

# NHBZ Shabbos - Yom Kippur Bulletin

Sept. 13 & 14, 2013 *Welcome to Nusach Hari B'nai Zion* 9 & 10 Tishrei 5774

Affiliated with the Union of Orthodox Jewish Congregations of America

*Thanks to Jessica Fadem for the beautiful floral arrangements that adorn our Bimah for Yom Kippur. We are grateful to Jessica for her generosity in helping to beautify our shul every Yom Kippur.*

*Thanks to Leo Bressler for sponsoring this Shabbos Bulletin to wish everyone a Healthy and Happy Year!*

*Thanks to Moshe Pinto for sponsoring this Shabbos Bulletin in honor of his daughter Ellie. Ellie is one of five who have been nominated as representatives for a North American Jewish Youth Organization, and for becoming the Missouri Valley Religious and Cultural Vice President.*

## Erev Yom Kippur & Shabbos ~ Friday, September 13

- **Mincha** (1:30 pm in the afternoon)
- **Light candles** (6:30 pm or earlier)
- **Fast begins** (7:10 pm or earlier)
- **Kol Nidre** (Promptly at 6:30 pm) – **Dr. Ethan Schuman**
- **Learners Service** (6:30 pm) – led by **Rabbi Shmuel Greenwald** in the Lower Level Learning Center.
- **Ma'ariv concludes** (approx. 9:15 pm)



## Yom Kippur & Shabbos ~ Shabbos, September 14

- **Shachris** (8:00 am) - *Thank you for leading services:*
  - Shachris Torah Portion: Leviticus 16:1 -- 16:34 Machzor page 202**
  - Shachris Maftir: Numbers 29:7 – 29:11 -- Machzor page 206**
  - Shachris Haftorah: Isaiah 57:14 – 58:14 -- Machzor page 207**
    - Pesukei D'Zimra: **Menachem Szus**
    - Shacharis: **Elie Needle**
    - Leyning: **Elie Needle**
    - Haftorah: **Kenny Bressler**
- **Child Care** (10:30 am – 1:00 pm) – in the Children's Playroom in the Lower Level; includes lunch
- **Learners Service** (10:00 am – 12:30 pm) – led by **Rabbi Shmuel Greenwald** in LL Learning Center.
- **Family Service** (10:15 am - 11:00 am) – in the Chapel.
- **Rabbi's Blessing of the Children** (approximately 11:00 am)
- **Drasha** (Sermon) (11:15 am ) – **Rabbi Ze'ev Smason**
- **Yizkor** (11:45 pm) The Book of Remembrance will be distributed before Yizkor, and may be taken home after the conclusion of services. The Book of Remembrance will contain the Yizkor service, and can be used at the cemetery whenever you go.
- **Musaf** (12:15 pm – Following Yizkor) – **Dr. Ethan Schuman**
- **Mincha** (4:45 pm)
  - Mincha Torah Reading: Leviticus 18:1-30 -- Machzor page 304**
  - Mincha Haftorah: Book of Jonah -- Machzor page 306**
    - Mincha: **Elie Needle**
    - Leyning: **Elie Needle**
    - Haftorah: **Mayer Taller**
- **Neilah** (6:30 pm) – **Dr. Ethan Schuman**
- **Ma'ariv** (7:40 pm) – **Elie Needle**
- **Havdalah** (7:56 pm)

- Fast ends (7:56 pm)
- Shofar is sounded (7:56 pm) – Rabbi Ze’ev Smason
- Kiddush Levana (8:00 pm) Please join Rabbi Smason outside after services for Kiddush Levana.

## MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

<i>This Week At a Glance</i>	Shabbos Sept. 14	Sunday Sept. 15	Monday Sept. 16	Tuesday Sept. 17	Wed. Sept. 18	Thurs. Sept. 19	Friday Sept. 20	Shabbos Sept. 21
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	9:00 am	9:00 am	9:00 am
Mincha/ Ma'ariv	4:45 pm 7:40 pm	6:45 pm	6:45 pm	6:45 pm	6:45 pm	6:45 pm	6:45 pm	6:25 pm
<b>Events – see times in Event Planner Box</b>	<i>Yom Kippur</i>  <i>Yizkor: 11:45 am</i>  <i>Neilah: 6:30 pm</i>  <i>Shofar: 7:56 pm</i>	<i>Sukkah Raising, 10:00 am</i>  <i>Esrog &amp; Lulav Sets delivered to NHBZ;</i>  <i>Pick up times TBA</i>		<b>ORDER CASH CARDS!</b>	<i>Erev Sukkos</i>	<i>Sukkos 1<sup>st</sup> Day</i>	<i>Sukkos 2<sup>nd</sup> Day</i>	<i>Chol Hamoed Sukkos!</i>  <i>Good Shabbos to Everyone</i>

## HIGH HOLIDAYS!

- **A VERY BIG “THANK YOU” to Lenny Alper, Larry Chervitz, Alan Haber, Bob Kaiser, Bobby Levine, Howard Sandler, Sid Silverman, Trudy Sudin, and Mayer Taller for all their help in preparing for High Holiday services; to Gabbaim Sam Bluestein, Bobby Levine, Sid Silverman, Mayer Taller, and Alan Zarkowsky. Thank you to Caryn & Joanna Alper for volunteering to be greeters at the Learners’ Services on both Rosh Hashana and Yom Kippur. Added Special Thanks to Lenny Alper and Alan Haber, both of whom have spent DAYS working on setting up and various other projects to ready our shul for Rosh Hashana!!!**
- **Thanks to Allan Swan and Teresa Carter** for their hard work in preparing for the High Holidays, and to Allan for preparing the lunches for the younger children on Yom Kippur day.
- **Thanks to Bob & Sandie Abrams and Esther Gelb** for the special sweet treats to break the fast as you leave the shul after Neilah. The Brocha is Sha-hah-kol Neehee-ya Bid-va-row. 😊
- **Food Drive ~** As in the past, we are conducting a food drive for the Jewish Food Pantry. Please bring your non-perishable food items (canned or boxed) when you arrive for Kol Nidre, and please be generous - the Food Pantry is always in need of our help. If you forget, bring your donations to our office next week!!!
- **It is customary to make a contribution to the synagogue for both Yizkor and honors received during the Yomim Tovim. Your donations are very much appreciated.**
- **SUKKAH RAISING at NHBZ!!! PLUS SANCTUARY SEATING – BACK TO ORDER!!!** You are invited to come and join in the NHBZ Sukkah Raising tomorrow - Sunday, September 15, at 10:00 a.m. Please bring your ladder if you have one and any other help you may garner. The more

people - the faster we raise the shul sukkah. May we all merit to sit in our wonderful sukkah. G'mar Chasima Tova, *From, Alan Haber and Menachem Szus* **And**, we will take down the HH seats, and put the sanctuary/social-hall back to normal.

- **Lulav and Esrog orders!!!**. Our Lulavim and Esrogim will be delivered to our shul the day after Yom Kippur (Tomorrow ~ Sunday, September 15), tied in their holders. If anyone's Arovos (Willows) go bad, we will be provided with replacements on the Sunday of Chol Hamoed Sukkos (Sept. 22), free of charge. Everyone who has placed orders will be notified of pick up times by email or phone.
- **Simchas Torah Night** ~ Thursday, September 26, at 7:15 p.m. Mincha at 6:30 p.m., and join us for Maariv and Hakofos on Simchas Torah night at 7:15 p.m., followed by an All-You-Can-Eat Spaghetti Dinner **FREE** to everyone! **Reservations** are a **MUST**. Sisterhood will, once again, provide delicious candy apples, and there will be flags for all the children. Thanks to our sponsors (so far) for this dinner ~ **Ruth Novack Alper, Bob & Sandie Abrams, Andy & Ellen Berg, Sam & Shirley Bluestein, Dr. Susan Feigenbaum & Dr. Jay Pepose, Alan & Janet Haber, Bob & Joni Kaiser, Bobby & Sheryl Levine, Rachael Pevnick, Mark Ragin & Gail Rose, Jon & Naomi Shanker, Sid & Phyllis Silverman, Gary & Trudy Sudin, and Menachem & Linda Szus.**
- **Simchas Torah Lunch** ~ Thanks to **Julie and Don Eisenberg** who will sponsor a light lunch on Simchas Torah day in memory of their beloved fathers, Harold Eisenberg, ז"ל, and Stuart Raskas, ז"ל. Please RSVP by Sunday, September 22nd, 314-991-2100, ext. 5.
- **Men's Mikvah Schedule** ~ The Millstone Mikvah will be open with an attendant the following hours for men to use during the Yomim Tovim. **Erev Yom Kippur**: Friday, September 12, 9am–5:00pm. After 5pm the mikvah door will be on combination, Aleph, Gimmel, Hey.  
**The fees are:** Adults: \$7.50; Pre-Bar Mitzvah boys: \$5.00; "Klei Kodesh": \$5.00; Yeshiva Bochorim: \$5.00; Sons of "Klei Kodesh": Free.  
**Schedule of Men's Use of Shabbos Mikvah at Young Israel During the Yomim Tovim:** Tuesday, 9/3 to Friday, 9/6, 2<sup>nd</sup> day Rosh Hashana - Not Available., Shabbos, 9/7 to Thursday, 9/12 – Available. Friday, 9/13 to Shabbos, 9/14, Yom Kippur -Not Available. Sunday, 9/15 to Monday, 9/16 –Available. Tuesday, 9/17 to Friday, 9/20, the 2<sup>st</sup> day Succos -Not Available. Shabbos, 9/21 to Monday, 9/23 –Available. Tuesday, 9/24 to Friday, 9/27 Simchas Torah -Not Available. Shabbos, 9/28 –Available. **Regular schedule resumes Sept. 28.**

## COMING EVENTS

- **Lion's Den Pizza Night** ~ Our regular "Last Sunday of the Month" All-You-Can-Eat Pizza Buffet - Sunday, September 29. Please place carry out orders by Sunday morning at 10:00 a.m. 314-991-2100, ext. 2.
- **Bi-Monthly Women's Tefila Class** ~ Led by **Rabbi Ze'ev Smason**, the class meets on the 2nd and 4th **MONDAYS** of the month, at 7:00 p.m. Classes will resume on October 14, at NHBZ. The focus of our class is the structure and deeper meaning of the Shabbos morning service and prayers, and how prayer can be used as a basis for our own communication with G-d. All women welcome.
- **Next Synaplex** ~ Shabbos, October 19. Learners' Service at 10 a.m., Synaplex break-out classes at 11:00 a.m.: "**The 10 Commandments of How to Get Along With People**" led by **Rabbi Ze'ev Smason**; "**The New Challenges in Egypt: What it all means for the Middle East?**" led by **Dr. Morris Kalliny, St. Louis University Professor of International Business and Marketing**; "**Genesis: In the Footsteps of the Patriarchs and Matriarchs**" led by **Rabbi Yaakov Berkowitz, of the St. Louis Kollel**; **Youth Programming:** For kids 4 and over; and **Tot Shabbat**. Lunch at noon, following the Synaplex Sessions, in honor of September and October Birthdays and Wedding Anniversaries.
- **Our FIFTH Annual RABBI RIDE-AROUND** will take place on Sunday, October 20, in Forest Park!! Please become a sponsor ~ for Rabbi Smason's 50-Mile Ride Around Forest Park: We ask a minimum pledge of 25c per mile, which equals a total donation of \$12.50; 50c = \$25; \$1.00 = \$50; \$2.00 = \$100.00!!! Call our office, 314-991-2100, ext. 2, to make your pledge. And please come to cheer Rabbi Smason on, and to enjoy a Picnic-In-The-Park! We will meet at Pavilion #5, SW corner of the park by Clayton Road & Hwy. 40.

Rabbi Smason begins his Ride at 10:00 a.m.; Picnic at 12:30 p.m. Robin Rickerman is planning a great lunch at \$10.00 for adults, and \$5.00 for kids. Other plans are in the works – so stay tuned!!!

- **Semi-Annual Shul Meeting and Election of Officers** will be held on Tuesday evening, November 19<sup>TH</sup>. Each year, one-third of the 15-member Board rotates off, and 5 new or returning members are elected. If you are interested in becoming an officer or member of our Board, please call Bob Kaiser (314-342-4153), chairman of the nominating committee, and your name will be placed in nomination.
- **108<sup>TH</sup> Anniversary Banquet** ~ We are proud to present our Honoree for 2013 ~ our own **Dr. Ethan Schuman**. Dr. Schuman has served as our chazzan since 2002. He is noted for his community work, right here in St. Louis – most recently pioneering the first on-line Shechita course for men in St. Louis to learn the halachos, customs, and art of the ritual slaughter of animals for kosher consumption, and his creation and regular leadership of the NHBZ Yiddish Club. His many projects around the world include Matzah baking in Tunisia, Uganda and Kenya; davening for congregations in Nairobi, Bucharest and Cuba; Shechita in Kenya, Cuba and Uganda; speaking and learning with communities in Torino, Italy; Bris Milah for the communities of Riga, Metamoros Mexico. It is with great pleasure that we give well-deserved kovod (honor) to Dr. Schuman on Sunday, December 15, 2013, at the Crowne Plaza Hotel in Clayton. When you receive the Ad Journal order forms, please respond with your business ads, as well as your personal greetings and messages to our honoree.

**NHBZ Event Planner** (Check ‘Coming Events’ for time, date or location changes.)

Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

**Weekly at NHBZ**

**SHABBOS**

- Child Care (10:00 am – Noon) kids 3 & under in the Children’s Room
- Youth Programming (10:15 am – 11:00 am) children 4-8, in the Youth Lounge.
- Learners Service (10:15 am) led by Rabbi Ze’ev Smason in the Chapel
- Shabbos Tanach (Bible) Study Group (45 minutes before Mincha)

**SUNDAY**

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler of Aish
- Mystical Moments with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

**MONDAY**

- Women’s Tefila Class (2<sup>nd</sup> & 4<sup>th</sup> **Mondays**, 7:00 pm with Rabbi Smason. Classes resume on October 14 at NHBZ

**WEDNESDAY**

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) now studying Pirkei Avos. No classes on 9/18 or 9/25. Weekly classes will resume on Oct. 2.

**Monthly at NHBZ**

- Irvin Alper Social Club (First Sunday) **(No Sisterhood or Social Club meetings in September)**
- Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin **(no Study Groups in September)**; Study groups will resume on the first Tuesday in October (Oct. 1)
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm) **(No Yiddish Club in September)**
- Dine-In Pizza Night (Last Sunday 5:00 pm – 7:00 pm) Carry-Out Pizzas also available. Pick up time 4:30 pm. Place orders: 314-991-2100, ext. 2.
- Sisterhood (Third Tuesday) **\*\*\* (No Sisterhood or Social Club meetings in September)**

**NHBZ Signature Events**

- Synaplex Shabbos
- Shabbos Lunch & Learn

## Meetings

- **Board of Directors Meeting** ~ Tuesday, October 1 (First Tuesday)
- **Executive Committee Meeting** ~ Tuesday, October 15 (Third Tuesday)
- **No Sisterhood meetings in September & October; no Social Club in September**
- **Irvin Alper Social Club** ~ Next get-together – Sunday, October 6
- **Sisterhood Luncheon** ~ Next meeting – Tuesday, November 12 (The 2<sup>nd</sup> Tuesday)

## Reminders

- **Buy and Use Cash Cards** – call the office ASAP to order your cards and **earn free money** for NHBZ!
- **Schnucks E-Scrip Card** - Use your Schnucks Card *every time you shop!* Make it count!!!
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, extension 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575.
- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** - It is customary to make a donation to the shul for Aliyos or other honors received.
- **Shalosh Seudos**, The 3<sup>rd</sup> Meal of Shabbos ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal as you observe the yahrtzeits of your dear family members.
- **Mi Shebarach List** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or English--if Hebrew names are unavailable. Your contributions are greatly appreciated.
- **Memorial Plaques** ~ Memorial plaques from our former location are lovingly mounted in our new building. Remember your loved ones with a plaque; prices range from \$150 to \$275. Call the office for details.
- **Mishna Study** ~ Learning Mishnayos in memory of a loved one or for a Refuah Shelayma for a person who is ill is an age-old Jewish Tradition. The word Mishna (learning) is closely related to the word Neshama (soul), and we believe that learning Mishnayos in someone's name acts as a Spiritual Elevation for that person or that person's soul. Our NHBZ Mishnayos Shiur learns every Sunday following morning minyan, carrying on this tradition by dedicating the Mishnayos to our loved ones. You may dedicate Mishnayos for 1 year: \$250; 6 months: \$150; 3 months: \$96; 1 month, \$50. ***May your loved one be bound up in the bond of eternal life. May HaShem be filled with compassion to restore the health of your loved one.***

## Simchas, NEWS & FEATURES

- **MAZEL TOV ON SIMCHAS** September 14-20. **Happy Birthday to Jackie Berkin, Noa Simon, Robert Schnurman, and Suzanne Tendler! Happy Anniversary ~ None This Week!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.
- **Adult Bar & Bas Mitzvos** ~ Whether for the first time, or for your second time around, here is a golden learning opportunity, and your chance to celebrate with family and friends!! A ten-week course that will provide you with the knowledge, skills and experience that a Bar or Bas Mitzvah is really all about. Members: \$99; Non-members: \$125. Reservations are a MUST! Please call 314-991-2100, ext. 2. **Welcome to our**

first students ~ Marshall & Steffani Brockman, Rhonnie Goldfader, Joyce Hochberg, Howard & Phyllis Loiterstein, Jason & Nicole Loiterstein, and Robin Rickerman!!!

- **BECOME ENERGIZED!!! Sponsor Your Own Solar Panel!!!** Lock in the 2014 price of just \$216 for a full year. Introductory Offer ~ For the remainder of 2013, your cost will be pro-rated to only \$108 through the end of December. Your sponsorship will appear on the lobby monitor with an individual display with your personal or business name. Sponsor a panel for yourself, your friends, your business, or dedicate one in honor of a loved one. If you are interested in sponsoring a solar panel, please call 314-991-2100, ext. 2 and we will send you the form to complete with your wording! Thanks to Jeff & Terri Schnitzer who became our very **FIRST Solar Panel Sponsors!!!** And, to Marvin & Jackie Gitel for becoming our **SECOND** sponsors!!! And now, our **FIRST LIFETIME SPONSORS**: Dr. Susan Feigenbaum and Dr. Jay Pepose are dedicating 4 solar panels to their children as follows: 1. Dedicated to David Pepose: The **LIGHT** of our lives; 2. Dedicated to Morissa Pepose: She brings **SUNSHINE** on a cloudy day; 3. Dedicated to Max Pepose: Our shining **STAR**; and 4. Dedicated to Sam Pepose: He dazzles us with his **BRILLIANCE**.
- **Help Ethan Belau with his Mitzvah Project ~ “Torah & Turf” ~ Ethan Belau** is becoming a Bar Mitzvah, and is asking for your help with his Mitzvah Project. He is collecting used sports equipment such as cleats, baseball gloves, shin guards, etc., that can be donated to lower income families. In combining his passion for football and Torah learning, Ethan has developed an idea to have both available for boys who are past bar mitzvah age. Currently there is a group of young professionals who study Torah followed by a game of flag football. They apply their learning to their everyday life such as work ethics or personal relationships. Ethan has decided to help create a Junior League of “Torah and Turf.” The learning will apply to their age group focusing on sportsmanship and character development, and the fun will continue out on the field. In the meanwhile, Please bring all donations to the lower level (north) entrance of Nusach Hari B'nai Zion until October 14. A box is waiting for your donations just outside of the shul office.
- **Yeshivat Kadimah High School** opened its doors on Monday, August 26! The rigorous, college prep YKHS program focuses on student-centered learning, and uses a variety of tools including traditional, interactive, experiential and online resources. YKHS is an Orthodox school, open to the entire community, serving grades 9-12. If you would like more information or would like to be a part of the community e-mail list, please contact us at [admin@YeshivatKadimah.org](mailto:admin@YeshivatKadimah.org), or at 314-942-3166.
- **Kashrus Alerts ~**
  - **cRc Kashrus Alert~ Chocolate Chunks Semi-Sweet Chocolate Chips** under the Saco brand, Middleton, Wisconsin, mistakenly bears a plain cRc. In fact, this product is dairy (Cholov Stam), as indicated in the ingredients and allergen statement. Corrective measures are being taken.
  - Some **Key Food Balsamic Vinegar** labels have an OU symbol on them. The Orthodox Union does not certify this Balsamic Vinegar. Corrective measures have been implemented.
  - **Sweet Perry Orchards Cashew Medley** is certified as an OU Dairy product. This product contains dairy yogurt chips as indicated on the front and back of the packaging. Some packages mistakenly have a plain OU without the D Dairy designation. Corrective actions have been implemented.
  - **Moses Vodka from Global Drinks Finland** bears an unauthorized OU P. The Orthodox Union does not certify this product for Passover or year round use. Corrective actions have been implemented.
  - **RCC** The Vaad Hoer usually does not send out a Kashrus Alert when specific products become kosher certified. However, due to the popularity of the following items and the numerous calls we have received as to their kosher status, we wanted to let the public know that due to a change in kosher certification, the Vaad Hoer now accepts these products. They may be regarded as kosher even without the RCC (Rabbinical Council of California) kosher symbol on the bottles or even with the old kosher symbol. **Products:** Sriracha Hot Chili Sauce, Sambal Oelek, and Chili Garlic Sauce, all manufactured by: Huy Fong Foods, Rosemead, CA.

- **The OK** has released the following Kashrus Alert: Please be advised that **Mott's Apples White Grape Juice** sold by Dr. Pepper Snapple Group (St. Louis, MO) was mistakenly labeled with the OK kosher symbol. **Mott's Apples White Grape Juice is not certified by OK Kosher!** Corrective measures are being taken.
- **Tomchei Shabbos!!** Families need extra assistance with non-perishable food. Please pick up a bag available at NHBZ in the office, and fill it with your choices of non-perishable food items. Money donations are always welcome! **CHAGIM FOOD DROP-OFF:** Please help our families prepare for the Chagim with non-perishable food items! If you need items for the chagim picked up at your home, please call Merle at 725-1192, or Jackie Oppenheimer at 997-6924. AND, Please Save This Date --- The Tomchai Shabbos annual event will be held Sunday, Oct. 13th!! New project kickoff will be announced! For more details, or to arrange other pick ups at your home, please call Sally Needle at 991-2575.
- **The St. Louis Jewish Light Celebrates Half Century** ~ "The *Light's* history is the local Jewish community's history," says Myrna Meyer, Light Trustee. "If it has been important to Jewish St. Louisans, then it's been in the *Light.*" A community-wide event, the Golden Light Gala, is slated for the evening of October 6 at the Ritz Carlton Hotel. Meyer, the event chair, says that the evening will be filled with fun and exciting samples of the last half-century's news. Contact the *Light* at 314-743-3660 for more information about attending the event.
- **Senior Health & Wellness Fair ~ Free & Open to the Public!** Wednesday, October 1, 10:30 a.m. to 1:00 p.m., Covenant House Apts, Building One, 10 Millstone Campus. Free blood pressure screenings, exercise demonstrations, balance screenings, vision tests and much more. Product promos and giveaways, "Knit Witts" craft sale. Flu & Pneumonia shots available. For more information call Jenny, 314-432-1610.

*Beyond Twelve Gates by Rabbi Ze'ev Smason  
Will Resume in October*

*Rabbi Ze'ev & Chani wish you a Happy and Sweet New Year,  
and that you should be written in the Book of Life.*

*Nusach Hari B'nai Zion Congregation  
108<sup>th</sup> Anniversary Celebration*

Sunday Evening, December 15, 2013  
*At the Crowne Plaza Hotel in Clayton*

***We are proud to present our Honoree for 2013  
Our Own Dr. Ethan Schuman***

***MARK YOUR CALENDAR & SAVE THE DATE!***

*The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday, at 12:00 noon each week. The bulletin is printed first thing every Thursday morning.*

*During the weeks of Sukkos, and Shemini Atzeres/Simchas Torah, the deadline for new information to appear in our Yom Tov/Shabbos Bulletin will be Mondays of those weeks at 12:00 noon. For Sukkos week, the deadline will be Monday, Sept. 16<sup>th</sup>; and for the week of Shemini Atzeres/Simchas Torah, the deadline will be Monday, Sept. 23<sup>rd</sup>.*

*The bulletins during the High Holidays will be printed first thing Tuesday mornings.*