concludes with the command to remember the atrocities which the nation of Amalek (from whom Haman came) committed against us upon our exodus from Egypt.

Rabbinic Ruminations

Many animals have remarkable sensory abilities.

Think of the term *alligator skin* as a compliment: It is extraordinarily sensitive to minute changes in vibration, which helps locate prey. Alligators are touchy, but the platypus is more the feely type. The only mammal with electroreception, it uses sensors in its bill to detect electrical impulses sent out by prey in murky water. Researchers believe electromagnetism may help red wood ants sense imminent earthquakes in time to evacuate their mounds. Someday these creatures may be part of geologic threat-detection systems.

Elephants are acutely aware of vibrations. They use seismic activity generated by their trunks and feet to communicate with one another about predators, territory and mating preferences. Star-nosed moles have 22 tiny

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trunks containing a total of nearly 100,000 nerve fibers — six times as many touch receptors as on a human hand. As the mole burrows, the tentacles sweep ahead like a high-speed broom, faster than a human eye can detect. Above ground, wolves have a sense of pitch. Not wanting to lose their voice in a howling chorus, they pick their own unique note. Seals are notable for their whiskers, which can detect the hydrodynamic trail of fish swimming up to 600 feet away.

The character of wisdom is unique to human beings. Seeking to increase your wisdom? Learn Torah. Moses tells the Jewish people that the laws of the Torah are "not too baffling for you, nor beyond reach" but "very close to you in your mouth and heart." (Deut.30:11-14) This passage also affirms that the Torah is reasonable and in accordance with common sense. And because the words of the Torah are wise, one can learn wisdom in studying it: "The teaching of the Almighty is perfect ...making the simple wise."

Quote of the Week

If a man does his best, what else is there? -- General George S. Patton (1885-1945)

Joke of the Week

The boys had been up in the attic together helping with some cleaning. The kids uncovered an old manual typewriter and asked, "Hey, Mom, what's this?"

"Oh, that's an old typewriter," she answered, thinking that would satisfy their curiosity.

"Well, what does it do?" they gueried.

"I'll show you," their mother said. She went downstairs and returned with a blank piece of paper. She rolled the paper into the typewriter and began striking the keys, leaving black letters of print on the page.

"WOW!" the boys exclaimed, "That's really cool -- but how does it work like that? Where do you plug it in?"

"There is no plug," she answered. "It doesn't need a plug."

"Then where do you put the batteries?" they persisted.

"It doesn't need batteries either," she continued.

"Wow! This is so cool!" the brothers exclaimed. "Someone should have invented this a long time ago!"

The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, at 12:00 noon. The bulletin is printed <u>first thing</u> every Thursday morning.

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MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

This Week At a Glance	Shabbos Sept. 6	Sunday Sept. 7	Monday Sept. 8	Tuesday Sept. 9	Wed. Sept. 10	Thurs. Sept. 11	Friday Sept. 12	Shabbos Sept. 13
Shachris	8:30 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	6:45 pm	6:55 pm	6:55 pm	6:55 pm	6:55 pm	6:55 pm	6:55 pm	6:35 pm
Ma'ariv								
Events – see times in Event Planner Box	Good Shabbos to Everyone! Synaplex Sessions followed by Kiddush & Lunch in honor of September Birthdays & Anniver- saries!	"Learn to Lead Davening" with Dr.Ethan Schuman, 9:00 am.	Mah Jongg Game, to benefit our Chesed Fund, 4:00-6:00 pm.	Board of Directors meeting, 7:30 pm.	Lunch & Learn with Rabbi Smason, 12:15- 1:00 pm.	BUY CASH CARDS!	Erev Shabbos	Lunch by Linda & Gene Carton in memory of Sarah Kalmes.

NHBZ Event Planner (Check "Coming Events" for time, date or location changes.) Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

WEEKLY at NHBZ

SHABBOS

- Tefilla Class (Weekly at 9:30 am) led by Rabbi Yosef David in the Chapel (Today at 9:15 am)
- Child Care (10:00 am Noon) kids 3 & under in the MONTHLY at NHBZ Children's Room
- Learners Service (10:00 am) led by Rabbi Ze'ev Smason in the Chapel
- Shabbos Tanach (Bible) Study Group (45 minutes before Mincha)

SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler, of Aish HaTorah
- "Learn to Lead Davening" (9:00 am) with Dr. Ethan Schuman after morning minyan
- "Mystical Moments" with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

MONDAY

- Women's Tefila Class (2nd & 4th Mondays) 3:15 pm with Rabbi Smason at NHBZ (Next class: This Monday, September 8.)
- Mah Jongg (Mondays, 4-6:00 pm) Proceeds will benefit The Chesed Fund.

WEDNESDAY

 Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.

- Irvin Alper Social Club (First Sunday)
- Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm) at NHBZ

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- Dine-In Pizza Night (Last Sunday 5:00 7:00 pm) Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 pm.
- Sisterhood (Third Tuesday)
- RAP with the RABBI will resume in the fall.

NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn