

*Erev Yom Kippur &
Yom Kippur Day*
Friday & Shabbos
October 3 & 4, 2014

Nusach Hari B'nai Zion Yom Tov & Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion
Affiliated with Union of Orthodox Congregations of America

*Erev Yom Kippur &
Yom Kippur Day*
Friday & Shabbos
9 & 10 Tishrei

Thanks to Jessica Fadem for the beautiful flowers that adorn our Bimah for Yom Kippur. We are grateful to her for her generosity in helping to beautify our shul every Yom Kippur.

To My Dear Friends at Nusach Hari B'nai Zion,

I cannot fully express how thankful and grateful I am for all of your calls, cards, donations and wonderful wishes. Because of the current phase of my recovery, I cannot respond to all of those very kind and thoughtful expressions, so I'm asking all of you to please accept this message as my sincere thanks and appreciation. As I recover, it is my hope that I will return to St. Louis, in the near future, and be able to thank each of you personally. I wish all of you a healthy, sweet year.

With love and warmest regards, Bertha Berman

Erev Yom Kippur & Shabbos ~ Friday, October 3, 2014

- **Mincha** (1:30 pm in the afternoon)
- **Light candles** (6:23 pm or earlier)
- **Fast begins** (6:35 pm or earlier)
- **Kol Nidre** (Promptly at 6:00 pm) – **Dr. Ethan Schuman**
- **Learners Service** (6:15 pm) – led by **Rabbi Yosef David**, of Aish HaTorah, in the Feigenbaum-Pepose Learning Center (lower level).
- **Ma'ariv concludes** (approx. 9:00 pm)

Yom Kippur Day & Shabbos ~ October 4

- **Shachris** (8:00 am) - *Thank you for leading services:*
 - Torah Portion: Leviticus 16:1 – 16:34** **Machzor page 202**
 - Maftir: Numbers 29:7 – 29:11** **Machzor page 206**
 - Haftorah: Isaiah 57:14 – 58:14** **Machzor page 207**
 - Pesukei D'Zimra: **Menachem Szus** - Leyning: **Elie Needle**
 - Shacharis: **Elie Needle** - Haftorah: **Richard Woolf**
- **Child Care** (9:00 am – 1:00 pm) – in the Children's Playroom in the Lower Level; includes lunch.
- **Learners Service** (10:00 am – 1:00 pm) – led by **Rabbi Yosef David** in Lower Level.
- **Children's Services** (10:30 am) for ages 5 to 8.
- **Family Service** (11:00 am – 12:00 noon) – in the Chapel.
- **Rabbi's Blessing of the Children** (approximately 11:00 am)
- **Drasha** (Sermon) (11:25 am) – **Rabbi Ze'ev Smason**
- **Yizkor** (11:45 pm) The Book of Remembrance will be distributed before Yizkor, and may be taken home **after the conclusion** of services. The Book of Remembrance will contain the Yizkor service, and can be used at the cemetery whenever you go to say prayers for your loved ones.
- **Musaf** (Approx. 12:15 pm – Following Yizkor) – **Dr. Ethan Schuman**
- **Mincha** (4:45 pm)
 - Torah Reading: Leviticus 18:1-30** **Machzor page 304**
 - Haftorah: Book of Jonah** **Machzor page 306**
 - Mincha: **Elie Needle** - Leyning: **Elie Needle** - Haftorah: **Mayer Taller**

- **Neilah (5:45 pm) – Dr. Ethan Schuman** (Please note earlier time.)
- **Ma'ariv (7:10 pm) – Elie Needle**
- **Havdalah (7:25 pm)**
- **Shofar (7:30 pm)**
- **Kiddush Levana (7:35 pm)**

We thank **Bob & Sandie Abrams** and **Esther Gelb** for the special sweet treats to break the fast as you leave the shul after services. The Brocha is Sha-hah-kol Neehee-ya Bid-va-row.

It is a mitzvah to have your own Esrog and Lulav. Those who have ordered from the shul will be notified about pick up times as soon as the sets arrive.

*“THANK YOU” to **Lenny Alper, Dr. Craig Berkin, Kenny Bressler, Stan & Rhonnie Goldfader, Bob Kaiser, Mayer Taller, Irwin Rosen, David & Shayna Scribner, Trudy Sudin, and Boris Yasinev** for all their help in preparing and setting up for High Holiday services.*

*“THANK YOU” for making the Dr. Wollschaefer program such a successful event to **Chairpersons Rhonnie Goldfader and Shayna Scribner, and all their helpers Lenny Alper, Shirley Bluestein, Byron Brownstein, Larry Chervitz, Don Eisenberg, Stan Goldfader, Alan & Janet Haber, Harold Hoffman, Sandy Kahn, Bob Kaiser, Paul Kleiman, Svetlana Kogan, Laura Krueger, Michelle Mufson, Mimi Sabol, David Scribner, Gary & Trudy Sudin, Allan Swan and Teresa Carter, Menachem Szus, Margo Tzadok, and Richard Woolf** for all their outstanding help with the myriad of details, details, details that made the evening come together in spectacular fashion!*

*“THANK YOU” to **Julie Eisenberg, our top chef, and her crew Debbie Barash, Jesse Barash, Carly Black, Shirley Bluestein, Danielle Eisenberg, Don Eisenberg, Janet Haber, Joni Kaiser, Phyllis Loiterstein, Cindy Looney, Ron Rosen, Mimi Sabol, Sylvia Silver, Phyllis Silverman, and Boris Yasinev** for preparing a magnificent Sponsors’ Dinner for Dr. Wollschaefer’s program.*

“What’s Up” on Sunday?

NHBZ KidZone Sukkos Art Party ~ Hey Kids – Y’all Come to the NHBZ KidZone Sukkos Art Party on Sunday, October 5th, 1:00-3:00 pm in the Feigenbaum-Pepose Learning Center (lower level). Kids will make laminated decorations for the Sukkah - with their names on them! And then, go outside to adorn the newly raised Sukkah with their hand-made treasures. The KidZone will also have a Cookie-Zone where the kids will ice and decorate cookies, and then munch them all up!!! So much fun getting ready for Sukkos!

Sukkah Raising ~ Heads up! Once again, we thank Menachem Szus for organizing our Sukkah-Raising, which will be held on Sunday, October 5th, at 10:00 a.m. The more help we have, the faster the sukkah will go up. Please respond to Menachem at menachem@alonsystems.com or 314-629-8741. Thank you for volunteering your valuable time.

WISH LIST!

Wish #1:

We have very frequent power outages at the shul . . . so everything goes down from our server to the elevator!!! We require Battery Backup devices to keep the operations and server running and prevent data loss. We are now badly in need of several UPS's - Uninterruptible Power Supplies for our server and some other devices. Our computer systems, including the server, enable us to efficiently manage our shul by producing the Shabbos bulletin, our accounting, a variety printed material, the yahrzeit reminders, and more. If you would like to contribute . . . HERE IS OUR WISH LIST:

1. APC Smart-UPS 1500VA LCD 120V - it runs about \$600 for our server
2. a few APC Back-UPS 350's running about \$90 each.

Thanks to **Dr. Erol & Sally Amon, Andy & Ellen Berg,** and **Irwin & Roz Rosen** for responding to our Wish List!!! **Can we count YOU in, too?** Call Sandie, 314-991-2100, ext. 2, or go to sandieabrams@hotmail.com.

WISH LIST!

Wish #2:

As you have probably noticed, our shul is being used at an ever increasing rate, and we like to keep the building neat and welcoming. Toward that end we would like to acquire a floor buffing machine. The machine would help our maintenance team work more efficiently and quickly. We need some angels who are prepared to donate a total of \$200 for this. Please consider being a sponsoring angel and call Sandie, 314-991-2100, ext. 2, or go to sandieabrams@hotmail.com with your donation.

Meetings

- ***Sisterhood Lunch & BINGO PARTY*** ~ Tuesday, October 21, 12:00 noon in our NHBZ Social Hall. Men & Women of ALL Ages are invited to come and enjoy a **Deee-licious Lunch, Bingo, and Attendance Prizes!** \$7.00 donation; RSVP to Rachael Pevnick, 314-395-6017. **We hope to see you!!!**
- **Board of Directors Meeting** ~ Tuesday, October 21. Minyan at 5:50 pm, Meeting at 7:00 pm.

“What’s Up” at NHBZ?



NHBZ Coming Events

- **Calling All Mah-Jongg Mavens!** Would you like to help our Chesed Fund by having fun playing Mah Jongg every Monday, 4:00-6:00 p.m., at NHBZ? Please join us in the Teen Lounge (lower level). Only \$3.00 cover! **Proceeds will benefit The Nusach Hari B'nai Zion Chesed Fund.** Questions? Call Debbie Barash, 314-993-4954. **See you on Monday!!!**
- **NHBZ KidZone Sukkos** ~ Hey Kids – more KidZone fun! On Sunday, October 12, we will meet at Irv Zeid Park (next to NHBZ), at 4:00 pm, to run around and play before heading up to NHBZ's Sukkah and Grillin' in the Hut at 5:00 pm. The Kids and parents will enjoy Hamburgers & Chili Dogs, and the Kids will proudly show off their Sukkah Art Work! (In case of rain, KidZone 4:00 pm activities will be held at NHBZ.)
- **Grillin' in the Hut** ~ On Sunday, October 12th, Chol Hamoed Sukkos. We'll be grilling up some juicy quarter-pound Hamburgers and tasty Chili Dogs with all the fixin's on the side . . . onions, shredded lettuce, pickles, sauerkraut . . . PLUS French Fries, Cole Slaw, Drink and Dessert! \$8.00 per plate! **COME & RELAX** with family and friends, and enjoy a fun dinner that **WE** cook for **YOU**, during these busy and wonderful Yomim Tovim!!!
- **Simchas Torah Night** ~ Thursday, October 16: Mincha, Maariv and Hakofos followed by an All-You-Can-Eat Spaghetti Dinner **FREE** to everyone! **Reservations** are a **MUST**. Sisterhood will, once again, provide delicious candy apples, and there will be flags for all the children. Thanks to our sponsors (so far) for this dinner ~ **Bob & Sandie Abrams, Dr. Craig & Jackie Berkin, Dr. Susan Feigenbaum & Dr. Jay Pepose, Alan & Janet Haber, Bob & Joni Kaiser, Gary & Trudy Sudin, and Menachem & Linda Szus.** Please RSVP, 314-991-2100, ext. 5.
- **Next Lion's Den Pizza Night ~ All-You-Can-Eat Pizza Buffet ~ Sunday, October 26, 5:00-7:00 p.m.** Bring your family and friends to enjoy a delicious dinner of pizza, salad, pasta and garlic bread!!! Reservations are not needed . . . just show up, eat to your heart's content, have fun schmoozing, and have a great time! Plus an extra bonus ~ we have a movie for the kids every month!!!! (Please place carry-out orders by 10:00 a.m on Sunday morning, 314-991-2100, ext. 2. Pick up time for carry out pizzas is 4:30-4:45 p.m. before the start of our buffet.) **WE TAKE CREDIT CARD PAYMENTS!!!**
- **Can You Believe It?** Nusach Hari B'nai Zion is 109 years old!!! Please celebrate with us at our annual Anniversary Banquet to be held at the 560 Music Center, 560 Trinity at Delmar in University City, on Sunday, December 14th. We are pleased to announce our Guest of Honor **Mark Ragin**, and Woman of Valor Award recipient **Sandra Abrams!** Please be sure to mark your calendars, and start thinking about your journal ads and greetings to our honorees. Each year, we publish a commemorative journal in conjunction with our

Anniversary Celebration, and we ask you to send in your greetings and congratulations to our honorees. We have emailed ad forms and information; those without access to emails will receive the same information by snail mail soon. Please return the Ad Forms no later than **December 4**. When you return your Ad Forms by **November 14, your name(s) will be entered into an EarlyBird Raffle**. See the ad form for details. Special plans are in the works! More details to follow, so stay tuned!!!

SIMCHAS

- **MAZEL TOV ON SIMCHAS** October 4-10. **Happy Birthday to Dr. Susan Feigenbaum, Polina Golynskiy, Jordan Kadosh, Ina Makovsky, and David Morgensztern! Happy Anniversary to Dr. Jonathan & Naomi Shanker!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Package of Cards.

NHBZ CLASS SERIES ~ MEMBERS & ALL FRIENDS ARE WELCOME!

- **Learn to Lead Davening** ~ led by our Chazzan **Dr. Ethan Schuman** on **Sunday mornings**, at 9:00 a.m. after morning minyan.
- **Women's Tefilla Class** ~ Led by **Rabbi Ze'ev Smason**. The class meets on the 2nd and 4th **Monday afternoons** each month at 3:15 p.m. at NHBZ. The Tefilla Class will be taking a break during the Chagim. Next class - Monday, October 27.

NEWS & FEATURES

- ***Beyond Twelve Gates by Rabbi Ze'ev Smason will return after the Chagim!***
- **Are You CPR Certified?** If you are **currently CPR certified** with an **Up-To-Date Certificate**, please call our office to register your name: 314-991-2100, ext. 2.
- **A Call for Help from the Jewish Food Pantry** ~ The Jewish Food Pantry is in desperate need of volunteers. The amount of food they are receiving is growing, but the number of people available to organize all of the donations is NOT keeping up! To help or for questions, call **Julie Eisenberg** at 314-494-8437.
- **Women's Tehillim Group** ~ A group of women in the community, including several members from Nusach Hari B'nai Zion, who asked for this announcement to run in our weekly bulletin, gather each Sunday morning to say the entire book of Tehillim, in the zchus of a refuah shelayma for the cholim in our community. They meet at the home of Jan Adelman, 8032 Amherst, Sundays at 9:15 am. If you cannot participate in person, call 314-863-5438. The Tehillim hotline (names and updates) is: 314-995-7119.
- **Tomchei Shabbos On-Going FOOD DRIVE!!** Tomchei Shabbos means "Supporters of the Sabbath." **The "Barbara Mendelson Tomchai Shabbos Fund"** was established, by the Vaad Hoer of St. Louis, to help support Jews suffering severe economic distress, by providing the families in our community with their Shabbos and Yom Tov meals in a discreet and dignified manner. A special kosher food pantry is stocked to provide them with food essentials, chicken and meat. **Pick up a bag** at our NHBZ office; help make the Food Drive a Big Success!!! For questions or home pick-up, please call Sally Needle, 314-991-2575. Tomchai Shabbos is maintained through contributions of food and money. To make a donation go to www.ovkosher.org – click on HOME tab, then Vaad Hoer Community Services, then Tomchai Shabbos.

Reminders

- **Extremely Important Message!** When you or a loved one becomes ill, and is hospitalized, **PLEASE HAVE A FAMILY MEMBER OR FRIEND CONTACT RABBI SMASON ON HIS CELL PHONE ASAP . . . 314-749-5271**. Calling the office sometimes delays the time in which Rabbi Smason receives the information. Rabbi Smason is very sensitive to the needs of all our members ~~ each and every one of you. He wants to be able

to help you as quickly as possible and in any way he can. Please keep Rabbi Smason's cell phone number handy in your wallet, and give it to your family and friends, so you and they will have easy access at all times.

- **SHABBOS HALACHAS (Laws of Shabbos)** An *eruv* is an enclosure, constructed according to halacha (Jewish law), as a way to permit Jewish residents or visitors to carry certain objects outside their own homes on Shabbos and Yom Kippur. The St. Louis *eruv* encompasses parts (but not all) of Olivette, U.City and Clayton. We respectfully request that **SHABBOS BULLETINS, FOOD, or any other item not be removed** from the synagogue by those who do not live within the *eruv*. Questions? Ask Rabbi Smason.
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, ext. 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575; for Chesed Fund Tributes come by the office and pick up a package of cards!
- ***Mi Shebarach List*** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or in English if Hebrew names are unavailable. Your contributions are greatly appreciated.
- ***Memorial Plaques*** ~ Memorial plaques are lovingly mounted in our new building. Remember your loved ones with a plaque; prices are \$150 and \$275. Please call the office for details, 314-991-2100, ext. 2.
- ***Shalosh Seudos, The 3rd Meal of Shabbos*** ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal in honor of family members, to celebrate special occasions, or as you observe the *yahrzeits* of your dear loved ones. To make arrangements call our office at 314-991-2100.
- **Buy a Brick Online or by Phone** ~ Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** ~ It is customary to make a donation to the shul for Aliyos or other honors received.

President's Message from Lenny Alper

My family and I wish all of you a *Shana Tova* – *may you be inscribed and sealed in the Book of Life for a good year*. On the High Holidays, we recite the prayer *Unesaneh Tokef* which begins with the line: *On Rosh Hashanah it is written, and on Yom Kippur it is sealed*, and ends with the line *But teshuvah and tefillah and tzedakah (return and prayer and righteous acts) deflect the evil of the decree*.

During Yom Kippur, we offer you an opportunity to give Tzedakah. We will have an appeal, as we do each year, for the benefit of Nusach Hari B'nai Zion. Being Yom Kippur, it will be a favorable time to give Tzedakah, and help our congregation.

After Yom Kippur, we will have additional opportunities to give Tzedakah to NHBZ. The 109th NHBZ anniversary banquet will be on December 14. This year we are honoring Mark Ragin, and woman of valor Sandie Abrams. If you have email, you should have recently received information about the banquet and the ad journal. If you submit your ad by November 14, you will be entered into a drawing to win valuable prizes – up to a \$400 value. If you don't have email, you will eventually receive the information by U.S. Mail, still early enough to submit your ad in time to qualify for the "Early Bird" prize drawing.

VOLUNTEERS NEEDED: We will need volunteers to help set up the succah, sanctuary and social hall after Yom Kippur on Sunday, October 5, 10:00 am. TO VOLUNTEER, Please call me (314-993-4024) or the office (314-991-2100, ext. 2), OR email to sandieabrams@hotmail.com.

MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

| This Week At a Glance | Shabbos Oct. 4 | Sunday Oct. 5 | Monday Oct. 6 | Tuesday Oct. 7 | Wed. Oct. 8 | Thurs. Oct. 9 | Friday Oct. 10 | Shabbos Oct. 11 |
|--|-----------------------|--|--|------------------------|--------------------|---|---|---|
| Shachris | 8:00 am | 8:00 am | 7:00 am | 7:00 am | 7:00 am | 9:00 am | 9:00 am | 9:00 am |
| Mincha | 4:15 pm | 6:15 pm | 6:15 pm | 6:15 pm | 6:15 pm | 6:15 pm | 6:15 pm | 5:55 pm |
| Ma'ariv | 7:10 pm | | | | | | | |
| Events – see times in Event Planner Box | <i>Yom Kippur Day</i> | <i>“Learn to Lead Davening” w/Dr. Ethan Schuman, 9:00 am.; Sukkah Raising, 10:00 am; KidZone Sukkah Art Party, 1:00-3:00 pm!</i> | <i>Mah Jongg Game, to benefit our Chesed Fund, 4:00-6:00 pm.</i> | BUY CASH CARDS! | <i>Erev Sukkos</i> | <i>1st Day Sukkos</i> <i>Good Yom Tov</i> | <i>2nd Day Sukkos</i> <i>Good Yom Tov</i> | <i>Chol Hamoed Sukkos</i> <i>Good Yom Tov & Good Shabbos!</i> <i>Grillin' in the Hut on Sunday, Oct. 12</i> |

NHBZ Event Planner (Check “Coming Events” for time, date or location changes.)
Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

WEEKLY at NHBZ

SHABBOS

- Tefilla Class (9:30 am) led by Rabbi Yosef David in the Chapel will resume next Shabbos.
- Child Care (10:00 am – Noon) for kids 3 & under in the Children’s Room (Times for Yom Kippur: 9:00 am to 1:00 pm. Lunch will be served to the kids.)
- Learners Service (10:15 am) led by Rabbi Ze’ev Smason in the Chapel (Yom Kippur Learners’ Service 10:00 am - 1:00 pm in the lower level)
- Shabbos Tanach (Bible) (45 minutes before Mincha) (Will resume next Shabbos.)

SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler, of Aish HaTorah
- “Learn to Lead Davening” (9:00 am) with Dr. Ethan Schuman after morning minyan
- “Mystical Moments” with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel (Class will resume after the Chagim.)

MONDAY

- Women’s Tefila Class (2nd & 4th Mondays) 3:15 pm with Rabbi Smason at NHBZ. The class will take a break for the Chagim. (Next class: Mon., Oct. 27.)
- Mah Jongg (Mondays, 4-6:00 pm) Proceeds will benefit The Chesed Fund.

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos. (Class will resume after the Chagim on Wednesday, October 22.)

MONTHLY at NHBZ

- Irvin Alper Social Club (First Sunday) No meeting in October. Next meeting (2nd Sunday), November 9th, at 5:00 pm.
- Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin. (Next class after the Chagim on Tuesday, November 4th.)
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm) at NHBZ (Next class after the Chagim on Thursday, November 6th.)
- Dine-In Pizza Night (Last Sunday 5:00 – 7:00 pm) Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 pm. (No Pizza Night in September. Next Pizza Night, Sunday, October 26.)
- Sisterhood (Third Tuesday)

NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn