

# NHBZ Shabbos Bulletin

December 10, 2011

Welcome to Nusach Hari B'nai Zion

14 Kislev, 5771

Torah Portion Vayishlach:

Genesis 32:4 – 36:43

Stone Chumash pages 170 - 197

Haftorah Vayishlach:

Obadia 1:1 – 1-21

Stone Chumash pages 1141 - 1142

Thanks to **Alan & Janet Haber** for sponsoring today's bulletin in honor of the engagement of their daughter **Aliza** to **Micah Miller**, son of **Rabbi Mordecai & Susan Miller** of BSKI, and thanks to **Rabbi Howard & Felicia Graber** for also sponsoring today's bulletin in honor of the engagement of their grandson **Moshe Graber**, son of **Steven & Joy Graber** of Baltimore, to **Sarah Kornbluth** of Monsey.

## Erev Shabbos - Friday, December 9

- **Mincha & Maariv** (4:20 pm)
- **Candle Lighting** (4:21 pm)



## Shabbos - Saturday, December 10

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:
  - Pesukei D'Zimra: **Howard Sandler**
  - Shacharis: **Alan Zarkowsky**
  - Leyning: **Michael Shapiro**
  - Haftorah: **Fabian Attoun**
  - Sermon: **Rabbi Ze'ev Smason**
  - Musaf: **Menachem Szus**
- **Learners Service** (10:15 am) – Led by **Rabbi Ze'ev Smason**, in the Chapel.
- **Kiddush** (following Musaf) - Thanks to **Alan & Janet Haber** for sponsoring Kiddush and Soda in honor of the engagement of their daughter, **Aliza** to **Micah Miller**, son of **Rabbi Mordecai & Susan Miller** of BSKI.
- **Shabbos Study Group** (3:35 pm) - Studies in Tanach, led by **Menachem Szus**; everyone at any level of learning is welcome; now studying Yeshayahu (Isaiah).
- **Boys' Mishna Study Group** (3:35 pm) - With **Rabbi Smason**, for boys ages 10-17.
- **Mincha/Shalosh Seudos/Ma'ariv** (4:05 pm)
- **Shabbos Concludes** (5:25 pm)



## This Week

Davening Times	Shabbos Dec 10	Sun. Dec 11	Mon. Dec 12	Tues. Dec 13	Wed. Dec 14	Thur. Dec 15	Fri. Dec 16	Shabbos Dec 17
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Maariv	4:05 pm	4:20 pm	4:20 pm	-	-	-	4:20 pm	4:05 pm
Ma'ariv Only	-	-	-	6:30 pm	6:30 pm	6:30 pm	-	-
● Events	Learn, RAP w/ R.	Social Club	Buy Cash Cards	Board Meeting	Lunch & Learn	Res. for Banquet	Erev Shabbos	Shabbos

- **Sunday Learning** (Sunday, Dec 11, following Shachris) - **Rabbi Chanan Swidler** of Aish HaTorah leads Mishna study for men following Sunday morning services; davening at 8:00 am.
- **RAP with the RABBI Teen Group** – (Sunday, Dec 11, 10:00 am) - with **Rabbi Smason**, for young men and women; at Starbucks at Olive & Price; with complimentary drinks to all participants!
- **Irvin Alper Social Club** – (Sunday, Dec 11, 6:00 pm) – Enjoy dinner and a movie; see picture ad.
- **Rabbi Smason's Lunch & Learn** (Wednesday, Dec 14, 12:15 pm, in the Teen Lounge on the lower level) - Now studying *Pirkei Avos* (Ethics of the Fathers, in English), which deals with Jewish ethical and moral principles; please join us for an enjoyable and relevant presentation and discussion.

- **Shalosh Seudos** (Saturday, Dec 17) – will be sponsored next week by **Andy** and **Betty Epstein** in memory of beloved father, **Walter Epstein**, z"l.
- **Carryout Pizza Night** (To be announced)
- **Buy and Use Cash Cards** (Monday – Friday) – Order your Cash-cards on **Wednesday, December 14 and Thursday, December 29**; earn free money for NHBZ; Kohn's Scrip is temporarily sold out.
- **Make reservations for the Anniversary Banquet** (asap) – see picture ad.
- **Toys for Chanukah Drive** (now) - bring your new, UN-wrapped toys to the office.

## Coming Events

- **Anniversary Banquet** (Sunday, Dec. 18) – You are invited to attend the NHBZ 106<sup>th</sup> Anniversary Banquet and Re-dedication of our New Shul; honoring **Menachem & Linda Szus** and Woman of Valor **Mrs. Phyllis Silverman**; buffet dinner at 5:00 pm; "Great American Music Tribute" at 7:00 pm. See picture ad.
- **Sisterhood Meeting** – (Tuesday, December 20) – Last meeting until March; see picture ad.
- **Chanukah Fun for the Whole Family** (Saturday, Dec 24, 6:00 pm- 9:00 pm) – Activities for children and adults at NHBZ; free admission; see picture ad for details.
- **Dine-In Pizza Night** (Sunday, January 1, 5:00 pm – 7:00 pm)
- **NHBZ Women's Home Study Group** (First Tuesday, January 3, 2:30 pm) - at the home of **Jackie Berkin**; Topic is "The Six Constant Mitzvos," presented by **Rabbi Shaya Mintz**, of the St. Louis Kollel; All women are welcome; please join us!!!
- **Morris Lenga Yiddish Club** (First Thursday, January 5, 7:00 pm) - Join us for a spirited hour filled with Yiddish stories, songs and laughter; seasoned "mavens" as well as novices are welcome.
- **Installation Shabbos** – (January 7)

## Meetings

- **Board of Directors** (Tuesday, December 13, 7:00 pm, following minyan)
- **Executive Committee** (Tuesday, December 27, 7:00 pm, following minyan)
- **Sisterhood** - will not have meetings during the winter months of January and February, and will resume in March when the weather is more predictable!



## Kashrus Alert

- **Beech Nut Whole Wheat Pasta Parmesan** bears an unauthorized OU-D symbol.

## Reminders

- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin every 6-8 weeks.
  - For a Shul tribute, call Gloria Waxman at 314-872-3296
  - For a Sisterhood tribute, call Phyllis Silverman at 314-434-2482
  - For Libby Needle Fund, call Sally Needle at 314-991-2575
- **Synagogue Honors** - It is customary to make a donation to the synagogue for an Aliyah or other synagogue honors received.
- **Buy Cash Cards for Chanukah** – Yes, that's right; Cash Cards make great Chanukah Gift Cards! **NOW ACCEPTING CREDIT CARDS for some Cash Cards – see flyer in lobby!**
- **Volunteer Opportunities** - NHBZ needs YOU! NHBZ is open 24 hours per day, 7 days per week, and 52 weeks per year; to provide such an ongoing service, we need your help; whatever your skills, we have an opportunity for you: office work, cooking, pickup and delivery, repairs, Pizza night, Sukkah raising, outreach committee, building committee; please call the office to volunteer.



# **Beyond Twelve Gates by Rabbi Ze'ev Smason**

Beyond Twelve Gates' refers to a beautiful concept taught by the great mystic *Rabbi Isaac Luria* (1534-1572), also known as 'The Ari'. There exist twelve gates of prayer in Heaven — one for each tribe of Israel. There also exists a Heavenly thirteenth gate. Through this gate the prayers of all Jews, regardless of tribe, Jewish education or level of observance, are allowed to enter and are heard by G-d.

Parshas Vayishlach

December 10, 2011

169 Kislev, 5772

## **Welcome to Beyond Twelve Gates**

### **Psychology**

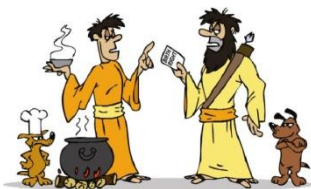


Can something that seems bad be something good in disguise? Daniel Gilbert would enthusiastically answer: "YES!!" At the age of 19, Gilbert was a high school dropout who wanted to be a science fiction writer. In an attempt to improve his writing skills, he took a bus to the local community college to enroll in a creative writing class. When he was told that the creative writing class was full, he signed up for the only class that was still open: Introduction to Psychology. It's safe to assume that at the time, Gilbert was at least mildly disappointed that the creative writing class was closed.

However, the field of psychology seemed to agree with the erstwhile creative writer. Gilbert eventually received a B.A. in Psychology and a Ph.D in Social Psychology. Dr. Gilbert, currently a professor at Harvard University, has won numerous awards for his teaching and research, including the Harvard College Professorship, the Phi Beta Kappa Teaching Prize, a Guggenheim Fellowship, and the American Psychological Association's Distinguished Scientific Award. In 2008 he was elected to the American Academy of Arts and Sciences. Additionally, Dr. Gilbert is the author of the international bestseller *Stumbling on Happiness*, which has been translated into more than 25 languages and which won the 2007 Royal Society Prize for Science Books.

It is important to train oneself to look positively upon life's situations. Often what appears as 'bad' or 'negative' ends up being a blessing. What can we do to look at challenging situations in a positive light? A Hebrew expression, *gam zu l'tova*, means 'this too is for the best.' When things don't seem to be going your way, say *gam zu l'tova*. Dr. Daniel Gilbert would certainly agree that at times, hidden blessings turn out to be the sweetest blessings of all.

## **Parshas Vayishlach - Genesis 32:4 – 36:43**



Jacob and family return from the house of Laban to the land of Israel, only to find Esau heading toward them with 400 men, ready for battle. After preparing his family for

war and praying to G-d for help, Jacob attempts to appease his brother by sending him a gift of many animals. After his family crosses the river to await the meeting with Esau, Jacob is left alone for an all-night 'confrontation' with an angel disguised as a man. Although Jacob is victorious, he is left limping from a hip-dislocation. Rejoining his family, Jacob encounters Esau who accepts him with an apparent new-found brotherly love. Jacob and Esau part ways, in peace.

Another crisis arises when Jacob's daughter Dinah is abducted and raped by Shechem, the prince of a town with the same name. Two of Jacob's sons, outraged at the humiliation caused to their sister, trick the town's residents into circumcising themselves on the condition that they would then be allowed to intermarry with Jacob's family. Simeon and Levi (two sons of Jacob) then decimate the entire city and save Dinah. Later in the portion, G-d blesses Jacob and gives him the additional name "Israel." Soon after, Rachel dies while giving birth to Benjamin, Jacob's twelfth son. Finally, Jacob returns home and is reunited with his father Isaac. The Torah portion concludes with a lengthy genealogy of Esau's family.

## **Rabbinic Ruminations**



We stand to benefit from good advice others have to offer. Often, though, we're much better at giving advice than taking it. What does the person next door or a colleague at work know, for example, about who we should date? According to a recent study, it turns out they may know a lot more than we think.

Imagine you are about to be introduced to a stranger of the opposite sex. Before meeting, you have a choice of obtaining either: 1) a photograph of him or her with an autobiography or 2) a 'rating' by someone who previously met this stranger. Which one do you think will better predict how much you'll enjoy your 'speed date'? Your evaluation, or that of another person? Most participants in a 2010 study (conducted by Dr. Daniel Gilbert - see above) would prefer number 1 -- their own evaluation. In the experiment, though, the ratings of a previous speed dater were shown to be the best predictor of how much people enjoyed their encounter. Dr. Gilbert called this "The Surprising Power of Neighborly Advice."



Many receive advice, but only the wise profit from it. It may be difficult to know whether advice is good or bad until after we've taken it, but minimally we should weigh all advice carefully to see if it will be beneficial. A business may pay a consultant thousands of dollars for advice and suggestions; why shouldn't we eagerly solicit advice for our personal lives? Proverbs (19:20) says, "Hear counsel, receive instruction, and accept correction, that you may be wise in the future." Don't ignore the power of neighborly advice.

### Quote of the Week

"It is useless for sheep to pass a resolution in favor of vegetarianism while wolves remain of a different opinion." - William Ralph Inge (English author 1860 - 1954)

### Joke of the Week

Yankel is telling a new joke to Moshe. "Yitzhak and Hymie were talking one day..."

Right away, Moshe interrupts him. "Always with the Jewish jokes! Give it a rest! Why do your jokes always have to be about Jews? For once, can't you tell a joke about someone other than Jews?"

So Yankel starts again, "Hashimoto and Suzuki were talking one day at their nephew's Bar Mitzvah . . . ."



OY VEY!

### MinyanMan Tip # ?

YOUR TIP HERE. SUBMIT TO THE OFFICE FOR PUBLICATION NEXT WEEK.

Howard Sandler (409-7266)  
Rabbi Smason (749-5271)  
Synagogue Office (991-2100)

### **Installation Shabbos - January 7 Following Davening - Lunch plus Installation of Officers and Board**

#### Officers

**President** - Janet Haber  
**Vice President** - Robin Rickerman  
**Vice President** - Trudy Sudin  
**Treasurer** - Gary Sudin  
**Secretary** - Bobby Levine  
**Gabbai** - Mayer Taller

#### Board of Directors

Term Thru 2012	Thru 2013	Thru 2014
Fran Alper	Francine Attoun	Ken Bressler
Larry Chervitz	Esther Gelb	Don Eisenberg
Les Sabol	Fran Reisler	Sandy Kahn
Phyllis Silverman	Bert Zakroff	Rich Woolf

**Mazel Tov**  
**On Simchas This Week**  
**December 10 - December 16**

**Happy Birthday**

**Faye Cohen**  
**Chiyya Smason**  
**Bill Carl**  
**Sandie Abrams**  
**Elisheva Sudin**

**Happy Anniversary**

**Rabbi Aaron & Pearl Borow**  
**Efim & Dora Sulpoar**

Show your friends you care - **SEND A TRIBUTE**  
Shul: Call Gloria Waxman 314-872-3296  
Sisterhood: Phyllis Silverman 314-434-2482  
Libby Needle Fund: Sally Needle 314-991-2575

### **Used Jewish Book Sale**

**LAST DAY \* LAST DAY \* LAST DAY**  
**Sunday, Dec. 11, 10 am - 2 pm**

At the Brodsky Library, located in the Jewish Federation Kopolow Bldg., 12 Millstone Campus Drive.

For more information call 314-442-3720 or email [Brodsky-library@ifedstl.org](mailto:Brodsky-library@ifedstl.org)

## **St. Louis Community Eruv to Celebrate 17<sup>th</sup> Anniversary**

On Friday, December 9, 1994, at 11:45 AM, the St. Louis Community Eruv was completed. On Friday, December 9, 2011, the Jewish Community celebrated the **17<sup>th</sup> Anniversary of the Eruv.**

The Eruv requires money for repair and maintenance. On this 17<sup>th</sup> anniversary, we are asking for financial support from those who live within the Eruv. We request that each resident within the Eruv consider a contribution of \$200 or more. St. Louis Community Eruv, Inc. is a not-for-profit tax-exempt organization. All contributions are deductible for U.S. and Missouri Income tax returns. Donations should be made payable to St. Louis Community Eruv, Inc. and mailed to:

St. Louis Community Eruv, Inc.  
c/o Joel Garbow, Ph.D., Treasurer  
7947 Cornell Avenue  
St. Louis, Missouri 63130

Please respond quickly and generously

## **SPONSOR MISHNA STUDY FOR A LOVED ONE**

Learning Mishnayot in memory of a loved one, or for a Refuah Sheleima for a sick person, is an age-old Jewish Tradition. The word Mishna (learning) is closely related to the word Neshama (soul), and we believe that learning Mishnayot in someone's name acts as a Spiritual Elevation for that person or that person's soul.

Our Nusach Hari B'nai Zion Mishnayot Shiur, which learns every Sunday following morning minyan, is carrying on this tradition by dedicating the Mishnayos to those in whose names the Mishnayos will be learned.

You may sponsor Mishnayot Learning:

Dedicate Mishnayot for 1 year: \$250  
Dedicate Mishnayot for 6 months: \$150  
Dedicate Mishnayot for 3 months: \$96  
Dedicate Mishnayot for 1 month: \$50

May your loved one be bound up in the bond of eternal life.

May HaShem be filled with compassion to restore the health of your loved one.

## ***Plans for December 24?***

Join us for an evening of



## **Hanukah Fun**

for the whole family

**6:00-7:30 pm:** Kids programming  
including crafts, snacks, music and  
a movie

*For adults we'll have entertaining and  
informative sessions...and snacks*

**7:30--9:00: Live Music**



Latkes



Jelly Donuts



Cookies

**Where: NHBZ 650 North Price Road,**

**Olivette ☺ Questions?: (314)991-2100 x2**

*There is no charge for this event but everyone is asked to bring  
canned goods for the Jewish Food Pantry*

## **NHBZ Chanukah Helpers!!!**

### **TOYS FOR CHANUKAH**



It's time to shop  
for the kids  
in our community!

**TOYS & GAMES**  
for all age children



Please bring your UN-wrapped,  
**BRAND NEW** gifts to our office by  
**Friday, December 16**

Help the needy children  
in St. Louis have a  
very happy Chanukah!



First Candle of Chanukah - Tues. night, Dec. 20

# ***Nusach Hari B'nai Zion***

## ***106th Anniversary Banquet***

Sunday, December 18, 2011.

***We are proud to present our 2011 Honorees***

***Menachem & Linda Szus***  
***and***  
***Woman of Valor Phyllis Silverman***

***Menachem Szus*** has been the dedicated chairman of our Relocation Committee, and the driving force behind the Capital Campaign. Over the years, ***Linda Szus*** has maintained a very active presence at our shul. She was engaged in organizing the Lunch & Learn program, a myriad of programs for children, and coordinating the activities of the Chesed Committee.

***Phyllis Silverman*** is first in line to volunteer for everything from KP ("Kiddush Patrol") to leading, with her husband Sid, our Honey & Chanukah Candles projects.

It is with great pleasure that we give well-deserved *kovod* (honor) to these wonderful people.

Last year we created an elegant evening to bid a fond farewell to our old building as we prepared to move into our new one. ***Well, here we are!!!***

Please join us to celebrate our 106th Anniversary and the Re-dedication of our new building. The celebration will include a Lavish Buffet Dinner and a "Great American Music Tribute", a musical variety show by Sound Unlimited, featuring music from Gershwin to Jewish Favorites and Tony Bennett to Elvis!

Please return your dinner reservation card now!



Hmmm... Elvis or Tony?

### **Pre-paid Cash-Card Program**

***DO YOU GIVE CHANUKAH GIFTS?***

***Well! We have a deal for you!***

You can use pre-paid cash-cards for your purchases or you can even give them as gifts, and earn free money for NHBZ!

There are dozens of stores to choose from, and each one will donate a percentage of your purchase to NHBZ - some of them up to **25%!**

***And it costs you nothing!***

We order cards on the 15th and 30th of each month. Detailed information is available at [www.nhbz.org](http://www.nhbz.org).

Don't hesitate to call if you have questions  
Janet Haber 314-567-7406 or  
Bert Zakroff 413-220-0674

# **BINGO**

## **NHBZ Sisterhood Luncheon & BINGO**

Tuesday, December 20, Noon  
NHBZ Social Hall, 650 N. Price Rd.

Enjoy a delicious Chanukah Lunch  
and play BINGO  
Men & women of all ages are welcome  
Donation \$6.50

## **Gifts Galore**

### ***Irvin Alper Social Club***

***Sunday, Dec 11, 6:00 pm***

Enjoy dinner and then play cards or watch the movie "Voyage of the Damned", which tells the story of Jews who were refused entry into the United States during World War II; dinner menu: corned beef sandwich with all the trimmings; all this for only \$6.00; call **Ruth Alper** for reservations at 314-569-2877.