

NHBZ Shabbos Bulletin

August 3, 2013

Welcome to Nusach Hari B'nai Zion

27 Av 5773

Affiliated with the Union of Orthodox Jewish Congregations of America

Torah Portion: Parshas Re'eh: Deuteronomy 11:26 – 16:17 **Stone Chumash pages 998-1023**
Haftorah: Isaiah 54:11 – 55:5 **Stone Chumash page 999**

*Thanks to Rachael Pevnick for the generous contribution she made to sponsor this Shabbos Bulletin . . .
 "I want everyone to know how grateful I am for all your calls, tribute cards, visits and thoughtfulness. I thank each and every one of you for the love and concern you have shown to me and my family during this very difficult time. We will miss Teddy very much. He loved you and he loved Nusach Hari B'nai Zion."*

The Pevnick Family

Erev Shabbos - Friday, August 2

- **Mincha & Ma'ariv** (7:00 pm)
- **Candle Lighting** (7:53 pm)

Shabbos - Saturday, August 3

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Menachem Szus**
 - Leyning: **Dovid Anton**
 - Haftorah: **Lenny Alper**
 - Drasha (Sermon): **Rabbi Ze'ev Smason**
 - Musaf: **Menachem Szus**
- **Kiddush** ~ (After Musaf)
- **Mincha, Shalosh Seudos, Ma'ariv** (7:30 pm)
- **Shabbos Concludes** (8:55 pm)



MINYAN! IT'S GOOD FOR US & GOOD FOR YOU!!!

<i>This Week At a Glance</i>	Shabbos August 3	Sun. August 4	Mon. August 5	Tues. August 6	Wed. August 7	Thurs. August 8	Fri. August 9	Shabbos August 10
Shachris	9:00 am	8:00 am	7:00 am	6:45 am	6:45 am	7:00 am	7:00 am	9:00 am
Mincha/ Ma'ariv	7:30 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:25 pm
Events – see times in Event Planner Box	Good Shabbos to Everyone!	Irvin Alper Social Club Tomorrow Evening, Aug. 4	ORDER YOUR ESROG & LULAV SETS!!	Rosh Chodesh Elul	*Rosh Chodesh Elul. *Weekly Lunch & Learn, with Rabbi Smason, 12:15pm	ORDER CASH CARDS!	* Erev Shabbos	Mark your calendar ~ Synaplex Shabbat on August 17; Lunch celebrating August Birthdays & Anniversaries

NHBZ Event Planner (Check 'Coming Events' for time, date or location changes.)

Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

Weekly at NHBZ

SHABBOS

- Child Care (10:00 am – Noon) kids 3 & under in the Children's Room
- Youth Programming (10:15 am – 11:00 am) children 4-8, in the Youth Lounge.
- Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Chapel
- Shabbos Tanach (Bible) Study Group (45 minutes before Mincha)

SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler of Aish
- Mystical Moments with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15 pm – 1:00 pm) now studying Pirkei Avos

THURSDAY

- Women's Tefila Class (2nd & 4th Thursdays, 7:00 pm) with Rabbi Smason at the home of Norma Rubin (**this class, Aug. 8, at NHBZ**)

Monthly at NHBZ

- Irvin Alper Social Club (First Sunday)
- Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin (**no study groups in August & September**)
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm)
- Dine-In Pizza Night (Last Sunday 5:00 pm – 7:00 pm) Carry-Out Pizzas also available. Pick up time 4:30 pm. Place orders: 314-991-2100, ext. 2.
- Sisterhood (Third Tuesday)

NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn
- I-Chat

COMING EVENTS.

- **Rosh Chodesh Elul** ~ Tuesday & Wednesday, August 6 & 7
- **Bi-Monthly Women's Tefila Class.** Led by **Rabbi Ze'ev Smason**, the class meets on the 2nd and 4th **Thursdays** of the month, 7:00 p.m., **this week at NHBZ.** Next class: This Thursday, August 8. The focus of our class is the structure and deeper meaning of the Shabbos morning service and prayers, and how prayer can be used as a basis for our own communication with G-d. All women welcome.
- **Synaplex & Lunch** ~ Shabbos, August 17 Learners' Service at 10:00 a.m., Synaplex break-out classes at 11:00 a.m.: "*Ten Tools to Approach the High Holidays*" led by **Rabbi Ze'ev Smason**; "*Classical Insights into the High Holidays*" led by **Rabbi Eli Shapiro**, of the St. Louis Kollel; "*Israel Update: Is a Two State Solution Still Viable?*" led by **Jay Umansky**, President-St. Louis Region, American Jewish Congress; Plus *Youth Programming*: For kids 4 and over; and *Tot Shabbat*. Lunch at 12:00 noon, following Synaplex Sessions, in honor of August Birthdays and Wedding Anniversaries
- **Lion's Den Pizza Night** ~ Our regular "Last Sunday" All-You-Can-Eat Pizza Buffet, Sunday, August 25.
- **Challah Baking Class** ~ Learn new recipes and different ways to braid your challah from **Mindy Woolf!!!** Tuesday, August 27th, 7:30 p.m. at NHBZ. \$10.00 per person for the class. Learn customs and rituals of challah making from **Rebbetzin Chani Smason**, plus take your dough home to make 2 challahs! This will be open to the community, so tell your friends. Call to register, 314-991-2100, ext. 5.
- **Erev Rosh Hashana** ~ Wednesday evening, September 4th.

Meetings

- **The Irvin Alper Social Club Get Together ~ Tomorrow - Sunday, August 4.** Dinner at 5:00 pm., and a Very Special program presented by **Dr. Eliot Katz**, one of our new members along with his wife **Sally** (Mark Ragin's sister!!!). Eliot's long-time hobby is collecting old Victrolas and recordings! He will bring some of his Victrolas, complete with "dog & horn," and records by such noted entertainers as Al Jolson and Fannie Brice, both Jewish artists who made it to the top of their field. Sounds like a great time while taking a stroll down memory lane!!!
- **Board of Directors** ~ Tuesday, August 6. (First Tuesday)
- **Sisterhood Luncheon** ~ Tuesday, August 20.
- **Executive Committee** ~ August meeting TBA..

Reminders

- **Buy and Use Cash Cards** – call the office ASAP to order your cards and **earn free money** for NHBZ!
- **Schnucks E-Scrip Card** - Use your Schnucks Card *every time you shop!* Make it count!!!
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, extension 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575.
- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** - It is customary to make a donation to the synagogue for an Aliyah or other synagogue honors received.
- **Shalosh Seudos**, The 3rd Meal of Shabbos ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal as you observe the yahrtzeits of your dear family members.
- **Mi Shebarach List** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or English--if Hebrew names are unavailable. Your contributions are greatly appreciated.
- **Memorial Plaques** ~ All memorial plaques from our former location are lovingly mounted in our new building. Remember your loved ones with a plaque; prices range from \$150 to \$275. Call the office for details.
- **Mishna Study** ~ Learning Mishnayos in memory of a loved one or for a Refuah Shelayma for a person who is ill is an age-old Jewish Tradition. The word Mishna (learning) is closely related to the word Neshama (soul), and we believe that learning Mishnayos in someone's name acts as a Spiritual Elevation for that person or that person's soul. Our NHBZ Mishnayos Shiur learns every Sunday following morning minyan, carrying on this tradition by dedicating the Mishnayos to our loved ones. You may dedicate Mishnayos for 1 year: \$250; 6 months: \$150; 3 months: \$96; 1 month, \$50. ***May your loved one be bound up in the bond of eternal life. May HaShem be filled with compassion to restore the health of your loved one.***

Simchas, NEWS & FEATURES

- **MAZEL TOV ON SIMCHAS** August 3-9. **Happy Birthday to Julie Eisenberg, Sally Needle and Ed Ziegelman!** **Happy Anniversary to Jeff & Terri Schnitzer!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.
- **BECOME ENERGIZED!!! Sponsor Your Own Solar Panel!!!** Lock in the 2014 price of just \$216 for a full year. Introductory Offer ~~ For the remainder of 2013, your cost will be pro-rated to only \$108 through

the end of December. Your sponsorship will appear on the lobby monitor with an individual display with your personal or business name. Sponsor a panel for yourself, your friends, your business, or dedicate one in honor of a loved one. If you are interested in sponsoring a solar panel, please call 314-991-2100, ext. 2 and we will send you the form to complete with your wording! **Thanks to Jeff & Terri Schnitzer for becoming our very first Solar Panel Sponsors!!!**

- **Mashgiach/Kitchen-Helper Classes ~ Rabbi Smason** will be offering classes for those interested in being a mashgiach and for kitchen helpers in the NHBZ kitchens, and for NHBZ food events. The next classes, dates to be announced, will be on inspecting and washing fresh fruits and vegetables
- **WHAT??!!! Lulav and Esrog orders, already?!!** Yes, it's true! Just 4 weeks until the ordering deadline. **So, it's time to give this some serious thought and MAKE THE CALL.** Prices are the same as last year: \$45, \$55, \$65, and \$80. Our Lulavim and Esrogim will be delivered to our shul the day after Yom Kippur (September 15), tied in their holders. If anyone's Arovos (Willows) go bad, we will be provided with replacements on the Sunday of Chol Hamoed Sukkos (Sept. 22), free of charge. Please mark your calendars for Monday, September 2nd -- the deadline to place your orders; call the office, 314-991-2100, ext. 2. **Our first orders are in from Irwin Rosen and Mayer Taller!!!**
- **Special Gifts Campaign ~ It's Never Too Late to HELP YOUR SHUL!!!** Your Special Gifts support the many programs you have come to expect and enjoy, including learning, children's programming, and so much more. You have the choice of donating your pledge in full or installments, whichever is most comfortable for you. Thanks to all of you who have sent or pledged your Special Gifts! ***If you haven't made a pledge yet, it's never too late! Your shul needs your help. Please give generously!!!***
- **Tomchei Shabbos!!** Families need extra assistance with non-perishable food. Please pick up a bag available at NHBZ in the office, and fill it with your choices of non-perishable food items. Money donations are always welcome! **AND, Please Save This Date ---** Our annual event will be held **Sunday, Oct. 13th!!** New project kickoff will be announced! Details will follow! For more details, or to arrange a pick up at your home, please call **Sally Needle** at 991-2575.
- **JSU News (Jewish Student Union) ~** JSU is only \$2001 dollars away from earning the Staenberg Challenge Grant of \$60,000. (\$30,000 will go to the Meira Bresler Riemer Scholarship Fund and \$30,000 towards JSU programming and scholarships). We are looking for that special person or persons who will put us over the top and get the s'char as the one who completes the mitzvah. A special kiddush will be made in the said donor(s) honor. To help JSU achieve this milestone, please contact Harvey Iken 314-368-9464 or Rabbi Mike 314-498-6279.
- **Looking for a Home!!!** A family, with three children, is moving from Israel to St. Louis in October and are looking to rent within walking distance of a shul. If anyone knows of a rental for a family of 5 in Olivette or U. City, please contact Mindy Woolf via email: mwoolf2002@gmail.com.

Beyond Twelve Gates by Rabbi Ze'ev Smason
Parshas Re'eh August 3, 2013

Welcome to Beyond Twelve Gates

Husband and wife of 75 years Helen and Les Brown of Long Beach, California, died within one day of each other earlier this month. They were both 94, and had been suffering from different illnesses. The synchronicity of their deaths was nothing new: The two former high school sweethearts shared the same birthday of Dec. 31, 1918. Their son, Les Jr., said, "They really enjoyed each other's company. They were really inseparable and were never apart." In high school neither of their families anticipated the relationship would last, much less turn into a three-quarters-of-a-century marriage, because of their different socioeconomic backgrounds. Les's father was a successful businessman; Helen's father worked on the railroad.

Zach Henderson, owner of the Ma N' Pa Grocery in Long Beach, Calif., said he saw the couple almost daily and called their relationship "a wonderful blessing." "About a year ago, [Helen] had her hand on his face and they were cheek to cheek," Henderson said. "She said, 'Isn't he the most handsome man you've ever seen?' That's exactly how they were. They were full of love and passion." Henderson said that even though the couple were in their 90s they remained active in their community and insisted a local band set up in their driveway during a residential block party. Son Les Jr. said, "[Love] knows no barriers and seems to know no bounds. They were from different sides of the tracks and it didn't seem to matter to them. After 78 years, they were very much in love."

Most of us will end up getting married at some point in our lives. What is the role of love in a marriage? The Torah says that Isaac took Rebecca into his tent and then he loved her. (Genesis 24:67) Note the order: first came marriage, then love. Just as married couples begin to physically resemble each other, love grows continuously as understanding and appreciation of one's spouse increases. Robert Browning wrote, "Grow old along with me! The best is yet to be." Over the course of time, true love will grow like a carefully tended garden.

Parshas Re'eh Deuteronomy 11:26 - 16:17

Moses informs the Jewish people that we each face a choice; choose to observe G-d's directions for living (i.e. the Torah) and receive blessings, or choose to ignore G-d and experience estrangement and its consequences. Moses then turns to describing a number of religious, civil and social laws relevant once the Jewish people enter the Promised Land. Included in this listing are:

- Don't imitate the ways of the nations surrounding you
- A false prophet who attempts to entice you to idolatry should be put to death
- Since the Torah is complete and perfect, nothing may be added to or subtracted from it
- Self-infliction of wounds on the body as a sign of mourning is prohibited
- As a holy people, refrain from eating 'non-kosher' food
- Be particularly warm-hearted and charitable. Many laws and guidelines concerning tzedakah (righteous giving) are found in this week's portion
- The three pilgrimage festivals (Passover, Shavous and Sukkos) are opportunities to ascend (make aliyah) to Jerusalem and the Temple to celebrate our blessings

Rabbinic Ruminations

Does practice make perfect -- or least, guarantee a first-place finish? Cyclist Michael Shermer wrote that midway through the 1985 Race Across America, the 3,000-mile nonstop transcontinental bicycle race in which he rode as a competitor, Diana Nyad of ABC's "Wide World of Sports" inquired what he might have done better in training in order to be able to catch the lead rider in front of him. "I should have picked better parents," Shermer answered, explaining that we all have certain genetic limitations that can't be overcome through training.

In "The Sports Gene," a book on the relative roles of genes and environment, author David Epstein writes that science shows that by nature humans vary considerably in both physical and mental abilities, and a good portion of that variation is due to our genes. In the early 20th century, psychologist Edward Thorndike discovered that, while practice makes a difference, some people benefit from practice more than others. In the Heritage Family Study, first funded in 1992, results from a stationary bicycle-training study showed that about half of each person's ability to improve their aerobic capacity with training was determined exclusively by their parents. David Epstein explained that the amount that any person improved in the study had nothing to do with how aerobically fit he or she was relative to others to begin with. Rather, it had to do with genetic inheritance.

The danger exists, however, in using genetic inheritance as an excuse for poor performance. A highly significant quality for outstanding accomplishment is practice and perseverance. Proverbs (12:24) says, "Work hard and become a leader; be lazy and never succeed." Perseverance overcomes almost everything, even nature itself. The ability to stay on course without distraction or diversion enables individuals of moderate capabilities to attain achievements that elude those with greater potential. Trying and practicing may not make you better than the next person, but it will make you the best you can be. What each of us does with G-d's gifts is what counts.

Quote of the Week

All good is hard. All evil is easy. Dying, losing, cheating, and mediocrity are easy. Stay away from easy.

-- *Scott Alexander*

Joke of the Week

A large, well established, lumber camp advertised that they were looking for a good Lumberjack. The next day, a skinny little man showed up at the camp with his axe, and knocked on the head lumberjacks' door. The head lumberjack took one look at the little man and told him to leave.

"Just give me a chance to show you what I can do," said the skinny man.

"Okay, see that giant tree over there?" said the lumberjack. "Take your axe and go cut it down."

The skinny man headed for the tree, and in five minutes he was back knocking on the lumberjack's door.

"I cut the tree down," said the man.

The lumberjack couldn't believe his eyes and said, "Where did you get the skill to chop down trees like that?"

"In the Sahara Forest," replied the puny man.

"You mean the Sahara Desert," said the lumberjack.

The little man laughed and answered back, "Oh sure, that's what they call it now!"

The Irvin Alper Social Club ~ Sunday, August 4



Dinner at 5:00 pm. and a Very Special Program
Presented by **Dr. Eliot Katz**, one of our new members
(along with his wife **Sally** who is Mark Ragin's sister!!!).

Eliot's long-time hobby is collecting old Victrolas and recordings! He will bring some of his Victrolas, complete with "dog & horn," and records by such noted entertainers as Al Jolson and Fannie Brice, both Jewish artists who made it to the top of their field.

Sounds like a great time while taking a stroll down memory lane!!!

The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday, at 12:00 noon each week. The bulletin is printed first thing every Thursday morning.