

NHBZ Shabbos Bulletin

Aug 4, 2012

Welcome to Nusach Hari B'nai Zion

16 Av, 5772

Torah Portion Va'eschanan
Haftorah Devarim

Deuteronomy 3:23 – 7:11
Isaiah 40:1 - 40:26

Stone Chumash pages 959 - 979
Stone Chumash pages 1196 - 1197

Erev Shabbos - Friday, August 3

- **Mincha & Maariv** (7:00 pm)
- **Candle Lighting** (7:52 pm)

Shabbos Nachamu - Saturday, August 4

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Ariel Fromowitz**
 - Leyning: **Adam Ariel**
 - Haftorah: **Moshe Pinto**
 - Sermon: **Rabbi Ze'ev Smason**
 - Musaf: **Dr. Ethan Schuman**
- **Child Care** (10:00 am – Noon) – for children 3 years old and younger, in the Children's Room downstairs.
- **Youth Programming** (10:15 am – 11:00 am) – for children ages 4-8, in the Youth Lounge on lower level.
- **Learners Service** (10:15 am) - led by **Rabbi Ze'ev Smason**, in the Chapel on the lower level.
- **Kiddush** (following Musaf)
- **Shabbos Study Group** (6:35 pm) - Studies in Tanach, led by **Menachem Szus**; everyone at any level of learning is welcome; now studying Yeshayahu (Isaiah).
- **Mincha / Shalosh Seudos / Ma'ariv** (7:35 pm)
- **Shabbos Concludes** (8:54 pm)



This Week

<i>Davening Times</i>	Shabbos Aug 4	Sun. Aug 5	Mon. Aug 6	Tues. Aug 7	Wed. Aug 8	Thur. Aug 9	Fri. Aug 10	Shabbos Aug 11
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Maariv	7:35 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:25 pm
<i>Events</i>	Learn	Learn; Rap; Social Club	Grief Support	Buy Cash Cards	Lunch 'n' Learn	Shechita Class	Erev Shabbos	Shabbos

- **Sunday Learning** - (None this week or next, resumes Sunday, Aug 19, after Shachris) - **Rabbi Chanan Swidler** of Aish leads Mishna study for men following Sunday morning services; davening at 8:00 am.
- **RAP with the RABBI Teen Group** – (Sunday, August 5, 10:15 am) - with **Rabbi Smason**, for young men and women; at Starbucks at Olive & Price, with complimentary drinks to all!
- **Irvin Alper Social Club** (Sunday, August 5, 6:00 pm) - Join us for supper, social hour and the Movie "Keeping Up with the Steins"; all for only \$6; RSVP to Ruth Alper at 314-569-2877.
- **Tanya Class** (Postponed, next class will be Sunday, Aug 19, 8:00 pm)
- **Grief Support Group** (Monday, August 6, 6:30 pm) - in multi-purpose room on the lower level.
- **Rabbi Smason's Lunch & Learn** (Wednesday, August 8, 12:15 pm) - in the Teen Lounge; now studying Pirkei Avos (Ethics of the Fathers, in English), which deals with Jewish ethical and moral principles; please join us for an enjoyable and relevant presentation and discussion.
- **Shechita Class** (Thursday, August 9, 5:30 pm – 6:30 pm) - An 8 month series of classes for men led by Rabbi Chaim Loike, a Rabbinic Coordinator with the OU Kashruth Division; at NHBZ lower level.

- **Buy and Use Cash Cards** (Monday – Friday) – Next order dates are **Thursday, August 16** and **Thursday August 30**; buy 'em before these dates and earn free money for NHBZ.

Coming Events

- **Carry-Out Pizza Night** (Wednesday, August 15) – please place orders no later than Noon on August 15.
- **Shabbos Lunch 'n' Learn** (Saturday, August 18) - **Rabbi Ze'ev Smason** will speak on the topic "Jewish Genetic Myths"; lunch will be sponsored by **Norma & David Rubin**.
- **Chinese Food Night** (Monday, August 20, 5:30 pm) - see picture ad.
- **Sisterhood Lunch and Bingo** (Tuesday, August 21, Noon) - see picture ad.
- **Women's Guide to Time** (Monday, August 20, 7:30 pm) - Explore the powerful opportunities the Jewish lunar calendar offers us as women; presented by **Rebbitzin Chani Smason**; Month = Elul, Theme = Beloved, Sign = Bride, Focus = Desire; in the Teen Lounge on the lower level.
- **Dine-In Pizza Night** (Sunday, August 26, 5:00 pm – 7:00 pm)
- **Labor Day Weekend Family Picnic & BBQ** (Sunday, September 2, 4:30 pm – 7:00 pm) - Irv Zeid Park, around the corner from NHBZ.
- **NHBZ Women's Home Study Group** (First Tuesday, Sept 4, 2:30 pm) - at the home of **Jackie Berkin**; Topic is "The Six Constant Mitzvos," presented by **Rabbi Shaya Mintz**, of the St. Louis Kollel; all women are welcome; please join us!
- **Cooking for Rosh Hashanah** (Wednesday, September 5, 7:00 pm – 9:00 pm) - \$10, limited to 15 people, so sign up soon!
- **Morris Lengua Yiddish Club** (First Thursday, Sept 6, 7:30 pm) - Join us for a spirited hour filled with Yiddish stories, songs and laughter; "mavens" as well as novices are welcome.

Kasherus Alert

- **Herky's J Cafe** - As of July 27, 2012, Herky's J Cafe, located in the Jewish Community Center at 2 Millstone Campus, will no longer be under the supervision of the Vaad Hoer of St. Louis; however, some sealed, pre-packaged kosher items will be available for purchase.

Meetings

- **Executive Committee** (Tuesday, August 7, following minyan at 7:30 pm)
- **Board of Directors** (Tuesday, August 14, following minyan at 7:30 pm)



Reminders

- **Bulletin Deadline is Noon on Wednesdays - Bulletin Assistants are needed**
- **Sponsorships** - If you would like to sponsor kiddush, Soda, Shalosh Seudos, this bulletin, or something special and unique in honor or in memory of someone, please call 314-991-2100, ext. 2, to make arrangements.
- **Synagogue Honors** - It is customary to make a donation to the synagogue for an Aliyah or other synagogue honors received.
- **Free Money for NHBZ!!** - Use Schnuck's Scrip and buy Gift Cards; call Scrip and Gift Card Maven Janet Haber at 567-7406 for details.
- **Volunteer Opportunities** - NHBZ needs YOU! NHBZ is open 24 hours per day, 7 days per week, and 52 weeks per year; to provide such an ongoing service, we need your help; whatever your skills, we have an opportunity for you; please call the office to volunteer.



***Beyond Twelve Gates* by Rabbi Ze'ev Smason**

Beyond Twelve Gates' refers to a beautiful concept taught by the great mystic *Rabbi Isaac Luria* (1534-1572), also known as 'The Ari'. There exist twelve gates of prayer in Heaven — one for each tribe of Israel. There also exists a Heavenly thirteenth gate. Through this gate the prayers of all Jews, regardless of tribe, Jewish education or level of observance, are allowed to enter and are heard by G-d.

Parshas Va'eschanan

August 4, 2012

23 Av, 5772

Welcome to Beyond Twelve Gates

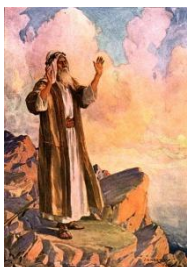


"You didn't know where to look, there was so much happening in the room. There were contortionists on the ceiling, performers walking on stilts -- it was like going to a show." Liza Sandler, of Long Island, wasn't in awe of *Cirque du Soleil*, but rather, of her daughter Ryan's Bat Mitzvah party. A crowd of close to 400 enjoyed the Britney Spears-themed blowout last October. Liza said her daughter deserved every second -- and dollar -- of the six-figure event. "Your child works hard, she studies the Torah for a year. My kids have values, and they appreciate what we give them. I don't care if people judge how I spend my money."

Exorbitant Las Vegas-like affairs in celebration of Bar and Bat Mitzvot are commonplace in certain New York circles, with some parents spending up to \$1 million. Some, if not all, of the following are present to keep the children entertained: famous rock stars, photo booths, casino tables, fire-eaters, sword-swallowers, emcees, disc jockeys, bands, karaoke machines, break dancers, theatrical lighting and special effects. "Everyone wants to top the bar mitzvah they went to the previous week," said one event planner. "It's insane how competitive they are. Every single mom wants to be the mother that everyone is talking about."

Extravagant parties run the risk of disconnecting our children from the Judaism we hope to celebrate. A return to the basics -- giving our children a solid Jewish education, treating G-d as if He really exists, and creating a home environment where Jewish ethics and rituals are put into practice are the keys to nurturing Jewish continuity.

Parshas Devarim – Deuter. 1:1 - 3:11



Moses continues his final speech to the Children of Israel (the rabbis always talk about the 'Children of Israel' -- where were all the adults?). He tells them how he entreated G-d to allow him to enter the land of Israel, but his request was denied. Moses was allowed, however, to see the Promised Land from the peak of Mount Pisgah.

Moses appeals to the people to keep the Torah and its commandments, telling them to neither add to nor subtract from its mitzvos. They are told to always remember the incredible Revelation they experienced at Mt. Sinai where every man, woman and child heard the presentation of the Ten Commandments. Moses repeats the Ten Commandments, with subtle differences between this version and the one found in the Book of Exodus. Did you ever wonder where the Shema comes from? It is found in this week's Torah portion. The Shema expresses our belief that G-d is One and states our commitment to love and serve Him. It exhorts us to transmit Torah to the next generation, and its laws should be remembered by a 'sign' upon one's hand and forehead (tefillin) and written on the doorposts of one's home (mezuzah).

Finally, Moses encourages the people to trust in G-d and remain faithful to the Torah. Inter-marriage is prohibited, and the source that Jewish identity is transmitted through the mother is stated.

Rabbinic Ruminations



Forget the fingerprint scanner app. Don't even bother with those irksome digital eye scans. For the latest in high-tech security, meet the biometric shoe. The characteristics of your gait may not be as distinctive as the swaggering of John Wayne or a Michael Jackson moonwalk, but your stride may still be unique enough to identify you at a distance -- alone or among a group of people.

Carnegie Mellon University's new Pedo-Biometrics Lab is working to perfect special shoe insoles that can help monitor access to high-security areas, like nuclear power plants or special military bases. The concept is based on understanding that each person has unique feet, and ways of walking. Sensors in the bio-soles check the pressure of feet, monitor gait, and use a microcomputer to compare the patterns to a master file for that person. If the patterns match, the bio-soles go to sleep. If they don't, a wireless alarm message can go out. Bio-soles might also have medical uses. The way people walk also may suggest how they think; changes in an older person's gait appear to be an early indicator of cognitive impairment, including Alzheimer's disease.

Identification based upon gait is also a spiritual concept. Numerous Biblical sources refer to the importance of walking in the ways of G-d (e.g. *If you walk with My statutes and observe My commandments... Lev. 26:3*) What does it mean to 'walk in G-d's ways'? Just as G-d clothes the naked (Adam and Eve), visits the sick (Abraham), comforts mourners (Isaac), and buries the dead (Moses), so too we should be compassionate and merciful. To be a serious Jew, you have to 'walk the walk' -- walk in the footsteps of G-d.

Quote of the Week

"I must admit that I personally measure success in terms of the contributions an individual makes to her or his fellow human beings." – Margaret Mead

Joke of the Week (thnx to Dr. William Krieger)

A man walks out to the street and catches a taxi just going by. He gets into the taxi, and the cabbie says, "Perfect timing. You're just like Frank."

Passenger: "Who?"

Cabbie: "Frank Feldman. He's a guy who did everything right all the time. Like my coming along when you needed a cab, things happened like that to Frank Feldman every single time."

Passenger: "There are always a few clouds over everybody."

Cabbie: "Not Frank Feldman. He was a terrific athlete. He could have won the Grand-Slam at tennis. He could golf with the pros. He sang like an opera baritone and danced like a Broadway star and you should have heard him play the piano. He was an amazing guy."

Passenger: "Sounds like he was something really special."

Cabbie: "There's more. He had a memory like a computer. He remembered everybody's birthday. He knew all about wine, which foods to order and which fork to eat them with. He could fix anything. Not like me. I change a fuse, and the whole street blacks out. But Frank Feldman could do everything right. He always knew the quickest way to go in traffic and avoid traffic jams. Not like me, I always seem to get stuck in them. But Frank, he never made a mistake, and he really knew how to treat a woman and make her feel good. He would never answer her back even if she was in the wrong; and his clothing was always immaculate, shoes highly polished, too. He was the perfect man! He never made a mistake. No one could ever measure up to Frank Feldman."

Passenger: "An amazing fellow. How did you meet him?"

Cabbie: "Well... I never actually met Frank. He died and I married his widow."



**Mazel Tov On Simchas
this Week August 4 - August 10**

Happy Birthday

**Julie Eisenberg
Ed Ziegelman**

Happy Anniversary

Al & Ruth Katz

Show your friends you care - SEND A TRIBUTE
Shul: Call Gloria Waxman 314-872-3296
Sisterhood: Phyllis Silverman 314-434-2482
Libby Needle Fund: Sally Needle 314-991-2575
Chesed Fund: Drop by the office for a Card Pack

COMING ATTRACTIONS

LABOR DAY WEEKEND FAMILY PICNIC & BBQ
Sunday, September 2

COOKING FOR ROSH HASHANA
Wednesday, September 5

Minyan Information

**At daily minyan, we have extra tefillin for
you to borrow - and we can show you
how to put them on.**

Mayer Taller 997-0527
Rabbi Smason 749-5271
Howard Sandler 409-7266
NHBZ Office 991-2100

The Shabbos after Tisha B' Av is called

Shabbos Nachamu

("Shabbat of Consolation") after the opening words of the day's haftorah reading. This is the first of the series of readings known as "The Seven Haftorahs of Consolation" read in the seven weeks from the Ninth of Av leading up to Rosh Hashanah.

Stump the Rabbi

Ask Rabbi Smason questions about Judaism. Ask in person, phone or email: Pepshort613@gmail.com

Question:

What is the basis for the custom of covering or removing of a knife from the table during Bircas Ha'Mazon -- Grace after meals? (This custom doesn't apply on Shabbos or Yom Tov)

Answer:

- 1) We find that the table we eat upon is compared to the Altar in the Holy Temple. Regarding the Altar the Torah says, "Don't bring iron upon it." (Deut.27:5) The altar was created to lengthen our years, but iron (weapons) shorten a person's life. Therefore, a knife should be covered or removed before the end of the meal.
- 2) It once happened that a certain individual was saying Bircas Ha'Mazon. When he arrived at the section that speaks of our prayer to rebuild Jerusalem, he became distraught in thinking of the destroyed Holy Temple and harmed himself with a knife that was upon the table. Therefore, the custom evolved to cover or remove knives from the table before Bircas Ha'Mazon.
- 3) In Bircas Ha'Mazon we reference the blessing of the Land of Israel, which was Isaac's blessing to Jacob. Therefore, we cover or remove knives, which was Isaac's blessing to Esav ("...and you shall live by the sword..")

School Supplies

Help us make all kids feel good on the first day of school with the **BRIGHT, SHINY, NEW** school supplies they need!

3-Ring Binders - Paper - Crayons - Scissors
Glue - Pens - Erasers - Pencils - Markers
Tape - Spiral Notebooks - Index Cards

Bring in the supplies or write a check to NHBZ or call Sandie to place a donation on your credit card.

Make a great first day of school for every kid!!!

Deadline - August 15



Getting to Know You

by Roving Reporter Robin Rickerman

This week featuring **Moshe Pinto**.

Tell me a bit about your family history.



My ancestors were from Portugal. In 1496 they were forced to leave Portugal or become Christian. They left Portugal and went to Morocco. I was born in Portugal, and grew up in Israel. I came to the United States 20 years ago, and I have a beautiful daughter, Ellie, who is 16 years old.

What is your favorite Jewish Holiday?

I have two favorites - Sukkos and Passover. I return to Israel every year to celebrate those holidays with my family.

What is something about you that most people don't know?

I am the oldest of 10 kids. 7 sisters and 2 brothers. When I was in the military in Israel, I was invited to be on the Israeli Athletic Youth Running Team, running the 800 meter run in India. Israel belongs to the Asian Nations Competition. I also hold a BLACK BELT in TAE KWON DO. (We don't want to mess with Moshe!)

How did we become so fortunate to have you so involved at Nusach Hari?

When I came to St. Louis in 1988, I was looking for a synagogue, and visited Nusach Hari. I had a very warm welcome from Rabbi Borow, and became a permanent member that same year.

If you could travel, ANY WHERE IN THE WORLD, where would you go and what would you do?

I travel a lot, but I would love to go back to my roots -- to both Portugal and Morocco.

ISRAEL CORNER

Israel has it's own holiday of love, Tu B'Av, which was celebrated this week. It's often cited as a "high" to counter the "low" of the 3 weeks before Tisha B'Av, and is a desirable day to get married.

Thanks to those who have donated or contributed to school supplies so far:

Bertha Berman

Rabbi Howard & Felicia Graber

Morris & Estelle Kram

Menachem & Linda Szus

Chinese Dinner Night

Monday, August 20, 5:30 pm at NHBZ

Prepared at NHBZ by **Mr. Lee**,
Professional Chef at the
Happy China Restaurant
Under the Supervision of
Rabbi Ze'ev Smason



Hot & Sour Soup, Egg Rolls, Oriental Spiced Salad with Vinaigrette/Soy Dressing, Teriyaki Chicken, Marinated Sliced Beef, Asian Green Beans, Stir Fried Vegetables, Vegetable Lo Mein, Jasmine Rice, Almond Cookies and Sliced Fresh Fruit.

Adults: \$20 Kids 4-10: \$10

Reservations are a must

Call 314-991-2100, ext. 2.



*Mmmmm!
I can't wait!*

Interested in **NHBZ**

MEMBERSHIP?

Call the NHBZ office at
314-991-2100 extension 2

We welcome Jews
at all levels of
observance and
regardless of
financial status



Aish HaTorah Men's Mission to Israel November 4-12, 2012

Experience the Trip of a Lifetime!

\$1,699 per person based on double occupancy, plus airfare. Contact Rabbi David about scholar-ships, payment plans or any other questions. **Phone: [314-862-2474](tel:314-862-2474)**

email: ydavid@aish.com



**PIZZA PIZZA PIZZA
at NHBZ!!!**

**CARRY OUT NIGHT:
WEDNESDAY, AUGUST 15 !!**

HOT PIZZA WILL BE WAITING FOR YOU TO PICK UP!! OR
ORDER AN UN-COOKED PIZZA TO FREEZE OR BAKE AT HOME!!

Cheese Pizza ~ \$12.00 Toppings ~ 75c each

Extra-Cheese, mushrooms, onions, tomatoes,
basil, greenpeppers, sliced olives, pineapple

PLACE YOUR ORDER ~ 314-991-2100, ext. 2

Deadline to Order: 12:00 noon on August 15

NEXT DINE-IN NIGHT IS AUGUST 26

NHBZ Sisterhood Lunch and

BINGO

Tuesday, August 21, Noon

Delicious Lunch: Bagel, Tuna Salad,
Tossed Salad, Egg Salad, Chips, Soda
Donation \$6.60

Men & Women of all ages are welcome!
RSVP to Rachael 314-395-6017

Special Gifts Campaign

NHBZ is open 24 hours per day, 7 days per week, and 52 weeks per year. To provide such an ongoing operation, the congregation depends upon gifts and contributions *above and beyond* members' dues. Dues only pay for 30% of our operating expenses. In giving to NHBZ, you fulfill an important mitzvah.

A "**special gift**" is a donation above and beyond annual dues or to any of the specific funds. Those who give above a specified amount will be honored at a Special Gifts Event.

The 2012 "Special Gifts" Campaign is underway, and we give "Special" thanks to everyone who has made a pledge and has sent in his/her contribution. We are very grateful to each one of you. If you haven't made your pledge yet, please help your shul and call the office, 314-991-2100, ext. 2.

Make your contribution now!