

NHBZ Shabbos Bulletin

August 10, 2013

Welcome to Nusach Hari B'nai Zion

4 Elul 5773

Affiliated with the Union of Orthodox Jewish Congregations of America

Torah Portion: Parshas Shofetim: Deuteronomy 16:18 – 21:9 **Stone Chumash pages 1024-1045**
Haftorah: Isaiah 51:12 – 52:12 **Stone Chumash pages 1199-1200**

Thanks to Alla & Boris Yasinev for sponsoring this Shabbos Bulletin to say "Thank You" to everyone for all your calls, tribute cards, visits and thoughtfulness after the passing of Alla's beloved father Nakhim Shapiro. They want you to know that they appreciate your love and concern during this very difficult time.

Erev Shabbos - Friday, August 9

- **Mincha & Ma'ariv** (7:00 pm)
- **Candle Lighting** (7:45 pm)

Shabbos - Saturday, August 10

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:
 - Pesukei D'Zimra: **Menachem Szus**
 - Shacharis: **Dr. Ethan Schuman**
 - Leyning: **Shmuel Jacobson**
 - Haftorah: **Kenny Bressler**
 - Drasha (Sermon): **Rabbi Ze'ev Smason**
 - Musaf: **Dr. Ethan Schuman**
- **Kiddush** ~ (After Musaf)
- **Mincha, Shalosh Seudos, Ma'ariv** (7:25 pm)
- **Shabbos Concludes** (8:47 pm)



MINYAN! IT'S GOOD FOR US & GOOD FOR YOU!!!

<i>This Week At a Glance</i>	Shabbos August 10	Sun. August 11	Mon. Aug. 12	Tues. Aug. 13	Wed. Aug. 14	Thurs. Aug. 15	Fri. Aug. 16	Shabbos August 17
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	8:30 am
Mincha/ Ma'ariv	7:25 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:15 pm
Events – see times in Event Planner Box	<i>Good Shabbos to Everyone!</i>	BUY SCHOOL SUPPLIES FOR THE KIDS! BRING TO THE OFFICE!	ORDER YOUR ESROG & LULAV SETS!!		*Weekly Lunch & Learn, with Rabbi Smason, 12:15pm	ORDER CASH CARDS!	* Erev Shabbos	Synaplex Shabbat; Lunch celebrating August Birthdays & Anniversaries!!!

NHBZ Event Planner (Check 'Coming Events' for time, date or location changes.)

Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

Weekly at NHBZ

SHABBOS

- Child Care (10:00 am – Noon) kids 3 & under in the Children's Room
- Youth Programming (10:15 am – 11:00 am) children 4-8, in the Youth Lounge.
- Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Chapel
- Shabbos Tanach (Bible) Study Group (45 minutes before Mincha)

SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler of Aish
- Mystical Moments with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15 pm – 1:00 pm) now studying Pirkei Avos

THURSDAY

- Women's Tefila Class (2nd & 4th Thursdays, 7:00 pm) with Rabbi Smason at the home of Norma Rubin

Monthly at NHBZ

- Irvin Alper Social Club (First Sunday) ***** (No Sisterhood or Social Club meetings in September)**
- Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin (**no study groups in August & September**)
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm) (**No Yiddish Club in September**)
- Dine-In Pizza Night (Last Sunday 5:00 pm – 7:00 pm) Carry-Out Pizzas also available. Pick up time 4:30 pm. Place orders: 314-991-2100, ext. 2.
- Sisterhood (Third Tuesday) ***** (No Sisterhood or Social Club meetings in September)**

NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn

COMING EVENTS

- **Synaplex & Lunch** ~ Next Shabbos, August 17 Learners' Service at 10:00 a.m., Synaplex break-out classes at 11:00 a.m.: "Ten Tools to Approach the High Holidays" led by **Rabbi Ze'ev Smason**; "Classical Insights into the High Holidays" led by **Rabbi Eli Shapiro**, of the St. Louis Kollel; "Israel Update: Is a Two State Solution Still Viable?" led by **Jay Umansky**, President-St. Louis Region, American Jewish Congress; Plus *Youth Programming*: For kids 4 and over; and *Tot Shabbat*. Lunch at 12:00 noon, following Synaplex Sessions, in honor of August Birthdays and Wedding Anniversaries.
- **Bi-Monthly Women's Tefila Class**. Led by **Rabbi Ze'ev Smason**, the class meets on the 2nd and 4th **Thursdays** of the month, 7:00 p.m., at the home of Norma Rubin. Next class: Thursday, August 22. The focus of our class is the structure and deeper meaning of the Shabbos morning service and prayers, and how prayer can be used as a basis for our own communication with G-d. All women welcome.
- **Lion's Den Pizza Night** ~ Our regular "Last Sunday" All-You-Can-Eat Pizza Buffet, Sunday, August 25.
- **Challah Baking Class** ~ Learn new recipes and different ways to braid your challah from **Mindy Woolf!!!** Tuesday, August 27th, 7:30 p.m. at NHBZ. \$10.00 per person for the class. Learn customs and rituals of challah making from **Rebbetzin Chani Smason**, plus take your dough home to make 2 challahs! This will be open to the community, so tell your friends. Call to register, 314-991-2100, ext. 5.
- **Erev Rosh Hashana** ~ Wednesday evening, September 4th.

Meetings

- **Sisterhood Luncheon** ~ Tuesday, August 20, 12:00 noon. Delicious lunch: Hamburger on Bun, with all the Trimmings, Potato Salad, Dessert and Beverages. Donation: \$6.50. Fun & Prizes for All. RSVP – Call Rachael Pevnick, 314-395-6017.
- **Executive Committee** ~ TBA
- **Irvin Alper Social Club** ~ Next get-together – Sunday, October 6
- **Sisterhood Luncheon** ~ Next meeting – Tuesday, October 15

Reminders

- **Buy and Use Cash Cards** – call the office ASAP to order your cards and **earn free money** for NHBZ!
- **Schnucks E-Scrip Card** - Use your Schnucks Card *every time you shop!* Make it count!!!
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, extension 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575.
- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** - It is customary to make a donation to the synagogue for an Aliyah or other synagogue honors received.
- **Shalosh Seudos**, The 3rd Meal of Shabbos ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal as you observe the yahrtzeits of your dear family members.
- **Mi Shebarach List** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or English--if Hebrew names are unavailable. Your contributions are greatly appreciated.
- **Memorial Plaques** ~ All memorial plaques from our former location are lovingly mounted in our new building. Remember your loved ones with a plaque; prices range from \$150 to \$275. Call the office for details.
- **Mishna Study** ~ Learning Mishnayos in memory of a loved one or for a Refuah Shelayma for a person who is ill is an age-old Jewish Tradition. The word Mishna (learning) is closely related to the word Neshama (soul), and we believe that learning Mishnayos in someone's name acts as a Spiritual Elevation for that person or that person's soul. Our NHBZ Mishnayos Shiur learns every Sunday following morning minyan, carrying on this tradition by dedicating the Mishnayos to our loved ones. You may dedicate Mishnayos for 1 year: \$250; 6 months: \$150; 3 months: \$96; 1 month, \$50. ***May your loved one be bound up in the bond of eternal life. May HaShem be filled with compassion to restore the health of your loved one.***

The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday, at 12:00 noon each week. The bulletin is printed first thing every Thursday morning.

Simchas, NEWS & FEATURES

- **MAZEL TOV ON SIMCHAS** August 10-16. **Happy Birthday to Leonid Golynskiy, Sidney Kleg, Bobby Levine, David Rubin, Benjamin Sabol, Dena Sudin Schupper and Judy Ziegelman! Happy Anniversary to Bob & Sandie Abrams, Larry & Shirley Hollander and Reuven & Esther Levary!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.

Simchas, NEWS & FEATURES

- **IMPORTANT KASHRUS ALERT** ~~ Due to the recent discovery of increased insect infestation in broccolini, the Vaad Hoer has revised its checking policy. We now recommend that broccolini should be washed very well with either a vegetable wash or with a food grade soap solution and then checked with a chazaka. The procedure is as follows: Place the broccolini in a bowl and add cold water to cover. Add the soap or vegetable wash and thoroughly agitate for 35-45 seconds. Remove the broccolini and check the water for insects. If insects are present, repeat up until 3 times. If insects are still present after 3 times, the broccolini must not be used. If after the first, second or third times no insects are present in the water, take a handful of broccolini, rinse off with cold water and inspect for insects. If no insects are found, then the rest of the broccolini should be washed and then used without further checking.
- **BECOME ENERGIZED!!! Sponsor Your Own Solar Panel!!!** Lock in the 2014 price of just \$216 for a full year. Introductory Offer ~~ For the remainder of 2013, your cost will be prorated to only \$108 through the end of December. Your sponsorship will appear on the lobby monitor with an individual display with your personal or business name. Sponsor a panel for yourself, your friends, your business, or dedicate one in honor of a loved one. If you are interested in sponsoring a solar panel, please call 314-991-2100, ext. 2 and we will send you the form to complete with your wording! **Thanks to Jeff & Terri Schnitzer for becoming our very first Solar Panel Sponsors!!!**
- **Mashgiach/Kitchen-Helper Classes** ~ Rabbi Smason will be offering classes for those interested in being a mashgiach and for kitchen helpers in the NHBZ kitchens, and for NHBZ food events. The next classes, dates to be announced, will be on inspecting and washing fresh fruits and vegetables
- **WHAT??!!! Lulav and Esrog orders, already?!!** Yes, it's true! Just 4 weeks until the ordering deadline. **So, it's time to give this some serious thought and MAKE THE CALL.** Prices are the same as last year: \$45, \$55, \$65, and \$80. Our Lulavim and Esrogim will be delivered to our shul the day after Yom Kippur (September 15), tied in their holders. If anyone's Arovos (Willows) go bad, we will be provided with replacements on the Sunday of Chol Hamoed Sukkos (Sept. 22), free of charge. Please mark your calendars for Monday, September 2nd -- the deadline to place your orders; call the office, 314-991-2100, ext. 2. **Our first orders are in from Lenny Alper, Ron Makovsky, Irwin Rosen and Mayer Taller!!!**
- **Special Gifts Campaign ~ It's Never Too Late to HELP YOUR SHUL!!!** Your Special Gifts support the many programs you have come to expect and enjoy, including learning, children's programming, and so much more. You have the choice of donating your pledge in full or installments, whichever is most comfortable for you. Thanks to all of you who have sent or pledged your Special Gifts! ***If you haven't made a pledge yet, it's never too late! Your shul needs your help. Please give generously!!!***
- **Tomchei Shabbos!!** Families need extra assistance with non-perishable food. Please pick up a bag available at NHBZ in the office, and fill it with your choices of non-perishable food items. Money donations are always welcome! **AND, Please Save This Date ---** Our annual event will be held **Sunday, Oct. 13th!!** New project kickoff will be announced! Details will follow! For more details, or to arrange a pick up at your home, please call **Sally Needle** at 991-2575.
- **Looking for a Home!!!** A family, with three children, is moving from Israel to St. Louis in October and are looking to rent within walking distance of a shul. If anyone knows of a rental for a family of 5 in Olivette or U. City, please contact Mindy Woolf via email: mwoolf2002@gmail.com.

*Beyond Twelve Gates by Rabbi Ze'ev Smason
Parshas Shoftim August 10, 2013*

Welcome to Beyond Twelve Gates

We've all lost our keys at some point, but one man found his along with an extraordinary hidden treasure. When Welsh farmer Ifor Edwards dropped his keys on a tract of land he owns he was determined to find them, so he called in enthusiasts from Wrexham Heritage Society. But as well as finding his keys – which had gone through a lawn mower – the team armed with metal detectors also found 14 medieval coins dated from the 14th and 15th centuries. An expert who examined the findings described the coins, which are composed of 90 percent silver and likely from the days of Edward III, Henry V and Henry VI, as a “treasure.”

Mr. Edwards said, “It is a once in a lifetime thing. It is such a shock, you just can't quite believe it. You realize those coins were there before they ever found America or anything. You just can't believe you're holding something that is 600 and something years old. We only bought the land three years ago and nothing like this has ever been found before.” Certified coin appraiser Beth Weingast said, “It's extraordinarily rare to find a coin like this—you have better odds of being hit by lightning than finding this particular coin.” A local museum has expressed interest in acquiring the coins, with Mr. Edwards and Mr. Massey splitting the proceeds. Surprisingly, it's not the first time rare treasures have been found in the area. In 2011 a local man found a gold ring (known as a mourning) in a pasture, imprinted with the words, “tho ded I bee remember mee” and experts confirmed it was a popular accessory during the reign of Charles II during the late 17th century. And in 2010, an area man found a silver buckle that was 99.7 percent silver and believed to be from the 13th century.

Although the Torah can be read by the simplest individual, one must delve beneath its surface meaning if one is to discover its true treasures. What will one discover if one 'digs' more deeply into the Torah? Guidelines to living a meaningful, purposeful life. A popular misconception is that the word 'Torah' means 'the law.' In fact, 'Torah' means 'instructions.' Instructions for what? Instructions for living, as King Solomon said, “If you seek it (Torah) like silver, and search for it as for hidden treasures; then you shall understand awe and reverence of the Lord, and find the knowledge of G-d.” (Proverbs 2:4-5)

Parshas Shoftim Deuteronomy 16:18 - 21:9

Moses proceeds to review the regulations necessary for a civilized society. Local judges and officers were to be appointed in every city, and justice was to be administered righteously and impartially. A bribe of even an insignificant sum is forbidden. The Sanhedrin -- the Jewish High Court of seventy one judges -- is to make Torah-based binding decisions on new situations to prevent the fragmentation of the Jewish people.

When the Jewish people request a king, the king was not to misuse his power to amass many horses, maintain a harem nor accumulate great wealth. To order his priorities and not become haughty he should write a copy of the Torah and carry it with him. When the Jewish people had righteous kings such as David and Solomon, it was a blessing. When we had wicked kings such as Jereboam and Ahav, it was a curse.

The nation's conduct in war is mentioned. The Jewish people are told not to be afraid of the enemy, not to destroy any fruit trees in battle, and that they should first give the enemy a chance to make peace. The portion also forbids all forms of superstition and 'magic' practiced by the soothsayer. We have no need for such tricks because of our true prophets and faith in G-d. The Jewish people are promised by G-d that He will send prophets to guide them, and Moses explains how a genuine prophet may be distinguished from a false one.

Rabbinic Ruminations

You've probably read an advertisement inviting you to buy an overpriced suit or shirt that said “It's true, clothes do make the man.” Do clothes make the man (or woman)? On the one hand, we'd like to think that people aren't affected by something as superficial as clothing. On the other hand, it's well-established that what we wear affects how others perceive us. Women who wear more masculine clothes to an interview (such as a dress suit) are more likely to be hired. People dressed conservatively are perceived as self-controlled and reliable, while

those wearing more daring clothing are viewed as more attractive and individualistic. But in addition to influencing how others perceive you, could your choice in clothes actually change your perception and thoughts?

To examine this question, two professors at Northwestern University had two sets of people wear the same white coat. One group was told the coat belonged to a doctor and the other group was told the coat belonged to a painter. The group wearing the "lab coat" showed a sharp increase in their ability to pay attention, while the group wearing the "painter's coat" showed no improvement whatsoever. Doctors are attentive, focused people; thus, through a process referred to as "enclothed cognition", when someone in the study put on a doctor's lab coat he or she unwittingly adopted those qualities as well. This study, published by the Journal of Experimental Psychology, revealed that in terms of how clothing affects our feelings, it's less about the actual clothes we wear and more about what we associate with them. The symbolic value and emotional attachments we have toward clothing give it their meaning -- and affect how the clothing we wear makes us think, feel and respond.

The billions of dollars spent by the fashion industry, not to mention the celebrity status of fashion mavens, testify to the importance attached to proper dress by the modern man and woman. But it may come as a surprise that Judaism also stresses the importance of clothing, well beyond aspects of modesty. Jewish law emphasizes the importance of wearing clean, even fashionable clothing, and warns against wearing dirty or unkempt clothing. Clothes represent the outermost dimension of our being. They are the means by which we present ourselves to the world -- and are inextricably linked to who we are and how we understand ourselves.

Quote of the Week

The man who does not read has no advantage over the man who cannot read. -- *Mark Twain*

Joke of the Week

At the turn of the previous century, a new immigrant to America from Eastern Europe took his pregnant wife to the hospital, but during the delivery of twins, he fainted. The father's brother had to be brought into the room to name them.

"My brother named the kids?" the father asked. "My brother barely speaks English. What did he name the girl?"

"He named her Denise" said the doctor.

"Denise? Well, that's not such a bad name" said the father. "I kind of like it. And what did he name the boy."

The doctor said, " He named your son -- Da nephew."

Thanks for Donating School Supplies

Fabian & Francine Attoun

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Janet Goldenberg

Harold & Fran Hoffman

Bob, Joni, Hannah & Rebecca Kaiser

Sarah Klein

Morris & Estelle Kram

Menachem & Linda Szus

Mayer Taller

Victor & Anna Rose Tandler

YOUR NAME WOULD LOOK GREAT HERE!!!

Please call the office if your name was inadvertently omitted!!!