

NHBZ Shabbos Bulletin

May 4, 2013

Welcome to Nusach Hari B'nai Zion

24 Iyar 5773

Affiliated with the Union of Orthodox Jewish Congregations of America

Torah Portion – Parshas Behar-Bechukosai: Leviticus 25:1 – 27:34
Haftorah: Jeremiah 16:19 – 17:14

Stone Chumash pp. 696-723
Stone Chumash p. 1179

Erev Shabbos - Friday, May 3

- Mincha & Ma'ariv (7:00 pm)
- Candle Lighting (7:36 pm)

Shabbos - Saturday, May 4

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Dr. Ethan Schuman**
 - Leyning: **Dr. Larry Gornish**
 - Haftorah: **Fabian Attoun**
 - Sermon: **Rabbi Ze'ev Smason**
 - Musaf: **Dr. Ethan Schuman**
- **Kiddush** ~ (Following Musaf)
- **Mincha, Shalosh Seudos, Ma'ariv** (7:20 pm)
- **Shabbos Concludes** (8:40 pm).



Special Gifts Campaign ~ Our 2013 Special Gifts Campaign is underway!! A “Special Gift” is a contribution apart from Membership Dues, donations for Yahrzeits, Aliyos, Mi Shebarachs, or other “regular” categories. You have received a letter that explains all the details. Your Special Gifts support our many programs you have come to enjoy, including learning, children’s programming, and so much more. Everyone who gives a Special Gift will be invited to our “Special Gifts Appreciation Event” on June 23rd. We ask you to give generously.

Shavuos ~ Tuesday Night, Wednesday and Thursday, May 14, 15 & 16. Tuesday Night, May 14: Services at 7:40 p.m., Dinner 8:30-10:00 p.m., and Early-Bird Learning Session One (10:00 to 10:45 p.m.) with **Rabbi Smason: The Body, The Soul, and Resurrection**, and **Richard Woolf: Twenty Years Later: The Oslo Accords, Two States & Peace**; Session Two, (10:45 to 11:30 p.m.) **Rabbi Shmuel Greenwald: Megillas Ruth – The Book of Ruth**; and **Dr. Ethan Schuman: Everything you ever (or never) wanted to know about Shechita (Kosher Ritual Slaughter)**; Session Three (11:30 p.m. to Early Davening at 5:00 a.m.) - Spirited all night learning with davening at break of dawn - (*netz hachama*) - Coordinated by **Boris Yasinev**.

MINYAN! IT'S GOOD FOR US & GOOD FOR YOU!!!

This Week At a Glance	Shabbos May 4	Sun. May 5	Mon. May 6	Tues. May 7	Wed. May 8	Thurs. May 9	Fri. May 10	Shabbos May 11
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	6:45 am	9:00 am
Mincha/Ma'ariv	7:20 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:20 pm
Events – see times in Event Planner Box	Parshas Behar – Bechukosai	Semi-Annual Shul Meeting 10:00 a.m.	BUY CASH CARDS!	Erev Shavuos A week from tonight!!	Yom Yerushala -yim; Rabbi Smason's Lunch & Learn	BUY CASH CARDS!	Rosh Chodesh Sivan; Erev Shabbos	Parshas Bemidbar Shabbos Lunch & Learn

Nusach Hari B'nai Zion
650 N. Price Road
Saint Louis, MO 63132

Ze'ev Smason, Rabbi
Aaron Borow, Rabbi Emeritus
Janet Haber, President
Dr. Ethan Schuman, Chazan

Office Phone 314-991-2100
Chapel Phone: 314-991-2100
Webpage: www.nhbz.org

NHBZ Event Planner (Check ‘Coming Events’ for time, date or location changes.)

Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

Weekly at NHBZ

SHABBOS

- Child Care (10:00 am – Noon) kids 3 & under in the Children's Room
- Youth Programming (10:15 am – 11:00 am) children 4-8, in the Youth Lounge.
- Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Chapel
- Shabbos Tanach (Bible) Study Group (45 minutes before Mincha)

SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler of Aish
- RAP with the RABBI Teen Group (10:15 am) with Rabbi Smason @Starbucks Olive & Price
- Mystical Moments with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

MONDAY

- Women's Tefila Class (2nd & 4th Mondays, 7:00 pm) with Rabbi Smason at the home of Norma Rubin

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15 pm – 1:00 pm) now studying Pirkei Avos

Monthly at NHBZ

- Irvin Alper Social Club (First Sunday)
- Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin
- Shabbos Parsha Class (3rd Tuesday, 12:30-1:30 pm) with Rabbi Smason, for men & women, at the offices of David Rubin
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm)
- Dine-In Pizza Night (Last Sunday 5:00 pm – 7:00 pm)
- Carry-Out Pizza Night (Wednesday mid-month; will resume ASAP!)
- Sisterhood (Third Tuesday)
- Women's Guide to Time (As scheduled) with Rebbitzin Chani Smason

NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn
- I-Chat

COMING EVENTS

- **Bi-Monthly Women's Tefila Class.** Led by Rabbi Ze'ev Smason, the class will meet on the 2nd and 4th Mondays of the month, 7:00 p.m., at the home of Norma Rubin. Next class: Monday, May 20. The focus of our class is the structure and deeper meaning of the Shabbos morning service and prayers, and how prayer can be used as a basis for our own communication with G-d. All women welcome!
- **Yom Yerushalayim** ~ (Jerusalem Reunification Day) Wednesday, May 8.
- **Rosh Chodesh Sivan** ~ Friday, May 10.
- **May Lunch & Learn** ~ Shabbos, May 11. **Rabbi Smason** will speak on the topic: *“G-d Didn't Say That! Five Famous Bible Mistranslations.”*
- **Kiddush & Lunch** ~ Shabbos, May 18, will be sponsored by **June Cohen** in honor of her birthday and her children and grandchildren.
- **Monument Dedication** ~ Monument Dedication for **Esther Ringermacher**, *ש"ג* will be held on Sunday, May 19, 12:30 p.m. at Beth Hamedrosh Hagadol Cemetery on Ladue Road.
- **Dedication Ceremony** ~ Please join us as we dedicate the **Kaiser Terrace** on Sunday, May 19, at 1:30 pm. This special dedication will take place with all the honorees present at Nusach Hari B'nai Zion. The Terrace is being donated in honor of parents **Lionel & Eleanor Kaiser, Carolyn Koppel, and Martin & Sylvia Mintzer** by **Bob, Joni, Hannah & Rebecca Kaiser**. All the honorees will be in St. Louis to celebrate Rebecca Kaiser's graduation from Ladue High School. Additional dedications will be held during a Dedication Shabbos in June. Please stay tuned for details.

- **Please join us** for a class series with Rabbi Smason, for men & women, at The Law Offices of David A. Rubin, L.L.C. – NEAR THE “J” – 10880 Baur Blvd., 63132. The 3rd Tuesday of the month, 12:30 to 1:30 p.m. **Next class: May 21: *Be'ha'aloscha: The Priestly Blessings*. June 18: *Balak: Bilaam; a Non-Jewish Prophet?***
- **Kiddush & Lunch** ~ Shabbos, May 25, will be sponsored by **Victor & Anna Rose Tandler** in honor of their 35th Wedding Anniversary.
- **All You Can Eat Pizza Buffet and Carry Out Night** ~ Sunday, May 26.
- **Shabbos, June 1** ~ Graduation Shabbos sponsored by parents and grandparents (***Please call the office with your graduates!!!***), AND celebration of the 90th birthday of **Ted Pevnick** by his wife **Rachael**.

Meetings

- **Semi-Annual Meeting** ~ Our Nusach Hari B'nai Zion semi-annual shul meeting will be held **tomorrow**, Sunday, May 5th, 10:00 am. in our lower level multi-purpose room. Your good ideas and input are very important.
- ***Sisterhood Mother's Day Celebration!!!* Lunch & Bingo** ~ Tuesday, May 21st. FREE to Sisterhood members; \$6.50 for Guests. Everyone is welcome ~ Men & Women of all ages!!! RSVP to Rachael Pevnick, 314-395-6017.
- **Board of Directors Meeting** ~ Tuesday, May 21. (Our regular 2nd Tuesday is Erev Shavuot.)
- **Executive Committee Meeting** ~ Tuesday, May 28.

Reminders

- **Buy and Use Cash Cards** – call the office ASAP to order your cards and **earn free money** for NHBZ!
- **Schnucks E-Scrip Card** - Use your Schnucks Card *now*, and make it count!!!
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, extension 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly.
 - For a Shul tribute, call Gloria Waxman at 314-872-3296
 - For a Sisterhood tribute, call Phyllis Silverman at 314-434-2482
 - For Libby Needle Fund, call Sally Needle at 314-991-2575
- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** - It is customary to make a donation to the synagogue for an Aliyah or other synagogue honors received.
- **Mi Shebarach List** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or English--if Hebrew names are unavailable. Your contributions are greatly appreciated.
- **Memorial Plaques** ~ All memorial plaques from our former location are lovingly mounted in our new building. Remember your loved ones with a plaque; prices range from \$150 to \$275. Call the office for details.
- **Shalosh Seudos**, The 3rd Meal of Shabbos ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal as you observe the yahrtzeits of your dear family members.
- **Mishna Study** ~ Learning Mishnayos in memory of a loved one or for a Refuah Shelayma for a person who is ill is an age-old Jewish Tradition. The word Mishna (learning) is closely related to the word Neshama (soul), and we believe that learning Mishnayos in someone's name acts as a Spiritual Elevation for that person or that person's soul. Our NHBZ Mishnayos Shiur learns every Sunday following morning minyan, carrying on this tradition by dedicating the Mishnayos to our loved ones. You may dedicate Mishnayos for 1 year: \$250; 6 months: \$150; 3 months: \$96; 1 month, \$50. ***May your loved one be bound up in the bond of eternal life. May HaShem be filled with compassion to restore the health of your loved one.***

Simchas, NEWS & FEATURES

- **MAZEL TOV ON SIMCHAS** May 4-10. **Happy Birthday to Carol Abrams, Jim Pollock, Nathan Scheer, Boruch Smason and Linda Szus! Happy Anniversary to Victor & Anna Rose Tendler!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.
- **Help Nathan Brook with his Mitzvah Project!!!** **Nathan Brook** is becoming a Bar Mitzvah next month, and is asking for your help for his Mitzvah Project. He is collecting old towels to donate to *Stray Rescue of St. Louis*. Nathan and his family adopted their dog GiGi last September from Stray Rescue. Starting May 5 and through the end of the month, please bring your old towels to our NHBZ Lower Level and place them in the crate marked *Stray Rescue*. Thank you for helping Nathan toward the success of his project!
- **Tomchei Shabbos~** The food drive continues! Please pick up a bag to fill with non-perishable food items available at NHBZ in the office or chapel. Money donations are always welcome! For more details, or to arrange a pick up at your home, please call **Sally Needle** at 991-2575.
- **Ohr Pesia** ~ Women's Torah Learning Program. Special class at NUSACH HARI B'NAI ZION!!! MEGILLAS RUTH. Few things make sense in Megillas Ruth. A girl from a murky past converts to Judaism and ends up marrying into Jewish royalty, eventually becoming the great-grandmother of King David. Why is her past so shrouded in mystery? What did she do exactly to merit becoming the "mother" of Mashiach? And why do we read this book, in particular, every Shavuot? Instructor: Mimi David, one more class - this Wednesday, May 8; 8:00 p.m. Fee \$5.00/class. Registration: ohrpesia@gmail.com or visit www.ohrpesia.com.

Shavuot Dinner is being planned and prepared by **Norma Rubin**. *Norma's wonderful menu: Fresh baked Challa Rolls, Mushroom Soup, Fresh Salmon Croquettes with Peas Sauce, Scalloped Potatoes, Ratatouille, Panzanella Salad (croutons & tomatoes), Green Salad; Fresh baked Cheesecake & Coconut Cake, plus Sugar Free Pies and Fresh Fruit! Thanks to our generous sponsors for donating \$25.00 (in addition to the cost of their dinners) to offset expenses and keep the cost of the dinner for everyone to \$10.00 for Adults, \$5.00 for Kids Ages 4-10, and FREE for Kids 3 & under. Reservations are a must – call 314-991-2100, ext. 5. Thanks to these sponsors (so far): **Bob & Sandie Abrams, Andy & Ellen Berg, Sam & Shirley Bluestein, Kenny Bressler, Alan & Janet Haber, Kurt & Sandy Kahn, Bob & Joni Kaiser, David & Fran Reisler, David & Norma Rubin, Leslie & Mimi Sabol . . .***

*Please join us and become a sponsor.
Nusach Hari B'nai Zion will benefit greatly from your generosity!
Thanks everyone!!!*

Welcome to Beyond Twelve Gates

We can't always avoid events that upset us, but we may be able to change how we feel about them. If you are cut off in traffic, you may respond by blowing your horn. It is then possible you'll spend the rest of your commute thinking about the actions of that careless driver. But by mentally taking a step back from the situation and your emotions -- a process known as self-distancing -- you can diffuse your anger and reduce your aggression, researchers say.

Ohio State University psychology graduate student Dominik Mischkowski and his colleagues set out to annoy a group of student volunteers by leading them to believe they were waiting for a study to start. The researchers avoided answering questions and were generally curt. After confirming that the volunteers were indeed upset, Mischkowski asked them to re-imagine the experience: half the group by reliving it through their own eyes and the other half by mentally moving away from the situation and watching it at a distance, as if it had happened to someone else. The self-distancing students had less anger and were less likely to respond aggressively to others in a subsequent task.

It's important to work on controlling our temper. Will Rogers said, "People who fly into a rage always make a bad landing." Anger can take many forms; a heated argument, blowing a fuse (or horn), or simply fuming with aggravation. The Torah perspective is that while we may not be in control of what happens, we are certainly in control of how we deal with things. Proverbs 16:32 says, "He who is slow to anger is better than a strong man, and master of his passions is better than a conqueror of a city." Control your anger - don't let your anger control you.

Parshas Behar /Bechukosai Leviticus 25:1 -- 27:34

Behar focuses primarily on mitzvos concerning the land of Israel, beginning with the command to observe a Sabbatical (Shemitta) year. During the Sabbatical year one's fields are to remain uncultivated every seventh year, refraining from the normal cycle of planting and harvesting. Similarly, the land in Israel is to remain unworked in the Jubilee (Yovel) or 50th year, at which time ownership of all land automatically returns to its ancestral heritage. A quote found on the Liberty Bell, "And you should sanctify the fiftieth year, and proclaim liberty throughout the land . . ." is taken from the passage describing the Jubilee year. *Behar* also speaks about the poor and downtrodden. Not only are we commanded to give them tzedaka and do acts of loving-kindness for them but ideally, we are to provide them with the means to raise themselves out of their poverty-stricken state.

Bechukosai, the last Torah portion in the book of Leviticus, begins by briefly listing some of the blessings and rewards that the Jewish people will receive for diligently learning and following the Torah. The Portion then shifts to the subject matter, which has made it famous -- G-d's admonitions and warnings of the consequences if the Jewish people abandon the Torah. Step by step, the Torah describes the tragedies that will befall the Jewish people if they abandon observance of the Torah, providing an eerie account of what has been part of our history to this day. There is good news, however; teshuva (return, or repentance) is possible at any time to avert an otherwise harsh decree. The book of Leviticus concludes with a brief discussion of tithes.

Rabbinic Ruminations

It was a small mistake. But it was a mistake that cost a British hairdresser and mother of two, thousands of dollars. In October of 2012, "Sally Donaldson" (not her real name) experienced a sickening moment; she discovered that over the course of two years, each time she had transferred her monthly paycheck of \$1,500 from her personal account to the joint one she shares with her husband, she had been accidentally placing the money in a total stranger's account. After two years, the amount she had transferred was roughly \$40,000.

Mrs. Donaldson explained what happened: "I frantically checked my numbers for the bill payment scheme I had set up . . . and could see that, on setting it up, I was one digit outthe money has been going to another account holder for the past two years amounting to (\$40,000)! Phone calls to (the bank) that night, many tears, and numerous subsequent calls and letters have left us with just (\$1000) returned and a complete blank of

information." It may be difficult for Mrs. Donaldson to get her money back. The recipient refuses to return the money and the bank can't reveal his or her identity due to data protection rules. What's more, British law dictates that when money goes into the wrong hands, it can be withdrawn without gaining permission first for up to six years after it's wrongfully transferred.

Judaism teaches us that even the smallest of details are of supreme importance. Many spiritual seekers are often puzzled and frustrated by the Torah's concern with the minutia of religious observance. Yet in Jewish observance, through the careful arrangement of the details of mitzvos something much greater can take place. Rabbi Adin Steinsaltz sums this up as follows: "The system of the mitzvos constitutes the design for a coherent harmony, its separate components being like the instruments of an orchestra. So vast is the harmony to be created by this orchestra that it includes the whole world and promises the perfecting of the world." Like in banking, so in life: G-d is in the details.

Quote of the Week

Education never helped morals. The smarter the guy, the bigger the rascal -- *Will Rogers*

Joke of the Week

My neighbor was working in his yard when he was startled by a late model car that came crashing through his hedge and ended up in his front lawn.

He rushed to help an elderly lady driver out of the car and sat her down on a lawn chair.

He said with excitement, "You appear quite elderly to be driving."

"Well, yes, I am," she replied proudly. "I'll be 97 next month, and I am now old enough that I don't even need a driver's license anymore. The last time I went to my doctor, he examined me and asked if I had a driver's license. I told him yes and handed it to him. He took scissors out of the drawer, cut the license into pieces, and threw them in the waste basket."

The elderly woman continued, "My doctor then said, 'You won't need this anymore,' so I thanked him and left!"