

NHBZ Shabbos Bulletin

June 8, 2013

Welcome to Nusach Hari B'nai Zion

30 Sivan 5773

Affiliated with the Union of Orthodox Jewish Congregations of America

Torah Portion – Parshas Korach:

Numbers 16:1 – 18:32

Stone Chumash pages 820-837

Maftir:

Numbers 28:9-15

Stone Chumash page 890

Haftorah:

Isaiah 66:1-24, 1 Samuel 20:18,42

Stone Chumash pages 1208-1210

Erev Shabbos - Friday, June 7

- **Mincha & Ma'ariv** (7:00 pm)
- **Candle Lighting** (8:05 pm)

Shabbos - Saturday, June 8

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Menachem Szus**
 - Leyning: **Dr. Larry Gornish**
 - Haftorah: **Richard Woolf**
 - Drasha (Sermon): **Rabbi Ze'ev Smason**
 - Musaf: **Menachem Szus**

Aufruf of Jordan Black

- **Kiddush & Lunch** ~ (After Musaf) Mazel Tov to *The Brook and Eisenberg Families* on their forthcoming Simchas!!! Mazel Tov to Alan & Marcie Brook and their son **Nathan**. Nathan is becoming a Bar Mitzvah tomorrow! Thanks to **Selwyn and Freda Brook**, Nathan's grandparents who send their love from South Africa, for sponsoring Kiddush & Lunch today. Mazel Tov and Thanks to **Don & Julie Eisenberg** for sponsoring Kiddush & Lunch today in honor of the marriage of their daughter **Carly to Jordan Black**.

MAZEL TOV TO NATHAN!!! *Mazel Tov to Carly & Jordan!!!*

- **Bon Appetit** ~ We place a plate of rolls on each table at every Shabbos Luncheon: 1.) To enable each person to make or hear *Ha'Motzei* (the blessing on bread) over *Lechem Mishne* (two rolls or loaves of bread), and 2.) To enable each person to eat the minimum amount required when *Ha'Motzei* is made or heard; namely, one roll. **Please be seated while Rabbi Smason says Kiddush and makes HaMotzi. -- B'tayavon (Bon Appetit)!**
- **Mazel Tov & Welcome to Nathan's family and friends who have come to celebrate with him today!** Welcome to Rosaline Golub, Nathan's great-grandmother, to Susan & Phil Dean, his grandparents, and to Dan & Joyce Rudman, his grandparents. Welcome to out of town guests who have come to celebrate with Nathan: Uncle Jay & Aunt Cindy Rudman and cousins Natalie & Corey Rudman from Chicago; Fiona Brook and her sons Alex and Evan – Nathan's cousins from Los Angeles; Jonathan & Samantha Gordon and their daughter GiGi – friends of the family from New York.
- **Mazel Tov & Welcome to Carly's & Jordan's families and friends for celebrating with them today!** The Bride ~~ Welcome and Mazel Tov to Carly's grandmothers Adeline Eisenberg and JoAnn Raskas; to Aunt Sylvia Silver, and to good family friends Ron Rosen, Ed Greenberg, Debbie & Jesse Barash, and Robin & Jerry Ehrlich. And The Groom ~~ Welcome and Mazel Tov to Jordan's mother Jo Ann Black, his sister and niece Julia Lega and Samantha, and Great Aunt Florence Weinberg.
- **Thanks to Julie Eisenberg and Marcie Brook** for planning the delicious lunch today, complete with desserts, and to all their helpers for cooking, baking and setting up. Thanks to Marcie's helpers ~ her mother Susan Dean, step-mom Joyce Rudman, and friend Orli Axelbaum. Thanks to Julie's helpers Jo Ann Black, Don Eisenberg, Tiffany Elmaleh, Mimi Fiszal, Rhonnie Goldfader, Mimi Sabol, Susan Scribner, Linda Szus, Anna Rose Tendler, and Boris Yasinev.
- **Shalosh Seudos** ~ is being sponsored this evening by **Sarah Klein** in memory of her beloved mother, Mati Griner, *ל"ו*



- **Mincha, Shalosh Seudos, Ma'ariv (7:50 pm) and Shabbos Concludes (9:09 pm)**

MINYAN! IT'S GOOD FOR US & GOOD FOR YOU!!!

This Week At a Glance	Shabbos June 8	Sun. June 9	Mon. June 10	Tues. June 11	Wed. June 12	Thurs. June 13	Fri. June 14	Shabbos June 15
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	8:30 am
Mincha/Ma'ariv	7:50 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:50 pm
Events – see times in Event Planner Box	Rosh Ch. Tammuz; Kiddush & Lunch in honor of Nathan Brook, and Carly Eisenberg & her Choson, Jordan Black!	Rosh Chodesh Tammuz; Jewish Unity Live, honoring Bob Kaiser & Eldad Bialecki!	Women's Tefilah Class: 7:00 pm at the home of Norma Rubin	Invite a friend to our Synaplex & Lunch this coming Shabbos	Rabbi Smason: Weekly Lunch & Learn, 12:15pm	BUY CASH CARDS! NEXT ORDER JUNE 13	Erev Shabbos	*Services: 8:30 a.m. *Learners' Services: 10:00 a.m. *Synaplex Classes: 11:00 a.m. *Lunch: 12:00 noon

NHBZ Event Planner (Check 'Coming Events' for time, date or location changes.)

Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

Weekly at NHBZ

SHABBOS

- Child Care (10:00 am – Noon) kids 3 & under in the Children's Room
- Youth Programming (10:15 am – 11:00 am) children 4-8, in the Youth Lounge.
- Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Chapel
- Shabbos Tanach (Bible) Study Group (45 minutes before Mincha)

SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler of Aish
- RAP with the RABBI Teen Group (10:15 am) with Rabbi Smason @Starbucks Olive & Price
- Mystical Moments with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel **NO CLASS THIS SUNDAY**

MONDAY

- Women's Tefila Class (2nd & 4th Mondays, 7:00 pm) with Rabbi Smason at the home of Norma Rubin

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15 pm – 1:00 pm) now studying Pirkei Avos

Monthly at NHBZ

- Irvin Alper Social Club (First Sunday)
- Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin
- Shabbos Parsha Class (4th Tuesday, 12:30-1:30 pm) with Rabbi Smason, for men & women, at the offices of David Rubin
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm)
- Dine-In Pizza Night (Last Sunday 5:00 pm – 7:00 pm)
- Carry-Out Pizza Night (Wednesday mid-month; will resume ASAP!)
- Sisterhood (Third Tuesday)

NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn
- I-Chat

COMING EVENTS

- **To be Honored!! Our Own Bob Kaiser & Dr. Eldad Bialecki** ~ The St. Louis Kollel is presenting Jewish Unity Live 2013 tomorrow night ~ Sunday, June 9th, 7:30 pm at Third Degree Glass Factory. **Bob Kaiser** will receive the *Torah Champion Award*, and **Dr. Eldad Bialecki** will receive the *Ohev Torah Award*.
- **Bi-Monthly Women's Tefila Class.** Led by **Rabbi Ze'ev Smason**, the class will meet on the 2nd and 4th Mondays of the month, 7:00 p.m., at the home of **Norma Rubin**. Next class: This Monday, June 10. The focus of our class is the structure and deeper meaning of the Shabbos morning service and prayers, and how prayer can be used as a basis for our own communication with G-d. All women welcome!
- **Synaplex Shabbos ~ June 15.** Regular Services begin at 8:30 a.m., Learners' Services at 10:00 a.m., Synaplex classes at 11:00 a.m. followed by lunch at 12:00 noon. "*Lessons Learned from 30 Years in Outreach*" led by **Rabbi Ze'ev Smason**; "*Why Outreach: Mitzvah or Marketing?*" led by **Rabbi Shmuel Greenwald**, of Aish St. Louis; "*Closing the Religion Gap: Reaching Out to Your Own Family.*" led by **Dr. J. Martin Rochester**, Curators' Distinguished Teaching Professor of Political Science, University of Missouri-St. Louis; *Youth Programming*: For kids 4 and over; and *Tot Shabbat*. Reservations not needed – just come and join us – **Learn, Lunch and Lots of Fun!!!**
- **Special Gifts Appreciation Dinner ~ Sunday, June 23.** For all donors contributing a Special Gift of \$250 and more! Please make your pledge by June 14 to be honored on this very special evening! Our 2013 Special Gifts Campaign has been in full swing for several weeks! A "Special Gift" is a contribution apart from Membership Dues, Yahrzeits, Aliyos, Mi Shebarachs, or other "regular" categories. Your Special Gifts support our many programs you have come to expect and enjoy, including learning, children's programming, and so much more. You have the choice of donating your pledge all at once or in installments, whatever is most comfortable for you. Everyone who gives a Special Gift of \$250 or more will be invited to our "Special Gifts Appreciation Event" on June 23rd. Thanks to so many of you who have already sent or pledged your generous Special Gifts! If you haven't made a pledge yet, you still have time to be invited to the party on June 23rd. If you aren't available on June 23rd make a pledge anyway! Your shul needs your help.
- **Please join us for a class series with Rabbi Smason**, for men & women, at The Law Offices of **David A. Rubin, L.L.C.** – NEAR THE "J" – 10880 Baur Blvd., 63132. Now meeting on the 4th Tuesday of the month, 12:30 to 1:30 p.m. Next class: Tuesday, June 25: Balak: Bilaam; a Non-Jewish Prophet?
- **Dedication Shabbos & Lunch ~ Shabbos, June 29.** Please join us as we dedicate the Commemorative Plaques that honor and memorialize the Loved Ones of Donors to our Capital Campaign. These donors made significant contributions to formally name various rooms, areas and objects in our beautiful new building. You can still honor your loved ones ~ many dedication opportunities are waiting for you. Thanks to **Fabian & Francine Attoun** and **David & Keri Simon** for enhancing the lunch menu!
- **All You Can Eat Pizza Buffet and Carry Out Night** ~ Sunday, June 30, 5:00-7:00 pm.
- **Legacy Shabbos ~ July 6.** Honoring those who have made arrangements to give to the Legacy Program of the St. Louis Jewish Federation, which will benefit our Shul. The theme of our Legacy Program is לִבְנוֹת - *Livnot* (to build) – in essence, building toward our future. Come and honor the Legacy participants, and their vision and commitment. Thanks to **Lenny Alper** for sponsoring the Shabbos Luncheon in honor of the birthdays of his wife **Fran** (July 4), and daughters **Joanna** (July 2) and **Caryn** (July 7).

Meetings

- **Board of Directors Meeting** ~ Tuesday, June 11, 7:30 p.m.
- **Sisterhood Luncheon** ~ Tuesday, June 18, 12:00 noon.
- **Executive Committee Meeting** ~ Tuesday, June 18, 7:30 p.m.

Reminders

- **Buy and Use Cash Cards** – call the office ASAP to order your cards and **earn free money** for NHBZ!
- **Schnucks E-Scrip Card** - Use your Schnucks Card *every time you shop*, and make it count!!!

- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, extension 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575.
- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** - It is customary to make a donation to the synagogue for an Aliyah or other synagogue honors received.
- **Shalosh Seudos**, The 3rd Meal of Shabbos ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal as you observe the yahrtzeits of your dear family members.
- **Mi Shebarach List** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or English--if Hebrew names are unavailable. Your contributions are greatly appreciated.
- **Memorial Plaques** ~ All memorial plaques from our former location are lovingly mounted in our new building. Remember your loved ones with a plaque; prices range from \$150 to \$275. Call the office for details.
- **Mishna Study** ~ Learning Mishnayos in memory of a loved one or for a Refuah Shelayma for a person who is ill is an age-old Jewish Tradition. The word Mishna (learning) is closely related to the word Neshama (soul), and we believe that learning Mishnayos in someone's name acts as a Spiritual Elevation for that person or that person's soul. Our NHBZ Mishnayos Shiur learns every Sunday following morning minyan, carrying on this tradition by dedicating the Mishnayos to our loved ones. You may dedicate Mishnayos for 1 year: \$250; 6 months: \$150; 3 months: \$96; 1 month, \$50. *May your loved one be bound up in the bond of eternal life. May HaShem be filled with compassion to restore the health of your loved one.*

Simchas, NEWS & FEATURES

- **MAZEL TOV ON SIMCHAS** June 8-14. **Happy Birthday to Nathan Brook, Edna Feit, Brett Marbain, Mary Rose Marbain and Lyle Sudin! Happy Anniversary to Ed & Jane Lyss and Steve & Mary Rose Marbain!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.
- **Thanks for helping Nathan Brook with his Mitzvah Project!!!** **Nathan Brook** is becoming a Bar Mitzvah, and asked for your help with his Mitzvah Project. He was collecting **old** towels to donate to *Stray Rescue of St. Louis*. Nathan and his family adopted their dog GiGi last September from Stray Rescue. **Your response to Nathan's request was overwhelming, and Nathan thanks you very much for helping him achieve a very successful Mitzvah Project!**
- **Tomchei Shabbos Needs Your Help this Summer!!** Families need extra assistance with non-perishable food. Please pick up a bag available at NHBZ in the office, and fill it with your choices of non-perishable food items. Money donations are always welcome! For more details, or to arrange a pick up at your home, please call **Sally Needle** at 991-2575.
- **URGENT KASHRUS ALERT:** The following alert was sent by the COR of Toronto, Canada: *"Please be advised that Trader Joe's Goat's Milk Cheddar Cheese bears an unauthorized COR. The COR takes no responsibility as to the kashrus of this product. Corrective measures have been taken."* Please direct all questions and comments directly to the COR at (416) 635-9550 or questions@cor.ca Note: This product is only distributed through Trader Joe's in the USA

Welcome to Beyond Twelve Gates

Sam Grossman is an 83-year-old hotelier and property development entrepreneur who cuts a mean zigzag on a downhill ski slope. Despite his advancement into his ninth decade, Sam has spent the past 60 years seemingly ignorant of the concept of aging, keeping himself busy windsurfing, skiing, kayaking, biking, hiking, and generally having the time of his life. A published author who has studied nutrition and longevity since before they were medical buzzwords (his book, 'Win the Food Fight,' was a best-seller), Grossman says he practices what he preaches. The results are hard to argue with. One of Sam's tips for healthy living is not only to stay physically and mentally active, but to regularly endeavor to try something new. "Nothing," Sam says, "will make you feel younger than being a beginner at something again."

The Torah says, "And it shall come to pass, if you shall give heed diligently to the voice of the L-rd your G-d, to observe and to do all His commandments which I command you *this* day, that the L-rd your G-d will set you on high above all nations of the earth." (Deuteronomy 28:1) What does it mean to keep the commandments G-d commands us "this day?" At this point in the Torah's narrative nearly 40 years have passed since the commandments were first given. The emphasis on "today" means that on each day the commandments should be new in your eyes, AS IF you were commanded that day.

Trying something new requires courage -- but is well worth the effort. Entire careers have emerged from people dipping their foot into a pond and suddenly discovering a love for something they had no idea would capture their imagination. The experience of eating a new type of food, listening to a new genre of music, or engaging in a new area of learning or physical activity can be expansive. Additionally, looking at something 'old' in a 'new' way can be exhilarating and transforming. View each day as a new page in your life. Begin again now by becoming a beginner.

Parshas Korach Numbers 16:1 - 18:32

This week's Torah portion begins with the infamous rebellion led by Korach against his cousins, Moses and Aaron, claiming that the two of them had usurped power from the rest of the Jewish people. Korach, motivated by jealousy and a desire for honor, rejected Moses' authority and claimed that the appointment of Aaron as Kohen Gadol (Head Kohen) was motivated by nepotism. Korach cleverly persuaded 250 judges and others from disaffected groups to become his followers in the rebellion.

A frequent theme in the Torah is: Sooner or later G-d always gets the last word. In Korach's case, it was sooner. What was the result of the rebellion? G-d made the earth open up to swallow Korach, the ringleaders of the rebellion, and their families. Fire consumed the remainder of the 250 rebels. The story of Korach's rebellion concludes with an act of reconciliation -- and surprisingly, a U.S. Presidential reference. The staffs of the leaders of the 12 tribes were placed near the Ark of the Covenant. To prove that the tribe of Levi and Aaron was Divinely chosen, Aaron's staff sprouted leaves, almond blossoms and even almonds. I suppose you could say that this miracle made AaronChief of Staff!

Rabbinic Ruminations

It has been said that "The past is history; the future is a mystery; all we have is the gift of today, which is why we call it 'the present' ". However, one of the mind's great talents is to imagine events that haven't yet happened. Looking to the future, our imagination helps us plan everything from a vacation to building our homes and cities. But in looking to the past, our ability to consider alternative realities seems less helpful. What use is it to imagine how things *could* have been? A recent study by Kray et. al. (2010) demonstrates a role for thinking about what might have been: Helping to make more sense of our lives.

In the first of four studies researchers had students think about the sequence of events that had led them to attend that particular college. Half the participants then wrote about all the things that could have gone differently. Finally, everyone completed measures of meaning and significance of events in their lives. The

results showed that those who had considered alternate possibilities (counter-factuals) -- how their lives might have been different -- gave higher ratings to the significance of their choices to attend that particular college and to how meaningful this was in their lives. Psychologically, then, thinking about how life could have been different made people feel that what did actually happen was more special in comparison.

What are the dynamics of counter-factual thinking? When we think about the true chain of events in our lives, we tend to notice the upside of what seemed to be negative events (things like, "If I wouldn't have missed the plane, I wouldn't have met my wife"). Additionally, thinking about what might have been helps to realize that G-d is running this world. This is because counter-factuals make us more aware of all the other things that could have happened. Often what appears as 'bad' or 'negative' ends up being a blessing. A Hebrew expression, *gam zu l'tova* means 'this too is for the best.' When things don't seem to be going your way, say *gam zu l'tova*. At times, hidden blessings turn out to be the sweetest blessings of all.

Quote of the Week

If I were to say, "God, why me?" about the bad things, then I should have said, "God, why me?" about the good things that happened in my life.-- *Arthur Ashe*

Joke of the Week

There was a knock on the door this past week.

I opened it to find a young, well-dressed man standing there who said: "Hello sir, I'm a Missionary, and I'm here to help you see the light."

So I said "Come in and sit down."

I offered him a fresh cup of coffee and asked "What do you want to talk about?"

He said, "Beats me. Nobody ever let me in before!" (thanks to Alan Haber)