

# NHBZ Shabbos Bulletin

April 21, 2012

Welcome to Nusach Hari B'nai Zion

29 Nisan, 5772

Torah Portion Shemini  
Haftorah Machar Chodesh

Leviticus 9:1 – 11:47  
I Samuel 20:18 – 20:42

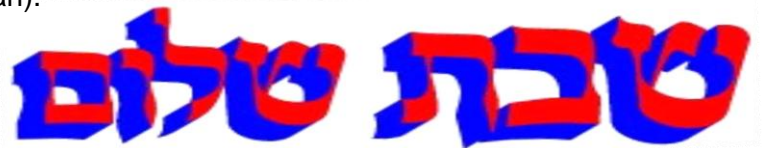
Stone Chumash pages 588 – 607  
Stone Chumash pages 1207 - 1208

## Erev Shabbos - Friday, April 20

- **Mincha & Maariv** (7:00 pm)
- **Candle Lighting** (7:24 pm)

## Shabbos Machar Chodesh - Saturday, April 21

- **Shachris & Musaf (8:30 am)** - Thank you for leading services:
  - Pesukei D'Zimra: **Howard Sandler**
  - Shacharis: **Dr. Ethan Schuman**
  - Leyning: **Dr. Larry Gornish**
  - Haftorah: **Fabian Attoun**
  - Sermon: **Rabbi Ze'ev Smason**
  - Musaf: **Dr. Ethan Schuman**
- **Haftorah Machar Chodesh** - When Shabbos falls on the day before Rosh Chodesh, we say a special Haftorah that begins with the words: "And Jonathan said to him: Tomorrow is the new moon"
- **Child Care (10:00 am – Noon)** – for children 3 years old and younger, in the Children's Room downstairs.
- **Youth Programming (10:15 am – Noon)** – for children ages 4-8, in the Youth Lounge on the lower level.
- **Learners Service (10:15 am)** - led by **Rabbi Ze'ev Smason**, in the Chapel on the lower level.
- **Kiddush (following Musaf)** – please move to the Social Hall and be seated quickly; pour a cup of wine or grape juice, and remain quiet until Rabbi Smason says Kiddush.
- **Shabbos Study Group (6:10 pm)** - Studies in Tanach, led by **Menachem Szus**; everyone at any level of learning is welcome; now studying Yeshayahu (Isaiah).
- **Mincha/Shalosh Seudos/Ma'ariv (7:10 pm)**
- **Shabbos Concludes (8:28 pm)**




## This Week

Davening Times	Shabbos April 21	Sun. Apr 22	Mon. Apr 23	Tues. Apr 24	Wed. Apr 25	Thur. Apr 26	Fri. Apr 27	Shabbos Apr 28
Shachris	9:00 am	8:00 am	6:45 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Maariv	7:10 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	6:30 pm	7:15 pm
Events	Shalosh Seudos	Rosh Chodesh	Rosh Chodesh	Buy Cash Cards	L & L; Yom Ha-Zikaron	Shechita; Yom Ha-Atzmaut	Early Ma'ariv	Shabbos

- **Sunday Learning** - (Sunday, April 22, following Shachris) - **Rabbi Chanan Swidler** of Aish HaTorah leads Mishna study for men following Sunday morning services; davening at 8:00 am.
- **RAP with the RABBI Teen Group** – (Sunday, April 22, 10:00 am) - with **Rabbi Smason**, for young men and women; at Starbucks at Olive & Price; with complimentary drinks to all participants!
- **Tanya Class** (Sunday, April 22, 8:00 pm) – at NHBZ lower level.
- **Yom HaShoah Commemoration** (Sunday, April 22, 4:00 pm) – at Temple Israel; see picture ad.
- **Rabbi Smason's Lunch & Learn** (Wednesday, April 25, 12:15 pm) - in the Teen Lounge; Now studying *Pirkei Avos (Ethics of the Fathers)*, in English.
- **Yom Hazikaron** (Wednesday, April 25) - Israel's Memorial Day for fallen soldiers; please attend the Yom Ha'Zikaron / Yom Ha'Atzmaut Commemoration & Tefila Chagagat 7:30 P.M. at Young Israel.
- **Yom Ha'Atzmaut** (Thursday, April 26) - Israel's Independence Day commemorates the signing of the Declaration of the Establishment of the State of Israel on May 14, 1948 by the "Provisional Council of State".

- **Shechita Class** (Thursday, April 26, 5:30 pm – 6:30 pm) - An 8 month series of classes for men led by Rabbi Chaim Loike, a Rabbinic Coordinator with the OU Kashruth Division; at NHBZ lower level.
- **Buy and Use Cash Cards** (Monday – Friday) – Next order dates are **Monday, April 30** and **Tuesday, May 15**; buy 'em before these dates and earn free money for NHBZ.

## Coming Events

- **Dine-In Pizza Night** (Last Sunday, April 29, 5:00 pm – 7:00 pm)
- **Epstein Hebrew Academy Scholarship Banquet** (Sunday, April 29, 5:30 pm) - at the Ritz Carlton, honoring **Dr. George** and **Darla Grossberg** along with **Mrs. Joan Heber** and **Mr. Michael Shapiro**; for more information or to make a reservation, please contact the school office at 994-7856.
- **NHBZ Women's Home Study Group** (First Tuesday, May 1, 2:30 pm) - at the home of **Jackie Berkin**; Topic is "The Six Constant Mitzvos," presented by **Rabbi Shaya Mintz**, of the St. Louis Kollel; all women are welcome; please join us!
- **Morris Lengua Yiddish Club** (First Thursday, May 3, 7:30 pm) - Join us for a spirited hour filled with Yiddish stories, songs and laughter; "mavens" as well as novices are welcome.
- **Pre-Lag B'Omer Pancake Breakfast** (Sunday, May 6, 10:00 am)
- **H.H. Bremler Memorial Program** (Sunday, May 6, 1:00 pm)
- **Irvin Alper Social Club** (First Sunday, May 6, 5:00 pm) – join us for supper, social hour, and movie. " Till the Clouds Roll By"; all for only \$7; please RSVP to Ruth Alper at (314) 569-2877.
- **Semi-Annual Membership Meeting** (Tuesday, May 8, 7:30 pm)
-  (Shabbos, May 12)

## Meetings

- **Capital Campaign** (Monday, April 23, 7:30 pm, following minyan at 7:00 pm)
- **Executive Committee** (Tuesday, April 24, 7:30 pm, following minyan at 7:00 pm)
- **Semi-Annual Membership Meeting** (Tuesday, May 8, 7:30 pm, following minyan at 7:00 pm))
- **Board of Directors** (Tuesday, May 8, following Semi-Annual Membership Meeting)



## Reminders

- **Bulletin Deadline is Noon on Wednesday!**
- **Sponsorships** - If you would like to sponsor kiddush, Soda, Shalosh Seudos, this bulletin, or something special and unique in honor or in memory of someone, please call 314-991-2100, ext. 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly; see birthday box for details.
- **Donate a Book** - Did you know you can purchase a Siddur, Chumash, or other prayer books or study books for NHBZ as a tribute? Contact the office for details.
- **Synagogue Honors** - It is customary to make a donation to the synagogue for an Aliyah or other synagogue honors received.
- **Free Money for NHBZ!!** - Use Schnuck's Scrip and buy Gift Cards; call Scrip and Gift Card Mavens Janet Haber at 567-7406 or Bert Zakroff at 220-0674 for details.
- **Volunteer Opportunities** - NHBZ needs YOU! NHBZ is open 24 hours per day, 7 days per week, and 52 weeks per year; to provide such an ongoing service, we need your help; whatever your skills, we have an opportunity for you: office work, cooking, pickup and delivery, repairs, Pizza night, Sukkah raising, outreach committee, building committee; please call the office to volunteer.



# ***Beyond Twelve Gates* by Rabbi Ze'ev Smason**

Beyond Twelve Gates' refers to a beautiful concept taught by the great mystic *Rabbi Isaac Luria* (1534-1572), also known as 'The Ari'. There exist twelve gates of prayer in Heaven — one for each tribe of Israel. There also exists a Heavenly thirteenth gate. Through this gate the prayers of all Jews, regardless of tribe, Jewish education or level of observance, are allowed to enter and are heard by G-d.

Parshas Shemini

April 21, 2012

29 Nissan, 5772

## **Welcome to Beyond Twelve Gates**



Did you work hard today? Before patting yourself on the back, consider the workday of many birds. The thrush arises at 2:30 each morning, rolls up his sleeves (figuratively, that is) and doesn't stop until 9:30 at night. During his nineteen hour workday he feeds his voracious young two hundred and six times. The blackbird starts work at the same time as the thrush, but his whistle blows at 7:30. During his seventeen-hour day he sets about one hundred meals before his kiddies. The indefatigable titmouse is up and about at three in the morning, and his stopping time is nine at night. A fast worker, the titmouse is said to feed his young four hundred and seventeen meals - mostly of caterpillar - in the long, hard, hot day.

Judaism emphasizes the value of work. A parent is obligated to teach or to see that his child learns a trade. If a parent does not do this, it is as if he taught the child to be a thief. One should never consider himself too great or too important to work, and understand that even continued success in one's Torah studies depends on one's being engaged in work. One who benefits from his own hard work is greater than one who is a *Yirah Shomayim*, a G-d revering person. Don't be like the person who says, "I love work - I could watch it all day long!" As Ethics of the Fathers (1:10) teaches, "Love work."

## **Parshas Shemini – Leviticus 9:1 - 11:47**



This week's Torah portion begins by discussing the events which occurred on the eighth and final day of the inauguration service of the Mishkan. After months of preparation, Aaron and his sons are finally installed as Kohanim in an elaborate service. Aaron blesses the people, and the entire nation rejoices as G-d's presence rests upon them. However, the excitement comes to an abrupt halt as Aaron's two eldest sons, Nadav and Avihu, are consumed by a heavenly fire in the Mishkan while innovating an offering of incense on the altar. This incident stresses the need to perform the commandments only as G-d directed. Later, Moses consoles Aaron, who grieves in silence.

Have you ever wondered where the laws of kosher food come from? Parshas Shemini concludes with a listing of the kosher and non-kosher animals. The identifying signs of a kosher land animal are that it has split hooves and chews, regurgitates and re-chews its food. A kosher fish is one that has both fins and scales. All birds not included in the list of forbidden fowl are permitted. However, today the identities of these non-kosher birds are doubtful. Therefore, we're forbidden to eat any species of bird unless there is a well-established tradition that it is kosher. The Torah forbids all types of insects except for four species of locusts. Chocolate-covered grasshoppers, anyone? The laws of kashrut help us to be separate and holy -- like G-d, Himself.

## **Rabbinic Ruminations**



Have you ever had the experience of a headache that improves within seconds of taking a pain pill? The relief you felt wasn't likely due to the medication, given that it may take at least 15 minutes to kick in. What was at work was the placebo effect: your mind knows you've taken a pill, so you feel better. 'Placebo' is the Latin word for "I shall please." Some studies suggest a placebo of salty water can be as powerful as morphine. Other studies suggest that 80% of the power of Prozac is placebo.

How can a simulated or otherwise medically ineffectual treatment for a disease or other medical condition work? Is it simply the effect of believing the treatment will help? Does it matter how much you believe? Is it the fact that you get them from a doctor who tells you they will help? While many questions about the dynamics of the placebo effect remain unanswered, the placebo effect certainly points to the importance of perception and our brain's role in physical health. The human mind is incredibly powerful -- we don't always get what we expect but what we expect can have a very powerful role in how our reality unfolds.

Just as our physical health is dependent on the connection between our limbs and nervous system, the health of our neshama (soul) is dependent on maintaining a strong connection to its Divine life-source. If this connection is compromised due to neglect, a person loses spiritual functionality. Through

a balanced diet of Torah, a regular regimen of mitzvah exercise and immersion in a Jewishly-committed life, our connection to our Source will be maintained.

### Quote of the Week

"Not to understand a man's purpose does not make him confused. -- Master Po, 'Kung Fu' 1970s TV series

### Joke of the Week

Joe took good care of his umbrellas, and dropped off the torn ones at the 'Umbrella Fix-It Shop' to have them repaired. The next day on the bus to work, Joe absent-mindedly picked up an umbrella which be-

longed to a woman beside him when he got up to leave. The woman yelled out and snatched her umbrella back. Joe was flustered and embarrassed, and quickly got off the bus.

That evening on his way home Joe stopped at the repair shop to pick up his mended umbrellas. When he entered the bus with the unwrapped umbrellas tucked under his arm, he cringed to see the same lady of his morning adventure glaring at him. Her voice was dripping with sarcasm as she said, "You had a good day, I see."



OYVEY!

**Mazel Tov On Simchas**  
**For Weeks of April 14 - Apr 27**

**Happy Birthday**

Hannah Kaiser  
Sam Shanker  
Fran Reisler  
Charles Waxman

Craig Berkin  
Steve Marbain  
Evan Woolf

*Happy Anniversary*  
none

Show your friends you care - SEND A TRIBUTE  
Shul: Call Gloria Waxman 314-872-3296  
Sisterhood: Phyllis Silverman 314-434-2482  
Libby Needle Fund: Sally Needle 314-991-2575  
Chesed Fund: Drop by the office for a Card Pack

### Minyan Information

**Did You Know?** One is prohibited from engaging in idle conversation in a synagogue - regardless of whether davening is taking place.

Mayer Taller: 997-0927      Rabbi Smason: 749-5271  
Howard Sandler: 409-7266      NHBZ Office: 991-2100

Monument Dedication for  
**Morris Fredlich, z"l**

Sunday, April 29th, 12:30 p.m.  
Chesed Shel Emes Cemetery on White Road

Monument Dedication for  
**Edwin Brownstein, z"l**

Sunday, April 29. 2:00 p.m.  
Chevra Kadisha Cemetery, Page at North & South

### NHBZ Semi-Annual Membership Meeting

Tuesday, May 8, 7:30 pm (minyan at 7:00 pm)

We encourage all members to attend

- Hear Rabbi's, President's & Committee Reports
- Review accomplishments of the last six months
- Take a peek into the future
- Express your opinions & provide input into future directions of NHBZ

### ISRAEL CORNER

- **Yom Hazikaron** (Wed. April 25) - Israel Memorial Day; *please attend the Yom Ha'Zikaron / Yom Ha'Atzmaut Commemoration & Tefila Chagagit, 7:30 pm at Young Israel.*
- **Yom Ha'Atzmaut** (Thu. April 26) - Israel Independence Day commemorates Declaration of the Establishment of the State of Israel on May 14, 1948.

**Having a Simcha? Rent our building! Call the office for details 991-2100**

Auditorium and Banquet Seating \*\*\* Meat and Dairy Kitchens \*\*\* Discounts for Members

## Stump the Rabbi

Ask Rabbi Smason questions about Judaism. Any question is fair game! You can ask your questions in person, or by email at: [Pepshort613@gmail.com](mailto:Pepshort613@gmail.com)

**Question:** What is a *Zimun*?

**Answer:** When three or more males over the age of thirteen join together to eat a meal with bread, they do not say Bircas HaMazon ('Bentching', or Grace) individually. Rather, they join together as a unit where one recites and the others respond. There is spiritual strength in numbers, particularly in communal prayer. This convening of those present for the purpose of Bentching is called a *zimun*. The word *zimun* means 'invitation'.

The format of a *zimun* is that two 'invitations' are offered by the one leading Bentching. The first invitation - simply a call to attention - is *Rabosai, nevariech* ("Gentleman, let us bless"). One may use the word *chaverai* ("friends") in place of *rabosai*. The second invitation, and how the respondents answer each invitation, can be found in a siddur or Bentching booklet. Three or more women dining together may and, even should, make a *zimun*.

Do you EAT? Do you SHOP?  
Then please remember to use your

**Schnuck's e-Scrip Card!!**

Easy donations for NHBZ and not a penny out of your pocket! Just hand your e-Scrip Card to the checker when you check out.

They swipe it, and a percentage of your total is donated to NHBZ! Don't

have an e-Scrip Card?

Call Bert Zakroff at  
220-0674.

**Reminder . . .** Our beautiful new shul is our home for prayer, learning and socializing. Please remember to take care of it as if it is your own home. If a drink is spilled or if you see some food on the carpet, please notify William or clean it up before somebody slips or grinds it into the carpet. Smudged finger prints or dirt on the walls, windows or furniture are unsightly. If we each take responsibility for the appearance of our building, we will continue to be proud of our beautiful shul.

## Getting to Know You

by Roving Reporter Robin Rickerman

This week featuring *Morris Kram*.

**Tell me a bit about your family history.**



My father and grandparents were from Austria. My mom from Poland. They came to the U.S. in the 1900's. My mom and Dad met at a wedding. My dad had met a man from St. Charles who had a farm and a lake. He was

draining the lake for more farming, so my dad, Louis Kram, went to pick up the fish to sell from a horse and wagon. He did so well selling the fish that day, he eventually opened a store at 13<sup>th</sup> and Biddle, which still exists today. I worked at the store from the time I was 8 years old. It has been in the family all these years, and just recently the Jewish Light did a story on the store and the history. My wife Estelle and I dated all through high school, and Washington University. We married in 1951, then 4 months later I was drafted to Korea.

**What is your favorite holiday and why?**

Passover. I love the food and the Seder. I just wish all of my family could be together for the Seder.

**What is something about you that most people don't know?**

Although I am retired, I have a fish tank hobby. I have a BIG tank that I enjoy.

**How did we become so fortunate to have you as a member of Nusach Hari?**

We moved from University City to Olivette in 1962, with our 3 children, Sandra, Kenneth, and Barbara. We joined at that time. The kids were all confirmed and Kenneth became a Bar Mitvah at Nusach Hari.

**If you could travel, ANY WHERE IN THE WORLD, where would you go and what would you do?**

We LOVE St. Louis compared to anywhere. We would love to have our 3 children, their spouses and 6 grandchildren together...ANYWHERE, just together.





## PIZZA PIZZA PIZZA at NHBZ!!!

Lion's Den **DINE-IN** Pizza Night  
**SUNDAY, APRIL 29 !!**  
5:00 pm - 7:00 pm

All-You-Can-Eat Buffet of  
Pizza, Pasta Salad, Garlic Bread & Salad  
plus Dessert & Beverage

Kids 3 & under FREE  
Kids 4-12: \$6.00  
Adults: \$10.00



Next Carry-Out Night  
**WEDNESDAY, MAY 16**

### Community-Wide Yom HaShoah Commemoration

Sunday, April 22<sup>nd</sup>, 4:00 pm – 5:30 pm  
Congregation Temple Israel

#### “Survivors Among Us: Stories From the Shoah”

The program will feature testimonies by St. Louis Survivors recounting their experiences during this tragic period of history. It will also include liturgical readings, a traditional candle-lighting ceremony, and music appropriate for this annual observance.

### YIZKOR REMINDERS

1. Yizkor is recited four times per year – on Yom Kippur, Shemini Atzeres, the eighth day of Passover and the second day of Shavuos.
2. When we recite Yizkor, we pledge to give Tzedakah in memory of our loved ones; please send your Yizkor donations to NHBZ.
3. We will recite the name of your loved one out loud during Yizkor services for \$18 per year. Call the office at 991-2100 for details.
4. Yizkor will be recited next on the second day of Shavuos, May 28, 2012.

## OHR PESIA

### Women's Learning Program

Ohr Pesia (Light of Pesia) is a Torah learning program, named for Rebbetzin Paula “Pesia” Rivkin of blessed memory, created for women who want to build Hebrew textual skills, expand Torah knowledge, and study inspiring texts on personal growth. It provides formal classroom courses for women of all backgrounds, and believes that students can best expand their knowledge in a warm, non-threatening environment where all questions are welcome.

New Spring Classes (\$25 registration fee):

- **Mesillas Yesharim Part II** Instructor: Mrs. Esti Zuravin; dates: Sundays April 22 & 29, May 6 & 22, June 3; time: 10 am; Fee: \$25
- **Inside Megillas Ruth** Instructor: Mrs. Mimi Davi; dates: Wednesdays April 25, May 2 through 30; time: 8 pm; fee: \$30
- **Shemoneh Esrei Part II** Instructor: Mrs. Tova Greenblatt; dates: Tuesdays April 24, May 1 through 29; time: 10 am; fee: \$30

All classes are one hour long at Esther Miller Bais Yaakov High School, 700 North & South Road.

Please call Stacy Kass at 314-630-6991 or Sarah Glazer at 314-943-0478, email us at ohrpesia@gmail.com or visit our website [www.ohrpesia.com](http://www.ohrpesia.com).

## DAILY MINYAN

The Child Abuse Prevention Program of  
Jewish Family & Children's Service Presents

### Does sparing the rod spoil the child?

Jewish approaches to interacting with children.

An Evening with Rabbi Dr. Joseph S. Ozarowski



Sunday, April 22, 2012

7:00 pm

Richmond Heights “The Heights” Community Center

8001 Dale Avenue

Richmond Heights, Missouri 63117

Corner of I-64 and Eager Road