

NHBZ Shabbos Bulletin

June 15, 2013

Welcome to Nusach Hari B'nai Zion

7 Tammuz 5773

Affiliated with the Union of Orthodox Jewish Congregations of America

Torah Portion – Parshas Chukas:
Haftorah:

Numbers 19:1 – 22:1
Judges 11:1-33

Stone Chumash pages 838-855
Stone Chumash pages 1187-1189

THANKS TO SPONSORS OF OUR SHABBOS BULLETIN THIS WEEK:

From Don & Julie Eisenberg ~

“We want to thank all our wonderful friends for all the tributes you made in honor of our new grandson Ascher, the upcoming marriage of our daughter Carly to Jordan Black, and our new home in Olivette.”

Dr. Susan Scribner in memory of her beloved father, Murray Solomon, ר"צ

Bob Kaiser ~ “In appreciation and gratitude for the support that so many NHBZ members gave to the St. Louis Kollel’s Jewish Unity Live event, and that they continue to give to the St. Louis Kollel. Thank you all for supporting me, the shul, and the Kollel.”

Erev Shabbos - Friday, June 14

- **Mincha & Ma'ariv** (7:00 pm)
- **Candle Lighting** (8:08 pm)

Shabbos - Saturday, June 15

- **Shachris & Musaf** (8:30 am) - Thank you for leading services:
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Dr. Ethan Schuman**
 - Leyning: **Aryeh Needle**
 - Haftorah: **Moshe Pinto**
 - Drasha (Sermon): **No Drasha Today**
 - Musaf: **Dr. Ethan Schuman**
- **Synaplex** (After Musaf) Learners' Service at 10:00 a.m., Synaplex break-out classes at 11:00 a.m.:
“Lessons Learned from 30 Years in Outreach” led by **Rabbi Ze'ev Smason**; “Why Outreach: Mitzvah or Marketing?” led by **Rabbi Shmuel Greenwald**, of Aish St. Louis; “Closing the Religion Gap: Reaching Out to Your Own Family.” led by **Dr. J. Martin Rochester**, Curators' Distinguished Teaching Professor of Political Science, University of Missouri-St. Louis; Plus *Youth Programming*: For kids 4 and over; and *Tot Shabbat*. Lunch at 12:00 noon, following Synaplex Sessions, in honor of June Birthdays and Wedding Anniversaries. Thanks to **“POP”-Stars Dr. Craig & Jackie Berkin** for sponsoring the soda today in honor of the 60th Wedding Anniversary of **Sid & Phyllis Silverman**. *Happy Anniversary Sid & Phyllis!!!*
- **Bon Appetit** ~ We place a plate of rolls on each table at every Shabbos Luncheon: **1.)** To enable each person to make or hear *Ha'Motzei* (the blessing on bread) over *Lechem Mishne* (two rolls or loaves of bread), **and 2.)** To enable each person to eat the minimum amount required when *Ha'Motzei* is made or heard; namely, one roll. **Please be seated while Rabbi Smason says Kiddush and makes HaMotzi. -- B'tayavon (Bon Appetit)!**
- **Shalosh Seudos** ~ is being sponsored this evening by **Esther Levine** in memory of her beloved husband Ben Mayer, ר"צ
- **Mincha, Shalosh Seudos, Ma'ariv** (7:50 pm)
- **Shabbos Concludes** (9:12 pm)



Nusach Hari B'nai Zion
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Ze'ev Smason, Rabbi
Aaron Borow, Rabbi Emeritus
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MINYAN! IT'S GOOD FOR US & GOOD FOR YOU!!!

This Week At a Glance	Shabbos June 15	Sun. June 16	Mon. June 17	Tues. June 18	Wed. June 19	Thurs. June 20	Fri. June 21	Shabbos June 22
Shachris	8:30 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:50 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:55 pm
Events – see times in Event Planner Box	<p>*Services: 8:30 a.m.</p> <p>*Learners' Services: 10:00 a.m.</p> <p>*Synaplex Classes: 11:00 a.m.</p> <p>*Lunch: 12:00 noon</p>	<p>HAPPY FATHER'S DAY TO ALL THE DADS, GRAND-DADS & GREAT GRAND-FATHERS!!</p>	<p>Haven't made your Special Gift yet? Do it today & join us on Sunday for the Special Dinner!!!</p>	<p>Exec. Comm. Meeting, 7:30 pm after Minyan</p>	<p>Rabbi Smason: Weekly Lunch & Learn, 12:15pm</p>	<p>BUY CASH CARDS!</p>	<p>Erev Shabbos</p>	<p>Next Week: Dedication Shabbos, June 29; Lunch sponsored by Fabian & Francine Attoun and David & Keri Simon</p>

NHBZ Event Planner (Check 'Coming Events' for time, date or location changes.)
Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

<p><u>Weekly at NHBZ</u></p> <p style="text-align: center;"><u>SHABBOS</u></p> <ul style="list-style-type: none"> - Child Care (10:00 am – Noon) kids 3 & under in the Children's Room - Youth Programming (10:15 am – 11:00 am) children 4-8, in the Youth Lounge. - Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Chapel - Shabbos Tanach (Bible) Study Group (45 minutes before Mincha) <p style="text-align: center;"><u>SUNDAY</u></p> <ul style="list-style-type: none"> - Mishna Learning (after Shachris) with Rabbi Chanan Swidler of Aish - RAP with the RABBI Teen Group (10:15 am) with Rabbi Smason @Starbucks Olive & Price - Mystical Moments with Rabbi Max Weiman (between Mincha & Maariv.) - Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel <p style="text-align: center;"><u>MONDAY</u></p> <ul style="list-style-type: none"> - Women's Tefila Class (2nd & 4th Mondays, 7:00 pm) with Rabbi Smason at the home of Norma Rubin 	<p style="text-align: center;"><u>WEDNESDAY</u></p> <ul style="list-style-type: none"> - Rabbi Smason's Lunch & Learn (12:15 pm – 1:00 pm) now studying Pirkei Avos <p style="text-align: center;"><u>Monthly at NHBZ</u></p> <ul style="list-style-type: none"> - Irvin Alper Social Club (First Sunday) - Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin - Shabbos Parsha Class (4th Tuesday, 12:30-1:30 pm) with Rabbi Smason, for men & women, at the offices of David Rubin - Morris Lenga Yiddish Club (First Thursday, 7:30 pm) - Dine-In Pizza Night (Last Sunday 5:00 pm – 7:00 pm) Carry-Out Pizzas also available. Pick up time 4:30 pm. Place orders: 314-991-2100, ext. 2. - Sisterhood (Third Tuesday) <p style="text-align: center;"><u>NHBZ Signature Events</u></p> <ul style="list-style-type: none"> - Synaplex Shabbos - Shabbos Lunch & Learn - I-Chat
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COMING EVENTS

- **Special Gifts Appreciation Dinner ~ Sunday, June 23.** For all donors contributing a Special Gift of \$250 and more! Please make your pledge by June 17 to be honored on this very special evening! Our 2013 Special Gifts Campaign has been in full swing for several weeks! A "Special Gift" is a contribution apart from Membership Dues, Yahrzeits, Aliyos, Mi Shebarachs, or other "regular" categories. Your Special Gifts support our many programs you have come to expect and enjoy, including learning, children's programming, and so much more. You have the choice of donating your pledge all at once or in installments, whatever is most comfortable for you. Everyone who gives a Special Gift of \$250 or more will be invited to our "Special Gifts Appreciation Event" on June 23rd. Thanks to so many of you who have already sent or pledged your generous Special Gifts! If you haven't made a pledge yet, you still have time to be invited to the party on June 23rd. If you aren't available on June 23rd make a pledge anyway! Your shul needs your help.
- **Bi-Monthly Women's Tefila Class.** Led by **Rabbi Ze'ev Smason**, the class will meet on the 2nd and 4th Mondays of the month, 7:00 p.m., at the home of **Norma Rubin**. Next class: Monday, June 24. The focus of our class is the structure and deeper meaning of the Shabbos morning service and prayers, and how prayer can be used as a basis for our own communication with G-d. All women welcome!
- **Fast of Tammuz ~ June 25.** The Three Weeks begin.
- **Please join us for a class series with Rabbi Smason**, for men & women, at The Law Offices of **David A. Rubin, L.L.C.** – NEAR THE "J" – 10880 Baur Blvd., 63132. Now meeting on the 4th Tuesday of the month, 12:30 to 1:30 p.m. Next class: Tuesday, June 25: Balak: Bilaam; a Non-Jewish Prophet?
- **Dedication Shabbos & Lunch ~ Shabbos, June 29.** Please join us as we dedicate the Commemorative Plaques that honor and memorialize the Loved Ones of Donors to our Capital Campaign. These donors made significant contributions to formally name various rooms, areas and objects in our beautiful new building. You can still honor your loved ones ~ many dedication opportunities are waiting for you. Thanks to **Fabian & Francine Attoun** and **David & Keri Simon** for enhancing the lunch menu!
- **All You Can Eat Pizza Buffet and Carry Out Night ~ Sunday, June 30, 5:00-7:00 pm.**
- **Legacy Shabbos ~ July 6.** Honoring those who have made arrangements to give to the Legacy Program of the St. Louis Jewish Federation, which will benefit our Shul. The theme of our Legacy Program is **לבנות** - *Livnot* (to build) – in essence, building toward our future. Come and honor the Legacy participants, their vision and commitment. Thanks to **Lenny Alper** for sponsoring the Shabbos Luncheon in honor of the birthdays of his wife **Fran** (July 4), and daughters **Joanna** (July 2) and **Caryn** (July 7).
- **Rosh Chodesh Av ~ July 8.** Nine Days begin.
- **Ari Weekend ~ July 12 & 13.** Celebrating the life of Ashkenazi Rabbi Isaac Luria, the ARI. Friday night, July 12 & Shabbos, July 13. Lunch & Learn in honor of July birthdays and wedding anniversaries.
- **Erev Tisha B'Av – Monday, July 15; Tisha B'Av – Tuesday, July 16.** The Holocaust Museum and Learning Center will screen a special film, on Tuesday, July 16, 2:00 p.m. in the HMLC theatre, Jewish Federation Kopolow Building. "*Nicholas Winton, The Power of Good,*" a documentary in English, tells the inspiring story of how one person's actions can make a difference. In 1938, while on a pleasure trip to Prague, 28 year old Nicholas Winton saw Czech refugee children. Realizing they were in peril, he organized a rescue operation that saved over 650 children, before the outbreak of WWII. At his own wish, his heroism went unrecognized for over 50 years. In 2003, Mr. Winton was knighted by Queen Elizabeth II and in 2008 he was "commended by the U.S. House of Representatives. **Rabbi Ze'ev Smason**, of Nusach Hari B'nai Zion Congregation will lead a discussion following the screening. This program is free of charge and open to the public. For information please call 442-3714 or email dreich@jfedstl.org.
- **Kiddush & Lunch ~ July 20.** Sponsored by **Kurt Kahn** in honor of the birthday of his wife **Sandy Kahn**, and by **Frances Feder** in honor of the 90th birthday of her aunt **Esther Levine**.

Meetings

- **Executive Committee Meeting ~ This Tuesday, June 18, 7:30 p.m.** Beginning with this meeting, the meetings of our Board of Directors and Executive Committee will take place on the 1st and 3rd Tuesdays of the

month. All Board & Exec members – please mark your calendars. The new schedule will allow us to avoid conflicts with meetings of the City of Olivette that occur on the 2nd and 4th Tuesday each month.

- **Board of Directors Meeting** ~ Tuesday, July 2.
- **Sisterhood Luncheon** ~ Tuesday, July 23 (the 4th Tuesday of the month. The 3rd Tuesday is Tisha B'Av.

Reminders

- **Buy and Use Cash Cards** – call the office ASAP to order your cards and **earn free money** for NHBZ!
- **Schnucks E-Scrip Card** - Use your Schnucks Card *every time you shop*, and make it count!!!
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, extension 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575.
- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** - It is customary to make a donation to the synagogue for an Aliyah or other synagogue honors received.
- **Shalosh Seudos**, The 3rd Meal of Shabbos ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal as you observe the yahrtzeits of your dear family members.
- **Mi Shebarach List** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or English--if Hebrew names are unavailable. Your contributions are greatly appreciated.
- **Memorial Plaques** ~ All memorial plaques from our former location are lovingly mounted in our new building. Remember your loved ones with a plaque; prices range from \$150 to \$275. Call the office for details.
- **Mishna Study** ~ Learning Mishnayos in memory of a loved one or for a Refuah Shelayma for a person who is ill is an age-old Jewish Tradition. The word Mishna (learning) is closely related to the word Neshama (soul), and we believe that learning Mishnayos in someone's name acts as a Spiritual Elevation for that person or that person's soul. Our NHBZ Mishnayos Shiur learns every Sunday following morning minyan, carrying on this tradition by dedicating the Mishnayos to our loved ones. You may dedicate Mishnayos for 1 year: \$250; 6 months: \$150; 3 months: \$96; 1 month, \$50. *May your loved one be bound up in the bond of eternal life. May HaShem be filled with compassion to restore the health of your loved one.*

Simchas, NEWS & FEATURES

- **MAZEL TOV ON SIMCHAS** June 15-21. **Happy Birthday to Sam Bluestein, Rebbetzin Pearl Borow, Terec Farbstein, Esther Gelb, Joni Kaiser, Sarah Klein, Yitzchak Rubin, Bobbie Tolpen, Richard Woolf! Anniversaries: None This Week!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.
- **Mashgiach Classes** ~ **Rabbi Smason** will be offering two classes for those interested in being a mashgiach in the NHBZ kitchens, and for NHBZ food events. If you are Shomer Shabbos and interested in assisting the shul as a mashgiach, please contact Rabbi Smason for information about the upcoming classes. We need our help!!!
- **Tomchei Shabbos Needs Your Help this Summer!!** Families need extra assistance with non-perishable food. Please pick up a bag available at NHBZ in the office, and fill it with your choices of non-

perishable food items. Money donations are always welcome! For more details, or to arrange a pick up at your home, please call **Sally Needle** at 991-2575.

- **LEARN & BURN ~ Wednesday, June 19 at NHBZ!** A program for women presented by Eishes Chayil of St. Louis, A Division of St. Louis Kollel. **LEARN** ~ 8:00 p.m. ~ A review of the What and How of the 3 Weeks with Aliza Shapiro; **BURN** ~ 8:20 p.m. ~ A high-energy workout combining cardio, strength training and abs strengthening – all in one session with Emily Silverman, Certified Group Fitness Instructor. Email or call Shoshana Kowalsky: skowalsky@stkollel.com or 314-726-6047.

Beyond Twelve Gates

Parshas Chukas

June 14, 2013

Welcome to Beyond Twelve Gates

How hard do you try to find someone to criticize your opinions? If your name is Warren Buffett, the answer is: often and regularly. At Berkshire Hathaway's annual meeting last month, Berkshire's chairman invited someone who placed a bet against the stock -- hedge fund short-seller Doug Kass -- to join the panel of analysts posing questions to Mr. Buffett. To get a sense of how unusual it was for Mr. Buffett to ask a skeptic to ask questions freely, consider results of a survey of more than 500 companies and their quarterly earnings conference calls. Research found that 80% placed limits on who can ask questions and nearly 25% of the companies took questions only from "pre-approved lists" of callers. Only 11% permitted individual investors to ask questions; just 12% said the floor is open to everyone.

Doug Kass described Warren Buffett as "self-confident, but ... not afraid of a challenge. I believe he enjoys challenges." A deliberate, lifelong effort to find people to tell him why he might be wrong is one of the keys to Warren Buffett's success. That attitude doesn't come naturally to most investors -- or to most of us in daily life. Mr. Buffett once said, "... (our mind) works to reject discordant information, much as the body rejects transplants. Man's natural inclination is to cling to his beliefs, particularly if they are reinforced by recent experience."

One of the most effective strategies for successful living is to find people you respect who have opposite, different points of view from yours -- and have an open-minded exchange with them about what's true and what's not. Most people see criticism as a personal attack, which triggers all kinds of defense mechanisms. Ethics of the Fathers (6:6) teaches, "ohev es ha'tocha'chos" -- love criticism. Like Warren Buffett, allow and invite others to challenge your ideas.

Parshas Chukas Numbers 19:1 - 22:1

This week's action-packed portion begins with the paradox of the Red Heifer, a mitzvah we are asked to perform though unable to understand its purpose and reason. The narrative then jumps to the death of the prophetess Miriam. The Jewish people are then left without water, since the miraculous well, which had accompanied them in the desert, existed only in her merit. G-d commands Moses and Aaron to speak to a particular rock so it will miraculously produce water; Moses strikes it with his staff instead, and G-d tells the two leaders they will not enter the Promised Land. What did Moses do wrong?

One classic approach suggests that Moses' sin was that he became angry (he said to the Jewish people, 'Listen now, you rebels'). Although the best among us can occasionally lose our temper, teachers and parents carry a special responsibility to be good role models for their students and children. Little pitchers have big ears! Later in the portion, the king of Edom refuses to let the Jewish people pass through his borders, causing them to take a longer route. Aaron dies and is buried on Mount Hor. The Children of Israel sing a song of praise about the well of Miriam. The portion concludes with the battles and victories over Sichon the king of Emori and Og the king of Bashan.

Rabbinic Ruminations

In the Hitchhiker's Guide to the Galaxy, by Douglas Adams, a robot named Marvin is going out of his metallic mind. Possessed of a "brain the size of a planet", he is 50,000 times more intelligent than a human, yet he can't solve his persistent boredom. "The first ten million years were the worst," Marvin says. "And the second ten million years, they were the worst, too. The third ten million years I didn't enjoy at all. After that, I went into a bit of a decline." We have all suffered episodes of tedium, though not on the same scale; a lecture that drags on, an unorganized meeting, an endless wait for an appointment.

The nature of boredom has long puzzled thinkers in literature, philosophy and psychology. Humans have likely weathered stretches of tedium for as long as people have had free time. Modern research of the topic uses a 'boredom proneness scale' (BPS) with a variety of questionnaires. The BPS can measure a person's capacity for being satisfied by internal versus external stimulation. An internally stimulated person, for example, would tend to agree with a statement such as "In any situation I can usually find something interesting to do"; an externally stimulated person would tend to agree with the statement "I am often trapped in situations where I do meaningless things." Research by Canadian neuroscientist James Danckert suggests that people who rely heavily on external stimulation and fail to secure sufficient amounts of it are more likely to also report symptoms of depression.

What is the opposite of boredom? Fascination, being absorbed, engrossed, and stimulated. Ever try putting a young child to sleep? Good luck! He or she is afraid of missing the excitement and pleasure of life. To capture this zest for living we need to focus on the deeper purpose and meaning of life. Judaism teaches that we were created for pleasure. The term Gan Eden, usually translated as the 'Garden of Eden', literally means the 'Garden of Pleasure.' In the right way, time and place, the pleasures of this world enable us to experience an exhilarating existence and banish boredom. We were created to enjoy the pleasures of body, and those of the spirit: love, doing good, expressing creativity.... and the ultimate pleasure, having a relationship with G-d.

Quote of the Week

Love doesn't make the world go 'round. Love is what makes the ride worthwhile. -- *Franklin P. Jones*

Joke of the Week

A Doctor was addressing a large audience in Tampa .

"The material we put into our stomachs is enough to have killed most of us sitting here, years ago. Red meat is awful. Soft drinks corrode your stomach lining. Chinese food is loaded with MSG. High fat diets can be disastrous, and none of us realizes the long-term harm caused by the germs in our drinking water."

"But there is one thing that is the most dangerous of all, and we all have eaten, or will eat. Would anyone care to guess what food causes the most grief and suffering for years after eating it?"

After several seconds of quiet, a small 75-year-old Jewish man in the front row, raised his hand and said, "Vedding Cake?" (Thanks to Sheryl Levine)

Top Missouri Public High School IN OUR OWN BACKYARD!

Ladue Horton Watkins High School Named Newsweek's Top Public High School In Missouri

When Nusach Hari B'nai Zion was in the planning stages of constructing our beautiful new building, one of the most important of our criteria in choosing the location was to be in an excellent school district that would appeal to parents. The Ladue School District filled that essential standard for us. And now, Ladue High School has been named Number One in Missouri.

Each year Newsweek Magazine ranks "America's Best High Schools." This year, Ladue Horton Watkins High School took the top spot in Missouri and placed 166 in the nation. Newsweek's methodology seeks to recognize public high schools that have proven to be the most effective in turning out college-ready grads based on six components: graduation rate, college acceptance rate, Advanced Placement (AP) tests taken per student, average SAT/ACT scores, average AP scores and percent of students enrolled in at least one AP course.

This year, Newsweek ranked their top 2,000 schools. In Missouri, 23 public schools made the 2013 list. Following are the top 10 Missouri schools accompanied by their national ranking: Ladue (166), Clayton (179), Metro Academic and Classical (238), Lindbergh (334), Lafayette (357), Kirkwood (523), Francis Howell (617), Lincoln College Preparatory Academy (659), Parkway Central (668) and Parkway West (684.)

While public high schools do not offer the Judaic resources of a private Jewish high school, for those parents who choose to send their children to a public high school, Ladue, our neighborhood high school, is the top choice!